





RULE BOOK
2021 Edition

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STATUTES AND RELATED BYE-LAWS

2021 Edition

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STATUTES AND RELATED BYE-LAWS

PART I – GENERAL PROVISIONS

Article 1 – Foundation, Name, Legal Status and Emblem

1. With the objective of encouraging the development of the sport of rowing and of strengthening the bonds of friendship that unite those who practise it, the Adriatic, Belgian, French, Italian and Swiss Federations founded the Fédération Internationale des Sociétés d’Aviron (FISA) on 25 June 1892, in Turin. FISA was the first international sport federation to be established and rowing has been on the Olympic Programme since 1896, the first Olympic Games of the modern era. Para Rowing was integrated into the World Championships in 2002 and has been on the programme of the Paralympic Games since 2008.
2. FISA is a non-governmental, not-for-profit, international organisation constituted pursuant to Art. 60 and following of the Swiss Civil Code. It is recognised by the International Olympic Committee (IOC) and it respects the Olympic Charter.
3. World Rowing is the designation used operationally by FISA. Any reference to or use of the designation “World Rowing” in this Rulebook shall apply equally to FISA, Fédération Internationale des Sociétés d’Aviron.
4. The emblem of FISA is the five oars, side by side, which are, from left to right coloured blue, yellow, black, green and red with or without the letters F-I-S-A. The World Rowing Executive Committee (“Executive Committee”) may create additional emblems for specific goals, events or activities. Only the Executive Committee may authorise the use of the FISA emblems.

Article 2 – Declaration of Principles

1. Principles of Rowing

Rowing as one of the oldest sports has developed and maintained strong positive traditions, values and characteristics which inspire and align its activities and decisions. They include the following:

- 1.1 Development of the Individual - Individuals, through rowing, acquire experience in self-discipline, determination, commitment, respect, teamwork, integrity and fair play.
- 1.2 Inclusiveness - Rowing competitions and meetings are organised to provide friendly interaction between the participants and to contribute to a better understanding between people and nations. The rowing community forms a worldwide “family” based on the ideals of peace, friendship, fairness, understanding and solidarity.

- 1.3 Lifetime Sport for All - Rowing promotes physical fitness, time honoured values and shared experiences from youth to old age. Rowing is a competitive and recreational activity for all.
- 1.4 Environmental Responsibility - Rowing is a sport which requires, and is harmonious with, clean air and clean water. The rowing community is dedicated to the responsible and sustainable management of natural and physical resources especially where rowing is practised.
2. World Rowing's Governing Principles
World Rowing is the international governing body for rowing and is the world association of member rowing federations ("Member Federations"). World Rowing governs rowing and upholds the following principles:
 - 2.1 Integral Part of World Sport - World Rowing is committed to the goals and values of the Olympic and Paralympic Movements and is an active contributor to the world of sport in cooperation with the other international federations and world sports organisations. World Rowing supports and promotes international competition, the inclusion of rowing in multi-sport international competitions and representation on international sports bodies.
 - 2.2 Independence & Autonomy - World Rowing endeavours to keep rowing free from political and commercial restraints and is committed to preserving the independence and autonomy of sport.
 - 2.3 Priority to Rowers and Rowing - World Rowing is committed to ensuring the well-being, health and interests of rowers and rowing, present and future, is central in all decisions of World Rowing.
 - 2.4 Integrity - World Rowing is committed to the highest ethical standards in all its activities and to ensuring that rowing is a safe, positive, respectful and inclusive environment, free from harassment and abuse. World Rowing is a recognised leader in the fight against doping and is committed to preventing the manipulation of competitions.
 - 2.5 Fairness and Equality of Opportunity - World Rowing is committed to the principles of fairness and equality of opportunity, both in competition and at all levels of the organisation.
 - 2.6 Non-Discrimination - World Rowing is committed to diversity, inclusion, accessibility and non-discrimination. The enjoyment of the rights and freedoms set forth in these Statutes shall be secured without discrimination of any kind, such as race, colour, sex, sexual orientation, age, disability, language, religion, political or other opinion, national or social origin, property, birth or other status. World Rowing seeks gender equality in all aspects of the sport.
 - 2.7 Sustainable Practices - World Rowing is committed to practices that respect and safeguard the communities and ecosystems in which the sport of rowing is conducted. World Rowing integrates responsible and sustainable practices into its own operations and in the planning and staging of its events. It strives to educate its communities on sustainability principles and to advocate for sound sustainability practices throughout the global rowing community.

Article 3 – Objects

The objects of World Rowing are:

1. To establish and enforce World Rowing's Statutes, Rules of Racing, Bye-Laws and Event Regulations;
2. To be the final authority for all international rowing competitions and, within the limits of its authority, at multi-sport competitions;

3. To preserve the integrity of rowing by ensuring fair sporting competitions, a safe environment and the protection of clean athletes;
4. To promote rowing in all its forms and encourage its universal development. To establish development programmes, organise training courses, stage events and develop public relations and media opportunities;
5. To conduct World Rowing Championships, and other world-level rowing competitions, including those staged at Olympic, Paralympic, Youth Olympic, regional, and continental Games and multi-sport competitions. World Rowing may support rowing events at all levels for its recognised organisations.

Article 4 – No Demonstrations or Propaganda

No demonstrations or political, religious or racial propaganda are permitted in any rowing venue or in connection with any rowing activity.

Article 5 – Headquarters

The location of the World Rowing headquarters is decided by the World Rowing Council (“Council”).

Bye-Laws to Article 5 – Headquarters

The headquarters are currently in Lausanne, Switzerland.

Article 6 – Languages

The official languages of World Rowing are French and English. In case of divergence, the English text prevails. The use of other languages may be authorised by the Executive Committee in Congress or by the chair of the meeting on other occasions.

Article 7 – Official Communications

Any communications required under these Statutes or Rules shall be made by post, fax, email or other electronic means. All communications to World Rowing shall be addressed to the headquarters in one of the official languages.

Article 8 – Interpretation

The Executive Committee shall decide all questions of interpretation of the World Rowing Statutes, Rules of Racing, Bye-Laws and Event Regulations. All references to the masculine in the Statutes, Rules of Racing, Bye-Laws and Event Regulations and in all World Rowing documents, shall include the feminine and all references to “rowers” shall include scullers and coxswains unless the context otherwise requires.

Article 9 – Binding Authority

World Rowing is bound by the signatures of two members of the Executive Committee, one of whom shall be the President. If the President is not able to sign, the President’s right shall pass first to the Vice President and, second, to the Treasurer.

PART II – MEMBERSHIP

Article 10 – Members

A Member Federation shall be a rowing federation which, in principle, includes the majority of the active rowing clubs in its country and covers the territory of a country that is recognised as such and as an independent state by the international community. This requirement does not apply to members that were affiliated before 25 January 1993.

Bye-Laws to Article 10 – Challenges to a Member Federation’s Eligibility (Appendix S1)

Article 11 – Autonomy of Member Federations

A Member Federation shall be autonomous; it shall be organised and governed in accordance with its Statutes. When World Rowing determines these principles are being compromised, it may take any appropriate measures. World Rowing shall otherwise respect the autonomy of Member Federations.

Bye-Laws to Article 11 – Claims of External Interference (Appendix S2)

Article 12 – Rights of Member Federations

Member Federations have the following rights:

1. To appoint delegates to take part and vote in Congress and other general meetings open to Member Federations;
2. To submit proposals for inclusion in the agenda of Congress;
3. To nominate candidates for election or appointment within World Rowing;
4. To enter athletes for participation in competitions organised under the authority of World Rowing; and
5. To exercise all other rights arising from these Statutes and other World Rowing Regulations.

Member Federations have no responsibility for any financial liabilities of World Rowing.

Article 13 – Obligations of Member Federations

Member Federations have the following obligations:

1. To abide by and comply fully and at all times with:
 - 1.1 All duties and provisions of the World Rowing Statutes, Rules, Bye-Laws and Regulations, including but not limited to:
 - a. The World Anti-Doping Code;
 - b. The World Rowing Safeguarding Policy and any supplementary guidance issued by World Rowing;
 - c. The responsible organisation and management of activities with due regard to safety and safety guidance, policies or similar advice issued by World Rowing or other relevant safety advisory or regulatory bodies.
 - 1.2 All decisions taken by World Rowing.
2. To accept as binding and final the decisions of the competent authorities within World Rowing and to recognise the Court of Arbitration for Sport in Lausanne as the only possible external judicial authority;
3. To impose the obligations in paragraphs 1 and 2 upon its affiliated clubs and their members in all those areas in which World Rowing has authority;
4. To be governed by statutes that are consistent with the principles of the Olympic Charter, to be recognised as a member by the National Olympic Committee (NOC), and to have the Member Federation president and executive board elections validated and recognised by their NOC;

5. To notify the World Rowing Executive Committee immediately of any material change made to its statutes, change of president and/or secretary general, its address and contact details, or of any other elements which affect its ability to fulfil its membership obligations, and to confirm that any such change does not negatively affect the Member Federation's compliance with the requirements of World Rowing membership;
6. In the event that a change in the registered design or the colours of its racing uniform or blades is desired, to make a request to the World Rowing Executive Committee at least three months prior to the first proposed use in competition;
7. To manage their affairs in accordance with Art. 11 – Autonomy of Member Federations; and
8. To pay an annual subscription no later than 31 March of each year. The amount of the subscription shall be determined each year in advance by the Congress.

Bye-Laws to Article 13 – Subscriptions

1. *Member Federations in their first three years of membership shall pay no subscription.*
2. *The amount of the subscription payable by each Member Federation shall be determined by reference to its level of participation in major events during the previous four-year Olympic period in a formula proposed by the Council for approval at the Congress.*
3. *The Executive Committee may waive past due subscriptions of inactive Member Federations.*

Article 14 – Admission to Membership

1. To become a member of World Rowing, a rowing federation shall submit a written application to the Executive Committee at least three months before the date of the next Congress. A new member is admitted by a vote of Congress, based on a recommendation from the Council.
2. The application must include the following:
 - 2.1 A written undertaking in respect of all elements listed in Art. 13, paragraphs 1 to 4;
 - 2.2 Provision of:
 - a. A copy of its statutes with a certified translation in one of World Rowing's official languages. A Member Federation's statutes shall not be inconsistent with those of World Rowing;
 - b. Details of the governance structure of the federation and names of the office bearers;
 - c. A list of the clubs it represents, including addresses, and a detailed report on the activities of those clubs;
 - d. A request for approval of the design and colours of its racing uniform and blades;
 - e. Any other information as required by World Rowing.

Article 15 – Sanctions, Suspensions and Expulsions

1. If a Member Federation does not fully comply with its obligations, the Executive Committee may, after having given the Member Federation a warning including a deadline to adjust its status and correct its deficiency, take any of the following measures:
 - 1.1 Impose a financial penalty upon the Member Federation;
 - 1.2 Suspend the Member Federation from membership (totally or partially) for a fixed period or until a specified set of circumstances has changed or ceased to exist;
 - 1.3 Remove or deny accreditation to, or exclude a member's athlete, official or representative from, any activities of World Rowing;
 - 1.4 Impose any other sanction it may deem to be appropriate.

2. The Executive Committee may also take appropriate measures against a Member Federation associated with a national organisation that has been sanctioned by the IOC, IPC, WADA, FISU or similar organisation.
3. If a Member Federation does not fulfil the current conditions of membership of World Rowing and does not rectify the situation by a date fixed by the Executive Committee, or if there are other justifiable reasons, the Congress may expel that federation.

Bye-Laws to Article 15 – Debts

Member Federations that have subscriptions in arrears or that have unresolved debts to World Rowing or to an organising committee of a World Rowing event may be suspended by the Executive Committee or expelled by Congress. In any event, no member of that federation may stand for elections, their delegates shall forfeit their voting rights, and the Executive Committee may ban or suspend the federation's teams, officials, umpires and Commission members from competitive and other World Rowing events.

Article 16 – Resignation

A Member Federation wishing to resign from membership of World Rowing shall give notice of resignation by registered post to the Executive Committee. The Executive Committee shall immediately inform the remaining Member Federations.

Article 17 – Obligations of Member Federations after Expulsion or Resignation

A Member Federation having resigned from membership or having been suspended or expelled remains bound by any obligation or liability related to the time it was a member of World Rowing.

Article 18 – Continental Rowing Confederations

1. A Continental Rowing Confederation is an association which, in principle, includes all the Member Federations of that continent. The continents shall be the five continents recognised by the IOC.
 2. Continental Rowing Confederations are the unique partners of World Rowing for continental rowing competitions and cooperation on common projects.
 3. To be recognised as a Continental Rowing Confederation, an application shall be submitted in accordance with Bye-Laws to Art. 18 (Appendix S3). A Continental Rowing Confederation is recognised as such by a vote of Congress, upon recommendation by the Council.
 4. Continental Rowing Confederations shall have the following rights:
 - 4.1 To appoint up to three delegates to attend the World Rowing Congress, in accordance with Art. 22 as appropriate. The delegates can take part in the discussions but have no voting rights;
 - 4.2 To submit proposals for inclusion in the agenda of the Congress in accordance with Art. 28 as appropriate;
 - 4.3 To attend other World Rowing events, including Member Federation conferences, on invitation by the World Rowing President.
 5. Continental Rowing Confederations shall have the following obligations:
 - 5.1 To submit an annual report of its activities for inclusion in the Congress agenda papers;
 - 5.2 To comply fully with all duties and provisions of the Statutes, Rules, Bye-Laws and Event Regulations established by World Rowing and decisions taken by World Rowing;
 - 5.3 To provide for the World Rowing Continental Representative to be an ex-officio member of the Confederation's Executive Board.
 6. Recognised Continental Rowing Confederations have no responsibility for any financial liabilities of World Rowing.
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***Bye-Laws to Article 18 – Recognition of Continental Rowing Confederations
(Appendix S3)*****Article 19 – Other Groupings of Member Federations**

1. A Grouping of Member Federations (“Member Grouping”) shall, in principle, include Member Federations that share a common objective, for example, to promote rowing in any of its forms or to stage an event.
2. To be recognised as a Member Grouping, an application shall be submitted in accordance with Bye-Laws to Art. 19 (Appendix S4). The Member Groupings are recognised as such by a vote of the Council.
3. Member Groupings shall have the following rights:
 - 3.1 To appoint one delegate to attend the World Rowing Congress, in accordance with Art. 22 as appropriate. The delegate may take part in discussions at the discretion of the President but has no voting rights;
 - 3.2 To submit proposals to the Council to be considered for inclusion in the agenda of the Congress, in accordance with Art. 28, as appropriate;
 - 3.3 To attend other World Rowing events, including Member Federation conferences, on invitation by the World Rowing President.
4. Member Groupings shall have the following obligations:
 - 4.1 To submit an annual report of its activities for inclusion in the Congress agenda papers;
 - 4.2 To comply fully with all duties and provisions of the Statutes, Rules, Bye-Laws and Event Regulations established by World Rowing and decisions taken by World Rowing.
5. Member Groupings have no responsibility for any financial liabilities of World Rowing.

***Bye-Laws to Article 19 – Recognition of other Groupings of Member Federations
(Appendix S4)***

PART III – GOVERNANCE

Article 20 – Governance

World Rowing shall be governed by:

1. the Congress (Art. 21 to Art. 37);
2. the Council (Art. 38 to Art. 47);
3. the Executive Committee (Art. 48 to Art. 53).

PART III A. CONGRESS

Article 21 – Congress

1. The Congress is the supreme authority of World Rowing and is made up of the Member Federations. Its authority is set out by these Statutes.
2. Member Federations in good standing may be represented at the Congress by up to three delegates, in accordance with Art. 22.
3. Council members shall participate in the Congress but have no voting rights.
4. The President is chair of the Congress or, if unable, the Vice President or another specific nominee of the President is chair.

Article 22 – Eligibility of Congress Delegates

1. Each Member Federation has the right to accredit a maximum of three delegates, subject to the following:
 - 1.1 For a Member Federation to accredit more than one delegate to the Congress, both genders must be represented in the Member Federation's delegation;
 - 1.2 Any delegate must be a citizen or bona fide resident of the country or territory of the applicable Member Federation. Member Federations may not be represented by a delegate who is the representative of another Member Federation nor by a member of the Council;
 - 1.3 The president of the Member Federation shall communicate the names of its federation's delegates by the registration deadline;
 - 1.4 The delegates must meet the requirements in accordance with this Article;
 - 1.5 A Member Federation's delegate may only be changed with the authorisation of the World Rowing President;
 - 1.6 The Executive Committee has the authority to determine the legitimacy of the proposed delegates and its decision shall be final.

Article 23 – Observers at the Congress

Observers may attend in person part or all of the Congress with authorisation of the President.

Article 24 – Ordinary Congress

Delegates shall meet annually as an Ordinary Congress to discuss items listed under Art. 26, preferably at a time and place at which a World Rowing Championship regatta is held.

Article 25 – Convening Notice and Agenda

1. Convening Notice – The Executive Committee shall send a convening notice to Member Federations at least four months before the date of an Ordinary Congress. The convening notice shall include a draft agenda.
2. Final Agenda – The Executive Committee shall send out the final agenda for the Congress at least two months before the date of the Congress.
3. Where possible, the various reports, any observations on the agenda items, the accounts, the financial report, and the proposed budget shall be sent out with the agenda. Subsequent written material may be circulated by the Executive Committee.

Article 26 – Agenda for Ordinary Congress

The agenda for an Ordinary Congress shall include:

1. Mandatory items
 - 1.1 Opening of the session;

- 1.2 Identification of the delegates and confirmation of their authority;
 - 1.3 Appointment of scrutineers for the period of Congress;
 - 1.4 Approval of the minutes of the last Congress;
 - 1.5 President's report and reports from the Vice President, Treasurer and Executive Director;
 - 1.6 Reports of the Chairs of the specialist Commissions;
 - 1.7 Reports of the Continental Representatives and Co-opted Members;
 - 1.8 Presentation of the financial statements;
 - 1.9 Auditors report;
 - 1.10 Approval of the financial statements;
 - 1.11 Determination of entrance fee and annual subscription;
 - 1.12 Budget for the following year;
 - 1.13 Appointment of the external auditors
 - 1.14 Reports on future World Rowing events and Olympic and Paralympic regattas;
 - 1.15 Place and date of the next Congress;
 - 1.16 Attribution of future World Rowing Championships in accordance with Rule 5;
 - 1.17 Reports of Continental Rowing Confederations and other Member Groupings;
 - 1.18 Any other business.
2. Additional items, as appropriate
 - 2.1 Reports on applications for affiliation and voting consequent thereon;
 - 2.2 Reconsideration or confirmation of decisions (ref. Art. 30) taken by the Council in accordance with the provisions of Art. 32 and paragraphs 3.2 and 3.3 of Art. 45 or by the Executive Committee in accordance with the provisions of paragraph 3.4 of Art. 51;
 - 2.3 Council and Executive Committee elections in accordance with Art. 39 and Art. 49;
 - 2.4 Specific proposals to an existing agenda item from the Member Federations, the Council or the Executive Committee;
 - 2.5 Other additional agenda items proposed by the Member Federations, the Council or the Executive Committee.
 3. A matter which is not listed on the agenda of a Congress may be discussed (but not voted on) if one third of the Member Federations represented at the Congress so request or if the President authorises it.

Article 27 – Reports

The Executive Committee or the Congress may appoint individuals to report on matters brought before the Congress. The Congress may also require the Executive Committee to submit to it its views on questions to which it may wish to give further consideration.

Article 28 – Specific Proposals and Additional Agenda Items from Member Federations

1. Member Federations may submit a specific proposal to an existing agenda item as well as an additional agenda item, together with the reasoning behind the proposal or additional agenda item.
2. Such submissions shall be made in writing in one of World Rowing's official languages and shall be received by the Executive Committee at least three months before the date of the Congress.

3. If these are received at the World Rowing headquarters by the due date they will be included in the agenda for that Congress. The Executive Committee will decide whether late proposals may be included in the agenda.

Article 29 – Proposals from the Council or Executive Committee

The Council or the Executive Committee may include on the agenda any proposal which they consider to be appropriate. Unless there are exceptional circumstances, such proposal shall be included in the agenda sent to the Member Federations in accordance with Art. 25. They may submit a proposal to the Congress at any time provided it relates to an item on the agenda.

Article 30 – Reconsideration and Confirmation of Decisions of Council or the Executive Committee

1. Requests to reconsider decisions of the Council in accordance with Art. 32 or the provisions of paragraphs 3.2 and 3.3 of Art. 45, or decisions of the Executive Committee in accordance with paragraph 3.4 of Art. 51 shall be submitted to World Rowing and, unless there are exceptional circumstances, received at least three months before the date of Congress. Each decision may be submitted only once to the Congress for reconsideration and shall be submitted within one year of the date of taking effect. Any alteration of a decision by the Council/Executive Committee following a vote for reconsideration by the Congress, will not have retroactive effect unless the Council/Executive Committee so decides.
2. The Council and/or the Executive Committee may, on its own initiative, seek confirmation by the next Congress of any of their decisions made within their own competence. If confirmed, this decision may not be submitted again to the Congress for reconsideration.

Article 31 – Extraordinary Congress

1. Delegates shall meet as an Extraordinary Congress, to address one or more specific matters, when the annual Ordinary Congress or the Executive Committee shall so decide or when at least one-fifth of the Member Federations submit a request in writing to the Executive Committee giving reasons therefor.
2. The Executive Committee shall send a convening notice to all Member Federations within 14 days of deciding to hold an Extraordinary Congress or within two months of receiving a request, as mentioned above, to hold an Extraordinary Congress. The Extraordinary Congress shall be convened within two months of the date of the convening notice.

Article 32 – Alterations to the Statutes and Rules of Racing – Quadrennial Congress

1. The Statutes and Rules of Racing may only be altered by a Congress convened for that purpose, every four years in the year following the staging of the Summer Olympic and Paralympic Games. Art. 25 shall apply regarding the convening notice and agenda.
2. In the case of Force Majeure, a Congress may make an alteration at any time, and, if circumstances require it, the Council may make an alteration to take effect until the next Congress.

Article 33 – Auditing of Accounts

1. World Rowing's annual financial statements shall be audited each year by a professional external auditor. The auditors' report shall be presented to the Ordinary Congress.
2. The auditors are appointed each year by the Congress, based on a recommendation from the Executive Committee.

Article 34 – Quorum at Congress

Subject to the provisions of Art. 67, no quorum is required and the decisions of Congress shall be valid, irrespective of the number of Member Federations represented.

Article 35 – Voting at Congress

1. Voting at Congress shall be by a show of official voting cards which indicate the number of votes to which each Member Federation is entitled.
2. Voting shall be by secret ballot if the chair so decides, or if requested by a delegate supported by delegates of at least four other Member Federations.
3. Voting may take place by electronic means if the Executive Committee so decides.
4. Each Member Federation shall be entitled to one vote, irrespective of the number of delegates representing it. If a Member Federation fulfils the following conditions, it shall instead be entitled to three votes for a period of four years commencing 1 January of the year following the Summer Olympic and Paralympic Games:
 - 4.1 It has been a member of World Rowing for at least three years;
 - 4.2 It has competed at any of the following regattas with a total of at least 12 crews during the previous four-year Olympic period:
 - a. World Rowing Championships;
 - b. World Rowing Under 23 Championships;
 - c. World Rowing Junior Championships;
 - d. Olympic or Paralympic qualification regattas;
 - e. Continental Games regattas recognised by World Rowing;and for all crews having competed in the above regattas during the previous four-year Olympic and Paralympic period, excluding mixed crews, at least 25% shall have been female crews and at least 25% shall have been male crews.
5. By 31 December in the year of the Summer Olympic and Paralympic Games, the Council will notify all Member Federations of their voting entitlements.

Article 36 – Majorities

1. Decisions of Congress shall be taken on the basis of an absolute majority (more than 50%) of valid votes cast. For alterations to the Statutes and Rules of Racing (Art. 32), a majority of two-thirds of valid votes is required. The majority required for Dissolution is explained in Art. 67.
2. Abstentions and blank, incomplete or spoiled voting forms will not be considered “valid” votes.
3. In the case of votes with more than two options, such as elections with multiple candidates or the attribution of a World Rowing Championship regatta, as long as the absolute majority is not reached, additional rounds of voting will be required. In this case, the candidate or option obtaining the smallest number of votes shall be eliminated from each round.
4. In the case of a tie, a second round of voting shall be taken. If the vote is still tied after two rounds of voting, the Council shall immediately carry out an internal vote to determine the decision.
5. In the case of an election with one single candidate, the absolute majority must nevertheless be reached.

Article 37 – Date of Taking Effect

Elections and decisions of a Congress shall take effect from 1 January following that Congress unless Congress determines otherwise.

PART III B. COUNCIL

Article 38 – The Council

1. The Council is responsible for all sport matters of World Rowing in accordance with the Statutes and the Rules, and under the managerial direction of the Executive Committee.
2. The Council consists of:
 - 2.1 the President;
 - 2.2 the Vice President;
 - 2.3 the Treasurer;
 - 2.4 the non-voting Executive Director;
 - 2.5 the Chairs of the specialist Commissions;
 - 2.6 the Continental Representatives; and
 - 2.7 up to two Co-opted Member(s).
3. The President is chair of the Council or, if unable, the Vice President or another specific nominee of the President is chair.
4. Except for the President and the Executive Director, the Council members are not remunerated by World Rowing but may receive reimbursement of expenses.

Article 39 – Election of Council Members

1. The Council members, with the exception of the Executive Director, the Athletes' Commission Chair, the Continental Representatives and the Co-opted Member(s), are elected for four-year terms by the Congress.
2. The elections for President, Vice President and Treasurer take place in the year following the Summer Olympic and Paralympic Games.
3. The elections for the Chairs of the specialist Commissions take place in the second and third years after the Summer Olympic and Paralympic Games.
4. The Athletes' Commission Chair is appointed for a four-year term in accordance with the Athletes' Commission Regulations & Election Procedures as set out in Appendix S5 and in the Bye-Laws to Art. 39.

Bye-Laws to Article 39 – Election of Council Members

1. *The President, Vice President and Treasurer are elected at the Ordinary Congress in the year following each Summer Olympic and Paralympic Games.*
2. *The Chairs of the following Commissions are elected in the second year after each Summer Olympic and Paralympic Games:*
 - 2.1 *Athletes';*
 - 2.2 *Events;*
 - 2.3 *Competitive Rowing;*
 - 2.4 *Masters Rowing;*
 - 2.5 *Para Rowing;*
 - 2.6 *Umpiring.*
3. *The Chairs of the following Commissions are elected in the third year after each Summer Olympic and Paralympic Games:*
 - 3.1 *Coastal Rowing;*
 - 3.2 *Equipment and Technology;*

- 3.3 *Indoor Rowing;*
- 3.4 *Sports Medicine;*
- 3.5 *Women's;*
- 3.6 *Youth Rowing.*
- 4. *Except for the Chair of the Athletes' Commission, the Executive Committee shall give notice of those Council positions which are due for election at the time it sends the Convening Notice for the Congress.*
 - 4.1 *The notice will call for nominations for the positions to be elected by the Congress.*
 - 4.2 *The nomination must be made by the Member Federation of the candidate and shall include a completed World Rowing Nomination Form.*
 - 4.3 *The nomination must be received at World Rowing headquarters no later than three months before the date of the Congress.*
 - 4.4 *No later than one month after the closing date for nominations, World Rowing shall send to all Member Federations a list of all valid nominations received by the closing date.*
- 5. *The appointment of the Chair of the Athletes' Commission shall be held in accordance with the Athletes' Commission Regulations & Election Procedures as set out in Appendix S5.*

Article 40 – Appointment of the Executive Director

The Executive Director is appointed by the Executive Committee. The Executive Director, who will also act as Secretary General, shall be supported by administrative staff.

Article 41 – Appointment of the Continental Representatives and Co-opted Members

- 1. World Rowing shall have a Continental Representative for each of the following continents: Africa, Asia, Europe, Oceania, The Americas. The Continental Representatives shall represent World Rowing in their continent. The Continental Representatives shall be appointed by the Council, upon proposal by the Executive Committee. Before making these appointments, the Council may consult the Member Federations concerned.
- 2. World Rowing may appoint up to two Co-opted Members to complement the skill set of the Council. The Co-opted Members shall be appointed by the Council, upon proposal by the Executive Committee.
- 3. These Council members shall be appointed in the year of the Summer Olympic and Paralympic Games and in the second year after the Summer Olympic and Paralympic Games, for a two-year term, and may be reappointed.

Article 42 – Eligibility of Council Members

- 1. Candidates for the position of President, Vice President and Treasurer must have participated a minimum of four times in total in any of the following events:
 - 1.1 a World Rowing Congress (as a delegate or Council Member);
 - 1.2 as a rower in the following events:
 - a. World Rowing Championships,
 - b. Olympic Games rowing regatta,
 - c. Paralympic Games rowing regatta.
- 2. Candidates for all Council positions must present skills and experience that are relevant to the Council position and the related duties as described in the Articles and Bye-Laws.
- 3. Council members, other than the Executive Director, are eligible for re-election or re-appointment, up to a maximum of 12 years in the same position. The 12-year period will commence from the Council member's next election date after the 2017 Extraordinary Congress in Tokyo, Japan.

4. Council members may hold office until 31 December of the year in which they reach the age of 70.

Article 43 – Honorary Members

1. Upon the proposal of Council, Congress may confer the title “Honorary Council Member” or another appropriate Honorary title on a retired Council member who has rendered distinguished service to international rowing.
2. Honorary Council Members shall not, however, be entitled to participate in the work of Council or have voting rights.

Article 44 – Decisions of the Council

Decisions of the Council are taken by a majority of the votes cast. In the case of a tie, the President, or in the absence of the President, the chair of the meeting, shall have a casting vote. Voting shall be by show of hands unless a secret ballot is requested or may take place by correspondence. Determination of a majority shall be in accordance with Art. 36.

Article 45 – Duties of the Council

The authorities and responsibilities of the Council are:

1. Strategic Direction
 - 1.1 To establish a strategic plan and take such steps as may be necessary to achieve the Objects laid down in Art. 3 of the Statutes;
 - 1.2 To ensure the execution of decisions taken by Congress;
 - 1.3 To assign duties to the Commissions.
2. Events
 - 2.1 To ensure the maintenance of proper standards in the organisation of all World Rowing events, all events conducted under the authority of World Rowing in general, and, in particular, Olympic, Paralympic and Youth Olympic regattas;
 - 2.2 In accordance with Rule 5, to select the most suitable bids from candidate Member Federations for the organisation of World Championships and propose it (them) to Congress for approval and attribution;
 - 2.3 To attribute events based on the most suitable bids for World Rowing Cups, Coastal and Indoor Championships, and Masters Regattas.
3. Governance
 - 3.1 To ensure the observance of the Statutes, Rules of Racing, Bye-Laws and Event Regulations;
 - 3.2 To adopt and amend Bye-Laws made under the Statutes and Rules of Racing;
 - 3.3 To adopt and amend Event Regulations.
4. Membership
 - 4.1 In accordance with Art. 49, to propose three Council members to Congress to be elected to the Executive Committee;
 - 4.2 In accordance with Art. 41, to appoint Continental Representatives and Co-opted Members;
 - 4.3 In accordance with Art. 54, to appoint Commission members.
5. Internal Audit Committee - The Council may appoint an Internal Audit Committee to provide an independent review of governance, processes and risk management. Membership and duties of the Internal Audit Committee shall be set out as Bye-Laws.

Bye-Laws to Articles 45 – Internal Audit Committee (Appendix S6)**Article 46 – Duties of the Council Members**

The duties of the Council members shall be set out as Bye-Laws.

Bye-Laws to Article 46 – Duties of the Council Members (Appendix S7)**Article 47 – Council Meetings**

1. The Council shall normally meet at least three times per year as decided by the Executive Committee or when at least seven Council members submit a request in writing to the Executive Committee giving the reasons therefor. It may also meet when so required by the President. The Council may make decisions by correspondence.
2. The agendas for all meetings are established by the Executive Committee.
3. Reports on Council meetings shall be circulated to all Member Federations and Council and Commission members within one month of the meeting.

PART III C. EXECUTIVE COMMITTEE

Article 48 – Executive Committee

1. The Executive Committee has oversight responsibility for the management, administration, finances and governance of World Rowing, and, when necessary, has the authority to make urgent decisions, including regarding sport related matters in accordance with the Statutes and Rules. It guides the activities of the Council, Commissions and Working Groups.
2. The Executive Committee consists of:
 - 2.1 the President;
 - 2.2 the Vice President;
 - 2.3 the Treasurer;
 - 2.4 the non-voting Executive Director;
 - 2.5 the three Council members (elected according to Art. 49); and
 - 2.6 the Athletes' Commission Chair.
3. The President is chair of the Executive Committee or, if unable, the Vice President or another specific nominee of the President is chair.

Article 49 – Election of the three Council Members to the Executive Committee

1. At the Ordinary Congress in the year following each Summer Olympic and Paralympic Games, three Council members shall be elected individually to the Executive Committee based on a proposal from the Council.
2. The following Council Members are eligible for this election:
 - 2.1 Chairs of the specialist Commissions
 - 2.2 Continental Representatives
 - 2.3 Co-opted Members
3. Candidates for these three positions on the Executive Committee shall have been in a Council role since 1 January of the year of this election.
4. If one or more of the proposed candidates does not receive a majority according to Art. 36, there will be additional rounds of voting where all interested and eligible Council members shall be eligible to stand for election to the unfilled position(s).

Article 50 – Decisions of the Executive Committee

Decisions of the Executive Committee are taken by a majority of the valid votes cast. In the case of a tie, the chair of the meeting shall have a casting vote. Voting shall be by show of hands unless a secret ballot is requested or may take place by correspondence. Determination of a majority shall be in accordance with Art. 36.

Article 51 – Duties of the Executive Committee

The authorities and responsibilities of the Executive Committee are (inter alia):

1. Management
 - 1.1 To oversee the overall directional guidance of World Rowing's activities with the relevant Council members, Commission members, Working Group members, organising committees and Member Federations;
 - 1.2 To manage World Rowing administratively and financially. To this end, the Executive Committee may establish administrative offices with remunerated personnel;

2. Governance
 - 2.1 To decide all questions of interpretation of the Statutes, Rules of Racing, Bye-Laws and Event Regulations;
 - 2.2 In the case of a breach of the Statutes, Rules, Bye-Laws or Event Regulations, or in the case of negligent or inappropriate behaviour, to decide sanctions, at any time, as provided for in Art. 64, on Member Federations, clubs or individuals;
3. General
 - 3.1 To convene Congresses and Council meetings, prepare the agendas and supporting documentation;
 - 3.2 To keep Member Federations informed of World Rowing's activities;
 - 3.3 To perform all other duties of the Executive Committee as established in World Rowing's Statutes, Rules of Racing, Bye-Laws and Event Regulations;
 - 3.4 To make any decisions appropriate to the circumstances in the interests of the sport of rowing;
 - 3.5 To assume all responsibilities which are not expressly attributed to another entity within World Rowing.
4. Finance Committee - The Executive Committee may establish a Finance Committee to oversee the financial management of World Rowing on behalf of the Executive Committee. Membership and duties of the Finance Committee shall be set out as Bye-Laws.

Bye-Laws to Article 51 – Finance Committee (Appendix S8)

Article 52 – Executive Committee Meetings

The Executive Committee shall normally meet at least three times per year as decided by the President or when at least three Executive Committee members submit a request in writing to the President giving the reasons therefor. The Executive Committee may make decisions by correspondence. The agendas for all meetings shall be established in advance by the chair of the meeting. Minutes of Executive Committee meetings shall be circulated to all Council members within one month of the meeting.

Article 53 – Casual Vacancies

In case of a casual vacancy in the Council or the Executive Committee, the Executive Committee may replace the member concerned until the next Congress.

PART III D. COMMISSIONS

Article 54 – Commissions

1. The Council may establish specialist Commissions to advise on and undertake sport related activities as required and on terms defined by the Council.
2. Subject to paragraph 6 below and except for the Athletes' Commission, the Commissions shall consist, in principle, of four to eight members in addition to the Chair. The Chair shall be a member of the Council. The Council shall determine from time to time the size of each Commission.
3. Except for the elected members of the Athletes' Commission, the Commission members are appointed by the Council for a term of four years which may be renewed.
4. The Council shall seek to appoint the most qualified people to each Commission having regard also to the desirability of achieving gender and geographical representation.
5. Commission members may serve on the Commission until 31 December of the year in which they reach the age of 70.
6. Cross Commission members are drawn from Council and/or other relevant Commissions. Cross Commissions are chaired by an elected Chair who shall be a member of Council and shall not necessarily be a member of another Commission.
7. The Council may also create Working Groups for specific tasks and may entrust assignments to non-members of the Council.

Bye-Laws to Article 54 – Commissions

1. *World Rowing Commissions*

The Council has established the following specialist Commissions:

- 1.1 *Discipline Commissions - experts on the competition and training aspects of the disciplines of the sport:*
 - a. *Competitive Rowing*
 - b. *Coastal Rowing*
 - c. *Indoor Rowing*
- 1.2 *Technical Commissions - experts on the specific subjects or categories of competition that take part in the disciplines of the sport listed above:*
 - a. *Athletes'*
 - b. *Coaching Development Cross Commission (the chair shall be the Chair of the Competitive Rowing Commission)*
 - c. *Equipment and Technology*
 - d. *Events*
 - e. *Masters Rowing*
 - f. *Para Rowing*
 - g. *Sports Medicine*
 - h. *Umpiring*
 - i. *Women's Cross Commission*
 - j. *Youth Rowing*
2. *Appointments to Commissions (except Athletes' Commission)*
 - 2.1 *For all Commissions, except Cross Commissions, the Executive Committee will call for nominations for Commission membership in the year of election of the Commission Chair.*

Candidates, including current Commission members seeking reappointment, must be nominated in writing by their Member Federations no later than the end of the Congress of that year.

2.2 Appointments of Commission members are made by the Council on the recommendation of the newly elected Commission Chair.

3. Athletes' Commission – Appointments & Elections

The Athletes' Commission shall consist of elected and appointed members. Elections and appointments of the members of the Athletes' Commission and the election and appointment of the Athletes' Commission Chair shall take place in the same year, in accordance with the Athletes' Commission Regulations & Election Procedures (see Appendix S5).

4. Member Federations nominating candidates are required to commit to provide financial support for the travel and work of the Commission members, if they are appointed.

5. Exceptionally, a current Commission member may be nominated for reappointment by the Executive Committee.

6. In case of a casual vacancy in a Commission, the Executive Committee may replace the member concerned. Any member thus appointed shall serve out the term of office of the replaced member.

Article 55 – Duties of the Commissions and Working Groups

The duties, authority and field of activity of each Commission and Working Group shall be set out in the Bye-Laws.

Bye-Laws to Article 55 – Duties of the Commissions and Working Groups (Appendix S9)

PART IV – INDIVIDUAL OBLIGATIONS

Article 56 – Commitment

Any party that deals with World Rowing, is a member of World Rowing or shares in its activities including a party which:

1. Participates in an event under the authority of World Rowing;
2. Acts as an official (trainer, coach, team manager, delegate, representative or other related party) of a team, a club, a Member Federation, Continental Rowing Confederation or other Member Grouping;
3. Officiates as an international umpire or in a similar role;
4. Organises or participates in a competition which is placed under World Rowing's authority, according to the Statutes and Rules of Racing;
5. Assumes any role within World Rowing, within its Council, its Executive Committee, one of its Commissions or another Committee or Working Group;

recognises and accepts the following, subject to paragraph v:

- i. The World Rowing Statutes, Rules of Racing, Bye-Laws and Event Regulations;
- ii. World Rowing's authority on all matters concerning international rowing;
- iii. The mandatory nature of the Statutes, the Bye-Laws and other Rules regulating World Rowing, in their current version and as amended from time to time;
- iv. World Rowing's jurisdiction to make any decision or impose any sanction within its field of competence;
- v. The Court of Arbitration for Sport (CAS) in Lausanne as the only competent judicial authority external to World Rowing, to the exclusion of any ordinary court of law, any civil judicial authority of any country and any other arbitration body:
 - a. Subject to Art. 60, to settle any dispute which directly involves World Rowing, one of its bodies, one of its Executive Committee members, any person acting on its behalf (Council and Commission members, umpires, and any others), one of its members or an organising committee of a World Rowing event run under World Rowing's authority (see Art. 65);
 - b. To review any decision alleged to violate any relevant law, any fundamental legal principles or World Rowing statutory clause (see Art. 65);
 - c. To rule on any appeals from disciplinary sanctions or penalties of any kind, made by World Rowing or one of its bodies (see Art. 66).
- vi. The final and without appeal status of the decisions made by the CAS;
- vii. The requirement to abide by the decisions of World Rowing and CAS without attempting to hinder their application;
- viii. The application of Swiss law and the rules of Swiss federal procedure supplemental to World Rowing and CAS rules and regulations with Lausanne as the only place and seat of the arbitration.

Article 57 – Individual and Written Confirmation of Commitments

1. Although the commitment set out in Art. 56 is mandatory and automatic, World Rowing may, in addition, request individual and written confirmation of any commitment from the following individuals or entities, in accordance with the appropriate forms appended to these Statutes:
 - 1.1 Any Member Federation or any rowing federation which wishes to become a member;

- 1.2 Any rower, club, official or international umpire likely to participate in an event or activity under World Rowing's authority;
- 1.3 An organising committee or its members of any event under World Rowing's authority.
2. These confirmations are valid unless and until they have been formally revoked in writing and this written revocation has reached the World Rowing headquarters. Such revocation shall not be retroactive and therefore does not affect acts committed or liabilities incurred before the written revocation is communicated. Such revocation shall only be valid if the individual or entity has ceased all activities or relationships to which the commitment refers.

Bye-Laws to Article 57 – Commitment Forms (Appendix S10)

If a rower is not able to provide consent for the commitment form by reason of age, physical impairment or mental impairment then a parent or guardian must provide consent by signing the commitment form on behalf of the rower.

PART V – INTEGRITY OF THE SPORT

Article 58 – Ethical Principles and Integrity

1. Any party which deals with World Rowing and/or shares in its activities, notably those referred to in Art. 56, commits to act in a manner prescribed in the relevant Bye-Laws (Bye-Laws to Art. 58 – World Rowing Code of Ethics, Appendix S11) and according to all generally recognised ethical principles including the principles of the IOC's Code of Ethics.
2. Taking into consideration the overall interests of World Rowing and its members, only individuals of high moral character and integrity may be nominated by Member Federations for elected or appointed positions. The Executive Committee has the sole discretion to make the final determination.

Bye-Laws to Article 58 – World Rowing Code of Ethics (Appendix S11)

Article 59 – Integrity in Competition

Any party which deals with World Rowing and/or shares in its activities, notably those referred to in Art.56, shall be bound by, and be required to comply with the Bye-Laws relating to Manipulation of Competition and Betting by virtue of such participation or assistance (Appendix S12).

Bye-Laws to Article 59 – Manipulation of Competition and Betting (Appendix S12)

Article 60 – Right of Complaint

1. Any party claiming to have a valid complaint in relation to Art. 58 and Art. 59 concerning a party mentioned in Art. 56 may submit it to the World Rowing President or, in a case involving a member of the Executive Committee, to the IOC Ethics Commission.
2. The Executive Committee has the authority to make decisions on all cases except cases involving members of the Executive Committee, in which case the IOC Ethics Commission has the authority to decide.
3. The relevant authority may make any decision it deems appropriate and the decision may be published.

Article 61 – Applicable Procedural Rules

The Executive Committee and the IOC Ethics Commission shall respect the principles stipulated in Art. 63.

PART VI – JUDICIAL PROVISIONS

Article 62 – Judicial Bodies of World Rowing

1. The following bodies of World Rowing have judicial powers in accordance with the Statutes and related Bye-Laws:
 - 1.1 the Congress;
 - 1.2 the Council;
 - 1.3 the Executive Committee; and
 - 1.4 the Ethics Panel (Bye-Laws to Art. 58).
2. With the exception of the Ethics Panel, the body concerned may delegate its power to a smaller number of its members to undertake any investigation, hearing or imposition of penalty. In all cases, the provisions of Art. 63 and Art. 64 shall be followed.

Article 63 – Procedural Rules Applicable to the Judicial Bodies of World Rowing

1. The judicial bodies of World Rowing shall provide due process to all parties involved and shall respect their fundamental rights. They recognise in particular:
 - 1.1 That a person who may have a conflict of interest shall not be a member of the decision-making body;
 - 1.2 The right of the person charged to know the charge and to examine their file;
 - 1.3 The right to know the penalties which might be imposed;
 - 1.4 The right to be heard, to present a defence, to produce evidence and to be assisted by counsel;
 - 1.5 The right to receive a written decision from World Rowing with reasons for that decision.
2. The procedural rules applicable to objections, protests and appeals relating to rowing competitions are covered in the Rules of Racing and related Bye-Laws.
3. For all situations not covered by the Statutes, Rules, Bye-Laws and Event Regulations, the judicial bodies of World Rowing shall apply Swiss law and the rules of Swiss federal procedure.

Article 64 – Sanctions and Financial Compensation

1. The judicial bodies of World Rowing have the power to make decisions and impose sanctions in their areas of responsibility set out in the Statutes and Bye-Laws. They can impose sanctions including but not limited to the following:
 - 1.1 Reprimand, which may be a public reprimand;
 - 1.2 Ban from competition;
 - 1.3 Fine;
 - 1.4 Expulsion (according to Art. 15);
 - 1.5 Any other appropriate measure.
2. If appropriate, the judicial body concerned may take the following actions:
 - 2.1 Suspend for a definite period, in part or in whole, either the ban from competition or the payment of the fine on such conditions as it considers appropriate; and, or,
 - 2.2 Order payment of money as financial compensation or fine against those (in particular Member Federations, clubs, rowers, or officials) who have been found to have acted in a negligent or inappropriate manner including where such conduct has caused financial loss or damage to another party or breached these Statutes and Bye-Laws; and, or,

- 2.3 Direct that all or part of a fine imposed by the judicial body be paid to the aggrieved or injured party not as compensation for loss but to reflect the judicial body's disapproval of the offending party's conduct.

Article 65 – Ordinary Arbitration Proceedings

Any party who alleges that a decision made by a World Rowing judicial body violates fundamental legal principles or World Rowing statutory clause(s), or who has a dispute with World Rowing, may submit a claim to the Court of Arbitration for Sport (CAS) in Lausanne only, to the exclusion of any court of law of any country or any other arbitration body. The claim shall set out the facts and reasons upon which it is based. It shall be sent to CAS within one month from the day of delivery of the decision or, in the case of dispute, from the day World Rowing formally refused to accept its views or request. The CAS conducts the arbitration and rules over the dispute in accordance with its own regulations. In addition, the CAS applies Swiss law and the rules of Swiss federal procedure. The seat and place of the arbitration is in Lausanne. The decisions made by the CAS Ordinary Arbitration Division are final and may not be appealed.

Article 66 – Appeal Arbitration Proceedings

Any party penalised by a judicial body of World Rowing may appeal the decision to CAS in Lausanne only, to the exclusion of any court of law of any country or any other arbitration body. The appeal brief shall set out the facts and reasons on which it is based. It shall be sent to CAS within 21 days following receipt by the party of the decision in question. The CAS conducts the appeal and rules on it in accordance with its own regulations. In addition, the CAS applies Swiss law and the rules of Swiss federal procedure. The seat and place of the arbitration is in Lausanne. The decisions made by the CAS Appeals Arbitration Division are final and may not be appealed.

PART VII – DISSOLUTION

Article 67 – Dissolution

The dissolution of World Rowing shall be valid only if carried by four-fifths of the valid votes cast at an Extraordinary Congress specially convened for the purpose. Furthermore, a quorum of two-thirds of the member federations is necessary.

Article 68 – Assets

If the motion for dissolution is carried, the Executive Committee shall be entitled to realise the assets of World Rowing which shall be divided equally between the Member Federations constituting World Rowing at the time the vote is taken.

Article 69 – Exceptions

In no other circumstances shall any Member Federation have any claim to any share whatsoever in the assets and any federation ceasing to be a member shall forfeit its claim to any assets of World Rowing.

PART VIII – CONCLUDING PROVISIONS

Article 70 – Concluding Provisions

These Statutes were approved effective immediately by the FISA Extraordinary Congress, 17-18 October 2020, organised from Lausanne, Switzerland as a video conference meeting.

Jean-Christophe Rolland
President

Matt Smith
Executive Director



APPENDICES TO THE STATUTES

2021 Edition

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APPENDIX S1

BYE-LAWS TO ARTICLE 10 – CHALLENGES TO A MEMBER FEDERATION'S ELIGIBILITY

1. *In the event that another national organisation (the "Challenging Organisation") challenges the eligibility of an existing Member Federation, the following documents shall be submitted to World Rowing as required in order to evaluate the case:*
 - 1.1 *Reports from World Rowing officials and / or recognised organisations, including:*
 - a. *World Rowing Council members;*
 - b. *Continental Rowing Confederation.*
 - 1.2 *Documentation from the existing Member Federation, including but not limited to:*
 - a. *Recent confirmation from the National Olympic Committee that it is the recognised validly elected national federation for Rowing.*

If the documentation confirms the eligibility of the existing Member Federation, the case will be closed.

 - b. *A copy of the latest Statutes, with a certified translation in one of World Rowing's official languages;*
 - c. *A list of all rowing clubs in the country with a list of their active affiliated member clubs;*
 - d. *The minutes of its most recent elective General Assembly or Board meeting where the Member Federation President was appointed or elected, including the participants' list.*
 - 1.3 *Documentation from the Challenging Organisation. If the World Rowing Executive Committee so requires, it will request additional information from the Challenging Organisation including but not limited to:*
 - a. *Evidence that the Challenging Organisation includes representatives of a majority of the active rowing clubs in the country;*
 - b. *The minutes of its most recent elective General Assembly or Board Meeting where the Challenging Organisation President was appointed or elected, in which the current office holders took office, including the participants' list;*
 - c. *A copy of its Statutes, with a certified translation in one of World Rowing's official languages;*
 - d. *The reasons why a new federation was created.*
2. *Following the evaluation of the above information, the World Rowing Executive Committee shall take any measure it considers appropriate.*

APPENDIX S2

BYE-LAWS TO ARTICLE 11 – CLAIMS OF EXTERNAL INTERFERENCE

1. *In the event of claims of external interference in a Member Federation, the following documents shall be submitted to World Rowing as required in order to evaluate the case:*
 - 1.1 *Reports from World Rowing officials / recognised organisations, including:*
 - a. *World Rowing Council members;*
 - b. *Continental Rowing Confederation.*
 - 1.2 *Documentation from the Member Federation, including but not limited to:*
 - a. *A copy of the latest Statutes with a certified translation in one of World Rowing's official languages;*
 - b. *A list of the active affiliated rowing clubs in the country;*
 - c. *The minutes of its most recent elective General Assembly or Board Meeting where the President was appointed or elected, including the participants' list; minutes of meetings where relevant and/or recent changes were made to the Statutes;*
 - d. *Recent confirmation from the National Olympic Committee that it is the recognised, validly elected, national federation for Rowing;*
 - e. *Any evidence which documents interference by an external organisation or authority.*
2. *If appropriate, especially if there is evidence of government interference, World Rowing will notify and consult with the IOC and/or any other pertinent sport organisation.*
3. *Following its investigation, the World Rowing Executive Committee shall take any measure it considers appropriate.*

APPENDIX S3

BYE-LAWS TO ARTICLE 18 – RECOGNITION OF CONTINENTAL ROWING CONFEDERATIONS

1. *To be recognised by World Rowing, a Continental Rowing Confederation shall submit a written application to World Rowing at least three months before the date of the next Congress.*
2. *The application must include the following:*
 - 2.1 *A written undertaking to:*
 - a. *Observe World Rowing's Statutes, Rules of Racing, Bye-Laws and Regulations;*
 - b. *Accept as binding and final the decisions of the competent authorities within World Rowing and in this regard to recognise the Court of Arbitration for Sport in Lausanne as the only possible external judicial authority;*
 - 2.2 *Written confirmation that the Continental Olympic Association recognises the Confederation as the continental confederation for rowing;*
 - 2.3 *A copy of its Statutes with a certified translation in one of World Rowing's official languages. The Confederation's Statutes shall not be inconsistent with those of World Rowing and the Olympic Charter;*
 - 2.4 *Details of the governance structure of the Confederation and names of the office bearers;*
 - 2.5 *A detailed report of its objectives and activities;*
 - 2.6 *Any other information as required by World Rowing.*
3. *A Continental Rowing Confederation shall be recognised by a vote of Congress, upon recommendation by the Council.*

APPENDIX S4

BYE-LAWS TO ARTICLE 19 – RECOGNITION OF OTHER GROUPINGS OF MEMBER FEDERATIONS

1. *To be recognised by World Rowing, a Grouping of Member Federations shall submit a written application to World Rowing.*
2. *The application must include the following:*
 - 2.1 *A written undertaking to:*
 - a. *Observe World Rowing's Statutes, Rules of Racing, Bye-Laws and Regulations;*
 - b. *Accept as binding and final the decisions of the competent authorities within World Rowing and in this regard to recognise the Court of Arbitration for Sport in Lausanne as the only possible external judicial authority;*
 - 2.2 *A copy of its Statutes with a certified translation in one of World Rowing's official languages. The Statutes shall not be inconsistent with those of World Rowing;*
 - 2.3 *Details of the governance structure of the Grouping and names of the office bearers;*
 - 2.4 *A detailed report on its objectives and activities;*
 - 2.5 *A list of Member Federations;*
 - 2.6 *Any other information as required by World Rowing.*
3. *A Grouping shall be recognised by a vote of the Council.*

APPENDIX S5

WORLD ROWING ATHLETES' COMMISSION REGULATIONS & ELECTION PROCEDURES

Part I – Athletes' Commission Regulations

1. Preamble

- 1.1 *These regulations set out the membership criteria, election and appointment procedures of the Athletes Commission (AC) members and the AC Chair.*
- 1.2 *The Purpose and Activities of the AC are set out in Appendix S9 – Duties of Commissions and Working Groups.*

2. Membership

- 2.1 *The AC is composed of ten (10) members, who are Active Athletes or Recently Retired Athletes.*
- 2.2 *An Active Athlete is an athlete who competed at a Senior and/or Coastal World Rowing Championship (WRCh), in the applicable discipline or format (Classic Rowing, including Para Rowing; Coastal Rowing), as a representative of a Member Federation, in the year of their election or appointment.*
- 2.3 *A Recently Retired Athlete is an athlete who competed at a WRCh or the Olympic & Paralympic Games, in the applicable discipline or format (Classic Rowing, including Para Rowing; Coastal Rowing), as a representative of a Member Federation, in the previous eight (8) years.*
- 2.4 *The AC is composed of:*
 - a. *Five (5) Active Athletes or Recently Retired Athletes elected at the WRCh by their peers, in accordance with Art. 3 Election and Appointment of AC Members;*
 - b. *Five (5) Active Athletes or Recently Retired Athletes appointed by the Council, in accordance with Art. 3 Election and Appointment of AC Members.*
 - c. *Of the five (5) elected AC members, four (4) shall represent Rowing (of which one (1) will represent Para Rowing) and one (1) shall represent Coastal Rowing.*
- 2.5 *Membership of the AC is subject to the World Rowing Statutes Art.58 Ethical Principles and Integrity.*
- 2.6 *Members of the AC can no longer serve on the AC after 31 December following the eighth anniversary of their last participation as a rower at a WRCh or Olympic or Paralympic Games, except for the Chair in accordance with Art. 5.2 of these regulations.*

3. Election and Appointment of Members

- 3.1 *Elections for AC members will be held in the 2nd year following the year of the Summer Olympic and Paralympic Games (AC Election Year).*
- 3.2 *The election of AC members will take place at the respective WRCh for the relevant discipline.*
- 3.3 *The procedure for election of AC members shall be conducted in accordance with Section II: The Athletes' Commission Election Procedure.*
- 3.4 *Following the election of the elected AC members, the Council shall, on the recommendation of the AC Chair, appoint or re-appoint five (5) AC members chosen from among the candidates in such election, or additional candidates.*
- 3.5 *Such appointments shall ensure gender equality and take into consideration the balance of representation across geographic areas, Member Federation (MF) size, discipline, etc, and the results of the election.*

4. Term of Office

- 4.1 *The term of office of AC members, elected or appointed, shall be four (4) years from 1 January of the year following the AC Election Year, subject to Art. 2 Membership.*
- 4.2 *Any AC member, elected or appointed, upon completion of his or her term of office, may stand for re-election, provided that such member continues to be eligible as an Active Athlete or Recently Retired Athlete in accordance with Art. 2 Membership.*

5. Chair of the Commission

- 5.1 *The Council shall appoint the AC Chair. In appointing the Chair, the Council will take into consideration the AC's proposed candidate. The AC's proposed candidate will be determined in accordance with Art. 5.4 below. In the event that the AC proposal is not appointed by the Council, the AC will be asked to propose an alternative candidate as AC Chair.*
- 5.2 *The AC Chair must be eligible for membership of the AC, in accordance with Art.2.6, at the time of the election and appointment process and may then serve a full four-year term as chair.*
- 5.3 *Voting for the candidate for the position of AC Chair shall take place at the first AC meeting following the announcement of the results of the AC member elections and appointments.*
- 5.4 *The AC members shall vote to determine which AC member to propose as the AC Chair to the Council, in accordance with the following procedure:*
 - a. *All newly elected, appointed and reappointed AC members are eligible to put forward their candidature for the position of AC Chair.*
 - b. *Candidates and their MFs shall be aware of the requirements of the role as outlined in the AC Chair role description.*
 - c. *All candidatures must be approved by the relevant MF and submitted in writing to the staff member responsible for AC election administration.*
 - d. *All AC members are eligible to vote, including outgoing members.*
 - e. *A candidate requires a majority of votes cast in order to be proposed as AC Chair to the Council. When there are more than two (2) candidates, the person with the lowest number of votes after the first round will be excluded. A new vote will be held until a candidate receives a majority of the votes cast.*

Part II – Athletes' Commission Election Procedures

1. Preamble

This procedure regulates and governs the election process of the elected members of the AC (the Election Procedure). The Election Procedure shall be applicable to all persons and organisations involved in any phase of the election including the candidates for the election, those directly or indirectly involved in the election, any other individuals or legal entities supporting, acting in favour of or opposing any candidate, including but not limited to MF staff, coaches, trainers, agents, sponsors, supporters, relatives or friends of any candidate.

2. Eligibility Criteria

To be eligible for election to the AC, a candidate must meet the following criteria:

- 2.1 *The candidate must be an Active Athlete or Recently Retired Athlete, in accordance with Arts. 2.2 and 2.3 of the AC Regulations. Candidates that are Recently Retired Athletes and who have not already been a member on the AC must have participated at their last WRCh or Olympic & Paralympic Games, in the applicable discipline or format (Classic Rowing, Para Rowing, Coastal Rowing), within the previous six (6) years.*
- 2.2 *The candidate must have reached the age of 18 no later than by the first day of competition of the relevant WRCh in the AC Election Year.*

- 2.3 *All candidates for the AC elections are subject to the World Rowing Statutes, Art.58 Ethical Principles and Integrity.*
- 2.4 *In accordance with the World Rowing Statutes, Bye-Law to Art. 15, a MF which is not in good standing or has outstanding debts with World Rowing, cannot nominate a candidate for the AC election.*

3. Nomination Process

- 3.1 *At least six (6) months prior to the start of the Senior WRCh in the AC Election Year, World Rowing will notify MFs of the opening of the nomination process for the election(s) to the AC. The notice will include details of the elective position(s).*
- 3.2 *MFs intending to nominate a candidate shall submit a completed nomination form, by the published deadline in the format communicated by World Rowing.*
- 3.3 *MFs may nominate one candidate only in any AC Election Year.*
- 3.4 *At least three (3) months before the opening of the relevant WRCh, all candidates meeting the criteria set out in Arts. 2 and 3.2 of the Election Procedures and having been duly validated will be declared admissible by the Executive Committee and the candidate list published.*

4. Promotion and Conduct of Candidates

- 4.1 *Following the publication of the candidate list for the election, candidates may start promotional activities.*
- 4.2 *Any promotional activity, or any materials produced, by any persons or organisations directly or indirectly connected to a candidate, or by the candidate themselves must be carried out with dignity, moderation and respect towards other candidates as well as all athletes.*
- 4.3 *Candidate promotional activities shall be carried out in accordance with the World Rowing Rules of Conduct for Elections.*

5. Elections: Electorate and Voting

- 5.1 *Each athlete holding an athlete accreditation for the relevant WRCh during which the election takes place will have the right to vote in person. Voting by proxy is not allowed.*
- 5.2 *World Rowing will provide information on the World Rowing website presenting all candidates and providing information on the upcoming election, including the dates of the election, and voting instructions.*
- 5.3 *Any votes that do not comply with the voting instructions will be declared null and void.*
- 5.4 *Voting will be in person only unless otherwise decided by World Rowing.*

6. Athletes' Commission Election Committees

- 6.1 *The AC Election Committee for each Championships will be composed of one chair and two members, appointed by the Executive Committee for the AC Election Year. The Chair of the Election Committee will be a Council member; the other two members will be Council or Commission members.*
- 6.2 *The role of the AC Election Committee is to ensure compliance with the AC Election Procedure, to supervise the entire election process and procedure and count ballots.*
- 6.3 *The elected athletes will be those who have obtained the highest numbers of valid votes, for the vacant elective position(s).*
- 6.4 *In the event of a tie, the incumbent AC members, excluding those that are involved in the tie, shall decide the elected person based on a vote by secret ballot. The incumbent AC Chair shall have the casting vote, unless the incumbent AC Chair is involved in the tie, in which case the Executive Committee will have the casting vote.*

- 6.5 *The AC Election Committee will inform the Executive Committee of the election results. The Executive Committee will announce the election results.*

APPENDIX S6

BYE-LAWS TO ARTICLE 45 – INTERNAL AUDIT COMMITTEE

1. *The Internal Audit Committee provides oversight on audit, finance, risk management and governance matters, including overseeing the following:*
 - 1.1 *the appropriateness of the four-year and annual budget process,*
 - 1.2 *the integrity of the financial statements,*
 - 1.3 *compliance with applicable accounting principles and laws,*
 - 1.4 *internal controls as they relate to financial reporting and non-financial matters,*
 - 1.5 *the qualifications, independence, appointment and work of the external auditor, and*
 - 1.6 *the effectiveness of World Rowing's risk management infrastructure.*
2. *The Internal Audit Committee shall submit a report to the Ordinary Congress each year.*
3. *The Internal Audit Committee consists of three individuals; the World Rowing Treasurer and two individuals who do not hold elected, appointed or employed positions within World Rowing. Of the three, at least one should have a legal background and one a finance background.*
4. *The World Rowing Council shall appoint the members of this committee for a four-year term starting on 1 January in the year following the Olympic and Paralympic Games.*

APPENDIX S7

BYE-LAWS TO ARTICLE 46 – DUTIES OF THE COUNCIL MEMBERS

1. Duties of the President

The President of World Rowing:

- 1.1 *Leads and represents World Rowing;*
- 1.2 *Chairs the Congresses, Council and Executive Committee meetings, Joint Commissions Meetings, and other meetings, where appropriate, and which are organised within World Rowing or by World Rowing. In the absence of the President meetings are chaired by the Vice President or another specific nominee of the President;*
- 1.3 *Proposes and supports initiatives to promote World Rowing's goals, delegates tasks to members of the Executive Committee, the Council, Commissions and working groups, in addition to those set out in the Statutes and Bye-Laws, and encourages the Member Federations to be active contributors to the advancement of rowing;*
- 1.4 *Submits a report to the Ordinary Congress each year; and*
- 1.5 *May make necessary decisions in urgent circumstances when the competent body within World Rowing cannot be consulted for timely action. Such decisions shall be deemed to be decisions of the Council for the purposes of Art. 32 and shall be brought to the competent body for confirmation at the next possible opportunity.*

2. Duties of the Vice President

The Vice President of World Rowing:

- 2.1 *Carries out such duties as are delegated by the President;*
- 2.2 *Is responsible for representing World Rowing when the President is unable to do so, or when requested by the President or the Executive Committee;*
- 2.3 *Works on special assignments and working groups when requested to do so by the President, Executive Committee or the Council;*
- 2.4 *Oversees the work of the World Rowing Development Programme; and*
- 2.5 *Submits a report to the Ordinary Congress each year.*

3. Duties of the Treasurer

The Treasurer of World Rowing:

- 3.1 *Liaises with and supports the Executive Director in connection with the preparation of the annual budget and the annual accounts, as well as the long-term financial plan, having regard to the four-year Olympic cycle and presents them to the Ordinary Congress;*
- 3.2 *Chairs and calls for meetings of the Finance Committee, and reports to the Executive Committee on the activities of the Finance Committee;*
- 3.3 *Is a member of the Internal Audit Committee and is responsible for convening the meetings; and*
- 3.4 *Submits a report and presents the financial statements to the Ordinary Congress each year.*

4. Duties of the Executive Director

The Executive Director of World Rowing:

- 4.1 *Conducts the day-to-day operations of World Rowing, within the policies and objectives approved from time to time by the Executive Committee;*
- 4.2 *Acts under the supervision and with the support of the President within the limits of authority and budget approved by the Executive Committee;*

- 4.3 *Appoints and manages the World Rowing staff within the human resources plan approved by the Executive Committee;*
- 4.4 *Secures proper financial management and accounting, including adequate reporting;*
- 4.5 *Prepares, in consultation with the Treasurer, the annual and four-year budgets and financial statements to be finalised in the Finance Committee and approved by the Executive Committee;*
- 4.6 *Reports to the Executive Committee and Council on all World Rowing's affairs as appropriate; and*
- 4.7 *Submits a report to the Ordinary Congress each year.*

5. Duties of the Commission Chairs

The Chairs of the Commissions of World Rowing:

- 5.1 *Advise, direct and represent the Council in their technical areas;*
- 5.2 *Convene meetings of their Commission as appropriate to fulfil the duties of their Commission in line with Art. 55 Duties of the Commissions and Working Groups;*
- 5.3 *Chair Commission meetings and allocate duties to the Commission members in accordance with the Bye-Laws to Art. 55 (Appendix S9);*
- 5.4 *Prepare annual budget proposals with the Executive Director for approval by the Executive Committee;*
- 5.5 *Propose appointments to their Commission for approval by the Council;*
- 5.6 *Report to the Council on technical matters related to their Commission and submit reports on their Commission's activities to the Ordinary Congress each year; and*
- 5.7 *Provide support to the Development Programme as required.*

6. Duties of the Continental Representatives

The Continental Representatives:

- 6.1 *Represent World Rowing within their continent;*
- 6.2 *Promote rowing and maintain close and regular contact with the Member Federations, Continental Rowing Confederations and Groupings of Member Federations, and regatta organisers in their continents;*
- 6.3 *Promote and support development initiatives and advise World Rowing on rowing development within their continent;*
- 6.4 *Observe the major international regattas held within their continent;*
- 6.5 *In case of non-observance of the Statutes and Rules of Racing in their continent, submit reports to the Executive Committee;*
- 6.6 *Submit reports to the Ordinary Congress each year. For this purpose, they may request reports from the Member Federations within their continent; and*
- 6.7 *Submit to the Executive Committee reports and minutes of meetings attended within their continent, where those meetings relate to their World Rowing responsibilities.*

7. Duties of the Co-opted Members

The Co-opted Members:

- 7.1 *May be assigned specific duties by the President as required.*
- 7.2 *Submit a report to the Ordinary Congress each year.*

APPENDIX S8

BYE-LAWS TO ARTICLE 51 – FINANCE COMMITTEE

1. *The Finance Committee oversees the preparation of the annual and four-year budgets, World Rowing's internal financial and business controls, asset management, risk management, compliance, remuneration and other matters, including operational and process audits, as required, and makes recommendations thereon for approval by the Executive Committee.*
2. *The Finance Committee shall consist of:*
 - 2.1 *the President*
 - 2.2 *the Treasurer (Chair)*
 - 2.3 *the Executive Director*
3. *It may invite the External Auditor, Controller, Asset Manager, Marketing Director and any other appropriate individuals for dedicated sessions. It shall meet at least once per year and when circumstances require.*
4. *The Finance Committee reports to the Executive Committee.*

APPENDIX S9

BYE-LAWS TO ARTICLE 55 – DUTIES OF THE COMMISSIONS AND WORKING GROUPS

1. General Duties of the Commissions

Each Commission shall:

- 1.1 *Meet as required to fulfil their duties and when convened by their Chair. In principle, they shall meet at least twice a year; one of the meetings being the annual Joint Commissions Meeting. Meetings should be held as virtual meetings where possible;*
- 1.2 *Liaise with the President, the Council and the Executive Director through its Chair;*
- 1.3 *Liaise with other Commissions generally and at Joint Commissions meetings and World Rowing Championships;*
- 1.4 *Undertake their specialist commission duties across the different disciplines and areas of rowing;*
- 1.5 *Submit an annual programme request with proposed budget to the Executive Committee;*
- 1.6 *Produce minutes of Commission meetings for circulation to the Council by the Executive Director.*

2. Specific Duties of the Discipline Commissions:

2.1 Competitive Rowing Commission

- a. *Purpose*
 - i) *To encourage and support the growth of rowing in support of World Rowing's Strategy.*
 - ii) *To act as a centre of excellence for the discipline of classic rowing and provide support for sustainable development.*
- b. *Activities*
 - i) *Discipline Oversight*
 - a. *To guide the strategic growth of international rowing competitions and support the development of different competition formats.*
 - b. *Centralise information about the discipline, as it relates to key stakeholders. Develop activities to build capacity across all areas of the discipline.*
 - ii) *Competition*
 - a. *To analyse and provide advice on international rowing competition in terms of composition (events, boat-classes and categories), conditions, environment, and the international regatta calendar.*
 - b. *To monitor and analyse relevant sporting and global trends to ensure the discipline remains relevant and sustainable e.g., in competitive standards, social and financial environment, global mobility, participation levels.*
 - c. *To undertake the tasks delegated to it by the Council or the Rules in relation to World Rowing events, including but not limited to fairness and seeding.*
 - iii) *Discipline Development*
 - a. *To advise on training and education including support in the production of specific educational material and coaching courses and seminars.*
 - b. *To assist in the implementation of the coaching development programmes in conjunction with World Rowing's Development Department.*

- c. *To provide appropriate coaching content and organise the annual World Rowing Coaches Conference.*
 - d. *To nominate appropriate coaching experts for the Coaching Development Cross Commission.*
- c. *Membership*
- The members of the commission are to be recognised experts in the discipline and involved daily in the practice of the discipline. Members are expected to represent the interests of all World Rowing's stakeholders.*

2.2 Coastal Rowing Commission

- a. *Purpose*
 - i) *To aide and encourage the growth of coastal rowing to support World Rowing's Strategy.*
 - ii) *To build capacity across the discipline by developing skills, knowledge and experience in a range of areas serving coastal rowing.*
 - iii) *To oversee and promote on a national and international basis touring and recreational rowing.*
- b. *Activities*
 - i) *Discipline Oversight*
 - a. *To guide the strategic growth of international coastal rowing competitions and to support the development of different competition formats.*
 - b. *To centralise information about the discipline, as it relates to key stakeholders. Develop activities to build capacity across all areas of the discipline.*
 - ii) *Competition*
 - a. *To analyse and provide advice on international coastal rowing competition in terms of composition (events, boat-classes and categories), conditions, environment, and international regatta programme.*
 - b. *To monitor and analyse relevant sporting and global trends to ensure the discipline remains relevant and sustainable e.g., in competitive standards, social and financial environment, global mobility, participation levels, safety.*
 - c. *Support the organisation of the World Rowing Coastal Championship, World Rowing Beach Sprint events, and other coastal rowing events within World Rowing.*
 - d. *Develop a range of competition opportunities and drive inclusion of the discipline in multisport, and other, events.*
 - iii) *Discipline Development*
 - a. *To advise on training and education including support in the production of specific educational material and coaching courses and seminars.*
 - b. *To assist in the implementation of the Coaching Development Programme in conjunction with the Development Department.*
 - c. *To organise coastal rowing educational seminars, as appropriate, and provide coastal rowing coaching content for the Coaches Conference.*
 - d. *To nominate appropriate coastal rowing coaching experts for the Coaching Development Cross Commission.*

- iv) *Recreational Rowing*
 - a. *To collaborate with Member Federations to share knowledge, expertise and develop tour and recreational rowing, in new countries and to new rowers.*
 - b. *To develop activities to protect and promote heritage boat classes and support the traditional activities and regattas.*
 - c. *To foster communication between the different rowing communities.*
- c. *Membership*

The members of the Commission are to be recognised experts in the discipline and involved daily in the practice of the discipline. Members are expected to represent the interests of all World Rowing's stakeholders.

2.3 Indoor Rowing Commission

- a. *Purpose*
 - i) *To aide and encourage the growth of indoor rowing to support World Rowing's Strategy.*
 - ii) *To differentiate indoor rowing as a standalone discipline of rowing, while honouring its traditions and history.*
- b. *Activities*
 - i) *Discipline Oversight*
 - a. *To guide the strategic growth of international indoor rowing competitions and challenges and to support the development of different competition formats.*
 - b. *Facilitate collaboration between indoor rowing industry stakeholders for the benefit of the discipline.*
 - ii) *Competition*
 - a. *To monitor and analyse relevant sporting and global trends to ensure the discipline remains relevant and sustainable e.g., in competitive standards, social and financial environment, global mobility, participation levels.*
 - b. *Support the organisation of the World Rowing Indoor Championships and other indoor rowing events within World Rowing.*
 - c. *Develop a range of competition opportunities and drive inclusion of the discipline in multisport, and other, events.*
 - d. *Promote indoor rowing as an inclusive discipline providing both competitive and participation/recreational opportunities for all.*
 - iii) *Discipline Development*
 - a. *Promote the health, cross training, and rehabilitative benefits of rowing in order to broaden the base of indoor rowers.*
 - b. *Consolidate existing training and education materials and advice on technical issues; provide appropriate indoor rowing coaching experts for the World Rowing Coaching Academy.*
 - c. *Organise indoor rowing educational opportunities and/or events and provide indoor rowing coaching content for the Coaches Conference.*
 - d. *Prepare a certification programme to measure the precision of work output on indoor rowing machines wishing to receive World Rowing approval.*

c. *Membership*

The members of the commission are to be recognised experts in the discipline and involved daily in the practice of the discipline. While not a requirement, members may have an affiliation with a stakeholder within the indoor rowing industry (i.e. an equipment manufacturer, technical provider, etc). This perspective is critical to the development and growth of the discipline. Members are expected to represent the interests of all World Rowing's stakeholders.

3. Specific Duties of the Technical Commissions

3.1 Athletes Commission

a. *Purpose*

To represent active national team rowers (including Under 19s and Under 23s), and to act as a liaison between them and World Rowing.

b. *Activities*

- i) *To consider issues related to rowers and provide relevant input to the Council and Executive Committee.*
- ii) *To engage actively with and to initiate rowing specific projects that protect and support clean athletes on and off the water.*
- iii) *To consult with athletes in the evaluation of the Rules and Event Regulations of rowing and provide feedback to the Council and Executive Committee.*
- iv) *To convene and conduct rowers' surveys and/or meetings at World Rowing Championships and to provide a report to the Executive Committee.*
- v) *To analyse the organisation of the World Rowing Championships and Olympic and Paralympic regattas and to report any findings to the Council.*
- vi) *To support effective communication of information from World Rowing to the Senior National Team athlete community.*
- vii) *To raise awareness of the AC election and appointment process amongst the active and recently retired athlete communities.*
- viii) *To maintain contact with the IOC Athlete Commission.*

3.2 Coaching Development Cross Commission

a. *Purpose*

To advise on coaching practice and coach education including support in the production of specific coach education material and coaching courses and seminars for the different rowing disciplines.

b. *Activities*

- i) *To assist in the implementation of the Coaching Development Programme in conjunction with the Development Department and the respective discipline commissions.*
- ii) *To advise on coach identification, training and recruitment in a consistent manner.*
- iii) *To liaise with coaches and implement a coaches' communication network.*
- iv) *To liaise with other stakeholders within World Rowing around safety, safeguarding, anti-doping, diversity and inclusion and how this is integrated and monitored through coach education and certification.*
- v) *To recognise national coach education systems.*
- vi) *To recognise international training centres.*

- c. *Membership*
 - i) *Coaching Development Cross Commission members shall include only members from other Commissions, including up to two specialists from each of the discipline Commissions.*
 - ii) *Commission members should be recognised experts in coaching science and coaching of their discipline.*
 - iii) *Commission members will also liaise with key stakeholders across World Rowing who will bring expertise from other areas linked to safeguarding, anti-doping, safety and the different disciplines of rowing.*
 - iv) *The Chair shall be the Chair of the Competitive Rowing Commission.*

3.3 Equipment and Technology Commission

- a. *Purpose*

To support development in the field of rowing equipment, including the review of new technology and its potential application to rowing.
- b. *Activities*
 - i) *To establish standards for the safety of rowing equipment and enforce this at World Rowing events.*
 - ii) *To establish and ensure compliance with rules concerning boats and equipment used in rowing events to which the World Rowing Statutes and Rules of Racing apply, including working in co-operation with the Control Commission at World Rowing Championships.*
 - iii) *To encourage the production of inexpensive rowing equipment complying with specified standards.*
 - iv) *To encourage and promote dissemination of information and courses on boat building and repairs.*
 - v) *To survey equipment in use and produce theoretical material and drawings for rowing equipment.*
 - vi) *To collect and review scientific information, relating to equipment and technology, available for the sport of rowing.*
 - vii) *To be the point of contact with World Rowing for the manufacturers of equipment and technology in the sport of rowing, including innovations (Rule 29).*

3.4 Events Commission

- a. *Purpose*

In conjunction with relevant Commissions and staff members and in line with World Rowing policies, to establish and monitor the standards of international regattas and of all World Rowing events with regard to the organisation of the event, the venue, technical installations, and safety of all participants.
- b. *Activities*
 - i) *To advise organising and bidding committees of World Rowing events on the standard of facilities and regatta courses and organisation of events. To support the transfer of knowledge and best practice between event/regatta organisers.*
 - ii) *To maintain and improve the standard of regatta organisation at all major international events in co-operation with other Commissions as appropriate.*
 - iii) *To visit and inspect regatta courses and regattas.*

- iv) *To provide advice, consultation and guidance at every stage from initial concept to final commissioning in the development of new courses and new regattas and to advise on the upgrading of existing courses.*
- v) *To provide members for the technical group responsible for inspecting candidates for future championships and multi-sport Games.*
- vi) *To monitor, coordinate and advise on changes to the structure of the World Rowing international regatta calendar in conjunction with the World Rowing Events staff taking into consideration the advice of the relevant Commissions.*
- vii) *To prepare and regularly update documents and manuals which specify the World Rowing requirements for all aspects of: a) the upgrading of existing courses; b) the development of new courses; c) the organisation of championships and major regattas.*
- viii) *To train and develop Technical Delegates for events, and to propose to the Executive Committee nominations for the Technical Delegates for World Rowing events.*

3.5 Masters Rowing Commission

a. Purpose

To oversee and promote masters rowing in all its forms on a national and international basis.

b. Activities

- i) *To organise the World Rowing Masters Regatta annually.*
- ii) *In cooperation with other Commissions, establish standard masters classes in all disciplines of rowing.*
- iii) *To gather dates and locations of key international masters regattas for the international calendar, and publish information of interest to the masters rowing community.*
- iv) *To consult with and advise the Youth Rowing Commission regarding the Masters Fund for Youth Rowing and the use of the resources of the Fund.*
- v) *To foster the development of masters rowing generally through shared communications and activities.*

3.6 Para Rowing Commission

a. Purpose

To support, oversee and promote rowing for persons with an impairment (Para Rowers) on a national and/or international basis.

b. Activities

- i) *To develop inclusive policies within World Rowing.*
- ii) *To develop inclusive competitions for all forms of rowing.*
- iii) *To increase participation in para rowing at all levels of performance.*
- iv) *To promote and monitor trends in para rowing at national, international and Paralympic levels.*
- v) *To include para rowing in active life programmes.*
- vi) *To research and disperse knowledge on para rowing to the community.*

3.7 Sports Medicine Commission

a. Purpose

To oversee and advise on all medical and anti-doping aspects related to rowing.

- b. *Activities*
 - i) *To oversee and advise on medical, health and safety services at World Rowing Championships and World Rowing Cup regattas using Commission members or World Rowing-certified volunteer medical physicians.*
 - ii) *To investigate and promote the prevention of rowing-related injuries and health issues.*
 - iii) *To formulate and publish best practice guidelines for medical and health services and environmental issues.*
 - iv) *To promote research activity on rowing-related health and medical issues, exercise physiology, biomechanics, health, environmental and any other sports medicine related subjects.*
 - v) *To publish in the Sports Medicine section on the World Rowing website, as appropriate:*
 - a. *Legislation and statements (WADA, IOC, FIMS, World Rowing...);*
 - b. *Documentation relating to exercise physiology, sports medicine, biomechanics, biological aspects of training;*
 - c. *Research results and best-practices publications.*
 - vi) *To provide basic medical and health education to coaches.*
 - vii) *To provide advice and recommendations upon request to the Council, Coaches Conference and Member Federations.*
 - viii) *To advise World Rowing on guidelines and policies for anti-doping activities and supervise anti-doping controls at World Rowing events.*
 - ix) *To nominate three members of the Commission to serve as the Therapeutic Use Exemption Committee, as defined in the Anti-Doping Rules. One member of the Commission shall be appointed as Chair by the Executive Committee.*
- c. *Membership*
 - i) *Members of this Commission should be certified medical physicians with specific expertise in Sports Medicine.*
 - ii) *The Commission can be supported by non-physician consultants who hold a doctoral degree in biomedical sports-related science.*

3.8 Umpiring Commission

- a. *Purpose*

To standardise umpiring and to continuously improve the quality of umpiring, in particular at World Rowing Championship and World Rowing Cup regattas and Olympic, Paralympic and Youth Olympic Games and relevant qualification regattas, and at international events (regattas, sprints, para rowing, indoor, coastal, beach sprint, etc.) and to promote umpiring throughout the world.
- b. *Activities*
 - i) *To select Juries for World Rowing, Olympic, Paralympic and Youth Olympic regattas as specified in 3.8.1 based on selection criteria as agreed by the Executive Committee, as well for other international events (continental, multisport, university, etc.) if requested by the related cooperation agreement with World Rowing.*
 - ii) *To supervise the work of the Juries at World Rowing, Olympic, Paralympic and Youth Olympic regattas as specified in 3.8.1, as well at other international events (continental, multisport, university, etc.) if requested by the related cooperation agreement with World Rowing.*

- iii) *To develop, improve and standardise umpiring by conducting seminars and clinics, using the most modern educational techniques and methods.*
- iv) *To conduct examinations for International Umpire licences.*
- v) *To monitor and keep track of the qualifications and quality of International Umpires.*
- vi) *To define the role of International Umpires related to new types of rowing events and to develop the International Umpires to fill those roles, in cooperation with the other Commissions as appropriate.*
- vii) *To continuously improve the standard of regatta organisation at all major international and regional events in co-operation with the other Commissions as appropriate.*
- viii) *To assist in the implementation of the Umpiring Development Programme at an intermediate regional level.*
- ix) *To provide quality assurance for the Rules of Racing and associated Bye-Laws, in the official languages of World Rowing as appropriate.*

3.9 Women's Cross Commission

- a. *Purpose*
To oversee and promote women's participation in all rowing activities and events, at all levels.
- b. *Activities*
 - i) *To co-operate with other international sport federations.*
 - ii) *To establish and maintain contacts with people responsible for women's rowing in Member Federations.*
 - iii) *To identify and promote women in administration, coaching, umpiring and research roles.*
 - iv) *To investigate and evaluate regatta results, numbers of female participants, coaches, umpires and administrators, etc.*
 - v) *To organise (digital) meetings and seminars.*
 - vi) *To collect material, including scientific publications, for publicity and promotion of women's rowing.*

3.10 Youth Rowing Commission

- a. *Purpose*
To oversee and promote all areas of youth and student rowing and increase participation across all disciplines, at all levels of performance and across nations.
- b. *Activities*
 - i) *To assist and advise on the organisation of the World Rowing Under 19 and Under 23 Championships and other international level youth competitions, e.g., Youth Olympic Games and FISU competitions.*
 - ii) *To represent the interests of youth rowing when decisions about the competition system are to be made.*
 - iii) *To monitor trends in youth rowing at national and international levels.*
 - iv) *To establish and maintain contact with coaches at major World Rowing events, e.g., by holding meetings at least once per year.*
 - v) *To organise the World Rowing Youth Coaches Conference.*

- vi) *To assist the Control Commission at the World Rowing Under 19 and Under 23 Championships.*
- vii) *To analyse the organisation, entries and results of the World Rowing Under 19 and Under 23 Championships and to publish the results and use the information to inform future activities.*
- viii) *To consult with the Masters Rowing Commission regarding the Masters Fund for Youth Rowing and the use of the resources of the Fund.*

4. Working Groups

Working Groups, appointed for specific tasks, report to the Council through their Chair.

APPENDIX S10a

BYE-LAW TO ARTICLE 57 – COMMITMENT FORMS

_____ Country code:

S10a – World Rowing Commitment Form

Full Name (as it appears on your passport): _____

Member Federation: _____

Sex (F or M): _____ Birth Date (dd/mm/yyyy): _____ / _____ / _____

This is to confirm that I have read, understood and accept the content of this document.

As an individual who wishes to participate in events or activities staged under the authority of World Rowing, I agree to abide by the World Rowing Statutes, Rules of Racing and Event Regulations or any other rules regulating World Rowing regattas, activities, meetings and international rowing. I recognise and accept:

1. **Authority** – World Rowing’s authority on all matters concerning international rowing.
2. **Governance** – The mandatory character of the Statutes, Rules of Racing, Event Regulations, Bye-Laws and other rules regulating World Rowing, in their current version and as amended from time to time, and I agree to uphold and abide by them without reservation, in particular but not limited to my individual commitment set out in Articles 56 and 57 and my obligations under Part V “Integrity of Sport” regarding:
 - a. **Ethical Principles & Integrity** – The obligation to respect fundamental ethical principles and to behave, in all circumstances, in an appropriate manner, and I agree to respect the World Rowing Code of Ethics (Bye-Law to Article 58 of the World Rowing Statutes), including the World Rowing Policy and Procedures on Safeguarding Participants in Rowing from Harassment and Abuse.
 - b. **Integrity in Competition** – The obligation to be bound by, and be required to respect the Bye-Law to Article 59 of the World Rowing Statutes relating to Manipulation of Competition and Betting.
3. **Safety** – As a water sport practised outdoors and subject to meteorological conditions, rowing involves an element of risk.

In taking part in any World Rowing events as a rower, I acknowledge, agree and confirm that:

- a. *I am aware of the element of risk involved in outdoor water sport and accept responsibility for the exposure of myself, crew (if applicable) and boat to such inherent risk;*
- b. *I am responsible for my own safety and that of my boat and my other property both on the water and on the land;*
- c. *It is my responsibility to ensure that my boat is in good order, that it is equipped to take part in the event and I have an appropriate state of health and fitness to participate;*

In taking part in any World Rowing event in any role, I acknowledge, agree and confirm that:

- a. *I am responsible for any injury, damage or loss to the extent caused by my own actions or omissions;*
- b. *I am, or my club / Member Federation is, responsible to have adequate and appropriate insurance cover in place for the duration of my participation at any World Rowing event.*

Such insurances shall include, but are not limited to, general (third party) liability, travel, medical expenses (including repatriation), property and equipment.

4. **Anti-doping** – Notwithstanding the WADA Athlete Data Consent Form (World Rowing Bye-Law to Article 57, Appendix S10b), the authority of World Rowing regarding anti-doping set out in World Rowing’s Statutes, Rules and Bye-Laws and the World Anti-Doping Code and Regulations including to implement in- and out-of-competition anti-doping testing and the biological passport; and,
- confirm that I do not use and that I will not, as a rower, use substances or methods or, as a support person, participate in or facilitate any acts that are prohibited by the World Rowing anti-doping rules and the World Anti-Doping Code;*
 - agree to submit to any tests (blood, urine, breath, DNA, etc.) carried out by World Rowing, WADA or any other approved agency; and,*
 - accept if I infringe the anti-doping provisions, that I might be penalised extending to, in a relevant case, a life ban from all competition.*

In the event of any conflict between the World Rowing Commitment Form and the WADA Athlete Data Consent Form, the WADA form takes authority.

5. **Photographs** – *the prohibition of the use of any photographs, videos or films or other images that I might take during World Rowing events, international regattas and other World Rowing activities other than for personal or non-commercial purposes, without specific written authorisation from World Rowing.*
6. **Filming** – *the possibility of being filmed, (either for television or other medium), photographed, identified or recorded in any other way during World Rowing events, international regattas or other World Rowing activities in which I take part under the conditions and for purposes currently or in the future authorised by World Rowing. Such films or other recordings may be used by World Rowing, or parties authorised by World Rowing, in any way, including sale and advertising, for the promotion and development of rowing, without any right to payment of compensation, but excluding the use which implies endorsement by me of any other commercial entity, product or service.*
7. **Personal Data** – *that World Rowing, or third parties contracted by World Rowing, may collect, store, process, use and disclose to third parties, my personal data related to participation in any competition organised under the umbrella of World Rowing (the “Personal Data”) to the extent necessary to facilitate participation in, and/or the organising and promoting of, rowing competitions, and may create and keep up to date my Personal Data on sports databases, and may use such Personal Data in any other way in which I have or will provide my express consent or as may be required by law.*
8. **Social Media** – *that if I publish any comments, opinions and any other material in any way, including on social and digital media at or in relation to a World Rowing event or activity, I am solely responsible for the consequences of this action. I will ensure that these comments or opinions comply with applicable laws and that all necessary permissions have been obtained from any third parties whose image or property is used. When using social and digital media, I will not:*
- Violate the privacy of third parties;*
 - Infringe upon any intellectual property rights, or other rights of any third party;*
 - Disclose any information which is confidential or private in relation to another person or organisation;*
 - Interfere with the competitions or ceremonies of World Rowing events, or*
 - Violate security measures instituted to ensure the safe conduct of World Rowing events.*

In addition, I acknowledge that I can be held personally liable for any commentary and/or material deemed to be obscene, offensive, defamatory or otherwise illegal, or infringing on any third party’s rights.

-
9. **Jurisdiction** – *World Rowing’s jurisdiction to make any decision or impose any sanction within its field of competence and I will accept all such World Rowing decisions or sanctions with only the reservation of paragraph 10 below.*
 10. **Right to Appeal** – *the Court of Arbitration for Sport (CAS), in Lausanne Switzerland, as the only competent judicial authority external to World Rowing to settle in a definitive manner any litigation remaining after all internal World Rowing remedies have been exhausted and any appeal against a final decision taken by World Rowing which affects me, and that this excludes any other ordinary court of law, any civil judicial authority of any country and any arbitration body.*
 11. **Swiss Law** – *the application of Swiss law and the Swiss federal procedural law as supplemental to World Rowing and CAS rules and regulations with Lausanne as the only place and seat of the arbitration.*
 12. **Validity** – *this commitment remains in force unless and until I have formally revoked it in writing and such written revocation has reached the World Rowing headquarters.*

Place: _____ Signature: _____

Date (dd/mm/yyyy): ____ / ____ / ____

APPENDIX S10b

BYE-LAW TO ARTICLE 57 – COMMITMENT FORMS

S10b – WADA Consent Form

Full Name: _____
(as it appears on your passport)

Country code: _____ Sex (F or M): _____

Birth Date (dd/mm/yyyy): _____ / _____ / _____

As a member of World Rowing and/or a participant in an event authorised or recognised by World Rowing, I hereby declare as follows:

1. I acknowledge that I am bound by, and confirm that I shall comply with, all of the provisions of the World Rowing Anti-Doping Rules (as amended from time to time), the World Anti-Doping Code (the “Code”) and the International Standards issued by the World Anti-Doping Agency (“WADA”), as amended from time to time, and published on WADA’s website.
2. I acknowledge the authority of World Rowing and its member National Federations and/or National Anti-Doping Organisations under World Rowing’s Anti-Doping Rules to enforce, to manage results under, and to impose sanctions in accordance with World Rowing’s Anti-Doping Rules.
3. I acknowledge and agree that any dispute arising out of a decision made pursuant to World Rowing’s Anti-Doping Rules, after exhaustion of the process expressly provided for in World Rowing’s Anti-Doping Rules, may be appealed exclusively as provided in Article [13] of World Rowing’s Anti-Doping Rules to an appellate body, which in the case of International-Level Athletes is the Court of Arbitration for Sport (CAS).
4. I acknowledge and agree that the decisions of the appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I understand that:
 - a. my data, such as my name, contact information, birthdate, gender, sport nationality, voluntary medical information, and information derived from my testing sample will be collected and used by World Rowing and its member National Federations and/or National Anti-Doping Organisations and WADA for anti-doping purposes;
 - b. WADA-accredited laboratories will use the anti-doping administration and management system (“ADAMS”) to process my laboratory test results for the sole purpose of anti-doping, but shall only have access to de-identified, key-coded data that will not disclose my identity;
 - c. I may have certain rights in relation to my Doping Control-related data under applicable laws and under WADA’s International Standard for the Protection of Privacy and Personal Information (ISPPPI), including rights to access, rectification, restriction, opposition and deletion, and remedies with respect to any unlawful processing of my data, and I may also have a right to lodge a complaint with a national regulator responsible for data protection in my country;
 - d. if I object to the processing of my Doping Control-related data or withdraw my consent, it still may be necessary for World Rowing and its member National Federations and/or National Anti-Doping Organisations and/or WADA to continue to process (including retain) certain parts of my Doping Control-related data to fulfil obligations and responsibilities arising under the Code, International Standards or national anti-doping laws notwithstanding my

- request; including for the purpose of investigations or proceedings related to a possible anti-doping rule violations; or to establish, exercise or defend against legal claims involving me, WADA and/or an Anti-Doping Organisation;*
- e. preventing the processing, including disclosure, of my Doping Control-related data may prevent me, WADA or Anti-Doping Organisations from complying with the Code and relevant WADA International Standards, which could have consequences for me, such as an anti-doping rule violation, under the Code;*
 - f. to the extent that I have any concerns about the processing of my Doping Control-related data I may consult with World Rowing and/or WADA (privacy@wada-ama.org), as appropriate.*
- 6. I understand and agree to the possible creation of my profile in ADAMS, which is hosted by WADA on servers based in Canada, and/or any other authorised National Anti-Doping Organisation's similar system for the sharing of information, and to the entry of my Doping Control, whereabouts, Therapeutic Use Exemptions, Athlete Biological Passport, and sanction-related data in such systems for the purposes of anti-doping and as described above. I understand that if I am found to have committed an anti-doping rule violation and receive a sanction as a result, that the respective sanctions, my name, sport, Prohibited Substance or Method, and/or tribunal decision, may be publicly disclosed by World Rowing and its member National Federations and/or National Anti-Doping Organisations in accordance with the Code. I understand that my information will be retained for the duration as indicated in the ISPPPI.*
- 7. I understand and agree that my information may be shared with competent Anti-Doping Organisations and public authorities as required for anti-doping purposes. I understand and agree that persons or parties receiving my information may be located outside the country where I reside, including in Switzerland and Canada, and that in some other countries data protection and privacy laws may not be equivalent to those in my own country. I understand that these entities may rely on and be subject to national anti-doping laws that override my consent or other applicable laws that may require information to be disclosed to local courts, law enforcement, or other public authorities. I can obtain more information on national anti-doping laws from my International Federation or National Anti-Doping Agency.*

Place: _____ Signature: _____

Date (dd/mm/yyyy): _____ / _____ / _____

Please send this form by post to World Rowing, Av. de Rhodanie 54, 1007 Lausanne, Switzerland or submit it to the World Rowing Office at a World Rowing regatta.

APPENDIX S11

BYE-LAWS TO ARTICLE 58 – WORLD ROWING'S CODE OF ETHICS

1. Preamble

- 1.1 *World Rowing is responsible for safeguarding the integrity of the sport of rowing worldwide. World Rowing strives to protect the sport of rowing from illegal, immoral or unethical practices that may harm it and bring it into disrepute.*
- 1.2 *World Rowing is committed to safeguarding and protecting the welfare of all participants and acknowledges that some participants such as children, those with disabilities, and those from minority backgrounds can be particularly vulnerable to abuse.*
- 1.3 *This Code defines the most important standards of behaviour and conduct within World Rowing as well as with external parties.*
- 1.4 *The conduct of persons bound by this Code shall reflect the fact that they support the principles and objectives of World Rowing in every way and refrain from anything that could be harmful to these principles and objectives. They shall respect the significance of their commitment to World Rowing and its members, and represent them and behave towards them honestly, fairly, respectably and with integrity.*

2. Parties Covered

This Code covers any party that deals with World Rowing, is a member of World Rowing or shares in its activities, including a party which:

- 2.1 *Participates in an event under the authority of World Rowing;*
- 2.2 *Acts as an official (trainer, coach, team manager, delegate, representative, etc.) of a team, a club, a Member Federation, or a recognised continental rowing confederation or Member Grouping;*
- 2.3 *Officiates as an international umpire or in a similar role;*
- 2.4 *Organises or participates in a competition which is placed under World Rowing's authority, according to the Statutes and Rules of Racing;*
- 2.5 *Assumes any role within World Rowing, within its Council, its Executive Committee, one of its Commissions or Committees or Working Groups; or*
- 2.6 *Otherwise deals with World Rowing and/or shares in its activities;*
in relation to that dealing with World Rowing or involvement in its activities.

3. Relevant Conduct

- 3.1 *Parties covered by this Code are obliged to respect all applicable laws and regulations as well as World Rowing's Statutes, Rules, Bye-Laws and Event Regulations.*
- 3.2 *Parties covered by this Code shall act in an ethical and dignified manner, and with complete integrity and credibility.*
- 3.3 *Parties covered by this Code may not abuse their position in any way to take advantage of their position for private, personal, commercial or other advantage or gain.*
- 3.4 *In all their dealings with World Rowing or their involvement in World Rowing's activities, parties covered by this Code shall remain neutral and act in a manner compatible with their function and integrity.*
- 3.5 *Information of a confidential nature in the knowledge of parties covered by this Code is to be treated as confidential. The obligation to respect confidentiality survives the termination of any relationship which makes a party covered by this Code.*

- 3.6 *Parties covered by this Code must not offer, promise, give or accept any personal or undue pecuniary or other advantage in order to obtain or retain business or any other improper advantage to or from anyone within or outside World Rowing. Such acts are prohibited, regardless of whether carried out directly or indirectly through, or in conjunction with, intermediaries or related parties. In particular, parties covered by this Code must not offer, promise, give or accept any undue pecuniary or other advantage for the execution or omission of an act that is related to their official activities and contrary to their duties or falling within their discretion.*
- 3.7 *Parties covered by this Code are prohibited from misappropriating or misusing World Rowing assets, regardless of whether carried out directly or indirectly through, or in conjunction with, intermediaries or related parties.*
- 3.8 *Parties covered by this Code are prohibited from accepting a commission or promises of such commission for themselves or intermediaries and related parties for negotiating deals of any kind while performing their duties.*
- 3.9 *Parties covered by this code acknowledge the Athletes' Rights and Responsibilities Declaration (See Appendix S11a).*

4. Duty of Disclosure

- 4.1 *Subject to 9.2, parties covered by this Code shall immediately report any potential breach of this Code to the World Rowing Executive Committee.*
- 4.2 *Parties covered by this Code are obliged to contribute to clarifying the facts of a case, or clarifying possible breaches and to provide evidence requested by the Ethics Panel.*

5. Conflicts of Interest

- 5.1 *Parties covered by this Code or parties standing for election to World Rowing or other relevant body shall disclose to World Rowing or that body any personal interests that could be linked with their activities or prospective activities.*
- 5.2 *A Council or Executive Committee member must declare any conflict of interest regarding matters before a Council or Executive Committee meeting and not take part in a vote or determinative discussion where such a conflict exists. The declaration and proceedings related to a conflict must be documented in the meeting Minutes.*
- 5.3 *Conflicts of interest arise if parties covered by this Code have, or appear to have private or personal interests that detract or may detract from their ability to perform their duties for World Rowing with integrity in an independent, fair and correct manner. Private or personal interests include gaining any possible advantage for the parties covered by this Code themselves, their family, relatives, friends, and acquaintances. In cases requiring interpretation, reference shall be made to the section entitled "Rules concerning conflicts of interest affecting the behaviour of Olympic parties" in the IOC Code of Ethics.*

6. Gifts and other Benefits

- 6.1 *Parties covered by this Code may only offer or accept gifts or other benefits in relation to their dealings with World Rowing or in conjunction with their involvement in World Rowing activities which meet all of the following criteria:*
 - a. *Have symbolic or trivial value and do not influence the execution or omission of an act that is related to their official activities or falls within their realm of responsibility;*
 - b. *Do not create any pecuniary or other advantage; and*
 - c. *Do not create a conflict of interest.**If in doubt, gifts shall not be offered or accepted.*

- 6.2 *Parties covered by this Code shall not offer to or accept from anyone within World Rowing cash in any amount or form or any reimbursement for expenses which are not official activities.*
- 6.3 *Parties covered by this Code may not be reimbursed by World Rowing for the costs associated with family members or associates accompanying them to official events, unless expressly permitted to do so by the World Rowing Executive Committee. Any such permission must be documented.*

7. Non-Discrimination and Harassment

- 7.1 *Parties covered by this Code may not offend the dignity or integrity of a country, private person or group of people through contemptuous, or discriminatory words or actions on account of race, skill, colour, ethnicity, national or social origin, gender, language, religion, political opinion or any other opinion, wealth, birth or any other status, sexual orientation or any other reason.*
- 7.2 *Harassment is forbidden. Harassment is defined as systematic, hostile and repeated acts over an extended period, that result in a person or group being isolated or ostracised and affect the dignity of a person or group.*
- 7.3 *Sexual Harassment is forbidden. Sexual harassment is defined as unwelcome sexual advances that are not solicited or invited. The assessment is based on whether a reasonable person would regard the conduct as undesirable or offensive. Threats, the promise of advantages and coercions are particularly prohibited.*
- 7.4 *Parties covered by this Code are also bound by the World Rowing Policy on Safeguarding Participants in Rowing from Harassment and Abuse and the related Procedures document, annexed to this Code (Appendix S11b) and which shall be considered integral to this Code.*

8. World Rowing Resources and Finances

- 8.1 *World Rowing resources may be used only for World Rowing purposes.*
- 8.2 *World Rowing resources distributed to parties covered by this Code shall be recorded in their accounts, which must be maintained in accordance with generally accepted accounting principles. World Rowing may require an independent auditor to audit these accounts as a condition of such funding or distribution.*
- 8.3 *In cases where World Rowing gives financial support to parties covered by the Code the use of these World Rowing resources must be clearly demonstrated in the accounts.*
- 8.4 *The parties covered by the Code recognise the significant contribution that broadcasters, sponsors, partners and other supporters of rowing make to the development and prestige of the sport of rowing throughout the world. However, such support must be in a form consistent with the rules of sport and the principles defined in the World Rowing Statutes and this Code. They must not interfere in the running of rowing institutions. The organisation and staging of rowing competitions are the exclusive responsibility of World Rowing, the Member Federations or other independent organisations recognised by World Rowing.*

9. Application of the Code

- 9.1 *This code shall apply to any conduct referred to in paragraphs 3 to 8 hereof which occurs after adoption of this Bye-Law. The Executive Committee may appoint an Ethics Panel (see paragraph 9.4 below) responsible to decide whether any conduct referred to it falls within paragraphs 3 to 8 of this Bye Law.*
- 9.2 *Complaint – Anyone, including members of the Executive Committee, may make a complaint to the World Rowing President. In accordance with Art. 60, any complaint concerning a member of the Executive Committee may be submitted directly to the IOC Ethics Commission.*
- 9.3 *Decision to refer the complaint – The World Rowing President with up to two members of the Executive Committee or, in the case of a complaint against a member of the Executive*

Committee, the IOC Ethics Commission, will decide if there is, *prima facie*, a possible violation of the Code and, if yes, they may refer the complaint to the relevant Ethics Panel. For complaints relating to the Policy on Safeguarding Participants in Rowing from Harassment and Abuse, the Case Management Panel shall determine whether there may have been a violation of that policy, and if yes, shall recommend referral to an Ethics Panel which shall be convened by the Executive Director.

- 9.4 *World Rowing Ethics Panel – At World Rowing, alleged violations of the Code (excluding those involving an Executive Committee member) may be assessed and decided upon by an Ethics Panel comprised of three persons: an Executive Committee member and two members selected from the World Rowing Ethics Advisory Group; one member of the Panel must be a recognised legal expert. The President and Executive Committee members that have been involved in the decision to refer the complaint to a World Rowing Ethics Panel cannot participate as members of that Panel. Where the possible violation relates to the Policy on Safeguarding Participants in Rowing from Harassment and Abuse, the Panel will comprise Ethics Advisory Group members only, one of whom shall have relevant experience in Safeguarding matters. The Panel shall designate a chair of the panel (Panel Chair).*
- 9.5 *World Rowing Ethics Advisory Group – The Ethics Advisory Group is comprised of independent individuals who are independent of World Rowing and who are recognised for their involvement in the world of sport, their experience and their integrity. These individuals are appointed by the Executive Committee for a four-year term starting on 1 January of the year following the Olympic and Paralympic Games and may be reappointed. The list of members of the Ethics Advisory Group will be published on the World Rowing website.*
- 9.6 *Constitution of a World Rowing Ethics Panel – When a complaint has to be referred to an Ethics Panel, such a panel will be constituted and convened. Except for possible violations of the Policy on Safeguarding Participants in Rowing from Harassment and Abuse, the Executive Committee will appoint its representative and select one of the members of the Ethics Advisory Group; the person accused of violation of the Code may select, in a time set by the Executive Director, the third member from the list of Ethics Advisory Group members. If the person accused does not do so, in a reasonable timescale set by the Executive Director, the Executive Committee will select the third member.*

10. Assessment and Sanctions

- 10.1 *In reaching a decision on complaints that come before it, the Ethics Panel will apply the principles set out in Art. 63 of the Statutes.*
- 10.2 *The Ethics Panel will determine the procedure to be followed in order to ensure a fair assessment of the complaint. Where the possible violation relates to the Policy on Safeguarding Participants in Rowing from Harassment and Abuse, the Ethics Panel will refer to that Policy and the related Procedures.*
- 10.3 *After having assessed all elements of the complaint, the Ethics Panel will render a decision. In the case of any decision that there has been an infringement of this Code, the Ethics Panel may impose the sanctions set out in Art. 64 of the Statutes, including deciding the scope and duration of the sanction, and the geographical reach of the sanction. The sanction may be imposed by taking into account all relevant factors in the case, including the offender's assistance and cooperation, the motive, the circumstances and the degree of the offender's guilt, as well as whether the breach has been repeated or more than one breach has been committed. The sanction will be final within World Rowing.*
- 10.4 *The Ethics Panel may apply the other provisions of Art. 64 of the Statutes, regarding suspension of a sanction or ordering payment of a fine.*
- 10.5 *The Ethics Panel shall notify the appropriate law enforcement authorities in a relevant case.*

- 10.6 *The Ethics Panel reserves the right to allocate, in part or in totality, the administrative costs associated with the management of the complaint to the parties involved in the case, as the Ethics Panel deems appropriate.*
- 10.7 *The World Rowing Executive Committee may publish a sanction and some or all of the details of any violation including the name and affiliations of any individual sanctioned, determining the appropriate level of disclosure, taking into account confidentiality and any recommendation from the Ethics Panel.*
- 10.8 *Any appeal against a decision of the Ethics Panel under this Code or of the IOC Ethics Commission regarding a member of the World Rowing Executive Committee may be made only to the Court of Arbitration for Sport under Arts. 65 or 66 of the World Rowing Statutes.*

APPENDIX S11a

ATHLETES' RIGHTS AND RESPONSIBILITIES DECLARATION

Developed by athletes for athletes, through a worldwide consultation process, reflecting the views of athletes.

Athletes and their interests are integral to the Olympic Movement. This Declaration outlines a common set of aspirational rights and responsibilities for athletes within the Olympic Movement and within the jurisdiction of its members. It is inspired by the Universal Declaration of Human Rights and other internationally recognised human rights standards, principles and treaties. Its objective is to guide the Olympic Movement's actions.

All members of the Olympic Movement, particularly the International Olympic Committee, the International Sports Federations and the National Olympic Committees, will strive to promote respect for these rights and responsibilities. They are encouraged to develop mechanisms for effective remedies related to these rights and responsibilities, and athletes are encouraged to make use of these mechanisms.

I. Athletes' Rights

This Declaration aspires to promote the ability and opportunity of athletes to:

- 1. Practise sport and compete without being subject to discrimination on the basis of race, colour, religion, age, sex, sexual orientation, disability, language, political or other opinion, national or social origin, property, birth or other immutable status.*
- 2. Be part of a transparent, fair and clean sporting environment, particularly one that fights against doping and competition manipulation, and provides for transparent judging/refereeing,*
- 3. selection and qualification processes, and appropriate competition schedules, including training schedules at such competitions.*
- 4. Access general information on athlete and competition-related matters in a timely and clear manner.*
- 5. Access education on sports-related matters as well as to work or study while actively training and competing, should the athlete choose to do so and where practicable.*
- 6. Leverage opportunities to generate income in relation to their sporting career, name and likeness, while recognising the intellectual property or other rights, rules of the event and of sports organisations as well as the Olympic Charter.*
- 7. Fair and equal gender representation.*
- 8. The protection of mental and physical health, including a safe competition and training environment and protection from abuse and harassment.*
- 9. Elected athlete representation within sporting organisations of the Olympic Movement.*
- 10. Report unethical behaviour without fear of retaliation.*
- 11. Privacy, including protection of personal information.*
- 12. Freedom of expression.*
- 13. Due process, including the right to a fair hearing within a reasonable time by an independent and impartial panel, the right to request a public hearing and the right to an effective remedy.*

II. Athletes' Responsibilities

This Declaration encourages athletes to:

- 1. Uphold the Olympic values and adhere to the Fundamental Principles of Olympism.*

2. *Respect the integrity of sport and compete as a clean athlete, in particular by not doping and not manipulating competitions.*
3. *Act in accordance with the IOC Code of Ethics and be encouraged to report unethical behaviour, including instances of doping, competition manipulation, prohibited discrimination and abuse and harassment.*
4. *Comply with applicable national laws, and the rules of the qualification processes and competitions, of the sport, and of the relevant sporting organisation, as well as the Olympic Charter.*
5. *Respect the rights and well-being of, and not discriminate against, other athletes, their entourage, volunteers and all others within the sporting environment, and refrain from political demonstration in competitions, competition venues and ceremonies.*
6. *Respect the solidarity principle of the Olympic Movement, which allows assistance and support to be provided among athletes and members of the Olympic Movement.*
7. *Act as a role model, including by promoting clean sport.*
8. *Inform themselves and be aware of their responsibilities.*
9. *Participate in hearings when requested to do so and provide truthful testimony in such proceedings.*
10. *Participate and vote in athlete representatives' elections.*

This Declaration has been presented to and adopted by the 133rd IOC Session in Buenos Aires on behalf of the Olympic Movement.

2018.10.09

APPENDIX S11b

SAFEGUARDING PARTICIPANTS IN ROWING FROM HARASSMENT AND ABUSE

Part I: World Rowing Policy - Safeguarding Participants in Rowing from Harassment and Abuse

1. Policy Statement

- 1.1 World Rowing believes that it is a fundamental right of all individuals involved with World Rowing, whether they are an athlete, staff, or a volunteer, to be able to participate in a non-violent, safe and respectful environment.
- 1.2 In that spirit, World Rowing acknowledges its duty of care in this regard and is committed to creating and supporting an environment and a culture free from harassment and abuse. The welfare of all individuals involved with World Rowing is paramount. Behaviour and actions that constitute harassment and abuse will not be tolerated.
- 1.3 All forms of harassment and abuse constitute a violation of the World Rowing Code of Ethics and the International Olympic Committee (IOC) Code of Ethics.
- 1.4 World Rowing Member Federations, volunteers and staff are bound by the principles of this Policy and are deemed to have agreed to comply with this Policy.

2. Definition of Harassment and Abuse

- 2.1 World Rowing has adopted the definitions of harassment and abuse as set out in the IOC Consensus Statement 2016 (www.olympic.org/athlete365/library/safe-sport/):

“Harassment and abuse can be expressed in five forms which may occur in combination or in isolation. These include i) psychological abuse, ii) physical abuse, iii) sexual harassment, iv) sexual abuse, and v) neglect.

These forms of abuse are defined here as:

Psychological abuse – means any unwelcome act including confinement, isolation, verbal assault, humiliation, intimidation, infantilization, or any other treatment which may diminish the sense of identity, dignity, and self-worth.

Physical abuse – means any deliberate and unwelcome act – such as for example punching, beating, kicking, biting and burning – that causes physical trauma or injury. Such act can also consist of forced or inappropriate physical activity (e.g., age-, or physique-inappropriate training loads; when injured or in pain), forced alcohol consumption, or forced doping practices.

Sexual harassment – any unwanted and unwelcome conduct of a sexual nature, whether verbal, non-verbal or physical. Sexual harassment can take the form of sexual abuse.

Sexual abuse – any conduct of a sexual nature, whether non-contact, contact or penetrative, where consent is coerced/manipulated or is not or cannot be given.

Neglect – within the meaning of this document means the failure of a coach or another person with a duty of care towards the athlete to provide a minimum level of care to the athlete, which is causing harm, allowing harm to be caused, or creating an imminent danger of harm.

Harassment and abuse can be based on any grounds including race, religion, colour, creed, ethnic origin, physical attributes, gender, sexual orientation, age disability, socio-economic status and athletic ability. It can include a one-off incident or a series of incidents. It may be in person or online (or by other means).

Harassment may be deliberate, unsolicited and coercive.

Harassment and abuse often result from an abuse of authority, meaning the improper use of a position of influence, power or authority by an individual against another person.

The IOC Consensus Statement 2008, considers that harassment and abuse are on a continuum; and therefore, should not be separated."

- 2.2 *There are a further five types of abuse. Further information can be found here: <https://www.virtual-college.co.uk/resources/2018/04/ten-types-of-abuse-you-should-be-aware-of>*

3. Purpose of the Policy

The World Rowing Policy on Safeguarding Participants in Rowing from Harassment and Abuse aims to:

- 3.1 *Provide a framework for promoting the prevention of harassment and abuse*
- 3.2 *Raise awareness of, and provide clarity on, what constitutes harassment and abuse*
- 3.3 *Outline the process for reporting incidents and case management of harassment and abuse*

Thereby promoting a safe environment for all involved in the sport of rowing.

4. Scope of the Policy

- 4.1 *This Policy applies to all individuals involved with World Rowing, namely "any party that deals with World Rowing, is a member of World Rowing or shares in its activities" (see Art.56), including:*
 - a. *Athletes*
 - b. *Coaches, medical personnel and athlete entourage*
 - c. *World Rowing Staff & Consultants*
 - d. *World Rowing Council & Commission members*
 - e. *All persons participating in World Rowing activities including all accredited persons at a World Rowing sanctioned event, representatives of Member Federations, recognised Continental Rowing Confederations, recognised Member Groupings, Organising Committees for World Rowing events, subcontractors and volunteers.*
- 4.2 *In applying the policy, World Rowing recognises that some athletes or individuals may have particular vulnerabilities, such as juniors, para athletes, minorities.*
- 4.3 *The above individuals shall be referred to as 'Participants'.*

5. Roles and Responsibilities

- 5.1 *World Rowing is responsible for:*
 - a. *Implementing this Policy.*
 - b. *Raising awareness of this Policy and the procedure for reporting an incident of harassment and abuse, across all Participants of World Rowing activities.*
 - c. *Ensuring that reports of harassment and abuse that are brought to its attention are managed in a timely manner, fairly and responsibly.*
 - d. *Providing appropriate support to concerned Participants of an alleged incident of harassment or abuse.*
 - e. *Imposing appropriate disciplinary or corrective measures when there has been a violation of this Policy.*
 - f. *Ensuring that there is a safeguarding plan and reporting procedure in place at all World Rowing events.*
 - g. *Providing and raising awareness of suitable educational resources and training opportunities for Participants.*
 - h. *Updating the Policy and related procedures from time to time.*

5.2 *Member Federations are responsible for:*

- a. *Defining and implementing their own policies and procedures to protect their athletes, staff and volunteers from harassment and abuse, adapted to their own national legal framework and consistent with the World Rowing Policy. It is recommended to use the IOC Safeguarding Toolkit referenced in section 7 of this Policy when developing local national policies and procedures.*
- b. *Managing reports of alleged incidents of harassment and abuse relating to persons that are members of their national federation, through their regional bodies or clubs, including athletes, staff and volunteers.*
- c. *Ensuring all Participants representing their federation in a World Rowing activity, are aware of and understand the World Rowing Policy on Safeguarding Participants in Rowing from Harassment and Abuse.*
- d. *Advising World Rowing of any formal disciplinary sanctions relating to harassment and abuse imposed by the Member Federation, and of any suspensions where the individual may present a risk to World Rowing Participants at that time or in the future.*

5.3 *Participants are responsible for:*

- a. *Taking action to safeguard others against harassment and abuse in rowing and for taking immediate action once it has been identified, whether or not a complaint has been made.*
- b. *Reporting their concerns to the Safeguarding Officer or appropriate Designated Person where they have reason to believe that another Participant has experienced or is experiencing harassment and abuse. Information should be shared on a 'needs to know' basis only. The person making a report should keep a confidential note of the information they have passed on and to whom.*
- c. *Advising World Rowing of any formal disciplinary sanctions relating to harassment and abuse that they have received.*

6. Reporting, Investigation and Disciplinary Procedures

The procedures relating to this Policy are outlined in the annexed 'World Rowing Procedures - Safeguarding Participants in Rowing from Harassment and Abuse'.

7. Educational & Related Resources

- 7.1 *The IOC Safeguarding Toolkit has been created to assist the Olympic Movement to develop and implement athlete-safeguarding policies and procedures (www.olympic.org/athlete365/safeguarding/).*
- 7.2 *To complement the toolkit and ensure that athletes, their entourage and other individuals understand the core components of this sensitive topic, the IOC Athlete Safeguarding e-learning course has been developed and launched on the IOC Athlete Learning Gateway and is free and accessible to all. (<http://onlinecourse.olympic.org/course/baseview.php?id=39>).*
- 7.3 *Additional resources:*
 - a. *World Rowing Code of Ethics*
 - b. *IOC Code of Ethics*
 - c. *IOC Consensus Statement 2016: Harassment and Abuse in Sport*
 - d. *United Nations Convention on the Rights of the Child*
 - e. *International Safeguarding Children in Sport guidelines (with resources available in several languages)*
 - f. *The Council of Europe: Article 1. (ii) of the European Sports Charter (version dated 2001)*

- g. *UNESCO: Article 10.1 of the Revised International Charter of Physical Education, Physical Activity and Sport (version dated 2015)*
- h. *UN Declaration of Human Rights*
- i. *Safe Sport International*

8. Glossary

Abuse – Abuse is defined as any action that intentionally harms or injures another person. Abuse is sometimes also referred to as non-accidental violence.

Child – The United Nations Convention on the Rights of the Child defines child as “a human being below the age of 18 years unless under the law applicable to the child, majority is attained earlier”. Early childhood relates to those below 8 years of age. Juvenile or young person and adolescents are 10–19 years of age.

Child Protection – UNICEF uses the term ‘child protection’ to refer to preventing and responding to violence, exploitation and abuse against children. Article 19 of the UN Convention on the Rights of the Child provides for the protection of children in and out of the home.

Designated Person – A Designated Person is an appropriately trained person who oversees safeguarding responsibilities at a World Rowing event and reports to the Safeguarding Officer.

Safeguarding – Safeguarding is the action that is taken to promote the welfare of vulnerable adults or children and protect them from harm, including protecting them from harassment and abuse.

Safeguarding Officer – The Safeguarding Officer is the principal person in the organisation who receives reports concerning the welfare of Participants, who coordinates the management of the reports and responds to queries in relation to this Policy.

9. Acknowledgements

World Rowing acknowledges the significant contribution of the World Rowing Athletes Commission and World Rowing Sports Medicine Commission in raising awareness of this important issue and championing the needs of the Athletes. Both Commissions have been instrumental in the development and implementation of this Policy.

PART II: World Rowing Procedures - Safeguarding Participants in Rowing from Harassment and Abuse

The following Procedures relate to the World Rowing Policy on Safeguarding Participants in Rowing from Harassment and Abuse (hereafter referred to as the ‘Policy’) and are intended to provide guidance on how reports of incidents of Harassment or Abuse shall be managed by World Rowing.

1. Reporting Procedure

- 1.1 *Anyone who has a concern about a possible incident of Harassment or Abuse that relates to World Rowing activities should report it. Individuals are encouraged to submit a report through the correct channels as outlined below (see 1b). Directly affected individuals as well as third-party individuals who have witnessed a possible incident of Harassment or Abuse can report the incident.*
- 1.2 *Any person who reports a possible incident of harassment or abuse in good faith shall not be subject to reprisal because of submitting a report; their identity shall be treated confidentially. These protections shall not apply to a person intentionally making false accusations.*
- 1.3 *At World Rowing, the Safeguarding Officer (SGO) shall be the person responsible for managing and coordinating reports received under these Procedures.*
- 1.4 *When to report*
 - a. *All possible incidents of Harassment or Abuse should be reported as soon as possible;*
 - b. *If the directly affected individual is under 18 years of age there is a duty to report;*

3. Jurisdiction

- 3.1 *The SGO shall review the report and determine whether the matter relates to a Participant under World Rowing's jurisdiction (as defined in paragraph 4 of the Policy). A Case Management Panel (CMP) may be convened to provide support in the identification of jurisdiction.*
- 3.2 *The SGO, with the CMP, may recommend one the following actions:*
 - a. *If the report is considered to relate to a criminal offence, it shall be referred to the Police and relevant authorities;*
 - b. *If the report is considered to be outside World Rowing's jurisdiction, it shall be referred to the appropriate person or organisation, e.g., a Member Federation;*
 - c. *If the report is considered to be within World Rowing's jurisdiction, the CMP, with the SGO, shall carry out an assessment (see paragraph 4 below).*
- 3.3 *For all cases reported to World Rowing, regardless of jurisdiction, the SGO shall keep a record of the status of the reports to ensure appropriate follow-up and shall keep the directly affected individual(s) and/or third party informed on next steps.*

4. Assessment

- 4.1 *For reports that are considered to be within World Rowing's jurisdiction, the CMP, with the SGO, shall make an initial assessment of the incident. This assessment is to determine the nature of the concern and whether a violation of the Policy may have occurred.*
- 4.2 *The CMP may take the following actions:*
 - a. *Refer the report to the Police and relevant authorities, if the assessment indicates an alleged incident of Harassment or Abuse and is deemed to relate to a criminal offence;*
 - b. *Recommend to the Executive Director the imposition of a provisional suspension, if there is a risk of imminent or further harm or as a neutral act to protect both parties;*
 - c. *Appoint an investigator to carry out an investigation and produce a detailed report (see paragraph 5 below);*
 - d. *Close the report, if an incident of Harassment or Abuse is not indicated. Where there are outstanding issues that may relate to transgressions of World Rowing rules, e.g., other ethics related issues, the case may be passed to the appropriate body.*
- 4.3 *N.B. Consideration shall be given as to the appropriate time to inform the accused person and to advise them of the procedures that are being followed. World Rowing (including the CMP and the SGO) shall provide fair procedures and shall respect the fundamental rights of the accused person.*

5. Investigation

- 5.1 *The CMP shall be responsible for carrying out an investigation of the reported incident and the preparation of a detailed report of the findings of the investigation. The CMP may appoint an investigator, who may be independent of World Rowing, to perform this task, in accordance with these Procedures and to an agreed timeline.*
- 5.2 *The investigation may involve requesting information from relevant individuals and organisations and may require oral or written statements from the relevant parties.*
- 5.3 *The detailed report of the findings shall include all necessary evidence for consideration by the CMP. The CMP, on the basis of the report, may determine that:*
 - a. *There has been a possible violation of the Policy (the Policy is integral to the World Rowing Code of Ethics) and shall recommend to the Executive Director that an Ethics Panel be convened (see paragraph 6 below). The detailed report of the investigation shall be made available to the Ethics Panel; or*

- b. Further investigations are required; or
 - c. Instructions, advice or guidance is provided to the relevant parties; and/or
 - d. No further action is required; the case is closed.
- 5.4 Where a report has been submitted to the Police or relevant authorities on the grounds of a suspected criminal offence, World Rowing shall work with the Police and/or that authority and take advice on how to proceed. The CMP may delay investigations until the matter has been referred back from the Police or other authorities.

6. Judicial Process

At the current time, possible violations of the Policy are covered by the World Rowing Code of Ethics (Bye-Law to Art. 58; World Rowing Rule Book, Appendix S11). Paragraph 9.4 of the World Rowing Code of Ethics states that "alleged violations of the Code... may be assessed and decided upon by an Ethics Panel". Paragraph 10.1 of the World Rowing Code of Ethics states that the Ethics Panel shall apply the following principles in reaching a decision:

"... shall provide due process to all parties involved and shall respect their fundamental rights. They recognise in particular:

That a person who may have a conflict of interest shall not be a member of the decision-making body;

The right of the person charged to know the charge and to examine their file;

The right to know the penalties which might be imposed;

The right to be heard, to present a defence, to produce evidence and to be assisted by counsel." (Art.63, World Rowing Rule Book)

7. Sanctions

7.1 Where it is determined that a violation of the Policy has occurred, the Ethics Panel may impose sanctions, in accordance with paragraph 10.3 of the World Rowing Code of Ethics.

7.2 The sanction imposed shall take into account the risk of repeated offence/harm; the offender's assistance, remorse and cooperation during the process, and any other mitigating factors, may also be taken into account. The standard of proof shall be whether the CMP has established a violation of the Policy to the comfortable satisfaction of the Ethics Panel. This standard of proof is more than a balance of probabilities but less than proof beyond reasonable doubt.

7.3 The sanction may include one or more of the following:

- a. Reprimand;
- b. Fine;
- c. Temporary suspension;
- d. Termination of contract;
- e. Permanent ban from World Rowing competitions and events;
- f. Any other sanction considered appropriate in the circumstances.

The Ethics Panel may also require the offender to make a written or verbal apology and/or to undergo training or supervision.

7.4 Communication of sanctions

Once a decision reached on any Safeguarding violation has become final, for example because there has been no appeal within the time-limit or because the appeal body has confirmed the decision, World Rowing will notify its Member Federations and any other organisations on a need-to-know basis e.g. IOC, IPC, of any sanction.

World Rowing may publish the sanction and some or all of the details of any violation including the name and affiliations of any individual sanctioned, determining the appropriate level of disclosure, taking into account confidentiality and subject to consultation with the Ethics Panel.

If, before a decision has become final, World Rowing, or the Ethics Panel, believe there is good reason or risk of irreparable harm, they may place a temporary suspension on an individual from participating in some or all rowing-related activities, as a neutral act, to protect all parties.

8. Appeals

In accordance with paragraph 10.8 of the World Rowing Code of Ethics, "any appeal against a decision of the Ethics Panel ... may be made only to the Court of Arbitration for Sport under Arts. 65 or 66 of the World Rowing Statutes".

9. Mutual Recognition

9.1 Any decision reached by World Rowing pursuant to this Policy which has become final must be communicated to all National Rowing Federations, and recognised as well as respected by them.

9.2 Where World Rowing is informed that a Participant has been:

- a. convicted by a Court of Justice of a criminal offence which would constitute a violation of this Policy; or
- b. held by his/her National Federation or any other competent sports governing body to which he/she is subject, to have committed a violation which would constitute a violation under this Safeguarding Policy;

World Rowing shall recognise the applicable conviction/decision imposed, providing World Rowing is satisfied that fair procedures have been followed, in accordance with Art.63, paragraph 1 and that a violation which constitutes a violation under this Safeguarding Policy has been committed.

9.3 Where appropriate, World Rowing reserves the right to open a separate disciplinary procedure against the Participant in relation to their World Rowing related activities.

9.4 World Rowing shall communicate any decision relating to paragraphs 9.1 and 9.2, in accordance with paragraph 7.4.

10. Glossary

Abuse – Abuse is defined as any action that intentionally harms or injures another person. Abuse is sometimes also referred to as non-accidental violence.

Safeguarding Advisory Group (SAG) – The SAG will be responsible for ensuring that allegations, incidents or referrals related to the safeguarding of children or athletes, or other individuals in rowing are dealt with fairly and equitably and within appropriate timescales. This includes ensuring that information disclosed regarding appropriateness of individuals to work in rowing is considered and decisions are taken on a consistent and equitable basis. The SAG will be comprised of individuals recognised for their integrity and covering a range of skills and competences, including safeguarding. The individuals will be appointed by the Executive Committee for a four-year term starting on 1 January in the year following the Olympic and Paralympic Games.

Safeguarding Case Management Panel (CMP) – A CMP of, usually, three persons will be convened from the members of the SAG for those cases that require oversight. The CMP is empowered to manage individual cases, including investigations and referrals to an Ethics Panel. The CMP will provide advice and support to the SGO as required.

Child – The United Nations Convention on the Rights of the Child defines child as "a human being below the age of 18 years unless under the law applicable to the child, majority is attained earlier". Early childhood relates to those below 8 years of age. Juvenile or young person and adolescents are 10–19 years of age.

Child Protection – UNICEF uses the term 'child protection' to refer to preventing and responding to violence, exploitation and abuse against children. Article 19 of the UN Convention on the Rights of the Child provides for the protection of children in and out of the home.

Designated Person – A Designated Person is an appropriately trained person in safeguarding issues who oversees safeguarding responsibilities at a World Rowing event and reports to the Safeguarding Officer.

Ethics Advisory Group – The World Rowing Ethics Advisory Group is a group of known individuals who are independent of World Rowing and who are recognised for their involvement in the world of sport, their experience and their integrity. The list of members of the Ethics Advisory Group is published on the World Rowing website.

Ethics Panel – A World Rowing Ethics Panel is convened when it is determined that there has been a possible violation of the World Rowing Code of Ethics. The Ethics Panel shall assess and decide upon the case and shall make sanctions where necessary. The Ethics Panel comprises 3 individuals, including members of the Ethics Advisory Group.

Harassment and Abuse – Harassment & Abuse can be expressed in five forms which may occur in combination or in isolation. These include i) psychological abuse, ii) physical abuse, iii) sexual harassment, iv) sexual abuse, and v) neglect. Harassment and abuse can be based on any grounds including race, religion, colour, creed, ethnic origin, physical attributes, gender, sexual orientation, age disability, socio-economic status and athletic ability. It can include a one-off incident or a series of incidents. It may be in person or online (or by other means). Harassment may be deliberate, unsolicited and coercive. Harassment and abuse often result from an abuse of authority, meaning the improper use of a position of influence, power or authority by an individual against another person.

Safeguarding – Safeguarding is the action that is taken to promote the welfare of vulnerable adults or children and protect them from harm, including protecting them from harassment and abuse.

Safeguarding Officer – The Safeguarding Officer is the principal person in the organisation who receives reports concerning the welfare of Participants, who coordinates the management of the reports and responds to queries in relation to this Policy.

Appendix i: Report form for incidents of harassment and abuse

(this report form can be found on the World Rowing website <https://worldrowing.com/responsibility/safeguarding/>)



Report form for incidents of harassment and abuse

1. Your name:	2. Name of organisation:
3. Your role:	
4. Your contact information: <i>Address:</i> <i>Postcode and country:</i> <i>Telephone number:</i> <i>Email address:</i>	
5. Name of the person you have concerns about [the individual]:	6. The individual's date of birth:
7. Their ethnic origin: <i>Please state</i>	8. Does this person have a disability: <i>Please state</i>
9. The individual's position/role: athlete/coach/other [<i>Please state</i>]	
10. The individual's gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	
11. If they are under 18 years, full name(s) of their parent(s) / carer(s):	
12. Contact information (parents/carers): <i>Address:</i> <i>Postal code and country:</i> <i>Telephone numbers:</i> <i>Email address:</i>	
13. Have the parents / carers been notified of this incident? <input type="checkbox"/> Yes <input type="checkbox"/> No If YES please provide details of what was said/action agreed:	
14. Are you reporting your own concerns or responding to concerns raised by someone else: <input type="checkbox"/> Responding to my own concerns <input type="checkbox"/> Responding to concerns raised by someone else	
If responding to concerns raised by someone else: <i>Please provide further information below</i>	
15. Name of the person who has raised the concern to you: <i>Position within the sport or relationship to the individual named above:</i> <i>Telephone number:</i> <i>Email address:</i>	
16. Date and times of incident:	
17. Details of the incident or concerns: <i>Include other relevant information, such as description of any injuries and whether you are recording this incident as fact, opinion or hearsay.</i>	
18. The individual's account of the incident (if known):	



Report form for incidents of harassment and abuse

19. Please provide any witness accounts of the incident:
20. Please provide details of any witnesses to the incident: <i>Name:</i> <i>Position within the club/organisation or relationship to the individual:</i> <i>Date of birth (if child):</i> <i>Address:</i> <i>Postcode and country:</i> <i>Telephone number:</i> <i>Email address:</i>
21. Please provide details of any person involved in this incident or alleged to have caused the incident / injury: <i>Name:</i> <i>Position within the club/organisation or relationship to the individual:</i> <i>Date of birth (if child):</i> <i>Address:</i> <i>Postcode and country:</i> <i>Telephone number:</i> <i>Email address:</i>
22. Please provide details of action taken to date:
23. Has the incident been reported to any external agencies? <input type="checkbox"/> Yes <input type="checkbox"/> No
If YES please provide further details:
24. Name of organisation / agency: <i>Contact person:</i> <i>Telephone numbers:</i> <i>Email address:</i> <i>Agreed action or advice given:</i>

Your Signature:		Print name:	
Date:			

Please give this form to the World Rowing Safeguarding Officer or Designated Person or email this report to safeguarding@worldrowing.com.

Anonymous reporting: reports may be submitted anonymously however please be aware that this may limit our ability to follow up on reports.

APPENDIX S12

BYE-LAWS TO ARTICLE 59 – MANIPULATION OF COMPETITION AND BETTING

The following conduct shall constitute a violation of Art. 59 of the World Rowing Statutes (in each case whether effected directly or indirectly):

1. Betting

- 1.1 *Participation in, support for, or promotion of, any form of betting related to any event under World Rowing's authority or the authority of Member Federations ("Event or Competition") whether one in which the party is directly participating or is otherwise taking part, including betting on the result, progress, outcome, conduct or any other aspect of such Event or Competition.*
- 1.2 *Inducing, instructing, facilitating or encouraging a party to commit a violation set out in this article.*
- 1.3 *Failing to disclose to World Rowing or other competent authority (without undue delay) full details of any approaches or invitations received by the party to engage in conduct or incidents that would amount to a violation as set out in this article.*
- 1.4 *Failing to disclose to World Rowing or other competent authority (without undue delay) full details of any incident, fact or matter that comes to the attention of the party that may evidence a violation under this article by a third party, including (without limitation) approaches or invitations that have been received by any other party to engage in conduct that would amount to a violation of this article.*
- 1.5 *Failing to cooperate with any reasonable investigation carried out by World Rowing or other competent authority in relation to a possible breach of this article, including failing to provide any information and/or documentation requested by World Rowing or competent competition authority that may be relevant to the investigation.*

2. Manipulation of Results

- 2.1 *Fixing or contriving in any way or otherwise improperly influencing, or being a party to fix or contrive in any way or otherwise improperly influence the result, progress, outcome, conduct or any other aspect of an Event or Competition.*
- 2.2 *Ensuring or seeking to ensure the occurrence of a particular incident in an Event or Competition which occurrence is to the party's knowledge the subject of a bet and for which the party or another person expects to receive or has received a benefit.*
- 2.3 *Failing in return for a benefit (or the legitimate expectation of a benefit, irrespective of whether such benefit is in fact given or received) to perform to the best of one's abilities in an Event or Competition.*
- 2.4 *Inducing, instructing, facilitating or encouraging a party to commit a violation set out in this article.*

3. Corrupt Conduct

- 3.1 *Accepting, offering, agreeing to accept or offer, a bribe or other benefit (or the legitimate expectation of a benefit, irrespective of whether such benefit is in fact given or received) to fix or contrive in any way or otherwise to influence improperly the result, progress, outcome, conduct or any other aspect of an Event or Competition.*
- 3.2 *Providing, offering, giving, requesting or receiving any gift or benefit (or the legitimate expectation of a benefit, irrespective of whether such benefit is in fact given or received) in*

circumstances that the party might reasonably have expected could bring the party or the sport into disrepute.

- 3.3 *Inducing, instructing, facilitating or encouraging a party to commit a violation as set out in this article.*

4. Inside Information

- 4.1 *Using inside information for betting purposes or otherwise in relation to betting.*
- 4.2 *Disclosing inside information to any person with or without benefit where the party might reasonably be expected to know that its disclosure in such circumstances could be used in relation to betting.*
- 4.3 *Inducing, instructing, facilitating or encouraging a party to commit a violation set out in this article.*

5. Other Violations

- 5.1 *Any attempt by a party, or any agreement by a party with any other person, to engage in conduct that would culminate in the commission of any violation of this article shall be treated as if a violation had been committed, whether or not such attempt or agreement in fact resulted in such violation. However, there shall be no violation under this article where the party renounces their attempt or agreement prior to it being discovered by a third party not involved in the attempt or agreement.*
- 5.2 *Knowingly assisting, covering up or otherwise being complicit in any acts or omissions of the type described in this article committed by a party.*
- 5.3 *Failing to disclose to World Rowing or other competent authority (without undue delay) full details of any approaches or invitations received by the party to engage in conduct or incidents that would amount to a violation as set out in this article.*
- 5.4 *Failing to disclose to World Rowing or other competent authority (without undue delay) full details of any incident, fact or matter that comes to the attention of the party that may evidence a violation under this article by a third party, including (without limitation) approaches or invitations that have been received by any other party to engage in conduct that would amount to a violation of this article.*
- 5.5 *Failing to cooperate with any reasonable investigation carried out by World Rowing or other competent authority in relation to a possible breach of this article including failing to provide any information and/or documentation, including information that may be stored electronically, requested by World Rowing or other competent authority that may be relevant to the investigation.*



RULES OF RACING AND RELATED BYE-LAWS

2021 Edition

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RULES OF RACING AND RELATED BYE-LAWS

PART I – SCOPE

Rule 1 – Rowing, Boats, Regattas

1. Rowing is the propulsion of a boat, with or without coxswain, by the muscular force of one or more rowers, using oars as simple levers of the second order and sitting with their backs to the direction of movement of the boat. Rowing on a machine or in a tank which simulates the action of rowing in a boat is also considered as rowing.
2. A rowing regatta is a sporting competition consisting of one or more events divided, if necessary, into a number of races, in one or more classes of boats for rowers divided, as a general rule, into different categories of gender, age or weight.

Rule 2 – Application

These Rules of Racing and relevant Bye-Laws and Regulations shall apply to:

1. World Rowing Championships;
2. World Rowing Cups;
3. Olympic, Paralympic and Youth Olympic Games within the limits of the authority of World Rowing and the relevant qualification regattas;
4. World Rowing Masters regattas;
5. Continental and Regional Championship regattas;
6. Regattas held as part of Continental, Regional or other multi-sport Games within the limits of the authority of World Rowing;
7. All International Regattas and Matches and International Indoor Rowing competitions.

In addition, these Rules of Racing and related Bye-Laws shall be supplemented by Event Regulations.

Each member federation is responsible for ensuring that the organisation of any competition within its country defined by World Rowing as an International Regatta or International Match complies with the Rules of Racing and related Bye-Laws, subject to any exceptions under the provisions of Rules 6 and 7.

Any member federation, club or individual that participates in any capacity in a rowing competition governed by the Statutes, Rules of Racing, related Bye-Laws and Event Regulations is deemed to accept without exception or reservation the application of these Statutes, Rules of Racing, related Bye-Laws and Event Regulations, particularly those relating to the authority and jurisdiction of World Rowing and of the Court of Arbitration for Sport in Lausanne, Switzerland.

Rule 3 – World Rowing Championships

1. World Rowing conducts the following World Championships:
Event Title
 - World Rowing Championships
 - World Rowing Under 23 Championships
 - World Rowing Under 19 Championships (This event will be referred to as the World Rowing Junior Championships until 31 December 2021, after which time it will be referred to as the World Rowing Under 19 Championships)
 - World Rowing Coastal Championships
 - World Rowing Beach Sprint Championships
 - World Rowing Indoor Championships
2. These titles shall be used only for World Championships organised by World Rowing.
3. World Rowing Championships shall be held in every year. However, in the year of the Summer Olympic and Summer Paralympic Games, the Olympic and Paralympic events will not be on the programme of the equivalent World Rowing Championships.

Rule 4 – Status of Olympic, Paralympic and Youth Olympic Regattas

Olympic, Paralympic, Youth Olympic and relevant qualification regattas shall have the same status and follow the same rules as World Rowing Championships. Within the limits of the authority of World Rowing the same Rules of Racing, related Bye-Laws and Event Regulations shall apply.

Rule 5 – Attribution of World Rowing Championships

World Rowing shall encourage a worldwide attribution of World Championships to suitable candidates.

1. World Rowing Championships
 - a. The Council shall review all final bids, reject any that do not satisfy the minimum requirements and then select the most suitable candidate(s) and propose it (them) to the Congress for final approval. The Congress shall vote to accept the proposed candidate or, where more than one candidate is proposed by the Council, to elect one of those candidates by a majority of valid votes cast. In the event that Congress fails to so accept the Council's proposed candidate or one of the candidates proposed by the Council, the Congress shall then vote in a second election for which all candidates for the relevant Championships that have satisfied the minimum requirements shall be eligible (see Appendix R21).
 - b. Where no bid has been received or when no bid meets the minimum requirements by the deadline for consideration of Congress, the Council may identify a suitable candidate and may directly attribute the event provided the Council is satisfied that the bid meets the minimum standards for the regatta.
2. Other World Championships
 - a. The Council may directly attribute a World Rowing Championship regatta in the age groups of Under 23 and Under 19, and in the categories of Coastal, Beach Sprints and Indoor. If the Council cannot decide between two or more bids, the attribution for that particular event shall be decided by a vote of the Congress.
 - b. The Council may directly attribute a World Championship regatta for the year before an Olympic Games regatta to an Olympic host city as a test event for the Olympic regatta.

Rule 6 – International Regattas

1. Definition

An International Regatta is a rowing competition, over any distance whether started abreast or against the clock, which is open to rowers from all member federations. Each member

federation is responsible for informing World Rowing of any competition to be held in its country which conforms to this definition. World Rowing will decide whether such competition is to be defined as an International Regatta and, if so, that regatta will be included in the World Rowing International Event Calendar under Rule 10.

2. International Regattas – Control by World Rowing
 - a. In principle, International Regattas shall be conducted according to the Rules of Racing, related Bye-Laws and Event Regulations, but the Executive Committee may approve exceptions to these Rules of Racing, related Bye-Laws or Event Regulations.
 - b. Details of any exceptions to the Rules of Racing, related Bye-Laws or Event Regulations shall be provided to competing member federations at the time of their invitation to take part in the International Regatta.
 - c. International Regattas shall take place under the authority of World Rowing, which may give directions to the organising committee.
3. Competition in International Regattas
 - a. Each member federation is responsible for ensuring that the organisation of any competition within its country defined by World Rowing as an International Regatta complies with the requirements of this Rule.
 - b. No rower shall enter International Regattas other than through his club and/or member federation (as specified by individual regatta requirements). Additionally, a rower may only make a direct approach to World Rowing (e.g. on a question of appeal) through his member federation.
 - c. A member federation may participate in events at all International Regattas as the national team without club designation. If rowers compete in an International Regatta under the name of their national team, they shall be citizens of the country of that member federation. In this last regard, the Executive Committee may make exceptions in exceptional cases.
 - d. No rower may compete for two different clubs or member federations at the same International Regatta.
 - e. The Council may authorise competitions between members and non-members of World Rowing.

Bye-Law to Rule 6 – World Rowing Cup – Definition

The World Rowing Cup is an annual series of designated International Regattas. The Council has the sole right to designate regattas as World Rowing Cup regattas, to use the World Rowing Cup name and logo, and to prescribe regulations governing the World Rowing Cup.

Rule 7 – International Matches

1. Definition

An International Match is a rowing competition, over any distance whether started abreast or against the clock, which is restricted only to rowers from certain member federations.

Each member federation is responsible for informing World Rowing of any competition to be held in its country that conforms to this definition. World Rowing will decide whether such competition is to be defined as an International Match and, if so, that Match shall be included in the World Rowing International Event Calendar under Rule 10.
2. International Matches – Control by World Rowing
 - a. In principle, International Matches shall be conducted according to the Rules of Racing, related Bye-Laws and Event Regulations, but the Executive Committee may approve exceptions to these Rules of Racing, related Bye-Laws and Event Regulations.

- International Matches shall take place under the authority of World Rowing, which may give directions to the organising committee.
- b. Details of any exceptions to the Rules of Racing, related Bye-Laws or Event Regulations shall be provided to competing member federations at the time of their invitation to take part in the International Match.
3. Competition in International Matches
- a. Each member federation is responsible for ensuring that the organisation of any competition within its country defined by World Rowing as an International Match complies with the requirements of this Rule.
 - b. The Council may authorise Matches between members and non-members of World Rowing.

Rule 8 – National Regattas

A National Regatta is a rowing competition, over any distance whether started abreast or against the clock, which is intended in general for rowers from one member federation only. The fact that rowers from other member federations may enter such regattas does not necessarily render them International Regattas.

National Regattas shall be governed by the Rules of Racing of the member federation of the organising body.

Rule 9 – Approval of International Regattas and Matches

All member federations shall, not later than 31 October in each year, send to the World Rowing headquarters a list of all competitions proposed to be held in their countries during the following year that conform with the definitions of an International Regatta in Rule 6 or of an International Match in Rule 7. They shall submit to World Rowing for approval:

1. The dates on which these Regattas and Matches are to be held;
2. Details of the courses (stretches of water and technical installations) proposed;
3. The type of Regatta proposed;
4. The categories of rowers and classes of boats proposed;
5. Any envisaged exception to the World Rowing Rules of Racing and Bye-Laws.

Rule 10 – World Rowing International Event Calendar

All International Regattas and International Matches approved by World Rowing under Rule 9 shall be entered in the World Rowing International Event Calendar. However, World Rowing may, at its discretion, also include the dates of other competitions in the Calendar for the convenience of the member federations, but the fact that such competitions are not held under the authority of World Rowing shall be identified in the Calendar.

PART II – ROWERS AND COXSWAINS

SECTION 1 – General

Rule 11 – Right to Participate

1. World Rowing Championships are open to all member federations.
2. Olympic, Paralympic and Youth Olympic regattas are open only to those rowers whose member federations have qualified in the appropriate boat classes in accordance with the relevant qualification system.

Rule 12 – Eligibility and Nationality

1. World Rowing Championship, World Rowing Cup and International regattas shall be open to all rowers who are authorised to compete by their member federation and who are eligible under the relevant Rules.

Events for Lightweight, Para, Under 23 and Under 19 rowers are open only to rowers complying with the requirements of the relevant category.

The other events at the World Rowing Championships, World Rowing Cup and Olympic regattas are open to all rowers without restriction of age or weight.

Exceptions to this Rule are set out in the Event Regulations.

2. Subject to the provisions of this Rule, to represent a country in a World Rowing Championship regatta, rowers shall be nationals of that country. They must be able to prove this by showing an official document (passport or identity card).
3. To represent a country at a continental or final qualification regatta for the Olympic, Paralympic or Youth Olympic Games, a rower shall prove that he is eligible under the eligibility rules of the International Olympic Committee (IOC) or the International Paralympic Committee (IPC) respectively. In exceptional cases, the Executive Committee may make exceptions.
4. Dual or Change of Nationality – Rowers who are nationals of two or more countries or who change nationality or acquire an additional nationality, may represent either country, as the rowers may elect. However, after having represented one country in a World Championship, Olympic or Paralympic Games regatta, or Continental or Regional Games or Championship regatta, rowers may not represent another country unless they have held the passport of that country for a minimum of twenty four months prior to the date at which they compete for that country, and they only compete for one country in any one calendar year.

For multi-sport Games regattas, the rules of the Games authority shall apply in this regard.

5. Under 19 Rowers – An Under 19 rower may compete for his country of residence. A rower who has competed for one country as an Under 19 may, only in the year after which he is last eligible to compete as an Under 19, choose to compete for a different country subject to having the nationality of the country for which he will compete. Such choice may only be made once under this rule and World Rowing must be notified before the rower competes under the new nationality, together with proof of such nationality.
6. In exceptional cases, the Executive Committee may make exceptions, and in doing so may consult the member federations concerned.

Rule 13 – Men's and Women's Events

1. Subject to Rule 21 (Coxswains), only men may compete in men's events and only women may compete in women's events.
2. A Mixed crew is a crew which contains both men and women rowers, in such proportion as shall be stipulated either in these Rules and Regulations or otherwise by the relevant organising committee, as the case may require.

3. In order to meet the requirements of this Rule and of World Rowing's commitment to the fundamental principles of fairness and equality of opportunity it is necessary to provide certainty on gender categorisation to maintain the integrity of World Rowing's competitions.
4. To be eligible to compete either as a man or as a woman, a rower must meet the criteria and comply with the requirements appearing in the Bye-Law to this Rule.
5. Any issue as to the eligibility of a rower to compete as a man or as a woman shall be determined by the Executive Committee in accordance with the Bye-Law to this Rule.

Bye-Laws to Rule 13 – Men's and Women's Events

Refer to Appendix R1 – Men's and Women's Events

Rule 14 – Safety and Health of Rowers

1. The safety and health of all participants in the sport of rowing is a matter of paramount concern.
2. Rowers entering international events shall ensure that:
 - a. they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and
 - b. they have the basic swimming ability as defined in the Bye-Law to this Rule.
3. In addition to the safety provisions in Rule 51, each member federation shall ensure that:
 - a. the rowers entered to represent their member federation meet the requirements stated in points 2) a) and b) of this Rule;
 - b. their rowers are able to develop as athletes and compete free from unhealthy influences such as discrimination of any form, harassment and abuse so that the athletes are able to operate in a safe and secure environment.
4. Every organising committee shall comply with all safety and health requirements of World Rowing and other authorities and shall ensure that the facilities at the regatta are of a sufficient standard to provide a safe, hygienic and healthy environment for rowers and other regatta participants.
5. Member federations and organising committees shall respond fully and promptly to any inquiry by World Rowing as to any issue relating to the health and safety requirements as provided by these Rules and Bye-Laws.

Bye-Laws to Rule 14 – Safety and Health of Rowers

1. Swimming Ability

All rowers competing in World Rowing Championship and World Rowing Cup regattas and qualification regattas for the Olympic, Paralympic and Youth Olympic Games shall be able to swim 50m and keep their head above water unassisted for three minutes. It is the responsibility of the member federation to ensure and certify that rowers can meet these minimum standards and be able to provide evidence thereof if requested by World Rowing. At World Rowing Masters Regattas it is the responsibility of the individual masters rower (Rule 20).

2. Pre-competition Health Screening

- a. *All rowers competing in the World Rowing Senior, Under 23, Under 19 and Beach Sprint Championship regattas must have completed a pre-competition health screening which includes a questionnaire, a physical examination and an ECG following the IOC's recommended procedure. It is the responsibility of the member federation to ensure and certify that these Pre-competition Health Screening procedures have been performed and be able to provide evidence thereof if requested by World Rowing.*
- b. *All rowers competing in the World Rowing Senior, Under 23, Under 19 and Beach Sprint World Championship regattas must complete the medical questionnaire and undergo a medical*

examination each year, and, in addition, must undergo a resting ECG every three years up to the age of 23, and every five years after the age of 23.

- c. *For all other World Rowing Championship and World Rowing Cup regattas, and World Rowing Masters Regattas, it is strongly recommended that rowers competing in these events undergo this Pre-competition Health Screening.*

3. *Intravenous re-hydration*

Any rower who has been re-hydrated intravenously shall not subsequently compete on that day.

4. *Injections (No-Needle Policy)*

During International Regattas (from 24 hours before the start of the first race of the Regatta through to 24 hours after the end of the last race at such Regatta), any injection to any site of a rower's body of any substance:

- a. *Must be medically justified; Justification includes physical examination by a certified medical doctor (M.D.), diagnosis, prescription of medication, route of administration and appropriate documentation;*
- b. *Must respect the approved indication of the medication;*
- c. *Must be administered by a certified medical professional; and*
- d. *at regattas where a World Rowing Doctor is present, must be reported immediately and in writing not later than 24 hours afterwards to the World Rowing Doctor, including rowers with a valid TUE. The report must include the diagnosis, medication and route of administration.*

The disposal of used needles, syringes and other biomedical material which may affect the security and safety of others, including blood sampling (e.g. lactates) and other diagnostic equipment shall conform to internationally recognised safety standards.

5. *Member Federation Chief Medical Officer and Team Medical Officer*

- a. *Each member federation competing in events under these Rules, Bye-Laws and Regulations must, before the first competitions of crews from their federation each year, provide to World Rowing the name and contact details of its Chief Medical Officer with whom World Rowing may communicate on medical issues of a confidential or other nature and shall notify World Rowing of any change thereof.*
- b. *At the time that a team arrives at a regatta venue, the Team Manager shall register with World Rowing the name of its Team Medical Officer (if any) who is attending the regatta with that team.*
- c. *The Team Manager and Team Medical Officer are required to inform the organising committee Medical Officer about medical issues in their team which may be relevant to public health and safety of an event.*

Rule 15 – Insurance

- 1. Each member federation or club participating at a World Rowing Event shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from.
- 2. Only where a World Rowing Event permits an individual rower to enter that event directly and not through a member federation or a club, and a rower makes such a direct entry, that rower shall similarly ensure that he or she has adequate and appropriate insurance cover in place for the rower and any official such as a coach accompanying that rower.
- 3. For the purpose of this Rule, "adequate and appropriate insurance cover" shall include cover for:
 - a. General (third party) liability – sufficient for the countries visited;

- b. Travel and medical expenses - sufficient for the country being visited and to include repatriation to the home country; and
 - c. Property – for boats, other rowing related equipment and personal effects of significant value not covered by the travel insurance.
4. Member federations or clubs, or rowers participating at a World Rowing event in the circumstances described in paragraphs 1 and 2 of this Rule shall, upon being requested by World Rowing to do so, provide documentation to World Rowing that confirms that they hold the various insurance coverage required by this Rule.

Rule 16 – Commitment

1. Rowers may only compete at World Rowing Championship and World Rowing Cup regattas and qualification regattas for the Olympic, Paralympic and Youth Olympic Games if they have submitted a signed World Rowing Commitment Form, according to Art. 57 of the Statutes. Each team official must have submitted a signed World Rowing Commitment Form to World Rowing before accreditation may be issued.
2. Where World Rowing has also committed to follow the rules of other organisations as a condition of World Rowing's authority in conducting the above events, rowers may also be required by World Rowing to sign additional commitments from such organisations as a condition to compete.

Rule 17 – Age Categories

The following age categories for rowers are recognised by World Rowing:

1. Under 19
2. Under 23
3. Seniors
4. Masters

Rule 18 – Additional Categories

In addition to the age categories, World Rowing recognises a lightweight category for Seniors and Under 23, as well as a Para Rowing category for Seniors.

SECTION 2 – Age Groups

Rule 19 – Under 19, Under 23 and Senior

1. Under 19 - A rower may compete in an Under 19 rowing event until 31 December of the year in which they reach the age of 18.
2. Under 23 - A rower may compete in an Under 23 rowing event until 31 December of the year in which they reach the age of 22.
3. Senior – Senior rowing events are open to rowers of all ages.

SECTION 3 – Masters

Rule 20 – Masters

A rower may compete in Masters rowing events from the beginning of the year during which they reach the age of 27. A World Rowing Masters Regatta shall be conducted each year under the supervision of the Masters Commission. The World Rowing Masters Regatta shall be an International Regatta under these rules.

Bye-Laws to Rule 20 – Masters

Refer to Appendix R16 – World Rowing Masters Regatta Regulations.

SECTION 4 – Coxswains

Rule 21 – Coxswains

Coxswains are members of the crew. Any reference to rowers in these Rules shall include coxswains unless otherwise stipulated.

Except for multi-sport Games and relevant qualification regattas which shall be subject to the rules of the authority concerned, the gender of the coxswain shall be open so that a men's crew may be coxed by a woman and a women's crew by a man. Age categories shall apply to coxswains, except in Masters events. In exceptional cases, the Executive Committee may make exceptions.

The minimum weight for a coxswain wearing the racing uniform is 55.0 kilogrammes ("kgs").

To make up this weight, coxswains may carry a maximum of 15.0 kgs deadweight which shall be placed in the boat as close as possible to their person. No article of racing equipment shall be considered as part of this deadweight.

These provisions shall also apply to coxswains in lightweight races.

Bye-Law to Rule 21 – Weighing of Coxswains

Coxswains shall be weighed wearing only their racing uniform on tested scales not less than one hour and not more than two hours before their first race in each event in which they are competing on each day of the competition.

The weighing scales shall indicate the weight of the coxswain to 0.1 kgs.

The Control Commission may require on the occasion of the first weighing, or subsequently, the presentation of an official identity card with photograph. Where an official photograph of the crew has been checked for correctness against such identity card, this photograph may be used instead by the Control Commission at time of weighing.

If coxswains are carrying deadweight, the Control Commission may require the weight of the deadweight to be checked at any time before the race or until immediately after disembarkation. Additionally, the Starter and Umpire may check the presence of the deadweight.

SECTION 5 – Lightweights

Rule 22 – Lightweights

1. Rowers may compete in lightweight rowing events if they meet the following criteria:
 - a. A crew competing in a lightweight men's crew event shall have an average weight (excluding coxswain) not exceeding 70.0 kgs, and no individual rower may weigh more than 72.5 kgs.
 - b. A rower competing in a lightweight men's single sculls event may not weigh more than 72.5 kgs.
 - c. A crew competing in a lightweight women's crew event shall have an average weight (excluding coxswain) not exceeding 57.0 kgs, and no individual rower may weigh more than 59.0 kgs.
 - d. A rower competing in a lightweight women's single sculls event may not weigh more than 59.0 kgs.

*Please note: The 2020 FISA Extraordinary Congress has delegated authority to the 2022 World Rowing Ordinary Congress to consider possible changes to lightweight averaging for 2023 and onwards.

Bye-Law to Rule 22 – Weighing of Lightweight Rowers

Lightweight rowers shall be weighed wearing at least their racing uniform on tested scales not less than one hour and not more than two hours before their first race of each lightweight event in which they are

competing, each day of the competition. The weighing scales should indicate the weight of the rower to 0.1 kgs.

Notwithstanding the foregoing,

1. *If two rounds of the same event take place on the same day of competition and some rowers in the second round do not have to race in the first round of that day, then these rowers in the second round shall be weighed at the same time as the rowers in the first round.*
2. *On each occasion of weighing, each crew shall present itself together as a crew at the weighing centre and shall be weighed as a crew. If the first race is subsequently postponed or cancelled, the lightweight rower is not required to be weighed again on the same day for that event.*
3. *The Control Commission shall require presentation of each rower's official identity card with photograph at the time of the first weighing of the rower or subsequently. Where an official photograph of the crew has been checked for correctness against such identity card, this photograph may be used instead by the Control Commission at time of weighing.*
4. *A rower or crew not meeting the required weight may be weighed again any number of times within the allowed time limit. However, if a rower or crew fails to meet the required weight or does not present itself by the expiry of the time permitted for weighing, the rower and the crew of that rower are no longer eligible and shall be excluded from the event.*
5. *A reserve for a lightweight crew may be weighed with the crew as if a member of that crew. The recorded weight then applies in the event of a substitution under Rule 48 or 49.*
6. *If a crew has officially weighed in without a reserve, a replacement rower under the provisions of Rule 48 or 49 may be weighed at any time before the next race of the crew. In such case, the individual weight and the crew average weight using the weight of the replacement rower and the recorded weights of the remaining crew members must comply with this Rule.*

SECTION 6 – Para Rowing

Rule 23 – Para Rowing

Rowers may compete in a Para Rowing event if they have an Eligible Impairment and have been allocated an eligible Sport Class and Sport Class status under the Para Rowing Classification Regulations (Appendix R15). Rowers may compete in a more functional Sport Class than their assigned Sport Class, but not a less functional Sport Class.

The categories and boat classes are defined in the Para Rowing Competition Regulations (Appendix R14).

PART III – BOAT CLASSES

Rule 24 – Boat Classes

The following boat classes are recognised by World Rowing:

1. Single sculls (1x)
2. Double sculls (2x)
3. Pair (2-)
4. Coxed Pair (2+)
5. Quadruple sculls (4x)
6. Coxed Quadruple sculls (4x+)
7. Four (4-)
8. Coxed Four (4+)
9. Eight (8+)

Rule 25 – World Championship Event Programme

In principle, the events programme for World Rowing Championship regattas shall be the same for men and women.

World Rowing Championships are held in the following events:

Senior Men (M)	1x	2x	2-		4x	4-		8+	
Senior Women (W)	1x	2x	2-		4x	4-		8+	
Senior Lightweight Men (LM)	1x	2x	2-		4x				
Senior Lightweight Women (LW)	1x	2x	2-		4x				
Senior Para	PR1 M1x	PR1 W1x	PR2 M1x	PR2 W1x	PR2 Mix2x	PR3 M2-	PR3 W2-	PR3 Mix2x	PR3 Mix4+
Under 23 Men (BM)	1x	2x	2-		4x	4-	4+	8+	
Under 23 Women (BW)	1x	2x	2-		4x	4-	4+	8+	
Under 23 Lightweight Men (BLM)	1x	2x	2-		4x				
Under 23 Lightweight Women (BLW)	1x	2x	2-		4x				
Under 19	1x	2x	2-		4x	4-	4+	8+	
Under 19	1x	2x	2-		4x	4-	4+	8+	

The Council will propose the most appropriate programme to the Quadrennial Congress convened in accordance with Article 32, to be valid for the next 4 years.

The event programmes for the World Rowing Coastal Championships, World Rowing Beach Sprint Championships and World Rowing Indoor Championships shall be found in their relevant Event Regulations (Appendices).

**Please note: The 2020 FISA Extra-Ordinary Congress has delegated authority to the 2022 World Rowing Ordinary Congress to consider possible changes to the World Rowing Championship programmes for 2023 and onwards.*

Rule 26 – Olympic Games Event Programme

The events programme for the Olympic regatta shall be determined by the IOC Executive Board after consultation with World Rowing in accordance with the Olympic Charter.

The World Rowing Congress shall select a recommended Olympic programme that the World Rowing Executive Committee shall submit to the IOC.

Bye-Laws to Rule 26 – Olympic Games Boat Classes

The following events will be included on the rowing programme for the 2020 Tokyo Olympic Games and the 2024 Paris Olympic Games:

Senior Men (M)	1x	2x	2-		4x	4-		8+	
Senior Women (W)	1x	2x	2-		4x	4-		8+	
Senior Lightweight Men (LM)		2x							
Senior Lightweight Women (LW)		2x							

Rule 27 – Boat Classes at Other Events

The events at Regional and Continental Championship regattas as well as multi-sport Games regattas shall be proposed to World Rowing by the regional or continental rowing confederation or multi-sport Games associations, as appropriate for World Rowing approval.

PART IV – BOATS AND CONSTRUCTION

Rule 28 – Free Construction

The construction, design and dimensions of boats and oars shall, in principle, be unrestricted subject to the Bye-Laws to this Rule and to Rule 29. However, except for the rowers' seats, all load bearing parts including the axes of moving parts must be firmly fixed to the body of the boat.

Bye-Laws to Rule 28 – Boats and Equipment

Refer to Appendix R2 – Boats and Equipment.

Rule 29 – Innovations in Equipment

1. Innovations in equipment including, but not limited to, boats, oars, related equipment and clothing, must meet the following requirements before being used in International Regattas:
 - a. Be commercially available to all rowers (patents may not exclude the use by a team or a rower);
 - b. Not add to the cost or complexity of the sport without adding corresponding value;
 - c. Not provide an advantage to some rowers over others or change the nature of the sport;
 - d. Be safe and consistent with the principles of sustainable development; and
 - e. Be a positive development for the sport of rowing and maintain the principles, in particular those of fairness and equality, of the sport.
2. An innovation must be submitted to the World Rowing Executive Committee for evaluation. If it is judged to meet the above conditions and is approved for use, it must be readily available for all rowers by 1 January in order to be authorised for use in International Regattas that year. Crews shall not be allowed to compete with unapproved innovations in events held under these Rules.

The Executive Committee has the sole authority to decide all matters under this Rule including what constitutes an innovation, whether an innovation is significant, whether it is readily available, whether the costs are reasonable, whether it is safe and consistent with the principles of sustainable development and whether it is a positive development for the sport of rowing and maintains the principles of the sport.

Rule 30 – Weight of Boats

All boats used at World Rowing Championship, World Rowing Cup, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, Regional Games and Continental Championship regattas and all other International Regattas shall be of defined minimum weights as set out in the Bye-Laws to this Rule.

The minimum boat weights for boats used at coastal rowing and beach sprint rowing events are found in Appendix R18 and Appendix R19.

Bye-Laws to Rule 30 – Weight of Boats

Refer to Appendix R3 – Weight of Boats.

PART V – COURSES

Rule 31 – Characteristics

1. The standard international course for World Rowing Championship, World Rowing Cup, Olympic Games, Paralympic Games and relevant qualification regattas, Regional Games, Continental Championships and International Regattas shall provide fair and equal racing conditions for six crews racing in separate, straight, parallel lanes that are perpendicular to the Start and Finish lines, over a distance of 2,000 metres.
2. For World Rowing Championship, World Rowing Cup, Olympic, Paralympic and relevant qualification regattas, the standard international course shall be provided with technical installations and equipment to Category A level as defined in the Bye-Laws to Rules 31 to 33. In addition, it must also comply with all the specifications and descriptions given in the latest version of the World Rowing Manual.
3. Requirements for the World Rowing Coastal Championships, World Rowing Beach Sprint Championships and World Rowing Indoor Championships are defined in the relevant Event Regulations.
4. In order to be classified by World Rowing as a standard international course, full details of the course concerned must be submitted in writing to World Rowing by the applicants, and the course must be inspected at the cost of the member federation concerned and approved by an expert appointed by World Rowing.
5. The Council may approve non-standard requirements for World Rowing Championship, World Rowing Cup, Olympic, Paralympic and relevant qualification regattas, Continental and Regional Games and Continental Championship regattas where this is in the interests of the event and the sport of rowing.

Rule 32 – Racing Distance

1. International Regattas
The standard international racing distance shall be 2,000 metres straight for men and women in the categories Senior, Under 23, Under 19 and Para Rowing. For Masters (men, women and mixed crews) the racing distance shall be 1,000 metres straight.
2. World Rowing Championship regattas
The length of the standard World Championship course shall be 2,000 metres straight. The provisions of this Rule require the use of moveable starting installations in order that the bows of all boats of whatever class may be aligned on the same start line.
Requirements for the World Rowing Coastal Championships, World Rowing Beach Sprint Championships and World Rowing Indoor Championships, are defined in the relevant Event Regulations.
3. The length of the course and all intermediate distances shall be measured by an independent qualified surveyor and a certified plan shall be held by the organising committee. This plan shall be available for inspection by World Rowing at any time. For World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, World Rowing may request a further survey be carried out to standards specified in the latest version of the World Rowing Manual.
4. The Council may grant exceptions to this rule where necessary for regattas in multi-sport competitions, Continental or other Championships where it is clearly demonstrated that a standard course is not reasonably achievable.
5. A non-standard course may be shorter (for example, sprints) or longer (for example, long distances, head of the river, etc.) than the standard course. It is not necessary that a non-standard course be straight.

Rule 33 – Number of Lanes

1. International Regattas

On standard international courses, races shall normally be held using up to six lanes.

2. World Rowing Championship and World Rowing Cup regattas

Races shall be held using up to six lanes but, in principle, the course shall have at least eight lanes usable for racing.

Requirements for the World Rowing Coastal Championships, World Rowing Beach Sprint Championships and World Rowing Indoor Championships, are defined in the relevant Event Regulations.

Bye-Laws to Rules 31 to 33 – Regatta Courses

Refer to Appendix R4 – Regatta Courses

PART VI – ORGANISATION OF REGATTAS

SECTION 1 – General

Rule 34 – Authority of World Rowing

All International Regattas and International Indoor Rowing competitions are under the overriding authority of World Rowing and, subject thereto, of the member federation concerned. An organising committee shall be responsible for the organisation of regattas.

World Rowing Championship, World Rowing Cup, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, Continental and Regional Championship regattas as well as regattas in connection with other multisport competitions shall take place under the authority of World Rowing, which will give directions to the organising committee. The Executive Committee shall nominate Technical Delegates for each regatta in accordance with Appendix R5.

SECTION 2 – Regatta Roles

Rule 35– The Organising Committee

The relevant member federation shall ensure that an organising committee is formed for each International Regatta or International Match. The organising committee is responsible to ensure the proper preparation and operation of the regatta in accordance with the Rules of Racing, related Bye-Laws and Event Regulations.

The responsibilities and duties of the organising committee are set out in the Bye-Laws to this Rule at Appendix R5, Regatta Roles.

Rule 36 – Team Manager

1. At International Regattas each member federation or club shall appoint an individual (the “Team Manager”) who will be responsible for official communication between rowers and coaches and the organising committee during a regatta. Team Managers are responsible for their team and they or their delegate must identify themselves to the organising committee and agree arrangements for subsequent communications, including attendance at all Team Managers’ Meetings.
2. At World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, and World Rowing Cup regattas, each participating member federation shall appoint a Team Manager. Team Managers, or their delegates, shall attend each official Team Managers’ Meetings and shall communicate to all rowers and coaches in their teams all relevant information from the meeting or otherwise distributed to Team Managers, including that concerning racing and safety, and shall be responsible for all official communications with World Rowing during the regatta on matters concerning their teams, including withdrawal of crews and substitution of rowers.
3. Failure of a member federation or club to appoint a Team Manager or failure of a Team Manager to attend official meetings or communicate information may result in the member federation being sanctioned by the Executive Committee.

Rule 37 – World Rowing – Roles at Regattas

World Rowing shall have certain responsibilities at regattas including duties carried out by specified officials. Racing will be conducted in accordance with these Rules by International Umpires, the Jury and the Board of the Jury.

1. The Executive Committee shall have specific responsibilities at regattas under the Statutes and Rules of Racing. In addition:
 - a. **International Regattas and International Matches** - the Executive Committee may appoint a Technical Delegate to represent World Rowing at the regatta

- b. World Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas – the Executive Committee shall appoint the following officials to represent World Rowing at the regattas:
 - i. Technical Delegate(s)
 - ii. President of the Jury
 - iii. World Rowing Doctor
 - iv. World Rowing Event Safeguarding Officer
 - v. Fairness Committee

The appointment, roles and responsibilities of these officials are set out in the Bye-Law to this Rule at Appendix R5.

2. Conduct of Racing

- a. The Jury - The Jury shall be responsible for conducting the racing and ensuring that the regatta is run in accordance with these Rules of Racing, Bye-Laws and Event Regulations and shall be comprised of a group of International Umpires, supported where appropriate by national umpires.

The safety of rowers must be the prime concern of the Jury at all times during the regatta.

- b. Board of the Jury - The Board of the Jury shall consider and decide on any protests made according to Rule 76 and shall consist of the President of the Jury and two other members of the Jury designated by the President of the Jury on a daily basis prior to the start of racing.
- c. International Umpires shall be responsible for conduct of racing as members of the Jury.

Bye-Laws to Rules 35–37 – Regatta Roles

Refer to Appendix R5 – Regatta Roles

SECTION 3 – Commercial and Identification Provisions

Rule 38 – Commercial Publicity, Sponsorship, Advertising, and Identifications

All Identifications displayed on clothing and equipment and in any other manner whatsoever at a regatta held under these Rules, related Bye-Laws and Event Regulations (Appendix R6) shall be restricted and governed by these Rules. Any contravention shall be subject to penalty.

Bye-Laws to Rule 38 – Commercial Publicity, Sponsorship, Advertising, and Identifications

Refer to Appendix R6 - Commercial Publicity, Sponsorship, Advertising, and Identifications

Rule 39 – Rowers’ Clothing and Blade Colours

1. Members of the same crew shall compete wearing identical clothing except as allowed under the Bye-Laws to Rule 38. If any members of the crew wear headwear, then the headwear worn by those crew members shall be identical except as allowed under the Bye-Laws to Rule 38.
2. The colours and design of the blades of all oars and sculls shall be identical on both sides.
3. Coxswains may race wearing additional clothing in the colours of their crew.
4. World Rowing Championship regattas
 - a. Members of national crews shall wear the registered racing uniform of their member federation. The blades of all oars and sculls shall be in the registered colours of their federation.

- b. At least three months before the first proposed use in competition, the design and colours of racing uniforms and blades shall be registered with World Rowing in accordance with Art. 13 of the Statutes.
- c. The Council may issue further regulations regarding rowers' clothing at World Rowing Championship and World Rowing Cup regattas in particular, including use of a t-shirt provided by World Rowing or other World Rowing sponsor identification as defined in the Bye-Law to Rule 38.

Bye-Law to Rule 39 – Rowers' Clothing and Blade Colours

At International Regattas, members of a composite crew shall either wear an identical uniform and Identifications or each member of the crew shall wear the uniform and Identification of his own club.

Rule 40 – Prizes and Sponsorship Contracts

Rowers may receive cash or other prizes for competition. They may also enter into sponsorship contracts provided these contracts are reviewed and approved by their member federation in advance, and that these contracts are in compliance with World Rowing Statutes and Rules of Racing, related Bye-Laws and Event Regulations.

Rule 41 – World Rowing Merchandising Rights

At all regattas under its authority World Rowing retains all rights to:

1. Sell merchandise, souvenirs and other articles. The organising committee shall provide sites for this activity at no cost to World Rowing;
2. Use and licence the name and official emblem of World Rowing and World Rowing and other names, emblems and logos as registered by World Rowing.

World Rowing may share a proportion of the proceeds of the sale of these rights with the organising committees of relevant regattas.

SECTION 4 – Entries, Withdrawals and Crew Changes

Rule 42 – Authorisation of the Member Federation

1. International Regattas

A crew may compete in an International Regatta in another country only if authorised in writing by its member federation. The latter shall be held responsible for the payment of the entry fees. If an organising committee allows a crew to enter its regatta without written authorisation from the relevant member federation then that federation cannot be held responsible for the crew and for its actions. This rule shall not apply to Masters regattas.

2. World Rowing Championship and World Rowing Cup regattas and qualification regattas for Olympic, Paralympic and Youth Olympic Games

Rowers shall compete under the name of their member federation which shall alone be entitled to enter and represent them.

3. Olympic, Paralympic and Youth Olympic regattas

Rowers shall compete under the name of their National Olympic or Paralympic Committee which shall alone be entitled to enter and represent them.

Rule 43 – Entries

1. International Regattas

- a. The entry of a crew for an International Regatta will be valid if all details required by the entry form have been completed.
 - b. Names shall be shown starting with the bow rower and finishing with the stroke rower, followed by the coxswain.
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- c. The organising committee of an International Regatta must accept every valid entry made by the closing date except where only one entry is received by the entry deadline in which case that event will be cancelled.
2. World Rowing Championship regattas
 - a. Dedicated entry forms shall be made available to the member federations in principle two months before the closing date for entries.
 - b. Entries must be received at World Rowing headquarters before the specified deadline (usually between 9 and 14 days before the date of the first heat).
 - c. These entries shall indicate the crews, with the names and the birthdates of the rowers in the crews, starting with the bow rower and finishing with the stroke rower, followed by the coxswain.
 - d. The entries shall also include the names and birthdates of any additional rowers who may be used as a replacement during the regatta.
 - e. Minimum entries - Should only one crew be entered in an event at the entry deadline, the event will be cancelled.

Rule 44 – List of Entries

1. International Regattas

Not later than two days after the closing of the entries, the organising committee shall send to all participating clubs and member federations a list of the entries, a provisional timetable of the heats, the time(s) and venue(s) of the Team Managers' Meeting and draw, and details of the traffic rules.
2. World Rowing Championship regattas

World Rowing shall make a list of the entries from member federations entered in each event available to all federations concerned.

Rule 45 – False Declarations

Any false declaration regarding the name, age, classification, club membership or eligibility of a rower may result in the disqualification of every rower of the crew concerned from all races for which they are entered at the regatta in question. The Executive Committee may apply additional penalties.

Rule 46 – Entry Irregularities

1. International Regattas

Any person, club or member federation claiming that an entry is not valid shall lodge an objection in writing promptly with the organising committee specifying the grounds upon which they consider that the entry is invalid. After consultation with the affected parties, the organising committee shall decide on the matter and, if found justified, shall reject the entry concerned.
2. World Rowing Championship and World Rowing Cup regattas and qualification regattas for the Olympic, Paralympic and Youth Olympic Games

Any member federation claiming that an entry is not valid shall lodge an objection in writing promptly with the Executive Committee specifying the grounds on which it considers that the entry is invalid. After consultation with the affected parties, the Executive Committee shall decide on the matter and, if found justified, shall reject the entry concerned.

Rule 47 – Withdrawals

1. International Regattas
 - a. If a club or member federation wishes to withdraw from an event that it has entered, it shall give notice in writing to the organising committee as soon as possible and, at the latest, before the Team Managers' Meeting.
 - b. In the case of a Regatta comprising two successive days of racing and where the events are held as two separate one-day regattas, a withdrawal for the second regatta must be given, in writing, to the organising committee no later than one hour after the last race of the first day.
 - c. In the event of a withdrawal the organising committee may conduct a new draw.
2. World Rowing Championship, World Rowing Cup regattas, Olympic, Paralympic, Youth Olympic and relevant qualification regattas

If a member federation withdraws a crew or crews from an event in which it has been entered, it shall give notice in writing of the withdrawal to World Rowing, at the latest, three hours before the Draw.
3. A withdrawal once made is irrevocable.

Bye-Law to Rule 47 – Withdrawals after the Withdrawal Deadline

World Rowing Championship and World Rowing Cup regattas and qualification regattas for the Olympic, Paralympic and Youth Olympic Games

1. *Notice of the withdrawal must be lodged with World Rowing at the World Rowing Regatta Office or another previously announced location.*
2. *In cases of withdrawals received later than the deadline of three hours before the Draw, the member federation concerned will be fined EUR 500 or equivalent per withdrawal. However, there shall be no financial sanction for the withdrawal of a crew that withdraws for medical or safety reasons acceptable to World Rowing.*

Rule 48 – Crew Changes after the Entry Deadline and before the First Heat

1. International regattas
 - a. Crews – Clubs or member federations may substitute up to one half the number of rowers (as well as the coxswain, if applicable) in any crews entered by them, provided:
 - i. that the replacement rowers are members of the same club, or, in the case of composite crews, of one of the clubs concerned.
 - ii. in the case of national team crews, the replacement rower shall be of the same member federation.
 - iii. Any substitution is to be notified in writing to the organising committee at least one hour before the first heat of the event.
 - b. Single scullers – A single sculler who has entered shall not be replaced except in the case of illness or injury in accordance with the Bye-Law 1b) to this Rule.
2. World Rowing Championship, World Rowing Cup regattas and qualification regattas for the Olympic, Paralympic and Youth Olympic Games:
 - a. Crews – Member federations may substitute up to one half the number of rowers (as well as the coxswain, if applicable) in all crews entered by them, provided that the replacement rowers are eligible to represent that federation in accordance with these Rules, and that the changes are communicated in writing to World Rowing at least three hours before the first heat of the event.

- b. Single scullers – A single sculler who is entered shall not be replaced except in the case of illness or injury in accordance with the Bye-Law 2 b) to this Rule.

Bye-Laws to Rule 48 – Changes after the Entry Deadline and before the First Heat for Medical Reasons

1. *International Regattas:*
 - a. *Crews: In addition to the provisions of paragraph 1 a) of this Rule, in the case of illness of, or injury to, a member of a crew before the first heat, a substitution of that rower may be made no later than one hour before the crew's first heat upon production of a medical certificate. The replaced rower may not compete again in the same crew even if he is returned to health. Any replacement rower must be eligible to represent that club or, in the case of national crews that member federation, in accordance with these Rules.*
 - b. *Single scullers: A single sculler who is entered and falls ill or is injured may, after the entry deadline and on production of a medical certificate, be replaced no later than one hour before their first heat provided that the replacement rower is a member of the same club, and in the case of national teams of the same member federation.*
 - c. *Any replacement under this Bye-Law must be communicated in writing to the organising committee at least one hour before the first heat of the crew or sculler concerned.*
 - d. *The official start time, in principle, shall not be changed for such substitutions, however in exceptional cases the President of the Jury may make a decision to delay the start.*
2. *World Rowing Championship, World Rowing Cup regattas and qualification regattas for Olympic, Paralympic and Youth Olympic Games*
 - a. *Crews - In addition to the provisions of paragraph 2 a) of this Rule, in the case of illness of, or injury to, a member of a crew before the first heat, a substitution of that rower may be made in principle no later than one hour before the official start time of the race if a medical certificate is provided and if the change is approved by the World Rowing Doctor who shall first examine the ill or injured rower. The replaced rower may compete again in the same crew at any point during the competition if returned to health as confirmed by a further medical certificate and with the approval of the World Rowing Doctor, who shall first make a further examination of the rower concerned. Any replacement rower must be eligible to represent that member federation in accordance with these Rules.*
 - b. *Single scullers - In the case of illness of, or injury to, a single sculler before the first heat, a substitution of that sculler may be made in principle no later than one hour before the official start time of their heat if a medical certificate is provided and if the change is approved by the World Rowing Doctor who shall first examine the ill or injured sculler. The replacement sculler must be eligible to represent that federation in accordance with these Rules. A single sculler replaced under this Bye-Law may not compete again in that event even if returned to health.*
 - c. *Any replacement under this Bye-Law must be communicated in writing to World Rowing at least one hour before the scheduled time of the first heat of the crew or sculler concerned.*
 - d. *The official start time, in principle, shall not be changed for such substitutions, however in exceptional cases the President of the Jury may make a decision to delay the start.*

Rule 49 – Changes after the First Heat

1. *International regattas:*
 - a. *Crews*
 - i. *No substitution of rowers may be made in a crew which has already raced in their heat of the event, except in the case of illness or injury, in which case a medical certificate shall be provided and the crew change approved by the organising committee.*

- ii. A rower who has been replaced may no longer compete at the regatta, even if the rower is restored to health.
 - iii. Up to half of the rowers in a crew plus the coxswain (if applicable) may be changed in accordance with this Rule.
 - iv. Any replacement rower must be a member of the same club, and in the case of national team, of the same member federation.
 - b. Single scullers – No substitution is permitted for a single sculler who has already raced in the heat of their event.
- 2. World Rowing Championship, World Rowing Cup regattas and qualification regattas for Olympic, Paralympic and Youth Olympic Games:
 - a. **Crews**
 - i. No substitution of rowers shall be made in a crew which has already raced in the heat of its event except in the case of illness or injury to a member of the crew, in which case a medical certificate shall be required and the crew change request shall be submitted in writing to World Rowing.
 - ii. The change may only be made if it is approved by the World Rowing Doctor, who has first had or has waived an opportunity to examine the ill or injured rower.
 - iii. The rower may compete again in the same crew if returned to health at any point during the competition upon notification to World Rowing in writing with a further medical certificate, and with the approval of the World Rowing Doctor who shall have had further opportunity to examine the rower.
 - iv. Up to half of the rowers in a crew plus the coxswain (if applicable) may be changed in accordance with this Rule.
 - v. Any replacement rower must be eligible to represent that member federation in accordance with the Rules of Racing and related Bye-Laws.
 - b. Single scullers – No substitution of a single sculler may be made once they have competed in their heat.
- 3. Consequential Substitutions
 - a. Where a rower is ill or injured and a substitution is made for that rower using a rower from a second boat (with no doubling up), the rower from the second boat may in turn be substituted in that boat by another rower.
 - b. This consequential substitution may only occur if the line of substitutions is clearly resulting from the illness or injury of the rower in the first boat in accordance with Bye-Laws to Rule 45 or Rule 46.
 - c. If the ill or injured rower recovers and is substituted back into the boat, the rower substituted for the ill or injured rower and any other rower substituted as a consequence of the initial substitution, must then at the same time, and effective immediately, be substituted back into their original boat for the next round of their event.
 - d. Where a consequential substitution is made and there is no available replacement for the second rower, then the crew of that second rower may be withdrawn as a consequential medical withdrawal under Rule 47.
 - e. Any replacement rower must be eligible to represent that club or, in the case of national crews that member federation in accordance with the Rules of Racing and related Bye-Laws.

SECTION 5 – Safety and Fairness

Rule 50 – Guiding Principles – Safety and Fairness

1. The primary principles guiding the organising committee and the regatta officials in charge of the regatta shall be:
 - a. Safety of all rowers;
 - b. Fairness for all rowers.
2. Each individual rower and team official shall act at all times in accordance with these principles.

Rule 51 – Safety – General Principles

1. An organising committee is responsible for providing all safety measures at its regatta. The Council may remove a regatta from the World Rowing International Event Calendar if it is not satisfied that the Rules of Racing and Bye-Laws regarding safety have been observed.
2. Rowers and team officials shall at all times act and compete in accordance with the rules in force relating to the safe use and safe condition of their boats, oars, sculls and other items of equipment.
3. It is the responsibility of rowers, team officials and their club or member federation to ensure that all their equipment is in a safe and suitable condition and that the rowers meet the requirements of Rule 14 regarding swimming ability and state of health and fitness.
4. Rowers and team officials shall comply with the instructions of the Jury and of the organising committee on any matter relating to safety.
5. Any member of the Jury may prohibit any crew from going on the water if they consider that crew constitutes a danger to themselves or other crews on the water. In the event of a dispute, the President of the Jury shall determine the issue.
6. While the organising committee of a regatta shall take all reasonable steps to provide safe rowing conditions and appropriate safety measures, the ultimate responsibility for competing safely lies first and foremost with each individual rower and their team officials.
7. The responsibility for all aspects of safety at World Rowing Championships, World Rowing Cup regattas, qualification regattas for Olympic, Paralympic and Youth Olympic Games, International Regattas and International Matches lies with the organising committee, as well as the competing clubs, member federations and rowers as provided for by these Rules. In this aspect World Rowing accepts no legal liability.

Rule 52 – Safety – Training at Regattas

1. Training shall take place only during the official training hours as notified by the organising committee.
 2. During the official training hours, a medical and rescue service shall operate on the land and on the water.
 3. The organising committee shall give advance notice of the official opening day of the course for training
 - a. The official opening day for an International regatta shall be a minimum of one day before the start of the regatta;
 - b. The official opening day for an Under 23 or Under 19 Championship shall be a minimum of three days before the start of the regatta; and
 - c. The official opening day for a senior World Rowing Championship shall be a minimum of four days before the start of the regatta.
 4. The organising committee shall also give as much notice of the official training hours for each day as is reasonably possible subject to review for safety or operational requirements.
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5. Notification of the official training hours shall specify the opening time and the closing time of the course for each day of training. All crews must be off the water by that closing time.
6. Crews may be penalised for failing to follow these requirements.

Rule 53 – Traffic Rules on the Course

1. The organising committee must publish, and display clearly in the embarkation or boathouse area, the traffic rules to be followed to control the movement of the boats on the water. These rules must cover:
 - a. Traffic rules for training; and
 - b. Traffic rules for racing.
2. It is the responsibility of every Team Manager to ensure that all of their team members understand the traffic rules.
3. It is the responsibility of every rower to comply with these traffic rules.
4. It is a requirement of these Rules that a crew warming up for a race or cooling down after a race:
 - a. Must stop when a race approaches its position;
 - b. Must not cross the finish line (in any direction) while boats from a race are in the process of finishing; and
 - c. Must not follow a race over all or part of the course, even outside the buoyed area, when not taking part in a race.
5. A crew may be penalised for failing to follow these requirements.

Bye-Laws to Rule 53 – Traffic Rules on the Course

1. *A copy of the traffic rules must be provided to every club or member federation entered, be published in the Team Managers Manual and clearly displayed on large signs in the boating area. These signs shall be located beside the pontoons where the crews go out on to the water.*
2. *The traffic rules for training and racing shall identify at least one clear lane of water as a neutral lane between crews travelling in opposite directions on the water. If it is not possible to provide the neutral lane, then the crews travelling in opposite directions must be separated by a “swimming line”, or equivalent, as a continuous, physical barrier on the water surface.*
3. *In principle there shall be no training during racing at International Regattas.*
4. *The traffic rules for racing shall cover the warm-up area and the cool-down area. They shall also take into consideration the safe movement of any boat taking part in the victory ceremony.*

Rule 54 – Other Boats on the Water

1. Racing
 - a. During the official hours of racing (when the traffic rules for racing apply), no boat (moving or fixed) shall be allowed on the regatta course or in the training areas unless it has the approval of the President of the Jury.
 - b. The President of the Jury shall approve the position and the movement of all approved vessels, i.e. Umpires’ boats, rescue boats, television boats, work boats, etc. during the official hours of racing.
2. Training
 - a. During the official hours of training (when the traffic rules for training apply), no boat (moving or fixed) shall be allowed on the regatta course or in the training areas without the approval of the Competition Manager.

- b. The Competition Manager shall approve the position and the movement of all approved vessels such as rescue boats, television boats, work boats, etc. during the official hours of training.
3. The Competition Manager is responsible for ensuring that no unauthorised crews or boats shall be permitted on the water of the regatta course at any time during the course opening times, from the first day the course opens until the end of the regatta.

Rule 55 – Damage to Equipment

Should a crew suffer damage to its equipment, the Board of the Jury shall, upon request from any of the crews involved, decide who is at fault.

Rule 56 – Fairness – General Principles

1. All rowers competing at a regatta shall at all times:
 - a. compete fairly;
 - b. be respectful of their opponents and the regatta officials;
 - c. Comply with the Rules of Racing; in particular, to be at the start on time and follow the instructions of the officials both on the water and off.
2. Team officials shall, at all times:
 - a. Be familiar with the Rules of Racing as may be relevant to their individual team duties;
 - b. Be respectful of the other teams, and regatta officials, and of the need for fair competition.
3. Regatta officials shall ensure that the Rules of Racing are applied fairly and in an atmosphere of respect to all rowers and team officials.

SECTION 6 – The Draw and Progressing to the Finals

Rule 57 – World Rowing Progression System

1. Should the number of crews taking part in an event exceed that of the number of lanes used for racing, a progression system shall be used to determine the finalists.
2. International Regattas
Each round of an event shall finish at least two hours before the following round of the same event.
3. World Rowing Championship regattas, Olympic, Paralympic, Youth Olympic Games and relevant qualification regattas
 - a. If earlier rounds of racing are required before the Final, they shall, in principle, be organised in such a way that a rower shall not be required to race more than once a day in the same event, or, if this is not possible and with the exception of Re-Rows, all rowers in the same round of that event shall have had the same number of races on that day.
 - b. The progression systems to be used shall be the World Rowing Progression System. Modified progression systems may be approved by the Executive Committee.

Bye-Laws to Rule 57 – World Rowing Progression System to Determine Finalists

Refer to Appendix R7 - World Rowing Progression System to Determine Finalists

Rule 58 – Seeding

1. The purpose of seeding is to avoid many of the faster boats in an event being drawn into the same heat. The seeding order shall only affect the allocation of crews to the heats and is for no other purpose. It shall not be taken into account for any of the later rounds of competition.
2. The Executive Committee shall determine and publish in advance the criteria for seeding crews and it shall appoint a Seeding Panel for a regatta at which seeding is to apply.

3. Where a Seeding Panel has been appointed by the Executive Committee under this Rule for a particular regatta, the Seeding Panel shall determine which crews in which events should be seeded.
4. The Seeding Panel will seed crews applying the criteria determined by the Executive Committee and published in advance, in principle seeding two crews per heat with the highest seeded crew being paired with the lowest seeded crew, the next highest with the next lowest, etc.
5. There shall be a random draw, supervised by a member of the Jury, to determine the heat for each pair of seeded crews so that the highest seeded crew is not always in heat 1. The lanes of each of the seeded crews in their heat shall also be determined by random draw.

Rule 59 – The Draw

1. The Draw for the heats shall take place at the Team Managers' meeting.
2. If the number of entries in an event would result in an unequal number of crews in each heat, then the heats with the greater number of crews are drawn before the heats with the lesser number of crews.
3. If the entries for an event are less than or equal to the number required for a final:
 - a. at International and World Rowing Cup regattas, a Preliminary Race to determine lanes for the final is not required and the Draw for lanes for that final should take place at the main Draw;
 - b. at World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, there shall be a mandatory preliminary race for all crews and the Draw for the Preliminary Race shall take place at the main Draw. The results of the Preliminary Race shall determine the lanes for the final.
4. If a crew withdraws after the Draw, but before the start of the first heat in their event and if the number of crews remaining in the event implies another variant of the progression system, or if the withdrawal results in an avoidable imbalance between the number of crews in each heat, the President of the Jury shall supervise a new Draw and, if necessary, postpone the race times to allow the redraw to be implemented.

Rule 60 – Determining the Lanes (Normal Conditions)

1. A random draw, supervised by the President of the Jury, shall be held to determine the heat and lane to which each crew will be assigned in the first round of the progression system, subject to the provision for seeded crews (Rule 58).
2. Assignment of lanes in later rounds – For all rounds after the heats, the principle is to put the crews with the best placings in their previous round in the middle lanes. The crews with the next lower placings in their previous round are put in the next outer lanes, etc. If the crews have the same placings in the previous round then there shall be a draw, supervised by a member of the Jury, to determine their lanes in the next round.
3. At World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, if a crew withdraws after the heats and this results in an avoidable imbalance in the next round of racing (e.g., Semi-finals CD with 5 and 3 crews), the President of the Jury may decide to alter the progression system to balance the number of crews in each race.

Rule 61 – Withdrawals, Exclusions and Disqualifications after the Draw

If a crew withdraws or is excluded or disqualified after the Draw then the following procedures shall operate:

1. If the withdrawal, exclusion or disqualification takes place before the start of the first heat, the start of the first repêchage, the start of the first quarter-final or the start of the first semi-final

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- of the event, the President of the Jury may take the appropriate steps to modify the Draw or make a new Draw. In addition:
- a. The result of the race will show the crew as DNS (did not start), EXC (excluded) or DSQ (disqualified).
 - b. A crew withdrawing before its heat or which is excluded or disqualified at any point in the event shall not be ranked in that event.
 - c. A crew withdrawing after its heat but before the start of its repêchage or its quarter-final or its semi-final will be placed last in the overall ranking of that event, and if there is more than one, then equally in last place.
2. If a crew stops rowing during a heat, a repêchage, a quarter-final, or a semi-final and does not finish the race:
 - a. The result of the race will show the crew as DNF.
 - b. The number of crews stipulated in the progression system will go forward to the next round.
 - c. The crew that does not finish the race will not be placed in that race and will not race again in the event and will be placed last in the overall ranking of that event.
 - d. Notwithstanding the above, where a problem has prevented the crew from finishing a race, the President of the Jury or, at a World Rowing Championship regatta, Olympic, Paralympic, Youth Olympic and relevant qualification regattas or World Rowing Cup regatta, the Executive Committee, may decide to place that crew last in that race.
 3. If a crew is excluded or disqualified after the start of the first heat of the event:
 - a. The result of the race will show the crew as EXC or as DSQ.
 - b. The number of crews stipulated in the Draw will go forward to the next round.
 - c. The crew that has been excluded or disqualified will not race again in the event and will not be ranked in the event.
 4. In any final, if a crew withdraws before the start of the race or if a crew stops rowing during the race and does not finish the race:
 - a. The result of the race will show the crew as DNS or DNF.
 - b. The crew that withdraws or stops during the race will be placed last in that final.

Rule 62 – Time Trials

1. A Time Trial is a race in which crews are started one after the other, whether in one or more lanes, and where the result is determined by the time taken by each crew to complete the course.
2. In cases of limited time availability or in adverse or unequal conditions, the President of the Jury at International Regattas, or the Executive Committee or its delegate at World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, may decide to hold time-trials instead of or in combination with heats, repêchages, quarter-finals, semi-finals and finals. The format and description of time trials is set out in the Bye-Laws to this Rule.

Bye-Laws to Rule 62 – Time Trials

Refer to Appendix R8 – Time Trials

Rule 63 – Adverse Weather Conditions

1. At International Regattas, when unfair or unrowable conditions prevail or are predicted, and after consultation with appropriate members of the Jury and the organising committee, the President of the Jury may decide to apply provisions as described in the Bye-Laws to this Rule.

2. For World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, when unfair or un-rowable conditions prevail or are predicted, the Fairness Committee or Executive Committee respectively may decide to apply provisions as described in the Bye-Laws to this Rule. The President of the Jury shall implement the decisions.

Bye-Laws to Rule 63 – Alternative Programmes in cases of Adverse Weather Conditions

1. *When unfair or unrowable conditions prevail or are predicted, the Fairness Committee may apply the options as described below. First consideration must be to the most appropriate option from Options 1, 2 and 3 before considering Option 4.*
 - a. *Option 1 - To use the lanes offering the most equal conditions;*
 - b. *Option 2 - To recommend to the Executive Committee to change the time table of the regatta to avoid adverse weather conditions;*
 - c. *Option 3 - To suspend racing when weather conditions are, or are about to become unfair or unrowable and recommend alternative times for racing;*
 - d. *Option 4*
 - i. *To prioritise the lanes for each individual race using the placings from the previous round to put the crews with similar placings from the previous round into adjoining lanes and giving the crews having achieved better placings better lanes.*
 - ii. *Where two or more crews have the same placing in the immediately previous round (e.g. each were heat winners), then there shall be a new draw for the crews with the same placing, supervised by a member of the Jury, to determine their reallocated lanes.*

This alternative shall not be used for heats (or in finals of an event with less than seven crews where there has been no mandatory preliminary race to determine the lanes for the final).

2. *At International Regattas, if the President of the Jury has determined that none of these Options provide an appropriate solution, the President of the Jury shall decide whether to implement one of the Solutions in point 3) of this Bye-Law in order to continue the regatta.*
3. *At World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, if the Fairness Committee determined that none of these Options provide an appropriate solution, it is the duty of the Executive Committee to decide whether to implement one of the following solutions in order to continue the regatta. The Executive Committee will consult with the Fairness Committee before determining which Solution to implement.*
 - a. *Solution 1: To start racing earlier than previously scheduled;*
 - b. *Solution 2: To resume racing at a later time when conditions have improved;*
 - c. *Solution 3: To omit one or more rounds of the event (e.g. semi-finals) where adverse conditions have stopped racing for a significant period of time or where the weather forecast indicates that racing may not be possible on some of the remaining days. In such a case the composition of the next rounds will be determined on the basis of the results of those rounds that have been completed. That may necessitate more than six crews in each race. Wherever possible the rankings of the crews in the previous rounds will be used as the basis for the composition of the next rounds.*
 - d. *Solution 4: To implement time trials for each individual race, e.g., if there were four heats from the official draw, then there shall be four separate time trial races in accordance with Appendix R8.*
 - e. *Solution 5: To implement a time trial in which all the remaining crews at each level in a round or rounds of an event compete together in one time trial.*
 - f. *Solution 6: To reduce the length of the race to no less than 1,000 metres where conditions are so adverse that no other alternative is possible.*

4. *When a decision is made to adopt any one of these Options or to implement any one of these Solutions, that decision shall be announced to the crews and notified to the Team Managers at the earliest opportunity as the case may require. In particular, adequate time must be given to crews to prepare for their race with knowledge of the change to the racing procedure by the adoption of one of the Options or the implementation of one of the Solutions.*
5. *Results from the previous rounds of racing may be used other than in accordance with the normal progression system to ensure fairness of competition.*

Rule 64 – Re-Rows

1. A Re-Row is a second running of a race involving some or all crews of that race.
2. The Umpire shall decide whether there is to be a Re-Row of a race.
3. The Re-Row shall be over the full distance of the original race.

Bye-Laws to Rule 64 – Re-Rows

1. *The Umpire may require a race to be re-rowed in accordance with this Rule if the Umpire considers that a Re-Row is necessary to ensure the fairness of the competition and, in particular but not exhaustively, in any one of the following circumstances:*
 - a. *A race which has been started but is interrupted by weather conditions or other external influences and is stopped by the Umpire before the race is finished;*
 - b. *There is interference between crews during a race and the Umpire determines that in order to restore the chances of a crew the race should be re-rowed with all or some of the crews;*
 - c. *A dead-heat, where this is required by the Rules of Racing;*
 - d. *Other special situations as decided by the Umpire to ensure the fairness of the competition.*
2. *The Umpire shall decide which crews in the original race shall be required to re-row.*
3. *Where the original race has been completed, the Umpire may exempt one or more crews from the Re-Row and confirm the results of those crews in the original race.*
4. *Before ordering the Re-Row, the Umpire may exclude one or more crews from the event in accordance with the Rules of Racing where that crew's (or crews') actions have caused the Re-Row.*
5. *A Re-Row shall take place not less than two hours after the original race and on the same day. The Umpire may decide, in consultation with the President of the Jury, that this two-hour limit may be reduced.*
6. *For the purposes of this Rule, the decision of the Board of the Jury determining a protest from the decision of the Umpire to order a Re-Row shall be deemed the decision of the Umpire.*
7. *For the purposes of this Rule, the decision of the Executive Committee determining an appeal from the Board of the Jury on a decision to order a Re-Row shall be deemed the decision of the Umpire.*
8. *At International Regattas, the Umpire may decide whether the Re-Row shall take place over the full course distance or over a shorter distance depending on the circumstances, including the distance already rowed by the crews in the original race, the time remaining until the next round, the overall fairness to the crews and any other relevant matters.*

SECTION 7 – Sanctions

Rule 65 – Sanctions

1. In any case of breach of the rules, a member of the Jury may impose appropriate sanctions. The sanctions available are:
 - a. Reprimand, which is a formal admonishment that the conduct of the rower or crew is in breach of the Rules and that this breach may be taken into account when considering

- an appropriate sanction for any further breach during that regatta. This will be an appropriate sanction where the breach does not warrant a high level of sanction.
- b. Yellow Card – which is a formal warning for a breach of the Rules:
 - i. A Yellow Card shall apply to the next race in which that crew competes in that regatta. It shall lapse only when the race is concluded and shall therefore still apply in the case of a postponement or a Re-Row of that race.
 - ii. A crew awarded two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event.
 - c. Relegation (REL) – which places a crew in the last position in a race where specifically provided in these rules.
 - d. Red Card or Exclusion (EXC) which excludes the crew from all the rounds of the event in question. This sanction is for a serious and/or repeated breach of the Rules justifying that the offending crew take no further part in the event.
 - e. Disqualification (DSQ) which disqualifies a rower or a crew from all events in the regatta.
 - i. This sanction is for the most serious breach of the Rules justifying removal from the regatta.
 - ii. Where a rower is disqualified, that rower shall take no further part in the regatta.
 - iii. Where a rower is disqualified at a time when Rules 45 and 46 only allow substitutions for medical reasons, then the rower may not be replaced and the crew of that rower shall be excluded from all rounds of the event in question.
 - iv. Where a crew is disqualified, no member of that crew shall take any further part in any event at that regatta.
2. Sanction on a Member Federation
- a. The President of the Jury may additionally provide a report to the Executive Committee on the breach of the Rules and the sanction imposed.
 - b. The Executive Committee shall, upon receiving such a report from the President of the Jury and if it considers that the sanction imposed by the Jury was not sufficient to the breach:
 - i. provide a copy of the report to the relevant member federation;
 - ii. give notice to that member federation that it intends to consider also imposing a sanction on that member federation with that notice to specify:
 - 1) the nature of the breach to be considered;
 - 2) the sanction or range of sanctions that will be considered;
 - 3) if past conduct is to be taken into account, the notice shall specify that accordingly and detail the relevant past conduct; and
 - 4) invite the member federation to provide written submissions on the issue by a stated date.
 - c. The Executive Committee may, after considering the report and any submissions from the member federation, impose such sanction as it considers appropriate to reflect the serious nature of the breach and/or the past conduct of that crew or any member of it or its team official as the circumstances may justify.

Bye-Laws to Rule 65 – Yellow and Red Cards

1. *When a Yellow Card or Red Card is awarded to a crew, the sanctioned crew shall be informed immediately or as soon thereafter as possible.*

2. *At World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, if the sanction applies to a race in a subsequent racing session, it shall be notified in writing to the Team Manager of that crew. This written notification shall state:*
 - a. *The crew on which the sanction has been imposed;*
 - b. *The sanction;*
 - c. *The nature of the breach;*
 - d. *Time and location of the breach;*
 - e. *Any other important facts; and*
 - f. *The name and function of the Jury member who awarded the sanction.*
3. *In the case of a Yellow Card applying to the next race of the sanctioned crew for which the crew is not yet on the water, the sanction shall where possible be announced verbally to the crew by the Jury member at the outgoing pontoon when the crew boats for its race.*
4. *Where a crew already on the water is awarded a Yellow Card prior to arriving at the Start, the Starter shall announce the sanction to the crew before the start of its race.*
5. *A crew awarded a Red Card or otherwise excluded or disqualified shall not participate in the race once notified of the sanction*
6. *If a sanction which affects the result of a crew is applied by a member of the Jury, it shall be shown on the race result in the following form: DSQ – Disqualification; EXC – Red Card or Exclusion; REL – Relegation.*

SECTION 8 – The Start

Rule 66 – At the Start

The first 100 metres of the regatta course constitutes the start zone.

A crew may enter the start zone if permitted by the Starter, but shall not enter the racing lanes until all crews from the preceding race have left the start zone and the Starter has attributed a lane to the crew. Crews must be attached to their starting positions at least two minutes before the designated start time.

Rule 67 – The Starting Procedure

1. **Methods of Starting** - There shall be two methods of starting as described in the Bye-Law to this Rule. The normal start procedure shall include a roll call of all crews before the start command is given. Alternatively, in case of adverse weather conditions or other valid reasons the Starter may decide to use the Quick Start procedure in which there is no roll call of individual crews.
2. **Starting Process** - The Starter shall inform the crews of their starting positions and shall start the race when the Judge at the Start indicates that the crews are correctly aligned. The Judge at the Start alone shall decide if the boats are correctly aligned or if one or more crews have committed a false start.
 - a. Should the Judge at the Start deem there to be a false start or the start to be otherwise faulty, the Starter shall stop the race and, if there was a false start, shall award a Yellow Card to the crew or crews which, in the opinion of the Judge at the Start, caused it. A crew causing two false starts or receiving two Yellow Cards which apply to the same race for any infringement whatsoever, shall be awarded a Red Card and be excluded from the event.
3. In principle the Starter shall start the race at the scheduled race start time.
4. The Starter may start the race without reference to absentees. A crew arriving late at its starting position may be awarded a Yellow Card by the Starter.

Bye-Laws to Rule 67 – The Starting Procedure**1. Starting Procedure – Normal Start**

- a. Crews must attach themselves to their start pontoons at least two minutes before the start time of their race. Two minutes before the designated start time, the Starter shall announce “Two minutes” and this shall signify to the crews that they are formally under Starter’s orders. The announcement of “Two minutes” shall also be an instruction to the crews that they must be ready to race within two minutes. After announcing “Two minutes” and if the Starter is satisfied that all the crews are ready to race the Starter may, in adverse weather conditions or other special circumstances, proceed with the start without waiting for the scheduled start time.
- b. Where an Alignment Control Mechanism is in use, the Starter, after all crews are attached to their start pontoon, shall alert crews by announcing “Raising Start System” and shall then activate the alignment mechanism to raise it to the surface.
- c. Before giving the start command, the Starter shall ensure that the Umpire and the Judge at the Start are ready. When the boats are aligned and the crews are ready to race, the Starter shall make a roll call by announcing – in lane order – the names of each of the crews in the race. Each crew is responsible for being both straight and ready to race at the end of the roll call.
- d. Once the roll call begins the Starter shall proceed to finish the roll call, taking no further notice of any crew which indicates that it is not ready or not straight. After the last crew has been named in the roll call the Starter shall check that the crews are straight and the Judge at the Start is indicating that the crews are still correctly aligned and shall then say: “Attention!”
- e. The Starter shall then EITHER raise the red flag, OR where the start is given using traffic lights, shall press a button (or switch) to change the traffic lights from the neutral position to red.
- f. After a clear pause the Starter shall give the start signal by:
 - i. EITHER dropping the red flag quickly to one side and simultaneously saying: “Go!”
 - ii. OR by pressing a button that shall, at the same instant:
 - 1) Change the red light to green;
 - 2) Make an audible signal through the loudspeakers;
 - 3) Start the timing system for the race;
 - 4) Freeze the picture on the monitor in the Aligner’s hut (if freeze frame facility is provided);
 - 5) Release the Alignment Control Mechanism (if used).
- g. The pause between the raising of the red flag / the showing of the red light and the start signal shall be clear and shall be variable from race to race.
- h. If the starting procedure is interrupted for any reason then the Starter may begin the procedure again, starting with the roll call.
- i. After a false start the Starter must begin the procedure again, starting with the roll call. The starter is not required to announce “Two minutes” again.

2. Starting Procedure – Quick Start

Where the Starter considers, for adverse weather conditions or any other valid reason, that the normal start with the roll call should not be used, after saying “Two Minutes!” the Starter shall inform the crews that the race will be started using the “Quick Start”.

Then, in place of the roll call, the Starter shall just say: “All Crews”, and after a clear pause he shall then say “Attention” and shall then proceed with the remaining start procedure.

Rule 68 – False Start

A crew whose rowers begin rowing and whose boat crosses the start line after the Starter has raised the red flag, or the red light is shown and before the start command is given, has committed a false start and shall be awarded a Yellow Card. If more than one boat commits a false start, only the crew or crews that the Judge at the Start decides actually caused the false start shall be awarded a Yellow Card.

Bye-Laws to Rule 68 – Consequences of a False Start

1. *After the start command has been given, the Starter shall look towards the Judge at the Start to check that it was a good start. Should the Judge at the Start indicate that this not be so, the Starter shall stop the race by ringing the bell and waving the red flag from side to side. If the traffic lights start system includes both visual and audible signals to indicate a false start then these shall be used (instead of the bell and the red flag) by flashing the red light and sounding the audible signal repeatedly. In this case, the Judge at the Start may directly activate the signal to stop the race.*
2. *In the case of a false start, the Judge at the Start shall inform the Starter of the name of the crew or crews to be penalised and the Starter shall award that crew or crews a Yellow Card when they have returned to their starting position by stating “(Name of Crew), False Start, Yellow Card!”*
3. *The Starter shall then instruct the official on the starting platforms to place a yellow marker, or in the case of a Red Card or Exclusion a red marker, adjacent to the starting position of the crew or crews so penalised. The yellow or red marker must be clearly visible to the crew concerned.*
4. *A crew awarded a Red Card or otherwise excluded will not take part in the race and will leave the course and return to the boating area as directed by the Starter.*

Rule 69 – Objections at the Start

A crew awarded a Yellow Card or excluded or disqualified at the start may make an objection to the Umpire or the Starter at the time. The Umpire or the Starter shall decide immediately on the objection and shall communicate the decision to the objecting crew, to the other crews in the race, and to the President of the Jury and other race officials.

SECTION 9 – During the Race

Rule 70 – Responsibility of the Rowers

All rowers shall compete in their races in accordance with these Rules. Crews are responsible for their own steering. Each crew shall have a lane reserved for its own use and shall remain completely (i.e., including its oars or sculls) within this lane throughout the race. If a crew leaves its lane then it does so at its own risk. If it impedes or interferes with any of its opponents or gains any advantage thereby, it may be penalised without prior warning or other notification from the Umpire.

Rule 71 – Interference

A crew causes interference to its opponents if its oars, sculls or boat encroach into the opponent's lane and cause a disadvantage to its opponents by contact, its wash or other distraction, or in any other way. The Umpire alone shall decide if a crew is in its lane or if it is interfering with another crew and causing them a disadvantage. If a crew has caused interference to another crew and has, in the Umpire's opinion, affected the finishing position of that crew then it may be excluded by the Umpire. In the situation where a collision between boats or oars or sculls has occurred, the Umpire may exclude the crew causing the collision even if no prior warning has been given to that crew.

In no case may the Umpire alter a placing.

Bye-Laws to Rule 71 – Actions on Interference and Consequences thereof

1. *Alerting a crew – If a crew is about to cause interference to another crew, the Umpire shall, when possible, raise the white flag, call to the crew at fault, state the name of the crew and indicate the*

required change of direction by lowering the flag to that side. In principle, the Umpire may not otherwise give steering indications to a crew unless there is an obstruction in its lane.

2. *Stopping a crew – To ensure the safety of the rowers and to prevent damage to boats and equipment, the Umpire may intervene by raising the white flag to the vertical position, naming the crew and giving the command “Stop!”. A crew so instructed shall immediately stop their boat. The crew may begin rowing again to finish the race if permitted by the Umpire.*
3. *Alerting the Umpire – If, during a race, a crew considers that it is being interfered with by another crew and is suffering a disadvantage thereby, then a member of the crew should, if possible, draw the attention of the Umpire to the interference at the time the interference occurs to indicate that it intends to make an objection.*
4. *Remedying a disadvantage – If a crew is placed at a disadvantage, the priority is to restore its chances. The imposition of any sanction is a secondary consideration. Should a crew suffer a disadvantage, the Umpire must take the most appropriate course of action provided by the Rules. Such action may be, for example, to stop the race, impose the appropriate sanction and order the race to be re-rowed. Depending on circumstances, the Umpire may allow the race to continue and then announce a decision after the race is over. The Umpire may not only penalise the crew at fault while the crew that has suffered interference does not have its chances restored to it.*
5. *Nothing in this Rule or its Bye-Laws lessens the responsibility of each crew to remain in its designated lane throughout the race.*

Rule 72 – Coaching during Racing

In addition to the provisions of Bye-Law to Rule 28 (Appendix R2), it is prohibited to give any instructions, advice or directions to rowers or crews that are racing with any electric, electronic or other technical device, either directly or indirectly from outside the boat.

SECTION 10 – The Finish

Rule 73 – Conclusion of the Race

1. A crew has finished the race when the bow of its boat has reached the finish line. The race shall be valid, i.e. in order, even if the crew is incomplete. Nevertheless, a crew of a coxed boat finishing the race without its coxswain shall be excluded.
2. A race is concluded when the Umpire so indicates by raising a white flag or otherwise confirms the result.

Bye-Laws to Rule 73 – Conclusion of the Race

1. *Race was in order – The Umpire, even if satisfied that the race was in order, must check to be sure that no crew is making an objection under Rules 71 or 75 before signalling to the Judge at the Finish, by raising the white flag, that the race was in order. Before leaving the finish area the Umpire shall make sure that the Judge at the Finish has acknowledged the signal with either a white flag or a white light.*
2. *Race was not in order – If the Umpire considers that the race was not in order the Umpire shall raise the red flag and shall then inform the crews and the Judges at the Finish of the decision. The Judges at the Finish, in such cases, must not announce the official result of the race until the Umpire has given the decision.*
3. *Objections – If a crew considers that its race was not in order a member of the crew must raise their arm to indicate that it is making an objection. In this case the Umpire shall not raise any flag at the end of the race but shall consult with the objecting crew and consider their objection. The Umpire may then decide upon one of a number of alternative actions:*
 - a. *The Umpire may reject the crew’s objection and raise a white flag to signify that the race was in order.*

round, the above procedure shall be used to determine which of those crews shall so advance. If all crews involved in the dead-heat progress anyway into the same level of the next round, there will be no Re-Row and their relative positions in the next round shall be decided by a draw supervised by a member of the Jury.

3. *In a final, if a dead-heat occurs between crews, then they shall be given equal placing in the final order and the next placing(s) shall be left vacant. If the tied placing is for a medal position then the organising committee shall provide additional medals.*
4. *Where a Re-Row is required as a result of a dead-heat under this Bye-Law, that Re-Row shall be over the full course distance under the provisions of Rule 64.*

SECTION 11 – Objections, Protests, Outcome of Protests, Appeals and Disputes

Rule 75 – Objections

1. Objections to Sanctions
 - a. A crew may only object to a sanction at the time it is awarded in accordance with the Bye-Law to this Rule by informing the member of the Jury, the Starter or the Umpire who notified the crew of the sanction that it objects to the sanction.
 - b. The member of the Jury, the Starter or the Umpire to whom the objection is made shall decide on the objection without delay and shall communicate the decision to the crew, to the Starter and to the other race officials.
2. Objection to the conduct of a race
 - a. If a crew considers that its race was not in order and that its ranking in the race has been affected, a member of the crew may object to the Umpire before its boat has left the immediate area of the finish line and before the umpire raises the white flag, in order for the objection to be valid.
 - b. Such an objection may only concern the conduct of that crew's race.

Bye-Laws to Rule 75 – Objections

1. *Objections to Sanctions*
 - a. *Where a sanction is imposed on a crew in each of the following circumstances the crew may raise an objection as follows:*
 - i. *At the Start - a crew awarded a sanction during warm-up or at the Start may object to the Starter, Umpire or any other member of the Jury at the Start or at the time the sanction is awarded.*
 - ii. *During a race – a crew sanctioned by the Umpire during a race may object to the Umpire at the time the sanction is awarded or immediately after the finish of its race.*
 - iii. *During cool-down or training or at any other time - A crew notified of a sanction for an infringement during cool down or training or at any time other than those above, may object to the member of the Jury who notifies the crew of the sanction. In such cases, in order to be valid the objection must be made before the crew embarks for the race to which the sanction applies.*
2. *Objection to the conduct of a race*
 - a. *A crew that objects to the conduct of its race must object to the Umpire immediately after the finish of the race, before the crew leaves the immediate area of the finish line and before the Umpire raises the white flag.*
 - i. *The crew shall indicate to the Umpire that it wishes to make an objection by a member of the crew raising their arm.*

- ii. *The objecting crew shall not leave the area of the finish line until the Umpire has heard its objection.*
- b. *The Umpire will determine the objection as follows:*
 - i. *The Umpire may reject the crew's objection and raise a white flag to signify that the race was in order;*
 - ii. *The Umpire may accept the crew's objection and raise a red flag to signify that the race was not in order.*
 - 1) *In this case the Umpire must go to the Judges at the Finish in order to give them the decision and any necessary explanation.*
 - 2) *The Judges at the Finish, in such cases, shall not announce the official result of the race until the Umpire has given a decision*
 - iii. *The Umpire may decide to seek further information regarding the objection.*
 - 1) *In this case, the Umpire shall raise a red flag and then take any necessary further steps to resolve the issues relating to the objection, e.g. consult with other officials, consult with other persons, consult with the President of the Jury etc.*
 - 2) *The Judges at the Finish, in such cases, shall not announce the official result of the race until the Umpire has given a decision.*

Rule 76 – Protests

1. A protest to the Board of the Jury may only be made by:
 - a. a crew whose objection has been rejected;
 - b. a crew whose ranking in a race has been affected by the acceptance of an objection;
 - c. a crew ruled DNS (did not start) or DNF (did not finish);
 - d. a crew that has been excluded or disqualified; and
 - e. a crew that disputes the published results.
2. Such a protest must be in writing and lodged with the President of the Jury not later than one hour after the conclusion of the race and the publication of the official results.
3. The protest must be accompanied by a deposit of EUR 100 or equivalent, which amount shall be refunded if the protest is upheld.
4. The Board of the Jury shall then decide if the protest was justified. It will make its decision before the next round of races in the event concerned and, in any case, no later than two hours after the last race of the day. The decision and reasoning shall be given in writing.
5. The Board of the Jury may:
 - a. Reject the protest;
 - b. Uphold the protest and provide such relief as may be necessary to restore each affected crew's chances in the race or to correct the published results. The relief available to be provided by the Board of the Jury is as follows:
 - i. Reprimand a crew;
 - ii. Exclude a crew from the event;
 - iii. Disqualify a crew;
 - iv. Relegate a crew to last place in the race where specifically provided for in these Rules;
 - v. Order a Re-Row in accordance with Rule 64 between some of all of the crews in the race.

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6. At a World Rowing Championship or World Rowing Cup regatta, in the case of a protest arising from an objection concerning the final of an event, the Executive Committee may postpone the victory ceremony of that event.
 - a. If the victory ceremony has taken place, and if the subsequent decision of the Board of the Jury changes the final result of the event then the official result shall be changed accordingly.
 - b. Where medal placings are affected, then the medals shall be re-awarded as necessary in accordance with the decision.
 7. Subject only to Rule 77, the decision of the Board of the Jury on such a protest shall be final and not subject to further appeal.

Rule 77 – Appeals

1. Only appeals provided for by this Rule will be considered by the Executive Committee
2. A decision of the Board of the Jury which confirms the decision of a member of the Jury shall be final and may not be appealed.
3. Subject to paragraph 2 above, an appeal to the Executive Committee against a decision of the Board of the Jury may be made only by:
 - a. a crew whose ranking in a race has been adversely affected by a decision of the Board of the Jury; or
 - b. a crew whose protest against the published results was rejected by the Board of the Jury.
4. Appeal Time Limits and Requirements
 - a. International Regattas - Any such appeal must be lodged with the Executive Director within three days of the date that the decision to be appealed was notified to that crew, club or member federation;
 - b. World Rowing Championships, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas – Any such appeal must be lodged at the World Rowing Office of the regatta within one hour of the publication of the official results of the race following the decision of the Board of the Jury.
 - c. An appeal shall be by notice in writing specifying:
 - i. The member federation and crew bringing the appeal;
 - ii. The decision appealed against;
 - iii. the grounds to be relied on for the appeal.
 - d. The appeal must be accompanied by a fee of EUR 200 or equivalent which fee shall be refunded if the appeal is allowed.
 - e. The Executive Committee shall consider the appeal and may:
 - i. Reject the appeal;
 - ii. Allow the appeal and provide such relief as was available to the Board of the Jury as it considers just and appropriate.

If the decision of the Executive Committee on the appeal changes the final result of the event, the official result shall be changed accordingly.

 - f. At World Rowing Championships, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas:
 - i. Where the appeal relates to a preliminary round in an event, the Executive Committee will deliver its decision before the next round of that event
 - ii. Where the decision of the Executive Committee on the appeal changes the final result of the event:

- 1) the official result shall be changed accordingly; and
 - 2) where the medal placings are affected, the medals shall be re-awarded as necessary in accordance with the decision.
 - iii. As a general rule, the victory ceremony will not be postponed for an appeal.
5. Decisions of the Executive Committee under this rule are final

Rule 78 – Disputes, Appeals and Cases not Covered

1. International Regattas

Subject to Rule 79, disputes between clubs or member federations shall be referred to the organising committee. Appeals against decisions of the organising committee may be submitted to the Executive Committee under Rule 77.

2. World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas –

The Executive Committee shall adjudicate on appeals from a decision of the Board of the Jury and on all cases not covered by the Rules of Racing and Bye-Laws and the Event Regulations as well as on disputes which may arise during these regattas.

The decision of the Executive Committee shall be final. Any decision made by the Executive Committee under this Rule shall immediately be communicated to the member federations of World Rowing in writing.

Rule 79 – International Regattas – Disputes between the Organising Committee, Clubs or Member Federations

1. A dispute between the Organising Committee, clubs or member federations at an International Regatta may be referred to the Executive Committee for resolution.
2. This dispute referral process is to enable such a dispute to be resolved swiftly and with the minimum of inconvenience or expense to the parties.
3. This referral may be made by any one of the parties in dispute. The referral shall be in writing and made as soon as possible after the conclusion of the International Regatta.
4. It may be inappropriate for the Executive Committee to decide on certain disputes. Accordingly, the Executive Committee may, in its absolute discretion, decline to accept the referral without providing an explanation.
5. If the Executive Committee agrees to accept the referral, it shall proceed to determine the dispute by due process and with respect to the fundamental rights of the parties in dispute.
6. The decision of the Executive Committee on the dispute shall be considered final and binding on the parties

Rule 80 – The Regatta Report

1. Where World Rowing has given notice before the regatta that it requires a regatta report, the Chair of the organising committee and the President of the Jury shall write the regatta report on the standard form of World Rowing. This report shall include comments on the running of the races and on any incidents and disputes arising. This report shall be submitted in electronic form to World Rowing not later than 7 days after the regatta.
2. World Rowing may request an organising committee to send to World Rowing in electronic form not later than 7 days after the regatta the complete results of the regatta.

SECTION 12 – Duties of the Jury

Rule 81 – Control Commission

The Control Commission shall ensure that the composition of the crews is correct and that their equipment is in order. It shall also assist in the identification of the rowers selected to undergo anti-doping tests after their race.

Rule 82 – The Starter and the Judge at the Start

The Starter and the Judge at the start shall ensure that the correct starting procedure is followed.

Rule 83 – The Umpire

1. The Umpire shall ensure the proper conduct of the race and the safety of the rowers and in particular shall endeavour to ensure that no crew gains any advantage or suffers any disadvantage from its opponents or from outside interference.
2. Where the Umpire considers that a crew has been significantly impeded the Umpire shall endeavour to ensure that its chance is restored to it and shall impose appropriate sanctions on crews at fault whether or not prior warning or notification has been given to those crews. The Umpire shall not give any steering indications to crews except as may be required to assist with the avoidance of accidents and to prevent crews from being interfered with by their opponents.
3. If necessary, the Umpire may stop the race, impose any necessary sanctions and order the race to be re-rowed, either immediately or later, in accordance with Rule 64. In the latter case, the Umpire shall decide on the new starting time in consultation with the President of the Jury and shall so inform the crews concerned.
4. The Umpire may also allow the race to continue and exclude crews after the race has finished. Any Re-Row may be confined to such crews as the Umpire shall designate. However, when the Umpire considers that the impediment has not affected the result of the race, or considers the effect of the impediment was not significant, the Umpire may decline to order a Re-Row of the race or of the crews involved in the incident.
5. Zonal Umpiring – The Executive Committee may decide that at a World Rowing Championship, Olympic, Paralympic, Youth Olympic or relevant qualification regatta or World Rowing Cup regatta, umpiring of some races shall be carried out from boats which are stationary or which do not follow the whole race or by Umpires stationed on the land adjacent to the course, and shall issue instructions and guidelines accordingly.
 - a. Where the weather or other conditions are such that zonal umpiring is about to put the safety of crews at risk the President of the Jury may decide to revert to dynamic umpiring for the remainder of that racing session.

Rule 84 – Judges at the Finish

The Judges at the Finish shall determine the order in which boats reach the finish. They shall ascertain that the race was in order. They shall be responsible for validating the results.

Bye-Laws to Rules 81 to 84 – Duties of the Jury

Refer to Appendix R9 – Duties of the Jury

PART VII – ANTI-DOPING RULES

Rule 85 – Anti-Doping

Doping is strictly prohibited.

The fight against doping is regulated by the World Anti-Doping Code, which the World Rowing Congress has formally adopted as World Rowing rules and that the World Rowing Council has the power to clarify and/or supplement, by appropriate Bye-Laws.

In rowing, for those who infringe doping provisions, a sanction may be imposed extending to, in a relevant case, a life ban from all competition.

The version of the World Anti-Doping code, its Bye-Laws and the World Rowing Anti-Doping Bye-Laws valid at the time of the violation shall apply.

Bye-Laws to Rule 85– Anti-Doping (Appendix R10)

Refer to Appendix R10 – Anti-Doping

PART VIII – EXCEPTIONAL CASES

Rule 86 – Exceptional Cases

1. International regattas – Should it be necessary to make decisions in exceptional cases (e.g., postponement of a session of races or suspension of the regatta), the President of the Jury shall appoint and preside over a body to make such decisions.
2. World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas – Should it be necessary to take decisions in exceptional cases, the Executive Committee members present or others specifically appointed by the Executive Committee for that purpose shall make such decisions.

PART IX – CONCLUDING PROVISIONS

Rule 87 – Concluding Provisions

These Rules of Racing were approved effective immediately by the FISA Extraordinary Congress held virtually from 17 to 18 October 2020.

Jean-Christophe Rolland
President

Matt Smith
Executive Director



APPENDICES TO THE RULES OF RACING

2021 Edition

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APPENDIX R1

BYE-LAW TO RULE 13 – MEN'S AND WOMEN'S EVENTS

Eligibility by Gender

1. *A rower is eligible to compete in a men's event, or as a man in a mixed event, if the gender of the rower is Male in the rower's passport or national identity card.*
2. *A rower is eligible to compete in a women's event, or as a woman in a mixed event, if:*
 - a. *The gender of the rower is Female in the rower's passport or national identity card; and*
 - b. *where applicable, the rower meets the requirements of paragraph 3 below.*
3. *Where, either:*
 - a. *the rower's gender has changed; or*
 - b. *the rower has otherwise been required by the Executive Committee to establish eligibility to compete as a woman;*

the rower first satisfies the World Rowing Gender Advisory Panel that the rowers' serum testosterone concentration has been less than 5 nmol/L continuously for a period of at least the previous 12 months and secondly meets any other requirements reasonably set by the Executive Committee.

World Rowing Gender Advisory Panel

4. *The Executive Committee will appoint and maintain from time to time a panel of experts in the specialist areas of Gender Identification, Sex-reassignment, Hyperandrogenism, Transgender and Differences of Sexual Development (DSD) to be known as the Gender Advisory Panel.*
 - a. *The Convenor of that panel will be the Chair of the Sports' Medicine Commission.*
 - b. *The purpose of that panel is to evaluate cases seeking a determination of gender eligibility and to provide expert advice to the Executive Director, the Executive Committee or the Council (as the case may require) on those specialist areas.*
 - c. *The names of the panel members and their respective areas of expertise shall be published by World Rowing.*
 - d. *The Chair of the Sports' Medicine Commission, as convenor of the panel, is responsible for protecting the confidentiality of a rower's medical records and ensuring that any issue as to the gender identification of any rower is treated with due sensitivity.*

The Executive Committee

5. *When considering any issue as to the eligibility of a rower to compete either as a man or as a woman under Rule 13 and this Bye-Law, the Executive Committee shall have regard to:*
 - a. *any report that it receives from the Gender Advisory Panel as to the medical / scientific aspects of the case;*
 - b. *any criteria as to gender identification adopted by the international sports community; and*
 - c. *any relevant decisions of the Court of Arbitration for Sport (CAS).*

Gender Identification, Sex-reassignment, Hyperandrogenism, Transgender, and Differences of Sexual Development (DSD)

6. *The authority of the Executive Committee to determine any issue as to the eligibility of a rower to compete either as a man or as a woman under this Rule shall include, but is not confined to, any such issue arising in the case of Gender Identification, Sex-reassignment, Hyperandrogenism, Transgender, and Differences of Sexual Development (DSD).*
7. *The Council may publish guidelines to assist rowers who have changed their gender, or intend to do so, in accordance with their national laws and regulations and who intend to seek a determination from the Executive Committee of their eligibility to compete either as a man or as a woman.*

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8. *A member federation may request a determination from the Executive Committee as to the eligibility of one of its rowers to compete either as man or as a woman.*
 - a. *That member federation shall present the request for such determination to the Executive Director.*
 - b. *The Executive Committee will treat any such request as a matter confidential between the rower (not the member federation) and the Executive Committee and with due sensitivity to the interests of the rower.*
 - c. *The member federation is entitled to be informed by the Executive Committee only as to whether the rower is eligible or not.*
 - d. *The rower is entitled to be informed of the reasons for the decision as to eligibility.*
 9. *The Executive Director shall refer a request under paragraph 8 above to the Gender Advisory Panel for evaluation.*
 - a. *The panel shall undertake that evaluation and report accordingly to the Executive Committee.*
 - b. *If the rower declines to comply with any reasonable requests by the panel for medical records or test results that the panel reasonably considers may assist with the evaluation, the Convenor of the panel will advise the Executive Committee accordingly who may thereupon decline to give further consideration to the request for determination of gender eligibility until the panel's requests are complied with.*

Costs

10. *The costs and other expenses involved with a determination of gender eligibility shall be at the sole discretion of the Executive Committee. In principle, but without derogating from that general discretion:*
 - a. *The costs and other expenses involved with a request for a determination as to eligibility will be payable by the member federation that submitted the request;*
 - b. *The costs and other expenses involved with an objection under Rule 46 relating to gender eligibility will be payable either*
 - i. *by the objector in the event of an unsuccessful objection, or*
 - ii. *by the member federation who entered the rower (or the rower if the rower submitted the entry) in the event of a successful objection.*

APPENDIX R2

BYE-LAWS TO RULE 28 – BOATS AND EQUIPMENT

Requirements for racing boats and equipment.

Failure to comply with this Bye-Law shall result in a sanction up to disqualification.

All safety requirements described here are minimum requirements. It is the responsibility of the club or member federation concerned and the rowers to ensure their safety with regards to their rowing equipment.

1. Boats

- a. *Maximum Length – All boats used in eights events shall be a minimum of two sections, with no section longer than 11.9 m.*
- b. *Minimum Length – The minimum overall length of a racing boat shall be 7.20 metres. This will be measured from the front of the bow ball to the furthest aft extent of the boat, which may include an extension beyond the hull. If an extension is used it shall be firmly affixed to the stern and terminate in a 4 cm ball as described in 1) f) below. If a boat cannot be correctly aligned because it is less than the minimum overall length, the Starter may exclude the crew from the race. This rule does not apply to boats used in para rowing events and coastal rowing events.*
- c. *Boat Design – All boats shall be displacement mono-hulls, unless otherwise agreed by the Executive Committee.*
- d. *Coxswain's Seat – The opening of the coxswain's seat must be at least 70 cm long and it must be as wide as the boat for at least 50 cm. The inner surface of the enclosed part must be smooth and no structure of any sort may restrict the inner width of the coxswain's section.*
- e. *Flotation – All boats shall meet the flotation requirements specified in World Rowing's Minimum Guidelines for the Safe Practice of Rowing, i.e. "A boat when full of water with a crew of average weight equal to the design weight stated on the boat's production plaque, seated in the rowing position should float such that the top of the seat is a maximum of 5 cm below the static waterline". It shall be the sole responsibility of the club or member federation using a boat to ensure that it complies with this requirement.*
- f. *Bow Balls – The bows of all boats shall be fitted with a solid ball shape, minimum diameter 4 cm which covers the point of the bow and is bright white. If this is an external part it shall be firmly affixed to the bow of the boat such that it does not significantly deflect if a side force is applied. If it is an integral part of the hull construction, it shall afford equivalent protection and visibility.*
- g. *Quick release foot stretchers – In all boats the foot stretchers, shoes or other devices holding the feet of the rowers shall be a type which allows the rowers to get clear of the boat with no delay in an emergency.*
 - i. *Where shoes or other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that when the heel reaches the horizontal position the foot will be released from the shoe. In addition, where laces, Velcro or similar materials must be opened before the rower can remove his feet from the shoes or other device, all such materials must be able to be released immediately by the rower with a single quick hand action of pulling on one easily accessible strap.*
 - ii. *Where shoes or other devices holding the feet will not remain in the boat, each shoe or device must be able to be released by the rower either without using their hands or with a single quick hand action of pulling on one easily accessible strap or release device.*

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2. Oars
 - a. *All parts of the oar shall be fixed in place and incapable of movement independent of the movement of the oar as a whole during rowing.*
 - b. *Oar Blade Thickness – Oar blades may not be less than 5 mm thick for sweep oars, and 3 mm thick for sculls. This thickness shall be measured 3 mm from the outer edge of the blade for sweep oars and 2 mm for sculls.*
 3. Identifications
 - a. *Production Plaque – All boats must have a production plaque or equivalent visible and permanently affixed inside the boat, up to 50 sq. cm in area, on which is written the name and address of the boat builder, its mark or logo, the year the boat was constructed, the average weight of the crew for which the boat is designed, the weight of the boat on construction or upon delivery and stating whether the boat meets the flotation requirements specified in World Rowing's Minimum Guidelines for the Safe Practice of Rowing.*
 - b. *All boats and oars shall comply with the requirements set out in the Bye-Laws to Rule 38 (Identifications, etc.).*
 4. Natural properties
 - a. *No substances or structures (including riblets) capable of modifying the natural properties of water or of the boundary layer of the hull/water interface shall be used.*
 5. Communication and Electronics
 - a. *Data Transmission – During racing (which shall mean at all times when racing "traffic rules" are in force), no communication with the crew is permitted from outside the boat using electric or electronic equipment. In addition, no data may be sent to, or received from the boat except as provided for in paragraph 5.c).*
 - b. *Allowable Data – During racing, the only information allowed to the crew in the boat shall be:*
 - i. *Time*
 - ii. *Stroke rate*
 - iii. *Boat Velocity / Acceleration*
 - iv. *Heart rate*

This information shall be designated as "allowable data". This data and any information derived directly from it, may be recorded during racing for later use. No other data or information may be measured, recorded or stored except as provided for in paragraph 5) c).
 - c. *Regatta Information – World Rowing may install on each boat a device(s) for the purpose of recording or transmitting real-time race and other information which shall be owned by World Rowing and may be used for any purpose including presentation and promotion of the event and the sport.*
 6. Promotional Equipment
 - a. *At World Rowing Championship, World Rowing Cup, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, the Council may require crews to carry on their boats such equipment as it considers desirable for the better promotion of the sport of rowing (e.g. mini cameras, microphones, etc.) provided that such equipment is identical for all boats in a race.*

APPENDIX R3

BYE-LAWS TO RULE 30 – WEIGHT OF BOATS

1. *Minimum boat weights are the following:*

<i>Designation</i>	<i>Boat type</i>	<i>Minimum Weight (kg)</i>
1x	Single Sculls	14
PR1 1x	PR1 Single Sculls	24
PR2 1x	PR2 Single Sculls	22
2x	Double Sculls	27
PR2 2x	PR2 Double Sculls	37
PR3 2x	PR3 Double Sculls	27
2-	Pair	27
PR3 2-	PR3 Pair	27
2+	Coxed Pair	32
4x	Quadruple Sculls	52
4-	Four	50
4+	Coxed Four	51
PR3 4+	PR3 Coxed Four	51
8+	Eight	96

The minimum weight of the boat shall include the fittings essential to its use, in particular: riggers, stretchers, shoes, slides, seats and hull extensions.

It shall also include:

- a. *Loud speakers if they are firmly fastened to the boat and associated wiring for such speakers;*
- b. *Any housings or fixings that are firmly fastened to the boat for the purpose of holding water bottles, electronic or other equipment;*
- c. *Cables and wires required to connect equipment to provide "Allowable Data" (see Bye-Laws to Rule 28); and*
- d. *Seat Pads that are attached to the seat.*

The minimum boat weight shall not include the oars or sculls, the bow number or any other item not essential to its use and not firmly fastened to the boat. Additional weight carried in the boat to achieve the required minimum weight shall be firmly fastened to the boat or to the essential fittings described above.

2. *Responsibility – It is solely the responsibility of the crew that their boat meets the required minimum weight.*
3. *Weighing Scales – The weighing scales shall be provided by a World Rowing-approved manufacturer and shall indicate the weight of the boat to 0.1 kgs. The scales shall be connected to a printer so that a printed record of the boat weight is immediately available. The scales shall be located on a horizontal base, inside a building or a tent to provide protection from the wind. The weighing area shall be easily accessible from the incoming pontoons and shall be exclusively reserved for the weighing of boats during the regatta.*
At the beginning of each official training day and of each racing day, the scales shall be tested, using calibrated (gauged) weights, by a member of the World Rowing Equipment and Technology Commission and/or the member of the Control Commission responsible for boat weighing.
4. *Test weighing of boats – The weighing scale(s) shall be available to the crews at least 24 hours before the first race of the regatta for test weighing of their boats. During racing the scales shall be available for test weighing of boats, however the weighing of boats selected for official weighing shall have priority and crews shall follow the instructions of the Jury member responsible.*
5. *Selection of Boats to be weighed – The President of the Jury or their delegate shall make a random draw before the start of each racing session to select the boats which are to be weighed.*

The President of the Jury shall also have the right to include additional boats at any time before the finish of the race of the boat concerned if there is a suspicion that certain boats are underweight. Copies of the random draw shall be delivered to the responsible person at the Control Commission. The draw shall be kept confidential until the crew of each selected boat is notified of that selection.

6. *Notification to Crews – A member of the Control Commission shall notify the crews of the selected boats as they leave the water after their races and the Control Commission member, or people appointed for that purpose, shall accompany each boat to the weighing scales. A selected crew is required to take its boat directly to the weighing scales when it is notified that the boat has been selected for weighing. Failure to do so shall lead to the crew being excluded. Once the crew has been notified that the boat has been selected for weighing, no extra weight of any description can be added to the boat until the boat has been weighed.*
7. *Additional Items to be removed – Equipment which is not to be included in the weight of the boat shall be removed from the boat before weighing. At the official weighing of the boat, the normal wetted surface of the boat is accepted. However, any standing water must be removed before the weighing, in particular any water between the shoulders and inside the bow and stern canvas. All other items (tools, clothes, sponges, bottles, etc.) must be taken out of the boat before the weighing.*
8. *Official Weighing – The boat shall be officially weighed.*
9. *Failure to make the minimum weight – If a boat is below the minimum weight at the official weighing, the member of the Control Commission responsible for boat weighing shall print out the record of weighing and proceed as follows:*
 - a. *Write the words “First Boat Weighing” on the printed record of weighing.*
 - b. *Test the scales with the gauged weights, observed by the crew representative, print out the result of this test, and write on the printed record of weighing the name of the crew and the event and the words “Test Weighing”. Both the crew representative and the member of the Control Commission shall sign the printed record of this test.*
 - c. *Weigh the boat concerned for the second time. If, on the second weighing, the boat meets the minimum weight requirement, no further action is necessary. If, however, the boat is still below the minimum weight, the member of the Control Commission will write on the printed record of second weighing the name of the crew, the event and the number and type of equipment items included in the weighing and the words “Second Boat Weighing”. Both the crew representative and the member of the Control Commission shall sign the printed record of this weighing. No other or later weighing shall be considered as valid.*
 - d. *Award the appropriate sanction to the crew.*
 - e. *Deliver the three printed, signed records of weighing (First Boat Weighing, Test Weighing of the scales and Second Boat Weighing) to the President of the Jury and notify the President of the Jury of the sanction awarded.*
10. *Sanction for Underweight Boat – The sanction for having raced in a boat that is underweight (BUW) shall be relegation to last place in the particular race. The official result of that crew shall show BUW. If two or more boats in the same race are underweight, they shall all be relegated and they shall be ranked in the descending order of their respective boat weights on the second weighing. If their boat weights on the second weighing are identical they shall be ranked by their order of finish in the race. If the crew races again in an underweight boat in a later round of the same event, then the sanction shall be the exclusion of the crew.*

APPENDIX R4

BYE-LAWS TO RULES 31 TO 33 – REGATTA COURSES

1. World Rowing Manual for Rowing Championships

In addition to conforming to the Rules of Racing and related Bye-Laws, a regatta course and all its technical equipment must also comply with the specifications and descriptions given in the latest edition of the “World Rowing Manual”.

2. Stretches of Water

- a. *General – A standard international course shall be straight and shall not have less than six racing lanes. It shall provide fair and equal racing conditions for six crews. In addition to the six racing lanes there must be sufficient water width available to allow crews to get to the start, to warm up and to cool down safely and without disruption to racing.*
 - i. *For courses on channels there must be a minimum of eight racing lanes.*
 - ii. *For courses on lakes where the banks on both sides of the racing lanes are at such a distance that there would be no negative impact on the conditions in the racing lanes, a minimum of 8 lanes must be available, of which there could be 6 racing lanes and 2 training lanes.*
 - iii. *For World Rowing Championship, Olympic and Paralympic regattas and World Rowing Cup regattas, it is recommended to have a minimum of eight racing lanes available, plus cooling down and warming up areas outside of the racing lanes.*
- b. *Length of Water – The minimum length of water necessary to contain the standard international course is 2,120 m. For a course for Masters the minimum length is 1,150 m. However, for a World Rowing Masters Regatta the minimum length of water must take into account the additional requirements for warm-up and pre-start marshalling behind the start.*
- c. *Width of Water –*
 - i. *The standard international course shall be at least 95 m wide i.e. 15 m (water width available to allow crews to get to the start + (6 racing lanes x 12.5 m each) + 5 m free space between the racing lanes and the opposite bank = 95 m.*
 - ii. *The minimum width of the course for a World Rowing Championship, Olympic and Paralympic regattas and World Rowing Cup regattas shall be 110 m i.e. 5 m + (8 lanes x 12.5 m each) + 5 m = 110 m.*
This width is a minimum and is only acceptable if a low level TV road is provided alongside the full length of the course. It is strongly recommended a separate return channel for warming up and cooling down to be provided as described in the World Rowing Manual.
 - iii. *Where there is no TV road, the recommended width of the course for World Rowing Championship, Olympic and Paralympic regattas, and for World Rowing Cup regattas is a minimum of 150 m i.e. 25 m + (8 lanes x 12.5 m) + 25 m = 150 m. This width allows for traffic movements beside the course and for TV coverage from the water.*
- d. *Depth of Water – For a standard international course the depth of water must be at least 2 metres throughout all racing lanes if the depth of the course is equal at all points, or 3 m at the shallowest point if the depth over the course is unequal. A course depth of 2 metres represents the minimum competition requirements. A depth greater than 2 metres may be required to allow for aquatic plant growth. However given the varying nature of aquatic plant growth conditions across the world, it is recommended that this is studied on an individual basis for each course.*

- e. *Local Conditions* – The course must be sheltered from wind as far as possible. If not, there should be no natural or artificial obstacles (such as trees, buildings, structures) in the immediate neighbourhood of the course which might create wind shadows and cause unequal conditions on the water.

On a standard international course there should be no stream. Any stream existing should be so minimal as not to give rise to unequal conditions on the different lanes. The running of the race must not be influenced by natural or artificial waves. The banks must be so designed as to absorb and not to reflect waves.

- f. *Plan* – A plan showing the location of the course, the length and the number of lanes and the layout of the technical installations must be included in the advance programme.

3. Technical Installations – Category A

a. *Start zone*

- i. *Start pontoons* – The bows of each boat shall be aligned on the start line. This requires the use of start pontoons which support a boat-holder and can be moved forwards or backwards in order to allow for the bow of the boats of different lengths to be aligned on the start line. The pontoons must be of a solid construction and able to be firmly fixed in position and shall meet the specifications described in the World Rowing Manual.

1) *For World Rowing Championship, Olympic, Youth Olympic and Paralympic regattas and World Rowing Cup regattas the start pontoons must be connected by land or by a Start Bridge, minimum 2 m wide, allowing easy access for officials, technicians and media. The Start Bridge shall be connected to the land (or the Aligner's Hut) and to the start tower through a floating pontoon.*

2) *For regattas where Para events are included, the start pontoons must allow for the standard Para 1x boat (length 6.30m) to be aligned on the start line in addition to all other lengths of boat up to 8+.*

3) *For a World Rowing Masters Regatta the start pontoons shall be of the type which allows crews to pass between them from behind.*

- ii. *Steering Guidance* – To assist crews with their steering, the Albano lanes shall be buoyed at 5 or 6.25 metres intervals for the first 100 metres of the course. These buoys shall be of a different colour from those marking the majority of the course – see 3) b) iii) Buoys.

- iii. *Start Tower* – The start tower shall be between 40 and 50 metres behind the start line as close as possible to the centre of the course. The tower shall be equipped with a covered platform for the Starter which shall be not less than 3 metres and not more than 6 metres above the water level, depending on the distance from the start line. The tower shall be built in such a way that the Starter has a clear view over the entire start area, including the aligner's hut.

The Start Tower shall be connected to the start bridge through a floating pontoon.

- iv. *Starter's Equipment* – The tower should be equipped with either one or two large clocks that are clearly visible from a minimum distance of 100 m to the crews on the course and those crews waiting for the start.

The Starter shall give his instructions and orders by means of a microphone connected to loudspeakers so arranged that they may be heard simultaneously by all rowers. In addition to the requirements of 3) a) xi) below, the start tower must be provided with a red flag with white diagonal cross, a bell, and a megaphone. This additional equipment shall also be provided as back-up where the start is given by a traffic light system of visual and audible signals. A notice board and chalks or felt markers shall be provided to enable the Starter to provide visual information to crews of any postponement of races.

- v. *Radio or telephone communication – The Starter shall be in direct communication by radio and telephone with the Judge at the Start, the Judge at the Finish, the Control Commission and the President of the Jury.*
- vi. *Aligner’s Hut – This shall be a fixed structure placed exactly on the start line, ideally not less than 15 metres and no more than 40 metres from the first lane. The floor level of the hut should be a minimum of 1 m above the water level. The hut should provide weather protection for up to 4 persons and their electronic equipment and there should be enough space so that the Judge at the Start and the Aligner can both be seated on the line of the start one behind the other, both clearly observing the start area. The Judge at the Start shall sit closer to the first lane with the Aligner behind him, at a higher level. There shall be radio links between the Aligner and the start pontoon officials and boat holders who shall be provided with earphones.*
- There shall be installed two vertical wires – one permanently fixed behind the video camera and one removable in front of the video camera. The vertical wires must be exactly in line with the horizontal start line. When looking through the vertical wires towards the sight marker at the opposite side of the course, they must all be in one line.*
- For World Rowing Championship, Olympic, Paralympic and Youth Olympic regattas and World Rowing Cup regattas the Judge at the Start must be provided with a false start detection system including a “freeze-frame” video system connected directly to the Starter’s start signal in accordance with the requirements of the World Rowing Manual.*
- vii. *The Start Line – The start line shall be the line running between the fixed tautly stretched thin vertical wire located in front of the officials but behind the video camera in the aligner’s hut and the vertical line on a fixed sight marker on the opposite side of the course. An additional removable vertical wire installed a minimum 80 cm in front of the video camera shall be used for aligning the video camera and shall be removed after each alignment. Both vertical wires must be exactly in line with the horizontal start line. When looking through the vertical wires towards the sight marker at the opposite side of the course, all three marks must be in one line. The vertical wires shall be 1 mm thickness in black colour.*
- The fixed sight marker shall be divided vertically and painted one half black and the other half luminous yellow, with the black half in the direction of the finish. The start line shall be the vertical line where the two colours meet.*
- viii. *Other Facilities – There shall be facilities for effecting minor repairs in the neighbourhood of the start, (this will require a repair pontoon approximately 3m x 6m, upper edge max. 15 cm above the water level, ideally located near to the Aligner’s Hut – used for urgent boat repairs at the Start). Adequate toilet facilities for the officials and media in the start area should be provided either as a permanent fixture or by using temporary units.*
- ix. *Start Zone – The start zone is the first 100 m of the course, from the start line to the 100 m line. The start zone shall be marked by Albano system buoys of a different colour from those marking the majority of the course and placed at 5 m or 6.25 m intervals.*
- x. *Alignment Control Mechanism – All regattas may use an alignment control mechanism in the centre of each lane which shall hold the bow of the boat in a fixed position on the start line until the Starter makes the start. At Olympic and Paralympic regattas and World Rowing Championships for Senior rowers the use of such an alignment control mechanism from a provider approved by World Rowing is mandatory.*
- Such a mechanism shall be designed to hold the bow safely, without any risk of damage to the boat. It shall release the bow of the boat immediately when an electrical signal is triggered by the Starter – such signal shall be simultaneous with the start signal. The mechanism shall also be designed to operate in a “fail safe” manner, i.e. if there is any*

fault with the mechanism, and then it shall immediately release the bow of the boat and move to a position such that no damage can be caused to any part of the boat.

- xi. Visual Signal and Audible Signal – At World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas the start shall be given by using a lights system (“starting lights”) with a visual and an audible signal. The starting lights showing the visual signal and housing the loudspeaker emitting the audible signal shall be fixed adjacent to each start pontoon. The centre of the starting lights shall be fixed at a height of between 0.7 metres and 1.1 metres above the water level. A starting light shall be positioned 3.0 metres from the centre line of each start position, on the side nearer to the centre of the course and visible to the crew on that start position.*

The visual signals of the starting lights shall operate in only three positions:

- 1) A neutral (no light) position;*
- 2) A red light signal;*
- 3) A green light signal.*

The Starter shall start the race by operating just one button. This button will simultaneously control the green light signal and the sound signal, start the timing system, freeze the video picture (if provided) for the Judge at the Start and release the alignment control mechanism (if provided).

The control system for the starting lights shall be designed to allow the following order of events as far as the crews are concerned:

- 4) Neutral – no lights – no sound signal;*
- 5) Red light, no sound signal;*
- 6) (If necessary, return straight from red back to neutral);*
- 7) Green light and a sound signal.*

The mechanism must not have more than three positions for the visual signal (neutral, red and green) and the control system must be capable of returning from red to neutral without passing through green. The mechanism must ensure that the green light and the sound signal are given at exactly the same time. The light system should also provide a false start alert which can be activated by the Starter (and also in principle by the Judge at the Start) and which should be in the form of repeated flashing of the red lights and sound signals. Separate starting light units shall be fixed so that they can be seen by the Starter and by the Judge at the Start. The electrical system shall be provided with a duplicate back-up system. Both the red and the green signals shall be clearly visible to the bow person in an eight when positioned on the start even in conditions of bright sunlight.

b. Between Start and Finish

- i. Lanes – The lanes shall be buoyed according to the Albano system. These lanes must be straight and of the same width over their whole length. The width of each lane shall be no less than 12.5 m and no more than 15 m and all lanes on the course shall be of identical width.*

The Executive Committee may approve a minimum lane width of 12 m in exceptional circumstances. For a standard international course it is recommended that there should be eight buoyed lanes (minimum is six).

For World Rowing Championship, Olympic, Paralympic and Youth Olympic Games regattas and World Rowing Cup regattas there shall be a minimum of 8 buoyed lanes.

- ii. *Lane numbering – In principle, lane No 1 should be on the left hand side of the Starter in the Start Tower looking towards the Finish. However, where an event is televised, the lane numbering should generally place lane 1 at the top of the television picture.*
- iii. *Buoys – The space between buoys along the axis of the course shall be 12.5 metres or 10 metres except in the Start Zone where it shall be 6.25 metres or 5 metres respectively; depending on the thickness of the longitudinal wires making up the Albano course, as defined in the World Rowing Manual. The buoys may be spherical or cuboid in shape but shall be of such material and design that when struck by an oar or boat they will deflect easily and not cause damage or undue interference to the boat or crew. The surface of these buoys (whose diameter shall be 15 cm or square) shall be pliant (not hard).*
- The colour of buoys shall be the same in all lanes at each point on the course. The colours should be easily visible in all weather conditions. In the Start Zone (the first 100 metres) and at every 250 metre line the colour of buoys shall be a clearly different colour from the buoys in the majority of the course. In the last 250 metres the colour of buoys shall be the same as those in the first 100 m, or such other colour which is clearly distinct from the colour of buoys in the majority of the course. Except for the Start Zone and each 250 metre line, each alternate line of buoys may be of alternating colours where this will assist television presentation.*
- iv. *Distance Markers – The distance markers shall show the distance in the direction from start to finish. Every 250 metres beyond the start, the distance from the start shall be marked on both sides of the course, either by clearly visible boards of a minimum size of 2 m x 1 m on the banks or by cubes (1 m cube) on the water. They should read, at the first 250 metre mark – “250”, then “500”, and so on to the 1,750 metre mark. There shall be no distance marker at the start or at the finish.*
- v. *Intermediate Times – Equipment shall be provided every 500 metres for recording the intermediate times and placings of all crews. For World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, video cameras are only accepted for the taking of intermediate times if they provide 100 frames per second or more.*
- c. *The Finish Area*
- i. *Finish Line – The finish line shall be the line running between a tautly stretched thin (1 mm) vertical wire immediately in front of the Judges at the Finish and the vertical line on a fixed sight marker on the far side of the course. The fixed sight marker shall be divided vertically and painted one half black and the other half luminous yellow, with the yellow half in the direction of the Start – the finish line shall be the vertical line where the two colours meet.*
- There are two options for the vertical wires for the Photo-finish cameras:*
- 1) *Photo-Finish Cameras on different level to Jury & Timing Seats - there shall be installed two vertical wires – either both removable in front of the photo-finish cameras or one in front of the photo-finish cameras (removable) and the second one (fixed) behind the photo-finish cameras. The wire in front of the photo-finish cameras must be at a distance of 100 cm, but a minimum 80 cm, in front of the photo-finish cameras. When looking through the two vertical wires to the sight marker at the opposite side of the course, all three points must be in one line*
- There shall be installed a separate fixed wire for the Judges at the Finish and Timing officials to use by sighting against the finish line marker on the far side of the course.*
- 2) *Photo-Finish Cameras on same level as Jury & Timing Seats - there shall be installed two vertical wires:*

- a) *one behind the cameras, removeable or permanent (depending on the available space)*
 - b) *one at a distance of 100cm (minimum 80 cm) in front of the photo-finish cameras, which should be divided in two sections:*
 - i) *The upper part of the wire, which is in front of the video cameras, has to be removed before racing and should be easily and accurately fixed back again in order for the accuracy of the camera position to be checked at any time.*
 - ii) *The Judges at the Finish and Timing officials should be able to use the lower part of the wire by sighting against the finish line marker on the far side of the course at all times during the regatta.*
 - c) *The vertical wires must be exactly in line with the horizontal finish line. They should be maximum 1 mm thick and of black colour.*
 - d) *When looking through the vertical wires towards the sight marker at the opposite side of the course, they all have to be in one line.*
 - e) *There should be no glass in front of the Photo-finish cameras.*
 - f) *In the case where there is no possibility to install a vertical sight marker on the opposite side of the course (e.g. very wide open lake), the finish line may be marked instead by two vertical wires (80 to 100 cm apart) immediately in front of the Judges at the Finish.*
 - g) *The finish line shall be marked on the water by two red flags placed on white buoys at least 5 metres outside the course on each side. If necessary, the two red flags (or one of them) may be placed on the bank. It is essential that these flags be exactly on the finish line and that they do not impede the view of the judges at the finish or the progress of crews going to the start.*
- ii. *Finish Tower – This must be a structure erected exactly on the finish line and placed ideally 30 metres from the outside of the racing lanes. It should have three levels. It should accommodate the timing, the Judges at the Finish and the photo-finish equipment together in the same room. In addition it can accommodate the commentary, the results board operator (where provided), TV cameras and a regatta control room. There must be a loud hooter or horn to signal to each crew that it has crossed the finish line.*
 - iii. *Area beyond the finish – There shall be sufficient clear water beyond the finish line to allow crews to stop. Ideally this should be 200 m. If the boathouse area is located beyond the finish line this is essential. Under other arrangements a minimum distance of 80 m might be acceptable.*
 - iv. *Timing and Results Systems – Times shall be shown to 1/100th of a second on the Results Sheets and on the Scoreboard.*
In the case of close finishes the order of finish must be determined by means of special equipment such as a photo-finish camera, capable of measuring and displaying differences to at least 1/100th of a second.
For World Rowing Championship, Olympic, Paralympic and Youth Olympic regattas and World Rowing Cup regattas, a full back up of the timing/ results/ photo finish systems shall be provided and the timing/results/ photo-finish systems must comply with the specifications and descriptions given in the latest edition of the World Rowing Manual.
 - v. *Results/Video Board – Where provided, a results and/or video board should be located in a position where it is visible from the main spectator areas and, if possible, by the rowers at the end of the race. The operation of the results/video board must comply with the specifications and descriptions given in the latest edition of the World Rowing Manual.*

4. Technical Installations – Category B

- a. *All other courses shall be classified as having Category B technical installations.*
- b. *A number of Category B courses may well provide facilities and equipment which make them very close to or similar to Category A courses. In these cases it is quite possible to hold successful international regattas but it would not be possible for them to host World Championships.*

APPENDIX R5

BYE-LAWS TO RULES 35-37 – REGATTA ROLES

1. Bye-Laws to Rule 35 – Duties of the Organising Committee

The responsibilities of the organising committee shall be as follows:

- a. *Fix the date and the programme of the regatta in agreement with the member federation concerned. For World Rowing Championship and World Rowing Cup regattas and qualification regattas for the Olympic, Paralympic and Youth Olympic Games, the date and programme shall be fixed by World Rowing in consultation with the organising committee.*
- b. *Prepare and distribute the advance programme including the date and time of the Team Managers' Meeting and Draw;*
- c. *Make available a stretch of water, rescue and medical services and technical equipment conforming to the Rules of Racing, related Bye-Laws and Event Regulations.;*
- d. *Appoint a Jury (except in the case of those events stipulated in 2) f) iv) 2) of this Appendix where the Jury is appointed by the Executive Committee upon recommendation of the World Rowing Umpiring Commission).*
- e. *Appoint a Competition Manager with suitable experience to manage and oversee the competition aspects of the regatta, including but not limited to the competition infrastructure, on-water traffic rules and rescue services, athlete facilities and National Technical Officials. The Competition Manager shall be well acquainted with the Rules of Racing and Bye-Laws in addition to the World Rowing Manual and shall be the main point of contact on the organising committee with the Technical Delegate and the President of the Jury.*
- f. *Appoint a Safety Officer with specific responsibilities for ensuring that all the appropriate safety measures, including traffic rules, have been considered and then implemented for the safe running of the regatta. Nevertheless, the legal responsibility for safety matters rests with the organising committee as a whole, and nothing in the Rules of Racing and Bye-Laws shall be taken as imposing legal liability on the Safety Officer personally.*
- g. *Appoint a Regatta Medical Officer who is a medical doctor and shall have specific responsibility for ensuring that appropriate overall medical support and facilities are readily accessible to the regatta. This responsibility shall include:*
 - i. *Provision of medical services and first aid facilities for all competitors, officials, spectators and other persons attending the event as specified in the World Rowing Manual.*
 - ii. *Close cooperation with the rescue services on the water and provision of related emergency services support.*

The Medical Officer shall work closely with and report to the World Rowing Doctor on arrangements and set up of the medical support and facilities and cooperation with rescue services.

First aid, rescue, medical and emergency services must be available during all venue opening times.;

- h. *Notify the Competition Manager, the Safety Officer and the Medical Officer of the appointment of the Technical Delegate(s) by World Rowing.*
- i. *Appoint a Safeguarding Officer with appropriate skills and experience who will be responsible for ensuring that a safeguarding plan is in place for the event, including during the planning stages as well as during the regatta. The Safeguarding Officer within the organising committee will work in collaboration with the World Rowing Event Safeguarding Officer and World Rowing Safeguarding Officer.*

- j. *Appoint a Sustainability Officer with responsibility for ensuring that the sustainability principles and objectives of the organisation are upheld. The Sustainability Officer shall coordinate the implementation of the Environmental Management System, including the planning, delivery, monitoring and reporting phases.*
- k. *Arrange adequate insurance for third party liability, loss or damage to property and equipment and any other insurance cover required by law.*
- l. *Provide telephone and radio communication for the organisation and management of the regatta as specified in the World Rowing Manual.*
- m. *Publish an Environmental Management System (EMS) at least two years before the event and provide a final report following the event. The EMS provides a framework to integrate sound sustainability practices and commitments into the event planning, set up/construction, operation and decommissioning of the event.*
- n. *Take all other steps which may be required to ensure the proper organisation of the regatta.*

2. Bye-Laws to Rule 37 – World Rowing

- a. *Technical Delegates*
 - i. *The World Rowing Executive Committee shall appoint up to two Technical Delegates for World Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas as well as selected International Regattas and International Matches to ensure that the Rules of Racing, related Bye-Laws and Event Regulations are complied with, and that the regattas are satisfactorily operated in terms of safety and competition.*
 - ii. *Appointment – World Rowing shall notify the appointment of the Technical Delegate to the organising committee of the Regatta, who shall notify the Competition Manager, the Safety Officer and the Medical Officer of the appointment.*
 - iii. *Arrangements – The organising committee shall arrange free accommodation, meals and local transport for the Technical Delegate(s) during the duration of stay.*
 - iv. *Duration of Stay – The Technical Delegate(s) should arrive at the regatta site sufficient days before the Team Managers’ Meeting at which the draw shall be carried out and should stay for the whole time of the regatta. They should make themselves known to the Chair of the organising committee, the President of the Jury, the Competition Manager, the Safety Officer and the Medical Officer.*
 - v. *Inspection – On arrival the Technical Delegate(s) should inspect the regatta course with a representative of the organising committee taking particular note of safety aspects, including warm-up and cool-down areas, traffic rules in racing and training, and areas where crews will be marshalled. They will also inspect the boating area, to ensure that the arrangements for boating and disembarking are satisfactory and that the traffic rules are adequately displayed. They will also ensure that the minimum requirements of the Rules of Racing, Bye-Laws and Event Regulations are in place (e.g. distance markers, photo finish, weighing arrangements, medical facilities, rescue services, etc.).*
 - vi. *Draw – The Technical Delegate(s) shall attend the Team Managers’ Meeting and observe the draw. In a regatta where the Executive Committee has decided that seeding is to be applied, they shall ensure that the Seeding Panel’s advice as regards seeding is put into effect, and that the rowers are made aware that seeding is being practised.*
 - vii. *Jury Meeting – The Technical Delegate(s) shall attend at least the first meeting of the Jury. They should notify the Jury of any problems which they foresee, either from a safety or competitive point of view. However, the Technical Delegate(s) should leave the Jury to carry out its role as set out in Rules 81 to 84 of the Rules of Racing.*

- viii. *Advice – During the regatta, the organising committee and/or the Jury shall consult the Technical Delegate(s) on any matter where there is any uncertainty concerning the application of the Rules of Racing, related Bye-Laws and Event Regulations. The Technical Delegate(s) shall advise the organising committee and the President of the Jury of any failure to comply with the Rules of Racing, related Bye-Laws and Event Regulations.*
 - ix. *Safety Responsibility – The Technical Delegate(s) shall satisfy themselves that the organising committee which has legal responsibility for matters of safety has made proper provisions for safety. Nothing in the Rules of Racing, related Bye-Laws and Event Regulations shall be taken as imposing legal liability on the Technical Delegate(s).*
 - x. *Technical Delegate's Report – Within seven days of the end of the regatta, the Technical Delegate(s) shall send a report to the Executive Committee of World Rowing, which shall then forward it to the organising committee of the Regatta. The report shall be in a format prescribed by the Council.*
- b. *President of the Jury*
- i. *The President of the Jury shall allot duties to each member of the Jury and shall supervise their activities. They shall take the chair at meetings of the Jury and ensure proper co-ordination with the organising committee. The President of the Jury shall chair the Board of the Jury under 2) g) of this Appendix.*
 - ii. *In the case of unsafe conditions, the President of the Jury is empowered to take any necessary decisions and communicate any required changes to the Starter and the Umpires on the course. If time allows, the President of the Jury shall consult the organising committee before taking such decisions. The President of the Jury shall ensure proper co-ordination between the Jury and the organising committee, in particular with the Safety Officer and with the Medical Officer.*
 - iii. *The President of the Jury shall appoint and chair the Board of the Jury.*
 - iv. *International regattas – The President of the Jury shall be appointed by the organising committee.*
 - v. *World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, World Rowing Cup regattas and World Rowing Masters Regattas – The President of the Jury shall be appointed by the World Rowing Executive Committee.*
- c. *World Rowing Doctor*
- i. *For World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, the Executive Committee, on the recommendation of the Sports Medicine Commission, shall appoint a medical doctor to be the 'World Rowing Doctor' for that event.*
 - ii. *The World Rowing Doctor must be both qualified and currently practising as a medical doctor with appropriate experience in Sports Medicine and medical aspects of events.*
 - iii. *The World Rowing Doctor will have the authority to undertake the duties and fulfil the responsibilities at that event as provided for by these Rules and Bye-Laws.*
 - iv. *The World Rowing Doctor shall have consultative oversight over all medical, hygiene and related rescue arrangements at the regatta in order to assist the organising committee in those aspects. That notwithstanding, the legal responsibility for the safe delivery of the medical, hygiene and rescue aspects of the regatta remains at all times with the organising committee.*
 - v. *Responsibilities of the Organising Committee to the World Rowing Doctor:*
 - 1) *The organising committee shall provide all necessary support to the World Rowing Doctor to ensure that the World Rowing Doctor is fully informed at all times about all the medical, hygiene and related rescue plans for the regatta and any related*

issues that arise. The Regatta Medical Officer of the organising committee shall be primarily responsible for the provision of this support.

- 2) *The organising committee shall, in particular, provide to the World Rowing Doctor all or any reports and plans it has, develops or amends as to the medical, hygiene and related rescue plans for the regatta.*
- 3) *The organising committee shall keep the World Rowing Doctor fully and promptly informed of any issue arising in respect of the medical, hygiene and related rescue aspects of the regatta and, particularly, any critical or emergency issues as they arise.*
- 4) *The organising committee shall respond promptly and fully to the World Rowing Doctor as to any inquiry made by the World Rowing Doctor.*
- 5) *The organising committee shall give careful consideration to any advice that it receives from the World Rowing Doctor as to the medical, hygiene and related rescue aspects of the regatta and any critical or emergency issues that arise. Any such advice notwithstanding, responsibility for those matters necessarily remains solely with the organising committee.*

d. *World Rowing Event Safeguarding Officer*

For World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, World Rowing Cup regattas and World Rowing Masters Regattas, the Executive Committee shall appoint a World Rowing Event Safeguarding Officer with appropriate skills and experience. The World Rowing Event Safeguarding Officer will be the Designated Person at a World Rowing event responsible for managing concerns and reports about harassment and abuse, in accordance with the World Rowing Policy & Procedures on Safeguarding Participants in Rowing from Harassment and Abuse.

e. *Fairness Committee*

For World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas and World Rowing Cup regattas, the Executive Committee shall appoint a Fairness Committee consisting of three persons with appropriate experience and ability to take the appropriate measures in accordance with the Bye-Law to Rule 63 if the weather has created, is about to create, or is likely to create unfair or unrowable conditions.

f. *The Jury*

- i. *Composition of the Jury - The Jury shall consist of persons carrying out the following duties:*
 - 1) *President of the Jury;*
 - 2) *Starter;*
 - 3) *Judge at the Start;*
 - 4) *Umpires;*
 - 5) *Judges at the Finish, one of whom shall be the Senior Judge;*
 - 6) *Members of the Control Commission, one of whom shall be senior member.*
- ii. *The President of the Jury, the Starter, the Judge at the Start, the Umpires, the Senior Judge at the Finish and the senior member of the Control Commission shall each hold an International Umpire's licence.*
- iii. *The proper running of a regatta requires close collaboration between the organising committee and the Jury. The members of the Jury shall, within the scope of their duties, maintain a constant check on the various items of technical equipment on the course.*
- iv. *Appointment of the Jury*

- 1) *International Regattas – The Jury shall be appointed by the organising committee or the member federation (see point 1) d) of this Appendix).*
 - 2) *World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualification regattas, World Rowing Cup regattas and World Rowing Masters Regattas – The Jury shall be appointed by the Executive Committee and supervised by the World Rowing Umpiring Commission.*
- v. *Clothing – When officiating, the Jury shall, in principle, wear the prescribed clothing (dark blue blazer, light blue shirt, World Rowing tie and grey trousers or skirt and, if worn, a dark blue hat). In wet weather, the Jury may wear blue waterproofs. In very hot weather, the Jury may officiate in shirtsleeves, with or without a tie. Decisions on dress shall be taken by the President of the Jury, taking weather conditions into account.*
- 1) *At Multi-sports events, the Jury may wear the event-related officials uniform.*
 - 2) *The World Rowing Council may make regulations for the clothing of the Jury at certain events, including coastal, beach sprint, and indoor.*
- g. *The Board of the Jury*
- i. *The names of the Board of the Jury members shall be published in advance of racing each day. At International Regattas, the President of the Jury shall also nominate three substitutes.*
 - ii. *In the case of a protest, any member of the Board directly involved in the dispute (e.g. the Umpire or the Starter) shall not be a member of the Board which decides that protest. In such a case, the President of the Jury shall call upon one or more of the substitutes.*
- h. *International Umpires*
- i. *A person who passes the International examination held by World Rowing for this purpose and who meets the requirements of the World Rowing Statutes and Rules of Racing may be an International Umpire.*
 - ii. *A World Rowing International Umpire shall have normal sight and hearing*
 - iii. *International Umpire's badge – Only International Umpires who are members of the Jury at an International regatta or World Rowing Championship or World Rowing Cup regatta, shall wear the World Rowing International Umpire's badge while on duty.*
 - iv. *International Umpire Licence*
 - 1) *Validity - The International Umpires' licence is valid for a period of four years.*
 - 2) *Renewal - In order to renew their licence an International Umpire must participate in an International Umpires seminar conducted for this purpose by World Rowing, following which their licence shall be renewed for four years from the date of the seminar.*
 - 3) *Requirement for National Licence - An umpire must continue to hold a valid national umpire license in order to act as an International Umpire. An International Umpire's license shall expire automatically upon the expiry of the umpire's national license.*
 - 4) *Retirement – An International Umpire may no longer serve in that status after 31 December following their 70th birthday.*
 - 5) *Expired Licence – The holder of an expired International Umpire's license who wishes to act again as an International Umpire shall be required to re-take and pass the examination and meet the other candidate requirements of this Bye-Law.*
 - 6) *Emeritus Status – When retiring at the age limit or when retiring after 20 years as an International Umpire, the International Umpire may be awarded the title of International Umpire Emeritus and presented with the emeritus badge as a mark of good service.*

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- v. *International Umpire Examination*
- 1) *Candidate requirements*
- a) *Candidates shall have held a national license for at least three years immediately prior to the examination.*
 - b) *Candidates must be not more than 61 years of age on 31 December of the year of the examination to be eligible as a candidate.*
 - c) *Candidates must be nominated in writing to the World Rowing office at least 2 months before the date of the examination. In order to be accepted, such nominations shall include all information stipulated from time to time by World Rowing.*
 - d) *Examinations*
 - e) *Examinations will be scheduled by the World Rowing Umpiring Commission or may be organised on request of a member federation.*
 - f) *Examiners – The examinations will be conducted by at least 2 members of the World Rowing Umpiring Commission. This number may be increased depending on the number of candidates.*
 - g) *Candidates who are successful in the examination and who meet all other requirements shall become an International Umpire. They will receive the World Rowing International Umpire's licence and badge.*
 - h) *Number of examinations – Candidates for the International Umpire's licence failing their first examination attempt shall not be accepted for further examination in the same calendar year. Candidates failing for a second time shall then not be accepted for further examination in the next two calendar years. Candidates failing the examination at the third attempt shall not be accepted for further examination.*
- vi. *World Rowing expenses - Where a member federation requests that World Rowing organise an International Umpires seminar or examination, the federation concerned shall pay the travel and accommodation expenses of the World Rowing experts who attend.*

APPENDIX R6

BYE-LAWS TO RULE 38 – COMMERCIAL PUBLICITY, SPONSORSHIP, ADVERTISING AND IDENTIFICATIONS

1. Application of these Rules

- a. *These Bye-Laws apply to:*
 - i. *All international regattas governed by World Rowing Rules of Racing. In addition, certain sections below describe advertising rules for World Rowing Championship, World Rowing Cup and such other international regattas as World Rowing may designate for this purpose (World Rowing Events).*
 - ii. *Boats and equipment at the regatta venue from the time of the official opening of the venue until the end of the official closing ceremony of the regatta or, if no such ceremony, the end of the last medal ceremony.*
 - iii. *Rowers and rowers' clothing and accessories with rowers when they are on the water during the hours of racing of the regatta (being all times that the traffic rules for racing are in effect), and on or near the victory pontoon or stage while victory ceremonies are in progress.*
 - iv. *All regatta officials and umpires.*
 - v. *All sponsorship and advertising displays within the regatta venue.*

These Bye-Laws do not apply to (i) the Olympic or Youth Olympic Games where the Olympic Charter applies, or (ii) the Paralympic Games where the International Paralympic Committee (IPC) rules apply, or (iii) other multisport games where the rules of the games authority apply.

- b. *Sponsorship and Advertising*
 - i. *"Sponsorship" shall mean the act of sponsoring or of being sponsored which leads to the display of the sponsor name or identification or any form of Identification.*
 - ii. *"Advertising" shall mean all forms of advertising, display or identification including but not limited to any form of commercial identification.*
 - iii. *Advertising is prohibited except where specifically allowed by World Rowing Statutes, Rules of Racing or related Bye-Laws.*
 - iv. *Advertising must comply with the laws of the country or region in which the regatta is being staged, and if it is televised, the laws that apply to the national television authority.*
 - v. *Sponsorship by, or advertising of, tobacco and e-cigarette products and strong liquor (more than 15% alcohol) is prohibited.*
 - vi. *During all events (regattas and championships) that are staged only for Under 19 rowers, the advertising of alcohol is prohibited.*
 - vii. *If an event (including regattas and championships) includes racing events for Under 19 rowers, the advertising of alcohol is prohibited during those racing events in which Under 19 rowers participate.*
 - viii. *Advertising which is inappropriate or which is harmful to the image of rowing or in contradiction with World Rowing Statutes or Rules of Racing and related Bye-Laws, in particular with Article 4 of the Statutes, is prohibited.*
 - ix. *With the exception of state lotteries that are owned or operated on behalf of a state authority, the sponsorship by, or advertising of, any form of betting, gambling, gaming or lottery competition, whether or not involving any sport event(s), which involves the wagering of something of value (including real or virtual currency) on an outcome is prohibited. This prohibition applies irrespective of whether such betting, gambling,*

gaming or lottery competition advertising would otherwise be permitted by the laws of the country or region in which it will appear. The advertising or sponsorship of any organisation conducting such activity is also prohibited.

- x. *Where an advertiser deals in a product that is prohibited by these Bye-Laws but also deals in a non-prohibited product, that non-prohibited product may be advertised providing that it does not incidentally promote the prohibited product.*
 - xi. *Advertising may not include anything which displays or leads to content which would not be permitted under these Rules (e.g. via website address, QR code or other identification whatsoever, etc.).*
- c. **General Principles**
- i. *A boat or its crew that is not compliant with Rule 38 or its Bye-Laws may not be allowed to start a race and may be excluded or otherwise penalised by the Starter or Umpire.*
 - ii. *If a crew has raced and it is then found that either the boat or any crew member was not compliant with Rule 38 or these Bye-Laws, the crew may be relegated to last place in the race concerned. If the crew has been notified of its non-compliance and races again in a later round of the same event with clothing and/or equipment that is again or newly non-compliant, the crew may be excluded from the event concerned.*
 - iii. *If any member of a crew participating in a victory ceremony does not comply with Rule 50 or its Bye-Laws the crew may be relegated to last place in that particular race, excluded from the event concerned or otherwise penalised. Medals already awarded to a crew which has been relegated or excluded may be withdrawn and awarded to the next placed crew in that event.*
- d. **Exclusive Rights of World Rowing**
- The following rights are the exclusive property of World Rowing for all World Rowing Events and, in particular, at all World Rowing Championship and World Rowing Cup regattas and shall be commercialised in cooperation with each organising committee in accordance with the applicable Event & Rights Agreement:*
- i. *Broadcasting Rights, which shall be understood to include but not limited to: broadcast, radio, online and interactive media, whether now known or hereinafter invented/developed, for reception on all platforms, exploited or distributed on a free or paid basis in any language, in public or private places, via the designated media, whether "Live" (which means the transmission of the content in real time or with only minimum technical delays as to be imperceptible to the viewer); "Delayed" (which means any transmission which is not Live); and "Radio Transmission" (which means the transmission of audio-only signals by means of the designated media);*
 - ii. *Commercial Rights, which shall be understood to mean any and all commercial and intellectual property rights of any kind whatsoever, whether now known or hereafter developed, existing at any time anywhere in the world, in any and all media, arising from and/or in connection with any World Rowing Event and any part or aspect of them including, but not limited to: all sponsorship and supplier rights, advertising rights on signage and on all promotional materials and publications, licensing/merchandising rights, concession rights, ticketing rights, hospitality rights, catering rights, publishing rights, data rights and Broadcasting Rights (as defined in 1) d) i) above).*
- e. **"Identification" and how it is measured**
- i. *"Identification" means the display of a name, designation, trademark, logo or any other distinctive sign or mark of any kind. The following types of Identifications are permitted to be displayed on uniforms and equipment where specified under these Bye-Laws:*
 - 1) *Identification of a manufacturer;*

- 2) *Identification of the product technology;*
- 3) *Identification of the member federation or club of the crew concerned;*
- 4) *Name of the boat (not the manufacturer of the boat);*
- 5) *Identification of the sponsor(s) of the member federation or club;*
- 6) *Identification of the sponsor(s) of an individual rower where specifically provided under these Bye-Laws;*
- 7) *World Rowing Identification.*

Each of (1) to (7) is an “Identification” for the purpose of this Bye-Law.

- ii. *Within one sponsors Identification, several different sponsors may be displayed, subject to the overall Identification not exceeding the permitted size and subject to Identifications being identical within a crew where this is stipulated in these Bye-Laws.*
- iii. *The area of the Identification is calculated by drawing vertical and horizontal lines at right angles to each other extended from the most extreme points of the name or symbol, or of the background colour if this covers a larger area. Where the identification consists of separated elements, then where these elements are together identified with a sponsor, the measurement shall include the extreme points of all such elements together. The area is therefore measured as a square or rectangle, for example:*



f. *World Rowing Reserved Space*

A World Rowing Reserved Space is a space reserved for use by World Rowing under these Bye-Laws to display a “World Rowing Identification” either on clothing or on equipment. A “World Rowing Identification” may be such identification as World Rowing shall specify, including but not limited to the regatta sponsor’s name and/or logo. Except as provided in 3) c) i) below, when this space is not being used by World Rowing it may be used by the regatta organiser but only with the specific prior agreement of World Rowing. The space shall not be otherwise used.

g. *A Manufacturer as Sponsor*

- i. *If a manufacturer is also a sponsor, it may use the space reserved for a sponsor in addition to its use of the manufacturer’s space, but it may not create a single larger area by combining the two specified areas.*
- ii. *If the area reserved for the manufacturer is not used by the manufacturer, it cannot be used for another purpose.*

h. *Identifications on the boat and within the Crew*

A crew may display different sponsor identifications on their boat, their oars and their clothing. However:

- i. *Identifications on all oars/sculls must be identical within a boat/crew with only the exception of the manufacturer Identification where individual rowers may choose to row with oars/sculls from different manufacturers;*
- ii. *Identifications on all other equipment items and fittings in the boat must be identical within a boat/crew; and*
- iii. *Identifications on all clothing items must be identical within a crew except as specifically provided within these Bye-Laws with regard to headwear, socks, shoes and eyewear.*

i. *National Identity*

- i. *Crews competing in the name of their member federation are permitted to display their national identity on their rowers clothing and equipment except in those areas specifically reserved for other use or where Identifications are prohibited under these Bye-Laws.*
- ii. *Where national identity is on the uniform it must be a part of the official design registered with World Rowing under Rule 39.*
- iii. *National identity may include the official national colours, the official country name and/or 3-letter identification code, the official national flag (as approved for World Rowing ceremonies) and any internationally recognised national symbols of the country.*
- iv. *Where the member federation is a region or territory, the national identity shall mean such colours, name and flag and symbols as are approved by World Rowing for use at international regattas held under its authority.*

For the avoidance of doubt, this provision for national identity shall not apply to crews competing under the name of a club.

2. Identifications on Racing Clothing

a. *Racing Uniform*

- i. *The “racing uniform” of a crew is defined as the shirt and shorts or the one-piece equivalent. Other items of clothing, such as hat, undershirt or under-leggings, socks, etc., are not part of the uniform for the purpose of these Bye-Laws but such items must be identical within a crew except as specifically provided within these Bye-Laws with regard to headwear, socks, shoes and eyewear.*
- ii. *The Identifications on the racing uniform of a crew must be identical for each member of the crew. However, at international regattas, members of a composite crew shall either wear an identical uniform and identifications or each member of the crew shall wear the uniform and identifications of his own club.*
- iii. *Separate Identifications shall not appear together on the racing uniform when worn such that the presentation of either Identification is enhanced.*

b. *Racing Shirt or Equivalent*

- i. *For all World Rowing Events, the racing shirt shall be the “singlet” or “sleeveless-shirt” style.*
- ii. *The following Identifications are permitted on the racing shirt or equivalent:*
 - 1) *The Identification of the member federation or club in whose name the crew is entered may appear once on the front of the shirt and be no more than 100 sq cm in area. The identification of a member federation at a World Rowing Event may include the name of the specific event - for example, “(Member Federation Team) World Rowing Championships (place & year)” - subject to approval having been obtained from World Rowing for use of the event name at least three months before the start of the event and to this Identification being part of the registered uniform design for that member federation.*
 - 2) *The Identification of the manufacturer of the shirt may appear once on the front of the shirt and may be no more than 30 sq cm in area.*
 - 3) *One product technology Identification of no more than 10 sq cm may appear on the shirt.*
 - 4) *The identification of one or more sponsors of a member federation or club may appear as follows:*
 - a) *One Identification once on the front of the shirt and be no more than 100 sq cm; and*

b) *One Identification on each side of the shirt in vertical format to be no more than 80 sq cm each. Such Identifications should not encroach on the front or back of the shirt when worn but should appear only on the side. The Identifications may be different on each side but must be uniform within a crew.*

5) *At World Rowing Events, rowers may be required to wear special clothing with the World Rowing Identifications. In particular, World Rowing may require all rowers to wear a T-Shirt, to be provided by World Rowing, to be worn under the rowers' racing shirt and upon which World Rowing Identifications of not more than 100 sq cm in area may appear once on each sleeve.*

If World Rowing does not require rowers to wear a World Rowing T-shirt under the racing shirt, rowers at World Rowing Events may wear a T-shirt under the racing shirt provided that:

a) *If worn, all members of the crew must wear a T-shirt of the same colour and design; and*

b) *any Identification on the T-shirt is limited to:*

i) *a manufacturer's Identification of not more than 10 sq cm in any position except on the sleeve;*

ii) *a non-commercial identification once on each sleeve of a World Rowing T-shirt provided by World Rowing for the purpose of this Bye-Law at a previous regatta;*

iii) *a national identity.*

For the avoidance of doubt, the "same design" requires all such shirts to have sleeves of equal length.

6) *Leader Bib (World Rowing Cup) – At Victory Ceremonies of the World Rowing Cup, World Rowing may provide at its cost and require rowers to wear, "leader bibs" with identifications as may be determined or approved by World Rowing. World Rowing offers the member federation of the crew the opportunity to display its sponsor(s) on the leader bib on an Identification measuring no more than 100 sq cm in area.*

c. *Racing Shorts or Equivalent*

i. *The following Identifications are permitted on the racing shorts or equivalent:*

1) *The identification of the manufacturer may appear once and be no more than 30 sq cm.*

2) *One product technology Identification may appear once and be no more than 10 sq cm.*

3) *In addition to the manufacturer and product technology Identifications, the racing shorts may have one sponsor Identification of not more than 50 sq cm on each leg. These Identifications must be identical within the crew.*

d. *Headwear*

i. *Individual members of a crew are permitted to choose whether to wear headwear.*

ii. *If two or more members of a crew wear headwear, such headwear shall be identical in colour and design except as otherwise provided in 2) d) iii) and 2) d) iv) below.*

iii. *The Identification of the manufacturer of the headwear may appear once and be no more than 10 sq cm in area. The manufacturer may be different between individual crew members as long as the colour and design of the headwear are identical.*

iv. *The headwear of individual crew members may have two sponsor Identifications each of not more than 50 sq cm in area. These identifications are reserved for the sponsor*

or sponsors of that crew member and may accordingly, subject to 2) d) ii) above, vary between crew members.

e. Socks and leg coverings

- i. This provision applies to socks and any other item of leg covering that is worn visibly below shorts (for example, leggings or pressure stockings).*
- ii. All socks and leg coverings shall be of the same design, colour and length within the crew, except only for the sponsor and manufacturer Identifications in 2) e) iii) and 2) e) iv) below.*
- iii. The identification of the manufacturer of the socks and/or leg coverings must be the same on each leg and may appear once on each leg and in each case shall be no more than 10 sq cm. The manufacturer may be different between individual crew members as long as the colour, design and length of the socks or leg coverings are identical.*
- iv. The socks or leg coverings (but not both) of individual crew members may also display one sponsor Identification of not more than 50 sq cm on each leg and distinctly separate from the manufacturer's identification. The sponsor(s) may be different within a crew and, at World Rowing Events with the agreement between the individual rower(s) and the member federation, may be offered to the sponsor(s) of the individual rowers in the crew and may, accordingly, subject to 2) e) ii) above, vary between crew members and be different on each leg.*

f. Identification on Shoes

Shoes shall be regarded as individual equipment and each rower may wear shoes of a different colour and manufacturer in the boat. Shoes worn at World Rowing Events, including the quick-release strap connecting them, may carry the Identification of the manufacturer as generally used on products sold through the retail trade during the period of six months or more prior to the relevant event.

g. Identification on Eyewear

- i. Eyewear is regarded as personal to the rower and may be different within a crew.*
- ii. The following Identifications are permitted on eyewear:*
 - 1) The Identification of the manufacturer may appear once on one of the eyewear arms and may be no more than 6 sq cm.*
 - 2) Alternatively, the Identification may appear twice; once on each of the two arms. In this case the Identification on each arm is to be identical and each may not exceed 3 sq cm in area.*
- iii. Only Identification of the manufacturer is allowed. No identification is permitted on the lenses.*

3. Identification on Racing Boats

- a. At an international regatta, the only Identifications permitted on the racing boats are:*
 - i. The manufacturers of the boat and its fittings;*
 - ii. The name of the boat;*
 - iii. The sponsor(s) of the member federation or club;*
 - iv. The sponsor of the organising committee (at international regattas) or World Rowing Identifications (at World Rowing Events);*
 - v. National identity.*

- b. *Identification of the Boat Manufacturer*
 - i. *The symbol of the manufacturer of the boat may appear once on each side of the boat in the first 50 cm from the bow of the boat and be no more than 80 sq cm in area. The symbol shall not include any descriptive or other text.*
 - ii. *The Identification of the manufacturer may appear once on each side of the shell in the section of the boat occupied by the rower(s), except those areas otherwise reserved for World Rowing and the sponsor(s). Each Identification may be no more than 100 sq cm in area.*
- c. *World Rowing Reserved Space*
 - i. *International Regattas*
 - 1) *On a 1x, 2x, 2- or 2+, the first 60 cm of each side of the shell in the section occupied by the rower(s) is reserved for the sponsor of the organising committee.*
 - 2) *On a 4x, 4-, 4+ or 8+, the first 80 cm of each side of the shell in the section occupied by the rower(s) is reserved for the sponsor of the organising committee.*
 - ii. *World Rowing Events*
 - 1) *On a 1x, 2x, 2- or 2+ boat, the first 80 cm of each side of the shell in the section occupied by the rower(s) is reserved for the World Rowing Identification and the member federation 3-letter identification code.*
 - 2) *On a 4x, 4-, 4+ or 8+ boat, the first 100 cm of each side of the shell in the section occupied by the rower(s) is reserved for the World Rowing Identification and the member federation 3-letter identification code.*
- d. *Sponsor Identifications and Boat Name on the side of the boat*
 - i. *Except for the provisions of 1) i), 3) b) and 3) c), the only other Identifications permitted on the side of the boat are the name of the boat and/or the Identification of the sponsor(s) of the member federation or club.*
 - ii. *The name of the boat shall be considered as a sponsor Identification for the purpose of this Bye-Law.*
 - iii. *Each sponsor Identification on the side of the boat shall be positioned apart from the World Rowing Identification. However, on each side of the boat the sponsor Identifications may be combined into one or more larger Identifications, subject to the total area of the resulting Identifications not exceeding the total area of all permitted sponsor Identifications on that side of the boat.*
 - iv. *On a 1x, one sponsor Identification is permitted on each side and each shall be no more than 800 sq cm.*
 - v. *On a 2x, 2- or 2+, two sponsor Identifications are permitted on each side and each shall be no more than 600 sq cm.*
 - vi. *On a 4x, 4- or 4+, four sponsor Identifications are permitted on each side and each shall be no more than 600 sq cm.*
 - vii. *On a 8+, eight sponsor Identifications are permitted on each side and each shall be no more than 600 sq cm.*
 - viii. *The sponsor Identifications may be different, including on each side of the boat. For example, an 8+ may display on each side of the boat one sponsor Identification eight times or eight different sponsor Identifications or a combination of these.*
- e. *Sponsor Identifications on the fore and aft decks of the Boat*
 - i. *Only one sponsor Identification is permitted on each of the fore and aft decks of a boat, each no more than 800 sq cm in area.*

- ii. *The sponsor Identifications on the fore and aft decks may be different.*
- f. *Identification on Riggers or Fins*
 - On each rigger and on each side of the fin, the Identification of the manufacturer may appear once and each may be no more than 16 sq cm in area.*
- g. *Identification on Swivels (Oarlocks)*
 - The identification of the manufacturer may appear either on one side or on both sides of the swivel. If the Identification is on one side only, it may not exceed 8 sq cm in area, or if on both sides each Identification shall be identical and may not exceed 4 sq cm in area.*
- h. *Identification on Seats*
 - On each seat, the identification of the manufacturer may appear only once and may be no more than 6 sq cm in area.*
- i. *With the exception of the plaque required under Bye-Law to Rule 28, no other Identification of the manufacturer is allowed on racing boats.*
- j. *Identification on Bow Number Plates*
 - i. *International Regattas – The Identification of an organising committee sponsor may appear once on the bottom of the bow number plate and the lettering may be no more than 5 cm in height.*
 - ii. *World Rowing Events – The Identification of a World Rowing sponsor may appear once on the bottom of the bow number plate and the lettering may be no more than 5 cm in height. World Rowing may require at World Rowing events that boats carry a bow number plate displaying their national flag or their member federation 3-letter identification code instead of a lane number.*

4. Racing Sculls and Oars

- a. *Application – This Bye-Law applies to sculling oars and sweep rowing oars.*
- b. *Blade Colours – Only the member federation colours registered with World Rowing or the Club colours registered with the member federation may appear on the blades.*
- c. *The Outboard Section – No Identifications, including national identity, are allowed on the outboard section of the loom or shaft (that is, outboard from the collar).*
- d. *Identification on the Inboard Section – On the inboard section of the loom or shaft (when measured from the attachment of the handle with the shaft to the collar) the following Identifications are permitted:*
 - i. *Identification on Sculling Oars – On a sculling oar, one sponsor Identification of no more than 72 sq. cm. is allowed. In addition, the Identification of the manufacturer may appear once and may be no more than 60 sq cm in area; and*
 - ii. *Identification on Sweep Rowing Oars – On a sweep rowing oar, one sponsor Identification of no more than 100 sq cm is allowed. In addition, the Identification of the manufacturer may appear once and may be no more than 60 sq. cm in area*
- e. *No additional Identifications – Except for the provisions of 1) i) above, the only other markings allowed on sculling or sweep rowing oars are discreet marks to identify the owner, the particular boat and/or the position in which it is used.*

5. Identification on Regatta Officials' Clothing

- a. *International Regattas – Regatta Officials may wear clothing with organising committee sponsor Identifications.*
- b. *World Rowing Events – World Rowing may require regatta officials to wear clothing with World Rowing Identifications.*

6. Identification on Umpire Boats

- a. *International Regattas – An organising committee may require the display of organising committee identifications or organising committee sponsor identifications (three maximum), each up to 800 sq cm, on each umpire boat.*
- b. *World Rowing Events – World Rowing may require the display of World Rowing identifications (three maximum), each up to 800 sq cm, on each umpire boat.*

APPENDIX R7

BYE-LAWS TO RULE 57 – WORLD ROWING PROGRESSION SYSTEM

The World Rowing Progression System includes Heats, Repêchages, Quarter-finals and Semi-finals and Time Trials. Terminology and abbreviations used shall be as follows:

H Heat

R Repêchage

Q Quarter-finals

S AB Semi-finals for Finals A&B

S CD Semi-finals for Finals C&D. etc.

FA (Final A) Final for places 1-6

FB (Final B) Final for places 7-12. etc.

TT Time Trial

ELM Eliminated (last crew in the repechage for 7, 13 and 25 entries)

P Preliminary Race

- 1. International regattas – Where the progression system provides two options for determining the allocation of crews to the next round, the option to be used for each round of each event shall be decided by random draw, supervised by a member of the Jury, before the end of the first race of the immediately preceding round in that event. The result of the draw of the options shall not be published before the end of that immediately preceding round.*
- 2. World Rowing Championship regattas, Olympic, Paralympic and Youth Olympic Games regattas – The Executive Committee shall appoint two persons with appropriate experience and ability to review, at the end of each round, the balance of the crews allocated to the next round by the two options. If one of the options appears to offer a better balance of crews than the other, based solely on the performance of the crews in all completed rounds of the regatta, they shall select that option. If there is little discernible difference between the two options, a random draw supervised by a member of the Jury will take place to select the option to be used.*

World Rowing Championships

World Rowing Championships Case 1: 7 to 8 entries

Format – Two heats, one repêchage and no semi-finals.

Heats – The winner of each heat goes forward to the final A; the remaining crews go into the repêchage.

Repêchage – The first four crews in the repêchage go forward to final A; if there are 8 entries the remaining crews go forward to final B.

Note the special case: there is no final B with 7 entries

Table for World Rowing Championships Case 1: 7 to 8 entries

Heats		Repêchage		Final B		Final A	
H		R					
H1	1	R	2H1	FB	5R1	FA	1H1
	2		2H2				1H2
	3		3H1				1R1
	4		3H2				2R1
			4H1		6R1		3R1
			4H2				4R1
H2	1						
	2						
	3						
	4						

World Rowing Championships Case 2: 9 to 10 entries

Format – Two heats, one repêchage and no semi-finals.

Heats – The first two crews in each heat go forward to final A; the remaining crews go forward to the repêchage.

Repêchage – The first two crews in the repêchage go forward to final A, the remaining crews go forward to final B.

Table for World Rowing Championships Case 2: 9 to 10 entries

Heats		Repêchage		Final B		Final A	
H		R					
H1	1	R	3H1	FB	3R1	FA	1H1
	2		3H2		4R1		1H2
	3		4H1		5R1		2H1
	4		4H2		6R1		2H2
	5		5H1				1R1
			5H2				2R1
H2	1						
	2						
	3						
	4						
	5						

World Rowing Championships Case 3: 11 to 12 entries

Format – Two heats, two repêchages and no semi-finals.

Heats – The winner of each heat goes forward to final A; the remaining crews go forward to the repêchages.

Repêchages – The first two crews in each repêchage go forward to final A; the remaining crews go forward to final B. There are two options for the repêchages.

Table for World Rowing Championships Case 3: 11 to 12 entries

Heats		Repêchage Options				Final B		Final A	
H		R1		R1I					
H1	1		2H1		2H1	FB	3R1 4R1 5R1 3R2 4R2 5R2	FA	1H1 1H2 1R1 1R2 2R1 2R2
	2		3H2		3H2				
	3	R1	4H1	R1	4H2				
	4		5H2		5H1				
	5		6H1		6H1				
	6								
H2	1		2H2		2H2				
	2		3H1		3H1				
	3	R2	4H2	R2	4H1				
	4		5H1		5H2				
	5		6H2		6H2				
	6								

World Rowing Championships Case 4: 13 to 15 entries

Format – Three heats, one repêchage and two semi-finals AB.

Heats – The first three crews in each heat go forward to the semi-finals AB; the remaining crews go forward to the repêchage.

Repêchage – The first three crews in the repêchage go forward to the semi-finals; if there are 14 or 15 entries the remaining crews go forward to final C.

Semi-finals – The first three crews in each semi-final go forward to final A; the remaining crews go forward to final B. There are two options for the semi-finals.

Note the special case: there is no final C with 13 entries

Table for World Rowing Championships Case 4: 13 to 15 entries

Heats	Repêchage	Semi-final Options		Finals	
H	R	S AB I	S AB II	F	
H1 1 2 3 4 5	R 4H1 4H2 4H3 5H1 5H2 5H3	S AB 1 1H1 1H3 2H2 3H3 2R 3R	S AB 1 1H1 1H2 2H3 3H2 1R 3R	1S AB 1	
				1S AB 2	
				FA 2S AB 1	
				2S AB 2	
				3S AB 1	
H2 1 2 3 4 5		S AB 2 1H2 2H1 2H3 3H1 3H2 1R	S AB 2 1H3 2H1 2H2 3H1 3H3 2R	S AB 2 1H3 2H1 2H2 3H1 3H3 2R	3S AB 2
					4S AB 1
					4S AB 2
					FB 5S AB 1
					5S AB 2
H3 1 2 3 4 5	S AB 2 1H2 2H1 2H3 3H1 3H2 1R	S AB 2 1H3 2H1 2H2 3H1 3H3 2R	S AB 2 1H3 2H1 2H2 3H1 3H3 2R	6S AB 1	
				6S AB 2	
				FC 4R 5R 6R	

World Rowing Championships Case 5: 16 to 18 entries

Format – Three heats, two repêchages and two semi-finals AB.

Heats – The first two crews in each heat go forward to semi-finals AB; the remaining crews go forward to the repêchages.

Repêchages – The first three crews in each repêchage go forward to semi-finals AB; the remaining crews go forward to final C. There are two options for the repêchages.

Semi-finals – The first three crews in each semi-final AB go forward to final A, the remaining crews go forward to final B. There are two options for the semi-finals.

Table for World Rowing Championships Case 5: 16 to 18 entries

Heats		Repêchages Options				Semi-Finals Options				Finals	
H		R I		R II		S I		S II		F	
H1	1	3H1		3H1		1H1		1H1		1S AB 1	
	2	3H2		3H3		1H2		1H3		1S AB 2	
	3	R1	4H3	R1	4H2	S AB 1	2H3	S AB 1	2H2	FA	2S AB 1
	4		5H2		5H3		1R2		1R2		2S AB 2
	5		6H1		6H1	2R1	2R1	3S AB 1			
	6		6H3		6H2	3R2	3R1	3S AB 2			
H2	1	3H3		3H2		1H3		1H2		4S AB 1	
	2	4H1		4H1		2H1		2H1		4S AB 2	
	3	R2	4H2	R2	4H3	S AB 2	2H2	S AB 2	2H3	FB	5S AB 1
	4		5H1		5H1		1R1		1R1		5S AB 2
	5		5H3		5H2	2R2	2R2	6S AB 1			
	6		6H2		6H3	3R1	3R2	6S AB 2			
H3	1									4R1	
	2									4R2	
	3									FC	5R1
	4										5R2
	5										6R1
	6										6R2

World Rowing Championships Case 6: 19 to 20 entries

Format – Four heats, two repêchages, two semi-finals AB and two semi- finals CD.

Heats – The first two crews in each heat go forward to semi-finals AB; the remaining crews go forward to the repêchages.

Repêchages – The first two crews in each repêchage go forward to semi-finals AB; the remaining crews go forward to semi-finals CD. There are two options for the repêchages.

Semi-finals – The first three crews in each semi-final AB go forward to final A, the remaining crews go forward to final B. The last crew in each semi-final CD goes forward to final D and the remaining crews go forward to final C. There are two options for the semi-finals.

Note the special case for 19 entries: the last placed crews in S CD1 and S CD2 go to FD.

Table for World Rowing Championships Case 6: 19 to 20 entries

Heats		Repêchages Options				Semi-Finals Options				Finals	
H		R I		R II		S I		S II		F	
H1	1		3H1		3H1		1H1		1H1		1S AB 1
	2		3H2		3H3		1H2		1H3		1S AB 2
	3	R1	4H3	R1	4H2	S AB 1	2H3	S AB 1	2H2	FA	2S AB 1
	4		4H4		4H4		2H4		2H4		2S AB 2
	5		5H1		5H1		1R1		1R2		3S AB 1
			5H3		5H4		2R2		2R1		3S AB 2
H2	1		3H3		3H2		1H3		1H2		4S AB 1
	2		3H4		3H4		1H4		1H4		4S AB 2
	3	R2	4H1	R2	4H1	S AB 2	2H1	S AB 2	2H1	FB	5S AB 1
	4		4H2		4H3		2H2		2H3		5S AB 2
	5		5H2		5H2		1R2		1R1		6S AB 1
			5H4		5H3		2R1		2R2		6S AB 2
H3	1						3R1		3R1		1S CD 1
	2						4R2		4R2		1S CD 2
	3					S CD 1	5R1	S CD 1	5R2	FC	2S CD 1
	4						6R2		6R1		2S CD 2
	5										3S CD 1
											3S CD 2
H4	1						3R2		3R2		4S CD 1
	2						4R1		4R1		4S CD 2
	3					S CD 2	5R2	S CD 2	5R1	FD	
	4						6R1		6R2		
	5										

World Rowing Championships Case 7: 21 to 24 entries

Format – Four heats, four repêchages, two semi-finals AB and two semi- finals CD.

Heats – The winner of each heat goes forward to semi-finals AB; the remaining crews go forward to the four repêchages.

Repêchages – The first two crews in each repêchage go forward to semi-finals AB; the remaining crews go forward to semi-finals CD. There are two options for the repêchages.

Semi-finals – The first three crews in each semi-final AB go forward to final A; the remaining crews go forward to final B. The first three crews in each semi-final CD go forward to final C; the remaining crews go forward to final D. There are two options for the semi-finals.

Table for World Rowing Championships Case 7: 21 to 24 entries

Heats		Repêchages Options				Semi-Finals Options				Finals	
H		R I		R II		S I		S II		F	
H1	1	2H1		2H4		1H1		1H1		1S AB 1	
	2	3H2		3H3		1H3		1H2		1S AB 2	
	3	R1	4H3	R1	4H2	S AB 1	1R2	S AB 1	1R3	FA	2S AB 1
	4		5H4		5H1		1R4		1R4		2S AB 2
	5		6H1		6H4	2R1	2R1	3S AB 1			
	6					2R3	2R2	3S AB 2			
H2	1	2H2		2H3		1H2		1H3		4S AB 1	
	2	3H3		3H2		1H4		1H4		4S AB 2	
	3	R2	4H4	R2	4H1	S AB 2	1R1	S AB 2	1R1	FB	5S AB 1
	4		5H1		5H4		1R3		1R2		5S AB 2
	5		6H2		6H3	2R2	2R3	6S AB 1			
	6					2R4	2R4	6S AB 2			
H3	1	2H3		2H2		3R1		3R1		1S CD 1	
	2	3H4		3H1		3R3		3R4		1S CD 2	
	3	R3	4H1	R3	4H4	S CD 1	4R2	S CD 1	4R3	FC	2S CD 1
	4		5H2		5H3		4R4		4R2		2S CD 2
	5		6H3		6H2	5R1	5R1	3S CD 1			
	6					5R3	5R4	3S CD 2			
H4	1	2H4		2H1		3R2		3R3		4S CD 1	
	2	3H1		3H4		3R4		3R2		4S CD 2	
	3	R4	4H2	R4	4H3	S CD 2	4R1	S CD 2	4R1	FD	5S CD 1
	4		5H3		5H2		4R3		4R4		5S CD 2
	5		6H4		6H1	5R2	5R3	6S CD 1			
	6					5R4	5R2	6S CD 2			

World Rowing Championships Case 8: 25 to 26 entries

Format – Five heats, one repêchage, four quarter-finals, two semi-finals AB and two semi-finals CD.

Heats – The first four crews in each heat go forward to the quarter-finals; the remaining crews go to the repêchage.

Repêchage – The first four crews in the repêchage go to the quarter-finals; the remaining crews go to final E.

Quarter-finals – the first three crews in each quarter-final go forward to semi-finals AB. The remaining crews go forward to semi-finals CD. There are two options for the quarter-finals.

Semi-finals – The first three crews in each semi-final AB go forward to final A. The remaining crews go forward to final B. The first three boats in each semi-final CD go forward to final C. The remaining crews go forward to final D. There are two options for the semi-finals.

Note the special case for 25 entries: the last crew in the repêchage is eliminated and there will be no Final E.

Table for World Rowing Championships Case 8: 25 to 26 entries

Heats	Repêchages	Quarter-finals Options		Semi-finals Options		Finals	
H	R	QI	QII	SI	SII	F	
H1	5H1	1H1	1H1	1Q1	1Q1	FA	1S AB 1
	5H2	1H2	2H2	1Q2	1Q3		1S AB 2
	R 5H3	3H3	2H5	2Q3	2Q2		2S AB 1
	5H4	3H4	3H3	2Q4	2Q4		2S AB 2
	5H5	4H5	4H4	3Q1	3Q1		3S AB 1
	6H1	4R	3R	3Q3	3Q4		3S AB 2
H2		1H3	1H2	1Q3	1Q2	FB	4S AB 1
		2H4	2H1	1Q4	1Q4		4S AB 2
		Q2 3H1	Q2 2H4	2Q1	2Q1		5S AB 1
		3H5	4H3	2Q2	2Q3		5S AB 2
		4H2	4H5	3Q2	3Q2		6S AB 1
H3		2R	1R	3Q4	3Q3	6S AB 2	
	1	1H4	1H3	4Q1	4Q1	FC	1S CD 1
	2	2H1	1H5	4Q2	4Q3		1S CD 2
	3	2H5	3H2	5Q3	5Q2		2S CD 1
	4	3H2	3H4	5Q4	5Q4		2S CD 2
5	4H3	4H1	6Q1	6Q1	3S CD 1		
H4		3R	4R	6Q3	6Q4	3S CD 2	
	1	1H5	1H4	4Q3	4Q2	FD	4S CD 1
	2	2H2	2H3	4Q4	4Q4		4S CD 2
	3	2H3	3H1	5Q1	5Q1		5S CD 1
	4	4H1	3H5	5Q2	5Q3		5S CD 2
5	4H4	4H2	6Q2	6Q2	6S CD 1		
H5		1R	2R	6Q4	6Q3	6S CD 2	
	1					FE	5R
	2						6R
	3						
	4						
5							

World Rowing Championships Case 9: 27 to 30 entries

Format – Five heats, two repêchages, four quarter-finals, two semi-finals AB and two semi-finals CD.

Heats – The first four crews in each heat go forward to the quarter-finals; the remaining crews go to the repêchages.

Repêchages – The first two crews in each repêchage go forward to the quarter-finals; the remaining crews go to final E. There are two options for the repêchages.

Quarter-finals – the first three crews in each quarter-final go forward to semi-finals AB. The remaining crews go forward to semi-finals CD. There are two options for the quarter-finals.

Semi-finals – The first three crews in each semi-final AB go forward to final A. The remaining crews go forward to final B. The first three crews in each semi-final CD go forward to final C. The remaining crews go forward to final D. There are two options for the semi-finals.

Table for World Rowing Championships Case 9: 27 to 30 entries

Heats	Repêchages Options				Quarter-finals Options				Semi-finals Options				Finals				
	H	RI		RII		QI		QII		SI		SII		F			
H1	1	5H1		5H1		1H1		1H1		1Q1		1Q1		1S AB 1			
	2	5H3		5H2		1H2		2H2		1Q2		1Q3		1S AB 2			
	3	R1	5H5	R1	5H5	Q1	3H3	Q1	2H5	S AB 1	2Q3	S AB 1	2Q2	FA	2S AB 1		
	4														6H2	6H3	3H4
	5	6H4		6H4			4H5		4H4		3Q1		3Q1		3S AB 1		
	6	5H2		5H3			2R2		2R1		3Q3		3Q4		3S AB 2		
H2	1	5H4		5H4		1H3		1H2		1Q3		1Q2		4S AB 1			
	2	R2	6H1	R2	6H1	2H4		2H1		1Q4		1Q4		4S AB 2			
	3					6H3		6H2		Q2	3H1	Q2	2H4	S AB 2	2Q1	S AB 2	2Q1
	4	6H5		6H5		3H5		4H3									
	5					4H2		4H5			3Q2		3Q2		6S AB 1		
	6					1R2		1R1			3Q4		3Q3		6S AB 2		
H3	1					1H4		1H3		4Q1		4Q1		1S CD 1			
	2					2H1		1H5		4Q2		4Q3		1S CD 2			
	3					2H5		Q3	3H2	S CD 1	5Q3	S CD 1	5Q2	FC	2S CD 1		
	4					3H2									3H4		5Q4
	5					4H3			4H1		6Q1		6Q1		3S CD 1		
	6					2R1			2R2		6Q3		6Q4		3S CD 2		
H4	1					1H5		1H4		4Q3		4Q2		4S CD 1			
	2					2H2		2H3		4Q4		4Q4		4S CD 2			
	3					2H3		Q4	3H1	S CD 2	5Q1	S CD 2	5Q1	FD	5S CD 1		
	4					4H1									3H5		5Q2
	5					4H4			4H2		6Q2		6Q2		6S CD 1		
	6					1R1			1R2		6Q4		6Q3		6S CD 2		
H5	1													3R1			
	2													3R2			
	3													FE	4R1		
	4														4R2		
	5														5R1		
	6														5R2		

World Rowing Championships Case 10: 31 to 36 entries

Format – Six heats, three repêchages, four quarter-finals, two semi-finals AB, two semi-finals CD and two semi-finals EF.

Heats – The first three crews in each heat go forward to the quarter-finals; the remaining crews go to the repêchages.

Repêchages – The first two crews in each repêchage go to the quarter-finals; the remaining crews go to semi-finals EF. There are two options for the repêchages.

Quarter-finals – The first three crews in each quarter-final go forward to semi-finals AB. The remaining crews go forward to semi-finals CD. There are two options for the quarter-finals.

Semi-finals – The first three crews in each semi-final AB go forward to final A. The remaining crews go forward to final B. The first three crews in each semi-final CD go forward to final C. The remaining crews go forward to final D. The first three crews in each semi-final EF go forward to final E. The remaining crews go forward to final F. There are two options for the semi-finals.

Note the special case for 31 entries: the last crew in each semi-final EF goes forward to final F; the remaining crews go forward to final E.

Table for World Rowing Championships Case 10: 31-36 entries

Heats		Repêchages Options				Quarter-finals Options				Semi-finals Options				Finals	
H		RI		RII		QI		QII		SI		SII		F	
H1	1	R1	4H2	R1	4H1		1H1		1H1		1Q1		1Q1		1S AB 1
	2		4H5		4H6		1H2		1H6		1Q2		1Q3		1S AB 2
	3		5H6		5H3	Q1	2H3	Q1	2H5	S AB 1	2Q3	S AB 1	2Q2	FA	2S AB 1
	4		5H3		5H5		3H6		3H4		2Q4		2Q4		2S AB 2
	5		6H1		6H2		1R1		1R2		3Q1		3Q1		3S AB 1
	6		6H4		6H4		2R3		2R3		3Q3		3Q4		3S AB 2
H2	1	R2	4H1	R2	4H2		1H3		1H2		1Q3		1Q2		4S AB 1
	2		4H4		4H4		1H4		1H5		1Q4		1Q4		4S AB 2
	3		5H5		5H1	Q2	2H5	Q2	2H4	S AB 2	2Q1	S AB 2	2Q1	FB	5S AB 1
	4		5H2		5H6		3H4		3H3		2Q2		2Q3		5S AB 2
	5		6H3		6H3		1R3		1R3		3Q2		3Q2		6S AB 1
	6		6H6		6H5		2R2		2R1		3Q4		3Q3		6S AB 2
H3	1	R3	4H3	R3	4H3		1H5		1H3		4Q1		4Q1		1S CD 1
	2		4H6		4H5		2H1		2H1		4Q2		4Q3		1S CD 2
	3		5H1		5H2	Q3	2H6	Q3	2H2	S CD 1	5Q3	S CD 1	5Q2	FC	2S CD 1
	4		5H4		5H4		3H2		3H5		5Q4		5Q4		2S CD 2
	5		6H2		6H1		3H3		3H6		6Q1		6Q1		3S CD 1
	6		6H5		6H6		1R2		1R1		6Q3		6Q4		3S CD 2
H4	1						1H6		1H4		4Q3		4Q2		4S CD 1
	2						2H2		2H3		4Q4		4Q4		4S CD 2
	3					Q4	2H4	Q4	2H6	S CD 2	5Q1	S CD 2	5Q1	FD	5S CD 1
	4						3H1		3H1		5Q2		5Q3		5S CD 2
	5						3H5		3H2		6Q2		6Q2		6S CD 1
	6						2R1		2R2		6Q4		6Q3		6S CD 2
H5	1										3R1		3R1		1S EF 1
	2										3R3		3R2		1S EF 2
	3									S EF 1	4R2	S EF 1	4R3	FE	2S EF 1
	4										5R3		5R1		2S EF 2
	5										6R1		6R1		3S EF 1
	6										6R2		6R3		3S EF 2
H6	1										3R2		3R3		4S EF 1
	2										4R1		4R1		4S EF 2
	3									S EF 2	4R3	S EF 2	4R2	FF	5S EF 1
	4										5R1		5R2		5S EF 2
	5										5R2		5R3		6S EF 1
	6										6R3		6R2		6S EF 2

World Rowing Championships Case 11: 37 to 40 entries

Format – Eight heats, four repêchages, four quarter-finals, two semi-finals AB, two semi-finals CD and three semi-finals EFG.

Heats – The first two crews in each heat go forward to the quarter-finals; the remaining crews go to the repêchages.

Repêchages – The first two crews in each repêchage go to the quarter-finals; the remaining crews go to semi-finals EFG. There are two options for the repêchages.

Quarter-finals – The first three crews in each quarter-final go forward to semi-finals AB. The remaining crews go forward to semi-finals CD. There are two options for the quarter-finals.

Semi-finals – The first three crews in each semi-final AB go forward to final A. The remaining crews go forward to final B. The first three crews in each semi-final CD go forward to final C. The remaining crews go forward to final D. The first two crews in each semi-final EFG go forward to final E. The third and fourth crews in each semi-final EFG go forward to final F. The remaining crews go forward to final G.

There are two options for the semi-finals.

Note the special case for 37-38 entries: the last crew in each semi-final EFG goes forward to Final G, the remaining third and fourth placed crews go forward to final F.

Table for World Rowing Championships Case 11: 37 to 40 entries

Heats H	Repêchages Options			Quarter-finals Options			Semi-finals Options			Finals F
	R1	3H2	R1I	3H1	Q1	QII	S1	SII		
H1	1	R1	3H2	R1	3H1	1H1	1H1	1Q1	1Q1	1S AB 1
	2		3H3		3H2	1H2	1H5	1Q2	1Q3	1S AB 2
	3		4H4		4H3	2H3	2H2	2Q3	2Q2	2S AB 1
	4		4H8		4H8	2H4	2H6	2Q4	2Q4	2S AB 2
	5		5H1		5H6	1R2	1R1	3Q1	3Q1	3S AB 1
					5H5	2R4	2R3	3Q3	3Q4	3S AB 2
H2	1	R2	3H7	R2	3H5	1H3	1H2	1Q3	1Q2	4S AB 1
	2		3H8		3H8	1H4	1H6	1Q4	1Q4	4S AB 2
	3		4H1		4H6	2H5	2H1	2Q1	2Q1	5S AB 1
	4		4H5		4H7	2H6	2H5	2Q2	2Q3	5S AB 2
	5		5H2		5H3	1R3	1R2	3Q2	3Q2	6S AB 1
					5H6	2R2	2R4	3Q4	3Q3	6S AB 2
H3	1	R3	3H4	R3	3H3	1H5	1H3	4Q1	4Q1	1 SCD 1
	2		3H5		3H4	1H6	1H7	4Q2	4Q3	1S CD 2
	3		4H2		4H1	2H7	2H4	5Q3	5Q2	2S CD 1
	4		4H6		4H5	2H8	2H8	5Q4	5Q4	2S CD 2
	5		5H3		5H2	1R1	1R3	6Q1	6Q1	3S CD 1
					5H7	2R3	2R1	6Q3	6Q4	3S CD 2
H4	1	R4	3H1	R4	3H6	1H7	1H4	4Q3	4Q2	4S CD 1
	2		3H6		3H7	1H8	1H8	4Q4	4Q4	4S CD 2
	3		4H3		4H2	2H1	2H3	5Q1	5Q1	5S CD 1
	4		4H7		4H4	2H2	2H7	5Q2	5Q3	5S CD 2
	5		5H4		5H1	1R4	1R4	6Q2	6Q2	6S CD 1
					5H8	2R1	2R2	6Q4	6Q3	6S CD 2
H5	1							3R2	3R1	1S EFG 1
	2							3R4	3R3	1S EFG 2
	3							5R1	5R2	1S EFG 3
	4							5R3	5R4	2S EFG 1
	5							6R1	6R1	2S EFG 2
								6R4	6R4	2S EFG 3
H6	1							3R3	3R4	3S EFG 1
	2							4R1	4R2	3S EFG 2
	3							4R2	4R1	3S EFG 3
	4							5R4	5R3	4S EFG 1
	5							6R2	6R2	4S EFG 2
										4S EFG 3
H7	1							3R1	3R2	5 SEFG 1
	2							4R3	4R4	5 SEFG 2
	3							4R4	4R3	5 SEFG 3
	4							5R2	5R1	5 SEFG 3
	5							6R3	6R3	6 SEFG 1
H8	1									
	2									
	3									
	4									
	5									

World Rowing Championships Case 12: 41-48 entries

Format – Eight heats, eight repêchages, four quarter-finals ABCD, four quarter-finals EFGH, two semi-finals AB, two semi-finals CD, two semi-finals EF and two semi-finals GH.

Heats – The first two crews in each heat go forward to the quarter-finals; the remaining crews go to the repêchages.

Repêchages – The first crew in each repêchage goes to the quarter-finals ABCD; the remaining crews go to quarter-finals EFGH. There are two options for the repêchages.

Quarter-finals – the first three crews in each quarter-final ABCD go forward to semi-finals AB. The remaining crews go forward to semi-finals CD. The first three crews in each quarter-final EFGH go forward to semi-finals EF. The remaining crews go forward to semi-finals GH. There are 2 options for the quarter-finals.

Semi-finals – The first three crews in each semi-final AB go forward to final A. The remaining crews go forward to final B. The first three crews in each semi-final CD go forward to final C. The remaining crews go forward to final D. The first three crews in each semi-final EF go forward to final E. The remaining crews go forward to final F. The first three crews in each semi-final GH go forward to final G. The remaining crews go forward to final H. There are two options for the semi-finals.

Note the special case for 41-42 entries: there are no semi-finals GH and the fourth and fifth placed crews in the quarter-finals EFGH go forward to final G.

Note the special case for 43 entries: the last crew in each semi-final GH goes forward to final H; the remaining crews go forward to final G.

Table for World Rowing Championships Case 12: 41- 48 entries

Heats	Repêchages		Quarter-finals		Semi-finals		Finals	
	H	RI	RII	QI	QII	SI		SII
H1	1	3H6	3H4	1H1	1H1	1QAD1	1QAD1	1SAB1
	2	4H7	4H3	1H2	1H5	1QAD2	1QAD3	1SAB2
	3	5H8	5H2	2H3	2H2	2QAD3	2QAD2	2SAB1
	4	6H1	6H1	2H4	2H6	2QAD4	2QAD4	2SAB2
	5			1R5	1R1	3QAD1	3QAD1	3SAB1
	6			1R6	1R5	3QAD3	3QAD4	3SAB2
H2	1	3H7	3H5	1H3	1H2	1QAD3	1QAD2	4SAB1
	2	4H8	4H4	1H4	1H6	1QAD4	1QAD4	4SAB2
	3	5H1	5H3	2H5	2H1	2QAD1	2QAD1	5SAB1
	4	6H2	6H2	2H6	2H5	2QAD2	2QAD3	5SAB2
	5			1R1	1R2	3QAD2	3QAD2	6SAB1
	6			1R8	1R6	3QAD4	3QAD3	6SAB2
H3	1	3H8	3H6	1H5	1H3	4QAD1	4QAD1	1SCD1
	2	4H1	4H5	1H6	1H7	4QAD2	4QAD3	1SCD2
	3	5H2	5H4	2H7	2H4	5QAD3	5QAD2	2SCD1
	4	6H3	6H3	2H8	2H8	5QAD4	5QAD4	2SCD2
	5			1R2	1R3	6QAD1	6QAD1	3SCD1
	6			1R3	1R7	6QAD3	6QAD4	3SCD2
H4	1	3H1	3H7	1H7	1H4	4QAD3	4QAD2	4SCD1
	2	4H2	4H6	1H8	1H8	4QAD4	4QAD4	4SCD2
	3	5H3	5H5	2H1	2H3	5QAD1	5QAD1	5SCD1
	4	6H4	6H4	2H2	2H7	5QAD2	5QAD3	5SCD2
	5			1R4	1R4	6QAD2	6QAD2	6SCD1
	6			1R7	1R8	6QAD4	6QAD3	6SCD2
H5	1	3H2	3H8	2R2	2R1	1QEH1	1QEH1	1SEF1
	2	4H3	4H7	2R3	2R6	1QEH2	1QEH3	1SEF2
	3	5H4	5H6	3R4	3R3	2QEH3	2QEH2	2SEF1
	4	6H5	6H5	3R6	3R8	2QEH4	2QEH4	2SEF2
	5			4R1	4R4	3QEH1	3QEH1	3SEF1
	6			4R5	4R5	3QEH3	3QEH4	3SEF2
H6	1	3H3	3H1	2R4	2R4	1QEH3	1QEH2	4SEF1
	2	4H4	4H8	2R5	2R2	1QEH4	1QEH4	4SEF2
	3	5H5	5H7	3R7	3R7	2QEH1	2QEH1	5SEF1
	4	6H6	6H6	3R8	3R1	2QEH2	2QEH3	5SEF2
	5			4R2	4R3	3QEH2	3QEH2	6SEF1
	6			4R6	4R6	3QEH4	3QEH3	6SEF2
H7	1	3H4	3H2	2R6	2R3	4QEH1	4QEH1	1SGH1
	2	4H5	4H1	2R8	2R8	4QEH2	4QEH3	1SGH2
	3	5H6	5H8	3R2	3R4	5QEH3	5QEH2	2SGH1
	4	6H7	6H7	3R1	3R6	5QEH4	5QEH4	2SGH2
	5			4R3	4R2	6QEH1	6QEH1	3SGH1
	6			4R7	4R7	6QEH3	6QEH4	3SGH2
H8	1	3H5	3H3	2R1	2R5	4QEH3	4QEH2	4SGH1
	2	4H6	4H2	2R7	2R7	4QEH4	4QEH4	4SGH2
	3	5H7	5H1	3R3	3R2	5QEH1	5QEH1	5SGH1
	4	6H8	6H8	3R5	3R5	5QEH2	5QEH3	5SGH2
	5			4R4	4R1	6QEH2	6QEH2	6SGH1
	6			4R8	4R8	6QEH4	6QEH3	6SGH2

World Rowing Championships Case 13: 49 or more entries

Format – Time trial, eight heats, four quarter-finals ABCD, four quarter-finals EFGH, two semi-finals AB, two semi-finals CD, two semi-finals EF and two semi-finals GH.

Time trial – The results of the time trial are used to determine the position of the first 48 crews in the heats. The remaining crews progress to Final I (up to 54 entries) or semi-finals IJ (up to 60 entries) etc.

All crews start in one time trial, starting one after the other, at 30 or 45 second intervals (or as close thereto as possible) from the start line using two adjacent lanes alternately. The highest seeded crew will start first, followed by the remaining seeded crews in seeded order, and then the remaining crews in the order of a random draw, supervised by a member of the Jury and made explicitly for this purpose. If the Fairness Committee decides that there are not two lanes which provide equal conditions, then a single racing lane may be used (See Appendix R8, Time Trials)

Heats – The first three crews in each heat go forward to the quarter-finals ABCD. The remaining crews go forward to quarter-finals EFGH.

Quarter-finals – The first three crews in each quarter-final ABCD go forward to semi-finals AB. The remaining crews go forward to semi-finals CD. The first three crews in each quarter-final EFGH go forward to semi-finals EF. The remaining crews go forward to semi-finals GH. There are 2 options for the quarter-finals.

Semi-finals – The first three crews in each semi-final AB go forward to final A. The remaining crews go forward to final B. The first three crews in each semi-final CD go forward to final C. The remaining crews go forward to final D. The first three crews in each semi-final EF go forward to final E. The remaining crews go forward to final F. The first three crews in each semi-final GH go forward to final G. The remaining crews go forward to final H. There are two options for the semi-finals.

Table for World Rowing Championships Case 13: 49 and more entries

TT	Heats	Quarter-finals Options		Semi-finals Options		Finals
	H	QI	QII	SI	SII	F
1	1TT	1H1	1H1	1Q AD 2	1Q AD 2	1S AB 1
2	16TT	1H8	1H7	1Q AD 4	1Q AD 3	1S AB 2
3	17TT	2H4	2H4	2Q AD 1	2Q AD 1	2S AB 1
4	32TT	2H5	2H6	2Q AD 3	2Q AD 4	2S AB 2
5	33TT	3H3	3H3	3Q AD 2	3Q AD 2	3S AB 1
6	48TT	3H6	3H5	3Q AD 3	3Q AD 4	3S AB 2
7	2TT	1H2	1H2	1Q AD 1	1Q AD 1	4S AB 1
8	15TT	1H7	1H8	1Q AD 3	1Q AD 4	4S AB 2
9	18TT	2H3	2H3	2Q AD 2	2Q AD 2	5S AB 1
10	31TT	2H6	2H5	2Q AD 4	2Q AD 3	5S AB 2
11	34TT	3H4	3H4	3Q AD 1	3Q AD 1	6S AB 1
12	47TT	3H5	3H6	3Q AD 4	3Q AD 3	6S AB 2
13	3TT	1H3	1H3	4Q AD 2	4Q AD 2	1S CD 1
14	14TT	1H6	1H5	4Q AD 4	4Q AD 3	1S CD 2
15	19TT	2H2	2H2	5Q AD 1	5Q AD 1	2S CD 1
16	30TT	2H7	2H8	5Q AD 3	5Q AD 4	2S CD 2
17	35TT	3H1	3H1	6Q AD 2	6Q AD 2	3S CD 1
18	46TT	3H8	3H7	6Q AD 3	6Q AD 4	3S CD 2
19	4TT	1H4	1H4	4Q AD 1	4Q AD 1	4S CD 1
20	13TT	1H5	1H6	4Q AD 3	4Q AD 4	4S CD 2
21	20TT	2H1	2H1	5Q AD 2	5Q AD 2	5S CD 1
22	29TT	2H8	2H7	5Q AD 4	5Q AD 3	5S CD 2
23	36TT	3H2	3H2	6Q AD 1	6Q AD 1	6S CD 1
24	45TT	3H7	3H8	6Q AD 4	6Q AD 3	6S CD 2
25	5TT	4H1	4H1	1Q EF 2	1Q EF 2	1S EF 1
26	12TT	4H8	4H7	1Q EF 4	1Q EF 3	1S EF 2
27	21TT	5H4	5H4	2Q EF 1	2Q EF 1	2S EF 1
28	28TT	5H5	5H6	2Q EF 3	2Q EF 4	2S EF 2
29	37TT	6H3	6H3	3Q EF 2	3Q EF 2	3S EF 1
30	44TT	6H6	6H5	3Q EF 3	3Q EF 4	3S EF 2
31	6TT	4H2	4H2	1Q EF 1	1Q EF 1	4S EF 1
32	11TT	4H7	4H8	1Q EF 3	1Q EF 4	4S EF 2
33	22TT	5H3	5H3	2Q EF 2	2Q EF 2	5S EF 1
34	27TT	5H6	5H5	2Q EF 4	2Q EF 3	5S EF 2
35	38TT	6H4	6H4	3Q EF 1	3Q EF 1	6S EF 1
36	43TT	6H5	6H6	3Q EF 4	3Q EF 3	6S EF 2
37	7TT	4H3	4H3	4Q EF 2	4Q EF 2	1S GH 1
38	10TT	4H6	4H5	4Q EF 4	4Q EF 3	1S GH 2
39	23TT	5H2	5H2	5Q EF 1	5Q EF 1	2S GH 1
40	26TT	5H7	5H8	5Q EF 3	5Q EF 4	2S GH 2
41	39TT	6H1	6H1	6Q EF 2	6Q EF 2	3S GH 1
43	42TT	6H8	6H7	6Q EF 3	6Q EF 4	3S GH 2
43	8TT	4H4	4H4	4Q EF 1	4Q EF 1	4S GH 1
44	9TT	4H5	4H6	4Q EF 3	4Q EF 4	4S GH 2
45	24TT	5H1	5H1	5Q EF 2	5Q EF 2	5S GH 1
46	25TT	5H8	5H7	5Q EF 4	5Q EF 3	5S GH 2
47	40TT	6H2	6H2	6Q EF 1	6Q EF 1	6S GH 1
48	41TT	6H7	6H8	6Q EF 4	6Q EF 3	6S GH 2

APPENDIX R8 BYE-LAWS TO RULE 62 – TIME TRIALS

TIME TRIALS

1. *Definition of Time Trials*

A time trial is a race in which crews are started one after the other, whether in one or more lanes, and where the result is determined by the time taken by each crew to complete the course.

2. *Circumstances in which time trials shall be used as part of, or in place of, the World Rowing Progression System*

a. *As part of the World Rowing Progression System (Appendix R7)*

Case 13: 49 and more entries – The first round shall be in the form of one time trial for all crews;

b. *As a contingency in place of the World Rowing Progression System*

i. *Contingency arrangements for weather conditions when no reasonable alternative is available under the Rules (for example, Heats, where reallocation of lanes is not allowed and/or where there is not enough time to delay racing);*

ii. *To recover lost time in a regatta (caused by adverse weather or other conditions) by omitting one or more rounds and replacing with time trials.*

SECTION A. FORMAT OF TIME TRIALS

3. *Format of Time Trials*

Time trials should normally be run in individual heat format to minimise the time between the first and last crews starting and finishing, with a maximum of 6 crews in each race, so as to provide the most equal conditions for all crews.

EXCEPTIONS –

- a. *where the Progression System (>48 crews) requires one time trial for all crews in that event; and*
- b. *where time has been lost due to unrowable or unfair conditions or other reasons and there is not enough time to run all usual rounds before the finals, so one or more rounds must be cancelled. In such case all remaining crews in a group (e.g. heats, or quarter-finals ABCD) shall compete in one processional race.*

4. *Starting Order and Frequency of Crews Starting*

a. *As one time trial for all remaining crews*

If the time trial is for the first round of racing (heats), the highest seeded crew starts first, followed by the second highest seeded crew, etc., and after all the seeded crews then the remaining crews shall start in order of a random draw, supervised by a member of the Jury, made explicitly for this purpose. If the race is for a subsequent round (repêchage, quarter-final, semi-final, final) the crews shall start in order according to their placings in the previous round. Where two or more crews have the same placing in the previous round then there shall be a draw, supervised by a member of the Jury, to determine their starting order. Successive crews in a race shall be started at between 30 and 45 second intervals or as close thereto as possible.

b. *As individual heats*

If the time trial replaces heats then in each separate heat the highest seeded crew shall start first and the second highest seeded crew shall start second. The remaining crews shall start in the order of their lanes, as given from the official draw. If the time trial is for repêchages, quarter-finals, semi-finals or finals then in each separate race the crews shall start in order according to their placings in the previous round. Where two crews have the same placing,

(e.g. both were heat winners), then there shall be a draw, supervised by a member of the Jury, to determine their starting order. Successive crews in a race shall be started at between 30 and 45 second intervals or as close thereto as possible. Each separate race shall be started at not more than five-minute intervals.

5. Method of Starting

- a. *International regattas: Only where suitable timing facilities exist, time trials may be conducted using a “flying start” in which crews start rowing before the 100 metre point and their time is taken from the time they pass through the 100 metre point to the time they reach the finish line.*
- b. *At World Rowing Championship, Olympic, Paralympic and relevant qualification regattas and World Rowing Cup regattas, time trials shall be conducted from a fixed start using the normal start and timing system. Where there is an automatic start system installed (using boots to hold the bows of boats) this shall not be used for time trials.*

6. Race Distance

Using a fixed start, the race distance for time trials shall be 2,000m on a World Rowing standard course. In exceptional cases and where a flying start is used, the racing distance should not be less than 1,900 metres.

7. Number of Lanes

- a. *Time trials shall in principle be conducted from fixed starts using two adjacent lanes subject always to the Fairness Committee deciding that conditions are equal in two lanes. (The use of two lanes gives crews more time to come onto the start (1 minute per lane)).*
- b. *It shall be the responsibility of the Fairness Committee to decide if 2 lanes are equal and that the 2-lane format can be used. The Fairness Committee shall also decide if two adjacent lanes should be used or if there should be one vacant lane between the two racing lanes. This decision might vary from course to course, but all factors should be considered, including security of crews and any impact of wash from one crew to the next.*
 - i. *In particular, for time trials where all remaining crews in a group compete together in one time trial (as part of the Progression System >48 entries or contingency scenario), the use of two lanes will reduce the time required and therefore minimise any impact of changing conditions between the first and last crews in the race.*
- c. *If the Fairness Committee decides that two lanes are not equal then the time trial shall be run using one lane only.*

In the case of regattas where no Fairness Committee is appointed, including international regattas, decisions attributed to the Fairness Committee shall be the responsibility of the President of the Jury.

8. Equal preparation

- a. *Where 2 lanes are used for a time trial, equal conditions shall be provided for all crews, including warm-up. The location and design of warm-up zones should ensure that crews in each of the two racing lanes will have equal time for warm-up. (For this purpose it might be necessary to create two warm-up zones, one on each side of the course for each of the two racing lanes used.) Care shall also be taken to ensure any external disturbance is equal for both lanes (e.g. proximity of warm-up/cool-down boats and/or TV boats.*
- b. *Equal time to move on to the Start – The first crew or crews to race in a time trial should not be allowed more time than subsequent crews in that time trial. They should only be allowed to move to the start finger and prepare for the start as if a crew had just started before them.*

9. Timing of Crews in Time Trials

Times of crews in time trials shall be recorded to the highest available accuracy of the photo-finish system as necessary to determine the rankings between crews.

SECTION B. CONDITIONS UNDER WHICH TIME TRIALS SHALL BE USED

10. *Except where used as part of the World Rowing Progression System, time trials shall not be used where other alternatives are available in accordance with Rule 63 (Unrowable Weather Conditions). The following definitions shall be used when determining whether time trials should be held.*

a. *Unrowable conditions*

Parts or all of the course and/or warm-up area are not rowable and it is not possible to conduct fair racing ("rowable" means that crews are able to warm up and race without risk of their boats swamping or overturning due to rough water conditions). In such adverse conditions, if the warm-up area is rowable and either one or two lanes are rowable and equal, time trials may be held in place of side-by-side racing. The President of the Jury shall determine when conditions are, or are about to be, unrowable.

b. *Unequal conditions*

Conditions are not equal for all crews over the full length of the course. In such unequal conditions, if one or two lanes are equal over the full time required to complete the time trial, time trials may be held in place of side-by-side races. (It will also be a factor if conditions at the different points of the course are changing quickly/suddenly or are predicted to change quickly/suddenly during the time required to complete the time trial.) At World Rowing Championship, Olympic, Paralympic, Youth Olympic and relevant qualifications regattas and World Rowing Cup regattas, the Fairness Committee shall determine when conditions are unequal. At international regattas the President of the Jury shall so determine.

SECTION C. CONDUCTING TIME TRIALS

11. *The Council shall approve guidelines for the conduct of time trials.*

APPENDIX R9

BYE-LAWS TO RULES 81 TO 84 – DUTIES OF THE JURY

1. Bye-Laws to Rule 81 – Duties of the Control Commission

The Control Commission shall include Jury members and national technical officials. The number of such Jury members and officials appointed shall take into account the regatta programme and the number of rowers. The Control Commission shall carry out its duties in the boathouse area and at the boating pontoons. In particular, the Control Commission is responsible for the following:

- a. *The correct weighing of coxswains following the procedures required by the Rules of Racing and Bye-Laws.*
- b. *Checking the deadweight to be carried by coxswains (before and after the race).*
- c. *The correct weighing of rowers in lightweight events following the procedures required by the Rules of Racing and Bye-Laws.*
- d. *Receiving notification of crew changes before the race.*
- e. *Checking the identity of rowers to ensure that the composition of the crew is the same as the official entry and any subsequent changes which have been approved in accordance with the Rules of Racing and Bye-Laws. Unless otherwise provided, the organising committee shall prepare the required sets of updated crew photographs for this purpose.*
- f. *Where other arrangements are not in place for this purpose, checking the nationality of rowers, the ages of Under 19, Under 23 and Masters rowers and, where applicable, the average ages of Masters crews.*
- g. *Where doping tests are carried out, to support the anti-doping officials to identify the rowers selected for testing by the anti-doping authority.*
- h. *Boats and equipment – Checking the following:*
 - i. *Compliance with all safety requirements in accordance with Rule 28 and its Bye-Laws;*
 - ii. *Correct bow numbers or other identification as may be required on each boat and where applicable that each boat is carrying an official GPS unit and any other equipment required by World Rowing;*
 - iii. *Possible use of unauthorised equipment;*
 - iv. *Where applicable, minimum weights of boats;*
 - v. *Conformity of all equipment with the rules regarding identifications;*
 - vi. *Correct colours and design of oar-blades, where required;*
- i. *Uniform clothing of rowers and its conformity with the rules regarding Identifications.*
- j. *Receiving and giving decisions on objections lodged by crews against sanctions which were awarded during cool-down, training or other times and which objections, in order to be valid, must be lodged with an umpire before the crew embarks for the race to which the sanction and objection apply (Rule 75).*

2. Bye-Laws to Rule 82 – Duties of the Starter and the Judge at the Start

- a. *Starter*
 - i. *General Duties – Before taking up their duties, the Starter must be satisfied that all equipment and installations required by the Rules covering the start and the course are present and in working order. The Starter shall check that the radio and/or telephone communication with the Judge at the Start, the President of the Jury, the Judges at the Finish and the Control Commission is in working order. The Starter shall also make certain that any crews on the water are obeying the prescribed traffic rules.*

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- ii. *Communication – In principle, the Starter and the Umpire shall use visual signals to convey information. Where oral communication is necessary, they shall address the rowers in English. If, for any reason, the use of another language enables a member of the Jury to be better understood by a crew, a rower or an accompanying official, they may repeat the information in that language.*
 - iii. *Unfair or unsafe conditions – The Starter shall consider whether the weather is likely to create unfair or unsafe conditions and shall consult with the President of the Jury and the Fairness Committee where applicable. The President of the Jury shall inform the Starter of any required changes, in principle, at least two minutes before a start. The Starter shall take whatever steps may be necessary in accordance with these Rules to ensure a safe race.*
 - iv. *Information to Crews – The Starter shall inform the crews of the time remaining before the start and tell them (as soon as they enter the start zone for the first time) in which lane they will race. In addition, the Starter shall inform the crews when there is five minutes, four minutes and three minutes remaining before the start time and shall check that the rowers' equipment and clothing are in order.*
 - v. *Starting Procedures – The Starting Procedures to be employed by the Starter (including Quick Starts and False Starts) are described in the Bye-Laws to Rule 67 in the Rules of Racing. If a crew is excluded at the start or does not arrive at the start for its race the Starter shall leave the lane of that crew vacant.*
 - vi. *Exclusion – The Starter shall award a Red Card and exclude a crew if the crew has received two Yellow Cards that apply to that race.*
 - vii. *Late Arrival – The Starter may award a Yellow Card to crews arriving late (less than 2 minutes before the start time) at their starting positions or not ready to race at the designated start time. The Starter may exclude a crew arriving after the start time.*
 - viii. *In the case of a Yellow Card previously awarded to a crew, the sanction shall be announced by the Starter after the announcement of "Two Minutes" for the race concerned. The Starter shall instruct the official on the starting platforms to place a yellow marker adjacent to the starting position of that crew.*
 - ix. *Delay – Should it be necessary to delay a race or should some other unexpected event occur, the Starter shall consult, if possible, with the Umpire and then with the President of the Jury; then inform the crews of the new starting time both orally and in writing (legible to all rowers) on a board affixed to the start tower. The Starter shall inform the Control Commission and the Judge at the Finish of the new starting time and the President of the Jury of anything unusual. In all cases, crews must inquire from a member of the Jury regarding any changes before getting out of the boat.*
- b. *Judge at the Start*
- i. *Communications – Before taking up their duties, the Judge at the Start shall ensure that the radio and telephone link with the Starter and between the Aligner and the officials on the starting platforms is in working order. The Judge at the Start sits at the front of the Aligner's hut, in line with the start line.*
 - ii. *Aligning – The organising committee shall appoint the Aligner and the officials on the starting platforms. The Aligner instructs these officials to adjust the position of the boats until they are correctly aligned. The Aligner sits behind the Judge at the Start, in line with the start line, seated on a higher (30cm) chair or platform, looking over the head of the Judge at the Start. The Judge at the Start checks that the Aligner has positioned all the boats with their bows exactly on the start line. When satisfied that this is the case the Judge at the Start indicates this to the Starter by raising the white flag. (Where a white and red light are available for this purpose, the Judge at the Start shall use these*

lights in place of the white and red flags.) Should correct alignment be lost during the subsequent starting procedure the Judge at the Start shall lower the flag or switch off the white light until the boats are realigned.

- iii. *False Start – The Judge at the Start, the Starter and the Umpire shall follow the procedure outlined in Rule 67 and its Bye-Laws.*
- iv. *Contact with the Umpire – Before the start, the Judge at the Start shall make contact with the Umpire to assure himself that the latter is ready.*

3. Bye-Laws to Rule 83 – Duties of the Umpire

- a. *Precedence – Except for the duties specifically attributed to them, both the Starter and the Judge at the Start are subordinate to the Umpire.*
- b. *Duties on the Way to the Start – On the way to the start, the Umpire shall inspect the course installations to ensure that they are in proper order and shall check that there are no obstacles on the course or wash from other motor boats affecting the course. The Umpire shall also make certain that any crews on the water are following the prescribed traffic rules. Should there be any defect in the installations or any other problem, the Umpire shall inform (e.g. by radio from the start if necessary) the President of the Jury and shall also inform any crews concerned.*
- c. *Duties during the Starting Procedure – During the starting procedure, the Umpire's launch should, in principle, either be immediately beside the Judge at the Start or behind the crews, in the centre of the course. Should the start for any reason be faulty, other than a false start, for which the Judge at the Start alone is responsible, the Umpire may order the Starter to stop the race or may stop it directly by ringing a bell and waving the red flag.*
- d. *As soon as the race has started, the Umpire's launch shall follow immediately the rowers in the centre of the course.*
- e. *Position of the Umpire's Launch – During the race, the Umpire's launch must be so placed as best to enable the Umpire to take action as effectively as possible. The position of the Umpire's launch should depend on the progress of the race and the progression of the crews to the subsequent rounds; it may also depend on weather conditions. The Umpire must ensure that crews are able to hear any instructions given to them. Should it be necessary to overtake one or more crews, the Umpire must see to it that they are not hampered more than is necessary by the wash of the launch. He should position the launch, whenever possible, so as not to impede the crews' view of each other.*
- f. *Type of Race – The Umpire's decision may be influenced by the type of race (heat, repêchage, quarter-final, semi-final or final). The Umpire must therefore take this factor as well as the position in the subsequent races into account in considering any action to take under these rules.*
- g. *Safety – The Umpire shall take every care to ensure the safety of the rowers and to prevent damage to boats and equipment. When necessary, the Umpire may call a crew's attention by raising the white flag, stating the name of the crew, and stop it by giving the command "Stop". Should one or more rowers fall into the water or should any boat capsize or sink, the Umpire must ensure that the rescue service is in action and, if not, shall remain with the capsized crew until it is apparent that all the members are safe and the rescue service is present.*
- h. *Adverse Weather – In the case of squalls or sudden deterioration of the weather, it is the responsibility of the Umpire to decide if the race is to continue or if it is to be stopped. The safety of the rowers is more important than any of the provisions of the Rules of Racing.*
- i. *Coaching – As coaching with electric, electronic or other technical devices is not allowed during racing, the Umpire must make a regular check on the area adjacent to the course.*

- j. *Overall Ability – The Umpire must stay informed on rowing questions in general. It is also desirable that the Umpire should get to know the racing characteristics of individual crews and coaches.*
- k. *Zonal Umpiring*
 - i. *For zonal umpiring the President of the Jury shall designate the points along the course at which the umpires shall be positioned and shall give such instructions as are necessary, including for contingency or other situations. Zonal umpires, when stationed in boats, may move to the centre of the course after the race has passed to confirm that all crews are within their lanes and shall then return to their designated position. If the umpire considers that any crew is about to interfere with another crew the umpire may follow the race for such distance as he considers necessary to take the appropriate actions under these rules.*
 - ii. *Where zonal umpiring is in force, the provisions of this Bye-Law shall refer to each of the umpires responsible for respective zones of the race, both within their respective zone and outside where appropriate. The extent to which zonal umpires carry out their duties shall be subject to their location and consequent ability to oversee the race. In zonal umpiring the Umpires shall be in radio communication with each other and with the President of the Jury.*

4. Bye-Laws to Rule 84 – Duties of the Judge at the Finish

- a. *The Judges at the Finish shall:*
 - i. *Determine the order in which the bows of the boats reach the finish line;*
 - ii. *Satisfy themselves that the Umpire has indicated, by raising the white flag, that the race was in order and to indicate to the Umpire acknowledgement of this signal by raising a white flag or displaying a white light. The designated Judge will clearly announce 'white flag';*
 - iii. *List the crews in their correct order of finish;*
 - iv. *Check that the official results on the result sheet are correct and announce 'race (number) official' which authorises publication of the official result.*
- b. *The senior Judge at the Finish shall sign the official record of the results.*
- c. *Position – As a general rule, there shall be at least two Judges, one of them the Senior Judge, at the finish. They shall be positioned so to enable them to carry out their responsibility to determine the finish order.*

APPENDIX R10

BYE-LAWS TO RULE 85 – ANTI-DOPING

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INTRODUCTION

Preface

These Anti-Doping Bye-Laws are adopted and implemented in accordance with World Rowing's responsibilities under the World Anti-Doping Code ("the Code"), and in furtherance of World Rowing's continuing efforts to eradicate doping in sport.

These Anti-Doping Bye-Laws are sport rules governing the conditions under which sport is played. Aimed at enforcing anti-doping rules in a global and harmonised manner, they are distinct in nature from criminal and civil laws. They are not intended to be subject to or limited by any national requirements and legal standards applicable to criminal or civil proceedings, although they are intended to be applied in a manner which respects the principles of proportionality and human rights. When reviewing the

facts and the law of a given case, all courts, arbitral tribunals and other adjudicating bodies should be aware of and respect the distinct nature of these Anti-Doping Bye-Laws, which implement the Code, and the fact that these rules represent the consensus of a broad spectrum of stakeholders around the world as to what is necessary to protect and ensure fair sport.

As provided in the Code, World Rowing shall be responsible for conducting all aspects of Doping Control. Any aspect of Doping Control or anti-doping Education may be delegated by World Rowing to a Delegated Third Party, such as the International Testing Agency (ITA), however, World Rowing shall require the Delegated Third Party to perform such aspects in compliance with the Code, International Standards, and these Anti-Doping Bye-Laws. World Rowing may delegate its adjudication responsibilities and parts of Results Management to the CAS Anti-Doping Division.

When World Rowing has delegated its responsibilities to implement part or all of Doping Control to the ITA or to another Delegated Third Party, any reference to World Rowing in these Bye-Laws should be intended as a reference to the ITA or to the other Delegated Third Party, where applicable and within the context of the aforementioned delegation. World Rowing shall always remain fully responsible for ensuring that any delegated aspects are performed in compliance with the Code.

Italicized terms in these Anti-Doping Bye-Laws are defined in Appendix 1.

Unless otherwise specified, references to Articles are references to Articles of these Anti-Doping Bye-Laws.

Fundamental Rationale for the Code and World Rowing's Anti-Doping Rules

Anti-doping programs are founded on the intrinsic value of sport. This intrinsic value is often referred to as “the spirit of sport”: the ethical pursuit of human excellence through the dedicated perfection of each Rower's natural talents.

Anti-doping programs seek to protect the health of Rowers and to provide the opportunity for Rowers to pursue human excellence without the Use of Prohibited Substances and Prohibited Methods.

Anti-doping programs seek to maintain the integrity of sport in terms of respect for rules, other competitors, fair competition, a level playing field, and the value of clean sport to the world.

The spirit of sport is the celebration of the human spirit, body and mind. It is the essence of Olympism and is reflected in the values we find in and through sport, including:

- Health
- Ethics, fair play and honesty
- Rowers' rights as set forth in the Code
- Excellence in performance
- Character and Education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other Participants
- Courage
- Community and solidarity

The spirit of sport is expressed in how we play true.

Doping is fundamentally contrary to the spirit of sport.

Scope of these Anti-Doping Rules

These Anti-Doping Rules shall apply to:

- a. *World Rowing, including its board members, directors, officers and specified employees, and Delegated Third Parties and their employees, who are involved in any aspect of Doping Control;*

- b. each of World Rowing's Member Federations, including their board members, directors, officers and specified employees, and Delegated Third Parties and their employees, who are involved in any aspect of Doping Control;
- c. the following Rowers, Athlete Support Personnel and other Persons:
- i. all Rowers and Athlete Support Personnel who are members of World Rowing, or of any Member Federation, or of any member or affiliate organisation of any Member Federation (including any clubs, teams, associations, or leagues);
 - ii. all Rowers and Athlete Support Personnel who participate in such capacity in Events, Competitions and other activities organised, convened, authorised or recognised by World Rowing, or any Member Federation, or by any member or affiliate organisation of any Member Federation (including any clubs, teams, associations, or leagues), wherever held;
 - iii. any other Rower or Athlete Support Personnel or other Person who, by virtue of an accreditation, a license or other contractual arrangement, or otherwise, is subject to the authority of World Rowing, or of any Member Federation, or of any member or affiliate organisation of any Member Federation (including any clubs, teams, associations, or leagues), for purposes of anti-doping; and
 - iv. Rowers who are not regular members of World Rowing or of one of its Member Federations but who want to be eligible to compete in a particular International Event.

Each of the abovementioned Persons is deemed, as a condition of his or her participation or involvement in the sport, to have agreed to and be bound by these Anti-Doping Bye-Laws, and to have submitted to the authority of World Rowing to enforce these Anti-Doping Bye-Laws, including any Consequences for the breach thereof, and to the jurisdiction of the hearing panels specified in Article 8 and Article 13 to hear and determine cases and appeals brought under these Anti-Doping Bye-Laws.¹

It is the responsibility of each Member Federation that decides to engage in Doping Control activities itself (independently from the Doping Control activities of its National Anti-Doping Organisation) to ensure that all Doping Control activities conducted at the national level on the Member Federation's Rowers complies with these Anti-Doping Bye-Laws.

These Anti-Doping Bye-Laws shall apply without limitation to all Doping Control activities over which World Rowing or its Member Federations have authority.

Within the overall pool of Rowers set out above who are bound by and required to comply with these Anti-Doping Bye-Laws, the following Rowers shall be considered to be International-Level Rowers for the purposes of these Anti-Doping Bye-Laws, and, therefore, the specific provisions in these Anti-Doping Bye-Laws applicable to International-Level Rowers (e.g., Testing, TUEs, whereabouts, and Results Management) shall apply to such Rowers:

- a. Rowers who are part of the World Rowing's Registered Testing Pool or World Rowing's Testing Pool (if one is established);
- b. Rowers who participate in the following World Rowing Events:
 - World Rowing Cup Regattas;
 - World Rowing Championships for Seniors, U23 and Juniors (Under 19);
 - Olympic, Youth Olympic and Paralympic Qualification Regattas;

¹ [Comment: Where the Code requires a Person other than a Rower or Athlete Support Person to be bound by the Code, such Person would of course not be subject to Sample collection or Testing, and would not be charged with an anti-doping rule violation under the Code for Use or Possession of a Prohibited Substance or Prohibited Method. Rather, such Person would only be subject to discipline for a violation of Code Articles 2.5 (Tampering), 2.7 (Trafficking), 2.8 (Administration), 2.9 (Complicity), 2.10 (Prohibited Association) and 2.11 (Retaliation). Furthermore, such Person would be subject to the additional roles and responsibilities according to Code Article 21.3. Also, the obligation to require an employee to be bound by the Code is subject to applicable law.]

World Rowing shall ensure that, as per Article 19 of these Anti-Doping Bye-Laws, any arrangements with their board members, directors, officers, and specified employees, as well as with the Delegated Third Parties and their employees – either employment, contractual or otherwise – have explicit provisions incorporated according to which such Persons are bound by, agree to comply with these Anti-Doping Bye-Laws, and agree on the World Rowing's authority to solve the anti-doping cases.]

- Paralympic Games Rowing Regattas

ARTICLE 1 DEFINITION OF DOPING

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.11 of these Anti-Doping Rules.

ARTICLE 2 ANTI-DOPING RULE VIOLATIONS

The purpose of Article 2 is to specify the circumstances and conduct which constitute anti-doping rule violations. Hearings in doping cases will proceed based on the assertion that one or more of these specific rules have been violated.

Rowers or other Persons shall be responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the Prohibited List.

The following constitute anti-doping rule violations:

2.1 Presence of a Prohibited Substance or its Metabolites or Markers in a Rower's Sample

- 2.1.1 *It is the Rowers' personal duty to ensure that no Prohibited Substance enters their bodies. Rowers are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in their Samples. Accordingly, it is not necessary that intent, Fault, Negligence or knowing Use on the Rower's part be demonstrated in order to establish an anti-doping rule violation under Article 2.1.²*
- 2.1.2 *Sufficient proof of an anti-doping rule violation under Article 2.1 is established by any of the following: presence of a Prohibited Substance or its Metabolites or Markers in the Rower's A Sample where the Rower waives analysis of the B Sample and the B Sample is not analysed; or, where the Rower's B Sample is analysed and the analysis of the Rower's B Sample confirms the presence of the Prohibited Substance or its Metabolites or Markers found in the Rower's A Sample; or where the Rower's A or B Sample is split into two (2) parts and the analysis of the confirmation part of the split Sample confirms the presence of the Prohibited Substance or its Metabolites or Markers found in the first part of the split Sample or the Rower waives analysis of the confirmation part of the split Sample.³*
- 2.1.3 *Excepting those substances for which a Decision Limit is specifically identified in the Prohibited List or a Technical Document, the presence of any reported quantity of a Prohibited Substance or its Metabolites or Markers in a Rower's Sample shall constitute an anti-doping rule violation.*
- 2.1.4 *As an exception to the general rule of Article 2.1, the Prohibited List, International Standards or Technical Documents may establish special criteria for reporting or the evaluation of certain Prohibited Substances.*

2 [Comment to Article 2.1.1: An anti-doping rule violation is committed under this Article without regard to a Rower's Fault. This rule has been referred to in various CAS decisions as "Strict Liability". A Rower's Fault is taken into consideration in determining the Consequences of this anti-doping rule violation under Article 10. This principle has consistently been upheld by CAS.]

3 [Comment to Article 2.1.2: The Anti-Doping Organisation with Results Management responsibility may, at its discretion, choose to have the B Sample analysed even if the Rower does not request the analysis of the B Sample.]

2.2 Use or Attempted Use by a Rower of a Prohibited Substance or a Prohibited Method⁴

2.2.1 *It is the Rowers' personal duty to ensure that no Prohibited Substance enters their bodies and that no Prohibited Method is Used. Accordingly, it is not necessary that intent, Fault, Negligence or knowing Use on the Rower's part be demonstrated in order to establish an anti-doping rule violation for Use of a Prohibited Substance or a Prohibited Method.*

2.2.2 *The success or failure of the Use or Attempted Use of a Prohibited Substance or Prohibited Method is not material. It is sufficient that the Prohibited Substance or Prohibited Method was Used or Attempted to be Used for an anti-doping rule violation to be committed.⁵*

2.3 Evading, Refusing or Failing to Submit to Sample Collection by a Rower

Evading Sample collection; or refusing or failing to submit to Sample collection without compelling justification after notification by a duly authorised Person.⁶

2.4 Whereabouts Failures by a Rower

Any combination of three (3) missed tests and/or filing failures, as defined in the International Standard for Results Management, within a twelve (12) month period by a Rower in a Registered Testing Pool.

2.5 Tampering or Attempted Tampering with any Part of Doping Control by a Rower or Other Person

2.6 Possession of a Prohibited Substance or a Prohibited Method by a Rower or Rower Support Person

2.6.1 *Possession by a Rower In-Competition of any Prohibited Substance or any Prohibited Method, or Possession by a Rower Out-of-Competition of any Prohibited Substance or any Prohibited Method which is prohibited Out-of-Competition unless the Rower establishes that the Possession is consistent with a Therapeutic Use Exemption ("TUE") granted in accordance with Article 4.4 or other acceptable justification.*

2.6.2 *Possession by an Athlete Support Person In-Competition of any Prohibited Substance or any Prohibited Method, or Possession by an Athlete Support Person Out-of-Competition of any Prohibited Substance or any Prohibited Method which is prohibited Out-of-Competition in connection with a Rower, Competition or training, unless the*

4 *[Comment to Article 2.2: It has always been the case that Use or Attempted Use of a Prohibited Substance or Prohibited Method may be established by any reliable means. As noted in the Comment to Article 3.2, unlike the proof required to establish an anti-doping rule violation under Article 2.1, Use or Attempted Use may also be established by other reliable means such as admissions by the Rower, witness statements, documentary evidence, conclusions drawn from longitudinal profiling, including data collected as part of the Rower Biological Passport, or other analytical information which does not otherwise satisfy all the requirements to establish "Presence" of a Prohibited Substance under Article 2.1.*

For example, Use may be established based upon reliable analytical data from the analysis of an A Sample (without confirmation from an analysis of a B Sample) or from the analysis of a B Sample alone where the Anti-Doping Organisation provides a satisfactory explanation for the lack of confirmation in the other Sample.]

5 *[Comment to Article 2.2.2: Demonstrating the «Attempted Use» of a Prohibited Substance or a Prohibited Method requires proof of intent on the Rower's part. The fact that intent may be required to prove this particular anti-doping rule violation does not undermine the Strict Liability principle established for violations of Article 2.1 and violations of Article 2.2 in respect of Use of a Prohibited Substance or Prohibited Method.*

A Rower's Use of a Prohibited Substance constitutes an anti-doping rule violation unless such substance is not prohibited Out-of-Competition and the Rower's Use takes place Out-of-Competition. (However, the presence of a Prohibited Substance or its Metabolites or Markers in a Sample collected In-Competition is a violation of Article 2.1 regardless of when that substance might have been administered.)]

6 *[Comment to Article 2.3: For example, it would be an anti-doping rule violation of "evading Sample collection" if it were established that a Rower was deliberately avoiding a Doping Control official to evade notification or Testing. A violation of "failing to submit to Sample collection" may be based on either intentional or negligent conduct of the Rower, while "evading" or "refusing" Sample collection contemplates intentional conduct by the Rower.]*

Athlete Support Person establishes that the Possession is consistent with a TUE granted to a Rower in accordance with Article 4.4 or other acceptable justification.⁷

2.7 Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method by a Rower or Other Person

2.8 Administration or Attempted Administration by a Rower or Other Person to any Rower In-Competition of any Prohibited Substance or Prohibited Method, or Administration or Attempted Administration to any Rower Out-of-Competition of any Prohibited Substance or any Prohibited Method that is Prohibited Out-of-Competition

2.9 Complicity or Attempted Complicity by a Rower or Other Person

Assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity or Attempted complicity involving an anti-doping rule violation, Attempted anti-doping rule violation or violation of Article 10.14.1 by another Person.⁸

2.10 Prohibited Association by a Rower or Other Person

2.10.1 *Association by a Rower or other Person subject to the authority of an Anti-Doping Organisation in a professional or sport-related capacity with any Athlete Support Person who:*

2.10.1.1 *If subject to the authority of an Anti-Doping Organisation, is serving a period of Ineligibility; or*

2.10.1.2 *If not subject to the authority of an Anti-Doping Organisation and where Ineligibility has not been addressed in a Results Management process pursuant to the Code, has been convicted or found in a criminal, disciplinary or professional proceeding to have engaged in conduct which would have constituted a violation of anti-doping rules if Code-compliant rules had been applicable to such Person. The disqualifying status of such Person shall be in force for the longer of six (6) years from the criminal, professional or disciplinary decision or the duration of the criminal, disciplinary or professional sanction imposed; or*

2.10.1.3 *Is serving as a front or intermediary for an individual described in Article 2.10.1.1 or 2.10.1.2.*

2.10.2 *To establish a violation of Article 2.10, an Anti-Doping Organisation must establish that the Rower or other Person knew of the Athlete Support Person's disqualifying status.*

The burden shall be on the Rower or other Person to establish that any association with an Athlete Support Person described in Article 2.10.1.1 or 2.10.1.2 is not in a professional or sport-related capacity and/or that such association could not have been reasonably avoided.

⁷ [Comment to Articles 2.6.1 and 2.6.2: Acceptable justification would not include, for example, buying or Possessing a Prohibited Substance for purposes of giving it to a friend or relative, except under justifiable medical circumstances where that Person had a physician's prescription, e.g., buying Insulin for a diabetic child.]

[Comment to Article 2.6.1 and 2.6.2: Acceptable justification may include, for example, (a) a Rower or a team doctor carrying Prohibited Substances or Prohibited Methods for dealing with acute and emergency situations (e.g., an epinephrine auto-injector), or (b) a Rower Possessing a Prohibited Substance or Prohibited Method for therapeutic reasons shortly prior to applying for and receiving a determination on a TUE.]

⁸ [Comment to Article 2.9: Complicity or Attempted Complicity may include either physical or psychological assistance.]

Anti-Doping Organisations that are aware of Athlete Support Personnel who meet the criteria described in Article 2.10.1.1, 2.10.1.2, or 2.10.1.3 shall submit that information to WADA.⁹

2.11 Acts by a Rower or Other Person to Discourage or Retaliate Against Reporting to Authorities

Where such conduct does not otherwise constitute a violation of Article 2.5:

2.11.1 Any act which threatens or seeks to intimidate another Person with the intent of discouraging the Person from the good-faith reporting of information that relates to an alleged anti-doping rule violation or alleged non-compliance with the Code to WADA, an Anti-Doping Organisation, law enforcement, regulatory or professional disciplinary body, hearing body or Person conducting an investigation for WADA or an Anti-Doping Organisation.

2.11.2 Retaliation against a Person who, in good faith, has provided evidence or information that relates to an alleged anti-doping rule violation or alleged non-compliance with the Code to WADA, an Anti-Doping Organisation, law enforcement, regulatory or professional disciplinary body, hearing body or Person conducting an investigation for WADA or an Anti-Doping Organisation.

For purposes of Article 2.11, retaliation, threatening and intimidation include an act taken against such Person either because the act lacks a good faith basis or is a disproportionate response.¹⁰

ARTICLE 3 PROOF OF DOPING

3.1 Burdens and Standards of Proof

World Rowing shall have the burden of establishing that an anti-doping rule violation has occurred. The standard of proof shall be whether World Rowing has established an anti-doping rule violation to the comfortable satisfaction of the hearing panel bearing in mind the seriousness of the allegation which is made. This standard of proof in all cases is greater than a mere balance of probability but less than proof beyond a reasonable doubt. Where these Anti-Doping Bye-Laws place the burden of proof upon the Rower or other Person alleged to have committed an anti-doping rule violation to rebut a presumption or establish specified facts or circumstances, except as provided in Articles 3.2.2 and 3.2.3, the standard of proof shall be by a balance of probability.¹¹

⁹ *[Comment to Article 2.10: Rowers and other Persons must not work with coaches, trainers, physicians or other Athlete Support Personnel who are Ineligible on account of an anti-doping rule violation or who have been criminally convicted or professionally disciplined in relation to doping. This also prohibits association with any other Rower who is acting as a coach or Athlete Support Person while serving a period of Ineligibility. Some examples of the types of association which are prohibited include: obtaining training, strategy, technique, nutrition or medical advice; obtaining therapy, treatment or prescriptions; providing any bodily products for analysis; or allowing the Rower Support Person to serve as an agent or representative. Prohibited association need not involve any form of compensation.*

While Article 2.10 does not require the Anti-Doping Organisation to notify the Rower or other Person about the Athlete Support Person's disqualifying status, such notice, if provided, would be important evidence to establish that the Rower or other Person knew about the disqualifying status of the Athlete Support Person.]

¹⁰ *[Comment to Article 2.11.2: This Article is intended to protect Persons who make good faith reports, and does not protect Persons who knowingly make false reports.]*

[Comment to Article 2.11.2: Retaliation would include, for example, actions that threaten the physical or mental well-being or economic interests of the reporting Persons, their families or associates. Retaliation would not include an Anti-Doping Organisation asserting in good faith an anti-doping rule violation against the reporting Person. For purposes of Article 2.11, a report is not made in good faith where the Person making the report knows the report to be false.]

¹¹ *[Comment to Article 3.1: This standard of proof required to be met by World Rowing is comparable to the standard which is applied in most countries to cases involving professional misconduct.]*

3.2 **Methods of Establishing Facts and Presumptions**

Facts related to anti-doping rule violations may be established by any reliable means, including admissions.¹² The following rules of proof shall be applicable in doping cases:

- 3.2.1 Analytical methods or Decision Limits approved by WADA after consultation within the relevant scientific community or which have been the subject of peer review are presumed to be scientifically valid. Any Rower or other Person seeking to challenge whether the conditions for such presumption have been met or to rebut this presumption of scientific validity shall, as a condition precedent to any such challenge, first notify WADA of the challenge and the basis of the challenge. The initial hearing body, appellate body or CAS, on its own initiative, may also inform WADA of any such challenge. Within ten (10) days of WADA's receipt of such notice and the case file related to such challenge, WADA shall also have the right to intervene as a party, appear as *amicus curiae* or otherwise provide evidence in such proceeding. In cases before CAS, at WADA's request, the CAS panel shall appoint an appropriate scientific expert to assist the panel in its evaluation of the challenge.¹³
- 3.2.2 WADA-accredited laboratories, and other laboratories approved by WADA, are presumed to have conducted Sample analysis and custodial procedures in accordance with the International Standard for Laboratories. The Rower or other Person may rebut this presumption by establishing that a departure from the International Standard for Laboratories occurred which could reasonably have caused the Adverse Analytical Finding.
- If the Rower or other Person rebuts the preceding presumption by showing that a departure from the International Standard for Laboratories occurred which could reasonably have caused the Adverse Analytical Finding, then World Rowing shall have the burden to establish that such departure did not cause the Adverse Analytical Finding.¹⁴
- 3.2.3 Departures from any other International Standard or other anti-doping rule or policy set forth in the Code or these Anti-Doping Bye-Laws shall not invalidate analytical results or other evidence of an anti-doping rule violation, and shall not constitute a defense

12 [Comment to Article 3.2: For example, World Rowing may establish an anti-doping rule violation under Article 2.2 based on the Rower's admissions, the credible testimony of third Persons, reliable documentary evidence, reliable analytical data from either an A or B Sample as provided in the Comments to Article 2.2, or conclusions drawn from the profile of a series of the Rower's blood or urine Samples, such as data from the Rower Biological Passport.]

13 [Comment to Article 3.2.1: For certain Prohibited Substances, WADA may instruct WADA-accredited laboratories not to report Samples as an Adverse Analytical Finding if the estimated concentration of the Prohibited Substance or its Metabolites or Markers is below a Minimum Reporting Level. WADA's decision in determining that Minimum Reporting Level or in determining which Prohibited Substances should be subject to Minimum Reporting Levels shall not be subject to challenge. Further, the laboratory's estimated concentration of such Prohibited Substance in a Sample may only be an estimate. In no event shall the possibility that the exact concentration of the Prohibited Substance in the Sample may be below the Minimum Reporting Level constitute a defense to an anti-doping rule violation based on the presence of that Prohibited Substance in the Sample.]

14 [Comment to Article 3.2.2: The burden is on the Rower or other Person to establish, by a balance of probability, a departure from the International Standard for Laboratories that could reasonably have caused the Adverse Analytical Finding. Thus, once the Rower or other Person establishes the departure by a balance of probability, the Rower or other Person's burden on causation is the somewhat lower standard of proof – "could reasonably have caused." If the Rower or other Person satisfies these standards, the burden shifts to World Rowing to prove to the comfortable satisfaction of the hearing panel that the departure did not cause the Adverse Analytical Finding.]

to an anti-doping rule violation;¹⁵ provided, however, if the Rower or other Person establishes that a departure from one of the specific International Standard provisions listed below could reasonably have caused an anti-doping rule violation based on an Adverse Analytical Finding or whereabouts failure, then World Rowing shall have the burden to establish that such departure did not cause the Adverse Analytical Finding or the whereabouts failure:

- i. a departure from the International Standard for Testing and Investigations related to Sample collection or Sample handling which could reasonably have caused an anti-doping rule violation based on an Adverse Analytical Finding, in which case World Rowing shall have the burden to establish that such departure did not cause the Adverse Analytical Finding;
- ii. a departure from the International Standard for Results Management or International Standard for Testing and Investigations related to an Adverse Passport Finding which could reasonably have caused an anti-doping rule violation, in which case World Rowing shall have the burden to establish that such departure did not cause the anti-doping rule violation;
- iii. a departure from the International Standard for Results Management related to the requirement to provide notice to the Rower of the B Sample opening which could reasonably have caused an anti-doping rule violation based on an Adverse Analytical Finding, in which case World Rowing shall have the burden to establish that such departure did not cause the Adverse Analytical Finding;¹⁶
- iv. a departure from the International Standard for Results Management related to Rower notification which could reasonably have caused an anti-doping rule violation based on a whereabouts failure, in which case World Rowing shall have the burden to establish that such departure did not cause the whereabouts failure.

3.2.4 The facts established by a decision of a court or professional disciplinary tribunal of competent jurisdiction which is not the subject of a pending appeal shall be irrebuttable evidence against the Rower or other Person to whom the decision pertained of those facts unless the Rower or other Person establishes that the decision violated principles of natural justice.

3.2.5 The hearing panel in a hearing on an anti-doping rule violation may draw an inference adverse to the Rower or other Person who is asserted to have committed an anti-doping rule violation based on the Rower's or other Person's refusal, after a request made in a reasonable time in advance of the hearing, to appear at the hearing (either in person or telephonically as directed by the hearing panel) and to answer questions from the hearing panel or World Rowing.

15 [Comment to Article 3.2.3: Departures from an International Standard or other rule unrelated to Sample collection or handling, Adverse Passport Finding, or Rower notification relating to whereabouts failure or B Sample opening – e.g., the International Standard for Education, International Standard for the Protection of Privacy and Personal Information or International Standard for Therapeutic Use Exemptions – may result in compliance proceedings by WADA but are not a defense in an anti-doping rule violation proceeding and are not relevant on the issue of whether the Rower committed an anti-doping rule violation. Similarly, World Rowing's violation of the document referenced in Article 20.7.7 of the Code shall not constitute a defense to an anti-doping rule violation.]

16 [Comment to Article 3.2.3 (iii): World Rowing would meet its burden to establish that such departure did not cause the Adverse Analytical Finding by showing that, for example, the B Sample opening and analysis were observed by an independent witness and no irregularities were observed.]

ARTICLE 4 THE PROHIBITED LIST

4.1 Incorporation of the Prohibited List

These Anti-Doping Bye-Laws incorporate the Prohibited List, which is published and revised by WADA as described in Article 4.1 of the Code.

Unless provided otherwise in the Prohibited List or a revision, the Prohibited List and revisions shall go into effect under these Anti-Doping Bye-Laws three (3) months after publication by WADA, without requiring any further action by World Rowing or its Member Federations. All Rowers and other Persons shall be bound by the Prohibited List, and any revisions thereto, from the date they go into effect, without further formality. It is the responsibility of all Rowers and other Persons to familiarise themselves with the most up-to-date version of the Prohibited List and all revisions thereto.

World Rowing shall provide its Member Federations with the most recent version of the Prohibited List. Each Member Federation shall in turn ensure that its members, and the constituents of its members, are also provided with the most recent version of the Prohibited List.¹⁷

4.2 Prohibited Substances and Prohibited Methods Identified on the Prohibited List

4.2.1 Prohibited Substances and Prohibited Methods

The Prohibited List shall identify those Prohibited Substances and Prohibited Methods which are prohibited as doping at all times (both In-Competition and Out-of-Competition) because of their potential to enhance performance in future Competitions or their masking potential, and those substances and methods which are prohibited In-Competition only. The Prohibited List may be expanded by WADA for a particular sport. Prohibited Substances and Prohibited Methods may be included in the Prohibited List by general category (e.g., anabolic agents) or by specific reference to a particular substance or method.¹⁸

4.2.2 Specified Substances or Specified Methods

For purposes of the application of Article 10, all Prohibited Substances shall be Specified Substances except as identified on the Prohibited List. No Prohibited Method shall be a Specified Method unless it is specifically identified as a Specified Method on the Prohibited List.¹⁹

4.2.3 Substances of Abuse

For purposes of applying Article 10, Substances of Abuse shall include those Prohibited Substances which are specifically identified as Substances of Abuse on the Prohibited List because they are frequently abused in society outside of the context of sport.

4.3 WADA's Determination of the Prohibited List

WADA's determination of the Prohibited Substances and Prohibited Methods that will be included on the Prohibited List, the classification of substances into categories on the Prohibited List, the classification of a substance as prohibited at all times or In-Competition only, the classification of a substance or method as a Specified Substance, Specified Method or Substance of Abuse is final

¹⁷ [Comment to Article 4.1: The current Prohibited List is available on WADA's website at <https://www.wada-ama.org>. The Prohibited List will be revised and published on an expedited basis whenever the need arises. However, for the sake of predictability, a new Prohibited List will be published every year whether or not changes have been made.]

¹⁸ [Comment to Article 4.2.1: Out-of-Competition Use of a substance which is only prohibited In-Competition is not an anti-doping rule violation unless an Adverse Analytical Finding for the substance or its Metabolites or Markers is reported for a Sample collected In-Competition.]

¹⁹ [Comment to Article 4.2.2: The Specified Substances and Specified Methods identified in Article 4.2.2 should not in any way be considered less important or less dangerous than other doping substances or methods. Rather, they are simply substances and methods which are more likely to have been consumed or used by a Rower for a purpose other than the enhancement of sport performance.]

and shall not be subject to any challenge by a Rower or other Person including, but not limited to, any challenge based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk or violate the spirit of sport.

4.4 Therapeutic Use Exemptions (“TUEs”)

4.4.1 *The presence of a Prohibited Substance or its Metabolites or Markers, and/or the Use or Attempted Use, Possession or Administration or Attempted Administration of a Prohibited Substance or Prohibited Method, shall not be considered an anti-doping rule violation if it is consistent with the provisions of a TUE granted in accordance with the International Standard for Therapeutic Use Exemptions.*

4.4.2 TUE Applications

4.4.2.1 *Rowers who are not International-Level Rowers shall apply to their National Anti-Doping Organisation for a TUE. If the National Anti-Doping Organisation denies the application, the Rower may appeal exclusively to the appellate body described in Article 13.2.2.*

4.4.2.2 *Rowers who are International-Level Rowers shall apply to World Rowing. Any International-Level Rower who needs to Use a Prohibited Substance or a Prohibited Method for therapeutic reasons must apply to World Rowing and obtain a TUE prior to Using or Possessing the substance or method in question.*

4.4.3 TUE Recognition²⁰

4.4.3.1 *Where the Rower already has a TUE granted by their National Anti-Doping Organisation pursuant to Article 4.4 of the Code for the substance or method in question, that TUE is not automatically valid for purposes of international-level Competition. However, the Rower may apply to World Rowing to recognise that TUE. If following a review of the Rower’s original TUE application form and supporting materials, as required by the International Standard for Therapeutic Use Exemptions, World Rowing considers that the Rower’s TUE meets the criteria set out in the International Standard for Therapeutic Use Exemptions, then World Rowing must recognise it for the purposes of international-level Competition as well. If World Rowing considers that the TUE does not meet those criteria and so refuses to recognise it, World Rowing must notify the Rower and the Rower’s National Anti-Doping Organisation promptly, with reasons. The Rower or the Rower’s National Anti-Doping Organisation shall have twenty-one (21) days from such notification to refer the matter to WADA for review in accordance with Article 4.4.7.*

If the matter is referred to WADA for review, the TUE granted by the National Anti-Doping Organisation remains valid for national-level Competition and Out-of-Competition Testing (but is not valid for international-level Competition) pending WADA’s decision. If the matter is not referred to WADA for review, within the twenty-one (21) days deadline, the Rower’s National Anti-Doping Organisation must determine whether the original TUE granted by that National Anti-Doping Organisation should nevertheless

²⁰ [Comment to Article 4.4.3: If World Rowing refuses to recognise a TUE granted by a National Anti-Doping Organisation only because medical records or other information are missing that are needed to demonstrate satisfaction with the criteria in the International Standard for Therapeutic Use Exemptions, the matter should not be referred to WADA. Instead, the file should be completed and re-submitted to World Rowing.]

[Comment to Article 4.4.3: World Rowing may agree with a National Anti-Doping Organisation that the National Anti-Doping Organisation will consider TUE applications on behalf of World Rowing.]

remain valid for national-level Competition and Out-of-Competition Testing (provided that the Rower ceases to be an international-level Rower and does not participate in international-level Competition. Pending the National Anti-Doping Organisation's decision, the TUE remains valid for national-level Competition and Out-of-Competition Testing (but is not valid for international-level Competition).

4.4.3.2 *If World Rowing chooses to test a Rower who is not an International-Level Rower, World Rowing must recognise a TUE granted to that Rower by their National Anti-Doping Organisation unless the Rower is required to apply for recognition of the TUE pursuant to Articles 5.8 and 7.0 of the International Standard for Therapeutic Use Exemptions.*

4.4.4 *TUE Application Process*²¹

4.4.4.1 *If the Rower does not already have a TUE granted by their National Anti-Doping Organisation for the substance or method in question, the Rower must apply directly to World Rowing in ADAMS.*

4.4.4.2 *An application to World Rowing for grant or recognition of a TUE must be made as soon as possible, save where Articles 4.1 or 4.3 of the International Standard for Therapeutic Use Exemptions apply. The application shall be made at least thirty (30) days before the Rower's next Competition, in accordance with Article 6 of the International Standard for Therapeutic Use Exemptions as posted on World Rowing's website.*

4.4.4.3 *World Rowing shall establish a Therapeutic Use Exemption Committee ("TUEC") to consider applications for the grant or recognition of TUEs in accordance with Article 4.4.4.3(a)-(d) below:*

- a. *The TUEC shall consist of a minimum of three (3) members with experience in the care and treatment of Rowers and sound knowledge of clinical, sports and exercise medicine.*
- b. *Before serving as a member of the TUEC, each member must sign a conflict of interest and confidentiality declaration. The appointed members shall not be employees of World Rowing.*
- c. *When an application to World Rowing for the grant or recognition of a TUE is made, three (3) members (which may include the Chair) shall be appointed to consider the application. In addition, the Chair of the TUEC may appoint experts with specific expertise as external members of the TUEC to provide expert opinion and transparency in the decision process.*
- d. *Before considering a TUE application, each member shall disclose any circumstances likely to affect their impartiality with respect to the Rower making the application. If a member is unwilling or unable to assess the Rower's TUE application, for any reason, a replacement shall be appointed from the pool of members appointed under point (a) above. The Chair cannot serve as a member of the TUEC if there*

²¹ *[Comment to Article 4.4.4: The submission of falsified documents to a TUEC or World Rowing, offering or accepting a bribe to a Person to perform or fail to perform an act, procuring false testimony from any witness, or committing any other fraudulent act or any other similar intentional interference or Attempted interference with any aspect of the TUE process shall result in a charge of Tampering or Attempted Tampering under Article 2.5.*

A Rower should not assume that their application for the grant or recognition of a TUE (or for renewal of a TUE) will be granted. Any Use or Possession or Administration of a Prohibited Substance or Prohibited Method before an application has been granted is entirely at the Rower's own risk.]

are any circumstances which are likely to affect the impartiality of the TUE decision.

4.4.4.4 *The TUEC shall promptly evaluate and decide upon the application in accordance with the relevant provisions of the International Standard for Therapeutic Use Exemptions and usually (i.e., unless exceptional circumstances apply) within no more than twenty-one (21) days of receipt of a complete application. Where the application is made in a reasonable time prior to an Event, the TUEC must use its best endeavours to issue its decision before the start of the Event.*

4.4.4.5 *The TUEC decision shall be the final decision of World Rowing and may be appealed in accordance with Article 4.4.7. World Rowing TUEC decision shall be notified in writing to the Rower, and to WADA and other Anti-Doping Organisations in accordance with the International Standard for Therapeutic Use Exemptions. It shall also promptly be reported into ADAMS.*

4.4.4.6 *If World Rowing (or the National Anti-Doping Organisation, where it has agreed to consider the application on behalf of World Rowing) denies the Rower's application, it must notify the Rower promptly, with reasons. If World Rowing grants the Rower's application, it must notify not only the Rower but also their National Anti-Doping Organisation. If the National Anti-Doping Organisation considers that the TUE granted by World Rowing does not meet the criteria set out in the International Standard for Therapeutic Use Exemptions, it has twenty-one (21) days from such notification to refer the matter to WADA for review in accordance with Article 4.4.7.*

If the National Anti-Doping Organisation refers the matter to WADA for review, the TUE granted by World Rowing remains valid for international-level Competition and Out-of-Competition Testing (but is not valid for national-level Competition) pending WADA's decision. If the National Anti-Doping Organisation does not refer the matter to WADA for review, the TUE granted by World Rowing becomes valid for national-level Competition as well when the twenty-one (21) day review deadline expires.

4.4.5 *Retroactive TUE Applications*

If World Rowing chooses to collect a Sample from a Rower who is not an International-Level Rower or a National-Level Rower, and that Rower is Using a Prohibited Substance or Prohibited Method for therapeutic reasons, World Rowing must permit that Rower to apply for a retroactive TUE.

4.4.6 *Expiration, Withdrawal or Reversal of a TUE*

4.4.6.1 *A TUE granted pursuant to these Anti-Doping Bye-Laws: (a) shall expire automatically at the end of any term for which it was granted, without the need for any further notice or other formality; (b) will be withdrawn if the Rower does not promptly comply with any requirements or conditions imposed by the TUEC upon grant of the TUE; (c) may be withdrawn by the TUEC if it is subsequently determined that the criteria for grant of a TUE are not in fact met; or (d) may be reversed on review by WADA or on appeal.*

4.4.6.2 *In such event, the Rower shall not be subject to any Consequences based on their Use or Possession or Administration of the Prohibited Substance or Prohibited Method in question in accordance with the TUE prior to the effective date of expiry, withdrawal, or reversal of the TUE. The review pursuant to Article 5.1.1.1 of the International Standard for Results Management of an Adverse Analytical Finding, reported shortly after the TUE expiry, withdrawal*

or reversal, shall include consideration of whether such finding is consistent with Use of the Prohibited Substance or Prohibited Method prior to that date, in which event no anti-doping rule violation shall be asserted.

4.4.7 *Reviews and Appeals of TUE Decisions*

4.4.7.1 *WADA must review World Rowing’s decision not to recognise a TUE granted by the National Anti-Doping Organisation that is referred to WADA by the Rower or the Rower’s National Anti-Doping Organisation. In addition, WADA must review World Rowing’s decision to grant a TUE that is referred to WADA by the Rower’s National Anti-Doping Organisation. WADA may review any other TUE decisions at any time, whether upon request by those affected or on its own initiative. If the TUE decision being reviewed meets the criteria set out in the International Standard for Therapeutic Use Exemptions, WADA will not interfere with it. If the TUE decision does not meet those criteria, WADA will reverse it.²²*

4.4.7.2 *Any TUE decision by World Rowing (or by a National Anti-Doping Organisation where it has agreed to consider the application on behalf of World Rowing) that is not reviewed by WADA, or that is reviewed by WADA but is not reversed upon review, may be appealed by the Rower and/or the Rower’s National Anti-Doping Organisation, exclusively to CAS.²³*

4.4.7.3 *A decision by WADA to reverse a TUE decision may be appealed by the Rower, the National Anti-Doping Organisation and/or World Rowing, exclusively to CAS.*

4.4.7.4 *A failure to render a decision within a reasonable time on a properly submitted application for grant/recognition of a TUE or for review of a TUE decision shall be considered a denial of the application thus triggering the applicable rights of review/appeal.*

ARTICLE 5 TESTING AND INVESTIGATIONS

5.1 Purpose of Testing and Investigations²⁴

5.1.1 *Testing and investigations may be undertaken for any anti-doping purpose. They shall be conducted in conformity with the provisions of the International Standard for Testing and Investigations and the eventual specific protocols of World Rowing supplementing that International Standard.*

5.1.2 *Testing shall be undertaken to obtain analytical evidence as to whether the Rower has violated Article 2.1 (Presence of a Prohibited Substance or its Metabolites or Markers in a Rower’s Sample) or Article 2.2 (Use or Attempted Use by a Rower of a Prohibited Substance or a Prohibited Method).*

²² [Comment to Article 4.4.7.1: WADA shall be entitled to charge a fee to cover the costs of: (a) any review it is required to conduct in accordance with Article 4.4.7; and (b) any review it chooses to conduct, where the decision being reviewed is reversed.]

²³ [Comment to Article 4.4.7.2: In such cases, the decision being appealed is the World Rowing’s TUE decision, not WADA’s decision not to review the TUE decision or (having reviewed it) not to reverse the TUE decision. However, the time to appeal the TUE decision does not begin to run until the date that WADA communicates its decision. In any event, whether the decision has been reviewed by WADA or not, WADA shall be given notice of the appeal so that it may participate if it sees fit.]

²⁴ [Comment to Article 5.1: Where Testing is conducted for anti-doping purposes, the analytical results and data may be used for other legitimate purposes under the Anti-Doping Organisation’s rules. See, e.g., Comment to Article 23.2.2 of the Code.]

5.2 Authority to Test

- 5.2.1 *Subject to the limitations for Event Testing set out in Article 5.3, World Rowing shall have In-Competition and Out-of-Competition Testing authority over all Rowers specified in the Introduction to these Anti-Doping Bye-Laws (Section “Scope of these Anti-Doping Bye-Laws”).*
- 5.2.2 *World Rowing may require any Rower over whom it has Testing authority (including any Rower serving a period of Ineligibility) to provide a Sample at any time and at any place.²⁵*
- 5.2.3 *WADA shall have In-Competition and Out-of-Competition Testing authority as set out in Article 20.7.10 of the Code.*
- 5.2.4 *If World Rowing delegates or contracts any part of Testing to a National Anti-Doping Organisation directly or through a Member Federation, that National Anti-Doping Organisation may collect additional Samples or direct the laboratory to perform additional types of analysis at the National Anti-Doping Organisation’s expense. If additional Samples are collected or additional types of analysis are performed, World Rowing shall be notified.*

5.3 Event Testing

- 5.3.1 *Except as otherwise provided below, only a single organisation shall have authority to conduct Testing at Event Venues during an Event Period. At International Events, World Rowing (or other international organisation which is the ruling body for an Event) shall have authority to conduct Testing. At National Events, the National Anti-Doping Organisation of that country shall have authority to conduct Testing. At the request of World Rowing (or other international organisation which is the ruling body for an Event), any Testing during the Event Period outside of the Event Venues shall be coordinated with World Rowing (or the relevant ruling body of the Event).*
- 5.3.2 *If an Anti-Doping Organisation, which would otherwise have Testing authority but is not responsible for initiating and directing Testing at an Event, desires to conduct Testing of Rowers at the Event Venues during the Event Period, the Anti-Doping Organisation shall first confer with World Rowing (or other international organisation which is the ruling body of the Event) to obtain permission to conduct and coordinate such Testing. If the Anti-Doping Organisation is not satisfied with the response from World Rowing (or other international organisation which is the ruling body of the Event), the Anti-Doping Organisation may, in accordance with the procedures described in the International Standard for Testing and Investigations, ask WADA for permission to conduct Testing and to determine how to coordinate such Testing. WADA shall not grant approval for such Testing before consulting with and informing World Rowing (or other international organisation which is the ruling body for the Event). WADA’s decision shall be final and not subject to appeal. Unless otherwise provided in the authorisation to conduct Testing, such tests shall be considered Out-of-Competition tests. Results Management*

²⁵ [Comment to Article 5.2.2: World Rowing may obtain additional authority to conduct Testing by means of bilateral or multilateral agreements with other Signatories. Unless the Rower has identified a sixty (60) minute Testing window between the hours of 11:00 p.m. and 6:00 a.m., or has otherwise consented to Testing during that period, World Rowing will not test a Rower during that period unless it has a serious and specific suspicion that the Rower may be engaged in doping. A challenge to whether World Rowing had sufficient suspicion for Testing during this time period shall not be a defense to an anti-doping rule violation based on such test or attempted test.]

for any such test shall be the responsibility of the Anti-Doping Organisation initiating the test unless provided otherwise in the rules of the ruling body of the Event.²⁶

- 5.3.3 *Every organiser of World Rowing’s International Events must plan for Testing to take place and must ensure that, during the Event, the necessary facilities and Testing personnel are available, and the Testing procedures are correctly applied in accordance with the International Standard for Testing and Investigation and pursuant to instructions issued by World Rowing.*
- 5.3.4 *At select World Rowing International Events, where World Rowing is the ruling body, World Rowing shall be responsible for coordinating Testing, in accordance with these Anti-Doping Bye-Laws.*
- 5.3.5 *The overall costs of Testing and Sample analysis shall be borne by the organising committee and/or the host contracted by World Rowing where the Event or Competition is taking place. World Rowing may at its own discretion decide to take responsibility for those costs. In any event, World Rowing shall have the right to select or approve the Sample collection agency or laboratory for the Event or Competition*

5.4 Testing Requirements

- 5.4.1 *World Rowing shall conduct test distribution planning and Testing as required by the International Standard for Testing and Investigations. World Rowing shall develop and implement a plan that prioritises appropriately between disciplines, categories of Rowers, types of Testing, types of Samples collected, and types of Sample analysis.*
- 5.4.2 *Where reasonably feasible, Testing shall be coordinated through ADAMS in order to maximise the effectiveness of the combined Testing effort and to avoid unnecessary repetitive Testing.*
- 5.4.3 *At International Competitions or Events, World Rowing shall have the authority to determine the number and type of tests to be conducted.*

5.5 Rower Whereabouts Information

- 5.5.1 *World Rowing has established a Registered Testing Pool of those Rowers who are required to provide whereabouts information in the manner specified in the International Standard for Testing and Investigations and who shall be subject to Consequences for Article 2.4 violations as provided in Article 10.3.2. World Rowing shall coordinate with National Anti-Doping Organisations to identify such Rowers and to collect their whereabouts information.*
- 5.5.2 *World Rowing shall make available through ADAMS a list which identifies those Rowers included in its Registered Testing Pool by name. World Rowing shall regularly review and update as necessary its criteria for including Rowers in its Registered Testing Pool, and shall periodically (but not less than quarterly) review the list of Rowers in its Registered Testing Pool to ensure that each listed Rower continues to meet the relevant criteria. Rowers shall be notified before they are included in the Registered Testing Pool and when they are removed from that pool. The notification shall contain the information set out in the International Standard for Testing and Investigations.*
- 5.5.3 *Where a Rower is included in an international Registered Testing Pool by World Rowing and in a national Registered Testing Pool by their National Anti-Doping Organisation, the National Anti-Doping Organisation and World Rowing shall agree between*

²⁶ [Comment to Article 5.3.2: Before giving approval to a National Anti-Doping Organisation to initiate and conduct Testing at an International Event, WADA shall consult with the international organisation which is the ruling body for the Event. Before giving approval to an International Federation to initiate and conduct Testing at a National Event, WADA shall consult with the National Anti-Doping Organisation of the country where the Event takes place. The Anti-Doping Organisation “initiating and directing Testing” may, if it chooses, enter into agreements with a Delegated Third Party to which it delegates responsibility for Sample collection or other aspects of the Doping Control process.]

- themselves which of them shall accept that Rower's whereabouts filings; in no case shall a Rower be required to make whereabouts filings to more than one of them.
- 5.5.4 *In accordance with the International Standard for Testing and Investigations, each Rower in the Registered Testing Pool shall do the following: (a) advise World Rowing of his/her whereabouts on a quarterly basis; (b) update that information as necessary so that it remains accurate and complete at all times; and (c) make himself or herself available for Testing at such whereabouts. The ultimate responsibility for providing whereabouts information rests with each Rower. However, it shall be the responsibility of each Member Federation to use its best efforts to assist World Rowing in obtaining whereabouts information as requested by World Rowing.*
- 5.5.5 *For purposes of Article 2.4, a Rower's failure to comply with the requirements of the International Standard for Testing and Investigations shall be deemed a filing failure or a missed test, as defined in Annex B of the International Standard for Results Management, where the conditions set forth in Annex B are met.*
- 5.5.6 *A Rower in World Rowing's Registered Testing Pool shall continue to be subject to the obligation to comply with the whereabouts requirements set in the International Standard for Testing and Investigations unless and until (a) the Rower gives written notice to World Rowing that he or she has retired or (b) World Rowing has informed him or her that he or she no longer satisfies the criteria for inclusion in World Rowing's Registered Testing Pool.*
- 5.5.7 *Whereabouts information provided by a Rower while in the Registered Testing Pool will be accessible through ADAMS to WADA and to other Anti-Doping Organisations having authority to test that Rower as provided in Article 5.2. Whereabouts information shall be maintained in strict confidence at all times; it shall be used exclusively for purposes of planning, coordinating or conducting Doping Control, providing information relevant to the Athlete Biological Passport program or other analytical results, to support an investigation into a potential anti-doping rule violation, or to support proceedings alleging an anti-doping rule violation; and shall be destroyed after it is no longer relevant for these purposes in accordance with the International Standard for the Protection of Privacy and Personal Information.*
- 5.5.8 *World Rowing may, in accordance with the International Standard for Testing and Investigations, collect whereabouts information from Rowers who are not included within a Registered Testing Pool. If it chooses to do so, a Rower's failure to provide requested whereabouts information on or before the date required by World Rowing or the Rower's failure to provide accurate whereabouts information may result in the consequences defined in Article 5.5.12 below.*
- 5.5.9 *In accordance with the International Standard for Testing and Investigations, World Rowing may establish a Testing Pool and/or other pool, which includes Rowers who are subject to less stringent whereabouts requirements than Rowers included in World Rowing's Registered Testing Pool. The collection of whereabouts and the inclusion of Rowers in the Testing Pool or other pool may be coordinated with the Member Federations and/or the National Anti-Doping Organisations and World Rowing may allocate the responsibility to collect whereabouts information from Rowers in the Testing Pool or other pool to the Rower's Member Federation.*
- 5.5.10 *World Rowing shall notify Rowers before they are included in the Testing Pool and when they are removed. Such notification shall include the whereabouts requirements and the consequences that apply in case of non-compliance, as indicated in Articles 5.5.11 and 5.5.12.*

- 5.5.11 *Rowers included in the Testing Pool shall provide World Rowing at least with the following whereabouts information so that they may be located and subjected to Testing:*
- a. *An overnight address;*
 - b. *Competition / Event schedule; and*
 - c. *Regular training activities.*
- Such whereabouts information should be filed in ADAMS to enable better Testing coordination with other Anti-Doping Organisations.*
- 5.5.12 *A Rower's failure to provide whereabouts information on or before the date required by World Rowing or the Rower's failure to provide accurate whereabouts information might result in World Rowing elevating the Rower to World Rowing's Registered Testing Pool and additional appropriate and proportionate non-Code Article 2.4 consequences, established by World Rowing if any.*
- 5.5.13 *Each Member Federation must provide to World Rowing by email, training camp whereabouts forms as set out hereunder. The completed summary training camp form, main training location form and where possible, the individual training camp forms for its national teams, as well as any other information requested by World Rowing, should be submitted to the World Rowing Headquarters quarterly by 31 December, 31 March, 30 June and 30 September for each subsequent quarter. These forms shall set out the dates and venues of the camps, main training locations and must also list the Rowers training at these locations. The individual training camp forms must be completed and received by no later than two weeks before the start of any above reported training camp. It is the responsibility of the Member Federation to update this information so that the information received by World Rowing is timely, accurate and complete at all times. This information will be used to conduct Out-of-Competition Testing. Failure to submit complete timely quarterly whereabouts information or any changes thereto may result in sanctions being imposed on the Member Federation including without limitation in accordance with Article 12 of these Anti-Doping Bye-Laws.*

5.6 Retired Rowers Returning to Competition

- 5.6.1 *If an International-Level Rower or National-Level Rower in World Rowing's Registered Testing Pool retires and then wishes to return to active participation in sport, the Rower shall not compete in International Events or National Events until the Rower has made himself or herself available for Testing, by giving six (6) months prior written notice to World Rowing and their National Anti-Doping Organisation.*
- WADA, in consultation with World Rowing and the Rower's National Anti-Doping Organisation, may grant an exemption to the six (6) month written notice rule where the strict application of that rule would be unfair to the Rower. This decision may be appealed under Article 13.²⁷*
- Any competitive results obtained in violation of this Article 5.6.1 shall be Disqualified unless the Rower can establish that he or she could not have reasonably known that this was an International Event or a National Event.*
- 5.6.2 *If a Rower retires from sport while subject to a period of Ineligibility, the Rower must notify the Anti-Doping Organisation that imposed the period of Ineligibility in writing of such retirement. If the Rower then wishes to return to active competition in sport, the Rower shall not compete in International Events or National Events until the Rower*

²⁷ [Comment to Article 5.6.1: WADA has developed a protocol and exemption application form that Rowers must use to make such requests, and a decision template that the International Federations must use. Both documents are available on WADA's website at <https://www.wada-ama.org>.]

has made himself or herself available for Testing by giving six (6) months prior written notice (or notice equivalent to the period of Ineligibility remaining as of the date the Rower retired, if that period was longer than six (6) months) to World Rowing and to their National Anti-Doping Organisation.

5.7 Independent Observer Program

World Rowing and the organising committees for World Rowing's Events, as well as the Member Federations and the organising committees for National Events, shall authorise and facilitate the Independent Observer Program at such Events.

ARTICLE 6 ANALYSIS OF SAMPLES

Samples shall be analysed in accordance with the following principles:

6.1 Use of Accredited, Approved Laboratories and Other Laboratories

6.1.1 *For purposes of directly establishing an Adverse Analytical Finding under Article 2.1, Samples shall be analysed only in WADA-accredited laboratories or laboratories otherwise approved by WADA. The choice of the WADA-accredited or WADA-approved laboratory used for the Sample analysis shall be determined exclusively by World Rowing.²⁸*

6.1.2 *As provided in Article 3.2, facts related to anti-doping rule violations may be established by any reliable means. This would include, for example, reliable laboratory or other forensic testing conducted outside of WADA-accredited or approved laboratories.*

6.2 Purpose of Analysis of Samples and Data

Samples and related analytical data or Doping Control information shall be analysed to detect Prohibited Substances and Prohibited Methods identified on the Prohibited List and other substances as may be directed by WADA pursuant to the monitoring program described in Article 4.5 of the Code, or to assist World Rowing in profiling relevant parameters in a Rower's urine, blood or other matrix, including for DNA or genomic profiling, or for any other legitimate anti-doping purpose.²⁹

6.3 Research on Samples and Data

Samples, related analytical data and Doping Control information may be used for anti-doping research purposes, although no Sample may be used for research without the Rower's written consent. Samples and related analytical data or Doping Control information used for research purposes shall first be processed in such a manner as to prevent Samples and related analytical data or Doping Control information being traced back to a particular Rower. Any research involving Samples and related analytical data or Doping Control information shall adhere to the principles set out in Article 19 of the Code.³⁰

28 [Comment to Article 6.1: Violations of Article 2.1 may be established only by Sample analysis performed by a WADA-accredited laboratory or another laboratory approved by WADA. Violations of other Articles may be established using analytical results from other laboratories so long as the results are reliable.]

29 [Comment to Article 6.2: For example, relevant Doping Control-related information could be used to direct Target Testing or to support an anti-doping rule violation proceeding under Article 2.2, or both.]

30 [Comment to Article 6.3: As is the case in most medical or scientific contexts, use of Samples and related information for quality assurance, quality improvement, method improvement and development or to establish reference populations is not considered research. Samples and related information used for such permitted non-research purposes must also first be processed in such a manner as to prevent them from being traced back to the particular Rower, having due regard to the principles set out in Article 19 of the Code, as well as the requirements of the International Standard for Laboratories and International Standard for the Protection of Privacy and Personal Information.]

6.4 Standards for Sample Analysis and Reporting

In accordance with Article 6.4 of the Code, World Rowing shall ask laboratories to analyse Samples in conformity with the International Standard for Laboratories and Article 4.7 of the International Standard for Testing and Investigations.

Laboratories at their own initiative and expense may analyse Samples for Prohibited Substances or Prohibited Methods not included on the standard Sample analysis menu, or as requested by World Rowing. Results from any such analysis shall be reported to World Rowing and have the same validity and Consequences as any other analytical result.³¹

6.5 Further Analysis of a Sample Prior to or During Results Management

There shall be no limitation on the authority of a laboratory to conduct repeat or additional analysis on a Sample prior to the time World Rowing notifies a Rower that the Sample is the basis for an Article 2.1 anti-doping rule violation charge. If after such notification World Rowing wishes to conduct additional analysis on that Sample, it may do so with the consent of the Rower or approval from a hearing body.

6.6 Further Analysis of a Sample After it has been Reported as Negative or has Otherwise not Resulted in an Anti-Doping Rule Violation Charge

After a laboratory has reported a Sample as negative, or the Sample has not otherwise resulted in an anti-doping rule violation charge, it may be stored and subjected to further analyses for the purpose of Article 6.2 at any time exclusively at the direction of either the Anti-Doping Organisation that initiated and directed Sample collection or WADA. Any other Anti-Doping Organisation with authority to test the Rower that wishes to conduct further analysis on a stored Sample may do so with the permission of the Anti-Doping Organisation that initiated and directed Sample collection or WADA, and shall be responsible for any follow-up Results Management. Any Sample storage or further analysis initiated by WADA or another Anti-Doping Organisation shall be at WADA's or that organisation's expense. Further analysis of Samples shall conform with the requirements of the International Standard for Laboratories.

6.7 Split of A or B Sample

Where WADA, an Anti-Doping Organisation with Results Management authority, and/or a WADA-accredited laboratory (with approval from WADA or the Anti-Doping Organisation with Results Management authority) wishes to split an A or B Sample for the purpose of using the first part of the split Sample for an A Sample analysis and the second part of the split Sample for confirmation, then the procedures set forth in the International Standard for Laboratories shall be followed.

6.8 WADA's Right to Take Possession of Samples and Data

WADA may, in its sole discretion at any time, with or without prior notice, take physical possession of any Sample and related analytical data or information in the possession of a laboratory or Anti-Doping Organisation. Upon request by WADA, the laboratory or Anti-Doping Organisation in possession of the Sample or data shall immediately grant access to and enable WADA to take physical possession of the Sample or data. If WADA has not provided prior notice to the laboratory or Anti-Doping Organisation before taking possession of a Sample or data, it shall provide such notice to the laboratory and each Anti-Doping Organisation whose Samples or data have been taken by WADA within a reasonable time after taking possession. After analysis and any investigation of a seized Sample or data, WADA may direct another Anti-Doping Organisation

³¹ [Comment to Article 6.4: The objective of this Article is to extend the principle of "Intelligent Testing" to the Sample analysis menu so as to most effectively and efficiently detect doping. It is recognised that the resources available to fight doping are limited and that increasing the Sample analysis menu may, in some sports and countries, reduce the number of Samples which can be analysed.]

with authority to test the Rower to assume Results Management responsibility for the Sample or data if a potential anti-doping rule violation is discovered.³²

ARTICLE 7 RESULTS MANAGEMENT: RESPONSIBILITY, INITIAL REVIEW, NOTICE AND PROVISIONAL SUSPENSIONS

Results Management under these Anti-Doping Bye-Laws establishes a process designed to resolve anti-doping rule violation matters in a fair, expeditious and efficient manner.

7.1 Responsibility for Conducting Results Management

- 7.1.1 *Except as otherwise provided in Articles 6.6, 6.8 and Code Article 7.1, Results Management shall be the responsibility of, and shall be governed by, the procedural rules of the Anti-Doping Organisation that initiated and directed Sample collection (or, if no Sample collection is involved, the Anti-Doping Organisation which first provides notice to a Rower or other Person of a potential anti-doping rule violation and then diligently pursues that anti-doping rule violation).*
- 7.1.2 *In circumstances where the rules of a National Anti-Doping Organisation do not give the National Anti-Doping Organisation authority over a Rower or other Person who is not a national, resident, license holder, or member of a sport organisation of that country, or the National Anti-Doping Organisation declines to exercise such authority, Results Management shall be conducted by the applicable International Federation or by a third party with authority over the Rower or other Person as directed by the rules of the applicable International Federation.*
- 7.1.3 *In the event the Major Event Organisation assumes only limited Results Management responsibility relating to a Sample initiated and taken during an Event conducted by a Major Event Organisation, or an anti-doping rule violation occurring during such Event, the case shall be referred by the Major Event Organisation to the applicable International Federation for completion of Results Management.*
- 7.1.4 *Results Management in relation to a potential whereabouts failure (a filing failure or a missed test) shall be administered by World Rowing or the National Anti-Doping Organisation with whom the Rower in question files whereabouts information, as provided in the International Standard for Results Management. If World Rowing determines a filing failure or a missed test, it shall submit that information to WADA through ADAMS, where it will be made available to other relevant Anti-Doping Organisations.*
- 7.1.5 *Other circumstances in which World Rowing shall take responsibility for conducting Results Management in respect of anti-doping rule violations involving Rowers and other Persons under its authority shall be determined by reference to and in accordance with Article 7 of the Code.*
- 7.1.6 *WADA may direct World Rowing to conduct Results Management in particular circumstances. If World Rowing refuses to conduct Results Management within a reasonable deadline set by WADA, such refusal shall be considered an act of*

³² *[Comment to Article 6.8: Resistance or refusal to WADA taking physical possession of Samples or data could constitute Tampering, Complicity or an act of non-compliance as provided in the International Standard for Code Compliance by Signatories, and could also constitute a violation of the International Standard for Laboratories. Where necessary, the laboratory and/or the Anti-Doping Organisation shall assist WADA in ensuring that the seized Sample or data are not delayed in exiting the applicable country.*

WADA would not, of course, unilaterally take possession of Samples or analytical data without good cause related to a potential anti-doping rule violation, non-compliance by a Signatory or doping activities by another Person. However, the decision as to whether good cause exists is for WADA to make in its discretion and shall not be subject to challenge. In particular, whether there is good cause or not shall not be a defense against an anti-doping rule violation or its Consequences.]

non-compliance, and WADA may direct another Anti-Doping Organisation with authority over the Rower or other Person, that is willing to do so, to take Results Management responsibility in place of World Rowing or, if there is no such Anti-Doping Organisation, any other Anti-Doping Organisation that is willing to do so. In such case, World Rowing shall reimburse the costs and attorney's fees of conducting Results Management to the other Anti-Doping Organisation designated by WADA, and a failure to reimburse costs and attorney's fees shall be considered an act of non-compliance.

7.2 Review and Notification Regarding Potential Anti-Doping Rule Violations

World Rowing shall carry out the review and notification with respect to any potential anti-doping rule violation in accordance with the International Standard for Results Management.

7.3 Identification of Prior Anti-Doping Rule Violations

Before giving a Rower or other Person notice of a potential anti-doping rule violation as provided above, World Rowing shall refer to ADAMS and contact WADA and other relevant Anti-Doping Organisations to determine whether any prior anti-doping rule violation exists.

7.4 Provisional Suspensions³³

7.4.1 Mandatory Provisional Suspension after an Adverse Analytical Finding or Adverse Passport Finding

If World Rowing receives an Adverse Analytical Finding or an Adverse Passport Finding (upon completion of the Adverse Passport Finding review process) for a Prohibited Substance or a Prohibited Method that is not a Specified Substance or a Specified Method, World Rowing shall impose a Provisional Suspension on the Rower promptly upon or after the review and notification required by Article 7.2.

A mandatory Provisional Suspension may be eliminated if: (i) the Rower demonstrates to the CAS Anti-Doping Division that the violation is likely to have involved a Contaminated Product, or (ii) the violation involves a Substance of Abuse and the Rower establishes entitlement to a reduced period of Ineligibility under Article 10.2.4.1.

The CAS Anti-Doping Division's decision not to eliminate a mandatory Provisional Suspension on account of the Rower's assertion regarding a Contaminated Product shall not be appealable.

7.4.2 Optional Provisional Suspension Based on an Adverse Analytical Finding for Specified Substances, Specified Methods, Contaminated Products, or Other Anti-Doping Rule Violations

World Rowing may impose a Provisional Suspension for anti-doping rule violations not covered by Article 7.4.1 prior to the analysis of the Rower's B Sample or final hearing as described in Article 8.

An optional Provisional Suspension may be lifted at the discretion of World Rowing at any time prior to the CAS Anti-Doping Division's decision under Article 8, unless provided otherwise in the International Standard for Results Management.

7.4.3 Opportunity for Hearing or Appeal

Notwithstanding Articles 7.4.1 and 7.4.2, a Provisional Suspension may not be imposed unless the Rower or other Person is given: (a) an opportunity for a Provisional Hearing, either before or on a timely basis after the imposition of the Provisional Suspension; or (b) an opportunity for an expedited hearing in accordance with Article 8 on a timely basis after the imposition of the Provisional Suspension.

³³ [Comment to Article 7.4: Before a Provisional Suspension can be unilaterally imposed by World Rowing, the internal review specified in these Anti-Doping Bye-Laws and the International Standard for Results Management must first be completed.]

The imposition of a Provisional Suspension, or the decision not to impose a Provisional Suspension, may be appealed in an expedited process in accordance with Article 13.2.

7.4.4 Voluntary Acceptance of Provisional Suspension

Rowers on their own initiative may voluntarily accept a Provisional Suspension if done so prior to the later of: (i) the expiration of ten (10) days from the report of the B Sample (or waiver of the B Sample) or ten (10) days from the notice of any other anti-doping rule violation, or (ii) the date on which the Rower first competes after such report or notice.

Other Persons on their own initiative may voluntarily accept a Provisional Suspension if done so within ten (10) days from the notice of the anti-doping rule violation.

Upon such voluntary acceptance, the Provisional Suspension shall have the full effect and be treated in the same manner as if the Provisional Suspension had been imposed under Article 7.4.1 or 7.4.2; provided, however, at any time after voluntarily accepting a Provisional Suspension, the Rower or other Person may withdraw such acceptance, in which event the Rower or other Person shall not receive any credit for time previously served during the Provisional Suspension.

7.4.5 *If a Provisional Suspension is imposed based on an A Sample Adverse Analytical Finding and a subsequent B Sample analysis (if requested by the Rower or World Rowing) does not confirm the A Sample analysis, then the Rower shall not be subject to any further Provisional Suspension on account of a violation of Article 2.1. In circumstances where the Rower (or the Rower's team) has been removed from an Event based on a violation of Article 2.1 and the subsequent B Sample analysis does not confirm the A Sample finding, then, if it is still possible for the Rower or team or crew to be reinserted, without otherwise affecting the Event, the Rower or team or crew may continue to take part in the Event.*

7.5 Results Management Decisions

Results Management decisions or adjudications by World Rowing must not purport to be limited to a particular geographic area or the World Rowing's sport and shall address and determine without limitation the following issues: (i) whether an anti-doping rule violation was committed or a Provisional Suspension should be imposed, the factual basis for such determination, and the specific Articles that have been violated, and (ii) all Consequences flowing from the anti-doping rule violation(s), including applicable Disqualifications under Articles 9 and 10.10, any forfeiture of medals or prizes, any period of Ineligibility (and the date it begins to run) and any Financial Consequences.³⁴

7.6 Notification of Results Management Decisions

World Rowing shall notify Rowers, other Persons, Signatories and WADA of Results Management decisions as provided in Article 14 and in the International Standard for Results Management.

³⁴ [Comment to Article 7.5: Results Management decisions include Provisional Suspensions.

Each decision by World Rowing should address whether an anti-doping rule violation was committed and all Consequences flowing from the violation, including any Disqualifications other than Disqualification under Article 10.1 (which is left to the ruling body for an Event). Pursuant to Article 15, such decision and its imposition of Consequences shall have automatic effect in every sport in every country. For example, for a determination that a Rower committed an anti-doping rule violation based on an Adverse Analytical Finding for a Sample taken In-Competition, the Rower's results obtained in the Competition would be Disqualified under Article 9 and all other competitive results obtained by the Rower from the date the Sample was collected through the duration of the period of Ineligibility are also Disqualified under Article 10.10; if the Adverse Analytical Finding resulted from Testing at an Event, it would be the Major Event Organisation's responsibility to decide whether the Rower's other individual results in the Event prior to Sample collection are also Disqualified under Article 10.1.]

7.7 Retirement from Sport³⁵

If a Rower or other Person retires while the World Rowing's Results Management process is underway, World Rowing retains authority to complete its Results Management process. If a Rower or other Person retires before any Results Management process has begun, and World Rowing would have had Results Management authority over the Rower or other Person at the time the Rower or other Person committed an anti-doping rule violation, World Rowing has authority to conduct Results Management.

ARTICLE 8 RESULTS MANAGEMENT: RIGHT TO A FAIR HEARING AND NOTICE OF HEARING DECISION

For any Person who is asserted to have committed an anti-doping rule violation, World Rowing shall provide a fair hearing within a reasonable time by a fair, impartial and Operationally Independent hearing panel in compliance with the Code and the International Standard for Results Management.

8.1 Fair Hearings

8.1.1 Fair, Impartial and Operationally Independent Hearing Panel

World Rowing has delegated its Article 8 responsibilities (first instance hearings, waiver of hearings and decisions) to the CAS Anti-Doping Division (CAS ADD). The procedural rules of CAS ADD pertaining to the hearing of first instance shall apply. CAS ADD will always ensure that the Rower or other Person is provided with a fair hearing within a reasonable time by a fair, impartial and Operationally Independent hearing panel in compliance with the Code and the International Standard for Results Management.

8.1.2 Hearing Process

8.1.2.1 *When World Rowing sends a notice to a Rower or other Person notifying them of a potential anti-doping rule violation, and the Rower or other Person does not waive a hearing in accordance with Article 8.3.1 or Article 8.3.2, then the case shall be referred to CAS ADD for hearing and adjudication, which shall be conducted in accordance with its procedural rules and the principles described in Articles 8 and 9 of the International Standard for Results Management.*

8.1.2.2 *Hearings held in connection with Events in respect to Rowers and other Persons who are subject to these Anti-Doping Bye-Laws may be conducted by an expedited process where permitted by CAS ADD.³⁶*

8.1.2.3 *WADA, the Member Federation and the National Anti-Doping Organisation of the Athlete or other Person may attend the hearing as observers. In any event, World Rowing shall keep them fully apprised as to the status of pending cases and the result of all hearings.*

8.2 Notice of Decisions

8.2.1 *At the end of the hearing, or promptly thereafter, the CAS ADD shall issue a written decision that conforms with Article 9 of the International Standard for Results Management and which includes the full reasons for the decision, the period of Ineligibility imposed, the Disqualification of results under Article 10.10 and, if applicable, a justification for why the greatest potential Consequences were not imposed.*

³⁵ [Comment to Article 7.7: Conduct by a Rower or other Person before the Rower or other Person was subject to the authority of any Anti-Doping Organisation would not constitute an anti-doping rule violation but could be a legitimate basis for denying the Rower or other Person membership in a sports organisation.]

³⁶ [Comment to Article 8.1.2.2: For example, a hearing could be expedited on the eve of a major Event where the resolution of the anti-doping rule violation is necessary to determine the Athlete's eligibility to participate in the Event, or during an Event where the resolution of the case will affect the validity of the Rower's results or continued participation in the Event.]

- 8.2.2 *World Rowing shall notify that decision to the Rower or other Person and to other Anti-Doping Organisations with a right to appeal under Article 13.2.3, and shall promptly report it into ADAMS. The decision may be appealed as provided in Article 13.*

8.3 Waiver of Hearing

- 8.3.1 *A Rower or other Person against whom an anti-doping violation is asserted may waive a hearing expressly and agree with the Consequences proposed by World Rowing.*
- 8.3.2 *However, if the Rower or other Person against whom an anti-doping rule violation is asserted fails to dispute that assertion within twenty (20) days or the deadline otherwise specified in the notice sent by World Rowing asserting the violation, then they shall be deemed to have waived a hearing, to have admitted the violation, and to have accepted the proposed Consequences.*
- 8.3.3 *In cases where Article 8.3.1 or 8.3.2 applies, a hearing before the CAS ADD shall not be required. Instead World Rowing shall promptly issue a written decision that conforms with Article 9 of the International Standard for Results Management and which includes the full reasons for the decision, the period of Ineligibility imposed, the Disqualification of results under Article 10.10 and, if applicable, a justification for why the greatest potential Consequences were not imposed.*
- 8.3.4 *World Rowing shall notify that decision to the Rower or other Person and to other Anti-Doping Organisations with a right to appeal under Article 13.2.3, and shall promptly report it into ADAMS. World Rowing shall Publicly Disclose that decision in accordance with Article 14.3.2.*

8.4 Single Hearing Before CAS

Anti-doping rule violations asserted against International-Level Rowers, National-Level Rowers or other Persons may, with the consent of the Rower or other Person, World Rowing (where it has Results Management responsibility in accordance with Article 7) and WADA, be heard in a single hearing directly at CAS.³⁷

ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

An anti-doping rule violation in Individual Sports in connection with an In-Competition test automatically leads to Disqualification of the result obtained in that Competition with all resulting Consequences, including forfeiture of any medals, points and prizes.³⁸

ARTICLE 10 SANCTIONS ON INDIVIDUALS

10.1 Disqualification of Results in the Event during which an Anti-Doping Rule Violation Occurs

- 10.1.1 *An anti-doping rule violation occurring during or in connection with an Event may, upon the decision of the ruling body of the Event, lead to Disqualification of all of the Rower's individual results obtained in that Event with all Consequences, including forfeiture of all medals, points and prizes, except as provided in Article 10.1.2.*

³⁷ [Comment to Article 8.4: : In some cases, the combined cost of holding a hearing in the first instance at the international or national level, then rehearing the case de novo before CAS can be very substantial. Where all of the parties identified in this Article are satisfied that their interests will be adequately protected in a single hearing, there is no need for the Rower or Anti-Doping Organisations to incur the extra expense of two (2) hearings. An Anti-Doping Organisation that wants may participate in the CAS hearing as a party or as an observer may condition its approval of a single hearing on being granted that right. Nothing set out in Article 8.4 precludes the Rower or other Person and World Rowing (where it has Results Management responsibility) to waive their right to appeal by agreement. Such waiver, however, only binds the parties to such agreement and not any other entity with a right of appeal under the Code.]

³⁸ [Comment to Article 9: For Team Sports, any awards received by individual players will be Disqualified. However, Disqualification of the team will be as provided in Article 11. In sports which are not Team Sports but where awards are given to teams, Disqualification or other disciplinary action against the team when one or more team members have committed an anti-doping rule violation shall be as provided in the applicable rules of the International Federation.]

Factors to be included in considering whether to Disqualify other results in an Event might include, for example, the seriousness of the Rower's anti-doping rule violation and whether the Rower tested negative in the other Competitions.³⁹

- 10.1.2 *If the Rower establishes that he or she bears No Fault or Negligence for the violation, the Rower's individual results in the other Competitions shall not be Disqualified, unless the Rower's results in Competitions other than the Competition in which the anti-doping rule violation occurred were likely to have been affected by the Rower's anti-doping rule violation.*

10.2 Ineligibility for Presence, Use or Attempted Use, or Possession of a Prohibited Substance or Prohibited Method

The period of Ineligibility for a violation of Article 2.1, 2.2 or 2.6 shall be as follows, subject to potential elimination, reduction or suspension pursuant to Article 10.5, 10.6 or 10.7:

- 10.2.1 *The period of Ineligibility, subject to Article 10.2.4, shall be four (4) years where:*
- 10.2.1.1 *The anti-doping rule violation does not involve a Specified Substance or a Specified Method, unless the Rower or other Person can establish that the anti-doping rule violation was not intentional.⁴⁰*
- 10.2.1.2 *The anti-doping rule violation involves a Specified Substance or a Specified Method and World Rowing can establish that the anti-doping rule violation was intentional.*
- 10.2.2 *If Article 10.2.1 does not apply, subject to Article 10.2.4.1, the period of Ineligibility shall be two (2) years.*
- 10.2.3 *As used in Article 10.2, the term "intentional" is meant to identify those Rowers or other Persons who engage in conduct which they knew constituted an anti-doping rule violation or knew that there was a significant risk that the conduct might constitute or result in an anti-doping rule violation and manifestly disregarded that risk. An anti-doping rule violation resulting from an Adverse Analytical Finding for a substance which is only prohibited In-Competition shall be rebuttably presumed to be not "intentional" if the substance is a Specified Substance and the Rower can establish that the Prohibited Substance was Used Out-of-Competition. An anti-doping rule violation resulting from an Adverse Analytical Finding for a substance which is only prohibited In-Competition shall not be considered "intentional" if the substance is not a Specified Substance and the Rower can establish that the Prohibited Substance was Used Out-of-Competition in a context unrelated to sport performance.⁴¹*
- 10.2.4 *Notwithstanding any other provision in Article 10.2, where the anti-doping rule violation involves a Substance of Abuse:*
- 10.2.4.1 *If the Rower can establish that any ingestion or Use occurred Out-of-Competition and was unrelated to sport performance, then the period of Ineligibility shall be three (3) months Ineligibility.*

39 *[Comment to Article 10.1.1: Whereas Article 9 Disqualifies the result in a single Competition in which the Rower tested positive (e.g., the 100 meter backstroke), this Article may lead to Disqualification of all results in all races during the Event (e.g., the swimming World Championships).]*

40 *[Comment to Article 10.2.1.1: While it is theoretically possible for a Rower or other Person to establish that the anti-doping rule violation was not intentional without showing how the Prohibited Substance entered one's system, it is highly unlikely that in a doping case under Article 2.1 a Rower will be successful in proving that the Rower acted unintentionally without establishing the source of the Prohibited Substance.]*

41 *[Comment to Article 10.2.3: Article 10.2.3 provides a special definition of "intentional" which is to be applied solely for purposes of Article 10.2.]*

In addition, the period of Ineligibility calculated under this Article 10.2.4.1 may be reduced to one (1) month if the Rower or other Person satisfactorily completes a Substance of Abuse treatment program approved by World Rowing. The period of Ineligibility established in this Article 10.2.4.1 is not subject to any reduction based on any provision in Article 10.6.⁴²

10.2.4.2 If the ingestion, Use or Possession occurred In-Competition, and the Rower can establish that the context of the ingestion, Use or Possession was unrelated to sport performance, then the ingestion, Use or Possession shall not be considered intentional for purposes of Article 10.2.1 and shall not provide a basis for a finding of Aggravating Circumstances under Article 10.4.

10.3 Ineligibility for Other Anti-Doping Rule Violations

The period of Ineligibility for anti-doping rule violations other than as provided in Article 10.2 shall be as follows, unless Article 10.6 or 10.7 are applicable:

10.3.1 For violations of Article 2.3 or 2.5, the period of Ineligibility shall be four (4) years except: (i) in the case of failing to submit to Sample collection, if the Rower can establish that the commission of the anti-doping rule violation was not intentional, the period of Ineligibility shall be two (2) years; (ii) in all other cases, if the Rower or other Person can establish exceptional circumstances that justify a reduction of the period of Ineligibility, the period of Ineligibility shall be in a range from two (2) years to four (4) years depending on the Rower or other Person's degree of Fault; or (iii) in a case involving a Protected Person or Recreational Rower, the period of Ineligibility shall be in a range between a maximum of two (2) years and, at a minimum, a reprimand and no period of Ineligibility, depending on the Protected Person or Recreational Rower's degree of Fault.

10.3.2 For violations of Article 2.4, the period of Ineligibility shall be two (2) years, subject to reduction down to a minimum of one (1) year, depending on the Rower's degree of Fault. The flexibility between two (2) years and one (1) year of Ineligibility in this Article is not available to Rowers where a pattern of last-minute whereabouts changes or other conduct raises a serious suspicion that the Rower was trying to avoid being available for Testing.

10.3.3 For violations of Article 2.7 or 2.8, the period of Ineligibility shall be a minimum of four (4) years up to lifetime Ineligibility, depending on the seriousness of the violation. An Article 2.7 or Article 2.8 violation involving a Protected Person shall be considered a particularly serious violation and, if committed by Athlete Support Personnel for violations other than for Specified Substances, shall result in lifetime Ineligibility for Athlete Support Personnel. In addition, significant violations of Article 2.7 or 2.8 which may also violate non-sporting laws and regulations, shall be reported to the competent administrative, professional or judicial authorities.⁴³

10.3.4 For violations of Article 2.9, the period of Ineligibility imposed shall be a minimum of two (2) years, up to lifetime Ineligibility, depending on the seriousness of the violation.

⁴² [Comment to Article 10.2.4.1: The determinations as to whether the treatment program is approved and whether the Rower or other Person has satisfactorily completed the program shall be made in the sole discretion of World Rowing. This Article is intended to give World Rowing the leeway to apply their own judgment to identify and approve legitimate and reputable, as opposed to "sham", treatment programs. It is anticipated, however, that the characteristics of legitimate treatment programs may vary widely and change over time such that it would not be practical for WADA to develop mandatory criteria for acceptable treatment programs.]

⁴³ [Comment to Article 10.3.3: Those who are involved in doping Rowers or covering up doping should be subject to sanctions which are more severe than the Rowers who test positive. Since the authority of sport organisations is generally limited to Ineligibility for accreditation, membership and other sport benefits, reporting Athlete Support Personnel to competent authorities is an important step in the deterrence of doping.]

10.3.5 For violations of Article 2.10, the period of Ineligibility shall be two (2) years, subject to reduction down to a minimum of one (1) year, depending on the Rower or other Person's degree of Fault and other circumstances of the case.⁴⁴

10.3.6 For violations of Article 2.11, the period of Ineligibility shall be a minimum of two (2) years, up to lifetime Ineligibility, depending on the seriousness of the violation by the Rower or other Person.⁴⁵

10.4 Aggravating Circumstances which may Increase the Period of Ineligibility

If World Rowing establishes in an individual case involving an anti-doping rule violation other than violations under Article 2.7 (Trafficking or Attempted Trafficking), 2.8 (Administration or Attempted Administration), 2.9 (Complicity or Attempted Complicity) or 2.11 (Acts by a Rower or Other Person to Discourage or Retaliate Against Reporting) that Aggravating Circumstances are present which justify the imposition of a period of Ineligibility greater than the standard sanction, then the period of Ineligibility otherwise applicable shall be increased by an additional period of Ineligibility of up to two (2) years depending on the seriousness of the violation and the nature of the Aggravating Circumstances, unless the Rower or other Person can establish that he or she did not knowingly commit the anti-doping rule violation.⁴⁶

10.5 Elimination of the Period of Ineligibility where there is No Fault or Negligence

If a Rower or other Person establishes in an individual case that he or she bears No Fault or Negligence, then the otherwise applicable period of Ineligibility shall be eliminated.⁴⁷

10.6 Reduction of the Period of Ineligibility based on No Significant Fault or Negligence

10.6.1 Reduction of Sanctions in Particular Circumstances for Violations of Article 2.1, 2.2 or 2.6.
All reductions under Article 10.6.1 are mutually exclusive and not cumulative.

10.6.1.1 Specified Substances or Specified Methods

Where the anti-doping rule violation involves a Specified Substance (other than a Substance of Abuse) or Specified Method, and the Rower or other Person can establish No Significant Fault or Negligence, then the period of Ineligibility shall be, at a minimum, a reprimand and no period of Ineligibility, and at a maximum, two (2) years of Ineligibility, depending on the Rower's or other Person's degree of Fault.

44 [Comment to Article 10.3.5: Where the "other Person" referenced in Article 2.10 is an entity and not an individual, that entity may be disciplined as provided in Article 12.]

45 [Comment to Article 10.3.6: Conduct that is found to violate both Article 2.5 (Tampering) and Article 2.11 (Acts by a Rower or Other Person to Discourage or Retaliate Against Reporting to Authorities) shall be sanctioned based on the violation that carries the more severe sanction.]

46 [Comment to Article 10.4: Violations under Articles 2.7 (Trafficking or Attempted Trafficking), 2.8 (Administration or Attempted Administration), 2.9 (Complicity or Attempted Complicity) and 2.11 (Acts by a Rower or Other Person to Discourage or Retaliate Against Reporting to Authorities) are not included in the application of Article 10.4 because the sanctions for these violations already build in sufficient discretion up to a lifetime ban to allow consideration of any Aggravating Circumstance.]

47 [Comment to Article 10.5: This Article and Article 10.6.2 apply only to the imposition of sanctions; they are not applicable to the determination of whether an anti-doping rule violation has occurred. They will only apply in exceptional circumstances, for example, where a Rower could prove that, despite all due care, he or she was sabotaged by a competitor. Conversely, No Fault or Negligence would not apply in the following circumstances: (a) a positive test resulting from a mislabelled or contaminated vitamin or nutritional supplement (Rowers are responsible for what they ingest (Article 2.1) and have been warned against the possibility of supplement contamination); (b) the Administration of a Prohibited Substance by the Rower's personal physician or trainer without disclosure to the Rower (Rowers are responsible for their choice of medical personnel and for advising medical personnel that they cannot be given any Prohibited Substance); and (c) sabotage of the Rower's food or drink by a spouse, coach or other Person within the Rower's circle of associates (Rowers are responsible for what they ingest and for the conduct of those Persons to whom they entrust access to their food and drink). However, depending on the unique facts of a particular case, any of the referenced illustrations could result in a reduced sanction under Article 10.6 based on No Significant Fault or Negligence.]

10.6.1.2 Contaminated Products

In cases where the Rower or other Person can establish both No Significant Fault or Negligence and that the detected Prohibited Substance (other than a Substance of Abuse) came from a Contaminated Product, then the period of Ineligibility shall be, at a minimum, a reprimand and no period of Ineligibility, and at a maximum, two (2) years Ineligibility, depending on the Rower or other Person's degree of Fault.⁴⁸

10.6.1.3 Protected Persons or Recreational Rowers

Where the anti-doping rule violation not involving a Substance of Abuse is committed by a Protected Person or Recreational Rower, and the Protected Person or Recreational Rower can establish No Significant Fault or Negligence, then the period of Ineligibility shall be, at a minimum, a reprimand and no period of Ineligibility, and at a maximum, two (2) years Ineligibility, depending on the Protected Person or Recreational Rower's degree of Fault.

10.6.2 Application of No Significant Fault or Negligence beyond the Application of Article 10.6.1

If a Rower or other Person establishes in an individual case where Article 10.6.1 is not applicable that he or she bears No Significant Fault or Negligence, then, subject to further reduction or elimination as provided in Article 10.7, the otherwise applicable period of Ineligibility may be reduced based on the Rower or other Person's degree of Fault, but the reduced period of Ineligibility may not be less than one-half of the period of Ineligibility otherwise applicable. If the otherwise applicable period of Ineligibility is a lifetime, the reduced period under this Article may be no less than eight (8) years.⁴⁹

10.7 Elimination, Reduction, or Suspension of Period of Ineligibility or Other Consequences for Reasons Other than Fault

10.7.1 Substantial Assistance in Discovering or Establishing Code Violations⁵⁰

10.7.1.1 *World Rowing may, prior to an appellate decision under Article 13 or the expiration of the time to appeal, suspend a part of the Consequences (other than Disqualification and mandatory Public Disclosure) imposed in an individual case where the Rower or other Person has provided Substantial Assistance to an Anti-Doping Organisation, criminal authority or professional disciplinary body which results in: (i) the Anti-Doping Organisation discovering or bringing forward an anti-doping rule violation by another Person; or (ii) which results in a criminal or disciplinary body discovering*

⁴⁸ [Comment to Article 10.6.1.2: In order to receive the benefit of this Article, the Rower or other Person must establish not only that the detected Prohibited Substance came from a Contaminated Product, but must also separately establish No Significant Fault or Negligence. It should be further noted that Rowers are on notice that they take nutritional supplements at their own risk. The sanction reduction based on No Significant Fault or Negligence has rarely been applied in Contaminated Product cases unless the Rower has exercised a high level of caution before taking the Contaminated Product. In assessing whether the Rower can establish the source of the Prohibited Substance, it would, for example, be significant for purposes of establishing whether the Rower actually Used the Contaminated Product, whether the Rower had declared the product which was subsequently determined to be contaminated on the Doping Control form.

This Article should not be extended beyond products that have gone through some process of manufacturing. Where an Adverse Analytical Finding results from environment contamination of a "non-product" such as tap water or lake water in circumstances where no reasonable person would expect any risk of an anti-doping rule violation, typically there would be No Fault or Negligence under Article 10.5.]

⁴⁹ [Comment to Article 10.6.2: Article 10.6.2 may be applied to any anti-doping rule violation except those Articles where intent is an element of the anti-doping rule violation (e.g., Article 2.5, 2.7, 2.8, 2.9 or 2.11) or an element of a particular sanction (e.g., Article 10.2.1) or a range of Ineligibility is already provided in an Article based on the Rower or other Person's degree of Fault.]

⁵⁰ [Comment to Article 10.7.1: The cooperation of Rowers, Athlete Support Personnel and other Persons who acknowledge their mistakes and are willing to bring other anti-doping rule violations to light is important to clean sport.]

or bringing forward a criminal offense or the breach of professional rules committed by another Person and the information provided by the Person providing Substantial Assistance is made available to World Rowing or other Anti-Doping Organisation with Results Management responsibility; or (iii) which results in WADA initiating a proceeding against a Signatory, WADA-accredited laboratory, or Rower passport management unit (as defined in the International Standard for Laboratories) for non-compliance with the Code, International Standard or Technical Document; or (iv) with the approval by WADA, which results in a criminal or disciplinary body bringing forward a criminal offense or the breach of professional or sport rules arising out of a sport integrity violation other than doping. After an appellate decision under Article 13 or the expiration of time to appeal, World Rowing may only suspend a part of the otherwise applicable Consequences with the approval of WADA.

The extent to which the otherwise applicable period of Ineligibility may be suspended shall be based on the seriousness of the anti-doping rule violation committed by the Rower or other Person and the significance of the Substantial Assistance provided by the Rower or other Person to the effort to eliminate doping in sport, non-compliance with the Code and/or sport integrity violations. No more than three-quarters of the otherwise applicable period of Ineligibility may be suspended. If the otherwise applicable period of Ineligibility is a lifetime, the non-suspended period under this Article must be no less than eight (8) years. For purposes of this paragraph, the otherwise applicable period of Ineligibility shall not include any period of Ineligibility that could be added under Article 10.9.3.2 of these Anti-Doping Rules.

If so requested by a Rower or other Person who seeks to provide Substantial Assistance, World Rowing shall allow the Rower or other Person to provide the information to it subject to a Without Prejudice Agreement.

If the Rower or other Person fails to continue to cooperate and to provide the complete and credible Substantial Assistance upon which a suspension of Consequences was based, World Rowing shall reinstate the original Consequences. If World Rowing decides to reinstate suspended Consequences or decides not to reinstate suspended Consequences, that decision may be appealed by any Person entitled to appeal under Article 13.

10.7.1.2 To further encourage Rowers and other Persons to provide Substantial Assistance to Anti-Doping Organisations, at the request of World Rowing or at the request of the Rower or other Person who has, or has been asserted to have, committed an anti-doping rule violation, or other violation of the Code, WADA may agree at any stage of the Results Management process, including after an appellate decision under Article 13, to what it considers to be an appropriate suspension of the otherwise-applicable period of Ineligibility and other Consequences. In exceptional circumstances, WADA may agree to suspensions of the period of Ineligibility and other Consequences for Substantial Assistance greater than those otherwise provided in this Article, or even no period of Ineligibility, no mandatory Public Disclosure and/or no return of prize money or payment of fines or costs. WADA's approval shall be subject to reinstatement of Consequences, as otherwise provided in this Article. Notwithstanding Article 13, WADA's decisions in the context of this Article 10.7.1.2 may not be appealed.

10.7.1.3 If World Rowing suspends any part of an otherwise applicable sanction because of Substantial Assistance, then notice providing justification for

the decision shall be provided to the other Anti-Doping Organisations with a right to appeal under Article 13.2.3 as provided in Article 14. In unique circumstances where WADA determines that it would be in the best interest of anti-doping, WADA may authorise World Rowing to enter into appropriate confidentiality agreements limiting or delaying the disclosure of the Substantial Assistance agreement or the nature of Substantial Assistance being provided.

10.7.2 Admission of an Anti-Doping Rule Violation in the Absence of Other Evidence

Where a Rower or other Person voluntarily admits the commission of an anti-doping rule violation before having received notice of a Sample collection which could establish an anti-doping rule violation (or, in the case of an anti-doping rule violation other than Article 2.1, before receiving first notice of the admitted violation pursuant to Article 7) and that admission is the only reliable evidence of the violation at the time of admission, then the period of Ineligibility may be reduced, but not below one-half of the period of Ineligibility otherwise applicable.⁵¹

10.7.3 Application of Multiple Grounds for Reduction of a Sanction

Where a Rower or other Person establishes entitlement to reduction in sanction under more than one provision of Article 10.5, 10.6 or 10.7, before applying any reduction or suspension under Article 10.7, the otherwise applicable period of Ineligibility shall be determined in accordance with Articles 10.2, 10.3, 10.5, and 10.6. If the Rower or other Person establishes entitlement to a reduction or suspension of the period of Ineligibility under Article 10.7, then the period of Ineligibility may be reduced or suspended, but not below one-fourth of the otherwise applicable period of Ineligibility.

10.8 Results Management Agreements

10.8.1 One (1) Year Reduction for Certain Anti-Doping Rule Violations Based on Early Admission and Acceptance of Sanction

Where a Rower or other Person, after being notified by World Rowing of a potential anti-doping rule violation that carries an asserted period of Ineligibility of four (4) or more years (including any period of Ineligibility asserted under Article 10.4), admits the violation and accepts the asserted period of Ineligibility no later than twenty (20) days after receiving notice of an anti-doping rule violation charge, the Rower or other Person may receive a one (1) year reduction in the period of Ineligibility asserted by World Rowing. Where the Rower or other Person receives the one (1) year reduction in the asserted period of Ineligibility under this Article 10.8.1, no further reduction in the asserted period of Ineligibility shall be allowed under any other Article.⁵²

10.8.2 Case Resolution Agreement

Where the Rower or other Person admits an anti-doping rule violation after being confronted with the anti-doping rule violation by World Rowing and agrees to Consequences acceptable to World Rowing and WADA, at their sole discretion, then: (a) the Rower or other Person may receive a reduction in the period of Ineligibility based on

⁵¹ [Comment to Article 10.7.2: This Article is intended to apply when a Rower or other Person comes forward and admits to an anti-doping rule violation in circumstances where no Anti-Doping Organisation is aware that an anti-doping rule violation might have been committed. It is not intended to apply to circumstances where the admission occurs after the Rower or other Person believes he or she is about to be caught. The amount by which Ineligibility is reduced should be based on the likelihood that the Rower or other Person would have been caught had he or she not come forward voluntarily.]

⁵² [Comment to Article 10.8.1: For example, if World Rowing alleges that a Rower has violated Article 2.1 for Use of an anabolic steroid and asserts the applicable period of Ineligibility is four (4) years, then the Rower may unilaterally reduce the period of Ineligibility to three (3) years by admitting the violation and accepting the three (3) year period of Ineligibility within the time specified in this Article, with no further reduction allowed. This resolves the case without any need for a hearing.]

an assessment by World Rowing and WADA of the application of Articles 10.1 through 10.7 to the asserted anti-doping rule violation, the seriousness of the violation, the Rower or other Person's degree of Fault and how promptly the Rower or other Person admitted the violation; and (b) the period of Ineligibility may start as early as the date of Sample collection or the date on which another anti-doping rule violation last occurred. In each case, however, where this Article is applied, the Rower or other Person shall serve at least one-half of the agreed-upon period of Ineligibility going forward from the earlier of the date the Rower or other Person accepted the imposition of a sanction or a Provisional Suspension which was subsequently respected by the Rower or other Person. The decision by WADA and World Rowing to enter or not enter into a case resolution agreement, and the amount of the reduction to, and the starting date of, the period of Ineligibility are not matters for determination or review by a hearing body and are not subject to appeal under Article 13.

If so requested by a Rower or other Person who seeks to enter into a case resolution agreement under this Article, World Rowing shall allow the Rower or other Person to discuss an admission of the anti-doping rule violation with it subject to a Without Prejudice Agreement.⁵³

10.9 Multiple Violations

10.9.1 Second or Third Anti-Doping Rule Violation

10.9.1.1 For a Rower or other Person's second anti-doping rule violation, the period of Ineligibility shall be the greater of:

- a. A six (6) month period of Ineligibility; or*
- b. A period of Ineligibility in the range between:

 - i. the sum of the period of Ineligibility imposed for the first anti-doping rule violation plus the period of Ineligibility otherwise applicable to the second anti-doping rule violation treated as if it were a first violation, and*
 - ii. twice the period of Ineligibility otherwise applicable to the second anti-doping rule violation treated as if it were a first violation.**

The period of Ineligibility within this range shall be determined based on the entirety of the circumstances and the Rower or other Person's degree of Fault with respect to the second violation.

10.9.1.2 A third anti-doping rule violation will always result in a lifetime period of Ineligibility, except if the third violation fulfills the condition for elimination or reduction of the period of Ineligibility under Article 10.5 or 10.6, or involves a violation of Article 2.4. In these particular cases, the period of Ineligibility shall be from eight (8) years to lifetime Ineligibility.

10.9.1.3 The period of Ineligibility established in Articles 10.9.1.1 and 10.9.1.2 may then be further reduced by the application of Article 10.7.

10.9.2 An anti-doping rule violation for which a Rower or other Person has established No Fault or Negligence shall not be considered a violation for purposes of this Article 10.9. In addition, an anti-doping rule violation sanctioned under Article 10.2.4.1 shall not be considered a violation for purposes of Article 10.9.

⁵³ [Comment to Article 10.8: Any mitigating or aggravating factors set forth in this Article 10 shall be considered in arriving at the Consequences set forth in the case resolution agreement, and shall not be applicable beyond the terms of that agreement.]

10.9.3 *Additional Rules for Certain Potential Multiple Violations*

10.9.3.1 *For purposes of imposing sanctions under Article 10.9, except as provided in Articles 10.9.3.2 and 10.9.3.3, an anti-doping rule violation will only be considered a second violation if World Rowing can establish that the Rower or other Person committed the additional anti-doping rule violation after the Rower or other Person received notice pursuant to Article 7, or after World Rowing made reasonable efforts to give notice of the first anti-doping rule violation. If World Rowing cannot establish this, the violations shall be considered together as one single first violation, and the sanction imposed shall be based on the violation that carries the more severe sanction, including the application of Aggravating Circumstances. Results in all Competitions dating back to the earlier anti-doping rule violation will be Disqualified as provided in Article 10.10.⁵⁴*

10.9.3.2 *If World Rowing establishes that a Rower or other Person committed an additional anti-doping rule violation prior to notification, and that the additional violation occurred twelve (12) months or more before or after the first-noticed violation, then the period of Ineligibility for the additional violation shall be calculated as if the additional violation were a stand-alone first violation and this period of Ineligibility is served consecutively, rather than concurrently, with the period of Ineligibility imposed for the earlier-noticed violation. Where this Article 10.9.3.2 applies, the violations taken together shall constitute a single violation for purposes of Article 10.9.1.*

10.9.3.3 *If World Rowing establishes that a Rower or other Person committed a violation of Article 2.5 in connection with the Doping Control process for an underlying asserted anti-doping rule violation, the violation of Article 2.5 shall be treated as a stand-alone first violation and the period of Ineligibility for such violation shall be served consecutively, rather than concurrently, with the period of Ineligibility, if any, imposed for the underlying anti-doping rule violation. Where this Article 10.9.3.3 is applied, the violations taken together shall constitute a single violation for purposes of Article 10.9.1.*

10.9.3.4 *If World Rowing establishes that a Person has committed a second or third anti-doping rule violation during a period of Ineligibility, the periods of Ineligibility for the multiple violations shall run consecutively, rather than concurrently.*

10.9.4 *Multiple Anti-Doping Rule Violations during Ten (10) Year Period*

For purposes of Article 10.9, each anti-doping rule violation must take place within the same ten (10) year period in order to be considered multiple violations.

10.10 Disqualification of Results in Competitions Subsequent to Sample Collection or Commission of an Anti-Doping Rule Violation

In addition to the automatic Disqualification of the results in the Competition which produced the positive Sample under Article 9, all other competitive results of the Rower obtained from the date a positive Sample was collected (whether In-Competition or Out-of-Competition), or other anti-doping rule violation occurred, through the commencement of any Provisional Suspension

⁵⁴ [Comment to Article 10.9.3.1: The same rule applies where, after the imposition of a sanction, World Rowing discovers facts involving an anti-doping rule violation that occurred prior to notification for a first anti-doping rule violation – e.g., World Rowing shall impose a sanction based on the sanction that could have been imposed if the two (2) violations had been adjudicated at the same time, including the application of Aggravating Circumstances.]

or Ineligibility period, shall, unless fairness requires otherwise, be Disqualified with all of the resulting Consequences including forfeiture of any medals, points and prizes.⁵⁵

10.11 Forfeited Prize Money

If World Rowing recovers prize money forfeited as a result of an anti-doping rule violation, it shall take reasonable measures to allocate and distribute this prize money to the Rowers who would have been entitled to it had the forfeiting Rower not competed.⁵⁶

10.12 Financial Consequences

10.12.1 Where a Rower or other Person commits an anti-doping rule violation, World Rowing may, in its discretion and subject to the principle of proportionality, elect to (a) recover from the Rower or other Person costs associated with the anti-doping rule violation, regardless of the period of Ineligibility imposed and/or (b) fine the Rower or other Person in an amount up to 1'000 Swiss Francs , only in cases where the maximum period of Ineligibility otherwise applicable has already been imposed.

10.12.2 The imposition of a financial sanction or World Rowing's recovery of costs shall not be considered a basis for reducing the Ineligibility or other sanction which would otherwise be applicable under these Anti-Doping Rules.

10.13 Commencement of Ineligibility Period

Where a Rower is already serving a period of Ineligibility for an anti-doping rule violation, any new period of Ineligibility shall commence on the first day after the current period of Ineligibility has been served. Otherwise, except as provided below, the period of Ineligibility shall start on the date of the final hearing decision providing for Ineligibility or, if the hearing is waived or there is no hearing, on the date Ineligibility is accepted or otherwise imposed.

10.13.1 Delays Not Attributable to the Rower or other Person

Where there have been substantial delays in the hearing process or other aspects of Doping Control, and the Rower or other Person can establish that such delays are not attributable to the Rower or other Person, World Rowing or the World Rowing Doping Hearing Panel, if applicable, may start the period of Ineligibility at an earlier date commencing as early as the date of Sample collection or the date on which another anti-doping rule violation last occurred. All competitive results achieved during the period of Ineligibility, including retroactive Ineligibility, shall be Disqualified.⁵⁷

10.13.2 Credit for Provisional Suspension or Period of Ineligibility Served

10.13.2.1 If a Provisional Suspension is respected by the Rower or other Person, then the Rower or other Person shall receive a credit for such period of Provisional Suspension against any period of Ineligibility which may ultimately be imposed. If the Rower or other Person does not respect a Provisional Suspension, then the Rower or other Person shall receive no credit for any period of Provisional Suspension served. If a period of Ineligibility is served

55 [Comment to Article 10.10: Nothing in these Anti-Doping Rules precludes clean Rowers or other Persons who have been damaged by the actions of a Person who has committed an anti-doping rule violation from pursuing any right which they would otherwise have to seek damages from such Person.]

56 [Comment to Article 10.11: This Article is not intended to impose an affirmative duty on World Rowing to take any action to collect forfeited prize money. If World Rowing elects not to take any action to collect forfeited prize money, it may assign its right to recover such money to the Rower(s) who should have otherwise received the money. "Reasonable measures to allocate and distribute this prize money" could include using collected forfeited prize money as agreed upon by World Rowing and its Rowers.]

57 [Comment to Article 10.13.1: In cases of anti-doping rule violations other than under Article 2.1, the time required for an Anti-Doping Organisation to discover and develop facts sufficient to establish an anti-doping rule violation may be lengthy, particularly where the Rower or other Person has taken affirmative action to avoid detection. In these circumstances, the flexibility provided in this Article to start the sanction at an earlier date should not be used.]

pursuant to a decision that is subsequently appealed, then the Rower or other Person shall receive a credit for such period of Ineligibility served against any period of Ineligibility which may ultimately be imposed on appeal.

10.13.2.2 *If a Rower or other Person voluntarily accepts a Provisional Suspension in writing from World Rowing and thereafter respects the Provisional Suspension, the Rower or other Person shall receive a credit for such period of voluntary Provisional Suspension against any period of Ineligibility which may ultimately be imposed. A copy of the Rower or other Person's voluntary acceptance of a Provisional Suspension shall be provided promptly to each party entitled to receive notice of an asserted anti-doping rule violation under Article 14.1.⁵⁸*

10.13.2.3 *No credit against a period of Ineligibility shall be given for any time period before the effective date of the Provisional Suspension or voluntary Provisional Suspension regardless of whether the Rower elected not to compete or was suspended by a team.*

10.14 Status During Ineligibility or Provisional Suspension

10.14.1 *Prohibition Against Participation During Ineligibility or Provisional Suspension*

No Rower or other Person who has been declared Ineligible or is subject to a Provisional Suspension may, during a period of Ineligibility or Provisional Suspension, participate in any capacity in a Competition or activity (other than authorised anti-doping Education or rehabilitation programs) authorised or organised by any Signatory, Signatory's member organisation, or a club or other member organisation of a Signatory's member organisation, or in Competitions authorised or organised by any professional league or any international- or national-level Event organisation or any elite or national-level sporting activity funded by a governmental agency.

A Rower or other Person subject to a period of Ineligibility longer than four (4) years may, after completing four (4) years of the period of Ineligibility, participate as a Rower in local sport events not sanctioned or otherwise under the authority of a Code Signatory or member of a Code Signatory, but only so long as the local sport event is not at a level that could otherwise qualify such Rower or other Person directly or indirectly to compete in (or accumulate points toward) a national championship or International Event, and does not involve the Rower or other Person working in any capacity with Protected Persons.

A Rower or other Person subject to a period of Ineligibility shall remain subject to Testing and any requirement by World Rowing to provide whereabouts information.⁵⁹

58 *[Comment to Article 10.13.2.2: A Rower's voluntary acceptance of a Provisional Suspension is not an admission by the Rower and shall not be used in any way to draw an adverse inference against the Rower.]*

59 *[Comment to Article 10.14.1: For example, subject to Article 10.14.2 below, Ineligible Rowers cannot participate in a training camp, exhibition or practice organised by their Member Federation or a club which is a member of that Member Federation or which is funded by a governmental agency. Further, an Ineligible Rower may not compete in a non-Signatory professional league (e.g., the National Hockey League, the National Basketball Association, etc.), Events organised by a non-Signatory International Event organisation or a non-Signatory national-level Event organisation without triggering the Consequences set forth in Article 10.14.3. The term "activity" also includes, for example, administrative activities, such as serving as an official, director, officer, employee, or volunteer of the organisation described in this Article. Ineligibility imposed in one sport shall also be recognised by other sports (see Article 15.1, Automatic Binding Effect of Decisions). A Rower or other Person serving a period of Ineligibility is prohibited from coaching or serving as a Rower Support Person in any other capacity at any time during the period of Ineligibility, and doing so could also result in a violation of Article 2.10 by another Rower. Any performance standard accomplished during a period of Ineligibility shall not be recognised by World Rowing or its Member Federations for any purpose.]*

10.14.2 *Return to Training*

As an exception to Article 10.14.1, a Rower may return to train with a team or to use the facilities of a club or other member organisation of World Rowing's or other Signatory's member organisation during the shorter of: (1) the last two months of the Rower's period of Ineligibility, or (2) the last one-quarter of the period of Ineligibility imposed.⁶⁰

10.14.3 *Violation of the Prohibition of Participation During Ineligibility or Provisional Suspension*

Where a Rower or other Person who has been declared Ineligible violates the prohibition against participation during Ineligibility described in Article 10.14.1, the results of such participation shall be Disqualified and a new period of Ineligibility equal in length to the original period of Ineligibility shall be added to the end of the original period of Ineligibility. The new period of Ineligibility, including a reprimand and no period of Ineligibility, may be adjusted based on the Rower or other Person's degree of Fault and other circumstances of the case. The determination of whether a Rower or other Person has violated the prohibition against participation, and whether an adjustment is appropriate, shall be made by the Anti-Doping Organisation whose Results Management led to the imposition of the initial period of Ineligibility. This decision may be appealed under Article 13.

A Rower or other Person who violates the prohibition against participation during a Provisional Suspension described in Article 10.14.1 shall receive no credit for any period of Provisional Suspension served and the results of such participation shall be Disqualified.

Where a Rower Support Person or other Person assists a Person in violating the prohibition against participation during Ineligibility or a Provisional Suspension, World Rowing shall impose sanctions for a violation of Article 2.9 for such assistance.

10.14.4 *Withholding of Financial Support during Ineligibility*

In addition, for any anti-doping rule violation not involving a reduced sanction as described in Article 10.5 or 10.6, some or all sport-related financial support or other sport-related benefits received by such Person will be withheld by World Rowing and its Member Federations.

10.15 Automatic Publication of Sanction

A mandatory part of each sanction shall include automatic publication, as provided in Article 14.3.

ARTICLE 11 CONSEQUENCES TO CREWS

11.1 Consequences for Crews

Where one (1) member of a crew has been notified of an anti-doping rule violation under Article 7 in connection with an Event, the ruling body for the Event shall conduct appropriate Target Testing of all members of the crew during the Event Period.

11.2 Consequences for Crews

11.2.1 *An anti-doping rule violation committed by a member of a crew in connection with an In-Competition test automatically leads to Disqualification of the result obtained by the crew in that Competition, with all resulting Consequences for the crew and its members, including forfeiture of any medals, points and prizes.*

⁶⁰ [Comment to Article 10.14.2: As in many Team Sports and some individual sports (e.g., ski jumping and gymnastics), Rowers cannot effectively train on their own so as to be ready to compete at the end of the Rower's period of Ineligibility. During the training period described in this Article, an Ineligible Rower may not compete or engage in any activity described in Article 10.14.1 other than training.]

- 11.2.2 *An anti-doping rule violation committed by a member of a crew occurring during or in connection with an Event may lead to Disqualification of all of the results obtained by the crew in that Event with all Consequences for the team and its members, including forfeiture of all medals, points and prizes, except as provided in Article 11.2.3.*
- 11.2.3 *Where an Athlete who is a member of a crew committed an anti-doping rule violation during or in connection with one (1) Competition in an Event, if the other member(s) of the team establish(es) that he or she/they bear(s) No Fault or Negligence for that violation, the results of the crew in any other Competition(s) in that Event shall not be Disqualified unless the results of the team in the Competition(s) other than the Competition in which the anti-doping rule violation occurred were likely to have been affected by the Rower's anti-doping rule violation.*

ARTICLE 12 SANCTIONS BY WORLD ROWING AGAINST OTHER SPORTING BODIES

When World Rowing becomes aware that a Member Federation or any other sporting body over which it has authority has failed to comply with, implement, uphold, and enforce these Anti-Doping Bye-Laws within that organisation's or body's area of competence, World Rowing has the authority and may take the following additional disciplinary actions:

- 12.1 *Exclude all, or some group of, members of that organisation or body from specified future Events or all Events conducted within a specified period of time.*
- 12.2 *Take additional disciplinary actions with respect to that organisation's or body's recognition, the eligibility of their members to participate in World Rowing's activities, and/or fine that organisation or body based on the following:*
- 12.2.1 *Four (4) or more violations of these Anti-Doping Bye-Laws (other than violations involving Article 2.4) are committed by Rowers or other Persons affiliated with that organisation or body during a twelve (12) month period. In such event: (a) all or some group of members of that organisation or body may be banned from participation in any World Rowing activities for a period of up to two (2) years and/or (b) that organisation or body may be fined in an amount up to 100'000 Euros*
- 12.2.2 *Four (4) or more violations of these Anti-Doping Bye-Laws (other than violations involving Article 2.4) are committed in addition to the violations described in Article 12.2.1 by Rowers or other Persons affiliated with that organisation or body during a twelve (12) month period. In such event, that organisation or body may be suspended for a period of up to four (4) years.*
- 12.2.3 *More than one Rower or other Person affiliated with that organisation or body commits an anti-doping rule violation during an International Event. In such event, that organisation or body may be fined in an amount up to 100'000 Euros*
- 12.2.4 *That organisation or body has failed to make diligent efforts to keep World Rowing informed about a Rower's whereabouts after receiving a request for that information from World Rowing. In such event, that organisation or body may be fined in an amount up to 25'000 Euros per Rower, in addition to reimbursement of all of the World Rowing costs incurred in Testing that organisation's or body's Rowers.*
- 12.3 *Withhold some or all funding or other financial and non-financial support to that organisation or body.*
- 12.4 *Oblige that organisation or body to reimburse World Rowing for all costs (including but not limited to laboratory fees, hearing expenses and travel) related to a violation of these Anti-Doping Bye-Laws committed by a Rower or other Person affiliated with that organisation or body.*

ARTICLE 13 RESULTS MANAGEMENT: APPEALS ⁶¹

13.1 Decisions Subject to Appeal

Decisions made under the Code or these Anti-Doping Bye-Laws may be appealed as set forth below in Articles 13.2 through 13.7 or as otherwise provided in these Anti-Doping Bye-Laws, the Code or the International Standards. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise.

13.1.1 Scope of Review Not Limited

The scope of review on appeal includes all issues relevant to the matter and is expressly not limited to the issues or scope of review before the initial decision maker. Any party to the appeal may submit evidence, legal arguments and claims that were not raised in the first instance hearing so long as they arise from the same cause of action or same general facts or circumstances raised or addressed in the first instance hearing.⁶²

13.1.2 CAS Shall Not Defer to the Findings Being Appealed

In making its decision, CAS shall not give deference to the discretion exercised by the body whose decision is being appealed.⁶³

13.1.3 WADA Not Required to Exhaust Internal Remedies

Where WADA has a right to appeal under Article 13 and no other party has appealed a final decision within World Rowing's process, WADA may appeal such decision directly to CAS without having to exhaust other remedies in World Rowing's process.⁶⁴

13.2 Appeals from Decisions Regarding Anti-Doping Rule Violations, Consequences, Provisional Suspensions, Implementation of Decisions and Authority

A decision that an anti-doping rule violation was committed, a decision imposing Consequences or not imposing Consequences for an anti-doping rule violation, or a decision that no anti-doping rule violation was committed; a decision that an anti-doping rule violation proceeding cannot go forward for procedural reasons (including, for example, prescription); a decision by WADA not to grant an exception to the six (6) months notice requirement for a retired Rower to return to competition under Article 5.6.1; a decision by WADA assigning Results Management under Article 7.1 of the Code; a decision by World Rowing not to bring forward an Adverse Analytical Finding or an Atypical Finding as an anti-doping rule violation, or a decision not to go forward with an anti-doping rule violation after an investigation in accordance with the International Standard for Results Management; a decision to impose, or lift, a Provisional Suspension as a result of a Provisional Hearing; World Rowing's failure to comply with Article 7.4; a decision that World Rowing lacks authority to rule on an alleged anti-doping rule violation or its Consequences; a decision to suspend, or not suspend, Consequences or to reinstate, or not reinstate, Consequences

⁶¹ [Comment to Article 13: The object of the Code is to have anti-doping matters resolved through fair and transparent internal processes with a final appeal. Anti-doping decisions by Anti-Doping Organisations are made transparent in Article 14. Specified Persons and organisations, including WADA, are then given the opportunity to appeal those decisions. Note that the definition of interested Persons and organisations with a right to appeal under Article 13 does not include Rowers, or their National Federations, who might benefit from having another competitor Disqualified.]

⁶² [Comment to Article 13.1.1: The revised language is not intended to make a substantive change to the 2015 Code, but rather for clarification. For example, where a Rower was charged in the first instance hearing only with Tampering but the same conduct could also constitute Complicity, an appealing party could pursue both Tampering and Complicity charges against the Rower in the appeal.]

⁶³ [Comment to Article 13.1.2: CAS proceedings are de novo. Prior proceedings do not limit the evidence or carry weight in the hearing before CAS.]

⁶⁴ [Comment to Article 13.1.3: Where a decision has been rendered before the final stage of World Rowing's process (for example, a first hearing) and no party elects to appeal that decision to the next level of World Rowing's process (e.g., the Managing Board), then WADA may bypass the remaining steps in World Rowing's internal process and appeal directly to CAS.]

under Article 10.7.1; failure to comply with Articles 7.1.4 and 7.1.5 of the Code; failure to comply with Article 10.8.1; a decision under Article 10.14.3; a decision by World Rowing not to implement another Anti-Doping Organisation's decision under Article 15; and a decision under Article 27.3 of the Code may be appealed exclusively as provided in this Article 13.2.

13.2.1 *Appeals Involving International-Level Rowers or International Events*

In cases arising from participation in an International Event or in cases involving International-Level Rowers, the decision may be appealed exclusively to CAS.⁶⁵

13.2.2 *Appeals Involving Other Rowers or Other Persons*

In cases where Article 13.2.1 is not applicable, the decision may be appealed to an appellate body, in accordance with rules adopted by the National Anti-Doping Organisation having authority over the Rower or other Person.

The rules for such appeal shall respect the following principles: a timely hearing; a fair, impartial, Operationally Independent and Institutionally Independent hearing panel; the right to be represented by counsel at the Person's own expense; and a timely, written, reasoned decision.

If no such body as described above is in place and available at the time of the appeal, the decision may be appealed to CAS in accordance with the applicable procedural rules.

13.2.3 *Persons Entitled to Appeal*

13.2.3.1 *Appeals Involving International-Level Rowers or International Events*

In cases under Article 13.2.1, the following parties shall have the right to appeal to CAS: (a) the Rower or other Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) World Rowing; (d) the National Anti-Doping Organisation of the Person's country of residence or countries where the Person is a national or license holder; (e) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (f) WADA.

13.2.3.2 *Appeals Involving Other Rowers or Other Persons*

In cases under Article 13.2.2, the parties having the right to appeal to the appellate body shall be as provided in the National Anti-Doping Organisation's rules but, at a minimum, shall include the following parties: (a) the Rower or other Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) World Rowing; (d) the National Anti-Doping Organisation of the Person's country of residence or countries where the Person is a national or license holder; (e) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (f) WADA.

For cases under Article 13.2.2, WADA, the International Olympic Committee, the International Paralympic Committee, and World Rowing shall also have the right to appeal to CAS with respect to the decision of the appellate body.

Any party filing an appeal shall be entitled to assistance from CAS to obtain all relevant information from the Anti-Doping Organisation whose decision is being appealed and the information shall be provided if CAS so directs.

⁶⁵ [Comment to Article 13.2.1: CAS decisions are final and binding except for any review required by law applicable to the annulment or enforcement of arbitral awards.]

13.2.3.3 *Duty to Notify*

All parties to any CAS appeal must ensure that WADA and all other parties with a right to appeal have been given timely notice of the appeal.

13.2.3.4 *Appeal from Imposition of Provisional Suspension*

Notwithstanding any other provision herein, the only Person who may appeal from the imposition of a Provisional Suspension is the Rower or other Person upon whom the Provisional Suspension is imposed.

13.2.3.5 *Appeal from Decisions under Article 12*

Decisions by World Rowing pursuant to Article 12 may be appealed exclusively to CAS by the Member Federation or other body.

13.2.4 *Cross Appeals and other Subsequent Appeals Allowed*

Cross appeals and other subsequent appeals by any respondent named in cases brought to CAS under the Code are specifically permitted. Any party with a right to appeal under this Article 13 must file a cross appeal or subsequent appeal at the latest with the party's answer.⁶⁶

13.3 Failure to Render a Timely Decision by World Rowing

Where, in a particular case, World Rowing fails to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by WADA, WADA may elect to appeal directly to CAS as if World Rowing had rendered a decision finding no anti-doping rule violation. If the CAS hearing panel determines that an anti-doping rule violation was committed and that WADA acted reasonably in electing to appeal directly to CAS, then WADA's costs and attorney fees in prosecuting the appeal shall be reimbursed to WADA by World Rowing.⁶⁷

13.4 Appeals Relating to TUEs

TUE decisions may be appealed exclusively as provided in Article 4.4.

13.5 Notification of Appeal Decisions

World Rowing shall promptly provide the appeal decision to the Rower or other Person and to the other Anti-Doping Organisations that would have been entitled to appeal under Article 13.2.3 as provided under Article 14.2.

13.6 Time for Filing Appeals⁶⁸

13.6.1 *Appeals to CAS*

The time to file an appeal to CAS shall be twenty-one (21) days from the date of receipt of the decision by the appealing party. The above notwithstanding, the following shall apply in connection with appeals filed by a party entitled to appeal but which was not a party to the proceedings that led to the decision being appealed:

- a. *Within fifteen (15) days from the notice of the decision, such party/ies shall have the right to request a copy of the full case file pertaining to the decision from the Anti-Doping Organisation that had Results Management authority;*

⁶⁶ [Comment to Article 13.2.4: This provision is necessary because since 2011, CAS rules no longer permit a Rower the right to cross appeal when an Anti-Doping Organisation appeals a decision after the Rower's time for appeal has expired. This provision permits a full hearing for all parties.]

⁶⁷ [Comment to Article 13.3: Given the different circumstances of each anti-doping rule violation investigation and Results Management process, it is not feasible to establish a fixed time period for World Rowing to render a decision before WADA may intervene by appealing directly to CAS. Before taking such action, however, WADA will consult with World Rowing and give World Rowing an opportunity to explain why it has not yet rendered a decision.]

⁶⁸ [Comment to Article 13.6: Whether governed by CAS rules or these Anti-Doping Rules, a party's deadline to appeal does not begin running until receipt of the decision. For that reason, there can be no expiration of a party's right to appeal if the party has not received the decision.]

- b. *If such a request is made within the fifteen (15) day period, then the party making such request shall have twenty-one (21) days from receipt of the file to file an appeal to CAS.*

The above notwithstanding, the filing deadline for an appeal filed by WADA shall be the later of:

- c. *Twenty-one (21) days after the last day on which any other party having a right to appeal could have appealed, or*
d. *Twenty-one (21) days after WADA's receipt of the complete file relating to the decision.*

13.6.2 *Appeals Under Article 13.2.2*

The time to file an appeal to an independent and impartial body in accordance with rules established by the National Anti-Doping Organisation shall be indicated by the same rules of the National Anti-Doping Organisation.

The above notwithstanding, the filing deadline for an appeal filed by WADA shall be the later of:

- a. *Twenty-one (21) days after the last day on which any other party having a right to appeal could have appealed, or*
b. *Twenty-one (21) days after WADA's receipt of the complete file relating to the decision.*

ARTICLE 14 CONFIDENTIALITY AND REPORTING

14.1 Information Concerning Adverse Analytical Findings, Atypical Findings, and Other Asserted Anti-Doping Rule Violations

14.1.1 Notice of Anti-Doping Rule Violations to Rowers and other Persons

Notice to Rowers or other Persons of anti-doping rule violations asserted against them shall occur as provided under Articles 7 and 14.

If at any point during Results Management up until the anti-doping rule violation charge, World Rowing decides not to move forward with a matter, it must notify the Rower or other Person, (provided that the Rower or other Person had been already informed of the ongoing Results Management).

Any notice under these Anti-Doping Bye-Laws shall be delivered or emailed by World Rowing to Rowers or other Persons. In addition to the notification by World Rowing, it shall also be the responsibility of the Rower or other Person's Member Federation to notify the Rower or other Person. If the notification takes place via the Rower or other Person's Member Federation, the Member Federation shall confirm to World Rowing that they have delivered the notification to the Rower or other Person.

14.1.2 Notice of Anti-Doping Rule Violations to National Anti-Doping Organisations and WADA

Notice of the assertion of an anti-doping rule violation to the Rower's or other Person's National Anti-Doping Organisation and WADA shall occur as provided under Articles 7 and 14, simultaneously with the notice to the Rower or other Person.

If at any point during Results Management up until the anti-doping rule violation charge, World Rowing decides not to move forward with a matter, it must give notice (with reasons) to the Anti-Doping Organisations with a right of appeal under Article 13.2.3.

Notice shall be delivered or emailed.

14.1.3 *Content of an Anti-Doping Rule Violation Notice*

Notification of an anti-doping rule violation shall include: the Rower's or other Person's name, country, sport and discipline within the sport, the Rower's competitive level, whether the test was In-Competition or Out-of-Competition, the date of Sample collection, the analytical result reported by the laboratory, and other information as required by the International Standard for Testing and Investigations and International Standard for Results Management.

Notification of anti-doping rule violations other than under Article 2.1 shall also include the rule violated and the basis of the asserted violation.

14.1.4 *Status Reports*

Except with respect to investigations which have not resulted in a notice of an anti-doping rule violation pursuant to Article 14.1.1, the Rower's or other Person's National Anti-Doping Organisation and WADA shall be regularly updated on the status and findings of any review or proceedings conducted pursuant to Article 7, 8 or 13 and shall be provided with a prompt written reasoned explanation or decision explaining the resolution of the matter.

14.1.5 *Confidentiality*

The recipient organisations shall not disclose this information beyond those Persons with a need to know (which would include the appropriate personnel at the applicable National Olympic Committee, Member Federation, and the Rower's crew) until World Rowing has made Public Disclosure as permitted by Article 14.3.

14.1.6 *Protection of Confidential Information by an Employee or Agent of World Rowing*

World Rowing shall ensure that information concerning Adverse Analytical Findings, Atypical Findings, and other asserted anti-doping rule violations remains confidential until such information is Publicly Disclosed in accordance with Article 14.3. World Rowing shall ensure that its employees (whether permanent or otherwise), contractors, agents, consultants, and Delegated Third Parties are subject to fully enforceable contractual duty of confidentiality and to fully enforceable procedures for the investigation and disciplining of improper and/or unauthorised disclosure of such confidential information.

14.2 Notice of Anti-Doping Rule Violation or Violations of Ineligibility or Provisional Suspension Decisions and Request for Files

14.2.1 *Anti-doping rule violation decisions or decisions related to violations of Ineligibility or Provisional Suspension rendered pursuant to Article 7.6, 8.2, 10.5, 10.6, 10.7, 10.14.3 or 13.5 shall include the full reasons for the decision, including, if applicable, a justification for why the maximum potential sanction was not imposed. Where the decision is not in English or French, World Rowing shall provide an English or French summary of the decision and the supporting reasons.*

14.2.2 *An Anti-Doping Organisation having a right to appeal a decision received pursuant to Article 14.2.1 may, within fifteen (15) days of receipt, request a copy of the full case file pertaining to the decision.*

14.3 Public Disclosure

14.3.1 *After notice has been provided to the Rower or other Person in accordance with the International Standard for Results Management, and to the applicable Anti-Doping Organisations in accordance with Article 14.1.2, the identity of any Rower or other Person who is notified of a potential anti-doping rule violation, the Prohibited Substance or Prohibited Method and the nature of the violation involved, and whether the Rower*

or other Person is subject to a Provisional Suspension may be Publicly Disclosed by World Rowing.

- 14.3.2 No later than twenty (20) days after it has been determined in an appellate decision under Article 13.2.1 or 13.2.2, or such appeal has been waived, or a hearing in accordance with Article 8 has been waived, or the assertion of an anti-doping rule violation has not otherwise been timely challenged, or the matter has been resolved under Article 10.8, or a new period of Ineligibility, or reprimand, has been imposed under Article 10.14.3, World Rowing must Publicly Disclose the disposition of the anti-doping matter, including the sport, the anti-doping rule violated, the name of the Rower or other Person committing the violation, the Prohibited Substance or Prohibited Method involved (if any) and the Consequences imposed. World Rowing must also Publicly Disclose within twenty (20) days the results of appellate decisions concerning anti-doping rule violations, including the information described above.⁶⁹
- 14.3.3 After an anti-doping rule violation has been determined to have been committed in an appellate decision under Article 13.2.1 or 13.2.2 or such appeal has been waived, or in a hearing in accordance with Article 8 or where such hearing has been waived, or the assertion of an anti-doping rule violation has not otherwise been timely challenged, or the matter has been resolved under Article 10.8, World Rowing may make public such determination or decision and may comment publicly on the matter.
- 14.3.4 In any case where it is determined, after a hearing or appeal, that the Rower or other Person did not commit an anti-doping rule violation, the fact that the decision has been appealed may be Publicly Disclosed. However, the decision itself and the underlying facts may not be Publicly Disclosed except with the consent of the Rower or other Person who is the subject of the decision. World Rowing shall use reasonable efforts to obtain such consent, and if consent is obtained, shall Publicly Disclose the decision in its entirety or in such redacted form as the Rower or other Person may approve.
- 14.3.5 Publication shall be accomplished at a minimum by placing the required information on the World Rowing's website and leaving the information up for the longer of one (1) month or the duration of any period of Ineligibility, after which it will be removed from World Rowing's website.
- 14.3.6 Except as provided in Articles 14.3.1 and 14.3.3, no Anti-Doping Organisation, Member Federation, or WADA-accredited laboratory, or any official of any such body, shall publicly comment on the specific facts of any pending case (as opposed to general description of process and science) except in response to public comments attributed to, or based on information provided by, the Rower, other Person or their entourage or other representatives.
- 14.3.7 The mandatory Public Disclosure required in Article 14.3.2 shall not be required where the Rower or other Person who has been found to have committed an anti-doping rule violation is a Minor, Protected Person or Recreational Rower. Any optional Public Disclosure in a case involving a Minor, Protected Person or Recreational Rower shall be proportionate to the facts and circumstances of the case.

14.4 Statistical Reporting

World Rowing shall, at least annually, publish publicly a general statistical report of its Doping Control activities, with a copy provided to WADA. World Rowing may also publish reports showing the name of each Rower tested and the date of each Testing.

⁶⁹ [Comment to Article 14.3.2: Where Public Disclosure as required by Article 14.3.2 would result in a breach of other applicable laws, World Rowing's failure to make the Public Disclosure will not result in a determination of non-compliance with Code as set forth in Article 4.1 of the International Standard for the Protection of Privacy and Personal Information.]

14.5 Doping Control Information Database and Monitoring of Compliance

To enable WADA to perform its compliance monitoring role and to ensure the effective use of resources and sharing of applicable Doping Control information among Anti-Doping Organisations, World Rowing shall report to WADA through ADAMS Doping Control-related information, including, in particular:

- a. Athlete Biological Passport data for International-Level Rowers and National-Level Rowers,
- b. Whereabouts information for Rowers including those in Registered Testing Pools,
- c. TUE decisions, and
- d. Results Management decisions,

as required under the applicable International Standard(s).

14.5.5 To facilitate coordinated test distribution planning, avoid unnecessary duplication in Testing by various Anti-Doping Organisations, and to ensure that Athlete Biological Passport profiles are updated, World Rowing shall report all In-Competition and Out-of-Competition tests to WADA by entering the Doping Control forms into ADAMS in accordance with the requirements and timelines contained in the International Standard for Testing and Investigations.

14.5.6 To facilitate WADA's oversight and appeal rights for TUEs, World Rowing shall report all TUE applications, decisions and supporting documentation using ADAMS in accordance with the requirements and timelines contained in the International Standard for Therapeutic Use Exemptions.

14.5.7 To facilitate WADA's oversight and appeal rights for Results Management, World Rowing shall report the following information into ADAMS in accordance with the requirements and timelines outlined in the International Standard for Results Management: (a) notifications of anti-doping rule violations and related decisions for Adverse Analytical Findings; (b) notifications and related decisions for other anti-doping rule violations that are not Adverse Analytical Findings; (c) whereabouts failures; and (d) any decision imposing, lifting or reinstating a Provisional Suspension.

14.5.8 The information described in this Article will be made accessible, where appropriate and in accordance with the applicable rules, to the Rower, the Rower's National Anti-Doping Organisation, and any other Anti-Doping Organisations with Testing authority over the Rower.

14.6 Data Privacy

14.6.1 World Rowing may collect, store, process or disclose personal information relating to Rowers and other Persons where necessary and appropriate to conduct its Anti-Doping Activities under the Code, the International Standards (including specifically the International Standard for the Protection of Privacy and Personal Information), these Anti-Doping Bye-Laws, and in compliance with applicable law.

14.6.2 Without limiting the foregoing, World Rowing shall:

- a. Only process personal information in accordance with a valid legal ground;
- b. Notify any Participant or Person subject to these Anti-Doping Bye-Laws, in a manner and form that complies with applicable laws and the International Standard for the Protection of Privacy and Personal Information, that their personal information may be processed by World Rowing and other Persons for the purpose of the implementation of these Anti-Doping Bye-Laws;
- c. Ensure that any third-party agents (including any Delegated Third Party) with whom World Rowing shares the personal information of any Participant or

Person is subject to appropriate technical and contractual controls to protect the confidentiality and privacy of such information.

ARTICLE 15 IMPLEMENTATION OF DECISIONS

15.1 Automatic Binding Effect of Decisions by Signatory Anti-Doping Organisations

- 15.1.1 *A decision of an anti-doping rule violation made by a Signatory Anti-Doping Organisation, an appellate body (Article 13.2.2 of the Code) or CAS shall, after the parties to the proceeding are notified, automatically be binding beyond the parties to the proceeding upon World Rowing and its Member Federations, as well as every Signatory in every sport with the effects described below:*
- 15.1.1.1 *A decision by any of the above-described bodies imposing a Provisional Suspension (after a Provisional Hearing has occurred or the Rower or other Person has either accepted the Provisional Suspension or has waived the right to a Provisional Hearing, expedited hearing or expedited appeal offered in accordance with Article 7.4.3) automatically prohibits the Rower or other Person from participation (as described in Article 10.14.1) in all sports within the authority of any Signatory during the Provisional Suspension.*
- 15.1.1.2 *A decision by any of the above-described bodies imposing a period of Ineligibility (after a hearing has occurred or been waived) automatically prohibits the Rower or other Person from participation (as described in Article 10.14.1) in all sports within the authority of any Signatory for the period of Ineligibility.*
- 15.1.1.3 *A decision by any of the above-described bodies accepting an anti-doping rule violation automatically binds all Signatories.*
- 15.1.1.4 *A decision by any of the above-described bodies to Disqualify results under Article 10.10 for a specified period automatically Disqualifies all results obtained within the authority of any Signatory during the specified period.*
- 15.1.2 *World Rowing and its Member Federations shall recognise and implement a decision and its effects as required by Article 15.1.1, without any further action required, on the earlier of the date World Rowing receives actual notice of the decision or the date the decision is placed into ADAMS.*
- 15.1.3 *A decision by an Anti-Doping Organisation, a national appellate body or CAS to suspend, or lift, Consequences shall be binding upon World Rowing and its Member Federations without any further action required, on the earlier of the date World Rowing receives actual notice of the decision or the date the decision is placed into ADAMS.*
- 15.1.4 *Notwithstanding any provision in Article 15.1.1, however, a decision of an anti-doping rule violation by a Major Event Organisation made in an expedited process during an Event shall not be binding on World Rowing or its Member Federations unless the rules of the Major Event Organisation provide the Rower or other Person with an opportunity to an appeal under non-expedited procedures.⁷⁰*

⁷⁰ [Comment to Article 15.1.4: By way of example, where the rules of the Major Event Organisation give the Rower or other Person the option of choosing an expedited CAS appeal or a CAS appeal under normal CAS procedure, the final decision or adjudication by the Major Event Organisation is binding on other Signatories regardless of whether the Rower or other Person chooses the expedited appeal option.]

15.2 Implementation of Other Decisions by Anti-Doping Organisations

World Rowing and its Member Federations may decide to implement other anti-doping decisions rendered by Anti-Doping Organisations not described in Article 15.1.1 above, such as a Provisional Suspension prior to a Provisional Hearing or acceptance by the Rower or other Person.⁷¹

15.3 Implementation of Decisions by Body that is not a Signatory

An anti-doping decision by a body that is not a Signatory to the Code shall be implemented by World Rowing and its Member Federations, if World Rowing finds that the decision purports to be within the authority of that body and the anti-doping rules of that body are otherwise consistent with the Code.⁷²

ARTICLE 16 STATUTE OF LIMITATIONS

No anti-doping rule violation proceeding may be commenced against a Rower or other Person unless he or she has been notified of the anti-doping rule violation as provided in Article 7, or notification has been reasonably attempted, within ten (10) years from the date the violation is asserted to have occurred.

ARTICLE 17 EDUCATION

World Rowing shall plan, implement, evaluate and promote Education in line with the requirements of Article 18.2 of the Code and the International Standard for Education.

World Rowing may decide to request that Rowers complete Educational activities before and/or during their participation in select Events (e.g: Youth World Championships) as a condition of such participation. The list of Events for which Rowers will be required to complete Educational activities as a condition of participation will be published on World Rowing's website.

ARTICLE 18 ADDITIONAL ROLES AND RESPONSIBILITIES OF MEMBER FEDERATIONS

18.1 All Member Federations and their members shall comply with the Code, International Standards, and these Anti-Doping Bye-Laws. All Member Federations and other members shall include in their policies, rules and programs the provisions necessary to ensure that World Rowing may enforce these Anti-Doping Bye-Laws (including carrying out Testing) directly in respect of Rowers (including National-Level Rowers) and other Persons under their anti-doping authority as specified in the Introduction to these Anti-Doping Bye-Laws (Section "Scope of these Anti-Doping Bye-Laws").

71 [Comment to Articles 15.1 and 15.2: Anti-Doping Organisation decisions under Article 15.1 are implemented automatically by other Signatories without the requirement of any decision or further action on the Signatories' part. For example, when a National Anti-Doping Organisation decides to Provisionally Suspend a Rower, that decision is given automatic effect at the International Federation level. To be clear, the "decision" is the one made by the National Anti-Doping Organisation, there is not a separate decision to be made by the International Federation. Thus, any claim by the Rower that the Provisional Suspension was improperly imposed can only be asserted against the National Anti-Doping Organisation. Implementation of Anti-Doping Organisations' decisions under Article 15.2 is subject to each Signatory's discretion. A Signatory's implementation of a decision under Article 15.1 or Article 15.2 is not appealable separately from any appeal of the underlying decision. The extent of recognition of TUE decisions of other Anti-Doping Organisations shall be determined by Article 4.4 and the International Standard for Therapeutic Use Exemptions.]s

72 [Comment to Article 15.3: Where the decision of a body that has not accepted the Code is in some respects Code compliant and in other respects not Code compliant, World Rowing, other Signatories and Member Federations should attempt to apply the decision in harmony with the principles of the Code. For example, if in a process consistent with the Code a non-Signatory has found a Rower to have committed an anti-doping rule violation on account of the presence of a Prohibited Substance in the Rower's body but the period of Ineligibility applied is shorter than the period provided for in the Code, then World Rowing and all other Signatories should recognise the finding of an anti-doping rule violation and the Rower's National Anti-Doping Organisation should conduct a hearing consistent with Article 8 to determine whether the longer period of Ineligibility provided in the Code should be imposed. World Rowing or other Signatory's implementation of a decision, or their decision not to implement a decision under Article 15.3, is appealable under Article 13.]

- 18.2 *Each Member Federation shall incorporate these Anti-Doping Bye-Laws either directly or by reference into its governing documents, constitution and/or rules as part of the rules of sport that bind their members so that the Member Federation may enforce them itself directly in respect of Rowers (including National-Level Rowers) and other Persons under its anti-doping authority.*
- 18.3 *By adopting these Anti-Doping Bye-Laws, and incorporating them into their governing documents and rules of sport, Member Federations shall cooperate with and support World Rowing in that function. They shall also recognise, abide by and implement the decisions made pursuant to these Anti-Doping Bye-Laws, including the decisions imposing sanctions on Persons under their authority.*
- 18.4 *All Member Federations shall take appropriate action to enforce compliance with the Code, International Standards, and these Anti-Doping Bye-Laws by inter alia:*
- i. conducting Testing only under the documented authority of World Rowing and using their National Anti-Doping Organisation or other Sample collection authority to collect Samples in compliance with the International Standard for Testing and Investigations;*
 - ii. recognising the authority of the National Anti-Doping Organisation in their country in accordance with Article 5.2.1 of the Code and assisting as appropriate with the National Anti-Doping Organisation's implementation of the national Testing program for their sport;*
 - iii. analysing all Samples collected using a WADA-accredited or WADA-approved laboratory in accordance with Article 6.1; and*
 - iv. ensuring that any national level anti-doping rule violation cases discovered by Member Federations are adjudicated by an Operationally Independent hearing panel in accordance with Article 8.1 and the International Standard for Results Management.*
- 18.5 *All Member Federations shall establish rules requiring all Rowers preparing for or participating in a Competition or activity authorised or organised by a Member Federation or one of its member organisations, and all Athlete Support Personnel associated with such Rowers, to agree to be bound by these Anti-Doping Bye-Laws and to submit to the Results Management authority of the Anti-Doping Organisation in conformity with the Code as a condition of such participation.*
- 18.6 *All Member Federations shall report any information suggesting or relating to an anti-doping rule violation to World Rowing and to their National Anti-Doping Organisations and shall cooperate with investigations conducted by any Anti-Doping Organisation with authority to conduct the investigation.*
- 18.7 *All Member Federations shall have disciplinary rules in place to prevent Athlete Support Personnel who are Using Prohibited Substances or Prohibited Methods without valid justification from providing support to Rowers under the authority of World Rowing or the Member Federation.*
- 18.8 *All Member Federations shall conduct anti-doping Education in coordination with their National Anti-Doping Organisations.*
- 18.9 *All Member Federations shall ensure that their Rowers comply with their obligations to provide whereabouts information under Article 5.5. Failure by a Member Federation to cooperate timely and fully with World Rowing in the collection of whereabouts information may result in disciplinary sanctions against the Member Federation under the World Rowing's disciplinary rules, in addition to the consequences set forth in Article 12.*

ARTICLE 19 ADDITIONAL Roles and responsibilities OF WORLD ROWING

- 19.1 *In addition to the roles and responsibilities described in Article 20.3 of the Code for International Federations, World Rowing shall report to WADA on World Rowing's compliance with the Code and the International Standards in accordance with Article 24.1.2 of the Code.*
- 19.2 *Subject to applicable law, and in accordance with Article 20.3.4 of the Code, all World Rowing board members, directors, officers, employees and those of appointed Delegated Third Parties*

who are involved in any aspect of Doping Control, must sign a form provided by World Rowing, agreeing to be bound by these Anti-Doping Bye-Laws as Persons in conformity with the Code for direct and intentional misconduct.

- 19.3 Subject to applicable law, and in accordance with Article 20.3.5 of the Code, any World Rowing employee who is involved in Doping Control (other than authorised anti-doping Education or rehabilitation programs) must sign a statement provided by World Rowing confirming that they are not Provisionally Suspended or serving a period of Ineligibility and have not been directly or intentionally engaged in conduct within the previous six (6) years which would have constituted a violation of anti-doping rules if Code-compliant rules had been applicable to them.

ARTICLE 20 ADDITIONAL ROLES AND RESPONSIBILITIES OF ROWERS

- 20.1 To be knowledgeable of and comply with these Anti-Doping Bye-Laws.
- 20.2 To be available for Sample collection at all times.⁷³
- 20.3 To take responsibility, in the context of anti-doping, for what they ingest and Use.
- 20.4 To inform medical personnel of their obligation not to Use Prohibited Substances and Prohibited Methods and to take responsibility to make sure that any medical treatment received does not violate these Anti-Doping Bye-Laws.
- 20.5 To disclose to World Rowing and their National Anti-Doping Organisation any decision by a non-Signatory finding that the Rower committed an anti-doping rule violation within the previous ten (10) years.
- 20.6 To cooperate with Anti-Doping Organisations investigating anti-doping rule violations.
Failure by any Rower to cooperate in full with Anti-Doping Organisations investigating anti-doping rule violations may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.
- 20.7 To disclose the identity of their Athlete Support Personnel upon request by World Rowing or a Member Federation, or any other Anti-Doping Organisation with authority over the Rower.
- 20.8 Offensive conduct towards a Doping Control official or other Person involved in Doping Control by a Rower, which does not otherwise constitute Tampering, may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.

ARTICLE 21 ADDITIONAL ROLES AND RESPONSIBILITIES OF ATHLETE SUPPORT PERSONNEL

- 21.1 To be knowledgeable of and comply with these Anti-Doping Bye-Laws.
- 21.2 To cooperate with the Rower Testing program.
- 21.3 To use their influence on Rower values and behaviour to foster anti-doping attitudes.
- 21.4 To disclose to World Rowing and their National Anti-Doping Organisation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.
- 21.5 To cooperate with Anti-Doping Organisations investigating anti-doping rule violations.
Failure by any Athlete Support Personnel to cooperate in full with Anti-Doping Organisations investigating anti-doping rule violations may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.
- 21.6 Athlete Support Personnel shall not Use or Possess any Prohibited Substance or Prohibited Method without valid justification.

⁷³ [Comment to Article 20.2: With due regard to a Rower's human rights and privacy, legitimate anti-doping considerations sometimes require Sample collection late at night or early in the morning. For example, it is known that some athletes use low doses of EPO during these hours so that it will be undetectable in the morning.]

Any such Use or Possession may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.

- 21.7 *Offensive conduct towards a Doping Control official or other Person involved in Doping Control by Athlete Support Personnel, which does not otherwise constitute Tampering, may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.*

ARTICLE 22 ADDITIONAL ROLES AND RESPONSIBILITIES OF OTHER PERSONS SUBJECT TO THESE ANTI-DOPING Bye-Laws.

- 22.1 *To be knowledgeable of and comply with these Anti-Doping Bye-Laws.*
- 22.2 *To disclose to World Rowing and their National Anti-Doping Organisation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.*
- 22.3 *To cooperate with Anti-Doping Organisations investigating anti-doping rule violations.*
Failure by any other Person subject to these Anti-Doping Bye-Laws to cooperate in full with Anti-Doping Organisations investigating anti-doping rule violations may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.
- 22.4 *Not to Use or Possess any Prohibited Substance or Prohibited Method without valid justification.*
- 22.5 *Offensive conduct towards a Doping Control official or other Person involved in Doping Control by a Person, which does not otherwise constitute Tampering, may result in a charge of misconduct under World Rowing's Judicial Provisions, Articles 62 to 66 of the World Rowing Statutes.*

ARTICLE 23 INTERPRETATION OF THE CODE

- 23.1 *The official text of the Code shall be maintained by WADA and shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.*
- 23.2 *The comments annotating various provisions of the Code shall be used to interpret the Code.*
- 23.3 *The Code shall be interpreted as an independent and autonomous text and not by reference to the existing law or statutes of the Signatories or governments.*
- 23.4 *The headings used for the various Parts and Articles of the Code are for convenience only and shall not be deemed part of the substance of the Code or to affect in any way the language of the provisions to which they refer.*
- 23.5 *Where the term "days" is used in the Code or an International Standard, it shall mean calendar days unless otherwise specified.*
- 23.6 *The Code shall not apply retroactively to matters pending before the date the Code is accepted by a Signatory and implemented in its rules. However, pre-Code anti-doping rule violations would continue to count as "First violations" or "Second violations" for purposes of determining sanctions under Article 10 for subsequent post-Code violations.*
- 23.7 *The Purpose, Scope and Organisation of the World Anti-Doping Program and the Code and Appendix 1, Definitions shall be considered integral parts of the Code.*

ARTICLE 24 FINAL PROVISIONS

- 24.1 *Where the term "days" is used in these Anti-Doping Bye-Laws, it shall mean calendar days unless otherwise specified.*
- 24.2 *These Anti-Doping Bye-Laws shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.*

- 24.3 *These Anti-Doping Bye-Laws have been adopted pursuant to the applicable provisions of the Code and the International Standards and shall be interpreted in a manner that is consistent with applicable provisions of the Code and the International Standards. The Code and the International Standards shall be considered integral parts of these Anti-Doping Bye-Laws and shall prevail in case of conflict.*
- 24.4 *The Introduction and Appendix 1 shall be considered integral parts of these Anti-Doping Bye-Laws.*
- 24.5 *The comments annotating various provisions of these Anti-Doping Bye-Laws shall be used to interpret these Anti-Doping Bye-Laws.*
- 24.6 *These Anti-Doping Bye-Laws shall enter into force on 1 January 2021 (the “Effective Date”). They repeal previous versions of World Rowing’s Anti-Doping Bye-Laws.*
- 24.7 *These Anti-Doping Bye-Laws shall not apply retroactively to matters pending before the Effective Date. However:*
- 24.7.1 *Anti-doping rule violations taking place prior to the Effective Date count as “first violations” or “second violations” for purposes of determining sanctions under Article 10 for violations taking place after the Effective Date.*
- 24.7.2 *Any anti-doping rule violation case which is pending as of the Effective Date and any anti-doping rule violation case brought after the Effective Date based on an anti-doping rule violation which occurred prior to the Effective Date, shall be governed by the substantive anti-doping Bye-Laws in effect at the time the alleged anti-doping rule violation occurred, and not by the substantive anti-doping rules set out in these Anti-Doping Bye-Laws, unless the panel hearing the case determines the principle of “lex mitior” appropriately applies under the circumstances of the case. For these purposes, the retrospective periods in which prior violations can be considered for purposes of multiple violations under Article 10.9.4 and the statute of limitations set forth in Article 16 are procedural rules, not substantive rules, and should be applied retroactively along with all of the other procedural rules in these Anti-Doping Bye-Laws (provided, however, that Article 16 shall only be applied retroactively if the statute of limitation period has not already expired by the Effective Date).*
- 24.7.3 *Any Article 2.4 whereabouts failure (whether a filing failure or a missed test, as those terms are defined in the International Standard for Results Management) prior to the Effective Date shall be carried forward and may be relied upon, prior to expiry, in accordance with the International Standard for Results Management, but it shall be deemed to have expired twelve (12) months after it occurred.*
- 24.7.4 *With respect to cases where a final decision finding an anti-doping rule violation has been rendered prior to the Effective Date, but the Rower or other Person is still serving the period of Ineligibility as of the Effective Date, the Rower or other Person may apply to World Rowing or other Anti-Doping Organisation which had Results Management responsibility for the anti-doping rule violation to consider a reduction in the period of Ineligibility in light of these Anti-Doping Bye-Laws. Such application must be made before the period of Ineligibility has expired. The decision rendered may be appealed pursuant to Article 13.2. These Anti-Doping Bye-Laws shall have no application to any case where a final decision finding an anti-doping rule violation has been rendered and the period of Ineligibility has expired.*
- 24.7.5 *For purposes of assessing the period of Ineligibility for a second violation under Article 10.9.1, where the sanction for the first violation was determined based on rules in force prior to the Effective Date, the period of Ineligibility which would have been*

assessed for that first violation had these Anti-Doping Bye-Laws been applicable, shall be applied.⁷⁴

- 24.76 Changes to the Prohibited List and Technical Documents relating to substances or methods on the Prohibited List shall not, unless they specifically provide otherwise, be applied retroactively. As an exception, however, when a Prohibited Substance or a Prohibited Method has been removed from the Prohibited List, a Rower or other Person currently serving a period of Ineligibility on account of the formerly Prohibited Substance or Prohibited Method may apply to World Rowing or other Anti-Doping Organisation which had Results Management responsibility for the anti-doping rule violation to consider a reduction in the period of Ineligibility in light of the removal of the substance or method from the Prohibited List.

APPENDIX 1 DEFINITIONS⁷⁵

ADAMS: The Anti-Doping Administration and Management System is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.

Administration: Providing, supplying, supervising, facilitating, or otherwise participating in the Use or Attempted Use by another Person of a Prohibited Substance or Prohibited Method. However, this definition shall not include the actions of bona fide medical personnel involving a Prohibited Substance or Prohibited Method Used for genuine and legal therapeutic purposes or other acceptable justification and shall not include actions involving Prohibited Substances which are not prohibited in Out-of-Competition Testing unless the circumstances as a whole demonstrate that such Prohibited Substances are not intended for genuine and legal therapeutic purposes or are intended to enhance sport performance.

Adverse Analytical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory that, consistent with the International Standard for Laboratories, establishes in a Sample the presence of a Prohibited Substance or its Metabolites or Markers or evidence of the Use of a Prohibited Method.

Adverse Passport Finding: A report identified as an Adverse Passport Finding as described in the applicable International Standards.

Aggravating Circumstances: Circumstances involving, or actions by, a Rower or other Person which may justify the imposition of a period of Ineligibility greater than the standard sanction. Such circumstances and actions shall include, but are not limited to: the Rower or other Person Used or Possessed multiple Prohibited Substances or Prohibited Methods, Used or Possessed a Prohibited Substance or Prohibited Method on multiple occasions or committed multiple other anti-doping rule violations; a normal individual would be likely to enjoy the performance-enhancing effects of the anti-doping rule violation(s) beyond the otherwise applicable period of Ineligibility; the Rower or Person engaged in deceptive or obstructive conduct to avoid the detection or adjudication of an anti-doping rule violation; or the Rower or other Person engaged in Tampering during Results Management. For the avoidance of doubt, the examples of circumstances and conduct described herein are not exclusive and other similar circumstances or conduct may also justify the imposition of a longer period of Ineligibility.

Anti-Doping Activities: Anti-doping Education and information, test distribution planning, maintenance of a Registered Testing Pool, managing Rower Biological Passports, conducting Testing, organising analysis of Samples, gathering of intelligence and conduct of investigations, processing of TUE applications, Results Management, monitoring and enforcing compliance with any Consequences

⁷⁴ [Comment to Article 24.7.5: Other than the situation described in Article 24.7.5, where a final decision finding an anti-doping rule violation has been rendered prior to the Effective Date and the period of Ineligibility imposed has been completely served, these Anti-Doping Bye-Laws may not be used to re-characterise the prior violation.]

⁷⁵ [Comment to Definitions: Defined terms shall include their plural and possessive forms, as well as those terms used as other parts of speech.]

imposed, and all other activities related to anti-doping to be carried out by or on behalf of an Anti-Doping Organisation, as set out in the Code and/or the International Standards.

Anti-Doping Organisation: WADA or a Signatory that is responsible for adopting rules for initiating, implementing or enforcing any part of the Doping Control process. This includes, for example, the International Olympic Committee, the International Paralympic Committee, and other Major Event Organisations that conduct Testing at their Events, International Federations, and National Anti-Doping Organisations.

Athlete Biological Passport: The program and methods of gathering and collating data as described in the International Standard for Testing and Investigations and International Standard for Laboratories.

Athlete Support Personnel: Any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any other Person working with, treating or assisting a Rower participating in or preparing for sports Competition.

Attempt: Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an Attempt to commit a violation if the Person renounces the Attempt prior to it being discovered by a third party not involved in the Attempt.

Atypical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory which requires further investigation as provided by the International Standard for Laboratories or related Technical Documents prior to the determination of an Adverse Analytical Finding.

Atypical Passport Finding: A report described as an Atypical Passport Finding as described in the applicable International Standards.

CAS: The Court of Arbitration for Sport.

Code: The World Anti-Doping Code.

Competition: A single race, match, game or singular sport contest. For example, a basketball game or the finals of the Olympic 100-meter race in athletics. The distinction between a Competition and an Event will be as provided in the rules of World Rowing. A Competition is a single race and an Event is a regatta.

Consequences of Anti-Doping Rule Violations (“Consequences”): A Rower’s or other Person’s violation of an anti-doping rule may result in one or more of the following: (a) Disqualification means the Rower’s results in a particular Competition or Event are invalidated, with all resulting Consequences including forfeiture of any medals, points and prizes; (b) Ineligibility means the Rower or other Person is barred on account of an anti-doping rule violation for a specified period of time from participating in any Competition or other activity or funding as provided in Article 10.14; (c) Provisional Suspension means the Rower or other Person is barred temporarily from participating in any Competition or activity prior to the final decision at a hearing conducted under Article 8; (d) Financial Consequences means a financial sanction imposed for an anti-doping rule violation or to recover costs associated with an anti-doping rule violation; and (e) Public Disclosure means the dissemination or distribution of information to the general public or Persons beyond those Persons entitled to earlier notification in accordance with Article 14. Crews may also be subject to Consequences as provided in Article 11.

Contaminated Product: A product that contains a Prohibited Substance that is not disclosed on the product label or in information available in a reasonable Internet search.

Decision Limit: The value of the result for a threshold substance in a Sample, above which an Adverse Analytical Finding shall be reported, as defined in the International Standard for Laboratories.

Delegated Third Party: Any Person to which World Rowing delegates any aspect of Doping Control or anti-doping Education programs including, but not limited to, third parties or other Anti-Doping Organisations that conduct Sample collection or other Doping Control services or anti-doping Educational programs for World Rowing, or individuals serving as independent contractors who perform

Doping Control services for World Rowing (e.g., non-employee Doping Control officers or chaperones). This definition does not include CAS.

Disqualification: *See Consequences of Anti-Doping Rule Violations above.*

Doping Control: *All steps and processes from test distribution planning through to ultimate disposition of any appeal and the enforcement of Consequences, including all steps and processes in between, including but not limited to Testing, investigations, whereabouts, TUEs, Sample collection and handling, laboratory analysis, Results Management, and investigations or proceedings relating to violations of Article 10.14 (Status During Ineligibility or Provisional Suspension).*

Education: *The process of learning to instill values and develop behaviors that foster and protect the spirit of sport, and to prevent intentional and unintentional doping.*

Event: *A series of individual Competitions conducted together under one ruling body (e.g., the Olympic Games, World Rowing Championships, or Pan American Games).*

Event Period: *The time between the beginning and end of an Event, as established by the ruling body of the Event. For World Rowing, the Event Period is considered the period which starts at 11:59 p.m. of the day before the Event and finishes at 11:59 p.m. of the day on which the Event ends.*

Event Venues: *Those venues so designated by the ruling body for the Event. For World Rowing, the Event Venues are the official warming, training, accommodation and Competition venues of the Event.*

Fault: *Fault is any breach of duty or any lack of care appropriate to a particular situation. Factors to be taken into consideration in assessing a Rower's or other Person's degree of Fault include, for example, the Rower's or other Person's experience, whether the Rower or other Person is a Protected Person, special considerations such as impairment, the degree of risk that should have been perceived by the Rower and the level of care and investigation exercised by the Rower in relation to what should have been the perceived level of risk. In assessing the Rower's or other Person's degree of Fault, the circumstances considered must be specific and relevant to explain the Rower's or other Person's departure from the expected standard of behaviour. Thus, for example, the fact that a Rower would lose the opportunity to earn large sums of money during a period of Ineligibility, or the fact that the Rower only has a short time left in a career, or the timing of the sporting calendar, would not be relevant factors to be considered in reducing the period of Ineligibility under Article 10.6.1 or 10.6.2.⁷⁶*

Financial Consequences: *See Consequences of Anti-Doping Rule Violations above.*

In-Competition: *The period commencing at 11:59 p.m. on the day before a Competition in which the Rower is scheduled to participate through the end of such Competition and the Sample collection process related to such Competition.⁷⁷*

Independent Observer Program: *A team of observers and/or auditors, under the supervision of WADA, who observe and provide guidance on the Doping Control process prior to or during certain Events and report on their observations as part of WADA's compliance monitoring program.*

Individual Sport: *Any sport that is not a Team Sport.*

Ineligibility: *See Consequences of Anti-Doping Rule Violations above.*

Institutional Independence: *Hearing panels on appeal shall be fully independent institutionally from the Anti-Doping Organisation responsible for Results Management. They must therefore not in*

⁷⁶ [Comment to Fault: The criterion for assessing a Rower's degree of Fault is the same under all Articles where Fault is to be considered. However, under Article 10.6.2, no reduction of sanction is appropriate unless, when the degree of Fault is assessed, the conclusion is that No Significant Fault or Negligence on the part of the Rower or other Person was involved.]

⁷⁷ [Comment to In-Competition: Having a universally accepted definition for In-Competition provides greater harmonisation across all sports, eliminates or reduces confusion among Rowers about the relevant timeframe for In-Competition Testing, avoids inadvertent Adverse Analytical Findings in between Competitions during an Event and assists in preventing any potential performance enhancement benefits from substances prohibited Out-of-Competition being carried over to the Competition period.]

any way be administered by, connected or subject to the Anti-Doping Organisation responsible for Results Management.

International Event: An Event or Competition where the International Olympic Committee, the International Paralympic Committee, an International Federation, a Major Event Organisation, or another international sport organisation is the ruling body for the Event or appoints the technical officials for the Event.

International-Level Rower: Rowers who compete in sport at the international level, as defined by each International Federation, consistent with the International Standard for Testing and Investigations. For the sport of rowing, International-Level Rowers are defined as set out in the Scope section of the Introduction to these Anti-Doping Bye-Laws.⁷⁸

International Standard: A standard adopted by WADA in support of the Code. Compliance with an International Standard (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the International Standard were performed properly. International Standards shall include any Technical Documents issued pursuant to the International Standard.

Major Event Organisations: The continental associations of National Olympic Committees and other international multi-sport organisations that function as the ruling body for any continental, regional or other International Event.

Marker: A compound, group of compounds or biological variable(s) that indicates the Use of a Prohibited Substance or Prohibited Method.

Metabolite: Any substance produced by a biotransformation process.

Minimum Reporting Level: The estimated concentration of a Prohibited Substance or its Metabolite(s) or Marker(s) in a Sample below which WADA-accredited laboratories should not report that Sample as an Adverse Analytical Finding.

Minor: A natural Person who has not reached the age of eighteen (18) years.

National Anti-Doping Organisation: The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of Samples, manage test results, and conduct Results Management at the national level. If this designation has not been made by the competent public authority(ies), the entity shall be the country's National Olympic Committee or its designee.

National Event: A sport Event or Competition involving International- or National-Level Rowers that is not an International Event.

Member Federation: A national or regional entity which is a member of or is recognised by World Rowing as the entity governing rowing in that nation or region.

National-Level Rower: Rowers who compete in sport at the national level, as defined by each National Anti-Doping Organisation, consistent with the International Standard for Testing and Investigations.

National Olympic Committee: The organisation recognised by the International Olympic Committee. The term National Olympic Committee shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical National Olympic Committee responsibilities in the anti-doping area.

No Fault or Negligence: The Rower or other Person's establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or

⁷⁸ [Comment to International-Level Rower: Consistent with the International Standard for Testing and Investigations, World Rowing is free to determine the criteria it will use to classify Rowers as International-Level Rowers, e.g., by ranking, by participation in particular International Events, by type of license, etc. However, it must publish those criteria in clear and concise form, so that Rowers are able to ascertain quickly and easily when they will become classified as International-Level Rowers. For example, if the criteria include participation in certain International Events, then the International Federation must publish a list of those International Events.]

she had Used or been administered the Prohibited Substance or Prohibited Method or otherwise violated an anti-doping rule. Except in the case of a Protected Person or Recreational Rower, for any violation of Article 2.1, the Rower must also establish how the Prohibited Substance entered the Rower's system.

No Significant Fault or Negligence: The Rower or other Person's establishing that any Fault or Negligence, when viewed in the totality of the circumstances and taking into account the criteria for No Fault or Negligence, was not significant in relationship to the anti-doping rule violation. Except in the case of a Protected Person or Recreational Rower, for any violation of Article 2.1, the Rower must also establish how the Prohibited Substance entered the Rower's system.

Operational Independence: This means that (1) board members, staff members, commission members, consultants and officials of the Anti-Doping Organisation with responsibility for Results Management or its affiliates (e.g., member federation or confederation), as well as any Person involved in the investigation and pre-adjudication of the matter cannot be appointed as members and/or clerks (to the extent that such clerk is involved in the deliberation process and/or drafting of any decision) of hearing panels of that Anti-Doping Organisation with responsibility for Results Management and (2) hearing panels shall be in a position to conduct the hearing and decision-making process without interference from the Anti-Doping Organisation or any third party. The objective is to ensure that members of the hearing panel or individuals otherwise involved in the decision of the hearing panel, are not involved in the investigation of, or decisions to proceed with, the case.

Out-of-Competition: Any period which is not In-Competition.

Participant: Any Rower or Rower Support Person.

Person: A natural Person or an organisation or other entity.

Possession: The actual, physical Possession, or the constructive Possession (which shall be found only if the Person has exclusive control or intends to exercise control over the Prohibited Substance or Prohibited Method or the premises in which a Prohibited Substance or Prohibited Method exists); provided, however, that if the Person does not have exclusive control over the Prohibited Substance or Prohibited Method or the premises in which a Prohibited Substance or Prohibited Method exists, constructive Possession shall only be found if the Person knew about the presence of the Prohibited Substance or Prohibited Method and intended to exercise control over it. Provided, however, there shall be no anti-doping rule violation based solely on Possession if, prior to receiving notification of any kind that the Person has committed an anti-doping rule violation, the Person has taken concrete action demonstrating that the Person never intended to have Possession and has renounced Possession by explicitly declaring it to an Anti-Doping Organisation. Notwithstanding anything to the contrary in this definition, the purchase (including by any electronic or other means) of a Prohibited Substance or Prohibited Method constitutes Possession by the Person who makes the purchase.⁷⁹

Prohibited List: The List identifying the Prohibited Substances and Prohibited Methods.

Prohibited Method: Any method so described on the Prohibited List.

Prohibited Substance: Any substance, or class of substances, so described on the Prohibited List.

Protected Person: A Rower or other natural Person who at the time of the anti-doping rule violation: (i) has not reached the age of sixteen (16) years; (ii) has not reached the age of eighteen (18) years and is not included in any Registered Testing Pool and has never competed in any International Event in

⁷⁹ [Comment to Possession: Under this definition, anabolic steroids found in a Rower's car would constitute a violation unless the Rower establishes that someone else used the car; in that event, World Rowing must establish that, even though the Rower did not have exclusive control over the car, the Rower knew about the anabolic steroids and intended to have control over them. Similarly, in the example of anabolic steroids found in a home medicine cabinet under the joint control of a Rower and spouse, World Rowing must establish that the Rower knew the anabolic steroids were in the cabinet and that the Rower intended to exercise control over them. The act of purchasing a Prohibited Substance alone constitutes Possession, even where, for example, the product does not arrive, is received by someone else, or is sent to a third party address.]

an open category; or (iii) for reasons other than age has been determined to lack legal capacity under applicable national legislation.⁸⁰

Provisional Hearing: For purposes of Article 7.4.3, an expedited abbreviated hearing occurring prior to a hearing under Article 8 that provides the Rower with notice and an opportunity to be heard in either written or oral form.⁸¹

Provisional Suspension: See Consequences of Anti-Doping Rule Violations above.

Publicly Disclose: See Consequences of Anti-Doping Rule Violations above.

Recreational Rower: A natural Person who is so defined by the relevant National Anti-Doping Organisation; provided, however, the term shall not include any Person who, within the five (5) years prior to committing any anti-doping rule violation, has been an International-Level Rower (as defined by each International Federation consistent with the International Standard for Testing and Investigations) or National-Level Rower (as defined by each National Anti-Doping Organisation consistent with the International Standard for Testing and Investigations), has represented any country in an International Event in an open category or has been included within any Registered Testing Pool or other whereabouts information pool maintained by any International Federation or National Anti-Doping Organisation.⁸²

Regional Anti-Doping Organisation: A regional entity designated by member countries to coordinate and manage delegated areas of their national anti-doping programs, which may include the adoption and implementation of anti-doping rules, the planning and collection of Samples, the management of results, the review of TUEs, the conduct of hearings, and the conduct of Educational programs at a regional level.

Registered Testing Pool: The pool of highest-priority Rowers established separately at the international level by International Federations and at the national level by National Anti-Doping Organisations, who are subject to focused In-Competition and Out-of-Competition Testing as part of that International Federation's or National Anti-Doping Organisation's test distribution plan and therefore are required to provide whereabouts information as provided in Article 5.5 and the International Standard for Testing and Investigations.

Results Management: The process encompassing the timeframe between notification as per Article 5 of the International Standard for Results Management, or in certain cases (e.g., Atypical Finding, Rower Biological Passport, whereabouts failure), such pre-notification steps expressly provided for in Article 5 of the International Standard for Results Management, through the charge until the final resolution of the matter, including the end of the hearing process at first instance or on appeal (if an appeal was lodged).

Rower: Any Person who competes in the sport of rowing at the international level (as defined by World Rowing) or the national level (as defined by each National Anti-Doping Organisation). An Anti-Doping Organisation has discretion to apply anti-doping rules to a Rower who is neither an International-Level Rower nor a National-Level Rower, and thus to bring them within the definition of "Rower". In relation to Rowers who are neither International-Level nor National-Level Rowers, an Anti-Doping Organisation may elect to: conduct limited Testing or no Testing at all; analyse Samples for less than the full menu of Prohibited Substances; require limited or no whereabouts information; or not require advance TUEs.

80 [Comment to Protected Person: The Code treats Protected Persons differently than other Rowers or Persons in certain circumstances based on the understanding that, below a certain age or intellectual capacity, a Rower or other Person may not possess the mental capacity to understand and appreciate the prohibitions against conduct contained in the Code. This would include, for example, a Paralympic Rower with a documented lack of legal capacity due to an intellectual impairment. The term "open category" is meant to exclude competition that is limited to junior or age group categories.]

81 [Comment to Provisional Hearing: A Provisional Hearing is only a preliminary proceeding which may not involve a full review of the facts of the case. Following a Provisional Hearing, the Rower remains entitled to a subsequent full hearing on the merits of the case. By contrast, an "expedited hearing", as that term is used in Article 7.4.3, is a full hearing on the merits conducted on an expedited time schedule.]

82 [Comment to Recreational Rower: The term "open category" is meant to exclude competition that is limited to junior or age group categories.]

However, if an Article 2.1, 2.3 or 2.5 anti-doping rule violation is committed by any Rower over whom an Anti-Doping Organisation has elected to exercise its authority to test and who competes below the international or national level, then the Consequences set forth in the Code must be applied. For purposes of Article 2.8 and Article 2.9 and for purposes of anti-doping information and Education, any Person who participates in the sport of rowing under the authority of any Signatory, government, or other sports organisation accepting the Code is a Rower.⁸³

Sample or Specimen: Any biological material collected for the purposes of Doping Control.⁸⁴

Signatories: Those entities accepting the Code and agreeing to implement the Code, as provided in Article 23 of the Code.

Specified Method: See Article 4.2.2.

Specified Substance: See Article 4.2.2.

Strict Liability: The rule which provides that under Article 2.1 and Article 2.2, it is not necessary that intent, Fault, Negligence, or knowing Use on the Rower's part be demonstrated by the Anti-Doping Organisation in order to establish an anti-doping rule violation.

Substance of Abuse: See Article 4.2.3.

Substantial Assistance: For purposes of Article 10.7.1, a Person providing Substantial Assistance must: (1) fully disclose in a signed written statement or recorded interview all information he or she possesses in relation to anti-doping rule violations or other proceeding described in Article 10.7.1.1, and (2) fully cooperate with the investigation and adjudication of any case or matter related to that information, including, for example, presenting testimony at a hearing if requested to do so by an Anti-Doping Organisation or hearing panel. Further, the information provided must be credible and must comprise an important part of any case or proceeding which is initiated or, if no case or proceeding is initiated, must have provided a sufficient basis on which a case or proceeding could have been brought.

Tampering: Intentional conduct which subverts the Doping Control process but which would not otherwise be included in the definition of Prohibited Methods. Tampering shall include, without limitation, offering or accepting a bribe to perform or fail to perform an act, preventing the collection of a Sample, affecting or making impossible the analysis of a Sample, falsifying documents submitted to an Anti-Doping Organisation or TUE committee or hearing panel, procuring false testimony from witnesses, committing any other fraudulent act upon the Anti-Doping Organisation or hearing body to affect Results Management or the imposition of Consequences, and any other similar intentional interference or Attempted interference with any aspect of Doping Control.⁸⁵

Target Testing: Selection of specific Rowers for Testing based on criteria set forth in the International Standard for Testing and Investigations.

Team Sport: A sport in which the substitution of players is permitted during a Competition.

83 [Comment to Rower: Individuals who participate in the sport of rowing may fall in one of five categories: 1) International-Level Rower, 2) National-Level Rower, 3) individuals who are not International- or National-Level Rowers but over whom the International Federation or National Anti-Doping Organisation has chosen to exercise authority, 4) Recreational Rower, and 5) individuals over whom World Rowing or National Anti-Doping Organisation has, or has chosen to, exercise authority. All International- and National-Level Rowers are subject to the anti-doping rules of the Code, with the precise definitions of international and national level rowing to be set forth in the anti-doping rules of World Rowing and National Anti-Doping Organisations.]

84 [Comment to Sample or Specimen: It has sometimes been claimed that the collection of blood Samples violates the tenets of certain religious or cultural groups. It has been determined that there is no basis for any such claim.]

85 [Comment to Tampering: For example, this Article would prohibit altering identification numbers on a Doping Control form during Testing, breaking the B bottle at the time of B Sample analysis, altering a Sample by the addition of a foreign substance, or intimidating or attempting to intimidate a potential witness or a witness who has provided testimony or information in the Doping Control process. Tampering includes misconduct which occurs during the Results Management. See Article 10.9.3.3. However, actions taken as part of a Person's legitimate defense to an anti-doping rule violation charge shall not be considered Tampering. Offensive conduct towards a Doping Control official or other Person involved in Doping Control which does not otherwise constitute Tampering shall be addressed in the disciplinary rules of sport organisations.]

Technical Document: A document adopted and published by WADA from time to time containing mandatory technical requirements on specific anti-doping topics as set forth in an International Standard.

Testing: The parts of the Doping Control process involving test distribution planning, Sample collection, Sample handling, and Sample transport to the laboratory.

Testing Pool: The tier below the Registered Testing Pool which includes Rowers from whom some whereabouts information is required in order to locate and Test the Rower Out-of-Competition.

Therapeutic Use Exemption (TUE): A Therapeutic Use Exemption allows a Rower with a medical condition to Use a Prohibited Substance or Prohibited Method, but only if the conditions set out in Article 4.4 and the International Standard for Therapeutic Use Exemptions are met.

Trafficking: Selling, giving, transporting, sending, delivering or distributing (or Possessing for any such purpose) a Prohibited Substance or Prohibited Method (either physically or by any electronic or other means) by a Rower, Athlete Support Person or any other Person subject to the authority of an Anti-Doping Organisation to any third party; provided, however, this definition shall not include the actions of bona fide medical personnel involving a Prohibited Substance Used for genuine and legal therapeutic purposes or other acceptable justification, and shall not include actions involving Prohibited Substances which are not prohibited in Out-of-Competition Testing unless the circumstances as a whole demonstrate such Prohibited Substances are not intended for genuine and legal therapeutic purposes or are intended to enhance sport performance.

UNESCO Convention: The International Convention against Doping in Sport adopted by the 33rd session of the UNESCO General Conference on 19 October 2005 including any and all amendments adopted by the States Parties to the Convention and the Conference of Parties to the International Convention against Doping in Sport.

Use: The utilisation, application, ingestion, injection or consumption by any means whatsoever of any Prohibited Substance or Prohibited Method.

WADA: The World Anti-Doping Agency.

Without Prejudice Agreement: For purposes of Articles 10.7.1.1 and 10.8.2, a written agreement between an Anti-Doping Organisation and a Rower or other Person that allows the Rower or other Person to provide information to the Anti-Doping Organisation in a defined time-limited setting with the understanding that, if an agreement for Substantial Assistance or a case resolution agreement is not finalised, the information provided by the Rower or other Person in this particular setting may not be used by the Anti-Doping Organisation against the Rower or other Person in any Results Management proceeding under the Code, and that the information provided by the Anti-Doping Organisation in this particular setting may not be used by the Rower or other Person against the Anti-Doping Organisation in any Results Management proceeding under the Code. Such an agreement shall not preclude the Anti-Doping Organisation, Rower or other Person from using any information or evidence gathered from any source other than during the specific time-limited setting described in the agreement.

APPENDIX R11

OLYMPIC GAMES AND OLYMPIC QUALIFICATION REGATTAS REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

1. Application

These Regulations apply to Olympic Games regattas together with and not in exclusion of the World Rowing Rules of Racing. They also apply equally and by analogy to Olympic Qualification regattas organised by World Rowing.

2. Governance

The Olympic Games are governed by the Olympic Charter. The Olympic Games and Olympic Qualification regattas shall be rowed according to the Rules of Racing and related Bye-Laws in addition to these Regulations.

3. Eligibility

Refer to Article 41 of the Olympic Charter.

4. Advertising, demonstrations, propaganda

Advertising, demonstrations, and propaganda shall be governed by Rule 50 of the Olympic Charter.

5. Racing Uniform and Identifications

As crews are entered by their National Olympic Committees, their racing uniform and Identifications are regulated by the IOC at the Olympic Games.

6. Qualification System

Following the confirmation of the events programme for the Olympic Games regatta, the World Rowing Council, in consultation with member federations, shall propose the Qualification System for approval in accordance with the Olympic Charter. The Qualification System includes the equivalent World Rowing Championships in the pre-Olympic year, continental qualification regattas and the final qualification regatta.

7. Entries and Restrictions on Entries

Refer to Article 44 of the Olympic Charter.

8. Crew Changes

Crew changes are subject to Rules 48 and 49 of the World Rowing Rules of Racing and additional requirements of the IOC.

9. Titles, Prizes and Diplomas

Medals shall be awarded and ceremonies conducted in accordance with Rule 56 of the Olympic Charter.

10. Exceptional Cases

Should it be necessary to take decisions in exceptional cases at the Olympic Games (e.g., postponement of a racing session or suspension of the regatta), the World Rowing Executive Committee or its designee, in consultation with the Technical Delegates, President of the Jury and the Competition Manager and the IOC, shall make such decisions. At an Olympic qualification regatta such decisions shall be made by the designee of the Executive Committee together with the Technical Delegate, the President of the Jury and the representative of the organising committee.

11. Interpretation of Regulations

Within the authority of World Rowing, the Executive Committee shall adjudicate on all cases not covered by the Rules of Racing, related Bye-Laws and Event Regulations, as well as on disputes which may arise during the Olympic Games regatta. The decision of the Executive Committee shall be final. Any decision made by the Executive Committee under this article shall immediately be communicated to the member federations of World Rowing in writing.

APPENDIX R12

WORLD ROWING CHAMPIONSHIPS REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

1. Application

These regulations apply to:

- a. *World Rowing Championships,*
- b. *World Rowing Under 23 Championships, and*
- c. *World Rowing Under 19 Championships*

together with and not in exclusion of the Rules of Racing and related Bye-Laws.

2. Restrictions on Entries

Each member federation may enter only one crew in each event.

3. Minimum Entries and Requirements for receiving medals

- a. *If only one crew is entered in an event at the entry deadline, then the event will be cancelled.*
- b. *If two or three crews are entered at the entry deadline the event shall proceed, but medals will only be awarded to one less crew than the number of such entries.*

4. Titles, Prizes and Cups

- a. *The title of World Champion shall be conferred on winning rowers. They shall each be awarded a gold medal and a diploma. A commemorative medal shall be awarded to the member federation of the winner. Those finishing second in each event shall be awarded silver medals, and a commemorative medal will be awarded to the member federation. Those finishing third in each event shall be awarded bronze medals, and a commemorative medal will be awarded to the member federation.*
- b. *At the victory ceremony, the national anthem of the country which the winning rowers represent shall be played. The national flags of the three countries which the winning rowers, the rowers finishing second and the rowers finishing third represent shall be raised. The anthem and flags shall be those approved by World Rowing for official use at World Rowing Championships.*
- c. *The medals and diplomas shall be supplied by World Rowing but at the cost of the Organising Committee.*

APPENDIX R13

WORLD ROWING CUP REGATTAS REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

1. Application

These regulations apply to the World Rowing Cup regattas together with and not in exclusion of the Rules of Racing and related Bye-Laws.

2. Eligibility (Rule 12)

To represent a Member Federation in a World Rowing Cup regatta, a rower must be a citizen of that country or a bona fide member of the rowing club for which they compete in that country. In World Rowing Cup events at World Rowing Cup regattas, rowers shall compete under the name of their Member Federation that shall alone be entitled to enter them.

3. Boat Classes

World Rowing Cup regattas are held in the boat classes of the Olympic programme in effect at the time of the regattas. Each World Rowing Cup regatta may also offer some races in the non-Olympic boat categories but such additional events shall not be considered as official "World Rowing Cup" events.

4. Racing Colours (Rule 39)

In every World Rowing Cup race, crews shall wear a racing uniform of their member federation bearing the national colours. For purposes of clarification, this uniform need not be the same as the registered uniform of the federation. The blades of all oars and sculls shall be identical and painted on both sides in the colours of the member federation, with or without all the elements of that federation's official blade design.

5. Restrictions on Entries (Rule 43)

Each member federation may enter a maximum of four crews in each event of the 1st World Rowing Cup regatta and a maximum of two crews in each event of the 2nd and 3rd World Rowing Cup regattas. This restriction applies to the International and World Rowing Cup events on the World Rowing Cup programmes.

6. Minimum Entries

If, at the entry deadline described below, there are fewer than six entries in a particular event, this event may be cancelled. Member federations will be informed immediately and the rowers in the cancelled events may be entered in other events.

7. Entries (Rule 43)

Dedicated entry forms shall be made available to the member federations two months before the closing date for entries. Entries must be received at World Rowing headquarters before the specified deadline (usually between 9 and 14 days before the first day of racing). Entry forms must include the names and the birth dates of the rowers, including all potential spare rowers. World Rowing shall make a list of the entries from member federations entered in each event available to all federations concerned.

8. Withdrawals after the Draw (Rule 61)

At a World Rowing Cup regatta, where lower ranked crews from the heats progress directly from the heats to the finals, then if such crews withdraw before the start of their final, they shall not be ranked higher than any crew which was ranked above them in the heats.

9. Determining the Lanes (Rule 60)

The Executive Committee may decide to test or to implement at any World Rowing Cup regatta an alternative method of lane allocation. Any such decision shall be communicated to all member federations before the close of entries.

10. Dead-Heats (Rule 74)

For World Rowing Cup regattas, the Executive Committee may determine that there is a logical way to avoid a re-row that preserves equality of chance, fairness and, in principle, does not require the use of more than six lanes.

11. Point Score

At each World Rowing Cup regatta, in each of the World Rowing Cup events, the highest placing boat from a member federation in each boat class will be awarded the following points:

1st: 8 points

2nd: 6 points

3rd: 5 points

4th: 4 points

5th: 3 points

6th: 2 points

7th: 1 point

Points will not be awarded to the second or other crews of a member federation placing a crew in one of the first 7 places. These points will not be distributed to other member federations.

12. Titles, Prizes and Cups

At each regatta, the member federation with the most points at that regatta will be declared winner of the World Rowing Cup Regatta Nation Cup. Following the completion of all three World Rowing Cup regattas in each year, the title of World Rowing Cup Champion in each World Rowing Cup event boat class shall be conferred on the member federation with the most points earned from racing in that boat class in all three World Rowing Cup regattas. Each year the member federation with the most points overall from all World Rowing Cup event boat classes in all three World Rowing Cup regattas will be declared winner of the World Rowing Cup for that year.

13. Exceptional Cases (Rule 86)

Should it be necessary to take decisions in exceptional cases (e.g., suspension of the regatta), the World Rowing Executive Committee or its designee, in consultation with the Technical Delegates, President of the Jury and the Chairman of the Organising Committee shall make such decisions.

14. Interpretation of Regulations (Article 9)

The Executive Committee or its delegates shall adjudicate on all cases not covered by the Rules of Racing, related Bye-Laws and Event Regulations, as well as on disputes which may arise during a World Rowing Cup regatta. The decision of the Executive Committee shall be final.

15. World Rowing Cup Progression System (Rule 57)

At World Rowing Cup regattas, the Progression System to determine the A and B finalists shall be the World Rowing Cup Progression System prescribed below in these Regulations.

World Rowing Cup Cases

World Rowing Cup Cases 1, 2, 3, 4, 5

Same as World Rowing Progression System (Appendix 12)

World Rowing Cup Case 6a: 19 entries

Format – Four heats, two repêchages, two semi-finals AB, finals A to D.

Heats – The first two crews of each heat go forward to semi-finals AB; the remaining crews go forward to the repêchages.

Repêchages – The first two crews of each repêchage go forward to semi-finals AB; the 3rd and 4th placed crews from each repêchage together with the remaining non-last placed crews from the repêchages go forward to final C. The two last placed crews from the repêchages go forward to final D. There are two options for the repêchages.

Semi-finals – The first three crews of each semi-final AB go forward to final A, the remaining crews go forward to final B. There are two options for the semi-finals.

Table for World Rowing Cup Case 6a: 19 entries

Heats		Repêchages Options				Semi-Finals Options				Finals	
H		R I		R II		S I		S II		F	
	1		3H1		3H1		1H1		1H1		1S AB 1
	2		3H2		3H3		1H2		1H3		1S AB 2
H1	3	R1	4H3	R1	4H2	S AB 1	2H3	S AB 1	2H2	FA	2S AB 1
	4		4H4		4H4		2H4		2H4		2S AB 2
	5		5H1		5H1		1R1		1R2		3S AB 1
			5H3				2R2		2R1		3S AB 2
	1		3H3		3H2		1H3		1H2		4S AB 1
	2		3H4		3H4		1H4		1H4		4S AB 2
H2	3	R2	4H1	R2	4H1	S AB 2	2H1	S AB 2	2H1	FB	5S AB 1
	4		4H2		4H3		2H2		2H3		5S AB 2
	5		5H2		5H2		1R2		1R1		6S AB 1
					5H3		2R1		2R2		6S AB 2
	1										3R1
	2										4R1
H3	3									FC	3R2
	4										4R2
	5										Plus the remaining non-last-placed crew from the repêchage
	1										The two last-placed crews from the repêchages
	2										
H4	3									FD	
	4										

World Rowing Cup Case 6b: 20 entries

Format – Four heats, two repêchages, two semi-finals AB, finals A to D.

Heats: – The first two crews of each heat go forward to semi-finals AB; the remaining crews go forward to the repêchages.

Repêchages – The first two crews of each repêchage go forward to semi-finals AB; the 3rd, 4th & 5th placed crews from each repêchage go forward to final C; the 6th placed crews in each repêchage go forward to final D. There are two options for the repêchages.

Semi-finals – The first three crews of each semi-final AB go forward to final A, the remaining crews go forward to final B. There are two options for the semi-finals.

Table for World Rowing Cup Case 6b: 20 entries

Heats		Repêchages Options				Semi-Finals Options				Finals	
H		R I		R II		S I		S II		F	
	1		3H1		3H1		1H1		1H1		1S AB 1
	2		3H2		3H3		1H2		1H3		1S AB 2
H1	3	R1	4H3	R1	4H2	S AB 1	2H3	S AB 1	2H2	FA	2S AB 1
	4		4H4		4H4		2H4		2H4		2S AB 2
	5		5H1		5H1		1R1		1R2		3S AB 1
			5H3		5H4		2R2		2R1		3S AB 2
	1		3H3		3H2		1H3		1H2		4S AB 1
	2		3H4		3H4		1H4		1H4		4S AB 2
H2	3	R2	4H1	R2	4H1	S AB 2	2H1	S AB 2	2H1	FB	5S AB 1
	4		4H2		4H3		2H2		2H3		5S AB 2
	5		5H2		5H2		1R2		1R1		6S AB 1
			5H4		5H3		2R1		2R2		6S AB 2
	1										3R1
	2										3R2
H3	3									FC	4R1
	4										4R2
	5										5R1
											5R2
	1										6R1
	2										6R2
H4	3									FD	
	4										
	5										

World Rowing Cup Case 7: 21 to 24 entries

Format – Four heats, four repêchages, two semi-finals AB, finals A to D.

Heats – The winner of each heat goes forward to semi-finals AB; the remaining crews go forward to the four repêchages.

Repêchages – The first two crews of each repêchage go forward to semi-finals AB; the 3rd placed crews from each repêchage together with the two fastest 4th placed crews from the repêchages go to final C; the remaining crews from the repêchages go forward to final D. There are two options for the repêchages.

Semi-finals – The first three crews of each semi-final AB go forward to final A; the remaining crews go forward to final B. There are two options for the semi-finals.

Table for World Rowing Cup Case 7: 21 to 24 entries

Heats		Repêchages Options				Semi-Finals Options				Finals	
H		R I		R II		S I		S II		F	
	1		2H1		2H4		1H1		1H1		1S AB 1
	2		3H2		3H3		1H3		1H2		1S AB 2
H1	3	R1	4H3	R1	4H2	S AB 1	1R2	S AB 1	1R3	FA	2S AB 1
	4		5H4		5H1		1R4		1R4		2S AB 2
	5		6H1		6H4		2R1		2R1		3S AB 1
	6						2R3		2R2		3S AB 2
	1		2H2		2H3		1H2		1H3		4S AB 1
	2		3H3		3H2		1H4		1H4		4S AB 2
H2	3	R2	4H4	R2	4H1	S AB 2	1R1	S AB 2	1R1	FB	5S AB 1
	4		5H1		5H4		1R3		1R2		5S AB 2
	5		6H2		6H3		2R2		2R3		6S AB 1
	6						2R4		2R4		6S AB 2
	1		2H3		2H2						3 R1
	2		3H4		3H1						3 R2
H3	3	R3	4H1	R3	4H4					FC	3 R3
	4		5H2		5H3						3 R4
	5		6H3		6H2						1st F4th*
	6										2nd F4th*
	1		2H4		2H1						3rd F4th*
	2		3H1		3H4						4th F4th*
H4	3	R4	4H2	R4	4H3					FD	5 R1
	4		5H3		5H2						5 R2
	5		6H4		6H1						5 R3
	6										5 R4

World Rowing Cup Case 8: 25 to 30 entries

Format – Six heats, four quarter-finals, two semi-finals AB, finals A to E.

Heats – Twenty four crews from the heats go forward to the quarter-finals; these are all crews not finishing last in their heat, plus sufficient of the last-placed crews ranked by their heat times, starting with the fastest time, to make up 24 crews.

Note the special cases: for 25 entries, the slowest last-placed crew from the heats is eliminated and there is no final E; for 26 to 30 entries, the crews not progressing to the quarter-finals go forward to final E; for 30 entries all last-placed crews in the heats go forward to final E.

Quarter-finals – the first three crews in each quarter-final go forward to semi-finals AB. The 4th placed crews from each quarter-final together with the two fastest 5th placed crews from the quarter-finals go forward to final C; the remaining crews from the quarter-finals go forward to final D. There are two options for the quarter-finals.

Semi-finals – The first three crews in semi-finals AB go forward to final A. The remaining crews go forward to final B.

There are two options for the semi-finals.

Table for World Rowing Cup Case 8: 25 to 30 entries

Heats		Quarter-finals Options				Semi-finals Options				Finals	
H		QI		QII		SI		SII		F	
H1	1	Q1	1H5	Q1	1H2	SAB1	1Q1	SAB1	1Q1	FA	1S AB 1
	2		2H1		2H4		1Q2		1Q3		1S AB 2
	3		2H3		2H5		2Q3		2Q2		2S AB 1
	4		3H2		3H1		2Q4		2Q4		2S AB 2
	5		3H6		3H3		3Q1		3Q1		3S AB 1
			4H4*		4H6*		3Q3		3Q4		3S AB 2
H2	1	Q2	1H6	Q2	1H3	SAB2	1Q3	SAB2	1Q2	FB	4S AB 1
	2		2H2		2H1		1Q4		1Q4		4S AB 2
	3		2H4		2H6		2Q1		2Q1		5S AB 1
	4		3H1		3H2		2Q2		2Q3		5S AB 2
	5		3H5		3H4		3Q2		3Q2		6S AB 1
			4H3*		4H5*		3Q4		3Q3		6S AB 2
H3	1	Q3	1H1	Q3	1H1				FC	4Q1	
	2		1H4		1H6			4Q2			
	3		2H5		2H3			4Q3			
	4		3H3		3H5			4Q4			
	5		4H2		4H2			1stQ5th#			
			4H6*		4H4*			2ndQ5th#			
H4	1	Q4	1H2	Q4	1H4				FD	3rdQ5th#	
	2		1H3		1H5			4thQ5th#			
	3		2H6		2H2			6Q1			
	4		3H4		3H6			6Q2			
	5		4H1		4H1			6Q3			
			4H5*		4H3*			6Q4			
H5	1								FE	Slowest last-placed crews from heats go to FE after 24 boats go to quarter-finals	
	2										
	3										
	4										
	5										
H6	1										
	2										
	3										
	4										
	5										

World Rowing Cup Case 9: 31 to 36 entries

Format – Six heats, four quarter-finals, two semi-finals AB, finals A to F.

Heats – The first four crews in each heat go forward to the quarter-finals; the six fastest crews from the heats not progressing to the quarter-finals go forward to final E; the remaining crews from the heats go forward to final F.

Note the special case: for 31 crews the two slowest last-placed crews in the heats go forward to final F.

Quarter-finals – The first three crews in each quarter-final go forward to semi-finals AB. The 4th placed crews from the quarter-finals together with the two fastest 5th placed crews from the quarter-finals go forward to final C; the remaining crews from the quarter-finals go forward to final D. There are two options for the quarter-finals.

Semi-finals – The first three crews in semi-finals AB go forward to final A. The remaining crews go forward to final B.

There are two options for the semi-finals.

Table for World Rowing Cup Case 9: 31 to 36 entries

Heats		Quarter-finals Options				Semi-finals Options				Finals	
H		QI		QII		SI		SII		F	
H1	1	Q1	1H1	Q1	1H1	SAB1	1Q1	SAB1	1Q1	FA	1S AB 1
	2		1H2		1H6		1Q2		1Q3		1S AB 2
	3		2H3		2H5		2Q3		2Q2		2S AB 1
	4		3H6		3H4		2Q4		2Q4		2S AB 2
	5		4H1		4H2		3Q1		3Q1		3S AB 1
	6		4H4		4H6		3Q3		3Q4		3S AB 2
H2	1	Q2	1H3	Q2	1H2	SAB2	1Q3	SAB2	1Q2	FB	4S AB 1
	2		1H4		1H5		1Q4		1Q4		4S AB 2
	3		2H5		2H4		2Q1		2Q1		5S AB 1
	4		3H4		3H3		2Q2		2Q3		5S AB 2
	5		4H2		4H1		3Q2		3Q2		6S AB 1
	6		4H3		4H5		3Q4		3Q3		6S AB 2
H3	1	Q3	1H5	Q3	1H3					FC	4Q1
	2		2H1		2H1			4Q2			
	3		2H6		2H2			4Q3			
	4		3H2		3H5			4Q4			
	5		3H3		3H6			1stQ5th#			
	6		4H6		4H3			2ndQ5th#			
H4	1	Q4	1H6	Q4	1H4					FD	3rdQ5th#
	2		2H2		2H3			4thQ5th#			
	3		2H4		2H6			6Q1			
	4		3H1		3H1			6Q2			
	5		3H5		3H2			6Q3			
	6		4H5		4H4			6Q4			
H5	1									FE	The six fastest crews from the heats not progressing to the quarter-finals
	2										
	3										
	4										
	5										
	6										
H6	1									FF	The remaining crews from the heats
	2										
	3										
	4										
	5										
	6										

World Rowing Cup Case 10: 37 to 48 entries

Format – Eight heats, four quarter-finals, two semi-finals AB, finals A to G (37 to 42 entries) and A to H (43 to 48 entries).

Heats – The first three crews in each heat go forward to the quarter-finals; the six fastest crews from the heats not progressing to the quarter-finals go forward to final E; the next six fastest crews from the heats go forward to final F; the next six fastest crews from the heats go forward to final G and the remaining crews from the heats go forward to final H.

Note the special cases: for 37 crews the two slowest last-placed crews from the heats go forward to final G, for 43 crews the two slowest last-placed crews from the heats go forward to final H.

Quarter-finals – The first three crews in each quarter-final go forward to semi-finals AB. The 4th placed crews from the quarter-finals together with the two fastest 5th placed crews from the quarter-finals go forward to final C; the remaining crews from the quarter-finals go forward to final D. There are two options for the quarter-finals.

Semi-finals – The first three crews in semi-finals AB go forward to final A. The remaining crews go forward to final B.

There are two options for the semi-finals.

Table for World Rowing Cup Case 10: 37 to 48 entries

Heats		Quarter-finals Options				Semi-finals Options				Finals	
H		QI		QII		SI		SII		F	
H1	1	Q1	1H1	Q1	1H1	SAB1	1Q1	SAB1	1Q1	FA	1S AB 1
	2		1H2		1H5		1Q2		1Q3		1S AB 2
	3		2H3		2H2		2Q3		2Q2		2S AB 1
	4		2H4		2H6		2Q4		2Q4		2S AB 2
	5		3H5		3H3		3Q1		3Q1		3S AB 1
	6		3H6		3H7		3Q3		3Q4		3S AB 2
H2	1	Q2	1H3	Q2	1H2	SAB2	1Q3	SAB2	1Q2	FB	4S AB 1
	2		1H4		1H6		1Q4		1Q4		4S AB 2
	3		2H5		2H1		2Q1		2Q1		5S AB 1
	4		2H6		2H5		2Q2		2Q3		5S AB 2
	5		3H2		3H4		3Q2		3Q2		6S AB 1
	6		3H7		3H8		3Q4		3Q3		6S AB 2
H3	1	Q3	1H5	Q3	1H3					FC	4Q1
	2		1H6		1H7			4Q2			
	3		2H7		2H4			4Q3			
	4		2H8		2H8			4Q4			
	5		3H1		3H2			1stQ5th#			
	6		3H4		3H6			2ndQ5th#			
H4	1	Q4	1H7	Q4	1H4					FD	3rdQ5th#
	2		1H8		1H8			4thQ5th#			
	3		2H1		2H3			6Q1			
	4		2H2		2H7			6Q2			
	5		3H3		3H1			6Q3			
	6		3H8		3H5			6Q4			
H5	1									FE	The six fastest crews from the heats not progressing to the quarter-finals
	2										
	3										
	4										
	5										
	6										
H6	1									FF	The next six fastest crews from the heats not progressing to the quarter-finals
	2										
	3										
	4										
	5										
	6										
H7	1									FG	The next six fastest crews from the heats not progressing to the quarter-finals
	2										
	3										
	4										
	5										
	6										
H8	1									FH	The remaining crews from the heats
	2										
	3										
	4										
	5										
	6										

World Rowing Cup Case 11: 49 and more entries

Format – Time trial, four quarter-finals, two semi-finals AB and finals.

Time trial – The first 24 crews go forward to the quarter-finals. Crews 25-30 go forward to final E, crews 31-36 go forward to final F, crews 37-42 go forward to final G, crews 43-48 go forward to final H, etc.

Quarter-finals – the first three crews in each quarter-final go forward to semi-final AB. The 4th placed crews from the quarter-final together with the two fastest 5th placed crews from the quarter-final go forward to final C; the remaining crews from the quarter-final go forward to final D. There are two options for the quarter-final.

Semi-finals – The first three crews in semi-finals AB go forward to final A. The remaining crews go forward to final B. There are two options for the semi-finals.

Note the special cases: for 49, 55, 61, etc. crews: the two slowest crews from the time trial go forward together to next final.

Table for World Rowing Cup Case 11: 49 and more entries

Time				Quarter-finals		Semi-finals Options				Finals	
Trials						SI		SII		F	
TT	1			Q1	TT1	SAB1	1Q1	SAB1	1Q1	FA	1S AB 1
	2				TT8		1Q2		1Q3		1S AB 2
	3				TT9		2Q3		2Q2		2S AB 1
	4				TT16		2Q4		2Q4		2S AB 2
	5				TT17		3Q1		3Q1		3S AB 1
	6				TT24		3Q3		3Q4		3S AB 2
	7			Q2	TT2	SAB2	1Q3	SAB2	1Q2	FB	4S AB 1
	8				TT7		1Q4		1Q4		4S AB 2
	9				TT10		2Q1		2Q1		5S AB 1
	10				TT15		2Q2		2Q3		5S AB 2
	11				TT18		3Q2		3Q2		6S AB 1
	12				TT23		3Q4		3Q3		6S AB 2
	13			Q3	TT3				FC	4Q1	
	14				TT6					4Q2	
	15				TT11					4Q3	
	16				TT14					4Q4	
	17				TT19					1stQ5th#	
	18				TT22					2ndQ5th#	
	19			Q4	TT4				FD	3rdQ5th#	
	20				TT5					4thQ5th#	
	21				TT12					6Q1	
	22				TT13					6Q2	
	23				TT20					6Q3	
	24				TT21					6Q4	
	25								FE	TT25	
	26									TT26	
	27									TT27	
	28									TT28	
	29									TT29	
	30									TT30	
	31								FF	TT31	
	32									TT32	
	33									TT33	
	34									TT34	
	35									TT35	
	36									TT36	
	37								FG	TT37	
	38									TT38	
	39									TT39	
	40									TT40	
	41									TT41	
	42									TT42	
	43								FF	TT43	
	44									TT44	
	45									TT45	
	46									TT46	
	47									TT47	
	48									TT48	
Etc.	49										...> additional finals as necessary

APPENDIX R14

PARA ROWING COMPETITION REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

Rules applying to World Rowing Championships and international regattas shall apply to Para Rowing events at those regattas except as provided in these Regulations.

1. Application (Rule 2)

The World Rowing Rules, related Bye-Laws and Event Regulations shall also apply to Paralympic Regattas within the limits of the authority of World Rowing and to Paralympic Qualification Regattas.

2. Right to Participate (Rule 11)

Paralympic Regattas are open only to those rowers whose federations have qualified in the appropriate boat classes in accordance with the Paralympic Qualification System..

3. Eligibility (Rule 12)

No rower may compete in a Para Rowing event under these Rules unless they have been classified as set out in the World Rowing Para Rowing Classification Regulations (Appendix R15) for and issued a Sport Class for Para Rowing.

4. Coxswains (Rule 21)

For Para Rowing events, there is no restriction on coxswains in respect of age. Para Rowing coxswains may or may not have an impairment. The minimum weights of coxswains shall apply to Para Rowing events.

5. World Rowing Championships Boat Classes (Rule 25)

- a. *In Mixed Para Rowing events, half of the rowers in a crew, excluding the coxswain, shall be male and half shall be female.*
- b. *A PR3 Mix4+ crew may include a maximum of two rowers whose impairment is visual, only one of whom may have a sport class of PR3 B3.*
- c. *A PR3 Mix2x crew may include a maximum of one rower whose impairment is visual and that rower may be either PR3 B1 or PR3 B2.*
- d. *A PR3 pair crew may include one rower whose impairment is visual.*
- e. *PR3 Mix2x rowers with a physical impairment must have a minimum of a loss of 20 points in one limb when assessed using the Functional Classification Test as set out in the Classification Application form for Physical Impairment.*

6. Paralympic Games Boat Classes (Rule 26)

- a. *The events programme for the Paralympic Games regatta shall be determined by the IPC Governing Board after consultation with World Rowing in accordance with the IPC Rule Book. The Council shall select the recommended Paralympic programme that the World Rowing Executive Committee shall submit to the IPC.*
- b. *The 2020 Tokyo Paralympic Games rowing regatta programme is as follows:*
 - i. *PR3 Mixed coxed four (PR3 Mix4+)*
 - ii. *PR2 Mixed double sculls (PR2 Mix2x)*
 - iii. *PR1 Men's single sculls (PR1 M1x)*
 - iv. *PR1 Women's single sculls (PR1 W1x)*

- c. *The events to be included on the rowing programme for the 2024 Paris Paralympic Games shall be included in these Regulations following the decision of the IPC.*

7. Boats and Equipment (Rule 28)

a. General Aspects

- i. *The use of World Rowing Standard Para Rowing boats is mandatory for all Para Rowing PR1 1x, PR2 1x and PR2 2x events.*
- ii. *The Council shall determine the design of World Rowing Standard Para Rowing boats (the World Rowing Standard Design) and any changes thereto. The design shall be a part of these Regulations. The World Rowing Standard Design is available from World Rowing upon request and all boats used in PR1 1x, PR2 1x and PR2 2x events at international regattas under these Rules and Regulations must comply specifically with this World Rowing Standard Design.*
- iii. *Those parts of the Standard Para Rowing Boats which are not specified in these Regulations may be modified subject to these Regulations and subject to Rule 29.*
- iv. *Changes in the design of World Rowing Standard Para Rowing Boats shall be made only in the year following the Paralympic Games.*
- v. *The minimum weight of World Rowing Standard Para Rowing boats shall be as specified in Appendix R3, Weight of Boats, and these Regulations (Regulation 9).*

b. Para Rowing PR3 Mix4+, PR3 2- and PR3 Mix2x Boats

- i. *Boats used in PR3 Mix4+ events shall be subject to the same requirements as those for coxed fours (4+) under the World Rowing Rules of Racing. No additional requirements shall apply.*
- ii. *Boats used in PR3 2- events shall be subject to the same requirements as those for pairs (2-) under the World Rowing Rules of Racing. No additional requirements shall apply.*
- iii. *Boats used in the PR3 Mix2x events shall be subject to the same requirements as those for double sculls (2x) events under the Rules of Racing. No additional requirements shall apply.*

c. Standard Para Rowing PR2 Mix2x Boats

- i. *The World Rowing Standard Para Rowing PR2 Mix2x boat has a fixed seat and may have stabilising pontoons. The hull and the pontoons where fitted shall comply with the World Rowing Standard Design specifications. There are no restrictions for the seat and the rigger design of the Standard Para Rowing PR2 Mix2x.*

d. Standard Para Rowing PR1 1x and PR2 1x Boat

- i. *The World Rowing Standard Para Rowing PR1 1x boat has a fixed seat and must have stabilising pontoons installed and attached to the riggers at a minimum distance of 60 cm from centre line of pontoon to centre line of boat. The hull and the pontoons shall comply with the World Rowing Standard Design specifications.*
- ii. *The World Rowing Standard Para Rowing PR2 1x boat has a fixed seat and may be used with no stabilising pontoons. The hull shall comply with the World Rowing Standard Design specifications.*
- iii. *The seat itself and the rigger design of the Standard Para Rowing PR1 and PR2 1x boat are not restricted, except that the design of the rigger must allow the stabilising pontoons to be correctly fixed.*
- iv. *PR1 1x rowers are required to comply with the strapping requirements set out in point 8)e)i) of this Regulation.*

- e. *Strapping – All strapping shall comply with the requirements of 8)f) below.*
- i. *PR1 1x Strapping Requirements – PR1 rowers shall use a mandatory trunk strap which is for safety purpose only. This strap must be secured to the seat back and go around the trunk. In addition to the mandatory trunk strap, rowers may use additional strapping. The design and placement of the seat and all straps must allow the lumbar region to be visible from the side during rowing. The straps must be attached to the seat on both sides.*
 - ii. *PR2 Strapping Requirements – Leg strapping is optional for PR2 rowers. The rower’s movement may be observed and assessed during rowing (training and racing) by members of the Para Rowing Commission and World Rowing International Classifiers.*
- f. *General Strapping, Shoes and Stretchers Requirements*
- i. *Where used, all straps, whether optional or mandatory under these Regulations, must be a minimum width of 50 mm, be of non-elastic material, be without mechanical buckles and must be able to be released immediately by the rower with a single quick hand action of pulling on the free end of the strap.*
 - ii. *The colour of the all straps must be a contrasting colour from the rowers’ racing uniform so that they can be clearly seen.*
 - iii. *All straps for each rower must be released in the same manner and direction.*
 - iv. *Any hand strapping must be able to be released immediately independently by the athlete with a single hand movement.*
 - v. *Additional strapping may be used by any rower provided the requirements of these Regulations are met.*
 - vi. *Foot stretchers, shoes and other devices to hold the feet shall comply with Appendix R2 (Bye-Laws to Rule 28).*
 - vii. *It is solely the responsibility of the rower to ensure that all strappings, shoes, stretchers and other equipment are compliant with these Regulations.*

8. Weight of Boats (Rule 30)

- a. *The minimum weights for Para Rowing boats shall include pontoons where used.*
- b. *The weight of the PR1 1x, PR2 1x and PR2 2x boats shall include the strapping which is firmly fastened to the boat, to the seat and/or to its fittings. It shall also include seat pads which are attached to the seat.*
- c. *Other items, whether directly related to Para Rowing or not, and which are not firmly fastened to the boat or seat shall not be included in the weight of the boat. Equipment that replaces a part of the body (prosthesis) even if firmly fastened to the boat or seat shall not be included as part of the weight of the boat.*
- d. *The minimum weights of Para Rowing boats are:*

<i>Designation</i>	<i>Boat Type</i>	<i>Minimum Weight (kg)</i>
<i>PR1 1X</i>	<i>PR1 single sculls</i>	<i>24</i>
<i>PR2 1X</i>	<i>PR2 single sculls</i>	<i>22</i>
<i>PR2 2X</i>	<i>PR2 double sculls</i>	<i>37</i>
<i>PR3 2X</i>	<i>Double sculls</i>	<i>27</i>
<i>PR3 2-</i>	<i>Pair</i>	<i>27</i>
<i>PR3 4+</i>	<i>Coxed four</i>	<i>51</i>

9. Rowers' Clothing and Blade Colours (Rule 39)

- a. *One or both rowers in the PR2 Mix2x event may extend their racing uniform to cover their legs. Where both rowers cover their legs in this manner, such coverings shall be identical in colour and design.*
- b. *Where PR1 1x rowers are using chest strapping, and this strapping obscures the Identifications permitted to be worn on the racing shirt or equivalent, those Identifications which are so obscured may be repeated on the strapping material but shall not be visible on both the racing shirt and the strapping at the same time.*

10. Entries (Rule 43)

- a. *A rower who has not been issued a Sport Class by World Rowing or whose Sport Class has been withdrawn may not compete in international Para Rowing events.*
- b. *Entries in an international Para Rowing event for a rower who does not have a Sport Class shall not be accepted unless there is an International Classification Panel being held prior to that event, in which case the member federation must have submitted all required medical documentation to the World Rowing Classification Portal by the deadline stipulated by World Rowing.*

11. Crew Changes before the First Heat (Rule 48)

- a. *A rower whose Sport Class has been withdrawn or changed after the close of entries and before the first heat, may be replaced by another eligible rower from the same club, or in the case of a national team, the same member federation.*
- b. *An athlete who has entered an event but is deemed to be in a different Sport Class after classification may be replaced by another eligible rower from the same club, or in the case of a national team, the same member federation.*

12. Crew Changes after the First Heat (Rule 49)

The crew of a rower whose Sport Class is withdrawn or changed to make them ineligible for that event after the first heat shall not compete again in that event.

13. Safety - General Principles (Rule 51)

PR1 and PR2 rowers require special safety procedures during training and racing which shall be agreed between the organising committee, the Technical Delegate and the President of Jury who may consult with representatives of the Para Rowing Commission present and the World Rowing Doctor. In particular, the organising committee or the President of the Jury may require additional rescue boats to be present on the course during all training and racing times involving Para Rowing crews, but particularly for PR1 1x events. Particular care must be taken in weather conditions which may generate extreme uncontrolled body temperatures in para rowers. Safety requirements for strapping, shoes and stretchers are set out at Regulation 8.

14. Traffic Rules on the Course (Rule 53)

In principle the traffic rules shall provide separation between fixed seat Para Rowing crews and other crews during training and racing for the safety of all crews.

15. Fairness – General Principles (Rule 56)

At all times when on the water during training, warm up, cool down, and competition from the opening day of the course until completion of the final race of their competition, all para rowers must row with the prescribed equipment which must be used according to the boat class as described at Regulation 8 and classification requirements as described in the World Rowing Para Rowing Classification Regulations. Equipment in this context refers to strapping and pontoons. Failure to comply with these requirements may lead to a penalty being imposed on the crew in

accordance with these Rules, including (but not limited to), where such failure to comply is judged to have taken place during a race, relegation to last place in the particular race or exclusion of the crew.

16. Starting Procedure (Rule 67)

- a. PR3 Mix4+, PR3 2- and PR3 Mix2x events may include rowers with visual impairment. Therefore, at the start of each race in a PR3 Mix4+, PR3 2- and PR3 Mix2x event the Starter shall give an additional verbal indication to crews as follows:
 - i. After completing the roll call and stating the word "Attention!", the Starter shall say the words "Red Flag!" at the same time as they raise the red flag (or in the case where traffic lights are used, "Red Light!" at the same instant that they press the button to activate the red light).
 - ii. The Starter shall then proceed with the start in the normal way.

17. Yellow Card for PR3 Mix4+, PR3 2- and PR3 Mix2x

When the Starter awards a Yellow Card to a crew in the PR3 Mix4+, PR3 2- or PR3 Mix2x event, a member of that crew shall raise their arm to acknowledge that the penalty has been awarded to the crew.

18. Interference (Rule 71)

Rowers wishing to lodge an objection with the Umpire regarding interference during the race may do so verbally if their hands are strapped, by calling clearly to the Umpire "Objection!" so that the Umpire hears. It is the responsibility of the rower to ensure that the Umpire hears the call and is aware of the objection.

19. Protests (Rule 76)

All athletes are subject to protests in accordance with Regulation 5 of the World Rowing Para Rowing Classification Regulations (Appendix R15). The Chief Classifier may make a Protest if it is in the interests of fairness.

20. Conclusion of the Race (Rule 80)

At the finish of the race in the PR3 Mix4+, PR3 2- and PR3 Mix2x events, when raising the white flag, the Umpire shall clearly state the words "WHITE FLAG!" for all crews to hear. Should they raise the red flag, they shall similarly clearly state the words "RED FLAG!"

21. Objections (Rule 75)

Rowers wishing to lodge an objection with the Umpire may do so verbally if their hands are strapped, by calling clearly to the Umpire "Objection!" so that the Umpire hears. It is the responsibility of the rower to ensure that the Umpire hears the call and is aware of the Objection.

22. Duties of the Control Commission (Rule 81)

- a. For para rowers and boats, the Control Commission should also check the following:
 - i. Accessibility of the pontoon area for rowers, such as those using wheelchairs or assisted by guide dogs, or caregivers;
 - ii. Compliance of boats with World Rowing Standard Para Rowing Design specifications;
 - iii. Safety measures in PR2 Mix2x, PR2 1x and PR1 1x boats including foot stretcher and strapping;
 - iv. Correct fixing of pontoons on PR2 Mix2x and PR2 1x boats (where fitted) and PR1 1x boats in accordance with Regulation 8 point d) above; and
- b. Control Commission members may be assisted in all of the above by members of the Para Rowing Commission and/or World Rowing FISA International Classifiers.

23. Duties of the Umpire – Position of the Umpire's launch (Rule 83)

The President of the Jury may require that more than one umpire follow the race for Para Rowing events.

24. Responsibility for Decisions on Movement Compliance

At Paralympic Games and relevant qualification regattas, World Rowing Championships, World Rowing Cup regattas and relevant International Regattas, World Rowing International Classifiers and members of the World Rowing Para Rowing Commission may observe the movement of rowers while training and racing and shall have the primary responsibility of determining if the strapping or the movement of any rower is not in accordance with their Sport Class and/or their medical/classification records. Where the Chief Classifier determines at a regatta that a rower's movement is outside of that rower's Sport Class and/or not in accordance with their medical/classification records, a protest may be made by World Rowing in accordance with Regulation 5 of the Para Rowing Classification Regulations (Appendix R15). Any protest lodged under these Regulations shall not affect the result of the rower at that regatta or any prior results.

APPENDIX R15

PARA ROWING CLASSIFICATION REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

The World Rowing Para Rowing Classification Regulations are an integral part of the World Rowing Rules of Racing, related Bye-Laws and Event Regulations.

International Paralympic Committee (IPC) Classification Code

World Rowing has implemented these Classification Regulations having regard to the IPC Classification Code (“the IPC Code”). In the event that these Classification Regulations fail to provide for a matter in respect of which there is provision in the IPC Code, the provisions appearing in the IPC Code shall apply and be regarded as being part of these Regulations.

1. Introduction to Classification

- a. *Classification: An Overview*
 - i. *In accordance with the IPC Code, the term “classification”, as used in these Regulations, refers to the process by which athletes are evaluated by reference to the impact of impairment on their ability to compete in the sport of rowing. The purpose of Classification is to provide a structure for competition. Classification is undertaken to ensure that an athlete’s impairment is relevant to sport performance and to ensure that the athlete competes equitably with other athletes. Classification determines the eligibility to compete and groups athletes for competition.*
 - ii. *The allocation to an athlete of a Sport Class is determined by a medical and technical assessment of the athlete, and, if required, observation in training and/or competition. These processes are explained in these Classification Regulations.*
 - iii. *A Sport Class will only be allocated to an Athlete who has an impairment that is the direct result of an underlying health condition which has resulted in a permanent and verifiable activity limitation.*
- b. *Eligible Impairments – Following is a list of eligible impairments, being those impairments accepted by World Rowing for classification of para rowers:*
 - i. *Visual impairment – Athletes with impaired vision have reduced or no vision as a result of damage to the eye structure, optical nerves or optical pathways, or visual cortex of the brain. Examples include: retinitis pigmentosa and diabetic retinopathy.*
 - ii. *Impaired muscle power – Athletes with impaired muscle power have a health condition that either reduces or eliminates their ability to voluntarily contract their muscles in order to move or to generate force. Examples include: spinal cord injury (complete or incomplete, tetra-or paraplegia), muscular dystrophy, post-polio syndrome and spina bifida.*
 - iii. *Impaired range of movement – Athletes with impaired range of movement have a restriction or a lack of passive movement in one or more joints. Examples include: arthrogryposis and contracture resulting from chronic joint immobilisation or trauma affecting a joint.*
 - iv. *Limb deficiency – Athletes with limb deficiency have total or partial absence of bones or joints as a consequence of trauma (for example traumatic amputation), illness (for example amputation due to bone cancer) or congenital limb deficiency (for example dysmelia).*

- v. *Hypertonia – Athletes with hypertonia have an increase in muscle tension and a reduced ability of a muscle to stretch caused by damage to the central nervous system. Examples include: cerebral palsy, traumatic brain injury and stroke.*
- vi. *Ataxia – Athletes with ataxia have uncoordinated movements caused by damage to the central nervous system. Examples include: cerebral palsy, traumatic brain injury, stroke and multiple sclerosis.*
- vii. *Athetosis – Athletes with athetosis have continual slow involuntary movements. Examples include cerebral palsy, traumatic brain injury and stroke.*
- c. *Non-eligible Impairments – Any impairment not listed in Regulation 1) b) is referred to as a Non-eligible Impairment. Examples include:*
 - i. *Pain;*
 - ii. *Hearing impairment;*
 - iii. *Low muscle tone;*
 - iv. *Hypermobility of joints;*
 - v. *Joint instability, such as unstable shoulder joint, recurrent dislocation of a joint;*
 - vi. *Impaired muscle endurance;*
 - vii. *Impaired motor reflex functions;*
 - viii. *Impaired cardiovascular functions;*
 - ix. *Impaired respiratory functions;*
 - x. *Impairment metabolic functions;*
 - xi. *Tics and mannerisms, stereotypes and motor perseveration.*
- d. *The IPC has specified certain health conditions that do not lead to an Eligible Impairment. Examples are:*
 - i. *Health conditions that primarily cause pain, such as myofascial pain-dysfunction syndrome, fibromyalgia or complex regional pain syndrome.*
 - ii. *Health conditions that primarily cause fatigue, such as chronic fatigue syndrome.*
 - iii. *Health Conditions that primarily cause joint hypermobility or hypotonia, such as Ehlers-Danlos syndrome.*
 - iv. *Health Conditions which are primarily psychological or psychosomatic in nature, such as conversion disorders or posttraumatic stress disorder.*
- e. *Submission and Review of Medical Documentation*
 - i. *An athlete's member federation shall upload all required relevant medical documentation via the World Rowing Pre-Classification Portal no later than 40 days prior to the date of classification. The purpose of this documentation is to allow World Rowing to verify that an athlete's impairments are the direct result of a health condition which has resulted in a permanent and verifiable activity limitation. Medical documentation here includes, but is not limited to, medical history or results from any relevant investigations (MRI, CT scan, EMG, EEG, nerve conduction, visual tests), athlete's date of birth, and date of injury. Where documentation is not submitted by the required deadline, an athlete may be refused classification evaluation.*
 - ii. *This documentation must be provided on the World Rowing Medical Diagnostics Form for athletes with physical impairments, and on the VI Medical Form for athletes with visual impairments.*
 - iii. *The documentation must be completed in full in English, and be dated and signed by an appropriate medical doctor. It must also include any required test results as listed on the*

forms. Where the medical documentation is not written in English, an official translation shall be provided. Any translation must be accompanied by an official certification that it is a true and correct translation.

- iv. Upon receipt, the Chief Classifier will review and either accept the documentation as uploaded, or may request the member federation to provide specific additional information. The reason for this is to make a preliminary assessment of whether the athlete has an eligible impairment that is the direct result of a health condition that leads to a permanent and verifiable activity limitation. The Chief Classifier may at any stage seek additional medical, technical or scientific opinion, and may also appoint an Eligibility Assessment Committee (EAC) if he or she deems it necessary to make the decision. It is important to note that the Classification Panel will also review all medical documentation during classification evaluation with the athlete present. The Panel may decide at the time of classification that the athlete does not have an eligible impairment, and the athlete will not be allowed to undergo classification assessment.
- v. If an EAC is formed, the Classification Coordinator will notify the athlete's member federation which additional Diagnostic Information is required for the athlete and the purposes for which it is required.
 - 1) The Head of Classification will set timelines for the production of the Diagnostic Information.
 - 2) The EAC shall be comprised of the Chief Classifier, in addition to the Classification Advisory Panel (CAP) and medical classifier(s) for the classification panel that the athlete is being considered for. If the medical classifiers have not yet been appointed for that Classification Panel upon the receipt of medical documentation, then the CAP and Chief Classifier will select another international medical classifier. The EAC may consult with other experts with appropriate medical qualifications depending on the diagnosis of the athlete. They will be required to uphold the same privacy requirements as all classifiers.
 - 3) Wherever possible, all references to the name or member federation of the athlete should be withheld from the EAC. Each member will review the diagnostic information and decide whether it establishes the existence of an eligible impairment.
 - 4) If the EAC concludes that the athlete has an eligible impairment, the athlete will be permitted to complete the athlete evaluation with a Classification Panel.
 - 5) If the EAC is not satisfied that the athlete has an eligible impairment, the Chief Classifier will provide a decision to this effect, in writing to the relevant member federation. The member federation will be given an opportunity to comment on the decision and may provide further diagnostic information to the EAC for review. If the decision is subsequently revised, the Chief Classifier will inform the member federation.
 - 6) If the decision is not changed, the Classification Coordinator will issue a final decision to the member federation.
 - 7) The EAC shall make its decisions by a majority. The CAP may veto any decision if they do not agree that the Diagnostic Information supports the conclusion that the athlete has an eligible impairment.
- vi. If World Rowing determines that an athlete does not have an eligible impairment, a sport class of Not Eligible (NE) must be allocated to that athlete, and the sport class status shall be Confirmed.
 - 1) An athlete who is allocated a sport class of NE because the athlete does not have an eligible impairment will not be evaluated by a World Rowing Classification Panel.

- 2) *If another International Sports Federation has allocated an athlete with a sport class of NE because the athlete does not have an eligible impairment, World Rowing may do likewise without the need for the process detailed in 1) e) v) of these Regulations.*

2. Classifiers

a. Classification Personnel

- i. The IPC Code and World Rowing Para Rowing Regulations recognise Classifiers as World Rowing officials.*
- ii. International Classifiers must comply with the IPC and World Rowing Classifier Code of Conduct at all times.*
- iii. The following personnel have a key role in the administration, organisation and execution of classification, and are appointed by the World Rowing Executive Committee in consultation with the World Rowing Para Rowing Commission:*

- 1) *Classification Advisory Panel (CAP)*

The CAP comprises up to four experienced International Classifiers who shall be responsible for providing medical and technical expertise for the purpose of directing, informing and guiding World Rowing classification matters. Each must be a Level 2 International Classifier, having a comprehensive understanding of the IPC Classification Code and the World Rowing Classification Regulations currently in force.

These individuals will be appointed by the World Rowing Executive Committee for a four-year term starting on 1st January of the year following the Paralympic Games and ending on 31st December following the next Paralympic Games and may be reappointed.

The list of members of the CAP will be published on the World Rowing website.

- 2) *Classification Coordinator*

The Classification Coordinator is responsible for the administration, coordination and implementation of classification matters for World Rowing. The Classification Coordinator is not necessarily a certified Classifier. The Classification Coordinator's role is primarily an administrative one, in which they will work closely with the CAP. This individual will be appointed by the Executive Director as a member of staff to serve in this position for an indefinite term. The duties of the Classification Coordinator may include, but are not limited to:

- a) *Facilitating regular reviews of the World Rowing Classification Regulations for relevance to current rowing practice and compliance with the IPC Classification Code and the International Standards, in consultation with the CAP.*
 - b) *Facilitating the exchange of Classification information and knowledge between the CAP, International Classifiers, World Rowing, IBSA and the IPC.*
 - c) *Responsibility for the recruitment of Classifiers and the Chief Classifier for all World Rowing para rowing competitions, as well as any related communications and logistical arrangements (in cooperation with the World Rowing staff).*
 - d) *Facilitating the preparation, maintenance, and updating of educational materials to be used by World Rowing during Advanced Classification Workshops.*

- e) *Facilitating the ongoing evaluation and monitoring of the competency levels and proficiency of World Rowing international classifiers.*
- f) *Disseminating information to World Rowing International Classifiers regarding any changes in the Classification Regulations and consulting on issues which affect changes to the World Rowing Classification Regulations.*
- g) *Disseminating of all relevant information regarding classification to the member federations, including changes or potential changes to the Classification Regulations.*
- h) *Acting as the initial point of contact for all classification-related queries from within World Rowing, from member federations and other para sport organisations.*
- i) *Maintaining the Classification Master List of internationally classified para rowers.*

3) *Classifier*

A Classifier is a person appointed and certified by World Rowing as being competent to evaluate Athletes (as part of a Classification Panel), in accordance with the World Rowing Classification Regulations.

4) *Chief Classifier*

A Chief Classifier is a Classifier appointed by the CAP for a specific World Rowing Recognised Competition, responsible for the direction, administration, co-ordination and implementation of classification matters at that Competition. The duties of the Chief Classifier may include, but are not limited to:

- a) *Reviewing pre-classification documentation for eligibility;*
- b) *Consulting with the CAP when needed;*
- c) *Supervising Classifiers to ensure that Classification Regulations are applied appropriately during a specific Competition;*
- d) *Managing protests relating to classification as per World Rowing Rules; and*
- e) *Liaising with members of the Jury regarding rules and regulations.*

iv. *International Classifiers must be qualified in one or more of the following disciplines:*

- 1) *Medical Classifier – A qualified medical doctor, doctor of osteopathic medicine, occupational therapist or physiotherapist all of whom have the competencies and qualifications relevant to conduct the medical section of the classification.*
- 2) *Technical Classifier – A person with extensive practical knowledge of rowing, such as a rowing coach, sport scientist, former rower, or similarly qualified person, all of whom have the competencies and qualifications relevant to conduct the technical section of the classification.*

b. *Classifiers – Levels and Duties*

World Rowing categorises its Classifiers as follows:

- i. *Trainee – An individual who has attended a World Rowing Advanced Classification Workshop and is in the process of formal training by World Rowing, but has not yet met the requirements for a World Rowing Level 1 International Classifier. A Trainee Classifier may classify under the supervision of an International Classification Panel. All classifications performed will be signed off by the overseeing International Classification Panel.*
- ii. *Level 1 International Classifier – An individual who has successfully completed a World Rowing Advanced International Classification Workshop, has demonstrated the*

ability to classify rowers, has shown competence in performing all the classification tasks, has demonstrated a clear understanding of the sport and the rules, has passed a written and oral exam, and has met the requirements of the World Rowing Para Rowing Commission to be certified as a World Rowing International Classifier. A World Rowing Level 1 International Classifier may be appointed to serve on a World Rowing Classification Panel at a World Rowing Recognised Competition and is qualified to determine the Sport Class and Sport Class Status of a rower wishing to compete at a World Rowing Recognised Competition or IPC event. A World Rowing Level 1 Classifier may also serve on a Classification Protest Panel.

- iii. *Level 2 International Classifier – An individual certified by the CAP who has completed the requirements necessary to serve on a World Rowing International Classification Panel and who has a high level of experience and has demonstrated competency in administrative, teaching and mentoring skills and has a sound and current knowledge of the rules, regulations and practices relating to Para Rowing, classification and the IPC Classification Code. A Level 2 International Classifier may be appointed to act as Chief Classifier at an international regatta and may conduct Advanced Classification Workshops to identify, train, and evaluate candidates to serve as International Classifiers in cooperation with the World Rowing Para Rowing Commission. A World Rowing Level 2 Classifier may also serve on a Classification Protest Panel.*
- c. *Classifiers – Training and Competencies*
 - i. *World Rowing categorises its classifiers in training (all of whom must comply with the IPC and World Rowing Classifier Code of Conduct at all times) as follows:*
 - 1) *Mentee Classifiers - Mentee Classifiers have attended an international classification workshop and require further mentorship and observation. These classifiers may not classify internationally.*
 - 2) *Trainee Classifiers - Trainee Classifiers have attended a World Rowing Advanced Classification Workshop and have demonstrated competence but require more hands-on experience.*

These classifiers may already be classifiers at the national level for a particular member federation, but may not classify internationally unless as described in Regulation 2)b)i).
 - ii. *Member federations are responsible for the education and training of their own National Level classifiers. World Rowing may provide educational resources upon request.*
 - iii. *World Rowing shall organise Advanced Classifier Workshops based on World Rowing's assessment of need.*
 - iv. *National Classifiers who wish to attend an Advanced Classification Workshop must provide evidence of at least one classification done in each Sport Class within the 24 months prior to the date of the Workshop.*
 - v. *Re-certification - International Classifier status recertification is required every two years. An International Classifier shall be recertified by the CAP upon*
 - 1) *providing proof of a classification in each Sport Class which they have completed within the immediate past two years; and*
 - 2) *the CAP being satisfied that at that time they have the required competencies for certification.*

International Classifiers who do not meet these criteria shall be required to re-certify by attendance at, and satisfactory completion of, an Advanced Classification Workshop

- vi. *Upon changes to the World Rowing Rules and/or Para Classification Regulations, Level 1 and 2 International Classifiers are required to acquaint themselves with the changes before conducting any classifications.*
- vii. *The CAP may cancel or downgrade the certification of a Level 1 or Level 2 International Classifier if it is not satisfied that the classifier possesses the required competencies, or has violated the Classifiers' Code of Conduct. In some instances, the CAP may create a personalised improvement plan to address a specific concern with an International Classifier. Only after the plan has been completed by the Classifier to the satisfaction of the CAP may that Classifier regain their status as a Level 1 or Level 2 International Classifier.*

3. Classification Panels and Classification Evaluation

- a. *Classification Panels*
 - i. *A Classification Panel is comprised of two Classifiers empowered by the Rules of the Sport of Para Rowing to evaluate athletes and allocate Sport Classes.*
 - ii. *The CAP shall appoint Classification Panels for a particular Competition (including World Rowing Recognised Competitions).*
 - iii. *A Classification Panel for athletes with physical impairments must include a suitably accredited and qualified Medical Classifier and Technical Classifier. For athletes with a visual impairment, a Classification Panel must include 2 suitably accredited VI Classifiers who have been trained and certified through the International Blind Sports Federation (IBSA).*
 - iv. *Members of a Classification Panel shall not have any other official responsibilities within a Competition other than in connection with Classification and the Para Rowing Commission or Sports Medicine Commission.*
 - v. *Members of Classification Panels shall have no significant relationship with any athlete (or any athlete Support Personnel) that might create any real or apparent Conflict of Interest.*
 - vi. *Members of a Classification Panel must disclose any relationship with a team, athlete or athlete Support Personnel that would otherwise constitute a Conflict of Interest.*
- b. *National Classification – All athletes who wish to participate in World Rowing Recognised Competitions should, where possible, be first classified at a national level.*
- c. *International Classification*
 - i. *“International Classification” refers to the process of athlete Evaluation by an International Classification Panel (as explained in these Classification Regulations) that is undertaken at, or before, a World Rowing Recognised Competition.*
 - ii. *An athlete must be allocated a Sport Class by an International Classification Panel prior to being eligible to compete in a World Rowing Recognised Competition, except in an exceptional circumstances (refer 3)c)v) below).*
 - iii. *International Classification must be conducted by an “International Classification Panel”. An International Classification Panel shall normally be comprised of one Level 1 or above Medical Classifier and one Level 1 or above Technical Classifier, both of whom have been duly certified by World Rowing.*
 - iv. *For athletes with a visual impairment, an International Classification Panel must include two suitably accredited VI Classifiers who have been trained and certified through IBSA.*
 - v. *If the circumstances of a Competition so require, the CAP may designate that a Classification Panel may consist of one qualified International Classifier in special cases, in particular where the number of available Classifiers is reduced prior to or at a Competition through unforeseen circumstances. In such instances, Review status shall*

be issued. The review date will be prior to the next competition in which the athlete is to compete. The athlete is required to be classified at or prior to their next competition.

- vi. An International Classification Panel may seek additional medical, sport, or scientific expertise if it considers that this would assist it in completing the process of Athlete Evaluation.
- d. *Preparing Classification Panels for Competition*
 - i. The CAP should, where possible, appoint a Chief Classifier at least three months prior to a Competition. Classification Panels shall, where possible, be appointed at least two months before a Competition.
 - ii. A member of the CAP may act as the Chief Classifier at a Competition.
 - iii. The Classification Coordinator or Chief Classifier for a Competition shall provide the organising committee with an Athlete Evaluation schedule prior to the Competition, and to member federations and/or teams on or before their arrival at the event.
 - iv. In respect of Competitions where athletes with physical and/or visual impairments are to compete, the CAP must ensure that Classification Panels are certified to conduct Athlete Evaluation in respect of athletes with physical and/or visual impairments.

4. Classification: Athlete Evaluation

- a. *Athlete Evaluation: General*
 - i. "Athlete Evaluation" is the process (as defined by the assessment methodology described in the World Rowing Classifiers Manual) by which an athlete is assessed by a Classification Panel in order that the athlete may be allocated a Sport Class and a Sport Class Status. This applies to both on water and indoor rowing.
 - ii. Each athlete shall choose one person to accompany them when presenting for Athlete Evaluation. If the athlete is a minor, that athlete must be accompanied by a member of the relevant member federation. The accompanying person may not influence the Athlete Evaluation in any way.
 - iii. Athlete Evaluation and its associated processes shall be conducted in English. The respective member federation is responsible for arranging for an interpreter to be present (in addition to the representative listed in 4)a)ii)) if this is required by the athlete for the purpose of complying with the Athlete Evaluation process.
 - iv. The athlete and the relevant member federation are jointly responsible for ensuring that the athlete attends Athlete Evaluation. If an athlete fails to attend an Evaluation Session, the Classification Panel will report the failure to the Chief Classifier. The Chief Classifier may, if satisfied that a reasonable explanation exists for the failure to attend the Evaluation Session, specify a revised date and time for a further Evaluation Session. If the athlete is unable to provide a reasonable explanation for non-attendance, or if the athlete fails to attend Athlete Evaluation on a second occasion, no Sport Class will be allocated.
 - v. The athlete must agree to and accept the terms of the World Rowing Para Rowing Consent Form prior to participating in Athlete Evaluation by signing the Consent Form.
 - vi. Athletes must attend Athlete Evaluation in suitable attire (such that an athlete's ability to row is not limited by their attire) and with all sports equipment which the athlete specifically uses, including (but not limited to) cushions, straps, prosthetics. The athlete must provide a recognised form of photo identification, such as a passport, or official identity card.
 - vii. The athlete must disclose to the Classification Panel prior to Athlete Evaluation any medication and/or any medical device/ Implant routinely used by the athlete. The

Classification Panel may in its sole discretion decline to proceed with Athlete Evaluation if it considers that the use of such medication will affect its ability to conduct Physical and Technical Assessment. The Classification Panel may agree to Athlete Evaluation taking place at a later time and date in such circumstances.

- viii. *A Classification Panel may only have regard to evidence supplied to it by the relevant athlete, their member federation and World Rowing when allocating a Sport Class.*
- ix. *A Classification Panel undertaking Athlete Evaluation may at any stage seek medical, technical or scientific opinion, with the agreement of the Chief Classifier. This expertise may only be sought if the Classification Panel feels that such expertise is necessary in order that it can allocate a Sport Class.*
- x. *Video footage and/or photography may be utilised by the Classification Panel for all classification.*
- xi. *Athlete Evaluation must take place in a manner that respects the provisions of the International Standard for Classification Data Protection and consistent with the provisions of the International Standard for Classification Personnel and Training. For this purpose, the IPC's International Standard for Classification Data Protection shall be regarded as part of these regulations and shall be followed by all concerned parties.*
- xii. *The Athlete Evaluation process shall encompass the following stages:*
 - 1) *Assessment of Eligible Impairment;*
 - 2) *Assessment against Minimum Impairment Criteria;*
 - 3) *Allocation of Sport Class and Sport Class Status.*
- b. *Assessment of Eligible Impairment – Assessment of an eligible impairment is normally completed prior to the Athlete Evaluation, by the Head of Classification or Chief Classifier, using the medical documentation which has been provided earlier.*
- c. *Assessment of Minimum Impairment Criteria*
 - i. *Only an athlete who has an Eligible Impairment shall be assessed for meeting the minimum impairment criteria for Para Rowing.*
 - ii. *For athletes with a physical impairment, the minimum impairment criteria is a full loss of three fingers on one hand, or at least a trans-metatarsal amputation of the foot, or the loss of ten points on one limb or fifteen points across two limbs when assessed using the Functional Classification Assessment Chart as included in the Classification Application Form for Physical Disabilities. (Refer World Rowing website, Eligible Impairment Types and Medical Diagnostic Requirements).*
 - iii. *For Athletes with a visual impairment, the minimum impairment as assessed by approved VI Classifiers is a classification of B3.*
- d. *Athlete Evaluation Process*
 - i. *Athletes with a visual impairment will be assessed by an International Classification Panel comprising IBSA approved VI classifiers.*
 - ii. *Athletes with a physical impairment will be assessed by a World Rowing Classification Panel (Refer 3)a) above). The Classification Panel will conduct a medical and technical assessment of the athlete to establish that the athlete has a permanent Impairment that qualifies the athlete for participation in para rowing and if so to determine the athlete's Sport Class and Sport Class status.*
 - iii. *These Regulations specify certain means of conducting Medical and Technical Assessment. These means are described in the World Rowing Classifiers Manual and may be amended and/or updated from time to time by the World Rowing Para Rowing Commission.*

- iv. *The Classification Panel may conduct an on-water Observation Assessment before allocating a final Sport Class and Sport Class Status. Observation of the on-water assessment follows the principles of the technical assessment. It complements the technical assessment by providing the Classification Panel an opportunity to observe the athlete in an on-water sport situation where they are able to demonstrate their functional ability in the boat.*
- v. *If an athlete is required to undertake Observation in Competition Assessment, the Classification Panel will specify to the athlete what is to be observed and why, how this is to take place and by whom.*
- e. *Suspension of Athlete Evaluation – A Classification Panel, in consultation with the Chief Classifier, may suspend Athlete Evaluation if it cannot allocate a Sport Class to the Athlete, including, but not limited to, in one or more of the following circumstances:*
 - i. *A failure on the part of the athlete to comply with any part of the relevant Classification Regulations;*
 - ii. *A failure on the part of the athlete to provide any medical information that is reasonably required by the Classification Panel;*
 - iii. *The Classification Panel believes that the use (or non-use) of any medication and/or medical procedures/device/implant disclosed by the athlete will affect the ability to conduct Athlete Evaluation in a fair manner;*
 - iv. *The athlete has a Health Condition that may limit or prohibit complying with requests by the Classification Panel during Athlete Evaluation, which the Classification Panel considers will affect its ability to conduct Athlete Evaluation in a fair manner. This may include the athlete's inability to demonstrate abilities because of pain;*
 - v. *An athlete is unable to communicate effectively with the Classification Panel;*
 - vi. *In the reasonable opinion of the Classification Panel the athlete is physically or mentally unable to comply with the instructions of the Classification Panel;*
 - vii. *The athlete refuses to comply with any reasonable instructions given by any Classification Personnel to such an extent that Athlete Evaluation cannot be conducted in a fair manner; and/or*
 - viii. *The athlete's representation of their abilities is inconsistent with any information available to the Classification Panel to such an extent that Athlete Evaluation cannot be conducted in a fair manner.*
- f. *Sport Class*
 - i. *Para Rowing Sport Classes are:*
 - 1) *PR3-PI;*
 - 2) *PR3-PI and eligible for the PR3Mix2x;*
 - 3) *PR3-PI and not eligible for the PR3Mix2x;*
 - 4) *PR3-B1;*
 - 5) *PR3-B2;*
 - 6) *PR3-B3;*
 - 7) *PR2;*
 - 8) *PR1; and*
 - 9) *Not Eligible (NE).*

The Eligibility Requirements for each Sport Class are set out at Regulation 9).

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- ii. *The means by which a Sport Class is allocated is described in the World Rowing Para Rowing Classifiers Manual. A Sport Class will be allocated to an athlete following completion of the Athlete Evaluation.*
 - iii. *Sport Class: Not Eligible (NE)*
 - 1) *An athlete who does not have a health condition that leads to an Eligible Impairment or has an impairment that does not meet the minimum impairment criteria must be allocated a Sport Class of Not Eligible.*
 - 2) *The Sport Class Not Eligible does not infer that the Athlete does not have an impairment.*
 - 3) *If a World Rowing International Classification Panel allocates an athlete a Sport Class of Not Eligible, the athlete shall undergo Athlete Evaluation by a second International Classification Panel either immediately or as soon as practical thereafter. If the second Classification Panel confirms that the athlete's Sport Class is NE, the athlete will not be eligible to compete and will have no further right to Protest.*
 - 4) *Pending any such second assessment the athlete will be allocated a Sport Class Not Eligible and Sport Class Status Review (R) and will not be permitted to compete. Upon being confirmed as NE by a second Classification Panel, the athlete will be allocated a Sport Class Status of Not Eligible Confirmed (C).*
 - g. *Sport Class Status*
 - i. *A Sport Class Status will be allocated to an athlete following allocation of a Sport Class.*
 - ii. *Sport Class Status New (N)*
 - 1) *New status must be allocated when an athlete has not been evaluated by a World Rowing International Classification Panel, but who has been classified by two Trainee Classifiers (one Medical and one Technical), or one Trainee and one International Classifier, within their own member federation or region.*
 - 2) *N Status Athletes must complete an Athlete Evaluation by a World Rowing International Classification Panel prior to competing at an International or World Rowing Recognised Event.*
 - iii. *Sport Class Status Review (R)*
 - 1) *A Classification Panel which consists of one Classifier may only designate a Sport Class with Sport Class Status Review.*
 - 2) *A Classification Panel with at least one of the Classifiers from the athlete's own country may only designate a Sport Class with Sport Class Status Review.*
 - 3) *If under Regulation 4)f)iii)(3) the second Classification Panel finds the athlete is eligible, then the athlete will be allocated a Sport Class Status Review (R) until the next classification opportunity.*
 - 4) *An athlete will be issued a Sport Class Status Review (R) if the Classification Panel believes that further Athlete Evaluation will be required before an athlete can be allocated Sport Class Status Confirmed. This may be for a number of reasons, including but not limited to situations where the athlete:*
 - a) *has only recently entered competition in Para Rowing;*
 - b) *has a fluctuating and/or progressive Impairment/ Impairments that is/are permanent but not stable;*
 - c) *is a minor.*
 - 5) *If a World Rowing International Classification Panel assigns an athlete with a Sport Class Status Review, it shall set a date that shall be referred to as the "Review*

Date. This date shall depend on the characteristics of the individual case but must be clearly indicated in the Classification Panel decision. The reason for review shall also be documented.

- 6) Prior to the Review Date, the athlete:
 - a) Shall not be required to attend Athlete Evaluation;
 - b) Shall retain the Sport Class assigned to that athlete, with Sport Class Status Review, and be permitted to compete accordingly.
 - 7) A Review Date may only be set by a World Rowing International Classification Panel. An athlete with Sport Class Status Review is required to complete Athlete Evaluation at the first opportunity after the Review Date. The athlete shall not be eligible to compete again in that Sport Class after the Review Date unless they have completed the required Athlete Evaluation.
- iv. Sport Class Status Confirmed (C) – Sport Class Status Confirmed (C) is assigned to an athlete who has been evaluated by a World Rowing International Classification Panel and the International Classification Panel has determined that the athlete's Sport Class will not change. An athlete with a C Sport Class Status must undergo Athlete Evaluation if a Protest is made by World Rowing or in the event of a change in the relevant Rules or Regulations.
- h. Medical Review
- i. A change in the nature or degree of an athlete's Impairment may mean that a review is needed to ensure that any Sport Class allocated to that athlete is correct. This review is referred to as 'Medical Review'. A Medical Review is commenced by way of a 'Medical Review Request'.
 - ii. An athlete's member federation shall request a Medical Review of an athlete if it believes that, as a result of a medical intervention (for example, surgery or other treatment), or progression of their disability, that their Impairment and Activity Limitations are no longer consistent with the athlete's Sport Class or Sport Class Status (better or worse).
 - iii. The Medical Review Request must be made to the CAP via classification@worldrowing.com. It must include an explanation of how and to what extent the athlete's relevant impairment has changed and why the member federation believes that the athlete's Sport Class may no longer be accurate. All relevant supporting documentation must be uploaded by the member federation to the World Rowing Pre-Classification Portal.
 - iv. The CAP must decide whether or not the Medical Review Request will be upheld as soon as is practicable following receipt of the Medical Review Request. The CAP may seek assistance from qualified Medical Classifiers or an EAC if needed.
 - v. If the Medical Review Request is upheld, the athlete's Sport Class Status will be amended to Review (R) pending the outcome of evaluation by a Classification Panel.
- i. Notification of Athlete Evaluation
- i. Following completion of the Medical and Technical Assessment by a Classification Panel, the athlete will be allocated a Sport Class and Sport Class Status and advised orally of the outcome at the completion of the evaluation.
 - ii. The Sport Class and Sport Class Status allocated to the athlete following completion of the Athlete Evaluation at a Competition will be notified to the member federation representative for the athlete and a copy of the classification documentation will be provided before the end of competition.
 - iii. The results of Athlete Evaluations undertaken at a Competition will be published on the event notice board prior to competition commencing.

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- iv. *The Classification Master List will also be published on www.worldrowing.com as soon as possible following the Competition.*
- j. *Intentional Misrepresentation*
- i. *Athletes must not intentionally misrepresent their skills and/ or abilities and/or the degree or nature of Eligible Impairment to a Classification Panel. If athletes attempt to deceive the Classification Panel during the course of Athlete Evaluation, they are guilty of Intentional Misrepresentation.*
- ii. *Any athlete who intentionally misrepresents their skills and/or abilities and/or the degree or nature of their Eligible Impairment by any other act or omission is guilty of Intentional Misrepresentation.*
- iii. *Intentional Misrepresentation includes misrepresentation away from Athlete Evaluation, including misrepresentation after allocation of a Sport Class such as a failure to make a medical notification as to a change in impairment that an athlete or athlete Support Personnel knows does or may affect a Sport Class. It also includes actions prior to evaluation, such as deliberately tiring the body as in a coordination impairment, or failure to take prescribed medication.*
- iv. *Any athlete or athlete Support Personnel, who knowingly assists, covers up or disrupts the evaluation process with the intention of deceiving or misleading the Classification Panel, or is in any other way involved in any other type of complicity involving Intentional Misrepresentation is guilty of Intentional Misrepresentation.*
- v. *If World Rowing commences disciplinary proceedings against an athlete or athlete Support Personnel in respect of Intentional Misrepresentation (and/or complicity involving Intentional Misrepresentation), the Executive Committee may, at or after the time of notification of such proceedings, impose a provisional suspension on the person or persons concerned.*
- vi. *An athlete or athlete Support Personnel who is subject to a provisional suspension may not, during the period of provisional suspension, participate in any capacity in any competition, event or other activity organised, convened, authorised or recognised by World Rowing and its member federations.*
- vii. *An athlete or athlete Support Personnel who receives notice of a provisional suspension may apply to the Executive Committee for any provisional suspension to be lifted on the basis that facts exist that make it clearly unfair, in all of the circumstances, for a provisional suspension to be imposed.*
- viii. *If the Executive Committee imposes a provisional suspension it should ensure there can be an expedited hearing no later than 14 days after the date of application by the athlete or athlete Support Personnel for such a hearing.*
- ix. *The consequences that will be applied to an athlete or athlete Support Personnel who is found to have been guilty of Intentional Misrepresentation and/or complicity involving Intentional Misrepresentation shall be one or more of the following:*
- 1) *Disqualification from all events at the Competition at which the Intentional Misrepresentation occurred; or*
 - 2) *Not eligible for Athlete Evaluation or participation in any Competition, event or other activity organised, convened, authorised or recognised by World Rowing and its member federations for a specified period of 48 months.*
- x. *The consequences that will be applied to an athlete or athlete Support Personnel who is found to have been guilty of Intentional Misrepresentation and/or complicity involving Intentional Misrepresentation on more than one occasion is up to a lifetime period of being not eligible for Athlete Evaluation or participation in any Competition, event or*
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other activity organised, convened, authorised or recognised by World Rowing and its member federations.

- xi. If an athlete or athlete Support Personnel is subject to disciplinary proceedings by another International Sports Body in respect of Intentional Misrepresentation which results in the imposition of a penalty, then that penalty shall also be recognised by World Rowing and shall be applied as if the Intentional Misrepresentation had occurred under these Regulations.*
- xii. Any consequences to be applied to crews or member federations, which include an athlete or athlete Support Personnel who is found to have been guilty of Intentional Misrepresentation and/or complicity involving Intentional Misrepresentation, will be at World Rowing's discretion.*
- k. Publication of Penalties – World Rowing will disclose on its website details of penalties imposed upon athletes and athlete Support Personnel found in breach of these Regulations and Bye-Laws.*

5. Protests

- a. The term "Protest" in these Regulations refers to a process by which the outcome of Athlete Evaluation may be challenged.*
 - i. A Protest may be made in respect of the allocation of a Sport Class to an Athlete. No Protest may be made in respect of the designation of an Athlete's Sport Class Status.*
 - ii. An accepted Protest will result in Athlete Evaluation being conducted by a Classification Panel, which will be referred to as a "Protest Panel".*
 - iii. A Protest for a VI classification should be communicated to the Chief Classifier and through consultation with the IBSA classification panel may be accepted or declined. If another IBSA classification panel is available at the same event the panel can be appointed as the Protest Panel. If another panel is not available then the protest will be referred to the next available opportunity for VI classification.*
 - iv. Protests shall be resolved in a manner that minimizes the impact on competition participation, competition schedules and results.*
- b. Parties Permitted to Make a Protest*

Protests may only be made by the following parties:

 - i. A member federation;*
 - ii. World Rowing.*
- c. Member Federation Protests*
 - i. A member federation may make a Protest on behalf of an athlete.*
 - ii. A member federation Protest must be made at a Competition, or at a non-competition venue as provided for in these Regulations.*
 - iii. The member federation making the Protest is responsible for ensuring that all Protest procedure requirements are complied with.*
 - iv. A member federation may not make a Protest in respect of the Sport Class of any athlete who is under the jurisdiction of another member federation. If a member federation believes there are grounds for a Protest in respect of the Sport Class allocated to such an athlete it may request World Rowing to make a Protest while providing evidence for the reason for this request. Such requests must be submitted in writing by the member federation to classification@worldrowing.com and must include the evidence for the reason for this request.*

- d. *Member Federation Protest Procedure*
- i. *Protests must be submitted in English on a World Rowing Classification Protest Form (available on the World Rowing website). The information and documentation to be submitted with the Protest Form must include the following:*
 - 1) *The name and member federation of the athlete whose Sport Class is being protested;*
 - 2) *Details of the Protested Decision and/or a copy of the Protested Decision;*
 - 3) *A reasoned explanation for the Protest, including why the member federation believes the Protested Decision is flawed;*
 - 4) *All documents and other evidence to be offered in support of the Protest;*
 - 5) *the signature of the member federation representative; and*
 - 6) *A fee of one hundred (100) Euros or equivalent.*
 - ii. *The Protest Form, supporting explanation and documentation, and fee, must be submitted to the Chief Classifier for the relevant Competition within two (2) hours of the Classification Panel's decision regarding the Sport Class being published. Upon receipt of the Protest Form and the information and/or documentation specified above, the Chief Classifier shall conduct a review of the Protest to determine if there is a valid reason for a Protest and if all the necessary information is included.*
 - iii. *If it appears to the Chief Classifier that the Protest is not supported by evidence and/or otherwise does not comply with the relevant Protest procedures, the Chief Classifier shall decline the Protest and notify all relevant parties. In such cases, the Chief Classifier shall provide a verbal explanation as soon as possible and a written explanation to the member federation as soon as is practicable. World Rowing will retain the Protest fee.*
 - iv. *If the Chief Classifier declines a Protest, the member federation may resubmit the Protest if it is able to remedy the deficiencies identified by the Chief Classifier. The time frame for re-submitting a Protest shall be 2 hours from the time the member federation is notified of the decision. If the member federation is unable to provide the additional documentation within the time frame, they must request an extension of time, submitting in writing the reason for the delay, and the expected time frame required to remedy the deficiencies. The Chief Classifier will verbally and in writing approve the request if a reasonable explanation is provided.*
 - v. *If it appears to the Chief Classifier that the Protest is supported by evidence and complies with the relevant Protest procedures the Protest must be accepted.*
 - vi. *If the Protest is accepted:*
 - 1) *The athlete's Protested Sport Class shall remain unchanged pending the outcome of the Protest and the athlete's Protested Sport Class Status shall be retained or amended as or to Sport Class Status Review (R) as appropriate;*
 - 2) *The Chief Classifier shall appoint a Protest Panel to resolve the Protest as soon as is reasonably possible, which must be, if practicable, at the Competition at which the Protest was made. If the Protest occurs outside of an event, the Classification Coordinator shall make every attempt to resolve the Protest as soon as is reasonably possible, which may be at the next Competition.*
 - 3) *The members of the Protest Panel should have had no direct involvement in the evaluation that led to the most recent allocation of the Athlete's Sport Class, unless that evaluation took place more than twelve (12) months prior to the Protest being submitted.*

- vii. *The Chief Classifier will notify all relevant parties of the time and date for the Athlete Evaluation that will be conducted by the Protest Panel.*
- e. *World Rowing Protests*
 - i. *World Rowing may make a Protest in respect of the Sport Class of any athlete under its jurisdiction at any time.*
 - ii. *World Rowing may make a Protest regarding the Sport Class of an athlete if it has good reason to believe that the athlete's ability to execute the specific tasks and activities fundamental to rowing are not consistent with the Sport Class that has been allocated to the athlete.*
- f. *World Rowing Protest Procedure*
 - i. *The CAP will advise the relevant member federation at the earliest possible opportunity that a Protest is being made.*
 - ii. *The CAP will provide the member federation with a reasoned explanation as to why the Protest has been made and the basis on which the CAP believes that the Protest is justified.*
 - iii. *If World Rowing makes a Protest:*
 - 1) *The athlete's Protested Sport Class shall remain unchanged pending the outcome of the Protest but the athlete's Protested Sport Class Status shall be retained or amended as or to Sport Class Status Review (R) as appropriate;*
 - 2) *A Protest Panel must be appointed to resolve the Protest as soon as is reasonably possible.*
 - iv. *A Chief Classifier may make a Protest for and on behalf of World Rowing if it is in the interests of fairness to athletes to do so.*
- g. *Resolving a Protest: the Protest Panel*
 - i. *A Protest Panel must be appointed by the Chief Classifier in a manner consistent with the provisions in these Regulations relating to the appointment of a Classification Panel (see Regulation 3)).*
 - ii. *A Protest Panel must not include any person who:*
 - 1) *was a member of the Classification Panel that made the Protested Decision; or*
 - 2) *has been a member of a Classification Panel that has conducted any Athlete Evaluation in respect of the athlete with the Protested Decision within a period of twelve (12) months prior to the date of the Protested Decision, save that the member federation may agree to a Protest Panel comprising such a person.*
 - iii. *The Chief Classifier will supply all documentation submitted with the Protest Form to the Protest Panel. The Chief Classifier will notify all relevant parties of the time and date for the relevant components of Athlete Evaluation that will be conducted by the Protest Panel.*
 - iv. *The Protest Panel will conduct the relevant components of Athlete Evaluation. The Protest Panel may make enquiries of the Classification Panel that made the Protested Decision and of the Chief Classifier if such enquiries will enable the Protest Panel to complete Athlete Evaluation in a fair and transparent manner.*
 - v. *The Protest Panel may seek additional medical, sport, or scientific expertise in reviewing an Athlete's Sport Class, when deemed necessary, to assist with the decision.*
 - vi. *The Protest Panel will (if able to do so) allocate a Sport Class and designate a Sport Class Status. All relevant parties shall be notified of the Protest Panel's decision as quickly as possible following Athlete Evaluation. World Rowing will retain the Protest fee unless the Protest is upheld.*

- vii. *The decision of the Protest Panel is final and is not subject to any further member federation Protest.*
- h. *Provisions Where No Protest Panel is Available*
 - i. *If a Protest is made at a Competition but there is no opportunity for the Protest to be resolved at that Competition, then:*
 - 1) *The athlete with a Protested Decision will be permitted to compete within the Sport Class that is the subject of the Protest, pending the resolution of the Protest;*
 - 2) *All reasonable steps will be taken to ensure that the Protest is resolved at the earliest opportunity.*
 - i. *Outcomes of Protest*
 - i. *If a Protest results in the Sport Class of an athlete being changed to a Sport Class with less impairment (a more functional Sport Class), then any results of that athlete and the crew of that athlete, and any prizes won, since the effective date of the change of Sport Class resulting from the Protest shall be cancelled and forfeited respectively.*
 - ii. *If medal placings are affected, the medals shall be re-awarded as necessary in accordance with the decision.*
 - iii. *The Executive Committee may decide to backdate such effective date in cases of Intentional Misrepresentation.*

6. Appeals

- a. *General Provisions and Definitions*
 - i. *If a member federation believes that World Rowing, in the course of applying its Classification Regulations has made an unfair decision, it may apply by way of an Appeal to have that decision set aside.*
 - ii. *A decision will be considered unfair if it has been made in contravention of the procedures set out in these Classification Regulations and there is some manifest unfairness associated with the decision such that it must be set aside.*
 - iii. *An Appeal must be made and resolved in accordance with these Regulations.*
 - iv. *The Executive Committee shall designate an Appeal Body for the hearing and resolution of Appeals. The Appeal Body shall have the power to either rule that the relevant decision must be upheld, or to set the decision aside. The Appeal Body shall have no power to amend any decision and in particular has no power to amend a Sport Class or Sport Class Status.*
 - v. *The Appeal Body must comprise at least three people with the appropriate skills and experience to objectively hear the appeal and who were not involved in any way with any of the procedures that are the subject of the Appeal.*
 - vi. *The Appeal Body may decline to rule on an Appeal if it appears that other available remedies, including but not limited to Protest procedures, have not been exhausted.*
- b. *Appeal Process*
 - i. *A member federation may make an Appeal by submitting a Notice of Appeal to classification@worldrowing.com.*
 - ii. *A Notice of Appeal must:*
 - 1) *be made within fifteen (15) days of the decision being appealed;*
 - 2) *identify the decision being appealed, by attaching copy of the decision (if written) or briefly summarising it;*
 - 3) *specify the grounds for the Appeal;*

- 4) *identify all documents, evidence and witnesses to be put forward in support of the Appeal;*
- 5) *be submitted with any fee specified by the Executive Committee.*
- iii. *Upon receipt of a Notice of Appeal, if the party bringing the Appeal has complied with all relevant Appeal procedures and exhausted all other available remedies, World Rowing shall refer the Appeal to the Appeal Body for resolution.*
- iv. *Appeal proceedings are confidential. The parties and the Appeal Body shall not disclose facts or other information relating to the dispute or the proceedings to any person save to the extent necessary to prosecute or defend the Appeal.*
- c. **Appeal Decision**
 - i. *As soon as is practicable following the conclusion of the hearing, the Appeal Body must issue a written decision regarding the Appeal. The Appeal Body shall either affirm the decision appealed from or set aside the decision. The Appeal Body shall have no further power in respect of its decision.*
 - ii. *If the Appeal Body sets aside a decision it may, if appropriate, make recommendations as to the steps to be taken by World Rowing in light of that decision.*
 - iii. *The Appeal Body decision shall be provided to all parties. In the case of Appeals made during a Competition, the outcome of the Appeal shall be communicated to the Competition organising committee.*
 - iv. *The decision of the Appeal Body is final and is not subject to any further appeal.*
- d. **Outcomes of Appeal** – *If an Appeal results in the Sport Class of an athlete being changed to a Sport Class with less impairment (a more functional Sport Class), then any results of that athlete and the crew of that athlete, and any prizes won, since the effective date of the change of Sport Class resulting from the Appeal shall be cancelled and forfeited respectively. If medal placings are affected, the medals shall be re-awarded as necessary in accordance with the decision. The Executive Committee may decide to backdate such effective date in cases of Intentional Misrepresentation.*

7. Ad Hoc Provisions Relating to Protests and Appeals

- a. *The IPC may issue special ad hoc provisions to supplement these Regulations to operate during the Paralympic Games or other competitions. World Rowing may also issue special ad hoc provisions to these Regulations to operate during specified Competitions under their own jurisdiction.*

8. Glossary

Adaptive Equipment: *Implements and apparatus adapted to the special needs of Athletes, and used by Athletes during Competition to facilitate participation and/or to achieve results.*

Appeal: *The means by which to resolve a complaint that a decision has been made in contravention of the procedures in these Regulations resulting in some manifest unfairness during the Classification process.*

Athlete: *For purposes of Classification, any person who participates in rowing at the international level or national level (as defined in the World Rowing Rules of Racing) and any additional person who participates in rowing at a lower level if designated by the person's National Federation.*

Athlete Evaluation: *The process by which an Athlete is assessed in accordance with these Classification Regulations in order that an Athlete may be allocated a Sport Class and Sport Class Status.*

Athlete Support Personnel: Any coach, trainer, manager, interpreter, agent, team staff, official, medical or para-medical personnel working with or treating Athletes participating in or preparing for training and/or Competition.

BAC: The IPC Board of Appeal of Classification.

Chief Classifier: A Classifier appointed by the CAP to direct, administer, co-ordinate and implement Classification matters for a specific Competition according to these Classification Regulations.

Classification: Grouping Athletes into Sport Classes according to how much their Impairment affects fundamental activities in each specific sport or discipline. This is also referred to as Athlete Classification.

Classification Advisory Panel (CAP): A group of experienced International Classifiers appointed by the World Rowing Executive Committee who shall be responsible for providing medical and technical expertise for the purpose of directing, informing and guiding World Rowing classification matters.

Classification Coordinator: A person appointed by World Rowing to be responsible for the administration, coordination and implementation of Classification matters for World Rowing.

Classification Data: Personal Information and/or sensitive Personal Information provided by an Athlete and/or a member federation and/or any other person to a Classification Organisation in connection with Classification.

Classification Intelligence: Information obtained and used by an International Sport Federation in relation to Classification.

Classification Master List: A list made available by the CAP that identifies Athletes who have been allocated a Sport Class and designated a Sport Class Status.

Classification Not Completed: the designation applied to an Athlete who has commenced but not completed Athlete Evaluation.

Classification Organisation: Any organisation that conducts the process of Athlete Evaluation and allocates Sport Classes and/or holds Classification Data.

Classification Panel: A group of Classifiers, appointed to determine Sport Class and Sport Class Status in accordance with these Classification Regulations.

Classification Personnel: Persons, including Classifiers, acting with the authority of a Classification Organisation in relation to Athlete Evaluation, for example administrative officers.

Classification Rule: Also referred to as Classification Rules and Regulations. The policies, procedures, protocols and descriptions adopted by World Rowing in connection with Athlete Evaluation.

Classification System: The framework used by World Rowing to develop and designate Sport Classes for Para Rowing.

Classifier: A person certified as an official by the CAP to evaluate Athletes as a member of a Classification Panel.

Classifier Certification: The processes by which the CAP must assess that a Classifier has met the specific Classifier Competencies required to obtain and maintain certification or licensure.

Classifier Competencies: The qualifications and abilities that the CAP deems necessary for a Classifier to be competent to conduct Athlete Evaluation for the sport of rowing.

Classifier Code of Conduct: The behavioural and ethical standards for Classifiers specified by the IPC and by World Rowing.

Code: The Athlete Classification Code 2015 together with the International Standards for: Athlete Evaluation; Eligible Impairments; Protests and Appeals; Classifier Personnel and Training; and Classification Data Protection.

Competition: A series of individual events conducted together under one organising body. Where such competition relates to rowing, it shall have the same meaning as ‘rowing regatta’ as defined in Rule 1 of the World Rowing Rules of Racing. (see also World Rowing Recognised Competition)

Competition Venue: Venues dedicated to the Competition by the organising committee.

Compliance: The implementation of rules, regulations, policies and processes that adhere to the text, spirit and intent of the Code as defined by the IPC. Where terms such as (but not limited to) ‘comply’, ‘conform’ and ‘in accordance’ are used in the Code they shall have the same meaning as ‘Compliance.’

Diagnostic Information: Medical records and/or any other documentation that enables the assessment of the existence or otherwise of an Eligible Impairment or Underlying Health Condition.

Education: The delivery of higher knowledge and practical skills specified by the CAP to preserve and/or advance knowledge and skills as a Rowing Classifier.

Eligible Impairment: An Impairment designated as being a prerequisite for competing in Para Rowing, as detailed in these Classification Rules and Regulations.

Eligibility Assessment Committee (EAC): An ad hoc body formed to assess the existence or otherwise of an Eligible Impairment.

Entry Criteria: Standards set by the CAP relating to the expertise or experience levels of persons who wish to be Classifiers. This may be, for example, former Athletes or coaches, sports scientists, physical educators and medical professionals, all of whom have the qualifications and abilities relevant to conduct all, or specific parts of, Athlete Evaluation.

Entry-level Education: the basic knowledge and practical skills specified by the CAP to begin as a Classifier in the sport of rowing.

Evaluation Session: the session an Athlete is required to attend for a Classification Panel to assess that Athlete’s compliance with the Minimum Impairment Criteria for a sport; and allocation of a Sport Class and Sport Class Status depending on the extent to which that Athlete is able to execute the specific tasks and activities fundamental to that sport. An Evaluation Session may include Observation in Competition.

Event: A single race, match, game or singular sport contest.

First Appearance: The first time an Athlete competes in an Event during a Competition in a particular Sport Class.

Fixed Review Date: A date set by a Classification Panel prior to which an Athlete designated with a Sport Class Status Review with a Fixed Review Date will not be required to attend an Evaluation Session save pursuant to a Medical Review Request and/or Protest.

Health Condition: A pathology, acute or chronic disease, disorder, injury or trauma.

Impairment: A Physical, Vision or Intellectual Impairment.

Intellectual Impairment: A limitation in intellectual functioning and adaptive behaviour as expressed in conceptual, social and practical adaptive skills that originates before the age of eighteen (18).

Intentional Misrepresentation: A deliberate attempt (either by fact or omission) to mislead an International Sport Federation or National Body as to the existence or extent of skills and/or abilities relevant to a Para sport and/or the degree or nature of Eligible Impairment during Athlete Evaluation and/or at any other point after the allocation of a Sport Class.

International Competitions: A Competition where the IPC, an International Sport Federation or a Major Competition Organisation is the governing body for the Competition and/or appoints the technical officials for the Competition. Where such competition relates to rowing, International Competition shall have the same meaning as International Regatta as defined in Rule 6 of the World Rowing Rules of Racing.

International Sport Federation: A sport federation recognised by the IPC as the sole worldwide representative of a sport for Athletes with an Impairment that has been granted the status as a Para sport by the IPC. The IPC and the International Organisations of Sports for the Disabled act as an International Sport Federation for certain sports.

International Standards: A document complementing the Code and providing additional technical and operational requirements for Classification.

IPC: International Paralympic Committee.

Maintaining Certification: The advanced training, education and practice necessary for continued competency as a Classifier.

Major Competition Organiser: An organisation that functions as the ruling body for an International Competition.

Medical Diagnostics Form: a form that a National Body or National Paralympic Committee must submit in order for an Athlete to undergo Athlete Evaluation, identifying the Athlete's Health Condition if so required.

Medical Review: The process to identify if a change in the nature or degree of an Athlete's Impairment means that some or all of the components of Athlete Evaluation are required to be undertaken in order to ensure that any Sport Class allocated to that Athlete is correct.

Medical Review Request: A request made by a National Body or National Paralympic Committee for Medical Review, made on behalf of an Athlete.

Models of Best Practice: An ad hoc guidance document prepared by the IPC to assist in the implementation of the Code and International Standards.

National Body: Refers to the national member of an International Sport Federation (member federation).

National Laws: The national data protection and privacy laws, regulations and policies applicable to a Classification Organisation.

National Paralympic Committees: The national member of the IPC who is the sole representative of Athletes with an Impairment in that country or territory. These are the national members of the IPC.

National Protest: A Protest made by a National Body or a National Paralympic Committee in respect of an Athlete under its jurisdiction.

Non-Competition Venue: Any place or location (outside of a Competition) designated by Para Rowing as being a place or location where Athlete Evaluation is made available to Athletes in order that they may be allocated a Sport Class and designated with a Sport Class Status.

Observation in Competition: The observation of an Athlete in a Competition by a Classification Panel so that the Classification Panel can complete its determination as to the extent to which an Eligible Impairment affects that Athlete's ability to execute the specific tasks and activities fundamental to the sport.

Paralympic Games: Umbrella term for both Paralympic Games and Paralympic Winter Games.

Permanent: The term Permanent as used in the Code and Standards describes an Impairment that is unlikely to be resolved meaning the principal effects are lifelong.

Personal Information: Any information that refers to, or relates directly to, an Athlete.

Physical Impairment: an Impairment that affects an Athlete's biomechanical execution of sporting activities, comprising Ataxia, Athetosis, Hypertonia, Impaired Muscle Power, Impaired Passive Range of Movement, Limb Deficiency, Leg Length Difference and Short Stature.

Process/Processing: The collection, recording, storage, use or disclosure of Personal Information and/or sensitive Personal Information.

Protested Athlete: An Athlete whose Sport Class is being challenged in accordance with these Regulations.

Protested Decision: The Sport Class decision being challenged.

Protest Documents: The information provided in and together with the Protest Form and the Protest Fee.

Protest Fee: The fee prescribed by World Rowing, payable by the National Body or National Paralympic Committee when submitting a Protest.

Protest Form: The form on which a National Protest must be submitted.

Protest: The procedure by which a reasoned objection to an Athlete's Sport Class is submitted and subsequently resolved.

Protest Panel: A Classification Panel appointed by the Chief Classifier to conduct an Evaluation Session as a result of a Protest.

Re-certification: The process by which the CAP must assess that a Classifier has maintained specific Classifier Competencies and re-certifies the Classifier for a further specified period.

Recognised Competition: a Competition that is sanctioned or approved by World Rowing at which Para Rowing events take place and/or at which classification is available.

Research Purposes: Research into matters pertaining to the development of sports within the Paralympic Movement, including the impact of Impairment on the fundamental activities in each specific sport and the impact of assistive technology on such activities.

Signatories: Any organisation that accepts the Code and commits to implement it and the International Standards by way of its Classification Rules.

Sport Class: A category for Competition defined by World Rowing by reference to the extent to which an Athlete can perform the specific tasks and activities required by a sport.

Sport Class Status: A designation applied to a Sport Class to indicate the extent to which an Athlete may be required to undertake Athlete Evaluation and/or be subject to a Protest.

Team Sport: a sport in which substitution of players is permitted during a Competition.

Tracking Code Observation Assessment (OA): a designation given to an Athlete that replaces the Athlete's Sport Class Status until Observation in Competition has been completed.

Underlying Health Condition: a Health Condition that may lead to an Eligible Impairment.

Vision Impairment: an Impairment of the eye structure, optical nerves or optical pathways, or visual cortex of the central brain that adversely affects an Athlete's vision.

World Rowing Para Rowing Classifiers Manual: The purpose of this Manual is to guide Para-rowing International Classifiers in the proper completion of the classification process for all rowers with a physical disability.

9. Sport Classes and Eligibility Requirements for each Sport Class

- a. PR3 (Includes PR3-PI (eligible for the PR3Mix2x, Not eligible for the PR3Mix2x), PR3-B1, PR3-B2, PR3-B3)
 - i. Rowers with an eligible impairment who have functional use of their legs, trunk and arms for rowing, and who can utilise the sliding seat to propel the boat will be assigned to the PR3 class after being evaluated by a World Rowing Classification Panel.
 - ii. PR3 class rowers must have an eligible impairment and meet at least one of the following definitions of the minimum impairment criteria:
 - 1) PR3-PI Physical Impairment – The minimum impairment criteria is:
 - a) a full loss of three fingers on one hand; or
 - b) at least a trans metatarsal amputation of the foot; or

- c) *the loss of ten points on one limb; or*
 - d) *fifteen points across two limbs when assessed using the Functional Classification Test as set out in the Classification Application Form for Physical Disabilities. **For the PR3 Mix2x boat class, rowers must have a minimum impairment of a loss of at least 20 points in one limb when assessed using the Functional Classification Test as set out in the Classification Application Form for Physical Disabilities.*
- 2) *PR3-B1, PR3-B2, PR3-B3 Visual impairment – Prior to any World Rowing event at which they wish to compete, a rower with visual impairment must have been classified by a VI Classification Panel and be issued a Sport Class in one of the following B3 (PR3-B3), B2 (PR3-B2) or B1 (PR3-B1) classes. Refer to <http://www.ibsa.es>.*
- b. *PR2*
 - i. *PR2 rowers demonstrate rowing-specific impairment primarily affecting the leg drive. PR2 rowers demonstrate significant limitations in the ability to use the sliding seat to propel the boat and therefore, use fixed-seat to compete in para-rowing.*
 - c. *PR1*
 - i. *PR1 rowers will demonstrate rowing-specific impairment affecting both the trunk swing and leg drive. PR1 rowers demonstrate significant limitations in the ability to use the sliding seat to propel the boat and therefore, use fixed-seat to compete in para-rowing. Additionally, PR1 rowers demonstrate significant impairment in the ability to generate force through trunk swing rotating about the hips.*
 - d. *NE (Not Eligible)*

This sport class is issued to rowers who have undergone the World Rowing Classification Process and have not met the minimum Eligible Impairment to be eligible to compete as a para rower.

10. Rowing Outside of Assigned Sport Class

Rowers may compete in a more functional sport class than their assigned sport class, but not a less functional sport class. For example, a rower classified as PR2 may compete in PR3 events, but may not compete in PR1 events.

APPENDIX R16

WORLD ROWING MASTERS REGATTA REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

1. Application

These Regulations apply to the World Rowing Masters Regatta together with and not in exclusion of the Rules of Racing and related Bye-Laws.

2. Competition in World Rowing Masters Regatta (Rule 6)

At a World Rowing Masters Regatta, all crews shall enter and compete in the name of a club, or as a composite crew comprising members of two or more clubs. Only clubs recognised by their member federation may enter and compete.

3. Coxswains (Rule 21)

The rules for coxswains shall apply to World Rowing Masters Regattas crews except as provided in this Regulation.

A coxswain is not included in the calculation of the age of the crew.

At a World Rowing Masters Regatta, coxswains are not required to be weighed before their race but are subject to random checks, or selection, by the President of the Jury or a delegate, for weighing immediately after disembarking after their race. If a coxswain, together with any deadweight required to be carried by the coxswain in the boat during the race, is found to weigh less than the minimum weight required by these Rules when checked immediately after the race, the crew shall be excluded from that event.

4. Masters Age Sub-Categories (Rule 20)

Rowers may compete in Masters rowing events from the beginning of the year during which they attain the age of 27. The age of the rowers in a Masters rowing event shall be that which they attain during the year of the event. Masters rowing events and events at the World Rowing Masters Regatta shall be held in the following crew age sub-categories:

- A. Minimum age: 27 years*
- B. Average age: 36 years or more*
- C. Average age: 43 years or more*
- D. Average age: 50 years or more*
- E. Average age: 55 years or more*
- F. Average age: 60 years or more*
- G. Average age: 65 years or more*
- H. Average age: 70 years or more*
- I. Average age: 75 years or more*
- J. Average age: 80 years or more*
- K. Average age: 83 years or more*
- L. Average age: 86 years or more*
- M. Average age: 89 years or more*

Age sub-categories do not apply to coxswains of Masters crews.

Every Masters rower must be in a position to prove their age by presentation of an official document (passport or identity card).

5. **Mixed Masters Events**

Mixed crew events may be held at World Rowing Masters Regattas in which half of the crew, excluding the coxswain, shall be women and half shall be men.

6. **Boat Classes**

The World Rowing Masters Regatta offers racing in the following boat classes:

Men	1x	2x	2-	4x	4-	4+	8+
Women	1x	2x	2-	4x	4-	4+	8+
Mixed	2x			4x			8+

7. **Number of Lanes**

For a World Rowing Masters Regatta, races may be held on up to eight lanes.

8. **Rowers Clothing and Blade Colours (Rule 39)**

At a World Rowing Masters Regatta, members of the same crew shall compete wearing uniform clothing (racing shirt and shorts or equivalent and any additional garments). The regulation regarding uniform clothing will not be enforced in mixed crews.

Crews may race with blades which are not of uniform colour within the crew.

9. **Crew Changes after the Entry Deadline and up to one hour before the First Heat (Rule 48)**

In the case of Masters crews, a substitute shall not be permitted if the age of the replacement rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew concerned.

10. **Progression System (Rule 57)**

At a World Rowing Masters Regatta, there will be a final for events where the number of entries is the same or fewer than the number of available racing lanes. Where the number of entries in an event exceeds the number of available racing lanes, the entry will be divided into two or more races accordingly with each race being a final. The Draw for these finals shall be made in accordance with Regulation 11.

11. **The Draw (Rule 59)**

Where an event is divided into two or more finals, the allocation of crews to each such final shall be the responsibility of the Masters Rowing Commission or its delegated representatives.

12. **Damage while in the Start Zone**

At a World Rowing Masters Regatta, if a crew, while still in the start zone, sustains damage to its boat or equipment, then a member of the crew shall raise an arm to indicate that there is a problem. The Starter or Umpire shall stop the race. The Umpire shall decide, after having examined the damage, whether the claim was justified, after consulting (if necessary) with the President of the Jury. The Masters Rowing Commission may establish, if announced in advance of the regatta, a uniform time limit within which a crew that sustains damage must complete repairs and be ready to start, or else withdraw from the race. For the purpose of this Regulation, a crew is still in the start zone if the bow of its boat has not yet crossed the 100 metres line.

13. **Conduct of Races**

At a World Rowing Masters Regatta, zonal umpiring shall be used, in order to allow races to be run at short intervals. Normally, no motor boats shall follow the races, and the number of such boats on the water shall be the minimum required for the safety and efficient operation of the regatta and maintenance of the course. At the discretion of the Masters Rowing Commission, an Umpire's launch may be used to follow races.

14. Titles, Prizes and Cups

Medals will be awarded to the winners of each final. The design of the medals shall be subject to the approval of the Masters Rowing Commission.

15. Exceptional Cases (Rule 86)

Should it be necessary to take decisions in exceptional cases (e.g., postponement of a racing session), the Chair of the Masters Rowing Commission, in consultation with the President of the Jury and the Chair of the Organising Committee shall make such decisions.

16. Interpretation of Regulations (Article 9)

Under the delegated authority of the Executive Committee, the Masters Rowing Commission shall adjudicate on all cases not covered by the Rules of Racing, Bye-Laws and Regulations, as well as on disputes which may arise during a World Rowing Masters Regatta. The decision of the Masters Rowing Commission shall be final.

17. Health and Fitness (Bye-Law to Rule 14)

- a. *Each rower in a Masters rowing event shall be responsible for their own health and fitness and swimming ability (Rule 14), including being able to swim 50 metres and keep their head above water unassisted for three minutes.*
- b. *It is strongly recommended that rowers competing in the World Rowing Masters Regatta undergo the Pre-competition Health Screening detailed in Bye-Law to Rule 14 2) a).*

18. Anti-doping (Rule 85)

Anyrower at the World Rowing Masters Regatta selected to undergo an In-Competition anti-doping test and who is using a prohibited substance or a prohibited method for therapeutic reasons must note the prohibited substance or method on the doping control form during the testing process. An application for a retroactive Therapeutic Use Exemption (TUE) must then be made by the Rower to World Rowing within 14 days of the test. The TUE application must be entered by the rower into the WADA Anti-Doping Administration & Management System (ADAMS).

APPENDIX R17

WORLD ROWING TOURS REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

1. Definition – A World Rowing Tour is a multi-day non-competitive rowing activity approved by the World rowing Council under the provisions of these Regulations.

2. Eligibility

Rowers from all member federations shall be entitled to apply to participate in World Rowing Tours.

3. Candidates for Participation in Tours

Applications of candidates for participation shall be filed with their member federation and subsequently submitted by the member federation to the World Rowing Rowing for All Commission for final selection of participants.

4. Safety and Health of Rowers (Rule 14)

Every participant in a World Rowing Tour shall:

- a. be personally responsible to ensure that they have a state of health and fitness necessary for rowing the distances proposed by the Organising Committee.*
- b. be capable of swimming a distance of at least 300 m in the type of clothing likely to be worn at the tour concerned.*
- c. possess sufficient experience, ability and technique, both rowing and sculling, to safely participate in the Tour and to handle risk situations on their own and, in general, not depend on the help of others.*
- d. comply with any age limits established by the organising committee*
- e. carry in the boat a personal flotation device as required or approved by the organising committee.*

5. Insurance (Rule 11)

- a. Each participant of a World Rowing Tour shall ensure that they have adequate and appropriate insurance cover in place for at least the duration of the event and the period of travel to and from.*
- b. For the purpose of this Regulation, “adequate and appropriate insurance cover” shall include cover for:*
 - i. General (third party) liability – sufficient for the countries visited;*
 - ii. Travel and medical expenses - sufficient for the country being visited and to include repatriation to the home country; and*
 - iii. Property – for boats, other rowing related equipment and personal effects of significant value not covered by the travel insurance.*
- c. All individuals participating at a World Rowing Tour shall, upon being requested by World Rowing to do so, provide documentation to World Rowing that confirms that they hold the various insurance coverage required by this Regulation.*

APPENDIX R18

COASTAL ROWING COMPETITION REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

Preamble

- a. Rules applying to International Regattas shall apply to international Coastal Rowing regattas and rules applying to World Championship regattas shall apply to World Rowing Coastal Championship regattas except as provided in these Regulations, which are approved by the World Rowing Council as Departures from the Rules.
- b. These Regulations apply to Coastal Rowing in both the Endurance and Beach Sprints formats. Appendix R19 details departures from these Regulations specific to Beach Sprints.

1. Rowing, Boats, Regattas (Rule 1)

A Coastal Rowing regatta is a regatta in which all rowers use Coastal Rowing boats as defined in these Regulations and where the competition course is on the open sea or on a large inland body of water and in accordance with these Regulations.

2. Application (Rule 2)

These Regulations apply to International Regattas for Coastal Rowing and the World Rowing Coastal Championships together with and not in exclusion of the World Rowing Rules of Racing.

3. Right to Participate (Rule 11)

The World Rowing Coastal Championships are open only to club crews nominated by their member federations.

4. Eligibility (Rule 12)

To compete in a World Rowing Coastal Championship regatta, a rower shall be a member of a club recognised by the member federation.

5. Safety and Health of Rowers (Rule 14)

- a. Each rower at Coastal rowing events shall ensure that:
 - i. they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and
 - ii. they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.
- b. For the World Rowing Coastal Championships, it is strongly recommended that rowers undergo a pre-competition health screening detailed in Bye-Law to Rule 14 2) a).
- c. These requirements are in addition to the safety provisions in Regulation 19.

6. Age Categories (Rule 17)

The following age categories for rowers are recognised by World Rowing for Coastal Rowing:

- a. Seniors
- b. Under 19

7. Additional Categories (Rule 18)

Except for the age categories, World Rowing does not recognise any additional categories for Coastal Rowing.

8. Coxswains (Rule 21)

The minimum weights of coxswains shall also apply to Coastal Rowing.

9. Boat Classes (Rule 24)

The following boat classes are recognised by World Rowing for Coastal Rowing:

- a. Solo (C1x)
- b. Double Sculls (C2x)
- c. Coxed Quadruple Sculls (C4x+)
- d. Coxed Four (C4+)

10. World Rowing Coastal Championships Event Programme (Rule 25)

World Rowing Coastal Championships are held in the following events:

- a. Men (M) C1x, C2x, C4x+
- b. Women (W) C1x, C2x, C4x+
- c. Mixed (Mix) C2x

11. Mixed Coastal Events

Mixed crew events may be held at Coastal Rowing regattas in which half of the crew, excluding the coxswain, shall be women and half shall be men.

12. Construction of Coastal Rowing Boats (Rule 28)

- a. Coastal Rowing boats used in international Coastal Rowing regattas and World Rowing Coastal Championships must meet the following three measurement requirements:
 - i. Maximum permitted length over all;
 - ii. Minimum permitted weight of boat;
 - iii. Minimum permitted width of the boat measured at the following two locations, all measurements taken externally at the station of maximum overall beam:
 - 1) width overall (point 1);
 - 2) width at the Secondary Beam Measurement Point which shall be located at the specified height from the deepest point of the boat at that station (point 2).

The maximum permitted length and minimum permitted weights are as follows:

	Maximum length (m)	Minimum weight (kg)
C1x	6.00	35
C2x	7.50	60
C4+, C4x+	10.70	130*

*The minimum weight of the C4+, C4x+ will remain at 140kg until 1 January 2022, at which point it would be reduced to 130kg.

There is no minimum length for Coastal Rowing boats.

The minimum permitted widths are as follows:

Boat Type	Width Overall (Point 1)	Secondary Beam Measurement Point	
		Height of Measurement Point above Deepest Point of Boat	Width at Measurement Point (Point 2)
C1x	0.75 m	0.19 m	0.55 m
C2x	1.0 m	0.23 m	0.70 m
C4+, C4x+	1.3 m	0.30 m	0.90 m

In Coastal Rowing boats, all rowers must be seated in line over the axis of the boat and all coxed boats shall be designed so that the coxswain is required to sit upright to the stern of the rowers.

In addition to the flotation requirements referred to in Appendix R2 Bye-Law to Rule 28 and in the “Minimum Guidelines for the Safe Practice of Rowing”, Coastal Rowing boats should be constructed with three (3) watertight compartments. These compartments may have watertight hatches or ports for access to these areas.

Boats must be designed and constructed so that the hulls are self-bailing; self-bailing shall mean that water in the boat will automatically be removed through hull bailers by the forward movement of the boat, or by a cockpit floor properly pitched aft to an open transom.

- b. *Traditional Coastal Rowing Boats of Different Design - The organising committee of an international Coastal Rowing regatta may establish separate events for Coastal Rowing boats of different traditional designs or may allow such boats to compete in races together with boats of other designs, and at the discretion of the organising committee may or may not categorise each design individually for the purpose of the competition.*
- c. *Requirements for Coastal Rowing Boats and Equipment - All boats must meet the safety requirements set down by World Rowing and any additional requirements set down by any national, regional and/ or local authority for participation in the particular Coastal Rowing regatta. In particular:*
 - i. *Boats must meet the minimum flotation standards set down by World Rowing, either with the required watertight compartments or built-in flotation utilising bags or tanks. (At an international Coastal Rowing regatta where the organising committee accepts entries from traditional Coastal Rowing boats exceptions to the World Rowing Flotation Guidelines may be made by the organising committee for a class of boats if the boats meet all other safety requirements.)*
 - ii. *Boats must carry a life jacket for every crew member, of a type which meets recognised international standards. Coxswains must wear a life jacket at all times in the boat;*
 - iii. *Boats must have a towing eye fitted with a 15 m buoyant line. Both the towing eye and the line shall be of sufficient strength to allow safe towing of the swamped boat with crew members on board in strong wind and sea conditions. The loose end of the line must be within hand reach of a rower for the purpose of throwing to a rescue boat if required;*
 - iv. *Any ballast must be fixed securely to the structure of the boat;*
 - v. *During Coastal Rowing races, for safety reasons each boat shall be permitted to carry such radio or telecommunication equipment as permitted or required by the organising committee or by other maritime authorities for such events;*
- d. *Boat Numbers*
 - i. *All boats participating in an international Coastal Rowing regatta must be registered with the organising committee before going on the water, whether for training or competition, and shall be allocated a boat number.*
 - ii. *Each boat must display its boat number on both sides of the bow in the manner described below for the purpose of identification and safety.*
 - iii. *Registration is the responsibility of the member federation or the club in whose name the crew is entered, and the crew concerned. Any crew failing to register their boat in accordance with these Regulations or failing to properly display the boat number at all times at a regatta may be sanctioned.*
 - iv. *The individual numbers and/or letters making up the boat number on the boat shall each be a minimum of 20 cm high and shall be in contrasting colour to the background.*

- v. *At a World Rowing Coastal Championships, the boat numbers shall be allocated by the organising committee.*
- e. *Crew Racing Numbers*
 - i. *At races where crews are using shared pool boats each competing crew will be required to display a crew racing number in addition to a boat number.*
 - ii. *At a World Rowing Coastal Championships all crews are required to display a crew racing number which will be the country code and national federation rank [example: FRA09].*
 - iii. *The individual numbers and/or letters making up the crew racing number on the boat shall each be a minimum of 15 cm high and shall be in contrasting colour to the background.*
 - iv. *For races with beach finishes which require one or more crew members to exit the boat and cross the finish line on foot, every crew member crossing the finish line must clearly display their crew number on their person in a manner visible to the finish judges.*

13. Race Course Characteristics (Rule 31)

- a. *The Race Course*
 - i. *The race course for international Coastal Rowing regattas shall provide, as far as possible, fair and equal racing conditions for all crews. This shall require sufficient width of the start line to allow all the crews in each race to start at the same time.*
 - ii. *Wherever possible, the organising committee shall design the course so that the action of the race and competing boats can be seen by spectators on shore. In designing the course, the organising committee shall take advantage of wind and wave direction, coastal features and beaches. This may include beach starts or finishes.*
 - iii. *The length of course shall be as provided in Regulation 14.*
 - iv. *The course may be straight, rectangular, triangular or point to point or of such other shape as may be suited to the location.*
 - v. *For safety purposes the layout of the course shall not allow boats to be travelling in opposite directions in the same water.*
 - vi. *The course may be covered more than once. In principle there should be no turning marker closer than one kilometre (1 km) from the start if the required angle of the turn at that marker is greater than 45 degrees.*
 - vii. *Where an event has separate preliminary heats, the courses used for the respective heats may be different from one heat to the next but must be of the same racing distance and the racing conditions of each course on the day must be similar.*
- b. *Course Markers*
 - i. *A plan of the course(s) showing the location of all course markers together with their description and their GPS position must be included in the Notice of Regatta and also in the instructions issued to all crews upon arrival at the regatta. The plan shall also be displayed at the Control Commission.*
 - ii. *For safety purposes, wherever buoys are used to mark the turning points, the organising committee should, wherever possible, use inflatable marker-type buoys rather than existing solid moorage buoys and beacons.*
 - iii. *The organising committee shall take all necessary precautions in setting out the course markers and the course to avoid any risks of boats grounding in shallow waters, including by clearly marking such areas and placing warning buoys in the appropriate locations.*

- iv. *Prior to the Crew Captain's Meeting the Race Director, President of the Jury and a representative of the Rowing For All Commission shall agree on which turning marks shall be designated a 'key turning marker'. A key turning marker is a point of increased risk of severe interference between crews due to factors such as, for example and not limited to, the angle of the turn and/or its proximity to the start.*
- c. *Start and Finish Lines*
 - i. *The start line and finish line shall be visually marked by the alignment of two landmarks or buoys.*
 - ii. *The orientation of the start or finish line shall in principle be perpendicular to the route to be taken to or from the next or previous turning point respectively.*
 - iii. *For all races, except for races against the clock, the start line shall be wide enough to allow all rowers in the race to align and start at the same time.*
 - iv. *The finish line may either be on the water, or if such an option is possible, on the beach. Where a beach finish is provided, the finish shall be a finish line, a flag or a button situated at a designated point on the beach and a crew shall have finished the race when a member of the crew has crossed the line, touched the flag or pressed a button as required.*

14. Racing Distance (Rule 32)

- a. *International Coastal Rowing regattas - In principle there is no specified racing distance and this may vary from regatta to regatta. However, the length of the course in each case shall be shown in the World Rowing International Regatta Calendar (Rule 10) and shall be notified to all participants in the Notice of Regatta. The racing distance may be changed by the President of the Jury in the case of adverse weather conditions, in consultation with the organising committee.*
- b. *World Rowing Coastal Championships - In principle the racing distance shall be between 6 km and 8 km and shall be the same for men and women. The distance may vary depending on factors relating to the individual venue for the Championships taking into account safety, favourable weather conditions, progression to finals, positioning of course markers, spectator visibility and start and finish facilities.*

In adverse weather conditions the distance may be changed by the President of the Jury, in consultation with the Race Director and the organising committee.

15. Number of Lanes (Rule 33)

Coastal Rowing regattas shall normally be raced without limit to the number of crews in each race. This will be subject to the dimensions of the start line, the length of the course and all safety considerations, including weather conditions and provision of safety boats. There shall be no delineated lanes. Where there is a limit on the width of the start line, the organising committee shall indicate in the Notice of Regatta and in the information to crews the maximum number of boats which can be accommodated on the start line at one time in any race.

16. President of the Jury (Rule 37)

The President of the Jury shall allot duties to each member of the Jury and shall supervise their activities. The President of the Jury shall take the Chair at Jury meetings and ensure proper co-ordination with the organising committee and especially the Race Director.

17. The Jury (Rule 37)

- a. *The Jury shall be responsible for ensuring that the competition is run in accordance with these Rules of Racing, related Bye-Laws and Event Regulations.*

The Jury shall consist of Umpires carrying out the following duties:

- i. *President of the Jury;*
 - ii. *Starter;*
 - iii. *Judge at the Start*
 - iv. *Race Umpire;*
 - v. *Key Turning Mark Umpires;*
 - vi. *Penalty Umpire;*
 - vii. *Judges at the Finish, one of whom shall be the Senior Judge;*
 - viii. *Members of the Control Commission, one of whom shall be the responsible member.*
- b. *In races that have a large number of crews, two Race Umpires can be used. One shall be appointed the senior Race Umpire*
- c. *The President of the Jury, the Starter, the Judge at the Start, the Race Umpire(s), the Key Turning Mark Umpires, the Penalty Umpire, Senior Judge at the Finish and the responsible member of the Control Commission shall each hold an International Umpire's licence. The Jury shall be supported in its work by other officials holding a national umpire licence.*

18. Commercial Publicity, Sponsorship, Advertising, and Identifications (Bye-laws to Rule 38)

- a. *Identification on the racing shirt or equivalent*
- i. *For World Rowing Coastal Championships and other designated World Rowing Coastal Rowing events (World Rowing Events), World Rowing may require rowers to wear special clothing with the World Rowing identifications. This may take the form of a specially made T-shirt or bib, to be provided by World Rowing, which shall be worn under or over the rowers' racing shirt. For this purpose, for all World Rowing Events, the racing shirt shall be the "singlet" or "sleeveless-shirt" style.*
 - ii. *Each crew member shall also display on their racing shirt or equivalent the three-letter country code and their family name (in Romanised text) in the following manner and format:*

Racing Shirt	Font	Height	Width	Case	example
FRONT: Family name	Arial	50mm	120-150mm	Uppercase	GARCIA
FRONT: Country code	Arial	50mm	60-100mm	Uppercase	MEX
BACK: Country code	Arial	100mm	150mm	Uppercase	MEX

- b. *Identifications on the boat*
- i. *The following general provisions shall apply:*
 - 1) *Member federation or club sponsor identifications may appear on the boat as specified below, except in those areas reserved for the boat number and crew identification number and the World Rowing/organising committee identifications and manufacturer's symbol.*
 - 2) *Pool boats - At World Rowing Events, crews using boats provided by the organising committee ("pool boats") will not have the right to place any advertising or identifications on the boat.*
 - ii. *For World Rowing Events, the following identifications should be positioned on each side of the boat as measured from the bow of the boat:*

1)

	C1x	C2x	C4x+
Manufacturer symbol	0-15 cm	0-15 cm	0-15 cm
Boat ID	15-80 cm	15-110 cm	15-110 cm
Crew ID	80-150 cm	110-210 cm	110-210 cm
World Rowing/OC sponsor	155-255 cm	215-315 cm	215-335 cm

2) *The total area (cm²) and length (cm) allowed on each side of the boat for the Manufacturer symbol and World Rowing/organising committee sponsor identifications are:*

	C1x	C2x	C4x+
Manufacturer symbol	50 cm ²	50 cm ²	50 cm ²
World Rowing/OC sponsor	1200 cm ²	1200 cm ²	1600 cm ²
	80 cm	80 cm	100 cm

3) *For the World Rowing Coastal Championships, the World Rowing/organising committee area is reserved for use by World Rowing under these Regulations. When this space is not being used by World Rowing it may be used by the organising committee, but only with the specific prior agreement of World Rowing.*

4) *For international Coastal Rowing regattas, the World Rowing/organising committee space is reserved for the sponsor of the organising committee.*

5) *In addition to the symbol of the Manufacturer, the identification of the Manufacturer may appear once on each side of the boat, except in those areas otherwise reserved as detailed in this Regulation. Each Manufacturer Identification may be no more than 100 sq cm in area.*

c. *Identifications on boat identification numbers*

i. *For international Coastal Rowing regattas, the identification of an organising committee sponsor may appear once either above or below the boat number and the lettering may be no more than 10 cm in height.*

ii. *For World Rowing Events, the identification of a World Rowing sponsor may appear once either above or below the boat number and the lettering may be no more than 10 cm in height.*

d. *Other Identifications – Other than the Identifications in section 18) b) above, the only other Identifications allowed shall be those described in Appendix R6 - Bye-Law to Rule 35 – Commercial Publicity, Sponsorship, Advertising and Identifications.*

e. *Sculling Oars and Sweep Oars*

i. *Pool Oars – At the World Rowing Coastal Championships and other designated World Rowing Coastal Rowing events, crews using sculling or sweep oars provided by the organising committee (“pool oars”) will not have the right to use the advertising space on the oars allotted to member federations or clubs. This right will be retained by the organising committee.*

ii. *Blade Colours – Only the member federation colours as registered with World Rowing, the Club colours as registered with the member federations or ‘pool oar’ colour as registered with World Rowing may appear on the blades.*

19. Safety – General Principles (Rule 50)

The following provisions are in addition to the requirements of Regulation 5.

a. *Race Director*

The organising committee shall appoint a Race Director who is very familiar with local water conditions and who has experience of Coastal Rowing events. The Race Director shall be responsible for all communications with the local maritime authority and shall ensure that all safety requirements, including rescue services, are in place before the start of races and that all local maritime rules and regulations are met. The Race Director shall cooperate closely with the President of the Jury and shall participate in any decisions in case of adverse weather conditions. In any case where the Race Director and the President of the Jury are not in agreement on an issue regarding safety, the decision of the President of the Jury shall prevail.

b. *Crew Captains' Meeting*

Before the start of the competition, a meeting shall be convened by the organising committee at which all team managers, coxswains and crew captains must participate. At this meeting, participants will be provided with all information reasonably required for the safe running of the event (including local maritime rules, tidal movements, currents, specific topography, known dangers, safety rules and sanctions which can be applied under these Regulations). If deemed necessary, the coxswains, and the crew captains, may be invited to view the course from a motor launch of the organising committee.

c. *Rowers' Obligations*

i. *General obligations*

All rowers and coxswains must:

- 1) Be familiar with and respect local maritime rules in addition to the World Rowing Rules of Racing, Bye-laws and Regulations;*
- 2) Wear appropriate life jackets or have an individual life jacket on board within easy and convenient reach for their personal use at all times when on the water. Coxswains shall wear a life jacket at all times when on the water;*
- 3) Know what to do in the event of their boat swamping or capsizing and if their boat requires to be towed.*

ii. *Crew Captain's obligations*

According to international maritime law, all sea-going vessels must have one person responsible for safety and navigation. In Coastal Rowing, this will be one member of the crew who will be designated the "Crew Captain". The designated Crew Captain for every boat shall be notified to the organising committee in writing at the time of the crew's registration and before the crew goes on the water for the first time, whether for training or for racing. Such notification is the responsibility of the member federation or the club in whose name the crew is entered, and the crew concerned. Any crew for which a Crew Captain has not been notified shall not be permitted on the water. The Crew Captain shall be responsible to:

- 1) Before every outing:*
 - a) Assess the risks and the ability of the crew to cope with the prevailing and forecast conditions;*
 - b) Be familiar with the current and expected weather conditions;*
 - c) Register the outing with the Control Commission, showing the date and time of the outing, the estimated length of the outing and the route to be taken;*
 - d) Check the condition of the boat and the safety equipment on board.*

- 2) *During the outing:*
 - a) *Ensure that the crew respects all navigational, safety and traffic rules;*
 - b) *Require that all members of the crew wear their life jackets as necessary;*
 - c) *Make necessary decisions for the safety of the crew if the weather deteriorates;*
 - d) *Monitor any changes in the weather or water conditions which might affect the safety of the crew.*
 - 3) *After the outing:*
 - a) *Inform the Control Commission of the return of the crew;*
 - b) *Complete the register to indicate the crew's return;*
 - c) *Inform the Control Commission of any incidents or safety issues;*
 - d) *Record and report to the organising committee any damage to a pool boat*
- d. *Special Coastal Rowing Safety Considerations*
- i. *General Rules of Circulation*

Rowing at sea outside of channels and ports requires special attention to weather conditions, tides, water currents and general maritime traffic. Rowers and coxswains must familiarise themselves with general international maritime navigation rules as well as the specific conditions of the area. Safety measures and local rules must be vigorously applied by the organising committee and the Jury and must be strictly observed by the crews.
 - ii. *Important rules for rowing at sea*

Rowing boats must not hinder the passage of:

 - 1) *Boats that can only navigate safely in a narrow channel or access lane;*
 - 2) *Boats with mechanical propulsion in a traffic lane;*
 - 3) *Ships with heavy cargo.*
 - iii. *Avoiding collisions*

When two rowing boats are on a potential collision course, both boats should move to starboard to give way to the other boat. For clarification, "starboard" means the left-hand side of the rowers as they are seated in the boat (bowside).
- e. *Shelters*

Shelters are ports and bays where boats can easily find refuge in adverse weather conditions and where the crew members can be safely disembarked. Such shelters must be made known by the organising committee to all crews as part of the information to crews. Shelters may be very dependent on the tidal, wind and current conditions. Depending on the conditions, an area may be considered a shelter at a certain time of day only, and may be dangerous and inaccessible at other times. Whatever the route followed by the rowers, they must be aware of all the possibilities of access to the shelters in accordance with the navigational limits imposed on their boat.

- f. *Capsizing*

Crews should regularly practice their capsize drill and familiarise themselves with all the steps to ensure the safety of the crew in case of capsize.
- g. *Any member of the Jury may prohibit any crew from going on the water if they consider that crew constitutes a danger to themselves or other crews on the water. In the event of a dispute, the President of the Jury shall determine the issue.*

20. World Rowing Progression System (Rule 57)

The organising committee shall stipulate the maximum number of crews which can be accommodated on the Start line at one time in accordance with Regulation 15. Should the number of crews taking part in an event exceed the number of positions available on the Start line, a system of heats shall be adopted. In such case, the number of crews progressing to the next round from each heat shall be the number of available places on the Start line divided by the number of heats which are required.

The number of crews in each heat shall be as equal as possible and in principle the same number of crews from each heat shall progress to the next round.

If an event has fewer entries than there are places on the Start line, there shall be a direct final with no preliminary races for that event.

The organising committee in the case of international Coastal Rowing regattas, and World Rowing in the case of World Rowing Events, may place a limit on the number of boats in each heat and /or the number of boats to progress to the final. In principle the minimum number of boats in the final should be eight (8) in any one event and the maximum will be equal to the number of available boats or space available. Such information shall be included in the Notice of Regatta and shall be included in all information given to crews before the regatta.

21. The Draw and Determining the Lanes (Rules 59 and 60)

Where a system of preliminary heats is required, a Draw, supervised by the Jury, shall allocate crews to heats.

- a. *Floating Starts - There shall be no lanes allocated for floating starts.*
- b. *Beach Starts - For beach starts where the line of the start is not perpendicular to the first turning marker, crews' starting positions will be allocated as follows:*
 - i. *Preliminary round -*
 - 1) *Where there is no seeding the allocation shall be by random draw, supervised by the Jury.*
 - 2) *If there is seeding of crews, the higher seeded crews shall, in the first round of the event only, be allocated starting positions at the end nearest to the first turning marker.*
 - ii. *Where there has been a preliminary round the positions for subsequent rounds shall be allocated based on the ranking of crews in the previous round with the higher-ranking crews at the end nearest to the first turning marker.*

22. Adverse Weather Conditions (Rule 63)

The President of the Jury, in consultation with the Race Director and the organising committee, shall take all decisions on any delay, postponement or cancellation of races, or of changes to the course, resulting from adverse weather conditions or other matters relating to the safety of rowers and officials on the water or the fairness of the course.

This may include reducing the maximum number of boats in races. If the number of boats in a race is reduced under this Regulation, the President of the Jury may use the ranking in the preliminary heats to seed the races or, if there have been no preliminary heats, the crew ranking issued by the member federation shall be used.

23. At the Start (Rule 66)

There shall be no start zone in Coastal Rowing events. Crews are responsible for their own equipment if there is damage. Crews must be in the vicinity of the start line two minutes before the designated start time.

The Starter may start the race without reference to absentees.

24. The Starting Procedure (Rule 67)

a. The Start (floating)

Each boat shall be at liberty to find its own position on the Start line but it is the responsibility of each crew to ensure that it does not interfere with other boats. Where such interference occurs or is going to occur, each crew must take appropriate avoiding action, but shall follow the instruction of the Starter or Umpire whenever such instructions are given.

The Starter may be assisted by other umpires under the authority of the Starter. The position of the Starter shall in principle be approximately 50-100 meters behind the line of the Start and shall be such that the Starter has a clear view of all boats and the starting signals are clearly visible to all crews on the Start line.

There shall be a Judge at the Start who shall be positioned exactly on the line of the Start in a position to clearly see all boats on the start line.

The Judge at the Start shall be responsible to identify any boats which are on the course-side of the Start Line at the time the start signal is given. They shall immediately notify the Starter and Umpires of their decision in this regard and the offending crews shall be notified in accordance with Regulation 25.

The starting procedure shall be as follows:

- i. It shall be the responsibility of each crew to ensure that no part of their boat is on the course-side of the Start Line at the time the start signal is given and the Judge at the Start shall not give any instructions to crews in this regard prior to the start signal being given. Crews in the Start area shall at all times closely follow the instructions of the Starter or Umpire. Any crew not following such instructions may be penalised. After giving the 3-minute, 2-minute and 1-minute signals respectively as provided in this Regulation, the Starter may start the race at the given time without reference to the position of any crew.*
- ii. Three minutes before the start, the Starter shall simultaneously:
 - 1) Hoist three balls in the air (each ball shall be red with a white cross on it, be clearly visible from the Start line and shall be not smaller than 50cm in diameter); and*
 - 2) Sound 3 clear, short blasts with a hooter.**
- iii. All boats shall remain within the vicinity of the start line. At the expiry of the 3 minutes the start can be given even if some boats have not reached the start position.*
- iv. Each crew shall be responsible to be aware of the time remaining before the start. It is the responsibility of crews to be close to the start line at the start time of the race and not to cause a false start. There will be no instructions given to crews concerning alignment unless the Judge at the Start considers that too many boats are over the start line and that the race cannot be started in a safe or fair manner.*
- v. Two minutes before the start time, the Starter shall simultaneously:
 - 1) Drop one of the three raised balls; and*
 - 2) Sound two clear, short blasts with the hooter.**
- vi. One minute before the start, the Starter shall simultaneously:
 - 1) Drop one of the two remaining balls; and*
 - 2) Sound one clear, short blast with the hooter.**
- vii. At the Start time, the Starter shall give the signal to start by simultaneously:
 - 1) Dropping the one remaining ball; and*
 - 2) Sound one long blast with the hooter.**

- viii. *The ball should be lowered exactly 3 minutes after the beginning of the starting sequence. The official start of the race will be considered the moment the single ball starts to be lowered. Summary table of starting sequence (floating)*

Time	Visual signals	Audio signals
-3 minutes		3 balls (red with white cross) 
-2 minutes		2 balls (red with white cross) 
-1 minutes		1 ball (red with white cross) 
START	 drops	 LONG
Mass false start	 Waving	Starter waving red flag  X repeated

- ix. *Should the Judge at the Start consider that many crews are on the course-side of the Start line at the designated start time, or if many crews are late to the Start through reasons beyond their control, it is the sole responsibility of the Starter to decide whether to delay the Start. Alternatively, the Starter may start the race on time and if appropriate may award penalties as provided in these Rules, Bye-Laws and Regulations.*
- b. *The Start (Beach Start)*
- i. *The boats shall be lined up on the beach near the water's edge. If under Regulation 21 the starting position of boats has been allocated, the boats shall line up and start in accordance with those positions.*
- ii. *Boat Handlers - There shall be up to two boat handlers per boat. The boat handlers shall, in principle, be provided by the teams and are recognised as official support crew members. The role of the boat handler is to support the departure and arrival of the crew from and to the beach. The boat handlers for each crew should wear matched uniforms or a bib that comply with the Rules in respect of Identifications, and are clearly distinguishable from the crew. In rougher conditions and at the discretion of the President of the Jury the number of boat handlers may be increased. Boat handlers may not board the boat at any time but may assist the crew in any other way, including rudder fixing, etc. When the boat returns to the beach the boat handlers may "catch" the boat to slow its progress when it reaches the beach and a crew member disembarks to run to the finish line. The boat handlers shall comply with any instructions of the race officials and shall at all times be subject to the Rules of Racing. The boat handlers will support the crews in holding the best pointing for the boat for the crew members to board and depart. The boat handlers must not board the boat or move in to any position where the typical water surface is above their shoulders when standing on the sea bed.*
- iii. *When the Starter directs the crews to put their boats on the water (24.3.3 below), they shall hold their boats approximately 8m apart at the edge of the water. In a normal beach start, all crew members shall be holding their boat standing in the water next to their boats and can only start to board their boat after the start signal has been given.*
- iv. *The Starter shall then order the crews to get ready and bring their boats into line. The Judge at the Start shall be the sole judge of whether the boats are in line.*
- v. *If a running start is used, one nominated crew member from each crew shall be a runner. The runners will start behind a set running start line located on the beach and when the start signal is given shall run to their boat to join the other crew members.*
- The remaining crew members shall be holding their boats and standing in the water next to their boats and can only start to board their boat when the start signal is given.*

vi. *It is the responsibility of each crew to ensure that it does not interfere with other boats. Where such interference occurs or is going to occur, each crew must take appropriate avoiding action, but shall follow the instruction of the Starter or Umpire whenever such instructions are given. A crew causing interference may be penalised by the Starter or the Umpire.*

vii. *The Starter may be assisted by other umpires under the authority of the Starter. The position of the Starter shall be such that the Starter has a clear view of the running start line (in case of running starts) and all boats and the starting signals are clearly visible to all race rowers.*

The Starter shall inform the crews when there is five minutes, four minutes and three minutes remaining before the start time.

There shall be a Judge at the Start who shall be positioned in such location as to be able to properly carry out their responsibilities. In the case of a running start, the President of the Jury may allocate two Judges at the Start for this purpose. The Judge at the Start shall be responsible to identify any nominated runner who crosses the set running start line before the start signal is given (in the case of a running start) and any crew whose member(s) start to board their boat before the start signal is given.

If the Starter is positioned on the start line, the Starter may also serve as a Judge at Start.

viii. *The starting procedure for beach starts shall be as follows:*

1) *Crews must be at their start positions (and in the case of a running start, nominated runners must be at the running start line) and under the control of the Starter two minutes before the starting time of their race.*

2) *The Starter may penalise a crew which is late to the start and may start the race without reference to absentees.*

3) *When there is two minutes to the start, the Starter shall say "Two minutes!" Any time thereafter the Starter will ask the crews to place their boats on the water, by saying "Put the boats in the water". Once the order to place the boats on the water is given, the crews are under Starter's orders and the Starter may start the race at any time.*

4) *At the Start time, the Starter shall be clearly visible. The Starter shall say "Attention!" and after a clear pause shall give the start signal by dropping in one downward motion the raised start flag, simultaneously sounding a hooter in one long blast.*

The official start of the race will be the moment the flag starts to drop.

c. *Delays of Start*

Where the start of any specific boat category is delayed for any reason, the Starter shall inform that boat category or categories of the delay. Where the whole race is to be delayed:

i. *In the case of a water start - the Starter shall lower all signals and begin the 3 minutes countdown process again in accordance with the new Start time after announcing this to the waiting crews.*

ii. *In the case of a beach start – after ensuring that the crews are in position and ready, the Starter shall proceed with the Start process in accordance with the new Start time. Where such delay is less than two minutes and boats have already been moved to the water, the Starter is not required to say again "Two minutes!" but may proceed with the Start by announcing "Attention!" and then giving the Start signal.*

25. False Start (Rule 65)

a. *Floating Start - A crew commits a false start when any part of its crew, boat or equipment is on the course-side of the Start Line at the time the Start signal is given.*

- b. *Beach Start - A crew commits a false start if, in the case of a running start, the crew's nominated runner crosses the set start line before the start signal is given and in all cases if any crew member starts to board their boat before the start signal is given.*
- c. *The Judge at the Start shall be the sole judge of a false start.*
- d. *Consequences of a False Start*
 - i. *Individual false start*
 - 1) *Floating Start - A crew committing a false start shall be allowed to continue with the race but shall be awarded a time penalty as described in Regulation 31 of this Appendix. When conditions allow a single ball should be raised to indicate one or more crews are carrying a false start penalty.*
 - 2) *Beach Start - Where a false start is committed, whether by a runner or by a crew member, the Judge at the Start shall stop the race and notify the crew that it has committed a false start and shall inform the Starter accordingly. In restarting the race, the Starter shall award a 10 second penalty to that crew and for this purpose that crew shall be required to wait for 10 seconds after the start signal is given before making any move to start their race. The Starter shall indicate by voice and flag when the 10 seconds has elapsed and the crew may start.*

A crew causing two false starts in the same race in a Beach Start shall be excluded by the Starter.
 - ii. *Multiple false start*

If in a race the Judge at the Start indicates that a number of boats have committed a false start, the Starter may decide to stop the race and give the start again or may allow the race to continue and award penalties to all boats concerned. If they decide to stop the race, the Starter shall do so by hoisting a red flag and sounding repeated short blasts on the hooter. Where there is a mass false start caused by weather conditions or other external influences, but the Judge at the Start considers the start to have been fair, they may advise the Starter to allow the race to continue with or without penalties to individual crews.

26. Responsibility of Rowers (Rule 70)

- a. *All crews shall compete in accordance with the Rules of Racing. If a crew does not comply with the Rules, including if it impedes or interferes with another boat or gains any advantage thereby, it may be penalised.*
- b. *A crew, which for any reason does not complete the full course as designated by the organising committee, including not rounding all or any of the turning markers, is responsible to declare this to the Finish Judge or other Umpire or to the organising committee at the end of the race. The result of such crew shall show DNF.*
- c. *In the case of a Beach Finish, crews returning to the beach must make every effort to keep their boat under control in an upright position with all crew members in contact with the boat until reaching the beach. In the event the boat capsizes while returning to the beach, the crew is responsible to ensure that all crew members and equipment are safe, and such responsibility shall have priority over finishing their race.*

27. Interference (Rule 71)

A crew causes interference to another crew if it changes course to prevent another crew from passing, if it does not give way when required under these Regulations, or causes a severe collision with another crew through not giving way when required by these Regulations or in any other way. Objections and Protests regarding the judgment of the Jury as to whether a crew caused an interference and the sanctions imposed on the crew for interference will not be accepted.

- a. *Severe collision - A crew causes a severe collision when one or more of the following occur:*
- i. *damage to a boat;*
 - ii. *personal injury;*
 - iii. *forcing another boat off the race course, to miss a turning marker or into an obstacle; or*
 - iv. *a rower is struck by the blades of another crew.*

In the event of a collision which the Umpire deems to be a severe collision, the Umpire shall decide who is at fault and may impose a 60 second penalty on the crew responsible. A Red Card (EXC) may be imposed in cases of a blatant disregard for the safety of other rowers.

- b. *Rules of Giving Way*

When three or more boats are on the same line and a coxswain reasonably considers that there is not enough room between their boat and the others the coxswain may call by its boat number one of the crews and say "(Boat Number --!)" – "Attention!" – "Give Way!!", and the boat called must change its course sufficiently to leave the crowded boat enough room or it may be penalised by the Umpire.

No boat or boats may deliberately or otherwise cause interference to another boat which is on a course towards a turning marker or other course mark.

If two or more crews co-operate to cause disadvantage to another crew or crews or to assist another crew or crews, all crews of the club(s) or member federation(s) involved in such cooperative action may be disqualified (DSQ).

- c. *Overtaking*

It is the responsibility of a crew overtaking another crew to avoid a severe collision with the crew being overtaken; a crew which is being overtaken must not obstruct the course of an overtaking crew.

If a crew being overtaken obstructs or causes a severe collision with the overtaking crew by changing its course or in any other manner, the Umpire may penalise the crew causing obstruction or severe collision by awarding a time penalty as described in Regulation 31 of this Appendix, or may exclude (EXC) the crew or take other appropriate measures under the Rules.

- d. *Rounding of a Turning Marker*

At the turning markers it is the individual responsibility of every crew to avoid severe collisions with other crews and observe the rules of overtaking.

Crews are responsible of their own steering.

In order to be placed in the final ranking for the event, all crews must round all turning markers in the correct direction and must complete the full course as designated by the organising committee. Crews failing to complete the full course shall not be ranked and will be listed in the results as DNF.

28. Conclusion of the Race (Rule 73)

- a. *Floating finish - A crew has finished the race when the bow of its boat has reached the finish line between the two buoys. All crew members must start and finish the race.*
- b. *Beach Finish - A crew has finished the race when one member of the crew has reached the line or touched the flag or pressed the button on the beach as required. For beach finish races all crew members in each boat must start and arrive at the beach.*
- c. *A crew in contravention of these requirements shall not be ranked in the race and their result shall be shown as DNF.*

- d. A race is concluded when the Umpire so indicates by raising a white flag or otherwise confirms the result.

29. Dead Heats (Rule 74)

When the order of finish between two or more crews is too close for any difference to be determined, then the result shall be declared a dead heat between the crews involved. If there is a dead-heat, the following procedure shall operate:

- a. In any preliminary round, if a dead-heat occurs between crews and if only one of the crews would progress into the next round, then, on the condition that sufficient boats are available for this purpose, all crews involved in the dead-heat shall progress to the next round. If there are not sufficient boats available then the President of the Jury and the Race Director, in the presence of the concerned Crew Captains, shall conduct a random draw between the crews involved in the dead heat to determine which of those crews shall so progress, up to the number of boats available for this purpose.
- b. In a final, if a dead-heat occurs between crews, then they shall be given equal placing in the final order and the next placing(s) shall be left vacant. If the tied placing is for a medal position then the organising committee shall provide additional medals.

30. Sanctions (Rule 65)

In any case of breach of the rules, a member of the Jury may impose appropriate sanctions. The sanctions available are:

- a. Reprimand, which is a formal admonishment that the conduct of the rower or crew is in breach of the Rules and that this breach may be taken into account when considering an appropriate sanction for any further breach during that regatta. This will be an appropriate sanction where the breach does not warrant a high level of sanction.
- b. Time Penalty, which is a sanction awarded to a crew which is in breach of the Rules which requires a crew to:
- Complete a specified penalty loop;
 - Complete a specified number of penalty turns;
 - Spend the awarded time penalty in a designated penalty box; or
 - Where none of the above are available, the awarded penalty times will be added to the crew's finish time.
- c. Yellow Card which is a formal warning for a breach of the Rules:
- A Yellow Card shall apply to the next race in which that crew competes in that regatta. It shall lapse only when the race is concluded and shall therefore still apply in the case of a postponement or a re-row of that race.
 - A crew awarded two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event.
- d. Relegation (REL) which places a crew in the last position in a race where specifically provided in these Rules and Regulations;
- e. Red Card or Exclusion (EXC) which excludes the crew from all the rounds of the event in question. This sanction is for a serious and/or repeated breach of the Rules justifying that the offending crew take no further part in the event.
- f. Disqualification (DSQ) which disqualifies a rower or a crew from all events in the regatta.
- This sanction is for the most serious breach of the Rules justifying removal from the regatta.
 - Where a rower is disqualified, that rower shall take no further part in the regatta.

- iii. Where a rower is disqualified at a time when Rules 48 and 49 only allow substitutions in a crew for medical reasons, then the rower may not be replaced and the crew of that rower shall be excluded from all rounds of the event in question.
- iv. Where a crew is disqualified, no member of that crew shall take any further part in any event in the regatta

The Jury member may also order that a crew which has been interfered with be allowed to proceed to the next round of an event (where such rounds are held) if they consider that but for the interference the crew would have so progressed of its own accord.

31. Time Penalties

- a. In principle a crew should serve time penalties that have been awarded to the crew before the crew crosses the finish line by completing penalty loops or penalty turns in the case of a water finish or serving the time penalty in a penalty box in the case of a beach finish. Where penalty loops, penalty turns or a penalty box is not provided, finish times shall be adjusted by adding the time penalty(s) to a crew's finish time. Unless otherwise notified, the default time penalty added to a crew's finish time shall be 60 seconds. The method to be used shall be notified at the Crew Captains Meeting.
- b. Where penalty loops, penalty turns or penalty box are provided, a crew crossing the finish line without serving the awarded time penalty(s) will be excluded (EXC).
- c. The Penalty Umpire shall centrally monitor the progression of the crews around the course and record in real time the penalties as awarded by the Starter, Race Umpire(s) and any Key Turning Mark Umpires. The Penalty Umpire may be assisted by NTOs in their duties.
- d. Water Finish – Penalty Loop or Penalty Turn
 - i. In the event of a water finish, a penalty loop or penalty turn will be established for crews to serve time penalty(s).
 - 1) Penalty Loop – Where a penalty loop is to be used, the penalty loop will be established close to the finish line, ideally between the final turning buoy and the finish line dependant on the race course design. The Penalty Umpire will be positioned at the end of the loop furthest from the finish line.



- 2) Penalty Turn – Where a penalty turn will be utilised an area between the last turning buoy and the finish line and outside the race lane will be established for crews to do penalty turns. A crew that has been awarded a time penalty will need to complete a 720 degree turn for each penalty it has been awarded. The Penalty Umpire shall be positioned so that they can inform crews of their penalty before they reach the penalty turn area.
- ii. When a crew that has been awarded a penalty(s) passes the Penalty Umpire, the Penalty Umpire will announce to the crew the name of the crew and the number of penalty laps or penalty turns it must complete. The name of the crew and number of laps or turns will also be shown on a board which shall be visible to the crew.
- iii. The crew must then complete the number of penalty loops or penalty turns before the crew continues to the finish line.

- iv. *In principle the Penalty Umpire will record the time the crew first passes the Penalty Umpire and the time when the crew returns to the course after having completed the penalty loops or penalty turns.*
- v. *A crew serving a time penalty shall not have the right of way and shall give way when entering and leaving the penalty loop and when returning on to the course.*
- e. *Beach Finish – Time Penalty Box*
 - i. *In the event of a beach finish, a penalty box will be established on the beach between where the crew's runner disembarks from the boat and the finish line.*
 - ii. *After the runner disembarks from the boat, the Penalty Umpire will inform the runner that the crew has been awarded a penalty(s) and the total time that must be served in the penalty box by saying "Crew X, Penalty Box, 1 minute". The crew name and penalty(s) shall also be displayed on a board which shall be visible to the crew runner.*
 - iii. *The runner shall enter the penalty box. The Penalty Umpire will begin timing the penalty when the runner has entered the penalty box.*
 - iv. *After the runner has been in the penalty box for the required time, the Penalty Umpire will say "Crew X, GO!" at which time the runner may complete the race by crossing the finish line.*
- f. *In addition to informing the Penalty Umpire that a penalty is awarded, the Umpire may, if possible, advise the crew at the time the penalty is awarded by saying to the crew: "(Boat Number!)" – "(reason for penalty)!" – "(action required by penalty, e.g. Penalty Loop)!".*

32. Objections (Rule 75)

- a. *Objections regarding the judgment of the Jury as to whether a crew caused an interference and the sanctions imposed on the crew for interference will not be accepted.*
- b. *Objections to the conduct of a race*
 - i. *Subject to 32) a), a crew that objects to the conduct of its race must object to the Umpire immediately after the finish of the race, before the crew leaves the immediate area of the finish line and before the umpire raises the white flag.*
 - ii. *The crew shall indicate to the Umpire that it wishes to make an objection by a member of the crew raising their arm.*
 - iii. *The objecting crew shall not leave the area of the finish line until the Umpire has heard its objection.*
- c. *The Umpire will determine the objection as follows:*
 - i. *The Umpire may reject the crew's objection and raise a white flag to signify that the race was in order;*
 - ii. *The Umpire may accept the crew's objection and raise a red flag to signify that the race was not in order.*
 - 1) *In this case the umpire must go to the Judges at the Finish in order to give them the decision and any necessary explanation.*
 - 2) *The Judges at the Finish, in such cases, shall not announce the official result of the race until the Umpire has given a decision*
 - iii. *The Umpire may decide to seek further information regarding the objection.*
 - 1) *In this case, the Umpire shall raise a red flag and then take any necessary further steps to resolve the issues relating to the objection, e.g. consult with other officials, consult with other persons, consult with the President of the Jury etc.*
 - 2) *The Judges at the Finish, in such cases, shall not announce the official result of the race until the Umpire has given a decision.*

33. Protests (Rule 76)

- a. *There shall be no right of protest regarding the decision of the Jury as to whether a crew caused an interference and the sanctions imposed on any crew for interference.*
- b. *Subject to Regulation a) above, a protest to the Board of the Jury may only be made by:*
 - i. *a crew whose objection has been rejected;*
 - ii. *a crew whose ranking in a race has been affected by the acceptance of an objection;*
 - iii. *a crew ruled DNS (did not start) or DNF (did not finish);*
 - iv. *a crew that has been excluded or disqualified; and*
 - v. *a crew that disputes the published results.*
- c. *Such a protest must be in writing and lodged with the President of the Jury not later than one hour after the conclusion of the race and the publication of the official results.*
- d. *The protest must be accompanied by a deposit of EUR 100 or equivalent, which amount shall be refunded if the protest is upheld.*
- e. *The Board of the Jury shall then decide if the protest was justified. It will make its decision before the next round of races in the event concerned and, in any case, no later than two hours after the last race of the day. The decision and reasoning shall be given in writing.*
- f. *The Board of the Jury may:*
 - i. *Reject the protest;*
 - ii. *Uphold the protest and provide such relief as may be necessary to restore each affected crew's chances in the race or to correct the published results. The relief available to be provided by the Board of the Jury is as follows:*
 - 1) *Reprimand a crew;*
 - 2) *Exclude a crew from the event;*
 - 3) *Disqualify a crew*
 - 4) *Relegate a crew to last place in the race where specifically provided for in these Rules;*
 - 5) *Order a re-row in accordance with Rule 64 between some of all of the crews in the race*

The Board of the Jury may also order that a crew which has been interfered with be allowed to proceed to the next round of an event (where such rounds are held) if they consider that but for the interference the crew would have so progressed of its own accord.
- g. *At a World Rowing Coastal Championship, in the case of a protest arising from an objection concerning the final of an event, the Executive Committee may postpone the victory ceremony of that event.*
 - i. *If the victory ceremony has taken place, and if the subsequent decision of the Board of the Jury changes the final result of the event then the official result shall be changed accordingly.*
 - ii. *Where medal placings are affected, then the medals shall be re-awarded as necessary in accordance with the decision.*

Subject only to Rule 77, the decision of the Board of the Jury on such a protest shall be final and not subject to further appeal.

34. Appeals (Rule 77)

- a. *Only appeals provided for by this Regulation will be considered by the Executive Committee or its designated representatives.*
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- b. *A decision of the Board of the Jury which confirms the decision of a member of the Jury shall be final and may not be appealed.*
- c. *Subject to paragraph b) above, an appeal to the Executive Committee against a decision of the Board of the Jury may be made only by:*
 - i. *a crew whose ranking in a race has been adversely affected by a decision of the Board of the Jury; or*
 - ii. *a crew whose protest against the published results was rejected by the Board of the Jury.*
- d. *Appeal Time Limits and Requirements*
 - i. *International Coastal Rowing Regattas – Any such appeal must be lodged with the Executive Director within three days of the date that the decision to be appealed was notified to that crew, club or member federation;*
 - ii. *World Rowing Coastal Championships – Any such appeal must be lodged at the World Rowing Office of the regatta within one hour of the publication of the official results of the race following the decision of the Board of the Jury.*
 - iii. *An appeal shall be by notice in writing specifying:*
 - 1) *The crew bringing the appeal;*
 - 2) *The decision appealed against;*
 - 3) *the grounds to be relied on for the appeal.*
 - iv. *The appeal must be accompanied by a fee of EUR 200 or equivalent which fee shall be refunded if the appeal is allowed.*
 - v. *The Executive Committee shall consider the appeal and may:*
 - 1) *Reject the appeal;*
 - 2) *Allow the appeal and provide such relief as was available to the Board of the Jury as it considers just and appropriate.*

If the decision of the Executive Committee on the appeal changes the final result of the event, the official results shall be changed accordingly.
 - vi. *At a World Rowing Coastal Championships:*
 - 1) *Where the appeal relates to a preliminary round in an event, the Executive Committee will deliver its decision before the next round of that event*
 - 2) *Where the decision of the Executive Committee on the appeal changes the final result of the event:*
 - a) *the official results shall be changed accordingly; and*
 - b) *where the medal placings are affected, the medals shall be re-awarded as necessary in accordance with the decision.*
 - 3) *As a general rule, the victory ceremony will not be postponed for an appeal.*
- e. *Decisions of the Executive Committee under this Regulation are final.*

35. Control Commission (Rule 81)

In addition to its other duties, the Control Commission at Coastal Rowing events shall check the correct display of the boat registration numbers and that the numbers required to be worn by crew members are correctly displayed and shall record the details as required by Regulation 18.

36. The Starter and the Judge at the Start (Rule 82)

The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed.

There shall be no Aligner. Except for a beach start, the Judge at the Start shall not be obliged to give instructions to any crew on their alignment at the Start. It is wholly the responsibility of the crews to not be on the course side of the start line at the time the start signal is given.

37. The Umpire (Rule 83)

The President of the Jury, in consultation with the Race Director, shall decide the number of Umpires to supervise each race. Where there is more than one Umpire, the Umpires shall have equal status in their areas of responsibility.

The Umpire shall ensure the proper conduct of the race and the safety of the rowers. In particular, they shall observe whether any crew gains any advantage or suffers any disadvantage from its opponents or from external factors and may impose appropriate penalties on crews at fault. The Umpire shall not give any steering indications to crews. Nevertheless, they shall endeavour to ensure that accidents are avoided.

All active umpire boats shall carry an identification flag or marker to distinguish them from other water craft.

If necessary, the Umpire may impose penalties during the race. They may also stop the race, impose any necessary penalties and order the race to be re-started, either from the start or from some other point either immediately or later. In the latter case, they shall decide on the new starting time in consultation with the President of the Jury and shall inform the crews concerned.

Where the Umpire has serious doubt whether the impediment affected the result of the race, or considers the effect of the impediment was not significant or is not an infringement under these Regulations, they may decline to take any action or may take such action as they see fit in the circumstances.

The Umpire may also allow the race to continue and exclude a crew or crews after the race has finished. If a crew is to be awarded a penalty loop, penalty turn or a time penalty to be served in a penalty box, the Umpire shall immediately inform the Penalty Umpire.

38. Penalty Umpire

The Penalty Umpire shall record in real time the penalties awarded by the Starter, Race Umpire(s) and any Key Turning Mark Umpires. The Penalty Umpire shall inform the crews of the time penalties that have been awarded to the crew and shall enforce the crew serving time penalty(s) by either penalty loops or penalty turns for water finishes or a penalty box for beach finishes.

39. Judges at the Finish (Rule 84)

The Judges at the Finish shall determine the order in which the bows of the boats reach the finish line.

In the case of a beach finish they shall determine the order in which the designated rower or rowers reach the finish line or touch the flag or press the button as required to finish the race.

They shall ascertain that the race was in order. They shall be responsible for validating the results.

40. Exceptional Cases (Rule 86)

Should it be necessary to take decisions in exceptional cases, the President of the Jury shall appoint and preside over a body to make such decisions.

At a World Rowing Coastal Championships the Executive Committee or its delegate shall make decisions in exceptional cases.

APPENDIX R19

BEACH SPRINT ROWING REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

Rules and Regulations applying to Coastal rowing regattas shall apply to Beach Sprint Rowing regattas except as provided herein and approved by the World Rowing Council as Departures from the Regulations.

1. Rowing, Boats, Regattas (Coastal Regulation 1, Rule 1)

A Beach Sprint Rowing regatta is a regatta in which all rowers use Coastal Rowing boats as defined in the Coastal Rowing Competition Regulations and where the competition course includes a transition between beach and sea and is in accordance with these Regulations.

2. Application (Coastal Regulation 2, Rule 2)

These Regulations apply to International Beach Sprint Rowing Regattas and World Rowing Beach Sprint Championships (which may be referred to as the World Rowing Beach Sprint Finals) and to Beach Sprint Rowing regattas held as part of Multi-Sport Games, and all qualification regattas, together with and not in exclusion of the World Rowing Rules of Racing - Coastal Rowing Competition Regulations.

3. Safety and Health of Rowers (Coastal Regulation 5, Rule 14)

- a. *Each rower at Beach Sprint rowing events shall ensure that:*
 - i. *they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and*
 - ii. *they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.*
- b. *For the World Rowing Beach Sprint Championships, all rowers must have completed a pre-competition health screening as detailed in Bye-Law to Rule 14 2) a).*

4. Age Categories (Coastal Regulation 6, Rule 17)

The following age categories for rowers are recognised by World Rowing for Beach Sprint Rowing:

- a. *Seniors*
- b. *Under 19*

5. Boat Classes (Coastal Regulation 9, Rule 24)

The following boat classes are recognised by World Rowing for Beach Sprint Rowing:

- a. *Solo (C1x)*
- b. *Double Sculls (C2x)*
- c. *Coxed Quadruple Sculls (C4x+)*

6. World Rowing Beach Sprint Championships Event Programme (Rule 25)

World Rowing Beach Sprint Championships are held in the following events:

- a. *Men (M) C1x*
- b. *Women (W) C1x*
- c. *Mixed (Mix) C2x, C4x+*
- d. *Under 19 Men (U19M) C1x, C2x*
- e. *Under 19 Women (U19W) C1x, C2x*

- f. *Under 19 Mixed (U19Mix) C2x*

7. Boats and Equipment (Coastal Regulation 12, Rule 28)

All boats used in International Beach Sprint Rowing must meet the requirements for construction, flotation and safety for Coastal Boats specified by the Coastal Rowing Competition Regulations with the exception of the following:

- a. *During Beach Sprint Rowing competition, boats are not required to carry a life jacket for each competitor in the boat, however the organizing committee shall make life jackets available for use if requested by rowers;*
- b. *Boats are not required to have a 15 m buoyant line.*

8. Weight of Boats (Coastal Regulation 12, Rule 30)

All boats used in International Beach Sprint Rowing shall be not less than the minimum weight as described in the Coastal Rowing Competition Regulations. All boats shall be weighed prior to use in competition. The President of the Jury may order additional boat weighing during the competition.

9. Race Course Characteristics (Coastal Regulation 13, Rule 31)

- a. *The race course for international Beach Sprints rowing shall provide, as far as possible, fair and equal racing conditions for all crews. This shall require sufficient width of the start area to allow the crews in each race to start without interference from other crews. The race area should be located on an evenly-shelving sandy beach free of rocks or other obstructions which might damage boats in the beach start and beach finish. The start line, finish line, turning flags and buoys shall be set to provide the same distance across all lanes for both the running and rowing sections of the course.*

The length of course shall be as provided in Regulation 10.

The course shall comprise (1) a land section – (2) a water section – (3) a land section.

The first section of the course shall be a straight line from a point on the beach (the start/finish line) to the water edge, a distance of between approximately 10 m and 50 m.

The second section of the course shall comprise, for each lane, a series of three lane buoys in each racing lane, the first buoy positioned approximately 85 m from the water edge, the second buoy a further 85 m out and the third buoy a further 80 m out, all in a straight line. The number of lanes so provided shall depend on the nature of the event, but in general shall be a minimum of two lanes and up to four lanes. (See Regulation 11)

The third section of the course shall be approximately between 10 m and 50 m distance on land from the water edge back to the start/finish line.

The distances stated here shall be a general guide but will depend on local conditions. In particular, the first buoy should be positioned slightly beyond, and clear of, any wave break. Any substantial change from these dimensions is only permitted with the prior approval of World Rowing.

- b. *Course Markers*

- i. *A plan of the course(s) showing the location of all course markers shall be included in the Notice of Regatta and also in the instructions issued to all crews upon arrival at the regatta. The plan shall also be displayed at the Control Commission;*
- ii. *For safety and visibility purposes, the buoys used to mark the turning points should be inflatable or other soft-surface type which will not cause damage to boats and equipment and shall each be approximately 150 cm high. The first two buoys from the beach in each lane shall be approximately 30 cm diameter and the farthest turning*

- buoy shall be between 50 cm and 100 cm diameter. The 3 buoys in one lane shall each be the same colour.*
- iii. The organising committee shall take all necessary precautions in setting out the course markers and the course to avoid any risks of boats grounding in shallow waters;*
 - iv. The organising committee shall ensure that the distances between buoys in each lane are equal and in particular that the distance of the farthest buoy from the beach in each lane is equal;*
 - v. If the course is located in waters that are affected by significant tidal movements the organising committee shall make arrangements for regular checking and, if necessary, repositioning of the course. This may include additional gates and markers to assure safety and fairness to the crews.*
 - vi. For safety purposes the layout of the course shall not allow boats to be travelling in opposite directions in the same water and the distance between the centres of adjoining lanes shall be at least 25 m (see diagrams at Annex A and B).*
- c. Start and Finish Lines*
- i. The start line shall be visually marked on the beach in a clear, fixed manner which will keep its position under all race situations. The width of the start line shall be a minimum of 2 m. The distance from the start line to each boat shall be equal for all rowers. Where a starting light system will be used to start the races, a starting light will be placed 5 m in front of the start line and evenly between the starting position of the runners so that the lights will be visible to the runners. Starting lights should also be visible to crew members who maybe at the boat during the start procedure. The Starting lights shall operate as specified in Appendix R4 Regatta Courses Section.*
 - ii. The width of the Finish Line shall be a minimum of 2 m. Where only two racing lanes are in use, the Finish Line may be a narrow “funnel” design to bring the runners of each crew close together at the finish. However where 3 or more racing lanes are in use, the Finish line should be of such length to ensure that the runner from every crew has an equal distance from the designated finishing point of their boat to reach the Finish Line. The designated arrival point of each boat at the beach shall be marked by a flag in line with the lane buoys and runners shall be required to pass on the outside of this flag in their run to the Finish Line after leaving the boat, to ensure equal distance to the finish line.*
 - iii. The method of marking the Finish Line and therefore the finish of the race may be any one of the following, or a similar arrangement:*
 - 1) A clear line on the beach which the runner from each crew must cross;*
 - 2) A tape which the runner from each crew must run through;*
 - 3) One flag or similar device for each crew, standing upright in the sand, and which must be picked up by the runner from each crew;*
 - 4) One button or similar device for each crew, which must be pressed by the runner from each crew and which, upon being pressed, shall emit a sound or visual display, at the same time recording the elapsed race time for that crew.*

The finish line for runners shall be an equal distance from the water where their boats would reach the shore in their designated course.
 - iv. The organising committee shall decide the method of marking the finish and this shall be included in all information given to teams.*
 - v. The orientation of the start and finish line shall in principle be perpendicular to the rowing course.*

- vi. *The diagrams at Annex A and Annex B to these Regulations show the general layout of the course.*
- d. **Race Format**
 - i. *There are two options for the format of the rowing section of Beach Sprints. The organising committee shall decide which format shall be used and this shall be notified in the Notice of Regatta and shall be included in all information to teams and displayed at the venue. The same format should be used for all events at a regatta.*
 - 1) **Option 1 – “Slalom out / slalom back” –**
When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy and again racing slalom fashion around each buoy back to the beach, ensuring that they go around each buoy in turn in the correct direction. The diagram at Annex A refers.
 - 2) **Option 2 – “Slalom out / straight back” -**
When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy. After rounding the last buoy they shall then race directly in a straight line back to the designated point on the beach. (Note: Crews not taking a straight line course back to the beach or arriving at the beach at other than the designated point shall not be penalised as long as they do not interfere with another crew and they otherwise comply with the requirements of these Regulations.) Crews must ensure that they go around each of the three buoys in turn in the correct direction on the outward sector. The diagram at Annex B refers.

10. Racing Distance (Coastal Regulation 14, Rule 32)

Beach Sprints – In principle the course should include a run on the beach of between approximately 10 m and 50 m to start and to finish the race with an on-water distance of 250 m from the beach to the farthest turning buoy. The race will then comprise a 10 m – 50 m run from the start line to the water, a 250 m (buoys at approximately 85 m + 85 m + 80 m) row out, a similar 250 m row back and a 10 m – 50 m beach run to the finish. See Regulation 9 for the layout of the course. The distances stated here shall be a general guide but will depend on local conditions.

11. Number of Lanes (Coastal Regulation 15, Rule 33)

There shall be a minimum of two lanes up to, in principle, a maximum of four lanes. The number of lanes shall depend on the available space at the beach and on the water and on the number of crews entered in each event.

In all cases, the beach running distance and the water conditions should be equal for all crews. Additional lanes can be provided if a competition format so requires. The number of lanes shall be notified in the technical handbook or notice of regatta.

12. Composition of the Jury (Coastal Regulation 17, Rule 37)

- a. *The Jury shall consist of umpires carrying out the following duties:*
 - i. *President of the Jury**
 - ii. *Starter / Finish Judge **
 - iii. *Judge at the Start / Race Umpire **
 - iv. *Lane Umpires (1 per lane)*
 - v. *Turning Mark Umpire*
 - vi. *Members of the Control Commission, one of whom shall be the senior member*

**The President of the Jury, the Starter / Finish Judge, the Judge at the Start / Race Umpire and senior member of the Control Commission shall each hold an International Umpire's license. The Jury shall be supported in its work by other officials holding a national umpire license.*

- b. Several members of the Jury may have dual roles. The organising committee may also appoint an Assistant Starter and assistants to other umpires.*
- c. There shall be at least one Turning Mark Umpire positioned within clear sight of the end turning buoys. Additional Turning Mark Umpires may be required if racing is conducted on more than two lanes.*
- d. If a Beach Sprints regatta has large entries requiring more than two lanes then the number of Jury members may be increased accordingly.*
- e. For International Beach Sprints regattas – The Jury shall be appointed by the organising committee.*
- f. For World Rowing Beach Sprint Championships – The Jury shall be appointed by the Executive Committee after recommendation by the World Rowing Umpiring Commission.*

13. World Rowing Identifications displayed on Equipment and Rowers (Coastal Regulation 18, Rule 38)

The requirements of the Coastal Rowing Competition Regulations for Identifications on rower uniforms and equipment shall also apply to Beach Sprint rowing. Each crew member shall display on their racing shirt or equivalent the three-letter country code and their family name (in Romanised text) in the following manner and format:

Racing Shirt	Font	Height	Width	Case	example
<i>FRONT: Family name</i>	<i>Arial</i>	<i>50mm</i>	<i>120-150mm</i>	<i>Uppercase</i>	GARCIA
<i>FRONT: Country code</i>	<i>Arial</i>	<i>50mm</i>	<i>60-100mm</i>	<i>Uppercase</i>	MEX
<i>BACK: Country code</i>	<i>Arial</i>	<i>100mm</i>	<i>150mm</i>	<i>Uppercase</i>	MEX

These requirements are in addition to the requirements detailed in Rule 39 (Rowers' Clothing and Blade Colours).

14. World Rowing Progression System (Coastal Regulation 20, Rule 57)

- a. The World Rowing Beach Sprint Rowing Progression System shall in principle be used for international Beach Sprint regattas and World Rowing Beach Sprint Championships. If an organizing committee (or World Rowing in the case of World Championships) decides to adopt an alternative progression system this shall be included as part of the information to teams. The latest version of the World Rowing Beach Sprint Rowing Progression System is available on the World Rowing website.*
- b. International Beach Sprint Rowing Regattas: The progression system for Beach Sprint rowing may be in the format of:*
 - i. Multiple pools of crews; or*
 - ii. Time trials; or*
 - iii. Elimination heats which may or may not include repêchages; or*
 - iv. A combination of these;*

in order to bring the number of crews remaining in the medal competition in each event down to the final eight (8) crews.
- c. The Final Eight Crews*

After the preliminary rounds are completed and the final eight remaining crews (the Final Eight) in an event are determined, then racing shall in all cases be conducted on two lanes with 4 quarter-finals, 2 semi-finals and then finals following a consistent time schedule without additional rest breaks between races. The race for 3rd and 4th positions shall take place before the race for 1st and 2nd positions. Additional semi-finals and finals for ranking all final eight crews may also be rowed within this format.

- d. *The organising committee in the case of international Beach Sprint Rowing regattas, and World Rowing in the case of World Rowing Beach Sprint Championships, may place a limit on the number of crews from which entries will be accepted and the method of limiting numbers (i.e. qualification, order of entry or random draw of crews or any other method) shall be included in the Notice of Regatta and in all information given to crews before the regatta.*

15. The Draw and Determining the Lanes (Coastal Regulation 21, Rule 59 and 60)

- a. *Where a system of preliminary heats or time trials is required, a Draw for the first round shall take place at the Team Managers meeting. The Draw, supervised by the Jury, shall be random except in the case of seeded crews, and shall determine which crews take part in which heats and which lanes each crew shall use.*
- b. *If there is seeding of crews at the World Rowing Beach Sprint Championships, the highest seeded crews shall be placed at opposite sides of the draw and then descending seedings should follow the same principle.*

When the final eight crews remaining in the event are determined, the top four seeded crews in descending order (or less if there are less than four seeded crews) remaining in the final eight crews shall be drawn alternatively on opposite sides of the draw for the last eight. The remaining places shall be allocated by random draw for the remaining crews. (i.e. remaining seeds 1 and 4 shall be on one side of the Draw and 2 and 3 on the other side.)

- c. *The results of the first round shall be used to determine the following round heat allocations, with the lanes being decided by random draw supervised by the Jury. This process shall apply to subsequent rounds until the Final Eight is reached.*
- d. *Lanes for “The Final Eight”*

The lanes for each race in the quarterfinals, semi-finals and finals (the final eight remaining crews) only, shall be determined as follows:

- i. *The crew with the faster time in its previous round shall choose which of the two lanes it shall use for the race. A crew whose previous round was a repechage will not have priority in choosing lanes over a crew that did not row in a repechage in the previous round.*
- ii. *The other crew shall use the other lane.*

Such determination shall be made not later than 10 minutes before the scheduled start time of the race and shall be confirmed by the Crew Captain to the President of the Jury who shall also notify the Crew Captain of the other crew in that race.

16. Adverse Weather Conditions (Coastal Regulation 22, Rule 63)

The President of the Jury, in consultation with the Race Director and the organising committee, shall take all decisions on any delay, postponement or cancellation of races, or of changes to the course, resulting from adverse weather conditions or other matters relating to the safety of rowers and equipment and officials on the water or the fairness of the course.

17. The Start (Coastal Regulations 23 and 24, Rules 66 and 67)

- a. *The Start*

During the start procedure, the boats shall be lined up in the water in the allotted start position and shall be held by crew members (except solo (C1x)) and up to two boat handlers per boat.

b. *Boat Handlers*

There shall be up to two boat handlers per boat. The boat handlers shall, in principle, be provided by the teams and are recognised as official support crew members. The role of the boat handler is to support the departure and arrival of the crew from and to the beach. The boat handlers for each crew should wear matched uniforms or a bib that comply with the Rules in respect of Identifications, and are clearly distinguishable from the crew. In rougher conditions and at the discretion of the President of the Jury the number of boat handlers may be increased. Boat handlers must ensure that they, and the equipment they are handling, do not impede other competitors.

Boat handlers may not board the boat at any time but may assist the crew in any other way, including rudder fixing, etc. When the boat returns to the beach the boat handlers may “catch” the boat to slow its progress when it reaches the beach and a crew member disembarks to run to the finish line.

- i. *The boat handlers shall at all times remain in shallow water not above their shoulder height. The boat handlers shall comply with any instructions of the race officials and shall at all times be subject to the Rules of Racing, Bye-Laws and Regulations.*

Where a crew does not supply its own boat handlers, the organising committee shall provide them.

The boats should be held reasonably in line and shall be positioned so that the centres of boats are in a line with the buoys in their lane. All rowers (except the runner of each crew) must be standing in the water next to their boat and shall not start boarding their boat until the start signal is given.

The Judge at the Start, with the advice of the Lane Umpires shall determine whether the boats are reasonably in line with the buoys in their lane and shall take such action as necessary to ensure this.

- ii. *One nominated crew member from each crew shall be a runner. (The runner at the start may be different from the runner at the finish but in both cases must be a member of the crew.) The runners shall stand behind the start line which shall be clearly marked on the beach.*

The remaining crew members (except for solo (C1x)) shall be standing in the water holding their boats. No crew members shall start to board their boats before the start signal has been given.

When the start signal is given the runners shall run to their boats to join the other crew members. The other crew members may start to board their boats as soon as the start signal is given.

- iii. *The boat handlers will support the crews in holding the best pointing for the boat for the crew members to board and depart.*

c. *The Start Procedure*

The Starter may be assisted by other umpires under the authority of the Starter. The position of the Starter shall be elevated and either beside or behind the start line such that they have a clear view of the start line and all boats. The starting signals should be clearly audible to all rowers.

The Starter shall inform the crews when there are three minutes remaining before the start time either directly or through the race Announcer, by saying “Three Minutes!”

There shall be a Judge at the Start who shall be positioned in such location as to be able to properly carry out their responsibilities. Where the Starter is positioned on the start line, the Starter may also serve as the Judge at Start. Where they consider it necessary, the President of the Jury may instruct another Umpire to assist the Judge at the Start in their duties.

*The Judge at the Start shall be responsible to decide if any crew has caused a false start.
The starting procedure for beach sprints from –3 minutes to the Start shall be as follows:*

-3m:00s	All crew members should be in the start zone and under the control of the starter.
	The Starter may sanction a crew which is late to the start and may start the race without reference to absentees.
-2m:45s - 1m:45s	Crews are introduced to the spectators by the Announcers. Once the introductions are complete the crews shall immediately return to their start positions.
-1m:00s -0m:45s	When there is one minute to the start, the Starter shall say "One Minute!" After this the runners will position themselves behind the start line and the Starter shall instruct the other members of the crew and/or the boat handlers - "Put the Boats in the Water!" The Starter may delegate these commands to the race Announcer but shall be responsible to ensure they are made correctly and on time.
-0:30s -0:20s	When there are between 30 and 20 seconds to the start, the Starter shall alert the crews by saying "Get ready!", after which alert the Starter may start the race at any time, having taken into account the wave conditions and any other factors.
at any time between approx. -0m:20s and 0m:0s	The start music stops.
	To give the start signal, the Starter shall first say "Attention!";
	After a clear pause, the Starter shall then EITHER raise the red flag, OR where the start is given using traffic lights, shall press a button (or switch) to change the traffic lights from the neutral position to red;
	After a clear and variable pause, the Starter will then start the race by EITHER dropping the red flag quickly to one side and simultaneously sounding a hooter in one long blast;
	OR by pressing a button that shall, at the same instant:
	a. Change the red light to green;
	b. Make an audible signal through the loudspeakers;
	c. Start the timing system for the race;

The official start signal will be the moment the red flag starts to move downwards or the red light changes to green.

18. False Start (Coastal Regulation 25, Rule 68)

A crew commits a false start if the crew's nominated runner crosses the start line before the start signal is given or if any crew member starts to board their boat before the start signal is given.

The Judge at the Start shall be the sole judge of a false start.

a. Consequences of a False Start

- i. *Where a false start is committed, whether by a runner or other crew member, the Judge at the Start shall immediately raise a red flag and the Starter shall stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped. Where the Starter is serving as the Judge at Start, when a false start is committed, the Starter will immediately stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped.*

The Judge at the Start shall inform the Starter which crew has caused a false start and the Starter shall award the crew a Yellow Card.

- ii. *A crew causing two false starts or receiving two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event by the Starter.*

19. Responsibility of the Rowers (Coastal Regulation 26, Rule70)

- a. *When turning around the buoys, crews are permitted to touch the turning buoys with their boat or oars, but the keel of the boat must pass around the designated side of the buoy.*
- b. *In order to finish the race a crew must correctly round all designated turning markers and must complete the full course as designated by the organising committee.*
- c. *A crew not correctly rounding any buoy on the course shall be awarded a time penalty as follows:*
 - i. *Not correctly rounding the first or second buoy from the beach – 30 seconds each instance;*
 - ii. *Not correctly rounding the third buoy from the beach – 60 seconds*
- d. *For coxed boats, the coxswain is required to be in the boat for the whole time the crew is rowing; otherwise the crew shall not be ranked in the race and shall be shown on the results as DNF.*
- e. *Crews returning to the beach must make every effort to keep their boat under control in an upright position with the crew members in contact with the boat until reaching the beach. In the event the boat capsizes while returning to the beach, the crew is responsible to ensure that all crew members and equipment are safe, and such responsibility shall have priority over finishing their race.*
- f. *Upon their boat reaching the beach, one crew member shall disembark and run in the designated route to the finish point of the race.*
- g. *Crews shall at all times be aware of the weather and water conditions and the safety of themselves and others. Crews rowing in a dangerous manner or in a way which is considered out of control may be excluded or otherwise penalized by the umpire.*

20. Interference (Coastal Regulation 27, Rule 71)

A crew causes interference to its opponents if its oars, sculls or boat encroach into the opponent's water and cause a disadvantage to its opponents by contact or by causing the other crew to change course to avoid such contact. The Umpire alone shall decide if a crew is interfering with another crew and causing them a disadvantage. If a crew has caused interference to another crew and has, in the Umpire's opinion, affected the result of that crew, then the Umpire may exclude the crew or alternatively may award a time penalty of 10 seconds or such other time as they deem appropriate against the crew causing the interference or take other appropriate measures under the rules.

It is each crew's responsibility to remain in their proper course and their water and to not cause interference to other crews.

21. Conclusion of the Race (Coastal Regulation 29, Rule73)

- a. *After exiting the boat, each runner must pass on the outside (relative to the finish line) of the flag placed on the water's edge in line with the lane buoys for their lane when running to the finish line. A runner not passing on the correct side of the flag shall receive a penalty of 10 seconds. The finish of the race for each crew shall be the moment their crew member (the runner) reaches the finish point and completes the action in accordance with Regulation 9 as required to mark the finish of the race.*
- b. *Timing – Finish times shall be recorded to 1/100th of a second.*
- c. *A race is concluded when the Umpire so indicates by raising a white flag or otherwise confirms the result.*

22. Dead Heats (Coastal Regulation 30, Rule 74)

If there is a dead-heat in any round other than a final, there must be a re-row over the same course between the crews involved. The re-row must take place not later than 10 minutes after the finish of the race in which the dead-heat occurred. If the re-row results in a dead-heat the crews shall be required to re-row the race again not later than 15 minutes after the finish of the previous re-row. This process will continue until a decision is reached.

If a dead-heat occurs in a final the crews concerned shall be given equal ranking and the next ranking shall be left vacant.

23. Sanctions (Coastal Regulation 31, Rule 65)

In any case of breach of the Rules, a member of the Jury may impose appropriate sanctions. The sanctions available are:

- a. Reprimand, which is a formal admonishment that the conduct of the rower or crew is in breach of the Rules and that this breach may be taken into account when considering an appropriate sanction for any further breach during that regatta. This will be an appropriate sanction where the breach does not warrant a high level of sanction.*
- b. Time penalty, which is a sanction awarded to a crew which is in breach of these Regulations which requires a crew to spend the awarded time penalty in a designated penalty box. If the penalty box is not available, the awarded penalty times will be added to the crew's finish time.*
- c. Yellow Card which is a formal warning for a breach of these Rules and Regulations:

 - i. A Yellow Card shall apply to the next race in which that crew competes in that regatta. It shall lapse only when the race is concluded and shall therefore still apply in the case of a postponement or a re-row of that race.*
 - ii. A crew awarded two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event.**
- d. Relegation (REL) which places a crew in the last position in a race where specifically provided in these Rules and Regulations;*
- e. Red Card or Exclusion (EXC) which excludes the crew from all the rounds of the event in question. This sanction is for a serious and/or repeated breach of the Rules justifying that the offending crew take no further part in the event.*
- f. Disqualification (DSQ) which disqualifies a rower or a crew from all events in the regatta.

 - i. This sanction is for the most serious breach of the Rules justifying removal from the regatta.*
 - ii. Where a rower is disqualified, that rower shall take no further part in the regatta.*
 - iii. Where a rower is disqualified at a time when Rules 48 and 49 only allow substitutions in a crew for medical reasons, then the rower may not be replaced and the crew of that rower shall be excluded from all rounds of the event in question.*
 - iv. Where a crew is disqualified, no member of that crew shall take any further part in any event in the regatta**

24. Control Commission (Coastal Regulation 35, Rule 81)

In addition to its other duties, the Control Commission at Beach Sprint Rowing regattas shall check the correct display of the boat registration numbers and that the rower names and member federation acronyms required to be displayed on the uniform of each rower (Regulation 13) are correctly displayed and that crews race in the boats which are allocated to them.

25. The Starter and the Judge at the Start (Coastal Regulation 36, Rule 82)

The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed. Both shall be in an elevated position (on a podium or stand) from where they have a clear view of the start/finish line and the racing course, and can be clearly seen by all crews.

The Judge at the Start shall determine if any runner or crew causes a false start and if so shall follow the procedure outlined in Regulation 13.

Where the Starter is positioned on the start line such that the Starter can determine if a false start has occurred, the Starter may also serve as a Judge at the Start.

26. The Umpire (Coastal Regulation 37, Rule 83)

The President of the Jury, in consultation with the Race Director, shall decide the number of Umpires to supervise each race. Where there is more than one Umpire, the Umpires shall have equal status in their areas of responsibility.

a. Race Umpire

i. The Judge at the Start shall act also as the Race Umpire and will be positioned on land, elevated as necessary, so as to have a clear view of all crews during the race. The Race Umpire shall have precedence over the Lane Umpires and the Turning Mark Umpire. The Race Umpire shall in general not communicate with crews during the race but will make decisions based on their own observations and on the advice of the Lane Umpires and the Turning Mark Umpire.

ii. The Race Umpire shall ensure the proper conduct of the race and the safety of the rowers. In particular, they shall observe whether any crew gains any advantage or suffers any disadvantage from its opponents or from external factors and shall impose appropriate penalties on crews at fault. The Race Umpire shall not give any steering indications to crews.

If necessary, the Race Umpire may stop the race, impose any necessary penalties and order the race to be re-started immediately from the start. If for any reason, such as equipment damage, the re-start must be delayed, they shall decide on a new starting time in consultation with the President of the Jury and shall inform the crews concerned.

Where a crew suffers interference or other impediment and the Race Umpire considers the impediment did not affect the result of the race, or considers the effect of the impediment was not significant, they may decline to take any action or may take such action as they see fit in the circumstances.

iii. When all crews have finished the race the Race Umpire shall indicate if the race was in order by raising a white flag. If the race was not in order the Race Umpire shall raise a red flag.

The Judge at the Finish shall not release any results of the race until the Race Umpire makes a determination on the infringement indicated by the red flag.

b. Lane Umpires - The Lane Umpires shall be positioned on the beach in an elevated position to give them a clear view of their lane, each in line with their lane. They shall ensure the boats are held in line with their lane while waiting for the start signal and shall notify the Judge at the Start if they consider the boats are not correctly in line when the start signal is given (a faulty start) or if any crew member starts to board the boat before the start signal is given (a false start). They shall give such notification by raising a red flag, upon which the Judge at the Start shall follow the procedure outlined in Regulation 18.

c. Turning Mark Umpire - The Turning Mark Umpire shall be stationed in a boat at the farthest point of the course and shall observe the race and shall determine whether all crews go around all buoys correctly as required. The Turning Mark Umpire shall indicate to the Race

Umpire by raising a flag after the crew in their lane has rounded the farthest buoy from the beach. The flag shall be raised as follows:

- i. A white flag if the crew has rounded all buoys correctly;*
- ii. A red flag if the crew has not rounded the buoys correctly.*

The Turning Mark Umpire shall also show a red flag if they considers there has been any other infringement of the Rules, including interference. They shall as soon as possible after the finish of the race inform the Race Umpire of the detailed reasons for showing the red flag.

27. Judges at the Finish (Coastal Regulation 39, Rule 84)

The Judge at the Finish shall determine the order in which the runners of each crew finish the race. They shall ascertain that the race was in order and shall be responsible for validating the results.

APPENDIX R20

INDOOR ROWING COMPETITION REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

Rules applying to International Regattas shall apply to International Indoor Rowing Competitions and rules applying to World Rowing Championships shall apply to World Rowing Indoor Championships except as provided in these Regulations, which are approved by the World Rowing Council as Departures from the Rules.

For the purposes of these Regulations the word “Competition” shall have the same meaning as “Regatta” in the World Rowing Rules of Racing.

1. Rowing, Boats, Regattas (Rule 1)

An Indoor Rowing Competition is a competition in which all rowers use rowing machines as defined in these Regulations and where the competition format is in accordance with these Regulations.

2. Application (Rule 2)

These Regulations apply to International Competitions for Indoor Rowing and the World Rowing Indoor Championships together with and not in exclusion of the Rules of Racing and related Bye-Laws.

3. Eligibility (Rule 12)

To compete in a World Rowing Indoor Championships, a rower shall be a citizen of the country for which they are competing.

4. Safety and Health of Rowers (Rule 14)

a. *All rowers at Indoor Rowing events are personally responsible to ensure that they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event.*

b. *It is strongly recommended that rowers competing in the World Rowing Indoor Championships undergo the Pre-competition Health Screening detailed in Bye-Law to Rule 14 2) a).*

5. Age Categories (Rule 17)

The following age categories for indoor rowing are recognised by World Rowing:

- a. *Under 19*
- b. *Under 23*
- c. *Seniors*
- d. *Masters*

The age of an athlete for indoor rowing events shall be the age at the date of the competition. Where the competition includes several days, the age shall be as at the scheduled date of the final for the event concerned. An Under 19 rower shall not have attained the age of 19, and an Under 23 rower shall not have attained the age of 23 by the relevant date.

6. Lightweights (Rule 22)

a. *A rower may compete in lightweight events at an International Indoor Rowing Competition, if the following criteria are met:*

- i. *A rower competing in a lightweight men’s event may not weigh more than 75.0 kgs.*
- ii. *A rower competing in a lightweight women’s event may not weigh more than 61.5 kgs.*

- b. *Lightweight rowers shall be weighed wearing only their racing uniform on tested scales not less than one hour and not more than two hours before their first race of each lightweight event in which they are competing, each day of the competition.*
- c. *There shall be no lightweight events for the Under 19 age category.*

7. Masters (Rule 20)

- a. *International Masters indoor rowing events shall be held in the following crew age sub-categories:*
 - i. *Age 30 – 39*
 - ii. *Age 40 – 49*
 - iii. *Age 50 – 54*
 - iv. *Age 55 – 59*
 - v. *Age 60 – 64*
 - vi. *Age 65 – 69*
 - vii. *Age 70 – 74*
 - viii. *Age 75 – 79*
 - ix. *Age 80 – 84*
 - x. *Age 85 – 89*
 - xi. *Age 90 – 94*
 - xii. *Age 95 – 99*
 - xiii. *Age 100 and over*
- b. *In a Masters crew event where two or more rowers are in the same crew, all rowers in that crew must meet the age requirement for the category in which they are competing. There shall be no averaging of ages within a crew.*
- c. *Rowers must compete in their age sub-category*

8. Categories of Competition (Rule 24)

- a. *The following categories of competition are recognised by World Rowing for indoor rowing:*
 - i. *Individual*
 - ii. *Crew – multiple rowers in crews of 2, 4 or 8 rowing simultaneously with the crew result being the combined result of all rowers in that crew. In the crew category, two formats are available:*
 - 1) *Each crew member shall row on an individual machine where each rower's efforts are combined through an electronic link or other method; or*
 - 2) *the machines of all members in one crew shall be connected in a manner that the coordinated sliding motion and the stroke timing of all crew members is critical to their performance as a crew.*
 - iii. *Relay – 4 x 500 m*
- b. *Relay Races:*
 - i. *Are races in which two or more rowers in the same team take turns to compete on the same machine in the same race.*
 - ii. *During a Relay Race, where change of rowers is required at specified time or distance points, the changeover of rowers must take place at the specified points. A rower must reach the specified changeover point before the next rower starts.*

- iii. *Where a rower changes before reaching the specified changeover point or takes more than 2 rowing strokes after reaching the changeover point then that team shall be awarded a Yellow Card. A team being awarded two Yellow Cards which apply to the same race shall be excluded from the event.*
- iv. *It is the responsibility of each team to change at the correct points.*

9. World Rowing Indoor Championships Competition Categories (Rule 25)

World Rowing Indoor Championships are held in the following categories:

Men (M): Individual Under 19, Under 23, Open, Masters age sub-categories (Regulation 7), PR1, PR2, and PR3.

Women (W): Individual Junior, Under 23, Open, Masters age sub-categories (Regulation 7), PR1, PR2, and PR3.

Additionally, Individual lightweight categories will be offered in Under 23, Open and Masters.

In principle, at least a 2000 metre race would be offered in each competition category listed above.

The World Rowing Council may decide to hold World Rowing Indoor Championships in additional categories and race formats.

The event programme would be decided by World Rowing on an annual basis and announced in the Event Bulletin.

10. Types of Rowing Machines

- a. *International Indoor Rowing Competitions:*

All rowers in an individual race shall use identical make and model of rowing machines, the intention being that each rower shall have equal racing conditions with all other rowers. No attachments may be added or connections made to any machine without the approval of the President of the Jury. Rowers shall not be permitted to use their own machine in an International Indoor Rowing Competition but shall use the machine to which they are allotted by the organising committee.

- b. *World Rowing Indoor Championships – In addition to the requirements in 10) a) above, the following additional requirements shall apply to World Rowing Indoor Championship regattas:*
 - i. *Only rowing machines approved by World Rowing shall be used in World Rowing Indoor Championship regattas. The rowing machines shall at a minimum have interconnection for electronic timing and external graphic display.*
 - ii. *Performance Monitor – Each machine shall have a performance monitor display unit so that the rower can follow their own performance during the race and can see their position relative to the race leader, the rower ahead of them and the rower behind them within the same ongoing race.*
 - iii. *Computer interface – Machines used in a World Rowing Indoor Championships shall have the capacity to be connected through a computer interface for the output to be displayed on external screens and results to be recorded directly to a central computer. A suitable computer race program must be available for the rowing machines.*

11. Competition Venue

- a. *International Indoor Rowing Competition - An International Indoor Rowing Competition can be held with a minimum of two rowing machines or can be held over the internet through mutual arrangement with other rowers or teams. In this regard, venue requirements stated below can vary widely depending on the type and level of competition and the resources available to the organising committee.*
- b. *World Rowing Indoor Championships - The competition venue should have adequate space for the competition and facilities for rowers and spectators and should meet the requirements*

specified by World Rowing Council for the hosting of the Championships as detailed in the World Rowing Competition and Venue Specifications for Indoor Rowing. The venue should have adequate ventilation.

12. Competition Area – Characteristics

- a. *The area in which the rowing machines for competition are located shall be clearly delineated and this shall be the Competition Area.*
- b. *Only the Race Officials and competing rowers are permitted in the Competition Area during racing except with the specific approval of the President of the Jury, with the exception of races for para rowers, where one coach per para rower is permitted inside the Competition Area next to their rower.*
- c. *The rowing machines shall be placed on a non-slip surface or some other measures shall be taken to minimise the movement of the machines during racing.*
- d. *The minimum distance between the centres of each adjoining rowing machine placed side by side is recommended to be 1.2 m, but in all cases shall be sufficient as to not interfere with the adjoining rower or machine. In particular for relay events, sufficient room must be allowed for the movement of other team members waiting or changing rowers so as not to cause interference with the adjoining team. In the event of dispute the President of the Jury shall decide if the space between machines is sufficient for the purpose of this Rule.*
- e. *Each machine shall be clearly numbered so that rowers and spectators can see the number. In crew events where the performance output of all members of the crew is converted and displayed as a combined output, all the machines used by one crew shall display the same number to clearly identify them as a crew.*

13. Race Formats

- a. *International Indoor Rowing Competitions – The race formats may vary from competition to competition. However, the distance, time or other format to be rowed shall be included in the Notice of Competition.*
- b. *World Rowing Indoor Championships – The race format shall be 2,000 metres for men and women. Additional race formats may be approved by the World Rowing Council as World Rowing Indoor Championship events. With the exception of mixed events, any such additional formats shall be the same for men and women.*

14. President of the Jury (Rule 37)

The President of the Jury shall allot duties to each member of the Jury and shall supervise their activities. They shall take the chair at meetings of the Jury and ensure proper co-ordination with the organising committee. The President of the Jury shall chair the Board of the Jury under Rule 37.

15. The Jury (Rule 37)

- a. *The Jury shall be responsible for ensuring that the competition is run in accordance with these Rules of Racing, related Bye-Laws and Event Regulations.*
- b. *The Jury shall consist of Umpires carrying out the following duties:*
 - i. *President of the Jury;*
 - ii. *Responsible Umpire(s);*
 - iii. *Race Umpire(s);*
 - iv. *Control Commission, one of whom shall be the senior member.*
- c. *The President of the Jury, the Responsible Umpire(s), and the senior member of the Control Commission shall each hold an International Umpire's licence.*
- d. *The Jury shall be supported by other Technical Officials.*

16. The Board of the Jury (Rule 37)

The Board of the Jury shall consist of the President of the Jury and two other members of the Jury designated by the President of the Jury on a daily basis prior to the start of racing. The names of the Board of the Jury shall be published in advance of each racing day. This Board shall decide on any protests made in accordance with Rule 76.

In the case of a protest, any member of the Board directly involved in the dispute shall not be a member of the Board which decides that protest. In such a case, the President of the Jury shall call upon a substitute.

17. Commercial Publicity, Sponsorship, Advertising and Identifications (Rule 38)

a. *The provisions of Rule 38 and its Bye-Laws shall apply to International Indoor Rowing Competitions. These provisions shall apply to rowers (and coaches for para events) while they are entering or inside the Competition Area during the hours of the competition and near the victory ceremony stage while victory ceremonies are in progress.*

b. *No rower shall have the right to attach any Identification to equipment which is provided by the organising committee.*

18. Safety (Rule 51)

a. *The Organizing Committee is responsible to put in place all safety measures and medical arrangements at the event. These provisions should meet the requirements of the organising committee and of the local and national authorities concerned together with, for World Rowing Indoor Championships, any additional requirements which may be required by World Rowing.*

b. *A suitably prepared and qualified medical service shall operate at the venue during the official training and competition hours.*

19. Progression System (Rule 57)

a. *Should the number of rowers taking part in an event exceed that of the number of machines available for an individual race, the organising committee shall decide which format to use to determine the final rankings. Options are:*

i. *each event divided into heats with two or more rounds of racing, with the rowers in each heat competing in subsequent rounds until the final; or*

ii. *each event divided into heats, but with only one round of racing. Each rower shall only race once in each event with the performance of all rowers compared on the same basis to determine rankings; or*

iii. *such other system as may be determined by the organising committee and which allows fair racing for all rowers and is a fair comparison of the performance of all rowers competing in an event.*

The organising committee shall state clearly in the Notice of Competition the method to be adopted.

b. *If a qualification system is used, all rowers shall be informed before the Competition of the number of rowers who will proceed to the next round from each heat and how many rounds will be rowed to reach the final.*

c. *If a seeding system will be used to place rowers into races, the methodology that will be used shall be clearly stated in the Notice of Competition.*

20. The Draw and Determining the Allocation of Machines (Rule 59)

a. *For the purpose of allocation of machines, all machines are regarded as being equal and for seeded races the organising committee may base the allocation on principles which it*

- considers best serve the presentation of the competition. Such principles should be consistent from event to event during the competition.*
- b. The Draw for the heats shall take place, in principle, no later than the day before the competition.*
 - c. Rowers will be assigned to a heat number or race and a machine by one of the following methods:*
 - i. Where rowers are not seeded, a random draw, supervised by the Jury, shall be held to determine the heat and the machine number to which each rower will be assigned in the first round of each event.*
 - ii. Where rowers are seeded and the number of rowers exceeds the number of machines in a race in which a progression system is not used the highest seeded rowers will be placed in the same race. Rowers not assigned a machine in this race will be assigned machines in additional races based on their descending order of seeding.*
 - d. World Rowing Indoor Championships - The Executive Committee may appoint a Seeding Panel to determine seeded rowers.*

21. Sanctions (Rule 65)

In any case of a breach of the Rules or these Regulations, a member of the Jury may impose appropriate sanctions found in Rule 65. Additionally, a member of the Jury may impose a time penalty where it is prescribed by these Regulations.

22. The Start (Rule 66)

Rowers shall not enter the Competition Area until directed by race officials.

All rowers shall be seated on their machine two minutes before the designated start time. The race may be started without reference to absentees. A rower arriving late at their machine may be allowed to start at the Responsible Umpire's discretion.

23. The Starting Procedure (Rule 67)

- a. When all rowers are on their machines and approximately one minute before the start time, the Responsible Umpire shall instruct the responsible official to commence the Starting Procedure as follows:*
 - i. The responsible official shall say:*
“All rowers put down the handle” and shall then wait until the flywheels on all machines have stopped.
 - ii. Any rower not following the instructions of the officials, or not ready to race by the time all machine flywheels have stopped may be excluded from the race unless they have good reason which is accepted by the Responsible Umpire.*
 - iii. After all flywheels have stopped, the responsible official shall say: “All rowers pick up the handle”.*
- b. When the Responsible Umpire is satisfied that all rowers are ready to race, the Start will then proceed as follows:*
 - i. With Computer Interconnection – when the computer display indicates that all flywheels have stopped, the responsible official shall trigger the computer starting command sequence.*
The computer programme will display the start graphic and will audibly count down to the Start as follows, at the same time displaying the visual symbols on the graphic display screens:

- 1) *“Sit Ready, Attention – GO
 (“GO” is accompanied by an audible signal)” Or alternatively:*
- 2) *“Five, Four, Three, Two, One – (Audible signal)”. The audible signal may be an electronic signal or a spoken word such as “GO!” or “ROW!”
 The command “GO!” or “Audible signal” is the signal to start the Race.*
- ii. *Without Computer Interconnection – The Responsible Umpire shall check that all rowers are ready and when the Umpire is satisfied that all flywheels have stopped, they shall count down in a measured and steady cadence: “Five - Four - Three - Two - One - GO!”*
 - 1) *The countdown shall be at an even pace. The command “GO!” is the signal to start the race.*
 - 2) *Any rower not ready to race without good reason by the time all machine flywheels have stopped or who in the opinion of the Responsible Umpire deliberately delays the race may be excluded from the event.*
 - 3) *If the designated start time has passed the Responsible Umpire may start a race without reference to absentees or rowers who without good reason refuse to start.*

24. False Start (Rule 83)

- a. *A rower starting to row after the start procedure defined in 23 b) has begun and before the start signal is given has caused a false start.*
 - i. *With Computer Interconnection –The computer programme will detect when a rower has caused a false start.*
 - ii. *Without Computer Interconnection – Where the machines have no computer interconnection and times are taken from the machine monitors only, the Responsible Umpire will be the judge as to whether a rower has caused a false start.*
- b. *Where a rower has caused a false start, the Responsible Umpire may stop the race and award the rower causing the false start a Yellow Card or, where there is no computer connection, may allow the race to continue and award a time penalty to the rower causing the false start.*
- c. *When a Yellow Card is awarded, the Responsible Umpire shall advise the rower receiving the Yellow Card by saying “Name of Rower (or Crew)” – “False Start!” – “Yellow Card!” The Responsible Umpire shall also advise the rower or crew that if they cause another False Start they shall be excluded. A yellow marker shall be placed upright on the floor next to the machine of the rower who has been awarded a Yellow Card.*
- d. *A rower or a crew receiving two Yellow Cards applying to the same race shall be excluded from the event by the Starter.*

25. Responsibility of the Rowers (Rule 70)

All rowers are expected to perform to their maximum ability in each race.

Each rower is responsible for their own machine during the race.

- a. *Resistance setting – Where the rowing machine has a facility to adjust the resistance, the setting may be adjusted by the rower before the start of a race but no adjustment is permitted during a race.*
- b. *Damage or Failure*
 - i. *In case of any damage to a machine or to the installations or connections which prevents a rower from completing a race or which causes their elapsed time or distance not to be recorded, the following shall apply:*
 - 1) *Damage caused by the rower – the rower shall be deemed not to have finished the race and shall not take any further part in that event.*

- 2) *Damage or failure not caused by the rower - the rower shall be permitted to compete again in a later heat or race, or, if there are no further heats, shall be permitted to row alone at a day or time to be specified by the President of the Jury and their result shall be the time or distance so recorded;*
- ii. *Where such damage or failure is part of the central computer and timing system, the Responsible Umpire shall decide whether a re-row of the whole Race is required in the case that times or distances of all rowers cannot be recorded.*

26. Interference (Rule 71)

During a race no rower or other person shall interfere with another rower. In the case of such interference which affects the outcome of the race the Responsible Umpire shall decide on the action and the resultant sanction to be applied under these Rules (Rule 65).

Under this Rule, pushing or assisting a rower is not permitted and shall be regarded as interference. However, in a relay event, members of the same relay team shall be permitted to hold the feet of the rower of their team only, and to pick up a dropped handle on behalf of the rower without being penalised.

The Responsible Umpire shall ensure that no external factors influence the result of a race and shall take appropriate action if they consider such influence has occurred.

27. Coaching During Racing (Rule 72)

It is prohibited to give any instructions, advice or directions to rowers that are racing with any electric, electronic or other technical device.

28. Conclusion of the Race (Rule 73)

A rower has finished the race when their machine monitor shows that they have completed the distance or the time specified for the race.

A race is concluded when the Responsible Umpire so indicates by raising a white flag or otherwise confirms the result. Rowers shall be ranked in order of the time taken to complete the race or the distance rowed respectively, depending on the type of race, whether the race is over a specified distance or a specified time.

If a rower indicates they wish to make an objection or if the Responsible Umpire considers that the race was not in order, the Responsible Umpire shall raise a red flag at the end of the race, notify the race control system operators and announce that the results will be withheld pending an objection.

The Responsible Umpire shall inform the rowers, the race control system operators and the President of the Jury of their decision. The results shall not be announced until the Responsible Umpire has given their decision.

29. Dead-Heats (Rule 74)

If there is a dead heat in any round other than a final, both rowers shall proceed to the next round.

In a final, if a dead heat occurs between rowers, they shall be given equal placing in the final order and the next placing shall be left vacant.

30. Objections (Rule 75)

- a. *A rower claiming that their race was not in order and the rower's ranking in the race has been affected may make an objection to the Responsible Umpire immediately after the finish of the race and before leaving the immediate vicinity of their machine.*
- b. *Such objection may only concern the conduct of that rower's race.*
- c. *The Responsible Umpire may accept or reject the rower's objection and communicate their decision to the rowers in the race, the other race officials and the race control system operator.*

- d. *A rower excluded or otherwise sanctioned at the Start may make an objection to the Responsible Umpire at the time the penalty is awarded in accordance with Rule 69.*

31. Protests (Rule 76)

- a. *A protest to the Board of the Jury may only be made by:*
- i. *a rower whose objection has been rejected;*
 - ii. *a rower whose ranking in a race has been affected by the acceptance of an objection;*
 - iii. *a rower ruled DNS (did not start) or DNF (did not finish);*
 - iv. *a rower that has been excluded or disqualified; and*
 - v. *a rower that disputes the published results.*
- b. *Such a protest must be in writing and lodged with the President of the Jury not later than 30 minutes after the conclusion of the race and the publication of the official results.*
- c. *The protest must be accompanied by a deposit of EUR 100 or equivalent, which amount shall be refunded if the protest is upheld.*
- d. *The Board of the Jury shall then decide if the protest was justified. It will make its decision before the next round of races in the event concerned and, in any case, no later than one hour after the last race of the day. The decision and reasoning shall be given in writing.*
- e. *The Board of the Jury may:*
- i. *Reject the protest;*
 - ii. *Uphold the protest and provide such relief as may be necessary to restore each affected rower's chances in the race or to correct the published results. The relief available to be provided by the Board of the Jury is as follows:*
 - 1) *Reprimand a rower;*
 - 2) *Exclude a rower from the event;*
 - 3) *Disqualify a rower*
 - 4) *Relegate a rower to last place in the race where specifically provided for in these Rules;*
 - 5) *Order a re-row in accordance with Rule 64 between some or all of the rowers in the race.*
- f. *At a World Rowing Indoor Championships, in the case of a protest arising from an objection concerning the final of an event, the Executive Committee may postpone the victory ceremony of that event.*
- i. *If the victory ceremony has taken place, and if the subsequent decision of the Board of the Jury changes the final result of the event then the official result shall be changed accordingly.*
 - ii. *Where medal placings are affected, then the medals shall be re-awarded as necessary in accordance with the decision.*
- g. *Subject only to Rule 77, the decision of the Board of the Jury on such a protest shall be final and not subject to further appeal.*

32. Appeals (Rule 77)

- a. *Appeals against a decision of the Board of the Jury is governed by Rule 77 Appeals.*
- b. *An appeal to the Executive Committee against a decision of the Board of the Jury may be made only by:*
- i. *a crew whose ranking in a race has been adversely affected by a decision of the Board of the Jury; or*

- ii. *a crew whose protest against the published results was rejected by the Board of the Jury.*
- c. *A decision of the Board of the Jury which confirms the decision of a member of the Jury shall be final and may not be appealed.*
- d. *World Rowing Indoor Championships – The Executive Committee may designate its representatives who shall comprise the Appeals Committee to act with the full authority of the Executive Committee on appeals under these Rules.*

33. Control Commission (Rule 81)

The Control Commission shall include Jury members and national technical officials. The number of such Jury members and officials appointed shall take into account the competition programme and the number of rowers. In particular, the Control Commission is responsible for the following:

- a. *The correct weighing of rowers in lightweight events following the procedures required by the Rules of Racing and Bye-Laws;*
- b. *Rower changes before the race at competitions where such changes are allowed under these Rules;*
- c. *Substitution of rowers in crew events who are injured or have fallen ill after the first heat of their crew event at International Indoor Rowing Competitions (no substitutes are allowed for rowers competing in individual events);*
- d. *Checking the identity of rowers to ensure that the rowers are the same as the official entry and any subsequent changes which have been approved in accordance with the Rules of Racing and Bye-Laws.*
- e. *At International Competitions where other arrangements are not in place for this purpose, checking the nationality of rowers, the ages of Under 19, Under 23 and Masters rowers;*
- f. *Checking the uniform clothing of rowers in crew events and for all rowers its conformity with the Rules regarding Identifications.*
- g. *Where anti-doping tests are carried out, ensuring that rowers required to undergo tests are taken to the officials responsible for this immediately after leaving the Competition Area.*

34. The Responsible Umpire (Rule 82, 83, 84)

The Responsible Umpire shall ensure that the correct starting, race and finish procedures are followed. Duties of the Responsible Umpire:

- a. *Before taking up their duties, the Responsible Umpire must be satisfied that all equipment and installations are present and in working order;*
- b. *The Responsible Umpire shall ensure that each rower competes on the machine which has been allocated to them;*
- c. *Starting Procedures – The Starting Procedures to be employed by the Responsible Umpire (including false starts) are described in Regulations 21 and 22;*
- d. *Exclusion – The Responsible Umpire shall award a Red Card and exclude a rower or the crew or a rower if the rower or the crew has received two Yellow Cards that apply to the same race;*
- e. *Late Arrival – The Responsible Umpire may exclude a rower arriving late (less than 2 minutes before their start time) at their starting positions or not ready to race at the designated start time;*
- f. *Postponement – Should it be necessary to postpone a race (e.g. equipment breakage) the Responsible Umpire shall consult with the President of the Jury, then inform the rowers of the new starting time both verbally and in writing;*
- g. *The Responsible Umpire shall endeavour to ensure that no rower gains any advantage or suffers any disadvantage from its opponents or from outside interference.*

- i. *Where the Responsible Umpire is satisfied that a rower has been significantly impeded, the Umpire shall endeavour to ensure that their chance is restored to them. The responsible Umpire shall impose appropriate penalties on rowers at fault.*
- ii. *If necessary, the Responsible Umpire may stop the race, impose any necessary penalties and order the race to be re-rowed from the start, either immediately or later. In the latter case, they shall decide on the new starting time in consultation with the President of the Jury and shall inform the rowers concerned.*

The Responsible Umpire may also allow the race to continue and exclude rowers after the race has finished. They may confine any re-row to such rowers as they shall designate. However, when the Responsible Umpire considers that the impediment has not affected the result of the race, or considers the effect of the impediment was not significant, they may decline to order a re-row of the race or of the rowers involved in the incident.

- h. *At the end of each race, the Responsible Umpire shall determine the ranking of rowers at the end of each race. The Responsible Umpire shall:*
 - i. *ascertain, in conjunction with the Umpire, that the race was in order;*
 - ii. *be responsible for listing the rowers in the correct order of finish;*
 - iii. *validate the results;*
 - iv. *sign the official record of the results.*

35. The Race Umpire (Rule 83)

The Race Umpire shall support the Responsible Umpire to ensure the proper conduct of the race and the safety of the rowers. In particular, they shall:

- a. *endeavour to ensure that no rower gains any advantage or suffers any disadvantage from its opponents or from outside interference;*
- b. *alert the Responsible Umpire to any problem or breach of these Rules;*
- c. *ensure that the time and distance rowed for each rower have been accurately recorded;*
- d. *monitor the correct changeover of rowers in relay races and that rowers in a relay race change at the specified changeover points and within the required time;*
- e. *check the correct functioning of the machines; and*
- f. *check that the monitors on each individual machine are correctly set before the start of each race.*

The ratio of Race Umpires to machines should be approximately 1:10.

36. Anti-Doping (Rule 85)

Doping is strictly prohibited. The fight against doping is regulated by the World Anti-Doping Code, which the World Rowing Congress has formally adopted as World Rowing Rules and which the World Rowing Council has the power to clarify and/or supplement, by appropriate Bye-Laws.

Indoor Rowing Competitions and the World Rowing Indoor Championships shall be subject to and governed by World Rowing's Anti-Doping Rules and Bye-Laws.

37. Exceptional Cases (Rule 86)

Should it be necessary to take decisions in exceptional cases, the President of the Jury shall appoint and preside over a body to make such decisions.

At a World Rowing Indoor Championships the Executive Committee or its delegate shall make decisions in exceptional cases.

APPENDIX R21

EVENT BIDDING AND PREPARATION REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING

Applicable to:

- World Rowing Championships;
- World Rowing Under 19 Championships;
- World Rowing Under 23 Championships;
- World Rowing Cup Regattas;
- World Rowing Masters Regattas;
- World Rowing Coastal Championships;
- World Rowing Indoor Championships.

1. Start of the Bid Process

The relevant events shall, in principle, be attributed to a member federation for organisation a specified number of years in advance. A Bid Questionnaire will be available at least one year before the attribution date of the event.

Four years

- World Rowing Championships

Three years

- World Rowing Junior Championships
- World Rowing Under 23 Championships
- World Rowing Masters Regattas

Two years

- World Rowing Cup Regattas
- World Rowing Coastal Championships

2. Bid Questionnaire and Budget

Each member federation interested in organising one of the events listed above must submit an event budget and detailed answers to the Bid Questionnaire within the period prescribed by the Executive Committee.

The answers to the questionnaire will form part of the Event Agreement signed with World Rowing if the bid is successful.

3. Guarantees and Undertaking

Each bidding federation must present written guarantees on several topics to the Council in writing. The Candidate federation and any governmental authority(ies) presenting the bid must submit a written undertaking in which they agree to sign the Event Agreement if they are successful.

4. Bidding and Hosting Fees

The Executive Committee may determine fees for entering the bid process, for submitting a bid and for the attribution of the right to host the event. These fees will be determined and announced at least three months before the request for expressions of interest are due to be received.

5. Bid Inspection Visit

The Executive Committee may send a group of experts (up to five persons for World Championships and three persons for all others) to the candidate venues, at the cost of the respective Candidate federations, to evaluate all aspects of the bid, and, in reference to the answers given in the questionnaires, the conditions under which the Championships would be held at each venue.

6. Attribution

World Rowing Championships, World Rowing Under 19 Championships, World Rowing Under 23 Championships Bids – The Council shall review all final bids, reject any that do not satisfy the minimum requirements and then select the most suitable candidate(s) and propose it (them) to the Congress for final approval. As part of this proposal to Congress, the Council shall set out its reasons for selecting its recommended candidate(s).

The Congress shall vote to accept the proposed candidate or, where more than one candidate is proposed by the Council, to elect one of those candidates by a majority of valid votes cast. In the event that Congress fails to so accept the Council's proposed candidate or one of the candidates proposed by the Council, a second election shall then take place for which all candidates for the relevant Championships that have satisfied the minimum requirements shall be eligible.

World Rowing shall encourage a worldwide attribution of World Rowing Championship regattas to suitable candidates.

- *World Rowing Cup Bids – The Executive Committee will evaluate all bids and select the most suitable venue(s) and organising committee(s) and propose it (them) to the Council for final approval.*
- *World Rowing Masters Regatta Bids – The Masters Rowing Commission will evaluate all candidates and select the most suitable candidate(s) and propose it (them) to the Council for final selection.*
- *World Rowing Coastal Championships Bids – The Coastal Rowing Commission will evaluate all candidates and select the most suitable candidate(s) and propose it (them) to the Council for final selection.*
- *World Rowing Indoor Championships Bids – The Executive Committee will evaluate all candidates and select the most suitable candidate(s) and propose it (them) to the Council for final selection.*

7. Event Agreement and Commercial Rights Agreement

The member federation to which the relevant regatta is attributed shall immediately enter into an Event Agreement and Commercial Rights Agreement, where applicable, with World Rowing to comply with its undertakings.

8. Event Dates

The Council shall decide the dates of the relevant events at least two years in advance.

9. Rights – Television and Commercial

The following rights are the exclusive property of World Rowing at all the above listed events and shall be exploited in cooperation with each organising committee in accordance with the Event Agreement:

- a. *Television rights, including all means now known or hereafter devised, whether live or recorded, pay or free television including terrestrial, satellite or cable transmission;*
- b. *Commercial rights, including all commercial and sponsorship rights arising in relation to or in any way connected including signage rights, general sponsorship rights, official supplier rights, event programme rights, advertising rights on all promotional materials and publications and hospitality rights; and*
- c. *Merchandising rights, the right to use and licence the name and official emblem of FISA, World Rowing, the official event logo, and other names, emblems and logos as registered by World Rowing. The bid documents shall specify in detail how the proceeds of the sale of these rights shall be handled. World Rowing also reserves the exclusive right to sell licensed merchandise and other products related to World Rowing and the event logo at all the events listed above, and the organising committee shall provide space for this activity at the venue of the Championships without charges to World Rowing.*

10. Preparation Expenses

The organisers of the events will be responsible for the entire expenses of inspection visits after the event is attributed by individuals designated by World Rowing to inspect the venue and review preparations with the organising committee prior to the events, as follows:

- *World Rowing Championships - up to 20 individual visits*
- *World Rowing Under 19 Championships - 6 individual visits*
- *World Rowing Under 23 Championships - 6 individual visits*
- *World Rowing Masters Regattas - 9 individual visits*
- *World Rowing Cup Regattas - 6 individual visits*
- *World Rowing Coastal Championships - 6 individual visits*

11. Organisational Expenses

The bid documents shall specify in detail certain organisational expenses for which the organising committee shall be responsible.

