

News reviews



2017 World Rowing Award winners revealed



The first World Rowing Indoor Championships announced



Azou and Janssen head World Rowing's top 10 list for 2017

A French man and a Dutch woman have taken the top spots in World Rowing's Top 10 rowers for 2017. Jeremie Azou is the top male and Inge Janssen the top female in a list that includes new rowers who have taken over in the sport following a number of post-Olympic retirements.



The indoor rowing appeal and British Rowing

Rowers have long embraced – or rather endured – a close relationship to this most intense of exercise machines. But indoor rowing machines are no longer just for rowers cross training. New research from British Rowing reveals that on average there are three indoor rowing machines at every gym across Great Britain and concrete steps are being taken to increase that number.



How South Africa is making their boats go faster

The simple aim of a rowing coaching is to make boats go faster and South Africa's national squad programme is certainly picking up speed. At the Olympic level, the first South African boat to compete was the men's eight in Barcelona in 1992. Twelve years later in Athens, South Africa won its first medal, bronze in the men's pair. London 2012 saw South Africa win its first gold, in the men's lightweight four. This success was built on in Rio, with five boats qualifying, all making finals and the men's pair winning silver.

World Rowing's 2017 Coaches Conference on 7-8 December in London, focused on the theme of using technology and data to make boats go faster. In South Africa traditional training methods are used to help synthesize data and analysis to deliver success.

Athletes



Rising Star

[Caileigh FILMER](#)

CAN



Athlete of the month

[Jeannine GMELIN](#)

SUI

Videos



[National Federation Conference](#)



[2017 World Rowing Para Conference Presentations](#)

News reviews



Moments that helped define rowing – FISA 125th

As World Rowing celebrates 125 years since its founding throughout 2017, we look this month at five of our sport's defining moments. Of course, there are many, many moments that have helped define our sport, so this is a taste of what has helped make international rowing what it is today.

[Finalists for 2017 World Rowing Awards announced](#)



What makes a champion - deliberate practice or innate talent

What differentiates an average athlete from a high-performing and exceptionally successful one?



Gender equality achieved at World University Rowing Championships

In 2018, World University Rowing Championships will take place for the first time outside of Europe and will also for the first time be gender-equal.



Taking indoor rowing out of this world

Going into space is tough work. For astronauts, physical fitness is central to their well-being both on earth before departure and while they are in space. Astronauts aboard the International Space Station (ISS) are testing a state-of-the-art rowing machine to help keep them in top shape.

Athletes



Rising Star

Cosmin PASCARI

ROU



Athlete of the month

Matteo LODO

ITA

Videos



The best of the drone at the
2017 world rowing champs



Para-rowers take to the water at
the World Champs

Events

[2017 World Rowing Coaches Conference](#)

7 - 8 Dec 2017 / London

[2017 World Rowing Awards](#)

8 - 8 Dec 2017 / London



MEDIA RELEASE

FINALISTS FOR 2017 WORLD ROWING AWARDS ANNOUNCED



For immediate release - Lausanne, 13 November 2017

Success at this year's World Rowing Championships in the United States and success throughout the season helped determine the finalists for the 2017 World Rowing Awards.

Public nomination drew over 1000 submissions for this year's awards. The public nominations then went to the World Rowing Federation's Council to select the finalists. The finalists demonstrate a wide mix of nations.

Finalists for the 2017 World Rowing Female Crew of the Year

- Asja Maregotto, Paola Piazzolla, Federica Cesarini, Giovanna Schettino, Italy, *Lightweight Women's Quadruple Sculls*
- Milda Valciukaite, Ieva Adomaviciute, Lithuania, *Women's Double Sculls*
- Olivia van Rooijen, Inge Janssen, Sophie Souwer, Nicole Beukers, Netherlands, *Women's Quadruple Sculls*
- Ioana Vrinceanu, Viviana-Iuliana Bejinariu, Mihaela Petrila, Iuliana Popa, Madalina Beres, Denisa Tilvescu, Adelina Bogus, Laura Oprea, Daniela Druncea (coxswain), Romania, *Women's Eight*
- Kirsten McCann, South Africa, *Lightweight Women's Single Sculls*
- Jeannine Gmelin, Switzerland, *Women's Single Sculls*

Finalists for 2017 World Rowing Male Crew of the Year

- Joshua Hicks, Spencer Turrin, Jack Hargreaves, Alexander Hill, Australia, *Men's Four*
- Ondrej Synek, Czech Republic, *Men's Single Sculls*
- Pierre Houin, Jeremie Azou, France, *Lightweight Men's Double Sculls*
- Johannes Weissenfeld, Felix Wimberger, Maximilian Planer, Torben Johannesen, Jakob Schneider, Malte Jakschik, Richard Schmidt, Hannes Ocik, Martin Sauer (coxswain), Germany, *Men's Eight*
- Matteo Lodo, Giuseppe Vicino, Italy, *Men's Pair*

Finalists for 2017 World Rowing Para Crew of the Year

- Erik Horrie, Australia, *Para PR1 Men's Single Sculls*
- Diana Barcelos de Oliveira, Jairo Klug, Brazil, Para PR3 Mixed Double Sculls
- Annika van der Meer, Corne de Koning, Netherlands, Para PR2 Mixed Double Sculls
- Birgit Skarstein, Norway, *Para PR1 Women's Single Sculls*

Finalists for 2017 Coach of the Year

- Alexis Besancon, France
- Dominic Casey, Ireland
- Francesco Cattaneo, Italy
- Josy Verdonkschot, Netherlands
- Antonio Colamonici, Romania

Finalists for 2017 World Rowing Distinguished Services to International Rowing

- John Boulton, Australia
- Morten Espersen, Denmark
- Juergen Grobler, Great Britain
- Dominic Casey, Ireland
- Nicholas Ee, Singapore

The award winners will be announced on Friday 8 December 2017. The winners will then be honoured that same day at a gala dinner during the 2017 World Rowing Coaches Conference in London, Great Britain.



MEDIA RELEASE

CALL FOR NOMINATIONS FOR ROWING'S MOST PRESTIGIOUS AWARD: 2018 THOMAS KELLER MEDAL



For immediate release - Lausanne, 1 November 2017

The World Rowing Federation, FISA, has opened the nomination process for the 2018 Thomas Keller Medal to the general public.

The Thomas Keller Medal is the highest distinction in the sport of rowing. It is awarded to recognise an exceptional international rowing career as well as exemplary sportsmanship and legendary aspect. The public is able to submit nominations until 4 December 2017 (midday CET).

The award was named after the late President of FISA, Thomas Keller (Thomi). Born in 1924, Keller was elected President of FISA in 1958 as a 34-year-old and was then the youngest-ever president of an international sports federation.

Following the 1988 Olympic Games, Thomi Keller spontaneously awarded the FISA Medal of Honour to single scullers Peter-Michael Kolbe (Germany) and Pertti Karppinen (Finland) to commemorate one of the greatest rivalries in the history of the sport, thereby recognising their exceptional talent and sportsmanship. This shaped the idea of the Thomas Keller Medal which was initiated by the Keller family following Thomi's passing in 1989 and was first awarded to the great Norwegian rower Alf Hansen in 1990.

Each year the winner is carefully selected by the Thomas Keller Medal committee which includes Keller's son Dominik. It follows a broad international nomination process including public nominations. The aim is to ensure that the true values in which Keller so strongly believed are represented.

To be awarded the Thomas Keller Medal the following five factors are taken into consideration:

1. Success at the international level
2. "Type" of career
3. Technical mastery of the sport
4. Sportsmanship
5. "Legendary" aspect

For 2017 the Thomas Keller Medal was awarded to Katherine Grainger of Great Britain. Grainger is Great Britain's most decorated female Olympian with five Olympic medals in four boat classes. These medals showed Grainger's all-round brilliance in the sport and included gold from the London 2012 Olympic Games. Grainger who, gained a PhD in law while rowing, also earned eight medals from the World Championships.

Previous winners include Caroline and Georgina Evers-Swindell (New Zealand), Eskild Ebbesen (Denmark), Vaclav Chalupa (Czech Republic), Iztok Cop (Slovenia), James Tomkins (Australia), Kathrin Boron (Germany), Elisabeta Lipa (Romania) and Steve Redgrave (Great Britain).

To nominate and to view the full list of winners, please click [here](#).

The award will be presented on Saturday 14 July 2018 during World Rowing Cup III in Lucerne, Switzerland.

News reviews



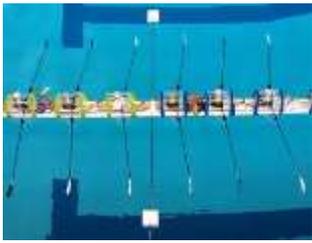
Twenty-nine nations win medals at 2017 World Rowing Championships

FISA Congress votes for gender equality across all World Championship events

125 years of FISA: Advances in technology

As the World Rowing Federation (FISA) continues to celebrate the 125th anniversary of its founding in 1892, we look back this month on a few of the many technological innovations that have created the modern sport of rowing.





Is synchronicity the best way to move a boat?

While synchronisation in rowing seems to make perfect sense when looking for maximum boat speed, not everyone has always agreed with this standard wisdom.



Crashes, buoys and navigation for World Rowing coastal championship finals

It was all about crashes, navigation and technical proficiency on the 6km course for the finals at the 2017 World Rowing Coastal Championships in Thonon, France. The conditions were great with sunshine and a very light breeze on Lake Geneva as rowers navigated around buoys and the odd ferry.

Athletes



Rising Star

Anna THORNTON

GBR



Athlete of the month

Jingli DUAN

CHN

Videos



Rowers - muscly all around - shoulders and arms



Timelapse from the venue - morning at the 2017 World Rowing Championships

Events

2017 World Rowing Coaches Conference

7 - 8 Dec 2017 / London

2017 World Rowing Awards

8 - 8 Dec 2017 / London



MEDIA RELEASE

2017 WORLD ROWING AWARDS PUBLIC NOMINATIONS NOW OPEN

For immediate release Lausanne, 9 October 2017

The World Rowing Federation, FISA, has opened public nominations for the 2017 World Rowing Awards.

This is a chance for the public to have their say by nominating who they believe accomplished an outstanding performance this year in rowing.

Nominations can be made in the following award categories:

- World Rowing Para-rowing Crew of the Year
- World Rowing Female Crew of the Year
- World Rowing Male Crew of the Year
- World Rowing Coach of the Year
- World Rowing Distinguished Service to Rowing Medal

Only one nomination can be submitted for each category.

Nominations must be submitted by midnight (CET) 23 October 2017 online [here](#)

Please note that this is a nomination process, not a voting process.

Once all nominations have been received, they will be reviewed by the FISA Council which will narrow it down to a short list. The short list will then be put forward to FISA's Executive Committee which will determine the winner in each of the five categories.

The World Rowing award winners will be publicly announced on 7 December 2017 and the winners presented with their awards at the 2017 World Rowing Awards dinner on Friday 8 December 2017 in London, Great Britain.

Last year's winners were:

- 2016 World Rowing Female Crew of the Year: Magdalena Fularczyk-Kozłowska, Natalia Madaj (POL), women's double sculls.
- 2016 World Rowing Male Crew of the Year: Martin & Valent Sinkovic (CRO), men's double sculls.
- 2015 World Rowing Para-Rowing Crew of the Year: Rachel Morris (GBR), para PR1 women's single sculls.
- 2016 World Rowing Coach of the Year: Roger Barrow (RSA)
- 2016 World Rowing Distinguished Service to Rowing Medal: Reinhold Batschi (AUS)



MEDIA RELEASE

FISA CONGRESS VOTES FOR GENDER EQUALITY ACROSS ALL WORLD CHAMPIONSHIP EVENTS

For immediate release - Sarasota-Bradenton, 2 October 2017

The World Rowing Federation, FISA, 2017 Ordinary Congress was held following the successful conclusion of the 2017 World Rowing Championships in Sarasota-Bradenton, USA.

President Jean-Christophe Rolland opened the Congress and presented medals of honour to the representatives of Sarasota and Manatee Counties, Randy Benderson for his work to create the venue and Paul Blacketter for his work to create the venue. He also recognized the Executive Director of the World Championship Organising Committee Meredith Scerba. This was followed by reports from the President, Executive Committee Members, Chairs of the specialist Commissions and Continental Representatives.

Following a long process of consultation with all stakeholders, the FISA Congress voted on Rule 36 – the World Rowing Championships Programme for senior, para rowing, under 23 and junior events. Executive Director Matt Smith gave a detailed explanation for the Council’s recommendation for each of the open weight, lightweight and para-rowing events.

The Council then moved to a required two-third majority vote to change Rule 36. With 137 votes in favor six votes against, the Congress approved the new World Championship programme by 95.8 percent. The programme brings gender equality across all events and can be seen in detail [here](#).

The Congress unanimously re-elected the following individuals for another four-year term:

- President: Jean-Christophe Rolland (FRA)
- Vice-President: Tricia Smith (CAN)
- Treasurer: Mike Williams (GBR)

The following individuals were elected for a four-year term as Commissions Chairs to serve on the Executive Committee:

- Lenka Dienstbach-Wech (GER), Athletes Commission Chair
- **Patrick Rombaut (BEL), Umpire Commission Chair**
- Mike Tanner (HKG), Events Commission Chair

The Congress also attributed the upcoming World Rowing Events.

The 2020 World Rowing Senior, Under 23 and Junior Championships received bids from three Organising Committees: Plovdiv (BUL), Poznan (POL) and Bled (SLO). The bid from Plovdiv (BUL) was withdrawn leaving the congress to vote on the remaining two bids.

The Congress attributed the 2020 event to Bled (SLO) with 94 votes over 57 votes for Poznan (POL).

Shanghai (CHN) was attributed the 2021 World Rowing Championships with a unanimous vote.

The following events were attributed by the Council:

- 2018 World Rowing Tour – Costa Brava, Spain
- 2019 World Rowing Junior Championships - Tokyo, Japan
- 2019 World Rowing Cup I – Plovdiv, Bulgaria
- 2019 World Rowing Cup II – Poznan, Poland
- 2019 World Rowing Cup III – Rotterdam, Netherlands
- 2019 World Rowing Coastal Championships – Hong Kong China
- 2020 World Rowing Masters Regatta – Linz-Ottensheim, Austria

Two new national members were welcomed into FISA:

- Cambodia
- Guinea

The total number of member national rowing federations is now 153.

Immediately at the conclusion of the Congress, FISA staged a National Federations Conference at which the delegates discussed the 2020 Olympic Qualification system, updates on the Lightweight and Para Rowing review projects, FISA's proposal towards a more independent anti-doping function and a new strategic framework for event attribution.

Finally, the delegates attributed the 2018 Ordinary Congress to Plovdiv, Bulgaria to be held on 17 September 2018.



MEDIA RELEASE

TWENTY-NINE NATIONS WIN MEDALS AT 2017 WORLD ROWING CHAMPIONSHIPS



For immediate release
Sarasota-Bradenton, 1 October 2017

Twenty-nine countries head home from the 2017 World Rowing Championships in Sarasota-Bradenton, United States with World Championship medals.

In a week of great rowing conditions, over 900 athletes raced at the beautiful new rowing venue at Nathan Benderson Park. Italy left as the best overall nation. The Italians won nine medals three of them gold. Their gold medals came in the lightweight women's quadruple sculls, lightweight men's four and men's pair.

Since the retirement of Eric Murray and Hamish Bond of New Zealand, the men's pair has opened up and Giuseppe Vicino and Matteo Lodo of Italy stepped in to the gold medal position. Silver went to Croatia's brother-duo Martin and Valent Sinkovic with New Zealand's new combination of Thomas Murray and James Hunter taking bronze.

Coming in second overall on the medals table was New Zealand who won seven medals, three of them gold. The New Zealand gold medal success came in both the men's and women's double sculls and the women's pair. The men's double of John Storey and Chris Harris finished in front after a very tight final with Poland taking silver and Italy bronze.

"It's an insane boat class," Storey said after the race. "Every crew has stepped up into this field. Throughout the race, there was no settling in to a rhythm, we just stuck to our game plan and went for it at the end."

Ondrej Synek of the Czech Republic is back in first place position with a win in the men's single sculls. Olympic bronze medallist and 2015 World Champion, Synek raced with precision to win over an accomplished field which included Cuba's Angel Fournier Rodriguez taking silver and Thomas Barras of Great Britain winning a surprising bronze. For the women's single sculls, Switzerland took its first ever World Champion title in this boat class when Jeannine Gmelin won gold. Silver went to Victoria Thornley of Great Britain and bronze to Austria's Magdalena Lobnig.

The women's eight was the most anticipated race of the regatta as the US women's eight 11-year winning streak was on the line in front of an energised home crowd. The winning streak ended at this regatta when Romania come through to gold with Canada taking silver and New Zealand winning bronze. The United States men's eight crew fared better as the young crew finished second against impressive competition that had the Rio silver medallists Germany taking first and Italy taking third.

A new World Best Time was set in the para PR1 men's single sculls as Australia's Erik Horrie finished first over Paralympic Champion Roman Polianskyi of Ukraine who took silver. Russia's Alexey Chuvashhev won the bronze. Horrie's gold medal helped place Australia third on the overall medals table. The Australian team won six medals, three of them gold.

"It has been a fantastic week and congratulations to you, the athletes. You have inspired us and we are all very proud of you," FISA President Jean-Christophe Rolland said at the close of the regatta. "To stage such a huge event requires a tremendous amount of work. Thank you to the organising committee. You have delivered a fantastic World Rowing Championships."

For results, full race reports, photos, live blog and quick quotes go to www.worldrowing.com .



Our living rowing legend; Ekaterina Karsten

A true living legend of rowing, Ekaterina Karsten of Belarus celebrated 30 years in the sport this year. The majority of her time in the women's single sculls, Karsten (nee Khodotovich) finished second at this year's European Rowing Championships just shy of her 45th birthday.



125 years of staggering rowing statistics

The longest winning streak. The biggest lungs. The best partnership. Rowing is full of statistics. As the World Rowing Federation, FISA, celebrates its 125th anniversary, we look at 12 of those statistics that help define our sport.



Time to nominate for the 2017 Filippi Spirit Award



Rolland elected to the International Olympic Committee

FISA President Jean-Christophe Rolland has been elected as a member of the International Olympic Committee (IOC).

Athletes



Rising Star

Robert BLACK

AUS



Athlete of the month

Robert MANSON

NZL

Videos



Good morning Sarasota-Bradenton - early start at the World Rowing Champs



How to take a perfect stroke? Rowers on the ultimate search for perfection.

Events



2017 World Rowing Championships

24 Sep - 1 Oct 2017 / Sarasota-Bradenton

2018 Asian YOG Qualification Regatta

11 - 14 Oct 2017 / Singapore



MEDIA RELEASE

WORLD ROWING AND WADA PROMOTE CLEAN ROWING AT 2017 WORLD ROWING CHAMPIONSHIPS

For immediate release
Lausanne, 18 September 2017

The World Rowing Federation, FISA, and the World Anti-Doping Agency, WADA, are working together to promote clean sport by delivering the latest instalment of WADA's Legacy Outreach programme (Legacy Outreach) at the 2017 World Rowing Championships in Sarasota-Bradenton, USA from 24 September to 1 October 2017

FISA Athletes Commission Chair Lenka Dienstbach-Wech spearheaded the concept and leveraged her fellow Commission members to help lead this clean sport initiative for rowing.

"The FISA Athlete Commission is very pleased to announce this Legacy Outreach project in partnership with WADA," says Dienstbach-Wech. "We want to highlight our clean athletes and that there is no place for doping in our sport. Rowing and our athletes stand for sportsmanship, fair play and respect and, with this programme, we would like to show the world our values. "Also, the Athletes Commission strongly believes that education and awareness empower athletes to stand against negative influences in their entourage and help them to say #iRowClean."

At this year's World Rowing Championships, the Outreach Programme will be showcased in a bid to raise awareness and promote clean sport to a new generation of athletes. Using the hashtag #iRowClean, FISA in partnership with WADA will have an interactive information booth at the venue where athletes, coaches and other team officials can visit.

"Athlete engagement is a top priority for WADA and we are happy to support FISA and FISA's Athlete Commission in developing a customized awareness campaign unique to rowing," says WADA's Athlete Relations Senior Manager, Stacy Spletzer-Jegen. "We hope this Legacy Outreach programme will provide FISA with all the tools and materials they will need to run their own successful outreach programmes in the future. WADA is very fortunate to have three rowers as part of our Athlete Committee who would agree that this sort of athlete engagement is beneficial at all levels of sport."

The aim of WADA's Legacy Outreach programme is to support key stakeholders in developing and delivering sustainable anti-doping awareness programmes in order to promote clean sport. WADA's role is to lead from behind by tailoring each programme to the International Federation's needs.

For more information: Maggie Durand, Coordinator, Media Relations and Communications
Phone: + [1-514-904-8225](tel:1-514-904-8225)
E-mail: media@wada-ama.org



Dear Friends,

The 2017 FISA Youth Coaches Conference will be held 12-15 October in Minsk, the Republic of Belarus.

Belarus Rowing Federation and the Organizing Committee makes every effort to ensure an informative, interesting and memorable event for all participants.

Attached we send you a bulletin with general information about the Conference.

Looking forward to seeing you in Minsk!

NOTE:

- Citizens of 80 countries have possibility to enter Belarus without visa if they arrive in Minsk by plane via Minsk airport for the period no longer than 5 days. Please find a list of countries attached.
- On arrival in Minsk airport you will be met by our volunteers and transported to the hotel. Please inform us about the date and time of your arrival before 5 October 2017.
- You will have accommodation in Aqua hotel, with free access to the fitness room and aqua zone of waterpark (<http://waterpark.by/en/>).

Please contact us with any questions.

Best regards,

Olga Tarasova

Secretary General

Belarus Rowing Federation

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MEDIA RELEASE

TIME TO NOMINATE FOR THE 2017 FILIPPI SPIRIT AWARD

For immediate release - Lausanne, 14 September 2017

The World Rowing Federation, FISA, is pleased to announce that the nomination process for the 2017 Filippi Spirit Award is now open.

The Filippi Spirit Award is open to university students who, through the core values of rowing, have inspired exceptional success in other people's lives in education, business, sport or charity. To recognise the merits of this student, a new Filippi racing eight will be awarded to the winner's university rowing club.

"For the 2016 award we had a record number of nominations and World Rowing is always grateful to learn about the amazing rowers who show the values that we hold deeply," says FISA President Jean-Christophe Rolland. "World Rowing is proud to recognise these rowers through this Award."

The Filippi Spirit Award is open to current university students worldwide who study full time and row regularly for a university rowing club. The winner of the Award will be presented with a custom-made new Filippi racing eight boat for their rowing club. Filippi boats are made in Italy and used by medal-winning crews throughout the world.

Filippi Boats is one of the world's leading rowing racing boat manufacturers based in Donorotico, Italy. Since 1980 Filippi has produced top Olympic-class rowing boats. They are renowned for design, top-quality materials and state-of-the-art technology combined with passion and core values that underpin their work.

For rowers in some countries (such as the United States where NCAA regulations apply), the awards will be adjusted to conform with national eligibility regulations. Each nomination must be made by two of the nominated rower's teammates, supported by the rowing club and endorsed by the university. Only one member may be nominated by each club.

Full details and the nomination form are now available here. University rowing clubs have until 1 November 2017 to submit nominations.

Previous winners:

2016 Nils Jakob Hoff

Olympic rower and medical student at the University of Bergen, Norway.

2015 Kirsten Van Fossen

American PhD student studying engineering at the University of Cambridge, Great Britain.

2014 Franz Gravenhorst

German national team rower and PhD student at the Swiss Institute of Technology in Zurich, Switzerland.

2013 James Cook

British student-athlete studying mechanical engineering at the University College of London, Great Britain.



MEDIA RELEASE

GREAT ENTRY FOR THE 2017 WORLD ROWING CHAMPIONSHIPS

*For immediate release
Lausanne, 13 September 2017*

The World Rowing Federation, FISA, is pleased to announce a great entry for the 2017 World Rowing Championships in Sarasota-Bradenton, United States with over 900 athletes from 69 countries attending.

The World Rowing Championships will be staged at the beautiful, newly constructed regatta course at Nathan Benderson Park in central Florida, marking a return of the event to the United States after 23 years. The United States Rowing Association is sending one of the biggest teams with entries in 25 of the 26 boat classes and a total of 75 athletes followed by Great Britain with 67 athletes and Italy with 60 athletes.

The regatta runs from 24 September through to 1 October 2017 with rowers progressing through from heats through to semi-finals and finals.

The men's single sculls has attracted the highest number of entries at 39. These rowers are a mixture of new talent as well as well-known veteran competitors. New to the single this season and already having achieved a World Best Time is Robert Manson from New Zealand. He will be up against Olympic medallist and World Champion in the single Ondrej Synek (Czech Republic), Olympic silver medallist Damir Martin of Croatia and World Cup medalist Angel Fournier Rodriguez of Cuba. Featuring in the women's single sculls is Olympic medallist Jingli Duan of China, European Champion Victoria Thornley of Great Britain and 2017 World Cup gold medallist Jeannine Gmelin of Switzerland.

The newly-established Olympic boat class, the women's four, has attracted 12 entries and, according to results earlier this season, Australia looks to be the crew to beat. The men's four has 16 entries including the entries from Great Britain and Australia, the Olympic gold and silver medallists, continuing the ongoing rivalry.

There are five para-rowing boat classes featured and 2017 marks the first season that para-rowers will race the new 2000 metre race distance. This could cause a change in the athletes stepping on to the medals podium. In the para PR1 men's single sculls the favourite already looks to be Ukraine's Roman Polianskyi who is the reigning Paralympic Champion and also the winner earlier this season over 2000 metre at World Rowing Cup II.

In the women's eight the crew to watch is the United States which has the unprecedented winning streak of 11 straight years of World Championships and Olympic Games in this blue riband boat class. The winning streak goes back to 2006 and includes Olympic golds from the 2008, 2012 and 2016 Olympic Games.

The region of the 2017 World Rowing Championships has received some of the impact of hurricane Irma over the last week. The Sarasota-Bradenton Organising Committee confirmed today that the championships will go ahead as planned. Organising Committee Chair, US Congressman Vern Buchanan stated "The Sarasota/Bradenton area did not come under the direct impact of the hurricane as predicted thus, luckily, damage is limited. The Championships enjoys the full support of local, state and national governments as well as the communities around the venue."

Keep track of results, race information, photographs and live blog on www.worldrowing.com

Regatta information can be found [here](#).

Entries [here](#).

The World Rowing media guide will be online (from 15/9/17) [here](#).



MEDIA RELEASE

LARGEST-EVER ENTRY AT WORLD ROWING MASTERS REGATTA

For immediate release
Lausanne, 4 September 2017

A record 4,700 masters rowers are heading to Bled, Slovenia for the 2017 World Rowing Masters Regatta.

This record number of competitors demonstrates the continued growth of masters rowing witnessed in recent years and in Bled they will represent 860 rowing clubs from around the world.

There are over 6,000 boat entries which make up nearly 18,000 seats in boats being raced. During the five-day regatta there will be more than 900 races taking place over the 1,000m race distance. It makes this Masters Regatta the biggest World Rowing regatta ever in terms of participating numbers. To get through this number of races a new race will begin every three minutes with racing starting at 7am on three of the five days of racing.

"We are proud and very pleased that the World Rowing Masters Regatta in Bled has attracted the largest number of dedicated rowers of all ages ever to row at a FISA event," said Tone Pahle, Chair of the World Rowing Masters Rowing Commission. "Thank you, rowers for making history by pursuing your vision of a lifetime sport. Thanks also to the Bled Organising Committee for their hard work to prepare this huge regatta."

A masters rower must be at least 27 years of age and must have been out of elite competition for at least one year. Competitors race against rowers of their own age group over a 1,000m distance. In masters rowing, the categories are grouped in five-year age blocs. The age groups go up to the 'K' category which is for rowers over 85 years of age. At the older end, three entries have been received from 91-year-olds including Zdzisek Adamik from Poland, Galina Vecherkovskaia of Russia and Walter Wagner from Germany.

Competitors can enter in a number of events. As well as rowing in club teams, there are also opportunities to row with rowers from other clubs or countries in "mixed" crews. The regatta attracts competitors who are first-year rowers through to Olympians. The list of Olympians in action include, among many others, Norway's Rolf Thorsen who competed in the 1988 and 1992 Olympic Games and Uli Schmied of Germany who raced at the 1968, 1972 and 1976 Olympics gaining two Olympic medals.

The World Rowing Masters Regatta runs from 6 to 10 September 2017 on Lake Bled, Slovenia.

Useful links:

<http://www.worldrowing.com/events/2017-world-rowing-masters-regatta/event-information>

<https://www.facebook.com/worldrowingmasters>

News reviews



Rowing's future; zebra striped boats?

Zebra stripes on boats can make rowers go faster. But it has nothing to do with the boat and everything to do with the rower, as Auckland University of Technology (AUT) senior lecturer and rowing coach Dr Sarah-Kate Millar showed in her recent research with under-21 rowers in New Zealand.



Anticipation and excitement; 2017 World Rowing Junior Champs finals

The junior champions for 2017 were decided today on the waters of Galve Lake in Trakai, Lithuania at the World Rowing Junior Championships. It also saw qualification spots at next year's Youth Olympic Games being decided. The day started off with mild temperatures under clearing skies and athletes on the water had a bit of a ripple to contend with. Youthful excitement and tears from parents closed off the week of racing in a fabulous lakeside atmosphere.



Junior champions crowned and YOG qualification begins in Lithuania



Breaking indoor rowing records at any age

The benchmarks for indoor rowing records continue to be reshaped as athletes of all ages aim to stand out. These 'all ages' has now been extended to retirement communities across the United States and Canada.



Why music may help rowing performance

When it comes to music some athletes swear by hard rock, others classical, others prefer the solitude of their own thoughts. Whatever an individual's preference though, the science is clear: listening to music while training can significantly boost performance.

Athletes



Rising Star

Ioannis KALANDARIDIS

GRE



Athlete of the month

Roman POLIANSKYI

UKR

Videos



No limits - indoor rowing explained

2017 Review Project Meeting Trakai



Events

2017 European Rowing Under 23 Championships

2 - 3 Sep 2017 / Kruszwica



2017 World Rowing Masters Regatta

6 - 10 Sep 2017 / Bled

Exclusive: World Rowing got fewer Olympic TV dollars from Rio 2016 than London 2012

• By [David Owen](#) Tuesday, 15 August 2017



New evidence has emerged of how growth in the International Olympic Committee's (IOC) cash distributions to International Federations (IFs) slowed dramatically in the 2013-2016 quadrennium.

The evidence is contained in agenda papers recently published by World Rowing (FISA) in advance of the body's Annual Congress in Sarasota-Bradenton in the United States in October.

The papers disclose that FISA actually received less in Olympic television rights revenues from Rio 2016 than they did at London 2012.

It is only when the \$17.2 million (£13.4 million/€14.7 million) received from Rio is converted into Swiss francs that the amount becomes "slightly more" than from London.

FISA is headquartered in Lausanne and reports its annual results in the Swiss currency.

The agenda papers state: "At the time of writing this report, the IOC completed the final payment of the 2016 Olympic television rights revenues in April 2017 which resulted in a total of \$17.2 million from Rio, net of cancellation insurance.

"This amount was slightly less than the amount received in US dollars following the London 2012 Olympic Games but when converted to Swiss francs, at current exchange rates, is slightly more than London, and conforms to budgeting expectations."

Documents produced by the Association of Summer Olympic International Sports Federations (ASOIF) dating from 2015 indicate that the amount received from London 2012 by band C Summer Olympic sports such as rowing was \$17.7 million (£13.8 million/€15.1 million).

In rowing's case, this came to \$17.64 million (£13.71 million/€15.03 million) net of insurance.

By this yardstick, rowing's Rio payment represents a decline of more than two per cent from 2012 in US dollar terms.

It seems reasonable to think that other sports in the band C category – badminton, boxing, judo, table tennis, shooting, archery and weightlifting – will also have received \$17.2 million from Rio.



FISA state they received \$17.2 million from Rio 2016

©Getty Images

However, unlike rowing, a breakdown included in the ASOIF documents suggests that all seven of these other band C sports should have received more than from London 2012.

This is because they were all categorised as band D sports in 2012, entitling them to \$15.3 million (£11.9 million/€13.1 million) each.

As reported [here](#) by *insidethegames*, the IOC's total revenue reached \$5.7 billion (£4.4 billion/€4.9 billion) over the 2013-2016 period.

This represented an increase of 7.6 per cent over the prior quadrennium – a far slower growth rate than those achieved in the recent past.

The return of golf and rugby to the Olympics at Rio meant that cash generated by the 2016 Games had to be distributed to two more IFs than at London 2012.

Both were categorised as band E sports, alongside modern pentathlon.

This helps to explain why rowing's 2016 payment was lower than in 2012, notwithstanding the 7.6 per cent growth in the IOC's overall revenues.

The total revenue-share for Summer Olympic IFs from Rio is understood to have been \$540.3 million (£420 million/€460.3 million) – up from \$515 million (£400 million/€439 million) from London 2012 and \$296 million (£230 million/€252 million) from Beijing 2008.

The abrupt slowdown – rowing and other band C sports received just \$9.6 million (£7.5 million/€8.2 million) from Beijing 2008 – may well prompt IF leaders to subject the IOC's central costs, including those pertaining to the Olympic Channel and new headquarters building, to particularly close scrutiny in coming years.

FISA reported a surplus of CHF830,468 (£663,090/\$852,673/€728,495) for 2016.

Its reserves at the end of the 2013-2016 cycle totalled CHF3.8 million (£3 million/\$3.9 million/€3.3 million).

JUNIOR CHAMPIONS CROWNED AND YOG QUALIFICATION BEGINS IN LITHUANIA



For immediate release
Trakai, 6 August 2017

Five days of racing concluded with 13 new junior champion crews being crowned at the 2017 World Rowing Junior Championships in Trakai, Lithuania. This regatta also doubled as the main qualification regatta for the 2018 Youth Olympic Games, YOG.

The United States revealed a new single sculling sensation with Clark Dean winning the men's single sculls. The 17-year-old Dean also raced for his country in the men's coxed four, but it was the single where he left his mark. Dean dominated the final with Moritz Wolff of Germany finishing second and South Africa's Mmbudzeni Masutha in third.

The men's single had the most number of countries entered at the regatta and the women's single was the next biggest boat class. Spain's Esther Briz Zamorani took gold in the women's single finishing ahead of silver medallist, Megan Hancock of South Africa and France's Margaux Bailleul who won bronze.

Croatian twins, Patrik and Anton Loncaric looked to emulate their senior counterparts, the Sinkovic brothers, by winning the men's pair. They took gold over Romania and Turkey. Croatia also won gold in the women's four – the new Olympic boat class. Croatia's women's four dominated their races throughout the week and in the final they stayed ahead of silver medallists, Romania and bronze medallists the United States.

Germany won gold in the men's eight to defend their 2016 junior champion title. The Germans had to overtake Russia and then get ahead of the United States before they took the lead near the end of the race. The United States won silver with Great Britain in the bronze medal spot. The women's eight was successfully defended

by 2016 junior champions, the Czech Republic. Behind the Czech Republic, Germany took silver and Romania was the bronze medallists.

Medals went to 17 nations with the medals table being topped by Romania which won six medals including two golds, two silvers and two bronzes. The Romanian golds were in the women's pair and women's quadruple sculls. Great Britain took second with two golds and one each of silver and bronze. Croatia also had two gold medals to put them third on the medals table.

Finishing positions at this regatta earned spots for 21 countries at the 2018 Youth Olympic Games. These spots will still go through an approval process as this is the first step towards qualification for the YOG that will take place in Buenos Aires in October 2018.

The 2017 World Rowing season now moves on to the World Rowing Masters Regatta from 6-10 September in Bled, Slovenia and then the World Rowing Championships. The World Championships will take place in Sarasota-Bradenton, United States starting 24 September 2017.

For live streaming, results, race reports and live blog go to www.worldrowing.com

News reviews

Indoor rowing's fastest, Buryak has just gone faster



Indoor rowing at the World Games in Wroclaw, Poland saw Olena Buryak of Ukraine break the World Record by a huge 2 ½ seconds. Buryak finished in 6:22.8 breaking her former record from 2015 of 6:25.0.



Junior Championships doubles as YOG qualification regatta

The best junior rowers in the world aged 18 years and under are gathering in Trakai, Lithuania, for five days of racing at the 2017 World Rowing Junior Championships, held from 2 to 6 August. This year, they will not only aim for gold but also for a qualification spot at next year's Youth Olympic Games (YOG) in Buenos Aires, Argentina.



Media Release: Benchmark rises at World Rowing Under 23 Championships



Strictly eating anything. Lightweight rowers switch boat classes.

Worrying about their weight, dieting and nervously stepping on to scales is a thing of the past for a group of elite rowers. They have made the transition from lightweight rowing (70kg crew average for men) to open-weight rowing where weight is not a factor.

Worrying about their weight, dieting and nervously stepping on to scales is a thing of the past for a group of elite rowers. They have made the transition from lightweight rowing (70kg crew average for men) to open-weight rowing where weight is not a factor.



Medals day at Lucerne for World Rowing Cup III

Anticipation was in the air as crowds gathered lakeside for finals day at World Rowing Cup III in Lucerne, Switzerland. This was the day the Sinkovic brothers would go after their first medal in the men's pair and the French lightweight men's double would aim to continue their unbroken winning streak. The water was flat, temperatures were mild and a slight drizzle could be seen.

Athletes

Rising Star

Niels VAN ZANDWEGHE (BEL)

Rising Star – July 2017



At 21, Belgian sculler Niels Van Zandweghe continues to improve his international status. In 2016, he won the under-23 world title in the lightweight men's single sculls. In 2017, he has already won a European Rowing Championships and World Rowing Cup bronze medal in the lightweight single and at World Rowing Cup III he competed in the lightweight men's double sculls with Tim Brys finishing an impressive fourth.

Van Zandweghe studies sports management in the city of Bruges and he says the travel that goes with elite rowing keeps him in the sport.

I discovered rowing... via a summer camp in my local club. My sister and I spent a week there. At first I didn't

like the rowing all that much because I was scared to fall in, but we have crabs in our canal and I did like fishing for the crabs after practice! That was what kept me going at the beginning.

I continue to row and compete because... it gives me the privilege to travel to the most beautiful places in the world and the sport lets me meet some of the nicest people from all over the planet.

If I was not rowing, my sport would be... I do love riding my racing bike so maybe I would be racing my bike now.

The result I am most proud of so far is... not one result specifically but more the whole journey of the 2016 season up until the 2017 European Rowing Championships. This whole journey was an incredible experience with a lot of ups (qualifying for the Rio Games, becoming a World under-23 Champion, winning bronze at the European Rowing Championships) but also with a rough patch because Tim (Brys) and I weren't allowed to go to Rio. All of this made me stronger and contributes to the rower I am today.

I like rowing in the lightweight single because... you're racing in some of the toughest and tightest races in the regattas against some of the friendliest guys around. We're all enemies on the water but once off the water we hang out together.

My least favourite training sessions are... sessions with bungees at a slow rate (resistance training).

My favourite training session is... every side-by-side session in the double.

My best erg score to date is... 6:09.0.

I study... sports management at Vives College in Bruges.

When I finish my studies... I will be a full-time rower.

A typical day... will see me get up in the morning for training. Then I will probably try to attend some classes and go to my second session of the day after school.

What I learnt most from competing at the junior and under-23 levels is... that you should really enjoy every moment of them. They are great experiences to form life-long friendships with people from all over the world!

What motivates me most is... trying to reach my full potential and my own set of goals.

My goal in rowing is... to win an Olympic medal.

If I was to row across the Atlantic Ocean I would like to do so with... a bunch of my friends, because then we could make it a party boat.

My biggest strength is... that I dig extra deep when I'm behind.

A weakness I would prefer not having is... getting distracted quickly by the small things around me, be it the wind, waves or wake of other boats.

If I could change one thing about the world it would be... getting rid of environmental changes.

When I am not rowing, I like to... hang out with friends or just watch some television.

If I was an animal, I would be a... snake because my friends keep calling me that – haha.



Athlete of the month

Jesus GONZALEZ ALVAREZ

ESP

Videos



2017 World Rowing Under 23 Championships
- A Finals (23 July)



New behind the scenes angles at the World
Rowing Cup III in Lucerne, Switzerland

Events



2017 World Rowing Junior Championships

2 - 6 Aug 2017 / Trakai

2017 European Rowing Under 23 Championships

2 - 3 Sep 2017 / Kruszwica

MEDIA RELEASE – 26 JULY 2017

RECORDS SET IN ENTRIES FOR 2017 WORLD ROWING JUNIOR CHAMPIONSHIPS



For immediate release
Lausanne, 26 July 2017

A huge entry of 742 rowers in 258 boats from 59 countries has been received for the 2017 World Rowing Junior Championships which will take place on Galve Lake in Trakai, just near Lithuania's capital of Vilnius, from 2 to 6 August 2017.

Last year Italy topped the medals table and they are sending a full team of 13 boats to try and defend their leader position. Also arriving with full teams are Germany and the United States.

A record entry is in the junior men's single sculls with rowers from 39 countries participating. Also a record entry for the women as 29 nations will be represented in the junior women's single sculls. The favourite is likely to be Margaux Bailleul of France. Bailleul finished fourth in the single last year and now a year older, she will be racing against many rowers who are at their first international event. Italy won the women's single last year and their sculler for this year, Alexandra Kushnir, will have high expectations.

Another record entry in the junior women's double sculls with rowers from 28 countries taking part including China, Kazakhstan and Chile. Last year this race was won by the United States and Greece took second. The junior men's double also has a record as entries from 27 countries have been received with New Zealand and Germany likely to be the favourites.

As well as World Championship titles, this event will also act as a qualification event for the 2018 Youth Olympic Games, YOG. Even though there are four boat classes at the YOG, all 13 boat classes are used to establish qualification, but with varying numbers of spots. The YOG will be held in Buenos Aires in October 2018.

For rowers to be eligible to compete at the World Rowing Junior Championships, they must be 18 years of age or under. A rower can compete as a junior until 31 December of the year in which he or she reaches the age of 18; after that date the rower advances to the under-23 category.

Live race tracker, audio streaming, results, race reports, photo gallery and live blog as well as updates on Facebook, Twitter and Instagram will be available throughout the regatta on www.worldrowing.com. The official hashtag for the event is: #WRJChamps.

For complete entry list click [here](#).

MEDIA RELEASE – 23 JULY 2017

BENCHMARK RISES AT WORLD ROWING UNDER 23 CHAMPIONSHIPS



For immediate release
Plovdiv, 23 July 2017

The 2017 World Rowing Under 23 Championships concluded in Plovdiv, Bulgaria after five days of racing. The racing began with a roar as new under-23 World Best Times were set with Plovdiv providing ideal rowing conditions.

New under-23 World Best Times were set in ten out of the 21 boat classes contested as standards continue to rise at the under-23 level. New under-23 World Best Time holder Marieke Keijser of the Netherlands successfully defended her 2016 title to win the lightweight women's single sculls. Keijser dominated the race ahead of Clara Guerra of Italy and Nicole Van Wyk of South Africa.

Also setting a new under-23 World Best Time and winning the gold medal in the lightweight men's single scull was Brazil's Uncas Batista. It was a historic moment for Latin American rowing as Brazil's Batista beat Mexico's Alexis Lopez Garcia who won the silver medal. Italy's Lorenzo Galano was third. Continuing with Latin America, there was an upset in the women's pair when Chile's Abraham sisters took gold ahead of Australia and the United States. For the men's pair Romania's Mihaita-Vasile Tiganeşcu and Cosmin Pascari won ahead of France and last year's winners, Serbia.

The men's eight was won by the Netherlands for the second year in a row in a final that saw Romania come flying through at the end to take silver while Great Britain took third. The Dutch also set a new under-23 World Best Time in the eight. In the women's eight Canada were World Champions in a dramatic race finishing ahead of the United States which came through to win a gusty silver medal despite having equipment problems. Russia was third.

Medals were awarded to 28 nations including Indonesia, Mexico and Spain. Italy topped the medals table at the end of the regatta. Italy won a total of ten medals including five golds, three silver and two bronze medals. The Netherlands was second with four medals, three of them gold and Great Britain was third with five medals, two of them gold.

The 2017 World Rowing season now moves on to the World Rowing Junior Championships which will take place in Trakai, Lithuania starting 2 August 2017. Then the highlight of the season, the World Rowing Championships, will take place in Sarasota-Bradenton, USA starting 24 September 2017.

For live streaming, results, race reports and live blog go to www.worldrowing.com



MEDIA RELEASE

HUGE ENTRY FOR THE 2017 WORLD ROWING UNDER 23 CHAMPIONSHIPS



For immediate release
Lausanne, 12 July 2017

The 2017 international rowing season has moved on to the World Rowing Under 23 Championships with 845 athletes from 54 nations heading to Plovdiv, Bulgaria for a 19 July 2017 start.

The Maritsa River venue in Plovdiv also hosted the 2015 World Rowing Under 23 Championships and will host the 2018 World Rowing Championships. The Plovdiv regatta course is considered by many to be one of the fastest regatta courses in the world with its fair conditions and warm water.

Of the 21 events that will be staged, the lightweight men's single sculls has the largest entry with 34 countries lining up. Included in the list is Mexico's Alexis Lopez Garcia who finished third in this boat class last year. Lopez will face junior World Champion from the men's pair Ninos Nikolaidis of Greece and Brazil's Uncas Batista. Batista has been competing in the senior World Rowing Cup season in his lead-up to Plovdiv.

The men's single sculls has also attracted a large field of entries with rowers from 28 nations competing. Bulgarian favourite, Olympian Boris Yotov has moved from the men's double sculls to race in the single at Plovdiv. But the one to beat is likely to be Natan Wegrzycki-Szymczyk of Poland who has three under-23 medals and is a junior World Champion.

The women's single sculls is well-represented with 21 nations including Elodie Ravera-Scaramozzino of France who comes to Plovdiv following her second place finish at the senior World Rowing Cup III in the

women's double sculls. Ravera-Scaramozzino is up against last year's silver medallist in the under-23 women's single Lovisa Claesson of Sweden.

Germany, Italy and the United States are sending complete teams of 21 boats each. Last year Germany finished second on the medals table with Italy in third and the United States in fifth. The host nation in 2016, the Netherlands, topped last year's medals table.

The World Rowing Under 23 Championships is raced in 21 boat classes and is open to all World Rowing Federation (FISA) member nations for athletes under the age of 23. The under-23s began in 1976 as the 'Seniors Match' and then the name was changed to the 'Nations Cup' before becoming the World Rowing Under 23 Championships in 2005. Racing starts on 19 July and continues through to 23 July 2017. Finals will take place on 22 and 23 July.

For entries, timetable, full reports, live audio streaming, live results, live blogging as well as video streaming of the finals, go to www.worldrowing.com

For the complete entry list click [here](#).



MEDIA RELEASE

CAPPING OFF THE WORLD ROWING CUP SEASON



For immediate release
Lausanne, 9 July 2017

The 2017 World Rowing Cup season wrapped up in one of rowing's favourite locations, the Rotsee in Lucerne, Switzerland. This is the final World Rowing regatta before the all-important World Rowing Championships and it saw rowers aim to establish their position on the world level.

Unrivalled at this regatta was New Zealand who won gold medals in six Olympic boat class races putting them at the top of the medals table and well ahead of Italy in second with two gold medals. New Zealand's golds came in both the men's and women's double sculls, the men's and women's pair as well as the men's single sculls and lightweight women's double sculls.

The men's double turned out to be one of the most brutal races of the day with the leading New Zealand crew of John Storey and Chris Harris admitting that they had to keep their speed at top gear the whole way to stay in the lead. Pushing New Zealand to the end was Poland (Miroslaw Zietarski and Mateusz Biskup) and Italy (Filippo Mondelli and Luca Rambaldi). After the race Storey said, "We couldn't get rid of the others. We took the rate up and up, but they still kept with us."

For the women's double New Zealand winners Brooke Donoghue and Olivia Loe got to the podium along with two French boats. France's number two crew of Noemie Kober and Marie Le Nepvou got into the bronze medal spot by sprinting through from the back of the field at the end of the race.

The Swiss crowd got treated to a local win in the women's single sculls when Jeannine Gmelin gave it her all to lead from start to finish. Gmelin won over Canada's Carling Zeeman and Magdalena Lobnig of Austria. For the men's single sculls, winner of last month's World Rowing Cup, Robert Manson of New Zealand, won again in Lucerne with a dominating performance. Cuba's Angel Fournier Rodriguez earned his second silver of the season and Belarus's Stanislau Shcharbachenia took a well-deserved bronze.

The women's eight saw the return of Romania to the top spot with New Zealand and Great Britain following in second and third respectively. Germany was the top boat in the men's eight despite a strong finish by Australia who nearly got into gold in the close of the race. The Netherlands was third.

At the top of the points table for this World Rowing Cup was New Zealand with 58 points. Great Britain was in second with 34 points and Italy was just one point behind on 33. Overall World Cup points leader for the season was Great Britain who finished with 134 points. New Zealand was in second with 108 points and Poland finished third with 91 points.

The next senior World Rowing event for 2017 is the World Rowing Championships which will take place in Sarasota-Bradenton, Florida, USA. This begins on 24 September and goes through to 1 October.

The World Rowing Cup series was launched in 1997 and consists of a series of three events. The overall World Rowing Cup winners are determined after the third event. This year, the three stages of the series are Belgrade, SRB (5-7 May), Poznan, POL (16-18 June) and Lucerne, SUI (7-9 July).

Results, race reports, photos and videos are available on www.worldrowing.com.
For free photos: <https://www.flickr.com/photos/worldrowingofficial>

News reviews



The oldest international sports federation celebrates its 125th anniversary

By David Owen

Today, June 25 2017 is a milestone of some significance for sport. The date marks the 125th anniversary of the foundation in Turin in northern Italy of the first international sports federation (IF).



**Great Britain's Katherine Grainger wins
2017 Thomas Keller Medal**



The thick of the season for Poznan World Rowing Cup final

Finals day at World Rowing Cup II in Poznan, Poland saw Malta Lake turn on great rowing conditions with warm weather and calm waters. The new Olympic boat class boat, the women's four was the first final to race and they set the standard of the day by scoring a new World Cup Best Time.



The making of a World Best Time

World Records are an integral component of elite sport. The recent high profile sub 2-hour marathon running attempt may not have technically been able to satisfy the IAAF's (the governing body of athletics) strict definition to count as a world record, but it shows just how significant setting records is in the public imagination and how far they have come.



Para-rowing's 2k transformation

World Rowing Cup II in Poznan, Poland later this month will see para-rowers race over 2000m for the first time internationally.

Athletes



Rising Star

Caterina DI FONZO

ITA

Athlete of the month

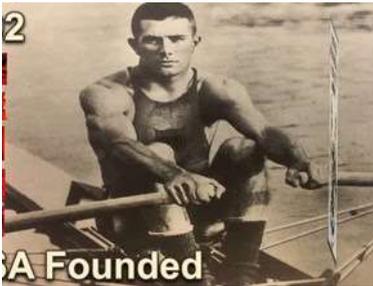
Katelin GUREGIAN

USA

Videos



Filippi Spirit Award presented to rower Nils Jakob Hoff



The history of FISA in 3 minutes

Events



2017 World Rowing Cup III

7 - 9 Jul 2017 / Lucerne

2017 World Rowing Under 23 Championships

19 - 23 Jul 2017 / Plovdiv



MEDIA RELEASE

WORLD'S BEST WILL MEET IN LUCERNE FOR THE FINAL WORLD ROWING CUP REGATTA OF 2017



For immediate release
Lausanne, 28 June 2017

The third and final World Rowing Cup regatta of the 2017 season will take place in Lucerne, Switzerland on the famous Rotsee regatta course; one of the rowers' favourite rowing courses in the world. As well as being the final World Rowing Cup regatta of the season, this regatta is also the last chance for rowers to test themselves before the main event of the year, the 2017 World Rowing Championships.

With that in mind Lucerne has attracted nearly 700 competitors from 54 countries. This is the largest field of the season and includes a number of up-and-coming rowing nations.

The men's single sculls has 36 entries and all eyes will be on New Zealand's Robert Manson who set a new World Best Time in the single earlier this month at World Rowing Cup II in Poznan. Manson knocked three seconds off the previous time set five years ago. The New Zealander will face both the Olympic silver and bronze medallists – Damir Martin (Croatia) and Ondrej Synek (Czech Republic), respectively, in this hotly contested boat class.

The women's pair also saw a new World Best Time being set at World Rowing Cup II. Kerri Gowler and Grace Prendergast of New Zealand are the new best time holders and they come to Lucerne as favourites. Gowler

and Prendergast will race against two United States crews including Olympians Tracy Eisser and Megan Kalmoe as well as Great Britain and Denmark.

The eagerly awaited return of the Sinkovic brothers will come in Lucerne. Valent and Martin Sinkovic of Croatia are the World and Olympic Champions in the men's double sculls, but for 2017 they have changed boat class to the men's pair. The Sinkovic's will be up against European Champions Matteo Lodo and Giuseppe Vicino of Italy as well as winners of World Rowing Cup II France's Valentin and Theophile Onfroy.

The evergreen 41-year-old Olaf Tufte of Norway is back with his Rio Olympic medal partner Kjetil Borch in the men's double sculls against European Champions Luca Rambaldi and Filippo Mondelli of Italy, World Rowing Cup II winners, John Storey and Christopher Harris of New Zealand and the home favourites Roman Roeoesli and Barnabe Delarze of Switzerland.

New Zealand is back to defend their World Cup II win in the women's eight. They will be up against strong competition from Great Britain, Romania and the Netherlands.

Racing begins on Friday 7 July 2017 at 8:30 CET with heats and progresses through repechages, semi-finals and to finals. The finals for international boat classes will be raced on Saturday 8 July starting at 16:32 CET. Finals will continue with World Cup boat classes on Sunday 9 July commencing at 10:18 CET. There will be live video streaming of World Cup A-finals on www.worldrowing.com.

The World Rowing Cup series was launched in 1997 and consists of a series of three events. The overall World Rowing Cup winners are determined after the third event. This year, the three stages of the series are Belgrade, SRB (5-7 May), Poznan, POL (16-18 June) and Lucerne, SUI (7-9 July). Following World Rowing Cup II the leading country is Great Britain followed by Poland and the Netherlands.

Regatta information: [click here](#).

Entries: [click here](#).

The World Rowing media guide will be online (from 30/6/17: <http://www.worldrowing.com/mediacenter/>).



MEDIA RELEASE

NEW TALENT SHINES AT WORLD ROWING CUP II IN POZNAN



For immediate release
Poznan, 18 June 2108

It was a day of shining new talent as 23 nations took medals from the finals of World Rowing Cup II in Poznan, Poland.

The regatta, with participation from China, to the United States, to Australia and New Zealand revealed a new group of athletes that have come in to take the top spots in shining style left vacant by post-Olympic retirements. It also showed the development of athletes who have taken on different boat class challenges. One new gap was superbly filled by New Zealand's new men's single sculler Robert Manson who not only finished first, but he also set a new World Best Time, a time that had previously been owned by fellow-countryman and Olympic Champion Mahe Drysdale. Also taking single sculls medals were Cuba's Angel Fournier Rodriguez who finished second and Switzerland's new single sculling sensation Nico Stahlberg who came third.

Back in the women's pair, after racing in the Olympic women's eight, was New Zealand's Grace Prendergast and Kerri Gowler. This was the first international race of the season for the duo and they also set a new World Best Time when they placed first ahead of the United States' pair of Megan Kalmoe and Tracy Eisser followed

by Australia's Sarah Howe and Molly Goodman. Howe and Goodman also medalled earlier in the day when they were in the winning women's four. They were the only athletes to take more than one medal at this regatta.

In the men's eight blue ribband event, the German Men's Eight set a new World Best Time breaking a record that had stood since 2012 when they raced to gold ahead of New Zealand and the Olympic Champions Great Britain in today's final race.

A World Cup Best time was set by women's single sculler Magdalena Lobnig of Austria who beat Great Britain's new single sculler and European Champion Victoria Thornley to the line with China's Olympic bronze medallist Jingli Duan finishing third.

Finishing at the top of the World Cup points table was New Zealand with 50 points followed by Great Britain with 40 points and Germany with 36. In terms of the medals table, New Zealand also finished on top by winning six gold medals and a silver. As well as the men's single and women's pair, New Zealand took gold in the lightweight women's single sculls, both the men's and women's double sculls and the women's eight. Host nation Poland finished second with two gold, two silver and four bronze medals. Australia was third with two gold, one silver and two bronze medals.

The World Rowing Cup series was launched in 1997 and consists of a series of three events each year. The overall World Rowing Cup winners are determined after the third and final event, this year in Lucerne, SUI this coming 7 to 9 July 2017. This year the first regatta of the series this year was in Belgrade, SRB, from 5 to 7 May 2017.

Results, race reports, photos and videos are available on www.worldrowing.com.

For free photos: <https://www.flickr.com/photos/worldrowingofficial>



MEDIA RELEASE

THE TOKYO 2020 OLYMPIC GAMES ROWING PROGRAMME ANNOUNCED

For immediate release
Lausanne, 12 June 2017

The International Olympic Committee (IOC) Executive Board has announced the Tokyo 2020 Olympic rowing event programme and quota.

The Executive Board of the IOC announced its decision for the event programme for the Tokyo 2020 Olympic Games on Friday 9 June. The FISA proposal for the Olympic Rowing Regatta, selected by the Extraordinary Congress in Tokyo last February, has been approved: the gender-balanced 14 event programme is now official.

The IOC made a comprehensive review of all sport quotas with seven sports' quotas being reduced, some dramatically. The rowing quota has been reduced by 24 athletes so rowing will have 526 athletes in Tokyo compared to the 550 athletes in Rio. This is part of the IOC's commitment towards meeting the Olympic Agenda 2020 goal of a cap of 10,500 athletes at the Games. There were 10,901 athletes in Rio and, with these changes, Tokyo should have 10,616 athletes over the 28 sports.

For rowing the move to gender equity sees the adding of the women's four and the removal of the lightweight men's four from the Olympic rowing programme. This change will make for an equal number of women and men competing in rowing at the Olympics – 263 athletes of each gender.

FISA President Jean-Christophe Rolland said, "This is the result of a long, transparent process of consultation with all our stakeholders in open meetings with multiple proposals and, in parallel, understanding the key issues for the IOC in constructive discussions. We are proud that rowing's Olympic programme is now gender equal in events and athlete numbers."

In addition to increasing gender equity to 48.8 per cent, including the introduction of several mixed gender events, and bringing the total number of athletes closer to the goal of 10,500, the IOC Executive Board has also confirmed the introduction of 'three-on-three' basketball which should make the Games more attractive to youth and offers this as an 'urban' sport innovation.

For the full Olympic programme, [click here](#).



MEDIA RELEASE

EXCITING WORLD ROWING CUP RACING CONTINUES IN POZNAN

*For immediate release
Lausanne, 6 May 2017*

The 2017 World Rowing Cup series heads to Poznan, Poland for the second of three regattas in the series. Almost 500 athletes will compete from 39 countries with several countries, including Australia, China and New Zealand, arriving on the international scene for the first time this season. The event will be staged from 16-18 June 2017 on Lake Malta, near the city centre of Poznan.

Both Australia and New Zealand will be present with new-look crews as these nations are rebuilding after post-Olympic retirements and sabbaticals. For New Zealand, taking the place of Olympic Champion Mahe Drysdale in the men's single sculls will be Robert Manson. Manson will meet Olympic silver medallist Damir Martin of Croatia as well as European Rowing Championship bronze medallist Stanislau Shcharbachenia from Belarus.

In the women's single sculls, Great Britain's Victoria Thornley will be going for her third medal of the season. Thornley took silver at World Rowing Cup I and then went on to become the European Champion last month. Thornley will face 2016 Olympic bronze medallist Jingli Duan from China as well as European Championship bronze medallist, Ekaterina Karsten of Belarus.

Duan is part of the large contingent from China that includes two women's eights. They are bound to be testing early-season speed and will line up against the Olympic Champion boat from the USA.

The Olympic gold and silver medallists from the lightweight men's double sculls are back racing each other again. France's Jeremie Azou and Pierre Houin and the O'Donovan brothers from Ireland met up last month at the European Rowing Championships with the Olympic order staying the same. Both of these talented crews will race strong opposition from Poland and Great Britain.

The lightweight women's double sculls has seen Weronika Deresz and Martyna Mikolajczak of Poland dominate so far this season. On their home waters they will be going for a hat-trick. But the arrival of Zoe McBride and Jackie Kiddle from New Zealand as well as two Chinese entries, must see an increase in competition for the Polish duo.

Poznan will be the first World Rowing event where Para-Rowing is raced on the same "field of play" at 2'000 metres following the decision taken at the FISA Extraordinary Congress last February in Tokyo. Nineteen para PR1 men's single scullers will line up with Paralympic Champion Roman Polianskyi of Ukraine looking to be at the top of the field. In the para PR1 women's single, Paralympic bronze medallist and 2015 World Champion from Israel Moran Samuel, will face good competition from 2014 World Champion Birgit Skarstein of Norway.

At World Rowing Cup I last month, Great Britain finished first for overall points, the Netherlands second and Poland third.

Racing begins on Friday 16 June 2017 at 8:30 CET with heats for the para-rowing boat classes. Racing then moves on to World Cup and International boat classes. It progresses through repechages and semifinals to the finals. The first finals will be raced on Saturday 17 June starting at 16:24 CET with the para-rowing finals followed by International boat class finals. World Cup finals will take place on Sunday 18 June starting at 10:35 CET. These will be broadcasted on several television channels around the world and will be live video streamed on www.worldrowing.com.

Regatta information can be found [here](#).

Entries [here](#).

The World Rowing media guide will be online (from 9/6/17) [here](#).

The World Rowing Cup series was launched in 1997 and consists of a series of three events. The overall World Rowing Cup winners are determined after the third event. This year, the three stages of the series are Belgrade, SRB (5-7 May), Poznan, POL (16-18 June) and Lucerne, SUI (7-9 July).



MEDIA RELEASE

**NBC SPORTS GROUP PARTNERS WITH THE WORLD
ROWING FEDERATION ON EXCLUSIVE U.S. MEDIA
RIGHTS FOR 2017 WORLD ROWING CHAMPIONSHIPS**



*For immediate release
Lausanne, 1 June 2017*

NBCSN and the Olympic Channel to Combine for More Than 10 Hours of Coverage

Content will be Presented as Part of the Olympic Channel Partnership among NBCUniversal, the IOC, and the USOC

NBC Sports Group and the World Rowing Federation. FISA, have partnered in an exclusive U.S. media rights agreement for the 2017 World Rowing Championships, both parties announced today. NBC Sports Group will present more than ten hours of coverage of the 2017 World Rowing Championships, from Sarasota-Bradenton, Fla., beginning Thursday, 28 September.

The World Rowing Championship regatta, held at the end of the season, is the biggest and most important annual World Rowing event of the year.

“The opportunity to stage our premier event, the World Rowing Championships, in the United States is a huge benefit for our sport as we see the ongoing growth of rowing in the nation,” said Jean-Christophe Rolland, FISA president. “This partnership with NBC Sports Group recognises the demand for rowing coverage in the US and World Rowing completely supports the initiative.”

“Rowing fans can cheer in unison now that we are presenting one of the sports’ premier events, and our most extensive coverage since the 2016 Rio Olympics,” said Jim Bell, President, NBC Olympics Production and Programming. “As an Olympic sport since the 1900 Summer Games in Paris, we are always thrilled to showcase the stamina, strength and harmony that these world class athletes display every time they race.”

Headlining the U.S. team will be the women’s eight, which is looking to win its twelfth-straight world or Olympic title. The Americans’ flagship boat has won every major event since 2006, most recently claiming Olympic gold last summer in Rio. The U.S. roster will be confirmed later this summer. In addition, coverage includes the para-rowing finals on Thursday.

NBC Sports anticipates utilizing NBCSN, The Olympic Channel: Home of Team USA, NBCSports.com, the NBC Sports app and possibly other platforms to provide more comprehensive U.S. coverage of the numerous events included in the agreement than ever before. In addition to television, coverage will include simultaneous streams on desktops, mobile devices, tablets, and connected TVs.

All rowing events will be presented by the Olympic Channel: Home of Team USA, part of a comprehensive content and distribution partnership formed in 2016 by the IOC, USOC, and NBCUniversal. The centerpiece of the partnership is a U.S. linear cable channel, which will launch this summer.

ABOUT NBC SPORTS GROUP

When the Comcast-NBCUniversal transaction was completed in January 2011, the sports assets of the two companies combined to form NBC Sports Group, which serves sports fans 24/7 with premier live events, insightful studio shows, and compelling original programming. The sports media company consists of NBC Sports, NBC Olympics, NBCSN, Golf Channel, NBC Sports Regional Networks, NBC Sports Radio and NBC Sports Digital, which includes NBCSports.com, NBCOlympics.com, GolfChannel.com, the digital assets of the NBC Sports Regional Networks, Rotoworld, the NBC Sports Talk franchise, multiple apps, and two transactional sports businesses, GolfNow and SportsEngine. NBC Sports Group possesses an unparalleled collection of television rights agreements, partnering with some of the most prestigious sports properties in the world: the International Olympic Committee and United States Olympic Committee, the NFL, NHL, NASCAR, PGA TOUR, The R&A, PGA of America, Churchill Downs, Premier League, Tour de France, French Open, Formula One, IndyCar and many more.

ABOUT THE WORLD ROWING FEDERATION

The World Rowing Federation, FISA is the governing body of the sport of rowing. With 151 member nations, FISA is represented in every continent. FISA sets the rules and regulations for the practice of the sport in all of its forms including elite rowing, para-rowing, coastal, masters and aspects of indoor rowing this includes

overseeing the running and organisation of World Rowing events. FISA also helps the development of rowing around the world including the provision of coaching education.

ABOUT SARASOTA-BRADENTON

The 2017 World Rowing Championships will be hosted by Sarasota-Bradenton in Florida at its newly developed Nathan Benderson Park. The park is purpose designed for water sports with the rowing regatta course built to be of an international standard. It is situated on the Gulf Coast with people attracted by the year-round warm weather and white sandy beaches.



MEDIA RELEASE

NBC SPORTS GROUP PARTNERS WITH THE WORLD ROWING FEDERATION ON EXCLUSIVE U.S. MEDIA RIGHTS FOR 2017 WORLD ROWING CHAMPIONSHIPS



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News reviews – MAY 2017



Medals go to 19 countries at the 2017 European Rowing Championships



Indoor rowing participants confirmed for World Games

For the first time, indoor rowing will be featured at the World Games. This year the Games will be organised in Wroclaw, Poland, and the indoor rowing competition will take place over two days, from 26 to 27 July 2017.



Record numbers for 2017 European Rowing Junior Champs

A new star has risen among Europe's international regatta venues with Germany's Krefeld successfully hosting their first international regatta, the 2017 European Rowing Junior Championships. Racing was held over two days (20-21 May 2017) on Elfrather Lake, which regatta commentators dubbed the new "lake of gods" in reference to Lucerne's Rotsee in Switzerland.



Era ends with Eric Murray's retirement

This week marks the end of an era in World Rowing with New Zealand's Eric Murray announcing his retirement from the sport.



First World Rowing Cup winners crowned for 2017

The first World Rowing Cup of the 2017 season moved in to day three of racing at Lake Sava in Belgrade, Serbia. Today had practically no wind, but wet, cool conditions meant that rowers would have to concentrate on not letting their oars slip out of their hands.

Athletes



Rising Star

[Kenia LECHUGA ALANIS](#)

MEX



Athlete of the month

[Mohamed SBIHI](#)

GBR

Videos



Let the 2017 World Rowing
Season begin



The Lithuanian men's double sculls on their post-Rio training

Events



2017 World Rowing Cup II

15 - 18 Jun 2017 / Poznan



2017 World Rowing Cup III

7 - 9 Jul 2017 / Lucerne

2017
world rowing
championships



September 23 - October 1, 2017
www.wrch2017.com



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wrch2017.com/tickets

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[BUY TICKETS](#)



Volunteer Registration

is Now Open

SARASOTA-BRADENTON, Fla.— SARASOTA-BRADENTON, Fla.--- With about four months to go until the 2017 World Rowing Championships, those wishing to volunteer at the event may now register online through TRS (The Registration System). Potential volunteers can select their desired position(s), days and shifts they would like to work. Volunteers will be needed for: Parking and transportation, timing, ticketing, language services, competition, media center, information center, entertainment area, airport greeters, and more.

“We are seeking 2,000 volunteers for this marquee regatta,” said Meredith Scerba, the executive director of the 2017 World Rowing Championships. “These lucky individuals will get to witness history in front of their eyes, while serving as ambassadors for our event and the community.”

Registration will conclude at the end of June. In August and September, volunteers will be required to attend one of three training sessions. Additional details will be provided at a later date. For more information on volunteering, and to register, please visit WRCH2017.com/Volunteers



Hotel of the Month: **Lido Beach Resort**

Beautifully located on a private white sand beach near Siesta Key, the [Lido Beach Resort](#) is the perfect destination to experience the relaxed culture and natural beauty of Florida's Gulf Coast.

[**Book your hotel**](#)

Team of the Month

France



France has a long tradition in rowing. The nation was one of the original five countries to found the World Rowing Federation, FISA. Thus, from the beginning of international rowing events, France has played a part and they nearly always come away with medals from the Olympics.

[Continue reading](#)



Dare to Be Shines at Sarasota Film Festival

A sold out crowd packed a theater at Regal Hollywood 20 in Sarasota last month for the world premiere of [Dare to Be](#), a documentary on women's rowing. Adam Reist, the film's director, and Abbie Young, a collegiate rower featured in the documentary, were on hand for the screening at this year's Sarasota Film Festival.

[Continue reading](#)



Sarasota-Bradenton Fun Fact

The [Venice Fishing Pier](#) in Sarasota County is one of the most popular piers in the area for fishermen. Originally built in 1966, anglers can catch many species of fish here, including sharks! Visit the Venice Pier during WRCH2017.

(Photo: [flickr.com](#))



First World Rowing Cup Winners Crowned for 2017

The first World Rowing Cup of the 2017 season moved in to day three of racing at Lake Sava in Belgrade, Serbia. Today had practically no wind, but wet, cool conditions meant that rowers would have to concentrate on not letting their oars slip out of their hands.

[Click the image to continue reading.](#)

Rowing...did you know?

Did you know that working out on a rowing machine can burn more calories than either running or swimming?



Join World Rowing and WWF in protecting clean water



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WORLD ROWING
AND WWF
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Where World Class Athletes Come to Compete!
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2018 DI, II, III
Rowing Championships

www.nathanbendersonpark.org



MEDIA RELEASE

MEDALS GO TO 19 COUNTRIES AT THE 2017 EUROPEAN ROWING CHAMPIONSHIPS



For immediate release
Racice, 28 May 2017

The 2017 European Rowing Championships in Racice, the Czech Republic had crews from 19 nations walk away with medals in a day of fast finishing times and the crowning of first-time European Champions. An enthusiastic crowd of spectators experienced fantastic weather conditions here, 60 kilometres north of Prague.

Local hero Ondrej Synek of the Czech Republic proved to be the big drawcard and he didn't disappoint as he raced the men's single sculls from start to finish in the lead. Olympic silver medallist Damir Martin of Croatia took second while Olympic finalist Stanislau Shcharbachenia of Belarus was the bronze medallist. Belarus also took silver in the women's single sculls when 44-year-old 1996 and 2000 Olympic Champion Ekaterina Karsten sprinted through at the end to finish just behind Great Britain's Victoria Thornley. Thornley was the sole gold medal for Great Britain which last year topped the European Championship medals table.

This year it was Italy that came first on the medals table for the first time. The Italians achieved this by winning gold in the men's pair, men's four and men's double sculls. Italy also earned one silver and four bronze medals. In second place on the medals table was Romania with three golds and one silver medal. Romania got back on top in the women's eight by beating the Netherlands to the line. They won the women's pair with Laura Oprea and Madalina Beres earning gold in both the pair and the eight. The women's four also took gold to clean up the women's sweep events.

Third and equal on the medals table were the Czech Republic and Germany. Both nations won two gold medals and one bronze. As well as Synek in the single, the Czech's took gold in the women's double sculls. Germany's gold medals came in the men's eight and women's quadruple sculls.

The European Rowing Championships is open to the 46 European national rowing federations, including Israel. There are 17 boat classes (14 Olympic events plus three International events). This year the women's four raced as an exhibition event.

In 2018 the European Rowing Championships will take place as part of the multi-sport European Championships with rowing being raced in Glasgow, Scotland.

For details on rowing: www.worldrowing.com

Photo for use by media: <https://www.flickr.com/photos/worldrowingofficial>

For European Rowing Championships: <http://www.worldrowing.com/events/2016-european-rowing-championships/>



MEDIA RELEASE

2017 EUROPEAN ROWING CHAMPIONSHIPS ENTRIES ANNOUNCED



For immediate release
Lausanne, 17 May 2017

More than 500 top European rowers head to Racice, near Prague, in the Czech Republic to vie for the title of European Champion at the 2017 European Rowing Championships from 26-28 May 2017.

Teams from 34 nations have entered and, in particular, the Netherlands and Great Britain are sending large teams of 45 athletes each with Italy sending the most entries of 15 boat classes out of a possible of 18. This includes the women's four which is new to the programme this year.

A large field of rowers representing 23 countries will start in the men's single sculls including the top boats from World Rowing Cup I which took place earlier this month. Nico Stahlberg of Switzerland finished ahead of reigning European Champion and Olympic silver medallist Damir Martin of Croatia at World Rowing Cup I. The winning margin was less than half a second and Martin will take on Stahlberg to try and retain his European Championship title. World Cup bronze medallist Marko Marjanovic of Serbia is racing as well as Olympic bronze medallist Ondrej Synek of the Czech Republic and Germany's Tim Ole Naske. Both Synek and Naske are at their first international regatta of the season.

The lightweight men's double sculls sees the return to racing of Olympic Champions Pierre Houin and Jeremie Azou of France. They will face winners of World Rowing Cup I Peter Chambers and Will Fletcher of Great Britain. In the lightweight women's double sculls, winners from World Rowing Cup I Poland's Weronika Deresz and Martyna Mikolajczak will have new competition coming from the Netherlands. Olympic Champion Ilse Paulis has teamed up with under-23 champion from the lightweight single Marieke Keijser.

Italy has taken two members of their bronze medal Olympic men's four Matteo Lodo and Giuseppe Vicino and will be racing them in the men's pair. This will see Lodo and Vicino up against winners of World Rowing Cup I Jacob Dawson and Matthew Rossiter of Great Britain.

Russia is taking advantage of the recent rule change that allows coxswains of either gender to cox the men's or women's eight. Evgenii Terekhov will steer Russia's women's eight. Russia will face European Champions and Olympic silver medallists Great Britain. In the men's eight long-time rivals Germany and Great Britain will race each other for the first time this season. They are both boating line ups different from their Olympic medal winning crews.

Racing begins on Friday 26 May at 10:00 CET with heats and progresses through repechages, semifinals and to the finals on Sunday 28 May. A-finals will start at 10:33 CET. The A finals will be broadcast live on many European TV channels as well as on www.worldrowing.com.

Regatta information can be found [here](#).

Entries [here](#).

The World Rowing media guide will be online (from 19/5/17): <http://www.worldrowing.com/mediacenter/>

Rowing has staged European Championships since 1893 and it is one of the longest running sport championships on the international calendar. After a hiatus it was reinstated in 2007. The European Rowing Championships is open to the 43 European national rowing federations, including Israel.

RAIN, SHINE, THUNDER AND LIGHTNING AT WORLD ROWING CUP I IN BELGRADE



For immediate release
Belgrade, 7 May 2017

In sometimes intense pouring rain, the first World Rowing Cup medals for the 2017 season were awarded today in Belgrade, Serbia and Great Britain came away with eleven medals out of 14 events in a regatta that saw new names emerge and Olympic talent return.

Under very rainy skies Great Britain headed the field by taking gold medals in four boat classes including the men's and women's pairs, lightweight men's double sculls and men's four.

The men's pair saw the emergence of a new combination of Jacob Dawson and Matthew Rossiter of Great Britain who took the gold ahead of Serbia's Nenad Bedik and Milos Vasic who secured one of two medals for the host nation.

In the men's single sculls, Switzerland's Nico Stahlberg had an outstanding performance pushing Olympic silver medallist Damir Martin of Croatia into World Cup silver medal position. The bronze went to the home country's Marko Marjanovic of Serbia.

Switzerland was also successful in the women's single sculls with Jeannine Gmelin dominating the race ahead of 2nd place Rio Silver medallist Victoria Thornley of Great Britain and 2016 European Champion Magdalena Lobnig of Austria, who came through in 3rd place.

Switzerland finished third on the medals table in their most successful World Rowing Cup regatta in recent years as Patricia Merz also won gold in the lightweight women's single sculls finishing first ahead of Ireland's Denise Walsh.

Lithuania showed their prowess in men's sculling by winning gold in both the men's quadruple sculls and the men's double sculls. These two golds were Lithuania's sole medals and it put them into fifth place on the medals table.

The overall points winner of the World Rowing Cup with 60 points was Great Britain followed by The Netherlands in second (47) and Poland in third (36). The Dutch were especially successful in the men's eight when they rowed through Great Britain just strokes before the finish line to take gold. The Dutch also took gold in the women's double sculls and women's four. The Netherlands earned eight medals overall. Poland finished with seven medals including gold in the lightweight women's double sculls and women's quadruple sculls.

The World Rowing Cup series was launched in 1997 and consists of a series of three events. The overall World Rowing Cup winners are determined after the third event. This year, the three stages of the series are Belgrade, SRB (5-7 May), Poznan, POL (16-18 June) and Lucerne, SUI (7-9 July).

Results, race reports, photos and videos are available on www.worldrowing.com.
For downloadable photos: <https://www.flickr.com/photos/worldrowingofficial>

News reviews – April 2017



2017 International rowing season begins in Belgrade, Serbia



Post-Rio transition 'brutal' for Canada's Jennerich

At the Rio 2016 Olympic Games, Canadians Lindsay Jennerich and Patricia Obee won silver in the lightweight women's double sculls. This marked Canada's second podium finish at the Olympics rowing in the lightweight double.



Feedback vs feel – the learning process of athletes

The question of how athletes learn best is as old as sport itself. While modern technology brings with it the capacity for real time feedback as never before, has learning a new technique or tweaking an existing skill actually become any easier?



The best in rowing announced in the 2017 Thomas Keller medal short list



Five renowned people who rowed

All rowers know that our sport can exert a profound influence on someone's life. There are countless anecdotes about how rowing helps instil (or reveal) character that can last a lifetime.

As part of the World Rowing Federation's (FISA) 125th anniversary year, we've compiled a short list of a few of the many history-makers from the last century and a quarter, who happened also to row. Be sure to share any others with us @worldrowing on Twitter and Facebook.

Athletes



Rising Star

[Martin MACKOVIC](#)

SRB



Athlete of the month

[Hedvig RASMUSSEN](#)

DEN

Videos



Rowing - 2000 metres of pure pain



How to watch a rowing race

Events



2017 World Rowing Cup I

5 - 7 May 2017 / Belgrade

2017 FISA International Para Rowing Regatta

13 - 14 May 2017 / Gavirate

2017 INTERNATIONAL ROWING SEASON BEGINS IN BELGRADE, SERBIA

*For immediate release
Lausanne, 26 April 2017*

The 2017 World Rowing Cup series starts in Belgrade, Serbia from 5 to 7 May and entries for this regatta have been released.

The regatta has attracted rowers from 26 nations with the biggest contingents coming from the Netherlands, Poland and Great Britain. Ranking among the medal prospects are athletes that won gold medals at the Rio 2016 Olympic Games. They include British Olympic Champion in the men's four Mohamed Sbihi. Sbihi will continue in the four at this regatta and will be joined by Olympic Champion from the men's eight, William Satch, among others. They will face tough competition from the Netherlands, which placed fifth at the Rio Olympics.

Ireland's O'Donovan brothers Paul and Gary are back together for 2017 following their Olympic silver medal performance in the lightweight men's double sculls. The O'Donovans will face the experienced duo Richard Chambers and Will Fletcher from Great Britain. In the lightweight women's double sculls 2012 Olympic Champion Katherine Copeland is back with Charlotte Booth (nee Taylor). They will face Rio Olympians Weronika Deresz and Martyna Mikołajczak of Poland.

The men's single sculls may turn into a Croatian showdown with Olympic silver medallist Damir Martin facing off against Martin Sinkovic. Sinkovic took gold in the men's double sculls at Rio. Also in the mix is the talented Angel Fournier Rodriguez of Cuba. The women's single sculls has Olympian Magdalena Lobnig of Austria meeting Rio 2016 silver medallist Great Britain's Victoria Thornley. Bronze medallist from the Rio double, Milda Valciukaite of Lithuania will also be in the single in Belgrade.

As the first regatta of the season and the first race of this post-Olympic year, Belgrade will be an opportunity for crews to check on the progress they have made in off-season training. It is also a time for new rowers to come through into the senior ranks following inevitable post-Olympic retirements or the usual one-year time-off from sport by others.

In 2016, the World Rowing Cup series was won by New Zealand with Great Britain second and the Netherlands third. In the absence of New Zealand and with Great Britain and the Netherlands both entering 17 boats, Belgrade is likely to see strong racing between these two countries.

Racing begins on Friday, 5 May 2017 at 10:00 CET with heats. It then progresses through repechages and semifinals to the finals which will begin at 11:10 CET on Sunday, 7 May. There will be a live host television signal of the A-finals distributed through the European Broadcasting Union in Europe and many other channels around the world as well as live video streaming on www.worldrowing.com.

Regatta information can be found [here](#).

Entries, [click here](#).

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THE BEST IN ROWING ANNOUNCED IN THE 2017 THOMAS KELLER MEDAL SHORT LIST



For immediate release - Lausanne, 10 April 2017

The most prestigious medal awarded in rowing, the Thomas Keller Medal, has been narrowed down to six finalists by the World Rowing Federation, FISA.

The finalist list is dominated by two top rowing nations, Great Britain and the United States with a para-rower reaching the finals for the first time. Following public nominations, the finalists for the 2017 Thomas Keller Medal are (in alphabetical order):

Tom Aggar (GBR); Caryn Davies (USA); Katherine Grainger (GBR); Eleanor Logan (USA); Greg Searle (GBR) and Andrew T Hodge (GBR)

Created in 1990, the Thomas Keller Medal celebrates athletes who have had an outstanding career in rowing. It honours those who have shown exemplary sportsmanship and technical mastery of the sport as well as having shown a legendary aspect both in and outside of their rowing career.

Finalists Bios

Tom Aggar – Great Britain

Aggar is a legend of para-rowing. He first raced internationally in 2007 and instantly found success, beginning a winning streak that lasted for the next four years. This included Aggar winning gold in the para men's single sculls at the 2008 Paralympic Games. This was the debut Games for para-rowing. Aggar continued through to the London 2012 Paralympic Games, but missed out on a medal. He persisted and came back to take bronze the Rio 2016 Paralympic Games before retiring.

Caryn Davies – United States

Davies is described as the epitome of the scholar-athlete. Having earned a Bachelor of Arts degree in psychology from Harvard University in 2005 and a Doctor of Law degree from Columbia University in 2013, she also was twice Olympic Champion and a four-time World Champion between 2002 and 2012. She has stroked the USA women's eight repeatedly since its winning streak began in 2006 and helped the boat set two World Best Times. Davies then went on to do an MBA at Oxford University in Great Britain and during that time she stroked the women's Oxford boat to victory in the 2015 Oxford-Cambridge Boat Race.

Katherine Grainger – Great Britain

Grainger is Great Britain's most decorated female Olympian with five Olympic medals including gold from the London 2012 Olympic Games. These medals show Grainger's all-round brilliance and longevity in the sport having won Olympic medals in the women's quadruple sculls, pair and double sculls. Grainger also has won eight medals at the World Rowing Championships. Off the water Grainger achieved a PhD in law and, now retired, stays actively involved in rowing.

Eleanor Logan – United States

Logan became the United States' greatest Olympic women's rower after winning her third consecutive Olympic gold at the Rio 2016 Olympics. These medals all came from being part of the formidable US women's eight. But Logan has also competed in other boats including the women's single, pair and four at World Championship level.

Greg Searle – Great Britain

Between 1990 and 2000 Searle raced at three Olympic Games and at seven World Rowing Championships. During this time he won Olympic gold in 1992 and Olympic silver in 1996 as well as five World Championship medals in a variety of sweep boat classes, from the eight to the four to the coxed pair, as well as in one sculling event, the men's single sculls. Following a fourth-place finish in the men's pair at the Sydney Games, Searle retired from the sport for nine years, only to come back and compete at the highest level of competition in his late thirties. He finished his rowing career by medalling at the London 2012 Olympic Games, 20 years after competing at his first Olympic Games in 1992.

Andrew T Hodge – Great Britain

A three-time Olympic Champion, Hodge has been a mainstay among Great Britain's elite squad for 15 years. This was despite a bout of illness that saw Hodge having to fight to get back into his country's top boats in 2016. He managed to swap successfully between the men's eight, four and pair during his career which ended with gold in the men's eight at the Rio 2016 Olympic Games.

The winner will be announced on 29 June 2017 and awarded at the 2017 World Rowing Cup III in Lucerne, Switzerland on Saturday evening, 8 July 2017. During the award ceremony, an 18-carat gold medal will be bestowed by Dominik Keller, the son of FISA's former president Thomas Keller, to the winner.

For a full list of winners, please click here. <http://www.worldrowing.com/athletes/thomas-keller-medal>



World Rowing Indoor Sprints has bumper participation

Going all-out for 1000m on the indoor rowing machine proved to be a global hit with the 2017 World Rowing Indoor Sprints.



Low back pain in rowing – what do the experts say?

In May 2016, World Rowing published the article, [back pain in rowers](#) by Dr Fiona Wilson. Wilson examined the evidence around low back pain in rowing. In this article Wilson combines the clinical expertise of a number of national rowing team lead physiotherapists who have worked for many years with the best rowers in the world.

Are differences in rowing technique dying out?



Just over 100 years ago, the world's two fastest eights from Belgium and Great Britain went head-to-head on a specially lengthened Henley Regatta course. What was at stake for the British in the final of the 1908 Olympics race was, on the surface, an Olympic title. But in reality it was about far more; a battle to prove that the distinctive British technique really was the best in the world.



The family team, the rowing team

“You are on a team. It’s a family, regardless if you like all of them. You can’t choose your family, just like you can’t choose your team. Even through all the drama your team will always be there for you and you should be there for them. You compete as one, not as individuals. Everyone should try harder every practice. Win or lose as a team. Rise or fall as a team.” - (author unknown)



On water, off water. What makes a rower faster?

It seems to go without saying that the more time spent on the water rowing, the better for improvement. But could taking some time away from the boat actually help make you faster?

Athletes



Rising Star

Rodrigo CONDE ROMERO

ESP

2016 World Rowing Senior,

Athlete of the month

Paul O'DONOVAN

IRL



Videos



Coaches in the Spotlight - Jurgan Grobler (GBR), Jutta Lau (CHN & GER), Nikola Bralic (CRO)



2016 World Rowing Award Winners

Events



2017 World Rowing Cup I

5 - 7 May 2017 / Belgrade

2017 FISA International Para Rowing Regatta

13 - 14 May 2017 / Gavirate

News reviews



Olympic rower wins prestigious Filippi Spirit Award



2017 FISA Extraordinary Congress concludes



We're in this together - Celebrate International Women's Day

World Rowing, in recognition of women in rowing, will be celebrating the International Women's Day on 8 March, 2017 with a photo competition.



2017 World Rowing Indoor Sprints; Are you in?

Wherever you are in the world, whoever you are, you can take part in the 2017 World Rowing Indoor Sprints. Coming up 10-12 March 2017, the Indoor Sprints is about challenging yourself and challenging others to go as fast as you can for 1000m on the indoor rowing machine.



Buryak leads the way at indoor rowing's CRASH-B's

Coming out of the blizzard and into the Agganis Arena in Boston, United States, this year's CRASH-B Indoor Rowing Championship competitors were greeted by nearly 100 indoor rowing machines for racing and nearly as many warm-up machines.

Athletes



Rising Star

Ieva ADOMAVICIUTE

LTU



Athlete of the month

Maaïke HEAD

NED

Videos



2017 World Rowing Indoor Sprints - Are you in ?



2016 World Rowing Award Winner - South Africa
- Roger Barrow

Events

2017 World Rowing Indoor Sprints

10 - 12 Mar 2017 / Any Concept2 Indoor Rower Model A-E



2017 World Rowing Cup I

5 - 7 May 2017 / Belgrade

2017 FISA EXTRAORDINARY CONGRESS CONCLUDES

For immediate release
Tokyo, 11 February 2017

The World Rowing Federation's, FISA's, 2017 Extraordinary Congress gathered in Tokyo, Japan, the home of the 2020 Olympic and Paralympic Games. This was significant as one of the biggest items on the agenda was to make a decision on the boat classes that would be proposed to the IOC as the programme for the 2020 Tokyo Olympic Games.

The Congress delegates, made up of representatives nominated by national rowing federations, were presented with two proposals that would create a gender equal programme at the Olympic Games. The FISA Council proposal, in order to create gender equality, was to replace the lightweight men's four with the women's four. The Council's proposal passed with 94 votes in favour to 67 in favour of the alternative proposal from the national federations of AUS, CHN, DEN and SUI. The proposal will be presented to the International Olympic Committee.

Para-rowers will now race 2000 metres instead of 1000 metres, the previous situation. This will be the case at all World Rowing events as well as the Paralympic Games, and makes for better integration of para-rowing into the regatta programmes.

Either males or females may serve as coxswains regardless of whether the boat is a women's crew or a men's crew. The minimum weight for a coxswain is now 55kg and the maximum amount of deadweight is 15kg.

American Samoa became FISA's 151st member national federation and is seen as a growth of rowing in the Oceania region.

The FISA Extraordinary Congress takes place every four years in the year after the Olympic Games. 2017 is the first occasion for FISA to celebrate its 125th anniversary.

More information available [here](#).

UNPRECEDENTED NUMBER OF FILIPPI SPIRIT AWARD NOMINATIONS NARROWED TO SIX

For immediate release
Lausanne, 09 February 2017

World Rowing and Filippi are pleased to announce the finalists for the 2016 Filippi Spirit Award (in alphabetical order):

- Renaud Berger (FRA)
- Iulia Bodnariuc (CAN)
- Gordon Dodge (RSA)
- Jose Gomez-Feria (ESP)
- Nils Jakob Hoff (NOR)
- Robyn Horan (RSA)

The Award, now under its new name, the Filippi Spirit Award, has seen an unprecedented number of nominations in its fourth year, with 47 nominations from 20 different countries. “We are blown away by the number and calibre of the nominations received this year,” says FISA President Jean-Christophe Rolland. “We are extremely impressed by the young rowers of today and the work they are accomplishing. These future leaders will ensure a bright future for our sport.”

The next stage is to decide the winner, and this is for a select panel of judges which includes Rolland as well as Mahe Drysdale who is a double Olympic Champion single sculler from New Zealand, Lenka Wech a German Olympian and World Champion and David Filippi, CEO of Filippi Lido S.R.L.

Each of the six finalists has unique and individual attributes, but, all have demonstrated the core values of the sport of rowing and through these values have been able to inspire exceptional success in their own as well as other people's lives.

Renaud Berger is currently studying Veterinary Medicine at the Ecole National Vétérinaire de Toulouse in France. Having started rowing in 2003, Berger was disappointed to find that his Veterinary School did not have a rowing club. He undertook the creation of the Vet Rowing Club and managed to make rowing one of the most popular sports at the university. Outside of school work, Berger also finds the time to volunteer with Veterinarians without Borders, setting up an exchange programme with an animal welfare association in Paraguay. He also works with his school's humanitarian association “Youth Solidarity EnFaim” which helps children who are not able to go to school in Burkina Faso.

Studying Molecular Biology and Biochemistry at Simon Fraser University in Canada is Iulia Bodnariuc. Bodnariuc joined the rowing club in 2014 and is currently Head Coxswain. She is dedicated to the team and volunteers countless hours to help train the new coxswains and coach the novice crews. Her teammates say that she constantly inspires them to work harder. Bodnariuc is also passionate about the sciences and

volunteers for AL!VE, a non-profit organisation that focuses on bringing science to elementary schools. Bodnariuc concentrates specifically on encouraging young girls to pursue their interest in science.

Gordon Dodge is completing a Masters in Chemical Engineering at the University of Cape Town in South Africa. Dodge has been presented with several university awards including the Service to Sport Award for excellent contributions to UCT Sport. Dodge not only coxed the men's and women's eights to success, he is also a registered umpire, team manager and a volunteer coach. He is dedicated to helping grow and run the sport at his university and beyond. In academics, Dodge cites rowing as his reason for pursuing research in the field of water remediation, hoping that his research can contribute to ensuring environmentally-sustainable practices for water management.

Spanish rower, Jose Gomez-Feria is working on an MD/PhD programme at the University of Seville in Spain. After completing a degree in Biomedical Engineering at Florida Institute of Technology, obtaining a Cum Laude mention, Gomez-Feria returned to Spain to study Neuroscience. His research focuses on improving biomedical techniques to treat movement disorder diseases such as Parkinson's and Huntington's disease. Gomez-Feria first started rowing in 2005. He was a small rower and, despite often being put in the coxswain seat, he did extra practices to keep improving and developing his physical condition. His coaches and teammates have touted his perseverance and determination as his key attributes.

Well-known for his international rowing career, Nils Jakob Hoff also has an impressive presence at his university rowing club. Hoff began rowing in 1999, but when he started studying medicine in 2009, he was disappointed to find the University of Bergen in Norway without a rowing club. Hoff and a fellow student founded the Medical Rowing Club Bergen with the goal of sharing the values of rowing with their fellow students. The club now has more than 60 active rowers, with more than half of them being women. Hoff's teammates say that he is an inspiration for all of those around him. As a child he was not involved in sports and spent most of his time playing music. Having suffered from bullying in his teenage years for being overweight, Hoff became a role model for young rowers.

Robyn Horan is studying Hydrology and Soil Science at the University of KwaZulu-Natal in South Africa. Horan started rowing in 2014, but was quickly given awards for leadership and service to sport. From the minute she joined the rowing team, Horan was active in helping to lead the team, organise events and promote the sport throughout the country. Academically, Horan has excelled, being called one of the most hard-working and determined students in the class. She energises and inspires people around her. Outside of rowing, Horan is an all-around athlete, participating on tennis and rugby teams at the university.

The winner's university rowing club will receive a custom-built, top-of-the-range Filippi eight racing shell. The boat recognises the winner's involvement in the club and helps the club to develop more young rowers in the future.

For more information go to www.worldrowing.com/athletes.

Filippi Lido S.R.L. (also known as Filippi Boats) is a rowing racing boat manufacturer based in Donorotico, Italy. Since 1980 Filippi has produced top Olympic-class rowing boats. They are renowned for design, top-quality materials and state-of-the-art technology combined with passion and core values that underpin their work.

For more information, visit their website here: <http://www.filippiboats.com> or Facebook @Filippiboats.

News reviews



FISA celebrates 125 years in 2017

World Rowing is celebrating a major anniversary this year. On 25 June 2017 the date will officially mark 125 years since the founding of the Federation Internationale des Societes d'Aviron (FISA) in 1892.

While rowing itself has a far older history, the modern sport was finally coming of age as the 19th century came to a close.



The blister dilemma and how to care for them

You row, therefore blisters are likely to be part of your life. Blister care is one thing that inevitably comes into a rower's conversation. Advice about care is extensive, especially on the internet.

While this information should never replace consultation with a doctor if necessary, useful rowing 'hacks' and blister tips and tricks abound. World Rowing takes a closer look at some popular online sources.



Nominations open for 2017 Thomas Keller Medal



Japanese entertainment the indoor rowing way

Competitors in the final were introduced by a professional DJ as an appreciative crowd celebrated the athletes. This was the style at the annual Indoor Rowing Championships in Seta, Japan.



World Rowing announces new partner for Kafue River & Rowing Centre

Athletes



Rising Star

Marta WIELICZKO

POL



Athlete of the month

Lawrence BRITTAIN

RSA

Videos



2016 World Rowing Female Crew of the Year



2016 World Rowing Male Crew of the Year

Events

2017 European Rowing Indoor Championships

4 - 4 Feb 2017 / Paris

2017 World Rowing Indoor Sprints

10 - 12 Mar 2017 / Any Concept2 Indoor Rower Model A-E

2017 MARKS 125 YEAR ANNIVERSARY OF FISA



*For immediate release
Lausanne, 27 January 2017*

Sunrise rowing© Detlev Seyb/MyRowingPhoto.com

The World Rowing Federation, FISA, is celebrating its 125th anniversary this year. FISA, the acronym for Federation Internationale des Societies d’Aviron, was the first international sports federation.

The creation of FISA in 1892 came out of the growth of rowing that was going on in the second half of the 19th century. Led by the governing body of the Belgian rowing federation, there was a conviction that a uniform set of rules were needed for the sport.

At that stage the rules of racing varied from club to club, the race distances and type of racing varied, rowers could use any type of boat and betting was rife. This led to rowing representatives from five European nations to meet.

On 25 June 1892, delegates from five countries (Belgium, France, Italy, Switzerland and “Adriatica” - a part of Austria at the time, now Italy) came together and founded FISA. Rules governing regattas began to be established and the first European Rowing Championships were staged the next year.

From these small beginnings FISA has grown to cover all of the world’s continents with 150 member national rowing federations now part of FISA. The rules of rowing are well established with a 2000m straight buoyed course becoming the standard racing distance. The boats and all rowing equipment is standardised, amateurism dominates and FISA has established itself as a leading sports federation based in Lausanne, Switzerland. Along the way FISA has led the way in anti-doping policies, helped establish rowing in new rowing nations and worked towards equality between female and male athletes.

The sport has also spread to encompass not only on-the-water, 2000m racing, but also indoor rowing on the ergometer, coastal rowing and para-rowing with adapted boats. Age group rowing has developed and there is now World Rowing junior and under-23 championships. Masters rowing and university rowing has been embraced.

“To be part of FISA during this significant year is an honour,” says FISA President, Jean-Christophe Rolland. Rolland, who has been FISA president since 2014, follows the tradition of FISA presidents being former Olympic rowers. Rolland is an Olympic Champion from the 2000 Sydney Olympics and one of the youngest serving sports federation presidents. He follows in the footsteps of Denis Oswald, who was also an Olympic bronze medallist rower and became FISA president in 1989 at the age of 42.

FISA tradition dictates that the athletes come first. “There is such respect for and between the athletes. Everyone engaged in FISA is there because they love the sport,” says FISA Vice President and IOC member Tricia Smith.

Throughout 2017 FISA will celebrate its 125 years notably at World Rowing regattas culminating in the World Rowing Championships at the end of September in Sarasota-Bradenton, USA.

WORLD ROWING ANNOUNCES NEW PARTNER FOR KAFUE RIVER & ROWING CENTRE



*For immediate release
Lausanne, 19 January 2017*

The World Rowing Federation (FISA), the World Wide Fund for Nature (WWF) and the IHE Institute for Water Education have announced their agreement to work together to develop and deliver the education & research components of the Kafue River & Rowing Centre (KRRC) and its sustainable operation in the future.

The KRRC will be an innovative, multi-purpose water research and rowing centre located on the Kafue River, south of Lusaka, the Zambian capital. It will enhance conservation expertise on the Kafue River, which is part of the Zambezi River Basin - a WWF global priority area - and will be used daily by school children, university students, rowing club members, researchers, conservationists as well as business and government stakeholders, international visitors and local communities.

At a local level, IHE's involvement will stimulate school programmes to increase awareness of water and ecosystem health among citizens. At a wider level the education component will include high-quality academic programmes at the MSc and PhD levels, as well as specific training courses to fit the needs of the region's stakeholders and position the Centre internationally. Data will be available and free to use through a state-of-the-art data server. This will draw international researchers to the Centre.

IHE Institute for Water Education is the world's largest post graduate education and research institution dedicated to sustainable water use in developing countries and countries in transition. IHE's vision is for people to manage their water and environmental resources sustainably, and all sectors of society to enjoy access to clean water and basic ecosystem services. This vision is realised through education, training, and research to build the capacity of sector organisations, knowledge centres and institutions in the fields of water, the environment, and infrastructure.

The Kafue River & Rowing Centre is a project to bring together water conservation research, education and sport. It will provide a neutral meeting place for all stakeholders on the river to seek water-use solutions, together. It will also bring rowing to the local communities and other users of the Centre. Construction will be from locally-sourced materials and is planned for spring 2017, after the rainy season.

For the rowing component of the project, Community Rowing Inc. in Boston, United States are on board as the official Coaching Education Partner. They will provide analysis of rowing opportunities in Kafue and Zambia and provide a full-time coach as well as create a rowing education and coaching programme.

The water management and stakeholder components of the project, these will be overseen by WWF Zambia and supported by the global WWF Network. They will work with the different parties that use the Kafue River including commercial and traditional farmers, tourism groups as well as industry and hydro dam operators.

Visit the Kafue River & Rowing Centre page at:

<http://www.worldrowing.com/environment/kafue-river-rowing-centre> or www.wwf.panda.org to learn more

Because to help the Kafue is to help the world

News reviews



Best of 2016 – World Rowing Award winners named



Drysdale and Martin find new challenge at the Billy Webb

On Saturday 13 August 2016 at the Rio Olympic Games, the men's single sculls final saw one of the closest finishes in rowing history when Mahe Drysdale of New Zealand and Damir Martin of Croatia crossed the line within a bowball of each other.

Drysdale was declared the winner.

Insider's guide to static machines and rowing training

by Martin Cross



When I first looked at the topic, 'static machines' I did not believe it would be **interesting enough to write about**. It turns out I was wrong. It's not about the **machines** – static or not. What's most **important is to know your people, understand the environment you're working in and most of all, have clarity about yourself: your strengths, limitations and goals**. **Unlock that and you should have a good understanding of where the use of static machines could fit into your training programme.**



From Rio silver to stethoscope – Genevra Stone

Being on the podium at the Rio Olympic Games is no small feat. Now imagine being on the podium in Rio, having just completed medical school and in the middle of applying to residency programmes and you've got **Dr. Genevra Stone**. This is Stone's post-Olympic story.



30 year celebration for centuries old boats

Any visitor to the coastal villages of Cornwall in Great Britain's South West are bound to see locals on the water in boats of all shapes and sizes. Ranging from the traditional to the modern, life intermingles with the sea for these locals.

Athletes



Rising Star

[Marta WIELICZKO](#)

POL



Athlete of the month

[Martin SINKOVIC](#)

CRO

Videos



[The technology behind rowing boats](#)



[Our World of Rowing](#)

Events

2017 World Rowing Coaches Conference

26 - 28 Jan 2017 / Vancouver

2017 European Rowing Indoor Championships

4 - 4 Feb 2017 / Paris

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