



First edition of Coupe Beach Sprint



RACE BULLETIN

version 2

20st - 24th September 2023

Marina di Castagneto Carducci - Italy



Filippi



COUPE DE LA JEUNESSE COMMITTEE

Gary Harris	<i>President</i>
Gwenda Stevens	<i>Secretary-General</i>
Judit Meszaros	<i>Technical Adviser</i>
Michael Zwahlen	<i>Technical Adviser</i>

ORGANIZING COMMITTEE

Pasquale Triggiani	<i>event coordinator</i>
Franco Serretti	<i>rubber boats and buoys coordinator</i>
Noemi Gasperini	<i>municipal relationships</i>
Alessandro Placido/GianMaria Toncelli	<i>logistic coordinators</i>
Raimondo Bongini	<i>communication & advise</i>
Gianni Serafini	<i>social media & programme development</i>

Municipality and volunteers team

CONTACTS

Website: <https://couperowing.org/>
Instagram: <https://www.instagram.com/coupedelajeunesse/>
Facebook: <https://www.facebook.com/coupejeunesse>
email: info@couperowing.org

GENERAL INFORMATION

When

From 20th to 24th September 2023

Where

Marina di Castagneto Carducci, Livorno, Italy [view on Google Maps](#)

Event type

Beach Sprint rowing

Categories: M1x, W1x, M2x, W2x, Mix2x

Participants: junior athletes selected by the CdJ member Federations. Those who participate at 'solo' races can participate also at the mixed double.

RACE SCHEDULE

Coupe de la Jeunesse

Wednesday 20

Race field opening

Boats placing

Thursday 21

Accreditation

Friday 22

Accreditation, training

Saturday 23

Competition day - timetrials

Medal ceremony

Sunday 24

Final ceremony

Related event

RCChallenge

Wednesday 20

Accreditation

Training session

Thursday 21

Accreditation up to 10am

Competition day

Friday 22

Accreditation

Saturday 23

Competition day - finals

Medal ceremony

Sunday 24

Reserve day/The last wave race

Depending on the weather condition the timetable can undergo changes

WEATHER

Average weather values during the week:

Temperature	min 16 °C - max 26 °C
Wind	min 1,7 m/s - max 6,4 m/s
Sunrise	7:03
Sunset	19:16



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ACCREDITATION

Federations have to send their participation by 31 May 2023 at 4pm.
Any crew which has not confirmed its entry by that time will be removed from the draw.

Crew members and team officials will receive an accreditation badge.
All competitors and team officials are required to wear their accreditation badge throughout all the days of the competition.

REGULATIONS

Racing will be run in accordance with the World Rowing Rules of Racing - Appendix 23 - Beach Rowing Sprints.
The races courses will be in waters around turning points with on-beach starts and finishes.

RESPONSIBILITY

The Federations will be responsible for their athletes: by registering their rowers, they ensure that they know how to swim in the event of capsizing.

The organizing committee does not assume this responsibility.

BOAT SUPPLIER

Filippi will be the exclusive boat supplier for the event, supplying oars and lifejackets too.
No rental is required to race, however it will be possible to book a boat for the training session sending an email to rent@filippiboats.com



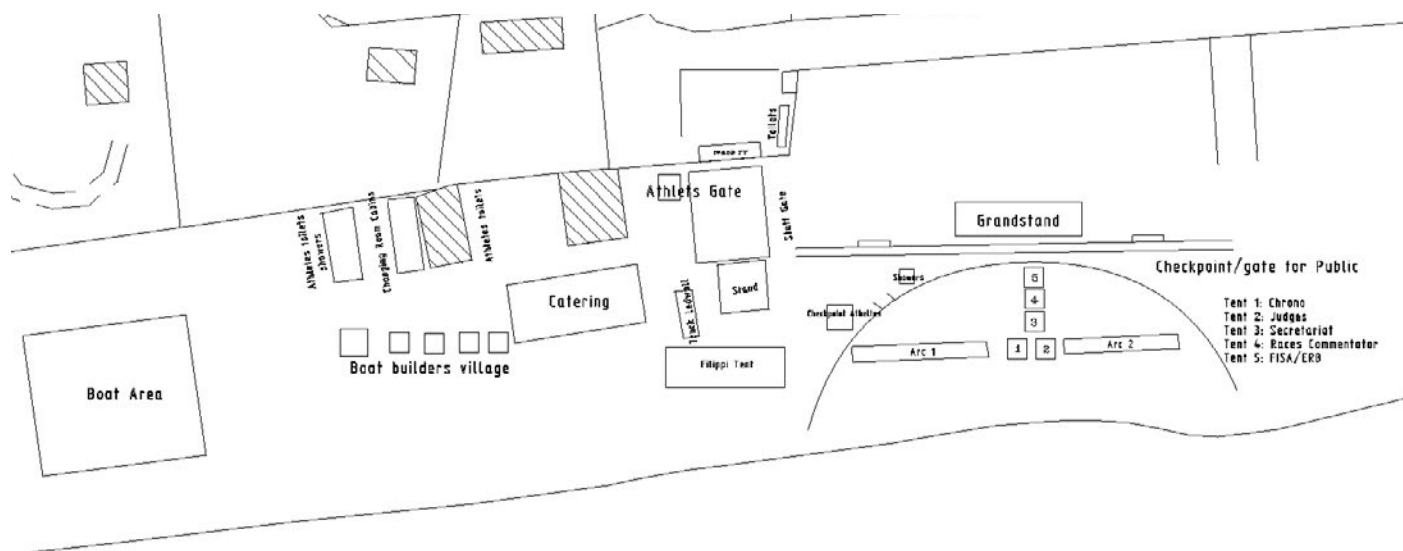
RACING UNIFORM

According to 2018 World Rowing Rule Book (para. 18.1.2), each crew member shall also display on their racing shirt or equivalent the three-letter country code and their family name (in Romanised text) in the following manner and format:

<i>Racing shirt</i>	<i>Font</i>	<i>height</i>	<i>width</i>	<i>case</i>	<i>example</i>
FRONT: Family name (short)	Arial	50 mm	120-150 mm	Uppercase	WHITE
FRONT: Family name (long)	Arial	50 mm	150 mm	Lowercase	WHITE
FRONT: Country code	Arial	50 mm	60-100 mm	Uppercase	ITA
BACK: Country code	Arial	100 mm	150 mm	Uppercase	ITA



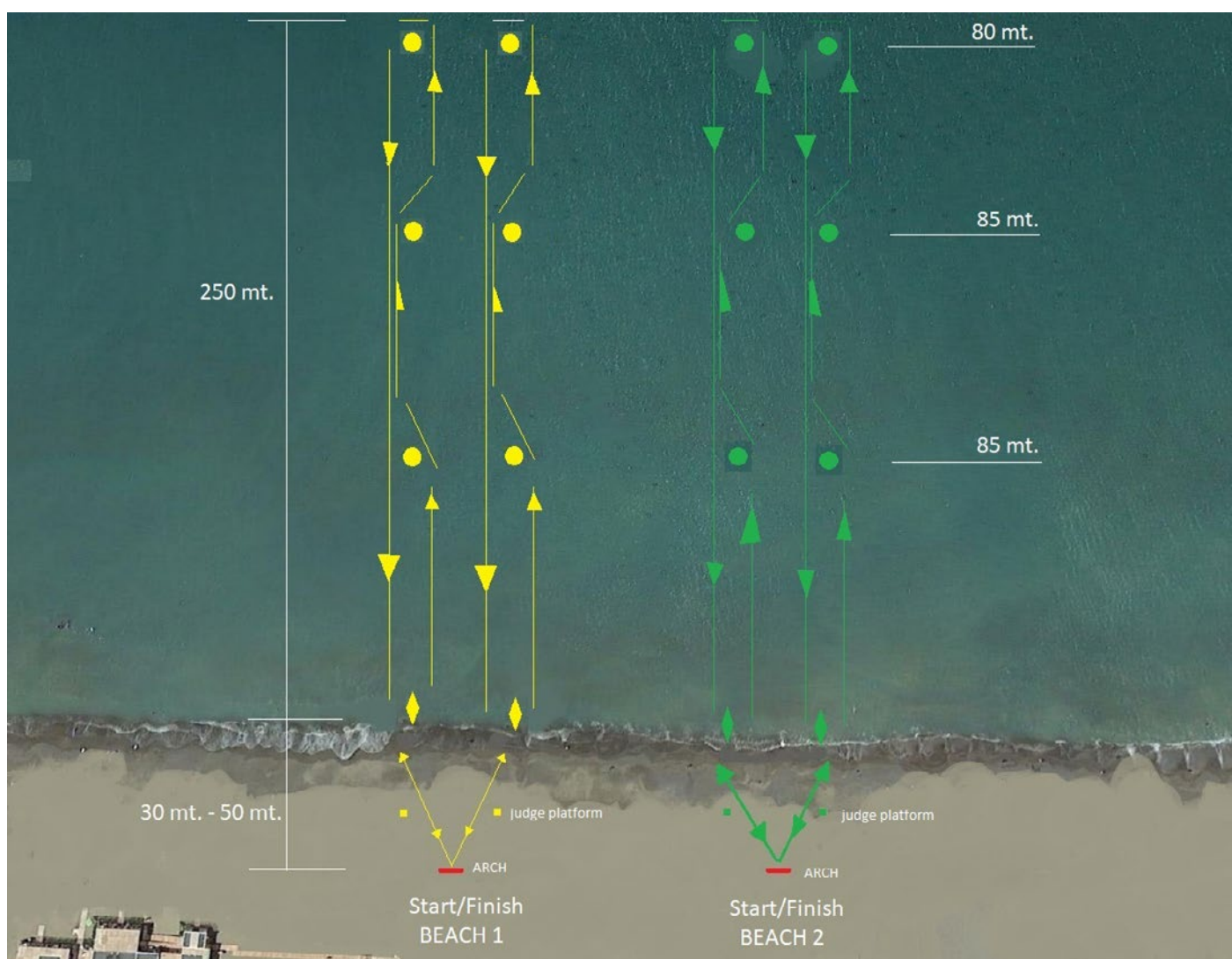
Provisional layout based on 2021 edition of the Rowing Coastal Challenge.



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ACCOMMODATION

Teams should book their own accommodation directly with hotels. The OC aims to agree with the below hotels the prices for an accommodation from 20 to 23 September (4 nights) with convenient proximity to the venue. In case of different decisions, we kindly ask you to let us know the selected hotel in order to set up a convenient procedure.

Campastrello Sport

+39 0565 765128

[view on Google Maps](#)

<https://www.campastrellosport.it/>

Double room single use	100,00€/night
Double room	130,00€/night
Triple room	170,00€/night
Quadruple room	200,00€/night

Included in prices:

breakfast with buffet, wi-fi, private parking, botanical garden, swimming pool and sport fields

Additional meals will cost 35€/person (beverages included)



Hotel I Ginepri

prices per night

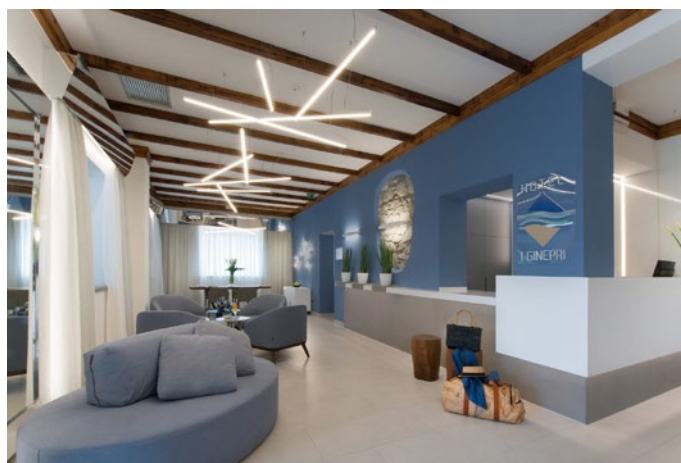
+39 0565 744029

info@hoteliginepri.it

[view on Google Maps](#)

<https://www.hoteliginepri.it/>

	<i>Economy single room</i>	<i>Superior room (2 pers.)</i>	<i>Junior suite room (2 pers.)</i>	<i>Third bed for person 14+ y.o.</i>
Overnight stay	65	90	115	35
Overnight stay + breakfast	80	105	130	50
half board	115	140	165	80
full board	130	155	180	90



Camping Continental

+39 0565 744014

[view on Google Maps](#)

<https://www.campingcontinental.it/>

Tent for 4 people 50€/night



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Tuscany Hotel ALLE DUNE

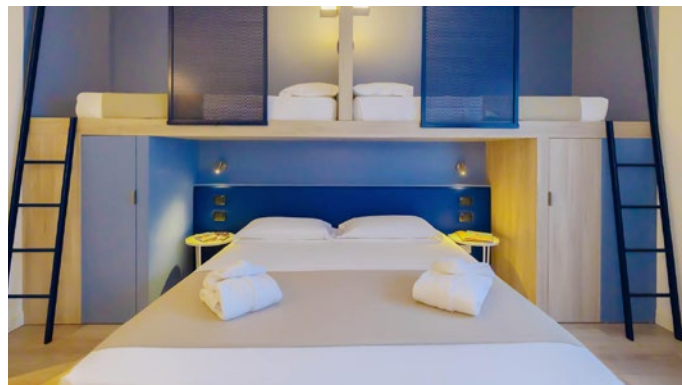
prices per night

+39 0565 746611

[view on Google Maps](#)

<https://www.alledune.com/>

	economy room (1 pers.)	economy room (2 pers.)	economy room (3 pers.)
economy price	111	123	155
with private terrace	122	134	/



Costa Etrusca apartments

Your stay in the heart of the Etruscan Coast.

+39 0565 744192

info@mariotti-immobiliare.it

<https://costaetruscaapartments.it/>



Country Hotel Zi Martino

Reserved for OC, technical collaborators, guests and VIPs.



Send an email if you have the necessity to transport from/to the hotel or from the station to the event.

THE VENUE

The wonder of the area to be discovered. The territory hosting the first Beach Sprint edition of 'Coupe de la Jeunesse' and the third 'Rowing Coastal Challenge' does not offer only a splendid sea.

Long stretches of vineyard make our landscape unique. Grown in the lands of Castagneto, are transformed into high quality wines known all over the world. They are the most authentic expression of what our land is: heterogeneous soils and maritime climate become the finest bottles you can taste.

Beyond the sea, you will have the opportunity to get lost among various wineries that make our land a unique place.



AMUSEMENT PARK

A few steps from the competition field there is the 'Cavallino matto' amusement park.

For all the info and prices, visit the park website:

www.cavallinomatto.it



OTHER SERVICES

On 20-24 September there will be a free public transport service that covers a tour in Marina di Castagneto, Castagneto Carducci and Bolgheri.

On the site www.visitcastagneto.com you will find promotional packages to visit the wineries of the famous Bolgheri wine and local restaurants.



HOW TO REACH THE VENUE

Competitors are advised to fly to the airports of Florence or Pisa.

From Florence airport

From Florence Airport it is possible to get to Santa Maria Novella Station in 22 minutes by Volainbus-BUSITALIA - SITA ticket Volainbus-Firenze Airlink. From Santa Maria Novella to Castagneto Carducci there are normally 18 trains/day. Route duration: h 2.50. Ticket estimated price 14,00€
Timetable and tickets on TRENITALIA
<https://www.trenitalia.com/en.html>

From Pisa airport

The Pisamover connects the Pisa Airport with the Rail Station.
Pisamover website: <https://pisa-mover.com/>
From Pisa Train Station you can reach Castagneto Carducci train station directly. Route duration: h 1.20. Ticket estimated price: 10,00€
Timetable and tickets on TRENITALIA
<https://www.trenitalia.com/en.html>

From Rome Fiumicino airport

The Leonardo Express connects the Rome Fiumicino Airport to the Roma Termini central station.
<https://www.thetrainline.com/en/train-companies/leonardo-express>
From Roma Termini you can reach Castagneto Carducci train station directly (about 3h with an estimated cost of 24,00€).
You can reach Cecina and Campiglia Marittima train stations with faster trains (options with 2-2.5h and a cost between 20-24,00€).
Timetable and tickets on TRENITALIA
<https://www.trenitalia.com/en.html>



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FOOD FACILITIES AND SERVICES

Breakfast times will be displayed at the arranged hotels (except for the Costa Etrusca apartments).

The lunch will be available in the athlete's area to the Shangri-La restaurant on the beach, that offers two athlete's menus:

- first dish, side dish, water +/- 12€
- first dish, main dish and side dish, water +/- 17€

Athletes are required to communicate any food preferences, intolerances or allergies to the OC and hotels in advance.

The dinner will be included in the agreed hotel price (except for the Costa Etrusca apartments).

Restaurants and bars in the venue accept cash and credit cards.

Each Federation can pay the lunch for its team directly at the restaurant.

INTERNET AND WIFI

Free WiFi is available at the venue (password will be given at the registration desk).

BAG DROP LOST & FOUND

Bag Drop and Lost & Found counter is open during official venue hours and will be located in a dedicated area. Teams are encouraged to leave all bags at the Bag Drop each day and not to leave belongings unattended. All bags must be collected each day before venue closing. The Organising Committee will not take responsibility for any bags left overnight.

CHANGING ROOMS AND TOILETS

Changings Rooms is open during official venue hours and will be located in a dedicated tent.

Toilets and showers will be available for participants in the competition area. Chemical toilets will be available in the venue.

All participants are reminded to keep these areas clean and tidy and to respect the use by Club members.

All competitors and team officials accept to be filmed, photographed and registered during the duration of the event in order to communicate and broadcast the event and insure promotion of this and future editions.

